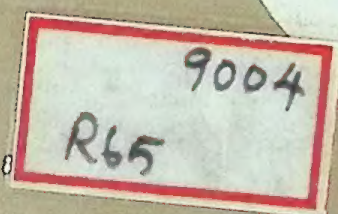


SATHIYATHIN SAKTHI NILAI

REALITY OF DIVINE POWER



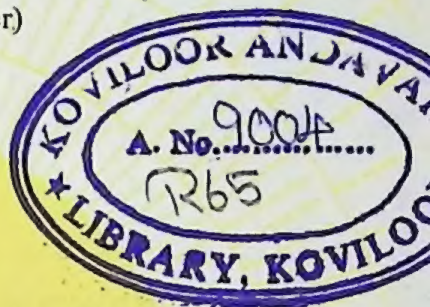
BLESSINGS OF SATHGURU
MAHARISHI
ESWARA BHATTAR



6-1

SATHIYATHIN SAKTHI NILAI

(Reality of Divine Power)



PART I

Om

*Revealed
By*

**SATHGURU
MAMAHARISHI ESWARA BATTAR**

Published by

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As revealed by
Thirumathi RAJAMMAL BALASUBRAMANIAM
after meditating upon
SATHGURU MAMAHARISHI ESWARA BATTAR
with the
MAHARISHI'S BLESSINGS

Put in written form
by
Thiru R. BALASUBRAMANIAM
BHAVANI

One Caste

One Creed

One God

Om

OM ESWARAYA NAMA

OM BUDDHA NAMA

OM JESUS NAMA

OM MUHAMMAD NABI NAMA

OHM

Doctrine of Sathiyathin Sakthi Nilai Sangam

- 1 To know who is God That remains everywhere and in all things.
- 2 To teach how to live, making nature the one God, love the deities, taking good breath and having good thoughts.
- 3 Thought is God and God is thought. By purifying our thoughts we will be able to see God.
- 4 To show the way by which we can acquire wealth for our soul by taking good breath and cherishing good thoughts that give us good smell.
- 5 We should live with wealth, but should not become its slave.
- 6 By our thoughts, words and deeds we pray to God who remains in us.
- 7 To clarify the real meaning of the sound 'OHM'.
- 8 Remaining in the grip of religion to prove that all the religions are the same.
- 9 To show the way to realise the truth and get Gnana while leading a family life with wife and children.
- 10 To show people the way to get redemption from this life in Kali Yuga and enter the Kalki Yuga.

OHM

PREFACE
(of Translator)

This book contains real truths that have been expressed in a hidden way by sages in the long past, in Vedas, Upanishads and epic stories. It is unique that it does not relate to any particular religion, but is applicable to humanity as a whole.

The main thing that this book says is, the power of the Almighty exists everywhere and so in you also. Trust yourself and the divine power that lies dormant in you. It is by your own effort, the power of your soul can be grown to become a God by absorbing power directly from the Sun having good thoughts.

Besides these it deals with the ways in which the planets in nature are formed, how they work and their effects on our earth. The real meaning behind the superstitions that are in vogue are explained clearly. Though this deals only with good powers in nature, the ways in which some natural powers are used in bad ways by some people are also given to warn us not to have contact with such persons. The soul is our Guru, but one in a physical form is necessary to guide us in our life.

What happens to the soul after death (of the body), the way in which geniuses in science, medicine and arts work, the correct way of doing meditation are also explained.

This book deserves to be read by every person who desires to improve the state of his soul to get immortality.

BHAVANI
October, 1981

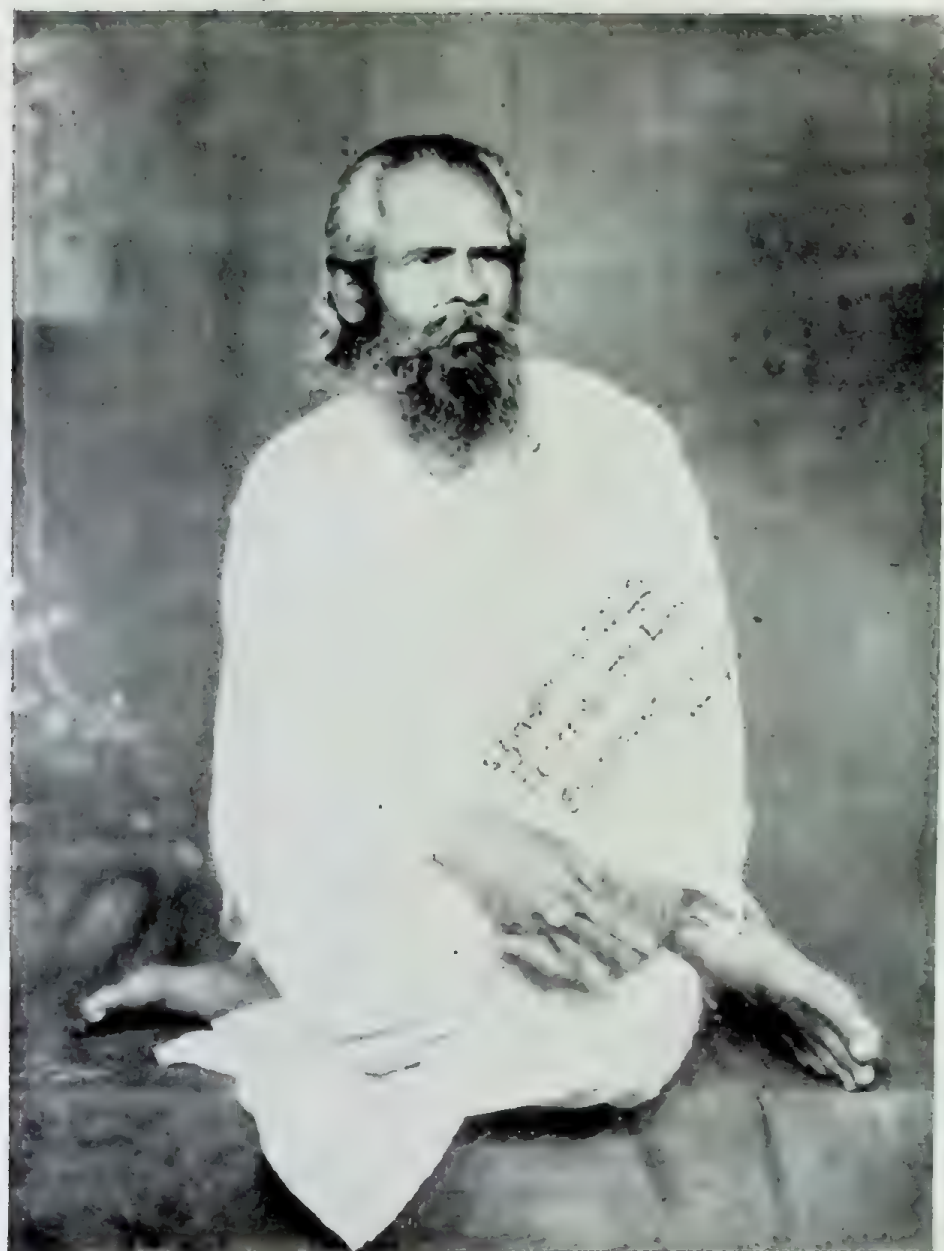
B. RAMANATHAN
Retired Engineer

Blessings Of Sathguru
Maharishi Eswara Bhattar

OM ESWARAYA GURUDEVAR



MAMAHARISHI ESWARABHATTAR



THAVATHIRU VENUGOPAL SWAMIGAL



Thiru S. S. M. SUBRAMANIAM
President: Sathiyathin Sakthinilai Sangham

OHM

Om Mamaharishi Eswara Battaya Gurudeva Nama

ENLIGHTENED PREFACE

At first I worship my Mother and Father. My respects to our
Gnana Guru Sri Venugopalasamy.

Om Eswara, Nama

Om Bhuddha, Nama

Om Jesus, Nama

Om Mohamed Nabi Nama

“Sathiyathin Sakthi Nilai” is the name of the book which reveals the realities of the Divine Power. This book is published by “Sathiyathin Sakthi Nilai Sangam” which is having its headquarters at Bhavani in South India.

The original version of this book has been published in three volumes in Tamil language. The object of this book is to reveal the real truth of the nature's power to the world.

We have great opportunity of having contact with our ‘Gnana Guru Venugopalasamy’ who is a Siddha and leads us in the glorious path of ‘gnana’ since four years. He, through his simple way of meditation obtained the divine power from the ‘Mamaharishis’ and ‘Saptharishis’. He, through his enlightened speeches and the methods of meditation has guided us towards the attainment of, contact with the light waves of ‘Saptharishis’, several ‘Siddhas’ and his Guru Sri Eswara Battar and formation of Sathiyathin Sakthi Nilai Sangam and the publication of this book.

To see God, our ancestors and all religious Custodians have enunciated several methods in the past and every individual tries

various methods to reach God. But do we really reach? They have separated the God from the man and kept Him beyond the reach. Theists have preached that we can attain all benefits, if we pray the God and at the same time the Anti-God movements also emerged and started asking "where is the God" who gives all the benefits to us? But in this book it has been clearly mentioned and enlightened about the nature of the God and how to reach the God.

The rapid development of science and technology is most useful to us for our day-to-day life. But the same scientific inventions are the cause for creating destructive weapons which are going to completely destroy all the creatures, plants and the human life in the world.

The nature which is prevented from having its own course by poisoning the air which is getting furious and in a short time there is going to be a change (Pralaya). It would happen in the very near future. How to escape from this Pralaya? The only way is the simple way of meditation. This book which enumerates the ways and methods of doing meditation, how to increase the power of oneself by themselves enunciates how our thoughts, words, and deeds should be, in solving the day-to-day problems of our life; Strengthening the divine power which is in us, through simple way of meditation with *Thoughts and Feelings* (but not deep meditation) and to have a useful life, we should attain a state of saying "We are the God", "Our Home is the Temple", with the help of human body, by adding the power of soul to lead a useful life for oneself, his family, for the society, his country and the world.

The state of gnana can be attained only during the course of a family life, by strengthening the soul, following the ways of meditation as shown in this book.

So far all the religions have shown the path to the people that if we worship the God, going to the Temple, Churches and Mosques and paying the offerings he would do good things to us. But no God is the cause for our good and bad and it is not true that God is far off and upon our request and prayer he would show mercy and to good to us. As good and bad are not given by any others; our own thoughts are the reasons for it. The depletion of health

by getting various diseases is also the cause and effect of our thoughts. We organize our life as per our thoughts. Thought is the God and God is the Thought. This is the main object of our Sangam and these true states are disclosed through this book by Mamaharishis.

Even though there is truth in the Theism and Atheism which is against the former, many truths have been hidden out by them and they are portrayed through this book. By reading this book using our intelligibility and 'gnana', we are able to know all the real power of nature and act accordingly and through the methods of meditation as stated in this book, we can feel by practical experience that "God is in us" and "Thought is God"; if thought, word and deeds are purified we ourselves can become God; the body in which we are in is the temple, and hence, we, our family and the society can attain the good state in our life. This is the fundamental object of our Sangam.

The true state of the astronomy; significance of the geological features, nature of the plants and all life creatures and the real fact of the debatable problem of "God" has been given in the simple way through this book by the Mamaharishis and Saptharishis.

No core of soul is attained in Mukthi (final stage) after it is parted from its body cell. It will be roaming in the orbit with the thoughts and feelings which has been acquired during its life time only when it takes the suitable body for rebirth. It is the worst torture that the souls of the persons who have committed suicide and murdered by others are wandering with ill feelings and evil thoughts through and through without any end.

With the help of meditation when we meditate, our thought waves and sound waves have contact with the waves of Mahari-shis and 'Saptharishis' who have the lineage of association with the man's process of enlightenment and knowledge. In this state the Saptharishis, they guide us in all aspects and hence, our family life, business, health and everything flourish without any hardship and even to mention without any bad deaths unwanted happenings, we are being protected by them. With the strength of the soul which has been acquired through meditation we can overcome the hardship and attain the state of light with Godliness.

The simple way of meditation as stated in this book is that daily early morning one should see the Sun by worshipping their Mother, Father and Guru and whichever God they like and the Maharishis. After that by saying Om Eswaraya Name or some other wordings as desired by oneself for 2 or 3 minutes in the beginning, day by day the period can be increased up to 10 or 15 minutes before 9 O'Clock in the morning. After that according to the availability of the time 15 minutes to 30 or 40 minutes we can meditate at whatever place convenient to us. Every week one can have a combined meditation along with their Family and Friends. When we habituate these methods at the time of meditation our thoughts waves and sound waves on merging with the state of Maharishis reveal the state of saying that we and the God are not separate beings of Maharishis. At this time we can practically experience the guidance and path accompanying us in all manners in our life and by taking the advantages of feelings which has been acquired in the experience, everyone can have souls.

I wish those who are coming to the path of meditation by reading this book would prosper in their lives by getting the grace of Maharishis and Saptharishis.

Bhavani
December 1981

S. S. M. SUBRAMANIAM
President
Sathiyathin Sakthi Nilai Sangam

INVOCATION

O my Mother I pray for you ever.
Your attraction made me clever.
Your protection saved me ever.
Your guidance missed me never.
Your ideas acted on me ever.
Your Blessings given me power.
Your path leads to Almighty ever.
Your power will reach to tower.
Your attraction lies with me for ever.
O my Mother I pray for you Power.

O my Father, I pray you for ever,
Your path showed me power.
Your power saved me ever.
Your life given me power.
Your thoughts acted for ever.
Your advice put me to Clever.
Your guidance protected me ever.
Your acts made me clever.
Your blessings pushed me to tower.
O my father I pray you for ever.

O my Guru, I pray you for ever,
Your guidance showed all power,
Your songs stay with me for ever,
Your advices pushed all to tower,
Your acts guides the world for ever,
Your thoughts reached to the tower,
Your words lies with me for ever,
Your preachings put me to the tower,
Your blessings given me the power,
O my Guru, I pray you for ever.

Om Eswara Gurudeva the guider of all Universe,
Om my Father, Mother and Guru, the Prime Gods,
Origin of all creations in the world of Kaliyuga,
Organise me to obtain everything during this life,
On this earth, during this period of Kaliyuga,
Own my spiritual power from Almighty and Guru,
Om my Mother, Father and Guru the Prime Gods,
Om Eswara Gurudeva the guider of all Universe,
Bless me to obtain **DIVINE POWER** to become as
God.



Om Eswaraya Nama

18-2-79

There is only one God for the whole of the Universe. This God has no form and is seen as light. The forms that have been given to the various Gods have been done by Sages or Siddhas. Building various temples with different modes of worship, offering of flowers and eatables to God and lighting candles, camphar etc. are intended to attract the minds of people towards the one Almighty- God. When we think of God and concentrate our thoughts on Him in the form in which we have seen Him in idols in temples or in pictures, we will form an image of the God in our mind in that form in which we have seen Him in temple or picture. We can see Him with our inner eye or spiritual eye.

The deities that we worship in various forms were once human beings like us. They have risen up in spiritual advancement and reached that state by the grace of the Almighty. The fruits of our requests to God are delivered to us through these deities.

Muhammed Nabi, Jesus, Anjeneya, Rama and Krishna are beings who have obtained the grace of God. Allah, Christ, Eswara are only different names given to the one Reality, God, by different creeds of people in the long past

19-2-79

Aiyappa

He who is worshipped as "Aiyappa" by the people of South India is a Sage. He lives to this day with his body. He remains in a spiritual state "Samadi" in the hill behind the Aiyappa temple in Kerala in South India. There is an underground passage from the Aiyappa temple to the hill. On the hill where he remains in "Samadi" state there is a small building. By god's grace his body still remains without any decay. He is a straight forward person. He likes to punish those who make a mistake. He blesses those who trust Him. He wants people to observe fast

for a particular number of days before coming to his temple on the hill so that their minds may be pure and they do not commit any mistakes. He wants his devotees to wear black dress when they go to His temple on the hill to scare the wild animals. He wants women (ladies in the child bearing age) not to come to his temple since he considers all women as his mother. He likes to punish those who do mistakes so that people refrain from making any mistakes. Those who go there sincerely are surely benifited.

25-2-79

The day on which the world started functioning is called "Sivarathiri". No one knows when the world started. People say it is 2000 years ago. How do they know? To whom was "Siva" born? He has no birth or death. Why do we fast? Our ancestors of the past started building a Siva temple. They worked throughout the night and completed the temple when the day broke. The figure they have given to "Siva", wearing tiger skin, long hair, holding weapons, snake, skull in his hands and blessing with one hand. The ghastly figure they have given to God Siva makes people who look at him tremble and still they say God is love. The shape and the quality given to God by man have no relation to each other. Does the God Siva come only on Sivara-thiri day? To God Almighty who has no birth or death and no form or name, man has given him a shape, built him a temple and celebrate his birthday, what a fallacy, all man made. Every day is a birthday for him. They attribute the art of dance to Him. Eswara, Nataraja and Siva all are one. Anyhow by celebrating "Sivarathiri" let them think of Him who created them and pay homage to Him atleast on that day and get his blessings.

26-2-79

Aim at seeing the Devine Light, not the false images. Draw the essence of Eswara towards you, and you will know everything. The truth which even the sages cannot know, can be known by you. Try to be happy throughout your life time. Shun desires and meditate on god. The essence of Eswara lies in His disciples. You learn my lessons through them. My blessings to you.

Once you twist cotton into wick, you cannot bring it back as cotton. Similarly once your mind enters the Devine path it cannot return to its old state.

27-2-79

What is the idea in wearing the holy ash? The holy ash is a medicine which can cure diseases. Eswara is supposed to have three eyes. The holy ash is worn in the fore-head to represent the third eye. All the nerves join at the fore-head. By wearing the holy ash on the fore-head concentrating our thoughts on Eswara we obtain His grace. It is only ash; but by wearing it with belief on Eswara it gives the effect which we expect from Him. It can be worn as a medicine for some ailment, or give peace of mind, calming down the agitations in our mind or praying for His help in the fulfilment of any venture we undertake.

The same holy ash given to various persons at one time has different tastes according to the mental states of the persons at that time. Sweet means happy, sour means disturbed mind; bitter for ailing persons, hot for angry mood; saltish for depressed mind and no taste like mud for persons with no desires. When we are about to conclude some task, good smell is a sign of successful end; the smell of new earthen pot will give you fresh thought.

There are good and bad smells coming in the air. We have to draw only the good ones and shun the bad ones. Be always happy; do not get depressed or disgusted; then only your mind will be clear. Depression and tiredness are the prompters of anger.

28-2-79

Who am I? I am the son of so and so, husband of or wife of so and so, father or mother of so and so. All these relations exist so long as you live in this world. After death you take your next birth and the same relations with another set of persons. In one life time we get one set of relations, one family, one name etc. As children we wear one type of dress and as we grow up we wear different kinds of dress. These repeat in every incarnation.

Before you take up a birth, and when you change from this birth to the next what is your state? There has been so many births and lives. Who were you in those lives? At the close of every birth we do not fulfil all our desires. To fulfil our unaccomplished desires we take up the next birth. Once a man leaves this world, that is he dies without having any unfulfilled desires or cravings left in his mind there will not be any more births for him in this world. It is God who makes us to be born in this world and so we should not get depressed or get tired in our life in this world.

A master sends his servant on certain job till the servant satisfactorily completes the job entrusted to him, the master sends him again and again in the same job. Similarly if a person dies without fulfilling all the desires it is sent again to the same world to fulfil its desires which have not been fulfilled in its previous birth.

They say fate cannot be overcome. What is fate? It is only an opportunity in life. Fate can be overcome by praying to God. For example when we walk carelessly over a slippery surface and when we slip and fall, we say it is due to fate. But if we walk carefully, we do not fall down and we say it is on account of God's grace. In the same way we should proceed carefully in our life. It is that man who succeeds in life who does not blame God for his failures but overcomes them with courage.

1-3-79

What is puja or worship? All people do it for mental satisfaction only. It is enough if we make meditation which units our soul with God. First learn what is meant by God. I have already told you.

During puja or worship before you start meditating get the blessings of your mother, father and the spiritual master who guides you in the spiritual path. Then get the blessings of all the Sages, Rishies and Siddas, that is of persons who have already tread the path and realised God. Then think of all the Gods that

you like and lastly Eswara and concentration Him. When there is only one God in various forms it will be enough if you think of Eswara alone. I have already told you not to strive for seeing the "Mayavi Rupa" (false images) but fix your goal on seeing the Devine Light, the one Reality. If you pray to Vinayaka or Muruga you will get the vision of Bogar (a Sidda). All Siddas will give their vision on proper concentration of your mind. You can see in your mental eye the one on whom you concentrate.

If a couple do not have any children it is the effect of previous births which is difficult to overcome. This gift is to be obtained by praying to Eswara having a strong belief in Him.

2-3-79

If you wanted to obtain the grace of Eswara or Parasakthi you should first of all have belief in yourself. Her grace is always circling round the world.

Initial lessons have been given till now. Now we proceed into the spiritual path. During your meditation concentrate your thoughts on God. When I say you believe in yourself, I mean you will see me within you. When you realise that you are not your body you will see me within you shortly. Do not get worried that you are not able to concentrate your thoughts. Nothing will be done at the mere thought of it. When you are not able to see me, who is within you, why do you get confused?

The person who accepts me as being in every person's body will get my grace in a short time. When coffee is hot you cool it before you drink. Similarly when your mind is boiling, cool it and then offer it to God. When I am within you why do you get worried? A proverb says the man who planted the tree will water it. Yes, he will water it, but the tree should absorb it. Similarly God will water you, the tree, he has planted but it is left to you to absorb the water and bring forth flowers and fruits.

When several trees are planted in one place close to each other, some of them grow well and yield good fruits while some others yield a few fruits only and some trees get dried up. The same is true for human beings also.

The mind and the fate can be altered by concentrating on God. When he is already within you, why do you put the load on Him? You should see yourself within you.

The future generation will not have even this much "Bakthi" (love on God) and for them temple will be a place of recreation like cinema or drama. As it is, temples have become a place for persons to show their vanity and importance.

We can write a book for the future generation on the reality of God but there is no hurry now. The people who worship me as a stone cannot understand if I tell them now.

Every person does what he thinks to be happy for him, without considering whether it is charitable, reasonable or lovable for others. How to explain these to a man who does not know what is happiness?

All people want to be happy always. The man who calms his mind and realising what his position is, throws away his depression, revengeful attitude inferiority complex and follows a charitable, reasonable and lovable attitude gets all the grace of God.

3-3-79

Love is God; Love is truth; The world does not exist for a man who has no love. Love, love we go on saying and that love is the first command for Sages and Siddhas. All persons cannot become Sages and Siddhas and it is not necessary to become so to get the grace of God. For an ordinary man it is not possible to live in this world only with love. In worldly life there will be ups and downs, good and bad things. If a father brings up his child only with love will that child be successful in his life?

Look at the picture of Eswara. He wears a cobra round his neck, holds a spear in one of his hands, has long hair, a third eye in his forehead, wears a tiger's skin around his loins. With all these his face is calm and affectionate. This is the form given to the Lord Siva by the sages. What is the meaning underlying all these? For God who has no form, why the sages have given all these articles on his person?

I have already told you that if a father brings up his son only with love the son cannot prosper in the world which contains bad and good things. The third eye and all the dreadful articles on his person are to frighten people who do wrong in the world and correct them. This figure is given by the Sages with so many things on his person, each item to draw the attention of people when they are on the wrong path. It is not possible for a person in this world to carry on only with love.

4-3-79

The Word of Truth

What is swearing? It is telling the truth. If one upholds truth it is equalent to swearing. When we try to hide the truth we trespass from the truth. Do not swear on any account but keep the truth of your consciousness.

Some say that a lonely place in a jungle where there is no noise, is the best place for meditation. It is not so. Wherever a person may be, if he can concentrate his thoughts on God for even a minute, that place is a suitable place for meditation.

For meditation it is not necessary that one should shun his family and go into a forest as the Sanyasis, Sages and Rishis do. All people in the world cannot be like them and it is not an essential condition for doing meditation. Those who remain in the family and perform all the obligations of the family and engage themselves in meditation on Eswara will surely get the grace of God.

Both of you (husband and wife) are telling that you can take up to spiritual life after the marriage of the two daughters. (The couple have only two daughters and no son). You think that your obligations will be over as soon as you complete the marriage of your daughters. Will they be over as you think? No; they will not be over. Do you think that so long as you are alive everything will go on as per your wishes. So long as you live there will be obligations one after another. You follow the path you are treading now and continue your meditations and worship without

thinking of leaving your obligations, the duty to which you are bound and your desires.

During every "Avathar", (the presence of the Devinity on earth in human form) there is a change in the state of the world. In the "Kalki" avathar which is to come there will be a change in the world. I will tell you about the changes that have taken place in every avathar.

Did you understand something about Rama's avathar from what Swamyji (your guru) told you? Rama was born as Dhasaratha's son; he broke the bow and married Sita; to obey the fathers words he went to the forest for fourteen years. He made Sita his wife to pass through burning flame to prove her chastity. All these are mere stories concocted by sage Valmeeki during that time. During the time of Rama, people had trust in God and implicit obedience to father's words. They had good character, love for others, affection etc. They were plain speaking and innocent. At that time there was Divinity evrywhere. One used to sacrifice his rights for other's sake. Valmeeki was one of the Sages at that time. It is he who named that Yuga as Satya Yuga. He is still alive. He wrote the epic Ramayana for the benifit of the successive generations. When we chant "Sri Ramajayam" it is he who is evoked and fulfils our prayers. The persons who have rewritten this epic have made changes as per their state of mind and injected their personal motives into it adding some and deleting some others.

You are a devotee who has written "Sri Ramajayam". Rishi Valmeeki in the form of Rama will always shower his blessings on you. You be meditating on me always and my blessings are always there for you and your family. Every repetition of your Sri Ramajayam remains in my heart. It is not necessary now to explain who the present Eswara Pattar your Guru is. I will explain in stages. In Kali Yuga he was Abirama Pattar and Eswara Pattar. It is this same Guru Nathar who gave advise to Arjuna in Krishna Avathara and was as Valmeeki in Rama Avathara. He has been in various stages and capacities. All those will be brought to light in your meditation.

Swami has told you at the end of Kali Yuga one Siddha will appear in this world. You will hereafter understand who he is a child has been born and he will come into prominence during 2000 A.D. This same Guru Nathar will evolve in his body at that time. Take your strides early to see the Avathar of Kalki. The state in which you are passing now is the beginning for the same. Do not tell this to any one since they will not believe this and will only make fun of you.

9-3-79

All people crowd in the temple today to have a view of Amman (female Goddess). It is not necessary for you also to go there today. You have seen what have taken place there. On this day people go on sight seeing there. God's grace can be had from anywhere. It is not necessary to go to the temple on festival days in the crowd to worship God. This does not mean that you should not go to the temple at all. God is omnipresent; you co-operate with others; do not take the lead.

10-3-79

The State of Men in the world at present

Falsehood, greediness, vengeance, mischief, arguing, anger, cheating – these are the main characteristics of most of the people of today. Charity, righteousness, honesty are found in some people only in their talks. Every one wants that he, his family, his relations should prosper. Status is the main thing and every one wants his status to be higher than others. Today a man is considered to have good status if he has a lot of money, good bungalows to live with all conveniences, doing no work and all say he is a big man.

When the soul leaves the body it remains in the same state. It takes its next birth in this world with the same desires. Rarely, one in a thousand is charitably minded, and takes a righteous path. Each person has some particular goal to attain and it is not fulfilled in that life time and he dies with his desires not fulfilled. To get

the balance of his desires completed he takes birth in this world again. Yoy may feel that I am repeating the same thing again and again. This is the first step of your lesson.

The Ramavathara in that story – nay epic – written by Val-meeki each word has been written in such a way that it contains some lesson to be learnt by the future humanity. The people who read the epic read it as a story and not understand the principle underlying therein. For example, when Sita was left alone by Lakshmana in the forest he draws a line round her and asks her not to cross that line. A double bullock cart comes there, the bullocks see this line, did not cross the line but went back. (This was shown in a vision to the devotee). What is the meaning underlying this? When a forbidden thing is done what will be the consequences are given in it. A human being with six senses does the forbidden act while the animal which has got only five senses does not do the forbidden act.

Human beings with six senses think that they have learnt everything, learnt to live with all conveniences and even found ways to go to other planets and there is nothing that is not possible to them. But man does not have that much of peace of mind which the animals, birds and insects with only five senses have. This includes me also as I have also got a desire to direct all people in the right path.

Under the present circumstances it is not possible for a single person to do anything. He has to go according to the times. I am giving all these lessons to you so that you can control your desires by meditation on Eswara and atleast in the coming Yuga you may remain in a good state without killing yourself.

People talk of bad spirits and devils and being influenced by them. For a man his mind itself is a devil. But he can control his mind, become a man and also a God. Man should strive to do this and there is no specified age for this. Once you know yourself you can come to this state.

13-3-79

When we dig a well we sometimes get good water; sometimes rock and sometimes rare articles.

Every full-moon day, from the full-moon day during the tamil month of "Chithirai" (April-May) if you keep two oil lamps burning and sweet rice and meditate sincerely, you can get a vision in the full moon of the person on whom you concentrate.

All the Siddhas bless you. This blessing, you think, has been made for your business or for your requirements of the body. Our blessings are for your progress in the spiritual path. You have started on your spiritual path with the blessings of all the elders. You continue on this path.

Buddhism, Hinduism, Christianity, Islam and all other religions are one and the same. By birth the state of all the people are the same. After death the state of all of us are the same. You may feel that is a well known fact and why I am telling you this. The reality of Truth is changing and bhakti is on the decline. When the real truth is unveiled the secrets of the Divinity are exposed, and bhakti towards God is declining.

14-3-79

Do what you say. If you can keep up your words you are a man of words; that is people are sure that you will do what you have said. This will be a good trait for you. If we say that a person has got influence, people generally think that he is a wealthy man. Influence is not obtained by wealth. We do not respect the man for the wealth he possesses. It is on account of his good character and helping tendency that people give him respect. Such a man is well behaved in society and his words bear weight. He will not be disliked by any one. It is not proper to bestow this dexterity on people who lead an extravagant life. Every one should understand clearly the two and act. A man of words and influence will get everything.

I am not against wealth. Wealth is necessary for a man, but he should not become a slave of wealth. Such a man will not be satisfied with any amount of wealth. There is an aim for each man in his life and this should not be in earning money. If it is so, he is sure to take another birth in this world. People

think, if they earn enough money they can lead a successful life. For this they adopt all sorts of ways. People say he is a devil of wealth. You should not aim at such a state in your life. My blessings to you to be a man of words and influence. To keep it up continue your meditations.

In this world a man with desires is always running. Even after he leaves his physical body he keeps on running with his astral body. When will he calm down?

15-3-79

Man's State after Death

People talk of heaven and hell. These are not in a Wonder world. When a man dies and goes to the astral world his condition there depends upon the good and bad deeds done by him during his life-time in this world.

When a soul leaves its physical body and goes to the astral world, if that soul has achieved its goal and satisfactorily enjoyed all its cravings and no further desires are left behind at the time of leaving the physical body and enters the astral world with peace of mind and a desireless state it is said it goes to heaven. Such a soul remains in the astral world desireless, with perfect peace of mind and happiness for ever without taking any more births in this world. This state is called heaven for the soul and it does not mean that it goes to a separate place called heaven. So heaven is a state of the mind and not a place as wrongly assumed by the common man.

On the other hand if a person leads an unholy, deceitful life looking only to self interest and follows all sorts of bad ways in earning his wealth, his soul when it leaves the physical body and goes to the astral world, all the bad qualities are carried with the soul. There he has the same desires which were not fulfilled during his life in his world, hatred towards others, jealousy has to wait for a rebirth to satisfy them. He is said to remain in hell.

What we call Yama Loka (the Zone of the God of death) and Siva Loga (region of Siva) are also the above two states. Yama and Siva are ourselves depending upon our deeds in this world.

18-3-79

The idea in singing during puja or worship is that the persons about whom we sing will hear our songs and be happy. When we sing with a sweet voice our mind is happy.

We acquire the smell of flowers, sweetness of the words and also the delicacy of eatables. These are the reasons why we offer flowers with good smell, (flowers without good smell should not be offered) sing with sweet voice and place eatables. These are the procedure for performing puja or worship.

If there is not a separate place for doing puja it will be difficult to direct our mind towards puja. Fixing the time for puja as morning and evening is also for the same reason. We can do meditation in any state but doing it during puja is the best.

The idea of placing "Kalasam" (a vessel filled with pure water with a coconut placed on the mouth of the vessel and adorned with flowers) is to attract thought waves. When we keep kalasam with some motive we draw Eswara's attraction to it.

19-3-79

When we sing we should see to the nature of the song and put our heart in each word and deed. We should not waste a single minute. When I tell people to pray to God to give them good thoughts all persons do not accept it. It is only those minds that are properly mature approve it. Time is short; do not waste it. There are several steps to be ascended. What I say is for all of you. When there is some difficulty my grace will be with you to overcome the same.

I have already told you this world is not mine or yours. To proceed in the spiritual path there is no specified age; only belief and the state of the mind counts.

You have to change your state; you have come up to the requisite level. The food is ready on the plate; it is your duty to take and eat it. This advice is for all. This is the path to become

a Sidda or a Gnani and merge with the Devine Light. Hurry up, set up your track and proceed. As you proceed along the path things will become clear to you in stages.

The significance of keeping 'Chakra' in puja I will explain afterwards.

20-3-79

When we talk we should not wound the feelings of the persons of other religions. While repeating the names of our religious leaders and Gods we have to include the names of the leaders or founders of other religions, namely Jesus, Muhammed Nabi and Buddha.

Jesus was born at the time of Krishnavadar. That time and this time are the same.

Our time is Kali Yuga. They talk of scientific advancement. How long is this scientific advancement going to last? The big scientists of today were the Siddas of old. Will not the man who has acquired the knowledge of all the sciences be a scientist today? If you continue in the same path you can also acquire the knowledge of all the sciences.

You will see the day break. First of all you know about the state of this world. This will be known as soon as you know yourself. When you attain a stage in which you see me within you, you can know how the world is being actuated. You can see the changes taking place in you. You will attain a new form as it were. All these you can accomplish with this body itself.

Knowing that it is with the gravitational force that the earth keeps rotating, you make your state to fly in the air and leaving this world you can go to the other worlds also. I will give you the state that is in other planets. It is in your present state itself. It is for this that I want you to control your mind.

First of all if you can control your inner mind or back-brain then the outer mind or fore-brain will subside by itself. When you

control your inner mind you can see the External Light in your meditations. In a short time you have control over the gravitational force.

What is the state in which the sky lab Aryabatta flies? Did he do it? It was Eswarabatta who did it.

To get the name as Aryabatta I was in him . World does not mean India only. I am also for other persons who are in this world.

We think that Siddas are only here. He is here and there – everywhere. He does not exhibit his state there. If you use your brain you can win over him. Is it enough if you win him? Who is to win the person above him? He is winning himself. How long will it take for Him who is above him to win him? We do not want science for destruction. The state of our meditation does not exist either in science or in mental enlightenment. In this state of meditation we approach Eswara himself and attain that state in which you and He are one. The state in which you were born in this world is not in any other world. You attain that state in which your mind itself is made God. This should not be done by talk only but in reality in our hearts. It is only after this you will get His grace.

You might have understood what is meant by meditation. The sweet smell that you get in your nostrils should go to your mind. This is the way of God realisation through our breath. If you can get the sweet smell in your heart it will give you immense pleasure. When you attain this stage you will not find any difference between flower and filth.

Angry state is common to all including yourself and myself. Once you get the sweet smell in your mind your state will change. It is not necessary that you should become a Yogi to attain that stage. These lessons are given in order that you can attain that stage in your present state.

I will show you the state of flying. (There is a vision in which the Swamy (Guru) flies in the air while his body lies on the ground). This state you will get.

This lesson is to make you steady in a world which is unsteady. When we say that our body does not belong to us, do I not remain permanently in this unsteady world? It is to attain that state your present state is.

Have you thought about the quality of Nature? Each smell is in different state. Every flower has a different way: all the fruits from a tree do not have the same taste. We say it is due to the soil. The water flowing in the same stream has different tastes at different places. In the same soil grows good fruits and poisonous things also. We eat the good fruits and reject the poisonous ones. It is our nature to select good things only from Nature. Similarly in our body there are good and bad things which Nature has given us. Good and bad are not ours; they are what we absorb in us.

Which was created first? Is it the egg or the hen? This is the state of things existing now. How such a big banyan tree comes out of a very small seed? The whole world is made up of the thought wave and breath of the people of the world. An atom when placed in a good atmosphere becomes a good seed and when it gets some moisture and depending upon the nature of the soil grows into a banyan tree. The same atom in a poisonous atmosphere made of the breath of bad persons turn out to be the poisonous plants and all sorts of diseases in this world.

Neither the egg nor the hen came first. Just as a man's mind accepts good and bad things the atoms which come and strike the earth make the egg and then naturally the hen comes out of the egg. This is the state of all sorts of atoms. The state of our mind depends upon the type of vibrations that our mind absorbs from the atmosphere around us. Similarly the type of the soil depends upon what sort of things it absorbs from the air. The same is the secret of the rotating world. If we raise our thoughts and every one around us has a charitable, and reasonable attitude the atmosphere absorbs those atoms and these atoms grow into plants and trees and yield their fruits to us.

We say the state of the world at present is not the same as it was previously. Do you see the difference in state of the minds of both the people? In those days man followed the path nature takes. There was prosperity everywhere. In this Kali Yuga man works against nature and every thing is man-made. The present state of the world with new diseases is due to the type of man-made life instead of following the course which nature has given us. The natural way of life has changed into a man-made artificial one; then how can you expect the world to be as it was previously? You will learn about light in the next lesson.

22-3-79

The quality of this world and its action depends upon light and sound both of which consist of vibrations, the difference being only in the amplitude or what we call wave length. There is sound in your breath, any small movement, in the big lightning and as a small bud of the flower opens. There is sound as the world rotates as well as the ants speak.

The quality of sound is that the wave created by it never dies. All the waves are absorbed in the infinite space. We cannot be sure that a person who is alive today will live tomorrow. The body may die but the sounds made by him in the form of speech, action and thought remain for ever absorbed in space just as his soul which is immortal. The soul will take a new birth but the sound which he has made remains as such for ever.

I told you that sound does not change or die. What happens to them? You say that the world rotates on its axis. From where does the world get its energy to rotate? All the sound waves in the atmosphere including your breath provide energy required for the earth to revolve.

Where people take good breath, that is their thoughts are good the atmosphere is charged with good atoms and that place gets rain. Some houses are said to be lively and some others put on a deserted look. What is the reason for this change in the very outlook? The atmosphere in and around the house is charged with that type of atoms which the inmates spell out in their breaths.

If their thoughts are good they emit good atoms and if bad or malicious they charge that atmosphere with bad atoms. It is these atoms in the atmosphere which exhibit the change in the outlook of that house.

You understand the quality of sound; get yourself merged in the melody of the songs. See how the world of sound flourishes.

Light comes out of sound. When we say a bright future it comes from sound only. We have already said that sound and light are vibrations which differ only in their amplitudes.

Whatever you spell out, manthras or words of hatred that is good and bad, all get absorbed in the atmosphere.

Breathing state also means the same thing. When you get a good breathing state your meditation will improve. When you can meditate properly you can see the light waves moving. It is the breath which creates the sound waves. The same sound waves become light waves. Light comes from a lamp, the moon and the sun. These are only sound waves and not light. When we take good breath good things will be done.

You tell your wife that the food prepared by her does not have so good a taste as that which was prepared by your mother and grandmother. The times have changed. The atmosphere is charged with bad atoms from the breath of people of today whose motive is bad and have bad thoughts and are selfish. The food grains that we grow now-a-days have the effects of the bad atmosphere which the plants absorb and produce the grains. There is no charity or righteousness. How can you expect the food prepared now-a-days to have the taste of olden days?

All that glitters is not gold. Big clouds form and disperse; the clouds veil the lightning. If you have good thoughts your breath will be good. When you take good breath it will alter all the poisonous effect. The quality of a diamond depends upon its lustre.

23-3-79

In all temples the essence or the power of the deity does not lie in the stone image. There is kept in every temple a "Chakra"

which is a metal sheet on which is written some mantra. This Chakra will be kept under the deity, or behind or in front of it which weilds all the powers which the deity is supposed to have. Such Chakras are written by capable persons and kept in puja for a period of forty eight days or so to invoke the spirit of some Siddha. When prayers are offered there, that Siddha comes and fulfils our requests. Our prayers react on the metal Chakra and the spirit of the Siddha is invoked. This is what really takes place in all temples and the stone idol is only a dummy figure to attract the attention of the lay man.

In the hill temple at Palani in South India the whole idol is made of a combination of nine metals. The entire metal image is evoked by a Siddha called Bogar. That is why that temple has such a prestige and has become so famous in Tamil Nadu.

When we keep a Chakra in our house we must be pure. By pure I do not mean the external purity only. The purity of our heart is more important. The Siddha Bogar is still in that hill-temple at Palani worshipping the Almighty in the form of Muruga in the metal image made and installed by him long ago.

When we keep a Chakra in our house and pray before it, our prayer in the form of waves goes and impinges on the metal image there. He blesses us with His grace. That image has its influence throughout this world since there is nothing as space and it is only in our imagination. This is not realised by all persons including yourself.

Now have you understood the state of the image of Muruga at Palani. Do not go to the temple with grievances; go with a satisfied and full heart and surrender yourself to Him; you will get his full grace. Knowing His qualities some people utilise them for their business and earning money. If they had used that grace in raising their spiritual state they would have risen in that state. The idea of keeping eatables during puja is, when you repeat the manthra the Siddhas come out of the Chakra in your house; they do not actually eat the food but they absorb that taste and give you a different taste. He accepts the small quantity of milk that you offer.

Will God come only in my Chakra? You may think why not in other places. I have already told you the secret as to where and in which state God exists. The Chakra is for concentration not for Him but for your mind.

He feels very happy when his songs are repeated. That is why you are asked to sing (Abirami Andhadi) his song.

Any day you go to Palani, you attend the morning puja and meditate. I will enlighten in your mind the various details of that place. It is for this I have explained the quality of the Chakra and state of Muruga. This is not only the quality but also the secret underlying it.

24-3-79

I gave you good smell. You absorb this good smell in your mind. Where does all these good smell go? Nature has given only good smell. Human beings take the good smell which Nature has given, and cook it. First I get that good taste and afterwards you taste it. After you have taken it what is its state? All filthy things come from human beings only. Think for a minute, you will know what is foul smell.

Nature has given only good smell. Go with nature and examine it. Every thing given by nature has a smell. Bad smell comes only from the bad of human beings. Dirtiness is only with human beings. You may ask is it only from human beings? Does it not come from animals? It is from man that it has gone to the animals.

Man was created from Nature. It is from the good and bad actions that animals have come; from animals birds have come. It is from the birds that the insects that creep have come. You may ask what has happened to the insects. These again are born as human beings. Now you follow how this cycle goes on.

It is not only the world that is rotating; the state of man is also rotating. Do you understand this? You are born as a rotating man. You do not want this rotating state to be steady in one state you take up to meditation.

There are minerals with lustre. These remain within the earth which goes on rotating. Consider for a moment how they attained that state. As the earth rotates wind and rain fall on it. The good breath of some good people are attracted by the earth. All these along with the sound vibrations give the lustre to the minerals.

Who is mother earth? All these characters lie within her and it is she who gives all these minerals. You think that this earth is made of mud. That was its first state. Sound waves come from our breath. It is these sound waves which become light and then rain. Mother earth absorbs all these and gives the various smells. The world works on vibrations only.

Have you understood the character of vibrations? You have merged yourself into those vibrations. To get out of it the only way is meditation. Once you emerge out of these vibrations you will merge into the vibrations of the astral world and look into the so called fourteen worlds.

When you go to that world (astral world) you can see the state of this entire physical world. Not this physical world but all the worlds will become yours. By changing your breathing state you can get out of these vibrations, there will not be any more births for you.

Convert the sound into light and absorb it. Mix the sweet smell of Nature with your mind. The entire world and the Mother Earth will be happy. You will rise to the sky and go to Heavenly regions. This state is called the mental state and the region-mental world.

The states of hunger and wordly wealth are the same. A man eats when he is hungry. After some time he again feels hungry and eats. A wealthy man is not satisfied with his wealth. He wants still more. What gives happiness? Wealth does not give happiness. To be in a spiritual state is happiness.

27-3-79

The man who keeps up his words is a man of words. The man who keeps up his words will have always a high status in

his life. Man does not mean his body and soul only; he consists of his thoughts, words and deeds also. The body dies, the soul repurifies and goes but your thoughts and words remain permanently in your deeds. Once you have good thoughts your words and deeds will automatically be good. Where is thought? Which part of your body is thought? Thoughts remain only around you.

In the air that circulates there is the smell of good flowers and poisonous ones also. What you inhale depends upon you. What I say is not new. The body will disappear in course of time and be absorbed in time; the same is for your soul also. It is only your thought which remains permanently.

Thoughts can be expressed in words. It does not lapse on account of time. Enlightenment remains every where. It is not necessary that you should hate one and go to another. You can establish your thoughts from your own state. You need not discard your family to establish any other state. Do you understand what thought, word and deeds are? I will be in your thoughts; and will come in your words; the action will come by itself. Raise your thoughts; words and actions will also rise.

Thoughts do not pertain to meditative state only. It applies to any state and act you undertake. Take the state of a bird. A big bird flying in the air will have all its thoughts concentrated on its prey and take its prey with the same thought in its mind. Birds have the same thought and actions. It is only man with six senses who changes them.

28-3-79

When you start singing the first song should be a prayer to God. The song I have given is to eradicate differences by caste, creed and religion. Any words or deeds should not be left incomplete. We do not want other's praise.

All things connected with the Almighty should be treated as a secret. This is the secret in the Siddhas not expressing their words in full. Let everything be the first step and let there not be an end. Our life itself has no end.

Have you understood the state of the world? You say Eswara churned the milky ocean. Did you think of what is inside the milky ocean? You say the world is rotating. Do you know what is whirling in its mind? where are big ocean, mountains, plants and trees, men and animals. With natural things it contain man made things also.

You see only artificial things mixed with the world what is the inner state? When you cannot know Eswara who is within you how are you going to understand the inner state of the world? My mother-Mother Earth—is there. Your standing and walking are by absorbing the essence of sound and light. The Mother earth by Her attraction converts the sound into light, absorbs it and with Her magnetic force makes the world act. Inside this earth there are lots of treasures which are beyond your conception. By treasure I do not mean money or wealth. She gives metals and shape. She gives also the energy for the action of the world. They say the world is like a ball. There is only air inside a ball. They make figures of the world, inside which also, there is air. There is air inside the world also and not earth, metals and water as you think. Have you know about the air inside the earth? It is the same as it is outside of it.

From where does the air inside the earth come? It is mixed with sound and light vibrations which are outside of it. It is by absorbing your breath that the world rotates which has already been told to you. When the sound and light impinge on the earth, the earth absorbs all of them by crossing the mountain, milky ocean, and human being. Hence the force required to rotate the earth is got from the sound and light and the air outside. There is air inside as well as outside of the earth. How the light from the sky and the sound are absorbed by the earth will be understood little by little as you proceed.

29-3-79

Divine Light

During every period from the beginning of the world till today God is born on this world. That is called God's Avathar.

(Avathar is presence of God on earth in human form). He is born as Siva, His son, Rama, Krishna, Muhammed Nabi, Jesus and Buddha. After Buddha no one is born as an 'Avathar'. All the above became Siddhas and got the grace of God and are shining as Devine light. Siva is also a Siddha who took his 'Avathar' then and remains as such till today. The people of those days accepted it but the mind of people today is changed.

Have you seen the state in Kali Yuga? It is only to change that state that I am giving the effects obtained by worshipping God. If you once enter into the state of Kalki you will remain for ever; the state in Kali is perishable in the course of time. You can see men who fly; you can see all the states in the world. Now people critisize one another and want to take revenge; they do not realise their own state but blame others.

How can the names of people in this Kali Yuga remain for ever in poetry? I will tell you little by little things that you can take in your mind. I had told you a little about Rama's life. What I have told you is only a small bit. See the story of Krishna's life. From his story they have made his horoscope itself. It is during Krishna's time that there was choas and the state of people changed. After the close of Rama's life and before Krishna's birth the change has taken place. The Siddha who appeared during the time of Krishna wrote that epic. Was Krishna born as a child? Did he steal butter and eat? Did he open his mouth and show the state of the entire world?

All these are concocted stories. Rama had only one wife while they have given several for Krishna. Have you noticed the change between Rama's time and Krishna's time? Rama had implicit obedience to his father's words and brotherly affection.

During Krishna's time there was no righteousness. People thought they could do anything to come up in the worldly life. People did not keep up their words. The Bagavad Githa which was written by a Siddha has been altered. Do you understand easily the preachings made in that? The Githa which was so easily understandable by lay men has been transformed into one that is criticised. The master and disciple method has been changed.

Religion has been infected by caste and creed. It is during Krishna's time that higher and lower castes have been created.

Krishna has been depicted as a very rich man and Kuchela as a very poor man. They have changed the style of the epic as per their wishes. Krishna was not born at any time. The epic was written just to meditate on Krishna.

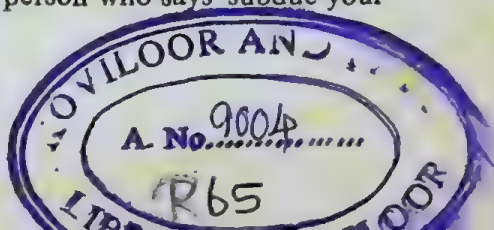
Krishna was the essence of power. The story of Krishna is a creation by men. You meditate on Krishna's name and you will realise his state. Do not read his story as it describes the nature of the people of that time. Describing it as a fight between truth and falsehood is only a story. Who has seen Krishna? Rama lives and Krishna also lives. Kali is living and Kalki is coming.

30-3-79

Desire

Without desire there is no world. A man should have desire; otherwise he cannot live in this world. To say that one should be without desires to realise God is a false notion. Without desire there will be no life in this world and it would be barren.

A thought in a man is desire. The thought of God is also a desire and the whole world exists only in it. It is not only this world but all the worlds. To get God's grace there should be desire. Even that man who says that he has no likings has some desires. There is no one in this world without desires. Even a Siddha or a Sage has desire. There is no life without desire. When God himself has desires why talk of Siddhas, Sages and men? For all creature God gives his grace along with desire. Desire is quite different from avarice. When I say let your thoughts be happy that thought comes from desire. I am not an enemy of desire since I have my own desires. You drive away the devil of avarice out of you. By good thinking state I mean you should keep your mind calm, keeping down your anger and vengeance without giving vent to them. To get this breathing state you should have a desire for it in your mind. It is desire and not depression that makes a man. The person who says subdue your



desires does not do what he says. Once you subdue all your desires the soul has no business in this body and will leave the body and go to its own place. If we are to realise the fruits of our taking birth in this world we have to realise what we aim in our life. It is only if we have desire we can rear our children. To take food we should have a desire for it.

To say be with desire and be with love are the same. In a world without desire there will be no ocean or any waves. Even the plants and trees have desire. When we say the rock speaks and the soil speaks it shows the desire in them. No one is born or going to be born in this world without desire. What we say about desire is that we should realise our real state and then have our desires suitably.

31-3-79

We say worship God before you begin any business. It does not mean that you will realise the fruits only by praying to God. The man who does the worship in the proper way and the man who does not know the ways of worshipping will realise the fruits of his action. The idea in doing worship before we start any work is to calm our mind before we begin.

Man consists of his thoughts only. It is only thought which makes a man. The deities and men are one and the same. A man's thoughts will be according to the fruits of his previous births. It is only the thoughts that lifts or lowers a man. With your thoughts you can reign the world or sleep. For a thought that sleeps there is no world. The thoughts of a man should be high like a mountain and not sink low as a valley. The man who has low thoughts will have a low standard of life. The man with high thoughts has no limit to his rising up in his life. So think of God and have high thoughts.

When I say let your thoughts be high do not think if you will be able to put them into action. Whatever work you do, do it with a desire. When you do it with desire your thoughts will be high. Man is born with God given ability to do any work. It is a gift to be born as man. If he does not dwarf that

gift but raises it like a mountain he will live as man. A man becomes what he thinks to be. When your thoughts are good you will get the grace of God. He will remain within you and get things done. So entertain good thoughts and speak good words; your tongue will be sweet; your mind will have good smell. In that state man becomes God.

1-4-79

You want to know who a 'Siddha' is, in what state he is. When I say man, you think of males only. There is no sex for me. When I say man I mean human beings both male and female. You say how does Bogar remain with his body; what is the state in which the body remains? How does it take its food? What is his sleeping state? What does he do in such a state?

What do you think is my state? You believe that I have left my body and gone out because your Guru (religious master) has told you so. In the case of Bogar no one has told you what his state is and in you are worried about his state. In the same way in which you have understood him you can know who he is. He is alive with his body and lives in this world. To whichever state his soul goes, it comes back to his body. The same food that he takes for his soul, he gives to his body also. His body does not require any food and it has no sensation. His body remains in the state in which he is sitting at all times and all states. It is only his soul which goes to all the states. The way in which he preserves his body is by meditating. He can make his soul to fly to any place he likes. His soul moves about not only in Palani but also in Palamudir Solai and all places where "Palaniappa" is.

It enter into every soul which seeks His shelter. The impression of the people is that Siddas are lazy people and Gnanies are people who do not do any work. But the body of such people remain in one place while their soul goes to any place in the world where they are called and grant the devotees their grace. They have still got worldly desires and move about though out the world wherever they are thought of.

They remain mixed with the world. The fruits of their taking birth in this world taking this body, and their soul they have merged with the world. In spite of the destruction of the world their state will remain the same. Think of the state in which Bogar is and you will understand the state of every Gnani. The state of each Gnani differs from the others depending upon their quality, their way of worship and meditation. Pray to Fswara and raise your state.

3-4-79

In the beginning I have told you in detail the state of the atoms from the birth of man. God has given him seven births or incarnations. The person who obtains God's grace within the seven births reaches the state of "Mukthi". On the other hand the person who cannot control his desires and is arrogant takes birth as roaring lion, poisonous snake, deer, squirrel etc., according to his character. Man eats the flesh of these animals and the same atoms are in him and the animals.

In a herd of sheep a cheetah attacks a particular sheep and not the one that it first comes in contact. Why is it? That particular sheep is its first enemy. It is the sheep that gets its course executed. The state of the cheetah remains the same. The tree and the fruits are of the same atom. We eat the fruit but not the tree, the state of the two are different.

The man who cannot attain 'Mukthi' in his seven lives is born as a beast, a bird, a worm, a tree and fruit and gets redemption in that state.

4-4-79

What is mind? Mind is man himself. People have compared the human mind to a monkey. The states of the monkey and man are quite different. The monkey remains in one state. If it thinks of one thing its mind is concentrated on that only. Since the monkey jumps from branch to branch people have compared human mind to a monkey. Mind is not monkey and monkey is

not mind. The understanding of man about monkey is different. The thought of monkey will not change. Its action will also not change. It will remain in its thoughts always. The people of today do not understand what they meant. Their tendency to jump from branch to branch only has been understood by the present day men.

From our birth we are influenced by the environments in which we are brought up, the habits of our parents and our relations. You should realise your state and stabilise it. Your state, your thoughts and your actions should be the same and not like a monkey which has one thought but goes on jumping from branch to branch. After realising your own state you should hold on to it and not go on changing when you are criticised by some one. Hear what others say and accept what appears to be correct to your mind. Do what you feel right, complete the work that you have undertaken, thinking that all goes as per His wishes.

Atoms are in a state of attacking each other. We are thinking if this man or that man will fire the atom bomb first. Before any of them fires the atom bomb, their mischief itself will burst as an atom bomb. Their making friendship with one another is not for good. All these are for the destruction of the world. To establish his superiority one infringes into another. In search of money man wades through all the oceans.

The destruction will come from nature itself. The atoms which man releases into the atmosphere, mother earth cannot bear. The same atom released by him will attack him. Charity and good thoughts and wishes we find no where. Man has taken up to artificial mode of life. He goes against Nature and She will rise against him. His artificial way of living will kill him. The best way of life is to combine Nature and science and make the best use of them. By science can be create life? He cannot create a living atom. It is only with the live atoms given by Nature that science deals. Science is only for a destruction. Man moves in a rocket but what is the use? Man who has not known himself has made the rocket. He has forgotton God. Divinity is vanishing with the rocket; Does he go to the heaven? Did he see anything there? Has he told the people here what he has

seen there? Get his grace. There is nothing without Him. He himself is the world. He is yourself and myself; think of Him. Change the state of Kali Yuga and be present in poetry permanently in Kalki Yuga. Change the minds of people including growing children explaining in a simple way. You go down to the level of children and exchange love with them.

5-4-79

Every one should realise his self. This is taught from childhood and it is quite necessary for the improvement of one's soul. It is only after raising the state of one's soul that he can help others to raise their soul to a higher state. The self should not be an arrogant self and there should be humility in it.

We go to a potter's shop and see a beautiful pot made out of clay. We ask the potter who has made this pot? He answers "I made it sir". In a school there is a good painting. You appreciate the work and ask who has made that painting? One boy answers "I have made it sir". He is proud in saying so, but there is humility in it. Such an 'I' is necessary for the improvement of the soul of the young boy. In a political meeting one speaker says, I have got so much backing from my people and I can do this thing and that thing. There is nobody to win me in this area. This 'I' is full of arrogance and this is to be avoided. Here you notice the difference between the "I" of the school boy and the "I" of the speaker. It is this arrogant "I" that is to be avoided.

Be united in one state. In the present world there is no unity and a perturbed state exists. The Almighty himself sees the state of the present world. When the force of gravitation itself is disturbed what is there to tell? Do not think what is the use of our living when the entire world is going to be devastated. You should reap the benefits of your taking birth in this world and not for the praise of others.

6-4-79

Man consists of thoughts, deeds, pleasure, pain, low and high spirits. Without these there will be no life in man. His

worries are due to depression and agitation in his mind. With depression in your mind you cannot drive out the depression. Once there is depression in you, you will only convert the atoms within you into depressive ones and draw from your surroundings similar atoms only. For a man who is happy, God gives more happiness. A man with a depressed mind has to suffer. When you get depression and agitation in your mind you should not brood over it but entrust it to Him who is always within you. Depression and agitation in the mind will change the state of a man – the state of his body also. When your mind and heart are affected you attract the bad atoms from the surroundings. There are good and bad atoms and a depressed mind attracts the bad atoms only. These bad atoms entering into your body change its state. It is only in this state that you get disgusted and angry. Whatever state may come you leave it to Him who will see to it. When a man hates you or envies your position if you are in a depressed state the bad atoms from his thought will easily strike you. Your depressed and sorrowful state enables the bad thoughts of your enemy to strike at you easily. It is at such states that changes take place in the body and diseases develop. We say that a person has got an evil eye. The bad thoughts of such persons affect the persons whom they look at. A depressed state of the victim facilitates easy attack of the bad thought of the evil eyed person. The speed of thought is more than that of electric waves and is the fastest in the world. The power of man is higher than that of the Universe and his thoughts can travel to any part of the universe and survey them. Who has realised the power of human thought? Blow out any depression, have good thoughts and be happy. He will give you all good things.

Weariness, depression, anger, vengeance constitute one half of a man. We should overcome all these qualities that exist in this and take a stern attitude and be steady even if there be an earthquake. Meditation is only to obtain that state. All the atoms in you and around you should stand on that firm basis.

I told you that one half of man constitute the above qualities. The other half is made up of desire, avarice liking and pleasure. He grows his desire, divides his affection and seeks pleasure forgetting his state. In that state he forgets his mind, breath good and

bad. It is only with a desire of increasing his desires he becomes a slave of the atoms of desire. In the same way he becomes a slave of Love and pleasure. To a person who is in this state no other state will be visible to his eyes. A man can succeed in his meditations only if he controls the above two states and remains in his own state.

What is meant by Charity? Charity and justice does not mean that you should give only the money earned by yourself, by your own exertion. What is meant by charity is not in whatever state we may be we do not aspire for another's wealth, not be subject, to the hatred of others, not deceive anybody, not adopt crooked ways in earning money or give advice to others not realising our own state. If in doing charity to others, one himself follows the right path, uphold truth, and realises the difficulty of others that too is not charity. Charity does not constitute of the money that you give to others.

See the difficulty of a person and in your state as far as possible share your love and consolation with the sufferer and discharge your grace to him: this is charity and justice. Seeing his state do not criticise or hate him. Charity and justice do not come only by giving money. If you concentrate in your meditation and realise your real state will know everything. When you start meditating all sorts of atoms will try to come and attack you: You merge your meditation with Him on the state in which He is. Keeping your mind calm; do not allow any other atoms to attack you and enter you. You can succeed in your meditation by your breath only.

When you just enter into the meditative state bow down at His feet. You may ask where is His feet. It is always in your heart. In that state He will grant whatever you desire in your heart. Your thought at that time has such a speed that it can travel round this world and also all other religions around it and you can know all about them. People talk about meditation but no one has revealed this truth. They feel what is the use of knowing the state of this world and other worlds.

Attaining a good meditative state depends upon their progress in their previous births. Let those who criticise, do it and those

who succeed attain that state. The one who is going to enter into Kalki Yuga will only succeed in his meditation.

7-4-79

Figure

When you think of Jesus, Buddha, Muhamed Nabi, Aiyappa and Bogar and concentrate on any of them you can see that figure before you. Agastiyar, Konganavar and several others whom you have not heard of come before you in their form. During your meditation you see Vinayaka, Lakshmi, Saraswathi, Rama, Krishna, Muruga all these are false figures which appear in your vision. The first set of Siddas given above come with their actual bodies and bless us with the help of the grace that they have obtained from the Almighty. The second set come as a vision. This is done by Eswara in the form of the deity that we worship. God has got a thousand names and the entire world is His. He appears in any form and is everywhere, in me and in you also. The innumerable Siddas and Gnanis are those who have obtained His grace and powers. Those who have not realised His powers, forget their real state and engage themselves in mad spiritual displays wandering round the world. People who have taken birth in this world with the fruits of their previous birth get His grace, can excel the Siddas like Bogar, and Konganavar.

Similarly, a person born in this world, without realising his real powers, is bent upon enjoying worldly and bodily pleasures without considering what he does is right or wrong, collects the bad atoms around him is bent upon taking revenge on his enemy in his previous births. Such a soul bent upon revenge in its next birth enters a body appropriate to its mentality. It is only after satisfying its desires, taking its revenge that it takes another birth. That is why people are told to be in a good state, God fearing. The Siddas of those days have developed imaginary shapes and forms for deities like Muruga, Vinayaka, Lakshmi, Saraswathi and installed them in temples built by them. These temples were built to stabilise man's thoughts. People are thinking that Muruga and Vinayaka were born in this world and Muruga after taking to Sanyasa married two wives and took up family life. These

are merely concocted stories. That which was told with a good faith has been devastated by a creed of men.

In order to successfully earn their livelihood and their pleasure the set of people have God a plaything to such an extent that the public have started hating the very name of God. The persons who draw the picture of Muruga make money, those who paint it also get money and those who sell them make money. The man who composes songs, and those who sell these songs also make money. There is no one who establishes his real state. Muruga and Eswara are utilised to earn money. Those who go to the temple, go only to redress their grievances and with request to grant them worldly wealth and pleasures. Who comes there to realise his state? When they do not know what is meant by their state how can they get meditative state and the divine state in which the deities are?

Do you know who are the lower deities that you worship under various names and forms? They are great souls who were like us long ago and risen in that ferocious state obtaining the grace of God. From their state they obtain the grace of the Goddess Sakthi and in that form appear before you and bless you. That is why these cruel deities when we promise to give them some offerings and do not give the same, they will come in some form remind us of it and get them from us in some way or other. That is why they are called ferocious deities. In spite of getting the grace of God they remain ferocious. If they have a calm attitude they can become like Bogar and reign over the entire world giving pleasure to Eswara himself and bless all those who call him by the name Muruga. When we think of his state we become very happy. Think of Him and meditate; he will enter into every atom of yours and shower his grace in your thoughts and feelings.

8-4-79

Good things will come slowly step by step and last long. Bad things and news spread rapidly and disappear shortly. We say good people do not prosper, look at that fellow how he prospers. Let the good thoughts be within us; good thoughts are not meant

for fame or name. Evil always suppresses good things but we should not give vent to our feelings but have restraint over them. Evil does grow faster but dies as it grows and will be dead for ever. Those who have attained high status, who reign over the world die in decadence. A good mental state will last for ever and there is nothing equal to it.

The state that you attain is for yourself and not for exhibiting to others. I have already told you that thought is faster than wind, sound, lightning and all things made by man. This thought which is contained within you is the source for all the qualities of this world.

It is by your thoughts and by thinking about your state that you should rise up to a high spiritual state. All the different ways of my teaching is for your rising up in your spiritual state.

A deity has been given a figure consisting of one half female and the other half male and is called Ardhanariswarar or Siva-Sakthi and is being worshipped. This form has been given to that deity by the Siddhas in order that male and female may remain united.

I have put into your thought the image of Siva-Sakthi (male-female) in order that you may realise in your thought several truths. If you meditate on this form you will realise whether Siva and Sakthi are one and the same or they are different.

I have told you that there are innumerable states in the quality of atoms. In the other world, that is when the soul leaves this body and goes to the spirit world, as we say, there is no differentiation as male and female. Even there, there is difference and one cannot see all the others.

In the astral world there are several types of souls. There are those who have entered into spiritual path during their worl'dly life and continue in the same path doing worship etc. Some others who have left this world with lot of worries in their mind remain in the same state there also. There are some others who are bent upon revenge. Just as in this world we have good and bad people, there are good and evil spirits there also. It is by the influence of these bad spirits that murders and suicide take place

in this world. Those that are good still have their family affinity and from their state get done, things in their families.

There are some souls that die as soon as they take birth in this world or are born as soon as they die. There are some others who still have their affection and love for their family members and move about with their families and only after their wishes are fulfilled they take another birth. Some others who have not achieved their goal, not satisfied their desires, are born in such places and environments where their unfulfilled desires can be fulfilled. Some deceitful souls decay without taking any rebirth. These are those who are involved in murders and suicides. It is these spirits which are responsible for bad and good deeds in certain houses.

I told you about seven births. There is no account for the beginning of this world. You may think how it will be possible for those who came at the beginning of the world to exist now. The time that a soul lives in all its seven lives is not even a thousandth part of its entire life. Most of the part of a soul's life is spent in the astral world which is its home. A man who meditates goes to the mental world which is next higher in state than the astral world. Once you go to the mental world or mental plane strictly speaking you can see all the worlds. Only those who have reaped the treasures of this physical world go to the mental world. Treasure is not the money and wealth that you earn when you are in your physical body in this world. If you acquire the real treasure you can enter Kalki Yuga where all the Siddhas will come. How will they come? Those who have attained a good state in Kali Yuga are born as children at the end of Kali Yuga. These children will be guided in the path by the Siddhas and will realise the truth. This change will take place around 2000 A.D. You will see the action of atoms at that time. The man who made the atom bomb will wonder at its strength.

The world is in a boiling state and you are also going to see it in its bursting state. If you continue your meditative state you can see all these states of the world. You are just in the beginning state; develop the same properly.

It is dog which can see the astral world. It is those hasty souls in the astral world who are born as dogs. The spirit which leaves the body with certain enmity, as soon as it completes its task takes birth as a dog. Such souls do not get the privilege and opportunity of taking birth as a human being. The dogs that are born in this way will be able to know the state of other spirits in the astral world and their enemy in their previous births also. Dogs can understand the state of all spirits. Dogs have their ancestral relations.

Dogs can fore-see earthquakes and floods. It can see a small atom the state of the astral world, and also the divine state, but cannot differentiate God from ghost. In its madness it forgets its capacity. Those persons who die of dog bite have connection with the dog in their previous birth and the dog fulfils its grievances. Those who escape death after dog bite do it as a result of God's grace that they have obtained in their previous births.

All those who stand in front of the Idols do not get the grace of God. Even those who do not go to any temple, and also those who deny the existence of God but have realised their own state, uphold truth and righteousness have good manners, and are respected by others get the grace of God. Do those who build temples, do charities after committing a lot of sins obtain the grace of God? Their state is a cipher. He pours all the sins he has committed into the temple he builds and seeks redress. He thinks after doing all the sins by building a temple God will respond to his call.

His next birth is there to take care of him. When you enter into the astral world and view from that state you will see within yourself all the states in this world. Peace of mind and happiness can be had only with this physical body. God has granted calm and pleasant sleep for 1/3 part of man's life. In the astral world there is no such sleep and the soul has to work during all its life. This is a gift given to human beings after a long penance. The body which was obtained after such penance is destroyed by themselves. Life in human body is to be enjoyed with pleasure and beauty. But he is born with a human body, without realising

his real state, he is brought up with malice, anger, vengeance and all other bad qualities. How his state of life will be? A child who is born in a family which brings up the children with good habits naturally turns up to be a good citizen. His life depends upon the way in which he is brought up.

As soon as a child is born, the head of the family runs to an astrologer or fortune-teller to know about his future. He makes a chart puts down some letters in those columns and says this star is in one column and the other star is in that column and their effect will be such and such. What the fortune-teller has told them goes on influencing their mind and their thoughts work in that way. I have already told you that it is the thoughts that make a man. The man naturally grows up and becomes as per his thoughts.

That which comes in your thoughts will happen in course of time. It does not come from the horoscope but it happens because the fortune-teller has said that, and the thing is fixed in your mind; astrology, horoscope are not false nor do they take place. The Sages of olden days found out this science by which we can know about one's previous birth and the present birth. They could tell by feeling the pulse of a person his story in his three births namely past present and future. Alas! people have destroyed all those records in order that they might earn their livelihood.

Astrology is a science by which you find out what has happened in one's previous life and deduce the happenings that will take place in the present life. They have twisted the very nature of the horoscope. All the changes in men have come only on account of the horoscope. They change your thoughts and your breath changes according to the thoughts. It is the avaricious persons who look at the horoscope. If you can develop your meditation properly you can know about your states in seven generations. Do not run up to a fortune-teller but develop your meditative state properly. These are only little drops which will make the mighty ocean.

In a man's state there are twelve qualities or characteristics. These have been depicted in the forms of the various deities namely

Vinayaka, Muruga, Saraswathi, Rama, Krishna, Venkatachalapathi etc. by the Siddhas of those days. All these twelve qualities are in the mind and body of human beings. All these deities are in the human body in the form of qualities.

10-4-79

What is the idea behind celebrating festivals? It is the idea of mass worship. The vows made during the year by all persons are discharged on that festivals day. The idea is to raise their belief in God. On these occasions some persons get spirited, that is to say some spirits enter into these person's bodies and they divulge some secrets that are not known to us. At that time the person who talks does not know what he talks. He will not remember after his trance is over what he has said. These are being taken as fun and enjoyment. The original idea is that in mass worship the atmosphere will be charged with the divine thought waves of the people collected there and that will help one another to rise in their spiritual states, is forgotten.

There are a few temple which the Sages of those days have taken as their abode and remain there with their bodies even today. In such temples when the devotees go and pray at the temple or pray from any place of the world the Sages hear their prayers and bless them.

Some priests, astrologers and fortune-tellers work with the help of spirits. They do it in the name of God. Let them do good to the people in the name of God. But they make offerings which some of the bad spirits enjoy and after satisfying their hunger spirits are engaged as spys and spoil some families. These spirits change the real states in this world. Administrators too take the help of such bad spirits by offering the type of food they want.

This is the state of this world. You may ask why not God control these bad spirits? Where is God? I have already told you that God is in your mind. When your mind itself has been caught by the evil spirits how can God save you. A thief before he starts on his job prays to God as well as an innocent child.

God is external light. It is the Siddhas (Sages) who have obtained the grace of God who rule over men and grant their prayers as per their thoughts. When you pray to one deity a Sage comes in his form and gives redress. When a man in a decaying state with impure mind thinks of God the bad atoms and bad spirits only approach him. Now do you understand who is God and where he is? He is within you. He himself is Nature; He is air; He is the Sun (sound and light); He is water. Water, air and light, these three constitute Nature. It is from the changes taking place in these that we say "Kali Yuga" is going and "Kalki Yuga" is approaching.

11-4-79

Vinayaka depicts the first quality of the dynamic force of Nature – "Sakthi". He is represented as a prodigy and the source for enlightenment. He is not hasty in doing anything and thinks twice before he acts. He is worshipped as the first deity to stabilise our thoughts and proceed slowly. To worship Vinayaka you should have calmness and self control and it is with that request you worship him. Do not say all are deities made of stone, what is there if you worship this or that first. When you think of Him there will be calmness in your mind. He will remove all obstacles.

12-4-79

You see the moon in the form of a circle or strictly speaking, as sphere. It consists of three regions. Since you look at it from a very long distance it appears to you as a circle. Have you noticed that the moon is rotating? All the planets do so.

There is air and water there; the shape of people there are different. The Astral Zone is common; there is green vegetation there. Just as the weight of our earth is increasing day by day, the moon is also increasing in its weight. In the earth there is one part land and two parts water whereas in sun they are in equal parts. All living beings there are rolling, in a creeping state. There is poisonous atmosphere there. Human beings from this world

cannot go and live there. Those who are there cannot come to this world. We can live in space. If we go with our mental body we can live in the moon or sun or in any planet. If you look at this earth from any of those planets the earth will look like a star. There are fortyeight numbers of other worlds planets like this. If you are able to see all those fortyeight worlds planets also with your eyes you can see the conditions of all those worlds also as the Angels do. Do not think what is the use in seeing the other worlds. Do you think how light will be in that state. It is on account of sound waves that all the planets revolve. All other planets are also rotating like this earth. Sound is the source of light. The same state is in other planets also. When wind blows against one another in their whirling state from their sound comes lightning. There is life in all the planets.

14-4-79

Your thought should be combined with your meditation. During meditation repeat the name of your favourite deity. It should go into you with your breath and come out with your breath so that your thought and your body, every atom in your body, will be soaked with that name. It is not necessary that one should be a Sage or a Siddha to do this meditation. All persons can do this being in their daily life. There are people who say that meditation is not for getting worldly things. It is not true: your body is necessary to do meditation. To maintain your body you require food, dress, house and other necessities. So long as our body exists we think of God and concentrate our thoughts on Him.

In this state you will have a steady breath with your thoughts on the Lord. When the thought is stabilized the state of your soul rises to a higher level. Whatever work you may be doing, your thoughts will be steady; other's thought waves cannot affect you or disturb your thoughts. Your anger will be quenched and other's hatred cannot approach you: no harmful thoughts can affect you. Do not be elated by other's praise, do not praise others. These two are poisonous.

In meditation there is no failure for you. God will help you in any business you undertake. Do not waste any time. When

you attain this state you will leave this world without any desires; there will not be any further birth for you in this world.

When you develop your meditation I will be with you at your service. You bless those who come to you and they will bless you and that is the blessing of God. When you sit for prayer in your prayer room you will get the smell of good flowers and no bad smell can approach your breath. Any bad thoughts sent towards you will be reflected and go back to the sender and have its effect on him. Those who sow wheat will reap wheat and those who sow horse-gram will reap only horse-gram. You will rise to a very high status. Status does not mean living in a big bungalow with a car and all other conveniences. It means getting yourself merged with the Eternal Light and losing your individuality.

16-4-79

There is a great difference between the mind and body of man and of any other animal. A man can keep under his control his hunger, his mind and body. This is not possible for any other animal. Animals other than man cannot control their hunger and have a tendency to obtain their prey by one way or the other. The sole aim of animals, birds, insects, trees and plants is to obtain their food. This is the way in which the thoughts of man and other animals differ. That is, the thoughts of other animals, birds etc. cannot rise higher than that while man alone can raise his thoughts to higher levels than satisfying the bodily requirements, namely food.

We take birth because we have not fulfilled all our desires of the previous birth. Man was born only after the Angels. That man can also become an angel. The first step in controlling a man's mind is to control his tongue; by tongue I mean the taste. People think I am born, I grew up and what is the fault in eating whatever I like as long as I am alive? It is not that you should eat only as long as you are alive. You can take food even after the soul leaves the body. Even God cannot remain without food. From where does your food come? It comes from the essence of

Eswara. It can be got from air, water and light. You might have learnt in the first lessons without air, water and light man cannot survive. This body will decay if we do not take any food.

We can live without taking food for years together. If a man sits meditating on God He will give food through light and air. You think it is only air but water is also mixed with air. If there is no moisture in air there will not be any attracting power. In the meditative state man can separate the atoms of food that he requires and absorb them. He can absorb food atoms as well as atoms of sound. There is an old saying that if you think of God you will not have thirst and hunger. Once you get control over taste you can control your mind easily.

To control the tongue (of the taste) have control over your mind. Once you stabilise your thoughts all types of hunger will be controlled. You should be God-hungry then all other hungers will subside. No fasting is necessary for a man who has reached the meditative state. He does not make any difference between a good feast and taking only porridge (liquid food). God will give him through air the food that he requires.

You always have good thoughts and your breath will naturally be good. You will absorb only good atoms from the air. If some one does something bad there is God to punish him; you do not mind that and look to your own business. If you direct your thoughts on him and pray to God to give him necessary punishment your thought and breath get deviated.

With a steady mind and not getting our thoughts polluted we should try to correct that man by directing our good wishes towards him. The man who hates and the one who thinks let him hate what do I care, both are in the same state. These characters are not born with them. We should try to make him realise his mistake and correct him.

17-4-79

A man's life consists of good and bad things. It depends upon the state in which he takes his breath. He may be meditating

through-out his life. In spite of it when he faces a difficulty if his mind is engrossed in it his breath will also change and he will attract only such melancholic atoms around him. As he go on breathing such atoms only, his entire state changes and his old thoughts are forgotten. He does not realise his real state. He gets depressed and this is the cause for anger. If one mixes with another the health of the body is affected. That is why we say when you face any difficulty think of your good state and get good thoughts and overcome the difficulty by doing meditation on God. He will guide you in the proper path. Do not entertain the troubles that you get in your mind. Do not say how it will be possible. In such times have belief that He will come within you and guide you, your breath and your health will not change. Taking good breath is only the mode of your life. When you go to any place, if you get distress why don't you think that it is also for your good instead of getting disturbed?

The life that you live is not yours; it is His charity; He will grant you everything. It is for this that we say, take a good breath; Think whatever happens is for your good only. Light and darkness are rotating but you should try to get the perpetual light within you. It is to clear our debts that we have taken birth in this world. It is all His deed. Once you think that it is He who reigns over you, you will not mind any difficulty that comes in your way, and without changing your state of mind you can remain calm and inhale the sweet fragrance of the good atoms only that are around you. If you have agitated mind you will remain agitated throughout your life and this state of your mind will spoil your health also.

A man's health does not depend upon the food he takes; it depends upon the state of his mind. We see a person who handles filth daily has a healthy body while on the other hand the one who eats well prepared rich food suffers from all sorts of diseases. This man has all sorts of thoughts circulating in his mind, forgets his own state of mind fills it with suffering, attracts all the bad atoms circulating around him. The man who handles filth takes any food in dirty surroundings, but his thoughts remain only on the wages he gets. He does not consider the filth that he handles as filth but his mind and his thought are fixed only in the wages he is

going to get. It is because of his thoughts that his health is good. See the effect of thoughts on the health of man.

You may think why there are rich and poor among men. These come from the birth. If we can combine thoughts with birth we can straighten the way of life. Different states come from our states of breathing. The rich man thinks that he has earned the money. It is not a fact; it is God who has given that state to him. The soul takes its birth in such surroundings as it desires.

Till a soul takes its form in its mother's womb it will know where it will be born and how it will grow. Knowing these only it takes birth in the womb. As soon as it takes the form of its body it forgets its thoughts of the astral world. Birth, growth, rich, poor are not done by us. All come from the thought of God who is within us. All babies born in this state like to be in a high state. But they are afraid of their state and grow with a low mentality to that state. That man can also have high thoughts and live a good life. His thoughts and nature of life depend on the nature of the breath that he takes. I have told you sufficiently about breath and thought. Your meditation depends upon the state of your breath and thought whatever may happen be in a happy state.

When your mind is agitated you may say I did not create it, what can I do? We have read "when Rome was burning Nero was fiddling." Rome has been burnt what use is there in weeping over it? When your mind is firm you will not see the town burning and bear the hatred of the entire world. When a man hates you if you go on thinking about that hatred there will be only hatred in your thought and mind. Do not hate the one that hates you.

A drunkard is always thinking about his drink and the ways by which he can get his requirements. He uses all his powers including that of God inside him in the same thought. What he thinks is done. A thief also does in the same way. He is always thinking of the different ways by which he can achieve his goal. The God inside him also helps him. The business of every person is carried out in the same way and the God inside each person

helps him in carrying out his task. He helps those who do good things and also those who do bad things and helps every person in his own way.

Who is God? Where is he? He is in stone and mud in air and in light. He is in the thought of every person. He is also in your meditation. He is throughout the world and remains in the thoughts of every person throughout the life-time. He is in every life and every particle. Make your life a useful one, have good thoughts take good breath and rise up to a high state. Many people think since the Kali Yuga is approaching its end and there is very little time left let us eat, drink, be merry in the end of our life.

People who have earned huge wealth and remained in various states will all die in one bomb which will destroy the whole world. Be happy take good breath, have good thoughts so that even if the entire world changes your state will remain steady like that of Bogar.

18-4-79

The world consists of opposites. Life is also full of opposites-good and bad; good atom, bad atom; good thoughts, bad thoughts etc. There is medicine to save life and there is another to kill life. Atomic power can be used for construction and destruction also. The world works on the principle of generation and destruction.

Some cherish only good thoughts, take good breath, do good things and are praised by others. If there is a small change in the breath they take, there is a change in them. Animals have a greater sense of smell than men. The self and the spirit have also got the same sense of smell. Where there is good smell by taking good breath we attract good atoms. Good atoms are the blessings of good people. Bad atoms come from the bad spirits mixed in the air.

Those who entertain only good thoughts, on passing out of this body do not have rebirth, but go as Angels in the spiritual

world. It is there that all the Siddas, Gnanis and Sages remain. This is the reason why I am insisting on taking good breath and cherishing good thoughts. When you think of those people they will come in you in every atom that you breath in and raise your state. Bad atoms are inhaled by avaricious atrocious people and those who have cut short their life by suicide, murder or accidents.

Good as well as bad spirits roam about in the same zone. The bad spirits move very fast in the look out for persons through whom they can get their work done. In that state you do not have broad views and your breath does not take in good smell. That is a favourable time for bad spirits to get into you. That is why we say that we should keep flowers with good smell and burn incense sticks in the prayer room. Bad atoms cannot come there; they approach only people with bad thoughts. It is with the same idea that we smoke the rooms of patients with good smell.

Our ancestors have introduced several procedures in our daily life, but they have not explained the inner meaning underlying those procedures. That is the reason for the change into the artificial way of life. During sacrifice they used to pour ghee taken out from cow's milk, sandal wood chips etc. into the burning fire. The idea behind it is that smoke with fragrance should fill the atmosphere so that no bad atoms will approach the locality. This enables us to take good breath, that is to draw only good atoms. This is the reason you are asked to fill the house with fragrance by burning incense sticks, turmuric powder and ghee taken out of cow's milk. If you do so bad atoms and spirits cannot enter your house. Have good thoughts and you will take good breath. Once you get angry or depressed your breath changes and bad atoms approach you. What you have gained is lost. It will take a long time for you to recoup to your old state.

19-4-79

We say "as is the mother, so is the child" and the children born to one mother will be as per the ancestral trend. A mother

may have only one child in this life. In her succeeding incarnation she might have ten children. People born in the present incarnation in some families do not take their birth in the same families in their next incarnation. When a man dies he has some desires which have not been fulfilled during his lifetime. His next birth he takes in such a place and surroundings that he will be able to complete his unfulfilled desires. What we call mother's trend comes from the way in which the children are brought up. They do not depend upon the family trend. The children of the same mother grow up according to their thoughts and we find the children to differ from one another in their thoughts and characters.

These changes come as an effect of their previous births. A father divides his property equally among his sons. One son destroys the property given to him in a few months or years. Another son doubles it in a year. A third son maintains it at the same level. These are the effects to their previous births. It depends upon his thoughts and the breath he takes. If one has good thoughts and takes good breath, he comes up in his life and prospers. The changes in a child's mind come from the way in which the child is brought up by the parents. Even the effects of the previous births can be altered by the parents of the child by moulding their thoughts in a proper way. All the changes come from the thoughts of the parents.

Every place has the effect of the soil and the water there. The thoughts of the people are also affected by the soil and the water there. As per their thoughts they take their breath and hence the children of one place have the same character. We can judge a place from the thoughts of the children and their deeds. The quality of the soil and the water of a place depends upon the thoughts of the people there. We talk of a house, a street, a village and so on. The quality of a house depends upon the thoughts of its inmates; the quality of a street depends upon the houses in that street, and that of the entire village depends upon the nature of the streets there. Rain and wind in one place depends upon the thoughts of the people there. That is why our forefathers have connected the rainfall of a place with the thoughts of the people of that place.

The crops that grow in a place depends upon the nature of the soil. This applies also to the children that grow in that soil. The quality of the soil of a place depends upon the thoughts of the people there. The Child that grow eating the grains and fruits of a place will all be alike. In this artificial age there is an entire change since man shifts from one place to another and he carries also crops that grow in one place to another place.

In the days of Avatharas of Rama, Macha (Fish) the people in one state had the same characters and their figures were also to the artificial way of life. The figures of the people in different countries are due to the thoughts of the people, the soil and the rain there.

The children born in a family resemble one another. This is due to the breath of the mother and the house. The body that we get in this life does not come to us in our next life. In this life the present way of thought, the soil in which we live and the rain guides the breath of the mother and so is the body formed. It is only the spirit that comes from the previous birth. As soon as the spirit goes out of the body, this body is destroyed in this life. In the next birth that body comes according to the place where we are born, the thought, the soil and water of the place.

We find the appearance of ants and certain type of flying insects in large quantities in some places within a short time. How do they appear so quickly in such large quantities? The dull atoms in the soil when they contact the moisture in the air take their food from that air turn into those ants and insects. They will live only so long as they get their food from that air. When the air changes they do not get their food and die as a whole. They live as long as they get their required breath from the air and perish in a few hours or days when their breath changes due to the change in the atmosphere.

20-4-79

All the people who live in this Kali Yuga are those who have not fulfilled their desires in their previous births. They talk of over population; they want to prolong the life of persons. The man

who lives should go on living and the population should decrease. How is it possible? The people who die in this Kali Yuga are going to be born again. They will be filtered and only those who have realised their real state and seen the Divinity in them and have no pride and haughtiness will be born in the Kalki Yuga. People think by doing puja and repeating manthras they will be born in Kalki Yuga. They will be filtered and only those who have done good deeds will be born in Kalki Yuga. Those who have seen ups and downs in their life and not making any difference between them are bent upon realising their real self will be born in Kalki Yuga. Rich or poor does not make any difference but only the type of their actions count. The present atmosphere is itself poisonous. You concentrate your thoughts, meditate and enter Kalki Yuga. Keeping Kalasa (pots) for 48 days is to concentrate your thoughts.

During worship do not break coconuts; there is no use in doing so instead you keep flowers with good smell and fruits. At times you may have to follow others. In such cases do not take home the broken coconut, present it to the priest or some one.

21-4-79

Attraction

The world works on attraction. It is by attraction that we get the grace of God. It is by attracting the air that the earth rotates. It is by attraction that we absorb in our mind what others say. It is by the same attractive power that a soul takes birth in the mother's womb. The sweet smell of the flower attracts the insects. Just as flowers have got smell, human bodies have also got smell.

There are several countries in this world. People who are born in any country do so on account of their unfulfilled desires in their previous births. The spirit, in whichever part of the world it may be is in the lookout for a suitable womb to take its next birth where it can fulfil its desires. It is by its attractive power that the spirit selects the suitable mother. Before taking birth

the spirit is in an attractive state. These spirits attract the thoughts and the smell of the body of persons from the breath they take. This is how the spirits select the right mother to take its next birth. This attraction is the power by which the world works. In the region which is several miles beyond this world there is no attractive power. The people of this world are born in other worlds also but in different ways.

Human beings and other lives in other worlds are not the same as they are here. Lives in other worlds are in a rolling and creeping state. The attractive force that is here is not in other planets. The conditions there are quite different from the one here. How can man go and walk there, live there and cultivate there? In meditative state we can see the conditions that exist in other planets. This world works on mutual attraction; if man goes to other planets how can he walk there with artificial methods? He has to roll like other beings that are there. The state in other planets are quite different from the state that exists here.

If our attractive force synchronizes with our thoughts, God will look to our state and will guide us in every way. Just as intelligence varies in persons attractive force also varies from person to person. The food prepared by different persons but in the same way do not have the same taste. They say it is the touch of the person that makes the difference in the taste. It is not the touch of the person, but it is the thoughts that makes the difference. Even with the same person the food that he cooks today does not have the same taste as it had yesterday. The difference comes from the thoughts of the person and the breath he takes at the time of cooking the food and his force of attraction.

22-4-79

When a life is born it requires food to grow; all lives require food to exist. All other lives except that of man have the one aim of getting their food and their thoughts are as to how they can get their food, eat and live. Man is supposed to have the sixth sense which other animals do not have. One is born as man or animal according to his good or bad deeds in his previous life. Do all men use the six senses that they possess?

Muruga is described as a deity with six heads. Does he really have six heads? Who has counted them? The six heads represent the six good characters embodied in man. The difference between man and animal is that an animal's prime requirement is its food where as for a man in this world money is important. In the beginning that is the first men on this earth used to kill their own race and eat.

Before Ramavathara men were like beasts killing and eating their own race. After that, they used to kill and eat animals other than man. Subsequently man learnt to eat fruits, roots and tender leaves of plants that grow by nature. At that time one type of world existed. Then there was change and those who survived after the change were called Devas or Angels and lived during Ramavathara. This has passed through its cycle and come to Kali which is the end of this cycle and Kalki is going to start.

It is during Ramavathara that man started earning wealth in a right way and led a decent life. Those who survived from Ramavathara took birth in Krishnavathara. There was a change and people used to cheat others and earned money by fraudulent means and led a selfish life.

In the next Avathar people earned money by any means that they chose and used to bury them underground. Thus has come up the present race have changed the natural way of life into artificial one and the entire way of living itself is changed into a selfish one.

Men have forgotten the principle of life, have injected religion into it and has mixed man made things and ways into it. This they say is the way for their living and accumulate huge wealth. For living, huge wealth is not necessary. They think that wealth is only worldly wealth, like money, house etc. Money is not the real wealth that man should aspire to acquire. He who is satisfied with the state he has in his life, reaping the fruits of his taking birth in this life, and bringing up the children in the right way with good habits is the one who acquires the real wealth in this life. In this Kali Yuga it is really difficult to lead such a life. One man

sees another living with much more convenience than himself and develops a hatred towards him and gets depressed. This is the type of the people who are in this Kali Yuga. Man should have desire to live but not avarice. The bad breath that the present man takes has polluted the whole atmosphere. He eats the food grains that are grown under these adverse conditions and how can you expect that man to be? He has changed the way of life and named animals with five senses and six senses.

The cycle starts with Kalki and ends with Kali. Since Kalki Avathar nine Avathars have lapsed. It is not going to stay as Kali. Kalki will come back and the cycle will start again and proceed in the same way. The souls who are filtered in these are born in Kalki again. The world itself changes; the qualities differ. The qualities in the world to come as Kalki Yuga will be quite different from that of the present world. The thoughts and deeds of people also will differ. They will have high thoughts and the present lessons are to lead you to that high state. Forget the petty desires that you cherish now and attain the high state. You will realise the fruits in Kalki. This is what is meant by reaching a high state. If you can enjoy all your desires in this life itself and do not leave behind any desire at the time of your death. You will reach the high state and will not have rebirth in this world.

For hiccough there is no medicine. Similarly there is no medicine which can change the thoughts of a man. Thoughts rise up in a man by God's grace.

We say that the life time of the man of today has increased. Length of life and intelligence is a gift to man by God. Man increases his life by his intelligence in this Kali Yuga. This has not come from his medicine; it has come from his thought; his desire to live for a long time makes him to pray to God to grant him a long life and that thought is circulating within him always. It is his thought that makes him live long. But what is the use? He suffers from a number of diseases and his thoughts shrink. He does not die because his life is over. His thoughts and his heart shrink: a fear is created inside him and his spirit departs from him in a depressed state. The man who has a desire to live

long does so. It is not the God of death (Yama) who parts his life from him. It is only by his thoughts, his dullness and fear that his spirit departs from him. In whatever state a man may be, if he only has a will to live he can live long by concentrating his thoughts on Him who is within him. It is not by magic or medicine that a man can live long. Birth and death are not gifts given by God. If you go through the lessons of atoms and the spirits you will know the secrets of life and death. Man lives and dies only from the state of his thoughts, breath and mind.

24-4-79

The Real State

In which point lies the real life in man? Life requires a life breath. Life in all the things in this world remain in its breath. We may say will a stone image speak when God is inside you? Still a stone, a mineral dug from the earth and all trees, plants and insects have their life breath.

When a fire burns and the vapour goes up there is life in it. It consists of live atoms which absorb light from the Sun's rays just as we do. We dig out gold, silver, lead, copper, coal, etc. from the earth. Scientists say that trees buried in the ground for a long time become coal. It is not a fact. The life atoms in that soil absorb the light rays from the Sun and the atoms so absorbed in the course of lakhs of years form coal beds. If those beds are left as they are the plants and trees that grow in the soil over it will yield very rich crop.

Without realising the benefits of Nature man has started artificial ways of mining the minerals inside the earth. You can now see the difference in the crop and the taste of the fruits that grew on the soil before the mines were operated and what grows now after the minerals have been removed. Man destroys natural forests, removes the coal from the mother Earth saying that he generates electricity and creates forests. See how man's brain whirls like the earth. The kind of the mineral deposit formed in a place depends upon the nature and type of soil there. In places where there are gold mines the fruits and crop have a special

taste. Inside this earth there are several other minerals that are unknown to man and the crops and fruits grown in that soil have a special taste. Man says that it is due to the climatic conditions of that place. It is not the climate of a place which is the cause but the breath the people there take.

How do you remember the happening that have taken place right from your child-hood? Have you preserved all those details in your brain? The breath you took at that time is whirling round you in the form of thought waves and when you inhale those atoms you remember the time, the place, persons involved and other details of important incidents that took place at that time. Do not think it is only the breath that you have taken in this life that is whirling round you; the thought waves of your previous births are also circling about you. These you can see during your meditation. Just as the world rotates, the thought waves of a man are whirling round him. When our thought waves strike our mankind the old happenings are brought to light.

Our speech comes out in the form of sound waves and throws out several crores of atoms. In whichever state we bring out those waves they act on corresponding atoms and by the help of the thought waves the old thoughts are brought out as memory. Our good thoughts reach mankind in the form of pleasant atoms through our breath and actuates them in the same state. If the real state of life is known, the state of every atom can be known. Scientific research has found out only red and white cells in man. It is not a fact. There are various types of atoms circulating in man's body in various states. Man yields to his desires by the influence of the desire atoms in him. The various states of a man namely anger, desire, happiness, etc. are created by the corresponding atoms circulating inside his body.

A thought is not only in the heart. Suppose there is some pain in one leg the thought of the pain circulates not only in the legs but in all parts of the body including all the roots of the hair. If a hair is pulled the pain remains not only in the hair root but also in all parts of the body. The heart is an organ in the body which, with the help of the atoms in the air inhaled purify the blood

and circulates it throughout the body. But it is not true that the thoughts remain only in the heart. A man's breath and thought waves are circulating round him. When the breath he takes and his thoughts are the same then the man stands in a firm state. When the thoughts vary the breath also vary and become active thereby increasing the load on the heart. This is the cause for all ailments of the human body. Hence man gets all diseases from the way he takes his breath and his thoughts. When he thinks that a work is too heavy for him the thought itself makes him depressed and the breath he takes makes him unable to cope up with the work. On the other hand if he feels that the work is a trifle for him his breath remains in the same state and it purifies his body and the body gets the strength to carry out that work with confidence.

25-4-79

"Ohm" The Water-Sucker

For vegetation, life lies in its water-sucker. Its attraction lies towards gravitational force when it gets the sun's rays. For man the water-sucker, life, lies in the forepart of the head between the eyebrows. As soon as the Sun's rays fall on him his breath circulates round him. The water-sucker for this world is the sound of the word "OHM". During meditation you can hear the sound "OHM". When you come to a good meditative state your breathing will get automatically regularised with your routine life. This is the first step in your spiritual advancement. The next which may also be considered as the first step is your forgetting the breath and hearing the sound of 'OHM'.

I have already told you that the world acts on sound waves. Sound is the water-sucker (main root) for the world. Life exhibit itself when the light rays of the Sun fall on the sound waves. I say you get good smell and take good breath from this sound, you go in search of flowers and things with good smell. That is not the good breath meant by me. Good breath comes from your thoughts, words and actions. When you are in a happy mood the bad smell there will not approach you; your state of breathing

will not accept any bad smell. When your thoughts and breath get depressed no good smell will reach you. By saying take a good breath I mean your thoughts and breath should be good. This is meditation.

When you have good thoughts even any small or big ailments in your body will not be felt by you. Disease will not approach a man who is happy and whose thoughts and breath are good. Disease approaches a man who is depressed in his spirits. What we call bad times and Satan comes to a man only due to his bad breath. When someone says his time is bad he runs to an astrologer or fortune-teller and consults him.

When this world changes from kali to Kalki Yuga the poisonous effects of the atom bombs will spread throughout the world. Man digs out all the treasures buried under the earth and draws out all the liquid wealth lying under the earth. At the end of Kali Yuga all the atoms in the atom bombs and the man made artificial things which have changed the natural state of the earth all combined together will react by the rays of the Sun and destroy the entire world in a second. These changes will not affect those who take good breath. The world comes back to its old Kalki state in which there will be water every where. All the Siddhas and Gnanis will come there and those men who take good breath as a result of their good deeds in their previous births will start flying in the air by the grace of the Goddess Sakthi.

26-4-79

Rules

By intelligence you can win over your fate. A man reaps as he sows. These old sayings apply to man's rules and regulations and ways of life. One whose motive is always bad has his bad thoughts circulating round him for ever. He plans to spoil others but spoils himself; it may not be immediate. When the soul leaves his body his bad thoughts follow the soul to the other world (astral world). There also it has the same thoughts and as per its desire the soul gets into a suitable body (takes rebirth)

through which it can fulfil its cravings. These thoughts circulate round his soul in all his future births. Such a man cannot be changed by any amount of advise and this is called his fate.

I have already told you while dealing with the various kinds of atoms how the various births differ in their grades. With bad thoughts a man is born as a worm, a worm in a worm, and then dies. That atoms will be circling around him always and no good advise will be accepted by him. He goes to 'Hell'. This is the place where people with bad thoughts and deeds go.

What is meant by fate? A man in this bad state can be won by a man with good thoughts. When a man with bad thoughts attacks another with good thoughts, if the latter prays to God to help him, He will look to it.

When a man with good thoughts and another with bad thoughts join together as partners and start a business the man with bad thoughts cheats the other who has good thoughts and puts the blame on him. Even if the good man goes to a court of law, the other man engages a big lawyer and wins the case by the influence of his wealth. We say a good straight forward man does not thrive in this world. Why is it so? This is only short lived. Still the thoughts of a good man and his deeds will be circling round him in his high state and if he holds up to the truth without losing hope and has belief in God he will reap the fruits of his action in his subsequent births. People do not still realise that truth will win in the end. The man who has sown evil thoughts, though he wins in this life, his bad thoughts will be circulating round him during his subsequent birth wherever he goes. That man goes to 'Hell'. Whereas the man with good thoughts and deeds goes to 'Heaven'. This is what is meant by "we can win over our fate by our intellect of wisdom".

We say fate works on a man and he dies. The body does not die on account of its fate. The length of a man's life is not decided by God. Life and death are not given by God. The Monads (individual life atoms) which took birth at the beginning of life go on taking innumerable births one after the other and they never die. After Kali is over and Kalki starts all the monads which

were in Kali take birth again on seeing the light of Kalki in different states. The same Monads go on circulating in the same world in their new states. The state of the world and that of the Monad only change. All things in this world never die but their states only change. At the beginning of the world all the Monads were alike and there was no difference between one and the other. When they started vibrating, that is taking their breath, their shapes change to worm, mosquito, then fish and then human bodies. In man's body with the changes in thought he takes seven births. The time he lives in man's body in seven births, is only very short compared with his whole life. From man he becomes an animal, from animal to a bird, then fish, mosquito, worm at the end of Kaliyuga. He will have the same state at the beginning of Kalki Yuga. To get out of this cycle you have to take to good breathing state and meditation.

To complete the fruits of taking birth does not mean the fruits of this birth only. The birth has started with the beginning of this world. I have told you that God is inside every one's heart. Birth and death is not given by Him; they are your making only. This is what is meant by the saying 'as he sows so will he reaps'. It is you that have taken this birth by the power of God who is inside you, and it is you who will lose it. Birth and death is not done by God; they are all inside you and controlled by your thoughts and breath.

28-4-79

The Quality of "Sakthi" The Goddess of Power

The quality of 'SAKTHI' the Goddess of power is of three kinds. They are creation, maintenance and destruction. She is air, water and light. It is she who create, maintains and destroys the entire Universe. Those who realise her state and shape are really gifted persons. The Sages and Rishis of yore by doing long penance and sacrifice have absorbed the power is of Sakthi. They did not do this for their benefit or for the benefit of their families. They did it to gain neither name nor fame. The grace that they got was to retain their state, kill their desires and increase their

Divine power not for their selfish interest. But the so called Mendicants or 'Swamys' of today are working to stabilise their name, earn money for the preachings they do and provide ways and means for their dependants to survive. When the 'Swamys' themselves of this Kali are like this what can we expect from the people of today? The man who earns wealth, name and fame is said to be a big man. One who looks at him will be jealous of him.

The Siddas of Yore got the powers of Sakthi in each and every atom of them. They had trained themselves in such a way that they did not make any difference between pleasure and pain good and bad and maintained each atom in their body in a steady state. From their state if they discharge a single atom of their's into any person he gets the benefits of the meditation, prayers etc. Then that person will not be affected by heavy rain or storm and will stand steady without hunger, thirst or any sensation. Their thoughts are merged in Sakthi the Goddess of power. They get their food from the atoms that are discharged from Her grace. The Siddas in that state preserving their bodies without decay remain in one state, make idols in stone or metals in shapes which indicate their characteristics and install them in temple for the benefit of the lay man. They remain there for ever with their bodies blessing all those who come there and worship those idols. The temples that we go today to worship at various places are those where the Sages and Siddas of olden days obtained the grace of Sakthi and are living even now with their bodies. But the so called 'Swamys' of today have built monasteries and to raise their prestige they have wasted what little grace they had obtained from God.

It is only the people of today who have spread rumour that people who build temples do not survive long and those who work in the construction of temples will be sacrificed. It is Konganavar (a Siddha) who built the famous temple at Tirupathi in Andhra Pradesh in India who still lives there with his body. He is worshipped as the God of the seven Hills and a huge crowd go there even to-day to get his blessings in the form of wealth. The earnings of the temple is also very great and he distributes the wealth to all those who come to him. But the people in this Kali Yuga have twisted

the truth, given different forms and written this as an epic, in a way that no one can understand the real truth. There are several hills like this namely Palani Hills, Parvatha Hills, Valli Hills, Annamalai Hills, Tiruchengodu Hills all in South India where Siddhas still live with their bodies in a meditative state and bless their devotees. It is with the help of temples that those Siddhas could remain in that state. Those who have come in this way are Agastiya, Brigu, Bogar, Kolama Rishi, Konganavar, Valmeeki, Jesus, Buddha, Muhammed Nabi, Adi Sankara and several others. There are several other Yogis and Rishis who have taken human bodies from the very beginning of this world and reached the state in which they still remain in temples taking their life breath from air, water and light blessing the people of this world in several ways. The greedy people of today have not realised this truth.

Do you understand now where God is ? Time is God; Air is God; Light is God; Rain is God; your mind is God; your breath is God; you are the God in yourself. He remains in your thought; you scold him at times as stone and ask if he has no eyes. Stone and mortar is not God but is inside you. You scold Him who is within you with your own words. It is not necessary for you to go any temple to worship God since He is already inside yourself. Temples have been built for those persons who do not realise this fact. They are meant just to remind them of the Almighty and draw their attention towards Him.

29-4-79

The sanctity of a temple and the importance of the place as a pilgrim centre lies in Divine persons living there with their bodies in the images kept there. Any person who comes to that place with a prayer or even if he thinks of the deity from his own place the Siddha there hears his prayers and gives his grace. Now do you realise who is God? Birth and death for a person come only from his own destiny. What is destiny? It is the sum total of all his actions in his previous births. It is by his breath that a man contracts a disease. His way of life and his breath sow the seeds of his disease. It is by his own thoughts, feelings and his breath

that he waters his disease which grows up. The very thought that he is having the disease changes his breath and that drives out a few of the good atoms that remain in his body and the entire body is filled with the sick atoms which spoil his body. It is at that stage that the spirit in his body gets disgusted, leaves the body and goes to the Astral World. There also the same thoughts are circulating round the soul and it takes another birth with the same thoughts and its position will be the same as before.

On the other hand the man who does not ponder over his illness but only prays to God to give him a better life with his mind engaged in living a better life takes a good breath as per his thoughts, gets a life as per his thoughts. It is thoughts that make a man. In this endless world with endless bodies, it is possible for man to acquire the power of 'Sakthi' (the Goddess of power), who controls the three worlds, in due course of time. It is possible for every man to avoid taking several births and experience the troubles in the Astral world and live for thousands of years like the endless world. In this state remain Bogar whom we worship as Muruga, Eswara Pattar whom we worship as Eswara, Konganavar who has come in the shape of Venkatachalapathi. There are several other Siddas and Gnaniis like this in the various parts of this world who are beyond your power of conception. Those who got their advice did not give out their real state and their entire teachings to the profane. They gave out only a few things and hid the secret of life. Some of the teachings have been altered to enable them to earn their living. They have hidden and altered the reality of the world itself.

They have made the common man to believe that meditation is a very difficult thing to be followed by a family man. They have laid such restrictions that the layman is afraid of it and thinks that it is possible only for those who leave their families and go into the forests. They have created a state wherein no one really understands where God is. They have planted the pupil tree on the banks of rivers and lakes, at the corners of streets and put the image of Vinayaka saying you go round this tree and worship the stone idol you will get God's grace. They have hidden the real truth from the laymen and made them believe that God is inside

the stone image. Some of the intelligent people started saying that there is no God as such. They have forgotten that God remains in their hearts. They have given two wives to Muruga, one black and the other white. This has led to people arguing when God himself has two wives why not I also have two wives and pray to God to give two wives. People have forgotten the qualities of Muruga and his grace. They have forgotten why such features have been given to him by Bogar. They have fabricated several stories and propagated their stories through dramas and religious discourses in every nook and corner of villages and towns and this has made such an imprint in the minds of the people of India that it has become very very difficult to wipe out these false notions which have formed in their minds from childhood onwards. People say this body decays. It is the physical body that decays and not the states in which it remained in the world. The world gets several states and goes on in regular cycles. The world never decays; only the states change. After several changes in its state the world comes back to its original state. It is only when the Sun sets for ever and its state changes that the world will be destroyed; all the Monads will also disappear. It is possible for every man to live with his body till the end of this world if he only learns about the state of his breathing and how to do it in the proper way.

2-5-79

There were several other Siddas who have seen the Reality, but those who had actually seen the Truth did not give it out and those who have expressed to the outside world did not see the Reality. The real fact is that there were in those days also as is at present people who make fun of them if they say that they have seen Sakthi or God who is formless. People could not realise the truth that was found out by Sages after long penance. They meditate only on the material forms of deities and have no conception of a God without any form.

Bogar remains in his state and blesses those who worship him in the form of Muruga. He gives solace to those who approach

him with a request and will be doing so till the end of this world. Konganavar grants wealth to the human body. He is the controller of wealth. His state and his ways of worship are to satisfy those who think that wealth is their main requirement.

3-5-79

Who is your beloved and respected Eswara Battar At the beginning, the world started in Kalki. All those who are now here including this Eswara Battar started their life at that time in the form of Monads. Those Monads were only in the form of spirit. That is they did not have any physical or material body. It is only in the next round of Kalki that these formless Monads got their form. The world at that time was mostly covered by water. There were no mountains or deep sea beds. There were of course small islands here and there. There were no plants and vegetation also on the surface of the earth. What I explain now is at the beginning of this cycle of the world. There has been several cycles like this previously with different states of the world. The world cycle starts with Kalki and ends with Kali as is going to happen shortly -- say in the course of the next twenty years. With this change one life cycle for the world will be over. This is similar to our one life consisting of childhood, youth, prime of life, old age and death. The world also goes on taking birth as Kalki and ending as Kali only to take another birth as Kalki.

When the Monad starts in the first cycle it is only pure spirit and does not have material or physical body. In the beginning of the subsequent Kalki the Monad gets a material form with a head as small as a mustard seed and a thread like tail with a total length of an inch or so. I have already told you that the world surface at that time consisted of mostly water. These creatures lived on the surface of water. These Monads (we may call them individual souls) take rebirth several times in different types of bodies but never die. When we crush an ant or any insect we say it is dead. It is the body of the insect that is dead or decays and not the soul. "Dust thou art to dust returnest was not spoken of the soul". There are several insects which appear suddenly and die in a few

days or hours. It is only their body which dies and their soul or Monad lives for ever.

The Monad in its first birth is with a small head and a tail like body measuring about an inch. When it takes its next life, it gets a bigger body. In a subsequent birth it gets a shape for its body and moves in the form of an insect with its head raised. In the next birth it gets the form of a fish. All life in those days lived in water and there was none with human form. In that form only they were male and female reproducing their kind. It is from this stage in several developments the souls have taken human bodies. This Eswara Batta is one of those who have passed through all these changes and risen to the exemplary state now. It is only from the breath that man takes animals are born. It is by his thoughts that man becomes an animal.

During Ramavathara I was Valmeeki. As I could not fulfil all my desires I took my next avathar in Krishnavathara. In that also I could not fulfil all my desires. I was born again as a King and also a mendicant. To impress upon the minds of the people I have told several stories. I had the privilege of getting into any body in any state. I have established several truths while being in the various bodies. I have taken birth in various bodies in different parts of this world. I have seen the minds of various peoples and the nature of their breaths. I have seen those who have committed several sins and also those who worship God in the proper way and those who criticise Him. Those who worships God and those who creticise him take the same type of breath. It is to change the minds of people that I have taken birth in this world from the very beginning in various forms and lastly as a mad man also. I have chosen a disciple also (Sri Venugopala Swamy) and through him I preach several things to the profane. Now you know who I am.

4-5-79

Desireless Life

When we say desireless life, people in general, including those who wear saffron coloured clothes and move about with a begging vessel in their hands, think that it means you should leave your

family life, forget your wife, children, house, property, wealth etc. and go away with a heavy heart, leading a lazy life. Such people do not lead a desireless life. They only go away from the family afraid of and unable to bear the family burden which they are bound to take once they take birth in the world. With out realising their real state, afraid to face the difficulties that are to be encountered in the family life, they go out of it with a broken heart. The man who plants the seeds, waters them, make them grow into big trees which flower, yield good fruits which he eats, will relish the real taste of the fruit. Similarly only when a man after passing his childhood, and youth realises his position, earns money, and maintains his family will really enjoy his family life. Most of the 'Swamies' of today are those who have left their families being unable to take the family responsibility and maintain their families.

Do not say that we should not have desire for wealth. You cannot live in this world without money. Our elders have given the first place in our prayer for mother, the second for father, third for Guru or master and then only as a fourth comes the family deity. Hence the importance for the family. One of the best things that we relish is the talk of the children when they just learn to speak. No family can prosper without a house-wife. Then, what is meant by a life without desires? You should not forget yourself at the first sight of anything; that is, your state should be steady. You should not think if your deed is going to be good or bad; should not breed several desires within yourself but lead a careful life. This is the life without desires. To live, a man requires a house, food, dress, wife, children and all these are to be acquired by working and earning money.

Who can live without desires? This is possible only for those who are righteous, true, without greed and lead a contented life without getting depressed and satisfied with what God has given them. They will realise the pleasures of worldly life having their thoughts concentrated on how to utilise in the best way the human life got after so many births. It is possible for such persons only to lead a desireless life. When we say desireless, people only think of family affections. How can the family

affinity leave you? If it is not there, there will not be any mother, father or children and even any clothes to wear. With love and affection do your worship and see Him in anything and everywhere? You can live in this world forever. Now do you understand what is life without desires?

What are your states at breathing and meditation? Both are the same. They are your breath when you sit for meditation and puja; they are your thoughts at that time. Your life consists of your thoughts only. Your breath is mixed with your thoughts. You think that it is only your talk that vibrates in the air. Your thoughts also are exhibited in your breath. All your thoughts, speech and actions from your very birth are circulating around you. You think of any important incident in your childhood and that will be before your mind immediately. It is not only the thoughts during this life that is circling round you, but all your thoughts and the breath you have taken from the time your 'Jee vathma' or Monad started its life along with this world are also circling round you. It is with the help of the breath of all such Monads that the world is rotating.

5-5-79

There are several types of Swamies with different ideals through out the world with the aim of getting the grace of God. Their ways are to pray at the feet of God and by doing so they think they themselves become God. They get name, fame and wealth in different ways. They preach various ways to worship God and make them follow those methods. What is their real state? These Swamies do not give out the real state of things that exist there. These Swamies meditate on some low class spirits, give them the type of food they require and make them appear before them in their astral form. Being satisfied with the food served to them they agree to do the petty tasks entrusted to them, such as shifting objects from place to place, getting the information that they want and furnish the details. It is with the help of such spirits that they tell the states of the people who come to them and earn money. These spirits can tell only about past deeds but cannot foretell the future. No astrologer or fortune teller or

Swami can foretell the future. But the past can be given in all details with the help of these spirits.

We see in several temples persons being influenced by such spirits jumping and dancing and telling several things. These are the work of such petty spirits only. Divine spirits when entering the body of some devotee will give out certain things to be done for the benefit of humanity but will be in a calm state. We mostly find that these petty spirits or devils are influencing the people in this world. Even administrators take the help of these petty spirits by worshipping them and giving them the type of food they want.

6-5-79

A Fruit with Life

The common juicy lime fruit which we use in our food preparations is a fruit with life. It has got the capacity of absorbing the power of thought. This fruit is used for puja also and is given as a token of good will. The common Swamies chant some mantras and give this fruit to people. What is the quality of this fruit? This is a fruit with divine absorbing power. When you keep the fruit in your hand, it absorbs your breath. After smelling that fruit you can know the state of your mind at that time. You keep that fruit in your hand, be in a happy state and think of any action that you want to perform. It absorbs that power of your thought and makes you succeed, in performing the said act.

Get a good lime fruit, keep it in your hand, pray God showing lighted camphor and think of any act you want to do with the help of the spirits in higher planes. The fruit has the power to draw those spirits there just like a magnet that attracts iron. Then you will get the help of those spirits in completing your task successfully. The common Swamis do all their miracles with the help of this fruit. It is a fruit that breathes. By keeping it in your hand it can attract any of the breaths in this world and tell you its state.

In India it is a traditional custom to tie a lime fruit above the main entrance of the house. People do it as a custom without

understanding the real significance behind it. As this fruit has the property of attracting thought waves, if any one enters the house with bad thoughts the man will be deprived of those thoughts. A person having such bad thoughts is said to have an evil eye and whatever he looks at will not flourish. It is the bad thoughts of the person that affects the vision.

No other fruit in this world has this unique property. It is with the help of this fruit that many Swamis carry on their trade. The 'thilak' mark which Hindu women wear on their forehead is with the juice of the fruit mixed with saffron powder and treated in a particular way burying it underground. This mixture has the property of absorbing evil spirits. If any one approaches a lady wearing this mark on her forehead with bad motive their thoughts will be absorbed by this mark.

7-5-79

When a person is under the influence of another spirit, the other spirit which does not have a material body gets into this body to express its wishes or thoughts. At such times if we burn incense, raise good smell and raise the voice 'OHM' the spirit relishes it and gives out all that are in its thoughts. The method is followed by several common Swamis in the name of God to get the confidence of the layman. If a devotee's spirit enters a person he or she says that it is God that is speaking.

8-5-79

One of the Swamis of this type says that he is God himself. He does not actually know who God is. He thinks that the black magic done by him is done by God. By prolonging this type of puja it will be possible to know the minds of persons who come there and their past also. It is under the same principle that some fortune tellers, priests in temples of lower deities and those who see things by applying a kind of black paste on the thumb do their work. It is only those spirits that have departed with some belief in God and His grace, do such work on this earth.

All the souls do not take a rebirth as soon as they leave the present body. It is only one in a lakh or so that take rebirth immediately. Hurriedly taking a rebirth leads to undeveloped and disabled limbs. Not having completed their work in their previous birth and not realising the same while in the Astral or Spirit world they are born in a hurry. The souls that are in a good state and remain in the Astral world for sufficient time take rebirth in places suitable to them.

I have already told you how children are born in places suitable to them. They will know about their previous births so long as they are in the Astral world. They will also know where they are going to be born in their next life. But they will not know how their life is going to be there. As soon as a soul takes birth in this world it will forget all about the Astral world and its previous life. This is done wantonly by God. Man has known about birth, death and the Astral world. But he cannot know about the powers of God and worships him in different ways. Those sages who had known about His powers have not divulged these secrets to the lay men.

If the sages who know about the powers of God had taught them to the people, the people of this Kali Yuga would have utilised them to earn money for their living. That is the reason why the sages had surrendered themselves and their bodies to that Sakthi the Goddess of power, and obtained Her grace and remained in a state like that of 'Bogar'. Through meditation you have to draw the power from God. The Devine light does not come through your eyes. The life atom, monad, lies in the forehead between the eyelids. During dream you see so many things with your eyes closed. How does a cat catch a rat in utter darkness? A rat sees a cat and runs away. How does the dog, jackal, snake etc. see in darkness? You think that you see only by Sun's light. How were the Sages able to see every thing sitting in one place Every persan is endowed with all these powers by the grace of God. If a man knows his own real state, he needs no eyes, no food and can get everything by the power of God that lies within him.

There is one Swami called Bala Yogi in Andhra, Pradesh in India. He remains always inside a room the only door of the room being locked from outside. The door is opened only on a particular day once in a year; he comes out so that people can see him. He remains without food or water. He is one of the above type. He exhibits the powers acquired from God in his own way. Similar in the ways of Bogar, Konganar, Agastiyar, Aiyappa and several other sages.

Gandhi had scattered for the benefits of the common man the powers that he had acquired from God. If he had retained these powers that he had acquired for some more time and proceeded in the same path without scattering it, the bullet fired at him could not have pierced his body. His soul departed with a great fear. He is now neither in the Astral world nor in the mental world but roaming about without taking any rebirth. He is still in the search of a suitable body to enter into a rebirth. His affinity for this soil is still there. During his life time he had left some works incomplete and it is to complete those works that he is still roaming about in this way.

I have told you about the common Swamis, those that have acquired the grace of God, those that shout and dance by the influence of some spirits that get into them, and some who do not know who is inside them that make them do so and think that it is God who acts through them. There are certain others who are mad after their caste build monasteries for the sake of their caste people, raise sacrificial fires, repeat several mantras without knowing their own state and waste the time and life of people.

Now do you understand who is God: What are the states of the various types of Swamies? What is the significance of the temples: Who are the Sages? You worship yourself, that is, the devinity that lies within you and acquire the grace of God.

10-5-79

The State of a Man

What is meant by your State? When you are in your real state the thought or words of another man should not affect you.

A man may come and praise you or he may scold you. When he praises, you should not get elated. When he scolds, you should not get depressed. The action of another man should not create any effect upon your mind. Whatever may happen, you should be steady in your mind. If you get angry when a man scolds you, that shows that you forget your state and react. In a man's family life there will be good and bad things mixed. The man who gets happy when good things happen and feels dejected when anything bad happens lives forgetting his real state.

It is extreme happiness and anger that are the enemies to the state of breathing. In the life of man affection, love, duty and activity are all necessary. But if a person thinks of his difficulties and gets confused and depressed, his breath in that state is affected, which leads to worries and ill-health affecting his business, and every act that he under-takes will be found to be difficult. The bad breath that he takes affects the state of his family, his household and all those connected with him. Then he thinks that his time is bad, consults some astrologer or fortune teller, does so many things to ward off the evil. He prays to God saying that the other man is happy, what sin have I done to suffer like this. For this state what God can do? When he is happy he gets everything and says God given all those things to him. Is it God who has given him all those things? He says his time is good. All times are the same. Good and bad times come only from his thoughts and the breath that he takes; good and bad times will not approach a man who is steady in his own state.

Sickness approaches those who are sad as well as those who are happy. When a person is sick they say it is his fate. It is from his thoughts that a man gets his fate or his sickness. His life and his fate are controlled by his breath. It is not God that controls a man's life and his fate but it is only the breath that he takes that controls everything in his life.

You might have seen many Swamies who have become so, being disgusted with their family life. They sit and meditate for days together chanting mantras and counting the beads of the garland held in their hands saying that they are going to see God. To meditate on God is it necessary to count the beads and repeat

His name one lakh or one crore times? While doing this if there be any disturbance he gets angry and his mood and breath that he takes changes at once. In such a state how will it be possible for him to get the grace of God? He forgets that God is already inside him and goes on doing some rites and wasting his time. Will God be visible only to him? Who knows about His powers? By worshipping yourself and remaining steady in your own state you can see the power of God who is within you. This is what is meant by a King can become a slave and a slave can become a King". All come only from their thoughts.

12-5-79

Today let us examine the state of the atmosphere round this world. I have told you that sound, light and water are necessary for the functioning of this world. There is another quality that is also necessary for this. For the existence of the world the light rays that come from the Sun are attracted by the earth and it is by this attraction that the world rotates.

Scientists have said that there are nine planets that are circling round the Sun like the Earth. If so, is there life in those planets also just as those that exist in this earth? Are there men like us in those planets? No other planet except this earth contain men like us. In the state that exists in other planets no life can survive there.

The special advantage for this earth is that it has the Sun on one side and the moon on the other side like father and mother and it plays as a child does with its parents. When this world goes round the Sun it gets the attraction of the moon and its light also. Just like the earth rotating about its axis the moon also rotates about its axis and also goes round the earth whereas the sun remains in one state. When the earth rotates on its axis we get day and night. For the part of the earth which gets the Sun's rays it is day and for that part which does not get the Sun's rays it is night. There is no change in this. But we see the moon as full moon on one day only in a month. Then it goes on decreasing

in its size and disappears completely. Then it starts to appear and increases in size becoming fullmoon.

The Moon rotates faster than the earth. When it goes on the other side of the earth we see changes in its state. If there be only Sun light, can life survive in this world? All living beings in this world draw their breaths both from the Sun and the Moon.

When we see from this world we see only the Sun, the Moon and several lakhs of stars. Are we able to see the other planets mentioned by science namely, Jupiter, Mercury, Saturn, Mars, the Moon's ascending Node and the Dragon's descending Node and Venus? Every planet has its own state. Opposite to our earth is the Moon. Similarly Mars is opposite to the Moon. The Sun has the same relation with all the planets.

The power of each and every planet is different. Though the power from the Sun is distributed equally to all the planets, with the influence of the planets opposite to each of them the net resultant state of each planet differs. The Moon has the earth opposite to it. Since the Moon gets its power both from the sun and the earth there is life on the surface of the Moon. But those beings are in a rolling state.

We see the image of several sages in the full moon. Since the rays of the moon fall on this earth opposite to it, the Sages who are in the Moon discharge their good wishes and smells to the earth for the benefit of the humanity in this world. Those atoms discharged by the Sages are a treasure to the people of this world. If there is only Sun's rays falling on this earth, life cannot survive on this earth as is the case in other planets. If there was only Sun's rays falling on this earth the earth would have cracked into pieces. If only the Moon's rays fall on this earth without the Sun's rays in that case also the earth could not survive. That is why I said that the Sun and the Moon are like father and mother to this earth.

16-5-79

In prayer assemblies there are thousands of people, some offering their prayers to Jesus, some others to Buddha some to

Mahommed Nabi etc. They are in different states, of mind, some praying for good health, some for wealth and so on. How does God bless all these persons at the same time? At the hill temple Palani in South India several devotees come with their offerings in different ways and kinds.

The Rishis with the power they have obtained from the Sun in the form of light, absorb all the thought waves of the people and discharge to each of them the grace or God which directly reach their life atom. Now by God I mean the several thousands of Rishis who are in my state. People do not understand who God is. For those who do not know who they are, if they only realise that there is one called God they will have fear and act in a sincere and righteous way. This fear is only in the minds of some people. With the idea that all the people of this world will realise this fact in course of time, the Rishis and Gnanies in the mental world (that is the world two stages above ours) do penance, absorb the powers of God in them and from their state do good for the benefit of the people of this world.

The grace which Buddha, Jesus, Mahamad Nabi, Bogar, Aiyappa, Konganar etc. have obtained from God can also be obtained by every human being born in this world. Do not think why you should get all these powers and the state. You should avoid getting again into the life cycle, take several births and go on rotating from Kalki to Kali and repeat in the same cycle for ever. You have known the reason for getting further births. This lesson is very important. Think that this is your last body, realise God who is inside you and avoid that state which gives you another body. Before the end of this. Kali Yuga, you try to establish your real state, get the grace of God and enter the mental world. Then you will not be born in the coming Kalki Yuga and take several births till the end of the next Kali Yuga. While in the mental world you can take the body you like. After completing the works to be done with that body, you can take any other body as you like. It will not be necessary to be born as a child and grow up. Do not think that it is a lazy life. From that state you can teach people of this world and guide them in the proper way.

I again tell you this is the last human body for you in this Kali Yuga. If you change your state from the present one, you will not get the next human body. You will be born only in an animal body. This is the last chance given to you with human body to rise up to that exalted state. Do not think I am frightening you. This is a very big secret that I have divulged to you now.

18-5-79

Is God only graceful? I have told you that He is everywhere. In what state is He? He is mixed with light air and water. Why does He not give these things uniformly everywhere? Why is there heavy rain in one place with thunder lightning and ' storms; some places are very hot while some others are cool? Why so much change?

The form of Muruga is charming, merciful and those who worship Him get that graceful state in their hearts, take similar breath and have such thoughts. What is the state of the Goddess Kali at Calcutta? The state of Muruga at Palani is like a cool breeze while that of Kali at Calcutta is like a storm. Both have got their grace from God. Kali gives her grace with her ghastey state. She absorbs the thunder, lightning and earth-quake. She was a woman who got the grace of God after severe penance.

The state of that Kali is a very ferocious one who burns treachery and cheating. She is blood thirsty and interested in bestowing Her grace on good people. For those who commit mistakes She is like a volcano and an earth-quake. She is still living in a cave under the temple at Calcutta. There is an underground passage from the bottom of the idol to the river near by. She captures some of the people who come there, suck their blood, release their spirits in the air and throw the dead bodies in the river there. In her state to satisfy Her hunger this is going on even today. If one vows to give Her anything as sacrifice she would get it done in some way or other. She will burn those who try to deceive Her. From Her state she controls the entire Universe.

In Her state She remains in the tongue of the idol and sways the entire world. For the good people who have belief in Her

and trust Her, She will redress their grievances. She will rise up as a volcano even at small mistakes. In Her state and the grace that She has got there is no tendency to forgive mistakes. Still She remains there as Kali of Calcutta.

Bogar has a forgiving tendency. If anyone thinks of Him there will be calmness in his heart and he can sing songs on Muruga. See how different persons have got their grace from God as per their states of mind. Now you understand the cause for earthquakes and volcanos, storms which sweep away several men, children and property. We say why these young children have been washed away like this; what sin have they done? It is on account of their sins and in complete deeds in their previous lives that they have taken this life.

It is from that sinful state that those children die and they do so because it is their last birth. In their next birth they will not have human bodies. They will be born only as animals. Even if they escape in this birth, in their next birth their sins will follow them. This is the quality of Nature. An entire village is destroyed. You may ask are all the people in that village sinners? They are born in that village as a result of their acts in their previous births. That is why they die in storms and floods. Still there are some persons who escape from death from those adverse circumstances. That is on account of their good deeds in their past lives.

It is from the thoughts that they had as human beings that they have risen to the present exalted state. But still they are of various types as per the breath they took when they were men. Hence is the difference we find in the states of Bogar and Kali of Calcutta and several other Sages of various types.

19-5-79

Belief

If a man realises what belief is, then that belief itself is his God. There is no life without belief. Those who have no belief will be in a confused state. It is the source of all difficulties and losses. They say God will not abandon those who have belief in Him. Who is that God? It is only belief in himself that is God.

21-5-79

The grace that you get from meditation is due to the belief you have got on God. You pray to God who is in the idols whose forms to represent the six qualities have been given by the Sages. You think of something in your heart and pray before the idols. The Sages who have the grace of God know what you want. They create such circumstances that you can succeed in your thoughts and actions. They act from the mental world (the world that is two stages above us). In that state you get their full grace. When you do nay work or start on any errand you pray to God first and then proceed . God will help you in your work if you really have full belief in Him.

The common man thinks why we should become 'Siddas' and 'Gnanis'. It is to guide such man in this world that they have risen to that state by their meditation. They stay in the mental world and from there they guide and help the profane who have belief in them and seek their help.

23-5-79

Rishis State

The state of the Rishis cannot be enumerated in the lessons of a day or two. Those who have attained that exalted state come in various forms, bodies and idols in temples and extend their grace to those who have belief on God and rely on Him. People without understanding the real meaning and mistaking it spoil their minds and health. When you enter a temple you find the smell of a temple, that is a peculiar smell, a smell of various herbs which you cannot identify clearly. From where does that smell come From?

A number of devotees joint together and shout the various names of the deities as they enter a temple. The Rishis of yore who built these temples are still there with their bodies. It is these Rishis who with the grace of God draw these smells from 'Sakthi' and deliver to the devotees. The power and grace of Siddas and Rishis is far beyond the conception of human mind. Without their grace the world would have gone to dogs. The Rishis and Gnanies at present are doing rigid penance with a desire to lead

the people into Kalki Yuga from this Kali Yuga. The beginning of Kalki can be seen by the increase in the belief of God now-a-days.

We cannot imagine about the state of people of Kali Yuga. Their state is desire, greed, avarice in which no man can exist by himself. You have to go with the mass but always be meditating on God. I am telling you all these not only with the idea that you might know all their states but also that you might rise up to the state of the Siddha, Gnani and Rishi with my grace.

Do not lose heart when you encounter with any difficulty in your path. It is when you overcome the difficulty and proceed further that you would get the grace of God. Do not say "those who lead deceitful life, prosper, why do you give me all these troubles". It is only those who lead a truthful life who will be put to several trials. It is only when you pass in those tests without losing heart that you can attain higher states.

When you go to a church or temple and pray to God, He will not come and shower His grace on you at the first call. If you want food you have to plough the land, sow the seeds, water them and after they grow you have to reap them, clean, cook and then only you can eat your food, This I give you only as a small example. Nothing comes without taking pains. To get the grace of God you will have to pass several tests, come to a steady state and see Him in you. Do not consider the obstacles as such but win over them with belief in God. If you pray to God for food he will not come and drop it in your mouth. The profane who do not understand all these put the blame on God. Do you now understand who is God?

Every man can become a deity; all depend upon their thoughts and the breath they take. To become a deity or to allow the body to rot drowned in depression depend on the thoughts of the man. It is by knowing this that the Siddhas and Gnanies have risen to their states. A man who is poor is always brooding over his poverty and that keeps him in that condition. Similar is the state of a rich man also. Rich or poor comes only from their thoughts. These do not come by birth or as per their astrological conditions at their birth. All persons live as per their thoughts in this Kali Yuga.

I have been telling you from the very beginning that everything comes from our own thoughts. We take our breath as per our thoughts and grievances left unfulfilled in our previous birth. From the Astral world we take our breath as per our state and are born in this world in suitable places. We are now born reaping the fruits of our previous birth. Even if there be a small discontentment we are again born in a suitable place to complete the left out desires. A mosquito is always moving about in a place where its food lies. Similarly people also are born in suitable places to fulfil their desires. A prince is born to a King as per the desires of the prince. The huge wealth acquired by the King is spent by the prince during his life-time. There are some born in poor families, who unmindful of the poor state of the family, are bent upon acquiring wealth and earn a huge wealth as per their desires. A child that thinks it can rise up to a high state does so by its own thoughts.

The children that rise to a high state from their poor condition at birth is due to the effects of their previous births. It is only then that their thoughts rise up. You may think why not they take birth directly in a rich family. Here lies the power of the Goddess 'Sakthi'. I have told you that the next birth of a soul or Jeevathma depends upon its desires at the time of its death. That desire is in various kinds; not only wealth but also their affection, friendship and enmity. It is born in a poor family with its thoughts that it can raise the state of that family. But as soon as the child is born on this earth it forgets all about its previous states. Here lies the power of 'Sakthi'. It is to get that power that the various Siddhas are trying by doing penance. Still no one has obtained all the powers of the Goddess 'Sakthi'. All the Siddhas and Rishis are still meditating to get the full powers. You have now got only a very small fraction of the same. You remain still confused in your family state and have not realised the state of this world. Increase your power of meditation and I will ead you in the path so that you also can reach the state in which I am.

25-5-79

A magician chants manthras to attract the spirits that are roaming about and bring them under his control not realising the power of Eswara that lies already within him. He goes to the burial ground in the night and by offering suitable food to the spirits, lures some of them and with their help he gets information about some of the houses and families in that street. He does not know what he says as it is the spirit in his control that speaks through him. To those who have got the grace of God, such words as given by the spirits will have no effect. So there is no use in chanting manthras which attract and lure the spirits that are wandering in the nights at the grave-yard.

26-5-79

Yesterday I told you about the fortune teller who goes about in the streets at midnight telling about things that happen in certain families. The state of the black magicians are also the same. They burn incense keep different kinds of food including those of some living beings and repeat some manthras. They attract the evil spirits like those who had a premature death by accident, murder, suicide etc. lured by the food offered to them. The spirit tells him where its skull is lying. He brings that skull and keeps it with him so that the spirit co-operates with him to a greater extent. He will keep the skull and other bone parts with him, but they will not be visible to others.

Persons with a broken heart and depressed mind go to such black magicians taking them to be god-men. He stretches his empty hand and gives them holy ash, flowers, fruits and other articles. This strengthen their belief in him. They take the articles given by him thinking them to be holy and keep them in their houses. In the beginning they will feel that some good is being done to them. But actually the influence of the black magician make the atoms in his state to go round the victim and make his atoms to yield to the wishes of the magician.

Man is a representation of God. It is a privilage to be born as a human being. But he does not know about the power that

lies hidden within him and goes to a black magician and surrenders his body to the evil spirits under his control.

27-5-79

My to-day's lesson will be about Swamies who have got the grace of God and go in the right path. The general opinion of the people about these Swamies is that they are hypocrites, cheats, black-magicians who deceive the lay men by pretending to be holy. They preach religion, teach several methods to pray God, repeat several manthras, prescribe several strict rules to be followed in the worship of God and created a fear in the minds of the people about God. They make sacrificial fires, put in it gold, cloth and several articles repeat manthras in a language which is not understood by the common man. They make eight persons sit round the fire in eight directions and chant these manthras at the same time. Will God come there only after hearing these manthras that are repeated by men who are paid for it and shower his blessing on the person who pays for all these?

Are these people the ambassadors of God? If a man spends a huge amount and does such sacrifices paying them for the work that they do and then pray to God will all the sins that he has committed be washed out and his thoughts changed and he will get the grace of God? Most of such Swamies cheat the people and want to spread their name and fame. Will the sins of a person be erased by doing puja? Most of the people do such pujas for prestige and pray to God to help them in retaining the wealth that they have acquired.

There are some Swamies even now who are trying to lead man in the proper way by doing many kinds of pujas in the names of several Goddesses. They burn insense raise huge smokes and make ways for them and those who approach them to prosper. If we raise smoke having good smell by burning insense a good state is developed whereby every one there is benefited. No broker is necessary for praying God. Each man can get His grace according to his state and everything lies in the thought and the breath of the individual.

In my first lesson I have told you the idea lying behind, in keeping eatables during puja. I will now explain further about it. I have already told you who is God. It is the various sages who have got the names of God who come there and absorb the sweet smells of our offerings and in their turn they give us sweet smells in our breath. It is only those sages who can absorb the sweet smells that are in the atmosphere.

In some temples we find goats, fowl etc. being cut and the food prepared from their flesh is offered to the deities. In that state there are several spirits of the lower order who have obtained the grace of God in their state. The Sages and Rishis have also got some power from God at their level and their state of breathing. They get the type of food they require and bless those who offer them what they want. The small deities come where food to their taste is offered which fits their state of breath and bless the people at that level. In some other places Christians and Mohamodans smear their bodies with perfumes to suit their taste of breathing while going to their places of worship. Jesus and Allah come to their respective places and bless their devotees. Those who get good smell in their breath get the grace of God. The grace of God comes through the breath and goes to the Jeevathma or Individual Soul and controls the life of the person. The root of a person lies in his breath. If a person with a confused and depressed mind keeps flowers with good smell and prays to God he will find a change in his state. The state of breathing controls the entire world.

Man has been given five external senses by God. They are eye-sights, taste of the tongue, smelling, hearing and thinking. If he finds that he has secured the grace of God he should not get perturbed and jump in his thoughts. He should be steady in mind and try to utilise his powers in a good way. The same applies to the other senses also. It is only human beings who are endowed with this capacity to control the senses. Animals do not have this ability.

Man who is endowed with the power of controlling his senses does not do so but thinks that he can enjoy all the worldly pleasures

so long as he lives and with greediness lets and misuses the senses given by God.

Every animal has been given by God a provision to search for its food and protect itself from its enemies. Man who has been given six senses tries to cheat others. He utilises black magic to destroy his race with the help of his own race. He does not realise that the harm he intends to do to others reacts on him. The life that a man leads, thinking always about others, is not a good life. You may say that the one who is thinking always of himself is a selfish man. What I mean is, you realise yourself get the grace of God, you work for your own good and let others be benefited by you. Do not be worried if others talk ill of you or be eager to get their praise, but rely on yourself. Such a life is a happy one. We do not live for the sake of others. We should not be affected by the praise of others or the scolding of others. Having malicious feeling about others or praising others does not constitute a good life. A man's mind is always boiling. You should be calm and have control over your senses.

In this world's state how is the interior? There is air inside the earth, but what is the state of that air? When you dig the earth the heat inside is more. When the Sun's strike on the earth the heat in the rays decrease. The earth absorbs heat from the Sun mixed with the air. It is with the heat mixed with the air that the earth revolves. This is just like a steam engine running with the heat power in the steam. The power of "Sakthi" is not only in man. It lies in all the creations on this earth. All of us who have the privilege of getting human body cannot find out the power of "Sakthi" but should only praise and worship her.

1-6-79

Sri Arabindo has given the first place to wealth and then explained his teachings to us in various states. The wealth that I had referred to in my previous lessons as prestige is quite different from the wealth that I refer to now. I have already told you that I am not an enemy of wealth. Konganava also gives lessons to get wealth even to this day. All the persons who are blessed with wealth should feel that Konganavar, the Lord of wealth has given

them the wealth. You are only a guardian for the wealth. The one who keeps carefully the wealth given to him and spends the same in a good way will get more and more. The guardian of the wealth should not waste the money in all ways but spend the same only for good purposes. The wealth belongs to him only so long as it is in his hands. It is for his hard work and his desires that he is made a care-taker and the wealth entrusted to him. If he increases the wealth entrusted to him and uses the same to help the poor thinking that it is not his wealth, but only entrusted to him by God then he will always have His blessings.

When people think of Balaji or Venkateswara, their thoughts will be on wealth. He gives as per the wishes of His devotees. That wealth does not stay with avaricious people and those with ill will. It stays only with those who utilise it for good purposes. It is when they get this wealth that the minds of people change and all sorts of desires creep up in their minds in the present state of the world. We should live with wealth but not become a slave of it. We are only care-takers of the wealth entrusted to us by the Goddess of wealth.

2-6-79

I have so far given you several lessons to enable you at the end of this Kali Yuga to enter into Kalki Yuga. This does not mean that only those who come up in their meditation and reap its fruits will go into Kalki Yuga. People born in this world who do not know about meditation but get the grace of God by their good thoughts and actions and live a God-fearing life without arrogance knowing of what use they are to this world, also enter into Kalki Yuga. Those who do not realise their real state and go through several troubles and find out or invent new findings for the benefit of humanity think that they have made those discoveries by their effort. It is not true. When they think of God and use their intelligence, some other soul from the mental world that has left its work incomplete while in this world enters into this person's body and completes the work. If this person thinks that he is doing all these by the grace of the Almighty the Siddhas come to his help and he succeeds in his work. If on the other hand he feels

arrogant, thinks that he has done it by his own intelligence he does not succeed in his attempt.

You might have seen some good songsters and medical men. From where do they get their talents? Several people who have departed from this world do not take a rebirth. Whatever talent they had while living in this world, they come from the mental world and exhibit through some of the god-fearing and pious people who live in this world now. Those who have obtained such grace from the people in the mental world, once they get proud and think that it is with their talent that they are shining, the help they are getting from the persons in the mental world will cease. Now you realise that it is not only those who attain perfection in their meditation who go to the mental world and take no more birth in this world. Those who realise while living in this world, who they really are and what is the purpose of taking birth in this world also go to the mental world.

When your breathing and meditative states coincide you can realise the various states in this world and that of the several Siddhas and other planets also. Then it is not only your soul that will be immortal but also your body. You can be working for the welfare of the people of this world for ever.

4-6-79

The state of good people with good thoughts is that they get the grace of God from their breath itself. The power of their meditation is soaked in their look, their thoughts and their speech so that no bad thoughts or words can approach them. Since they have got the grace of Goddess 'Sakthi', Her blessings will be granted through such persons.

Still the people have not realised who God is. They think that they can get redress to their grievances and think of Him only when they are in difficulties.

The figures of the deities have been made in such a way that each deity represents one of the qualities in man. For example when we see the idol Lakshmi we think of wealth; when we see

Saraswathi we think of learning; when we think of Parasakthi we think of valour. People go to temples to get solace, to get rid of their difficulties and wishing for wealth. There are very few who go to the temple wishing for good capacity for work, or praying for divine thoughts or that they should lead a righteous life. They pray saying if God redresses their grievances they will give Him in their turn an amount as gift to the temple or break several cocoanuts. Temples have become places for the rich people to exhibit their wealth and position in this world.

6-6-79

The present scientific world

As years pass the knowledge of man increases and the present scientists have brought many new things to the knowledge of the world. In this Kali Yuga as the knowledge of man increases due to several invasions, men have been made to lead a lazy life without using their brains.

In olden days those Siddas and Gnanies found out the treasures that lie buried deep in the earth and told people about the advantage in wearing gold and diamond on their bodies. They have also told about the advantage of cooking food in earthen vessels. These are truths that still hold good. I have already told you how the treasures inside the earth are being formed by the rays of the Sun and Moon. They have explained to the people the real truth and the advantage in wearing gold, diamond, emerald and several other precious stones with different colours. The states of these precious stones remain still the same. But the people of today are having them as wealth and exhibiting their position without realising their real merits. This is the reason why the Siddas have hidden several truths from the lay men of Kaliyuga. They have not revealed the use of several herbs that they knew.

10-6-79

The effects of the various herbs, that is the atoms in those herbs, carried by the air come to us through our breath. When

we are sick and we pray to God for relief, the concerned Siddha feeds the atoms of the required herb to us through our breath. Several Siddhas who are invisible to our normal sight and keep many secrets hidden with them provides relief in some way or other to those who think of them longing for relief. The state of several Siddhas is such, that they are guiding people in some way without revealing the secrets that lie hidden behind. Some of them are moving about in this world with their bodies while some others remain in samadi state in caves preserving their bodies. Just as we are living as families in this world, the Siddhas, Gnanies and Rishis jointly live in some other world helping and guiding the people of this world. It is from there that they are able to do so many things to the human beings in this world. The Siddhas of those days have built temples and made people believe that God remains in those temples with the idea of concentrating their thoughts. Though men do several mistakes, they have got a mind to pray to God to forgive them for the mistakes that they have done.

11-6-79

Every man wants to be born as a human being, grow up and live with all conveniences happily. He gets greedy as he grows up. This greediness is the cause for all the difficulties and diseases that he gets. He gets everything from his thoughts. He feels that he and his family should live comfortably without diseases and his descendants should lead a happy life. With this idea he works very hard, earns money and leaves it for his descendants to enjoy.

He does not realise that he is not his body only but has a soul also for the welfare of which he has to do something. If he meditates and gets the grace of God to his soul, it will attain a higher state when it leaves the body and goes to the other world. When we are with this body we should obtain that state. It is our thoughts, words and actions that enable our soul to acquire the meditative state. No bad thoughts or spirits can approach a man when he is steady in his own thought which will not give room for such things. Depressed atoms will approach a man who is depressed in his mind and good atoms only will approach a man good at heart.

In whatever state a man is, atoms in that state only will come to him; birds of the feather flock together. With a human body whatever we eat, dress and do vanish then and there. We have to raise the state of our soul which remains for ever. When we are with a body the soul should be kept pure. We should realise that God is in our soul. The soul never dies and so we should try to raise the state of our soul in this life.

12-6-79

The people of today are not plain spoken. They like to be praised by others and live for others. Whatever we may eat, our body takes only that portion which is good for it and rejects the rest of it. When our body is provided with this ability by God we should give our soul a greater ability. There are around us people with good thoughts as well as bad thoughts; in us there are millions of atoms of various qualities. We should not be influenced by bad atoms and bad thought-waves. Our breath should take only good things and reject the bad ones.

People who live for others, that is those who do things to get the praise of others or those who criticise or praise others forget their own soul. Today even those who do some good to the people do so for the praise of others. Such actions do not do any good to the soul. The time is such that if you want to feed hungry men who have no means of earning their food, others try to cheat and fool you. Even good people are not allowed to live as good men. To lead a successful life in the present world is itself a treasure for the soul.

15-6-79

The treasure to be acquired for the soul in the present world

All that lives today have started their life as Monad or Individual Souls at the beginning of the world. The ant, worm insect, animal, bird, tree, plant, man, elephant, whale, all are the sparks that have come out of the Divine Light long long ago. All the individual souls or Jeevathmas are parts of God. If people realise

this truth they will not be arrogant. Every man should realise that God is in him and in all living beings.

Man has been given seven chances to get immortality. This the last of the seven chances as human being to rise to that level and if he misses this last chance he will have to wait for crores of years to get his next chance. This is a very important thing to be remembered.

16 6-79

The world cycle starts in Kalki and ends with Kali. To complete one such cycle it takes several crores of years. In one such cycle a soul gets only seven lives with human body. So, if this chance is missed the soul will have to be born again in Kalki Yuga and go on circulating, taking several bodies and again get human body in the next Kali Yuga.

Most of the people are under the belief that soul is one of the organs of the body and remains in this body only so long as the body lives. The human body is worked by the soul which is a power come from God to operate this body. This is a Divine truth that every one should know.

God has not specified the length of life for a body. All come from the thoughts of the man. It is the state of his breathing and the food that he takes, and his habits that invites all diseases. The soul cannot bear the sight of the man who suffers from the disease and runs away of from the body unable to tolerate the sight. If the person thinks his soul and prays to God to stay in his body and not to abandon it and fly away, the soul will not depart from the body at any time. The Divine Light is in the souls of all living beings. Siddas and Rishis have realised this fact and risen to their state. This facility is granted by God only to human beings. If you change from the human body it will take several crores of years for you to merge yourself with the Divine Light.

If every man realises that God is within him there will not be all these atrocities in this world. The people see God only in the

stone images and so worship the image with the idea that God in these images will come and bless them. We should know about the power that lies concealed in every one of us. This can be known through our soul while in meditation. We can know who we are; what is the state of our soul; what is the power of God who is in us and all other truths. We should never think that we are sinners and what state we are going to get in this life. When we realise our fault and feel sorry for what we have done, our soul forgives us. We should feel that the state of our soul is God and try to rise to that state. This is the only truth which is permanent in this perishable Yuga. These lessons are given to lead you to the higher regions at the end of Kali and beginning of Kalki. To those who read this book the treasure given by your preceptor is that you should know about the powers lying in your soul and get merged with the Divine Light.

17-6-79

The religions and the people of today are such that they cannot differentiate between good and bad. From the time man started living on this earth the Siddhas who found out some truth have deleted, and added something else according to their states. Several truths have been revealed by Siddhas in clear ways, so as to be understood easily by laymen in many parts of the world. These truths have been twisted by people in the name of religion to their advantage. The basis of what all the religions say is the same namely that the body is perishable and the soul is immortal and hence we have to work for uplifting our soul. But people have created several stories in different ways without revealing the truth and made people believe that the forms given in those stories are the real Gods.

All people want to raise their standards of living and live with all comforts. It is by this greediness that they involve themselves in several sins. The Siddhas of those days made the people realise the truths found out by them after long penance to lead them in the right path. During Ramavathara Sage Valmeeki wrote the epic Ramayana. The people have not understood the real meaning behind each character which depicts the types and the

states of the people at that time. The people have altered the epic to suit their state and it has come to such a state that some others have started pointing out several mistakes and saying this is right and that is wrong.

17-6-79

The epic Ramayana written in those days though twisted in several ways, the same states hold good for today also. If all the people realise the truth and policy lying in the epic, there will not be the present state of confusion and one man trying to cheat the other in this world as it exists now. By saying all I mean even those who want to do some good things have been guided by their religion and have scattered the good states. But what all these people say, namely, there is only one God and only one race – the human race – which has emerged out of the one ‘Reality’, no one belongs solely to any religion, does not appeal to the mind of any man.

People believe what is stated in books and there are people who go to the places of worship thinking that God belongs only to them. With the human body we do several sins and mistakes and there is no one who does not do any mistake or commit any sin. But man if he realises his mistake and does not repeat it again, knows who he is and what his state is, takes good breath, has good thoughts and does only good deeds, thinks of God always in his mind, raises his soul to higher states. If we remain for ever in our present state we will be encountering several pleasures and pains during our life time and we cannot do anything substantial to the welfare of our soul. A man's state should not be affected either by good or bad things that may happen to him, that is, he should remain in his own state independent of the happenings in the world outside him. When there is a change either from happy to a sorry state or vice-versa, the state of our breath changes. Such a change is not desirable and we should try to be steady in one state. Changing the state of our breath often is a hindrance to the development of the soul. It is to assist the people to overcome this, that the sages and Gnanies of yore have written several books explaining the forms given to several Gods. It is by

stabilising the breath and thought that a man can develop his soul and come to realise several truths during his meditation. The treasure that we secure for our soul comes only from our thoughts and breath.

In the life of a man there are bound to be several incidents both happy and sorrowful. He may be praised or criticised for his actions. We should remain steady in our state and should not allow our state to be affected by the surrounding atmosphere. This will be the real treasure that we can acquire for our soul and not what the astrologer or fortune-teller gives out after making so many calculations about the positions of the various stars etc. They are only waste of time and money.

18-6-79

Most of the people do not know how to do meditation; which is the posture prescribed for it; what is meant by control of breath? Several thoughts sweep our mind when we sit for meditation. Many methods have been recommended by several persons; how to choose the best of these? These are the problems encountered by persons who have actually entered the path. Some others advise that meditation should be undertaken only in the fag end of our life. I Eswara Batta am unable to explain what meditation means. My way is that in our thoughts, dreams, while doing our work, at any and every moment we should think and actually feel that God is with us, in us and remain steady in that state. This is what is meant by meditation.

Doing Puja and going to temples are only to divert the mind from other activities and point the whole attention towards God. I am telling you to fix the time for meditation after sunset. That time will be a favourable one to attract the thought waves sent by Siddhas. You will get their full blessings at that time; our breath will be good and good atoms will be inhaled by us. The number of good atoms in us will slowly increase and they will give us good smell in our breath. As the number of good atoms in our body increase, the state of our soul rises and we would be getting some super-human powers; we will be getting some sweet smells in our breath. In this state no bad atoms, thoughts or words will be

able to approach us. Even if we are confined in our underground cell we will not be affected. No bad atoms can approach us. All the lessons that I am giving you is for your getting into this state. All those who read this book should not waste their time in repeating several manthras to a God, without any form, we are born with the power of the Sun and hence think of Sakthi the Goddess of power and meditate on Eswara upholding truth in your thoughts and actions. Do group or mass meditation and teach others the Divine truth which you have realised so that they may also be benefited.

When you are asked to sit down and meditate at a particular time after Sunset some people think that there is some magic power or witchcraft involved in this. This is the best time when we can sit down after completing our work for the day. The state of the atoms coming from the Sun and the state of our breath at that time are quite suitable for the purpose. When we meditate, the Siddhas and others who also do the same for our benefit will do so at that time. In the early stages of our meditation we require a Guru or Master to guide us. It is for this that the time is fixed after sunset. When we get hiccough we say that some one is thinking of us and as soon as we think of that person, that is, when the thought waves of both the persons meet the hiccough stops. In a similar way when we meditate our Guru will know this and bless us to succeed in our meditation. Those who read this book are requested to meditate on Eswara after Sunset when they will get good smell which is a sign that Eswara is blessing and your soul is getting feed from Him.

19-6-79

In our thoughts, words and actions we are always concerned about high and low states. When we say high state, we should realise that it is for our soul and not for our body. We are thinking only of worldly wealth which is meant for our material body but do not consider about the wealth that is to be acquired for our soul which never perishes but lives for ever. This can be done by taking good breath. The thought and actions of the people are concerned only with their material body and they do not remain

in a steady state. If we devote our thoughts, only to our difficulties that we get in our life, we get depressed and spoil the state of our breath and give room for bad atoms to get into us and be active. At such times our soul attains a dull state. If we allow such a state to continue, our breath changes and we inhale more bad atoms. We should realise these and try to raise the state of our soul by meditating on Eswara. This is the treasure that we have to acquire for the sake of our soul.

21-6-79

All the people of today have no clear idea about the state of their soul, breath, and their real state in this world. When people are born in this world, the state of all of them are the same. All are given the same chance to lead a good life. After birth their state depends upon the surroundings in which they grow, the state of the soil on which they grow, their thoughts and their breath.

Now-a-days people go to the places of worship namely temple, church, mosque etc. seeking redress for their grievances. They pay fees or charges for different modes of worship, make several vows, and make God a partner in the business and utilise His name for their sinful actions. They say I have given this thing and that thing to Him, daily I am doing puja or worship and still He is giving me so many troubles. They even scold Him as their enemy saying "has He no eyes to see all that happens to me"? When we are anxious to get something and if our requirement is fulfilled after going to any temple, then we say that, that particular God is very powerful. The power of a God comes only from the state of our mind. People should realise that the power of God depends upon their capacity to acquire the power from the rays of the Sun. Those who have read this book should understand that the power of God works out through their own thoughts. The Siddhas of olden days have already expressed some of these truths in some ways and through poems to be understood by the common man.

A butcher kills several goats daily and sells the meat to others who consume the meat. We think that the sin goes to the man who kills the goats and not for those who eat the flesh. What is the idea of the butcher in killing so many goats? It is his profes-

sion. If he begins to think of sin then he cannot do his profession. A hang-man hangs so many convicts daily. He does not get any sin on account of this action. He is always thinking of his wages and feels that he is doing his duty for which he is paid. It is only when he feels that he is doing a wrong act that he will be affected by it. If his soul is in a good state, no sin can approach him. He will stand at the good state.

The people of to-day commit so many sins, think of the sins that they have committed, make their breath hard and are subject to so many difficulties. It is to get rid of such states and gain a good state for our soul, which will be its treasure that these lessons are being given to you. Lead a good life for the rest of the period of your life.

Mother Earth attracts the power coming from the Sun through its rays, mixes it with air and feeds the souls living on this earth. The trees, plants, water and soil absorb the hot air coming out of the earth according to their states and the good or bad waves go on circulating round them.

Whatever type of wave a monad starts breathing in the beginning, good or bad, it will continue breathing the same type of waves and go round the world. All these atoms go and settle on a particular plant. When these atoms get the heat of the Sun and moisture, they suddenly change their form and become living pest or worms. This is how we find so many worms or pests in a field suddenly in the morning which field was free from any pest in the previous day. Whatever type of leaf they had taken at that time for their food, for the rest of their life they will feed on the same type of leaf. The monads which take bad breath in the beginning while going round the world go and settle on dirty water or filth. After taking the bad air, when the Sun's heat fall on them, they suddenly change into mosquitos, insects and worms. Whatever kind of breath they have taken first, they continue to live on the same type of breath and food.

These monads or life atoms getting their bodies after they get the heat of the Sun is similar to the egg of a hen getting the body of a chicken if the hen hatches it for 21 days, a natural process, or

by keeping the egg for 21 days at the required temperature artificially. Similarly each monad gets a body as per the breath it takes at the beginning. The same thing applies to us also and our body is formed as per the breath that we take.

22-6-79

From the beginning of this world men are eager to learn some truths. We are anxious to learn about our future and what is going to happen to us afterwards. We forget the God who is already in us and try to know about the God in the yonder world by going to the astrologer or fortune-teller wasting out time and money.

Many things happen by the power coming to the earth by the rays directly from the Sun; also from those which strike the Sun from other planets going round the Sun and being reflected to us by the Sun. The Sun gets the light from the various planets going round it and the combined effect of all these planets come to the earth from the Sun. The Siddhas of those days made their calculations from the positions of the various planets with reference to the Sun and their consequent effect on the earth. The people of today talk of the birth star of a person. The star when the child is born is not the birth star of the child. The actual birth star is the one when the soul took its place in the womb of the mother. This cannot be known by any of the astrologers of today.

People say that Sri Rama was born on Sri Rama Navami day and Muruga was born on a particular day in May-June. Rama, Krishna and Muruga did not take birth in this world. Their names represent only their qualities and they were not actually born on this earth. You may ask how the dates of their births have been fixed. From the characters of these persons as given in the puranas people work backward and find out what should be the positions of the various planets to give them those qualities, and they pitch at that date on which the various planets to give them those qualities. They have accepted those times as

good and the children born in such states will also be good. In course of time people have scattered several facts.

When does the Sun get the rays from the other planets? It gets the rays from other planets and gives it to us. Without the moon we could not have had several colours and tastes. Similarly from various planets we get several natural forces.

The earth has got great powers; we should realise the truth and lead good life in this world. No one should feel sorry for what has happened in the past but realise that God is in him and lead the life in a good way in this Kali Yuga in a good way and earn the fruits of taking birth in this world. My blessings for all those who read this book.

23-6-79

When the life of a person in this world is over, he is said to die. It is only the body dies and decays. What happens to the soul which never dies? In order that the people may understand the truth about the state of the soul, so much importance has been given to the soul in this book. When the soul leaves the body it is said to go to the other world. When the soul gets out of the body, if it has got some desires which were not fulfilled when it was in the body of that person, then on account of its desires the soul remains roaming about in the same place and family with the same desires till they are fulfilled. There is no time limit for this and may extend to any number of years. It remains there without any material form as a shadow consisting of a number of atoms. It will be there in the waves left behind by the person's speech, thought and breath while he was alive.

In this state there are several souls roaming about in this world. Each soul goes about roaming with the same desires that it had while it was in the body. It enters into the body of a person whose state of breathing, thoughts and actions are similar to its own and gets its wishes fulfilled through the body of that person. Meditation helps us to escape from getting into such a state. There are several crores of atoms in a human body and they consist of many types which influence our breath and thoughts.

It is to escape from the effect of those bad atoms that the states of breathing and meditation are recommended which will attract the powers of God into our soul.

Several Rishis, Sages and Siddhas reached their high states by remaining steady in their own state and not allowing the bad atoms to influence them in any way. It is in this way that they had learnt several truths and expressed them through astrology, medicine and temples. Some they have expressed and several they had hidden from the knowledge of the ordinary man.

They have learnt the truth, made their soul as their treasure and remaining in the mental world they come in the form of several Gods and guide people in this world. All persons should try to realise their soul and lead a good life in this world.

The way of meditating and praying God have been twisted in many ways to make money. You should realise that you cannot live in this body for a long time. After the soul leaves the body it should not be allowed to wander about in form of atoms. We should acquire the treasure for our soul.

We are getting several good things from the Sun. The Sun gets various powers from other planets and gives them to us. Similarly we should also live to help others in this world and not become a burden to others and realise the fruits of taking a human birth.

24-6-79

All atoms require food to be alive. Men get some feelings as a result of the food they take. We think that the food that we take is to maintain our bodies. If we think that it is only by the food that we take that our bodies are kept alive, how does the Siddhas Rishis and Sages maintain their bodies even today without taking any food? What is their state? A portion of the food that we take is absorbed by our body and that part which is not absorbed is rejected as residue. The same applies to animals, birds, insects etc. The essence of the food that we take is absorbed through our breath and goes to our body. The Siddhas and Gnaniyas

absorb their food directly from the rays of the Sun through the breath that they take. Trees, plants, creepers etc. are in a higher state than that of man and animals. The energy coming from the rays of the Sun strike the earth and then only it is absorbed by man and animals that breath looking downwards at the earth and their nostrils are provided pointing towards the ground. Trees, plants etc. absorb the energy coming from the Sun directly before the rays strike the ground. Hence the fruits flowers etc. give good energy to our bodies as well as our soul.

When we consume the flesh of animals, birds etc. to whatever temperature we may boil it, the atoms in them will have their influence on us. To avoid being affected by such bad atoms the Siddas of olden days had prescribed several ways and many of them have been forgotten. In our meditative state by taking good breath if we can absorb the energy coming from the Sun directly before it reaches the earth, we will be acquiring great powers that come through the rays of the Sun. This is the secret in the Siddas and Gnanis living without food for long periods. If we are in a good meditative state even if thousands of atom bombs are exploded the bad atoms will not have any effect on the good breath that we take. Several crores of Rishis who are invisible to normal eyesight live in this state.

25-6-79

The Rishis wanted all the persons who have taken birth in this world to realise the real state in which they have taken this human body, and while in this body they should reap the fruits of taking birth in this world as men and women. For this they have prescribed several ways, methods and procedures to be followed by us. But some people have altered them to their benefit so that they can make money out of it.

They have created so many religions, rites to be followed, procedures to perform puja or worship which should be done only by a certain class of people and no one else should directly approach the deities in the temples to do puja. This class has been styled as a privileged class and they should be paid for the puja

we do to God through them. Thus they have made a way for them and their relations to earn their livelihood at the expense of the lay man and fooling him. This has been going on from a very long time. How this affects our thoughts is not taken into account by them.

What have we gained in creating so many religions? We have only divided the power of God among the various religions; they cannot divide it and it is a common property of all. The kings who ruled the country in those days made some ministers and other ranks under them, all of them in the various grades to carry out the orders and wishes of those kings which have resulted in so many religions and castes. When God created the human race. He did it in a uniform way without any religion or castes high and low. He did it as a whole-mankind-not dividing them into different religions and castes. These religions and castes have been made by man to suit his conveniences so that he and his families can live comfortably. This has left the entire human race in a confused state as we are now, giving room to so many questions.

There are very few who realise that all human beings belong to one religion and one race. In whichever way we teach them a few only realise the fact. People have ill-will against others, their hearts burn when they see others living more happily than them, and live for the praise of others. They should realise that a man's state depends upon the breath that he takes and his thoughts and live meditating upon God. Such people can surely become pure and reach a high state. We can know from our meditation the changes made in our body and feeling by every breath that we take. We should not become a slave of the religion, caste and the formalities but direct our thoughts and breath towards God.

26-6-79

People under the name of different religions and castes worship God under different names and forms. It is the one power above all that is being worshipped under different names and forms. What is the state of that power? It is the air, light and rain which we call "Nature". Without this power life cannot be born and live in this world. That power of the nature comes from the rays

of the Sun and benefits us in several ways. All the grace of God lies in the Sun's rays and several lives come out of it. The real state of these life atoms are being learnt by scientists in different methods, experiments and researches. The life-atoms get their life in different states by the grace of that one power.

In different places grow various types of trees and plants. Each place has its own variety depending upon the nature of the soil there. In some places we find certain plants and trees which no man has planted. How do these trees and plants grow? Some people say that the seeds are carried from place to place by birds and wind. Suddenly when there is rain and the Sun's rays fall on the moisture we find several plants growing. When there are no seeds for such plants how do they grow? Now I will explain the real secret behind this.

The rays of the Sun falling on the earth is attracted by it in its condition. When the sun's rays fall on the moisture the atoms there become alive and grow as different plants according to the kind of the soil there. In this state several crores of atoms, lying in places where they get the food required for it and are taking their breaths as per their states, get their life when the Sun's rays fall on them. Several crores of insects and worms are created in this way, and are not by breeding out of their eggs. They are created in places where rotten and decayed materials are lying, which is a suitable place for such atoms to remain and take breath as required by them. In the mango and jack fruit season we suddenly find so many flies appearing. Their state is also the same.

From the rays of the Sun several live atoms get spread on the surface of the earth. In their state when they get a breath suitable to them they get their life and start searching for their food. The parting with their lives is also so sudden as they get their lives. It is in the same way that we suddenly find large numbers of ants in the cavities of some trees and some parts of our house.

28-6-79

From the rays of the Sun many life-atoms appear every day and disappear. The body that a life-atom gets when its wish is

fulfilled depends upon the state in which it is. The same applies to birds, animals and human beings also.

Human beings from the time they get their life, remain in the womb for ten months; their average life term is proportional to the above. An elephant embryo remains in the womb for twenty months. Its life term also increases proportionately. Similarly the life term for a donkey is seven years, for a fowl two years and for dog sixteen years. The life term of birds depends upon the number of days the egg has to be hatched to bring forth the young bird.

You may think why one child lives only for six years while another child lives for sixty years. The number of years a human being lives depends upon his or her thoughts. It is only the human beings who have got from the powers of the Sun a body and a soul both of which can remain for ever. We, who have been given this privilege should preserve it realising that it is a great treasure given to us and acquire the energy coming from the Sun through its rays and give to our soul.

All artificial things are made from natural things only. When such an artificially made thing decays, it goes and merges with Nature. Our body after it decays gets merged with nature. It is only our soul which is immortal that can go and get merged with God.

The people born in this world develop desires and hatred in their thoughts and breath and think let us enjoy our life so long as we live; what are we going to earn after we die. It is only after our death that our soul lives in the astral world for a much longer time. It remains with same likes and dislikes, taking the same breath without the slightest change. It goes on like this for hundreds of years till it get a suitable body to take re-birth. To fulfil our desires that were left out in our previous birth after wandering in the astral world for so many years, we select our parents to take our next birth. This is the reason why our first prayers should be to our parents. No one belongs to anybody. All are born from the powers of the Sun and the God. Our relations are only with the power of the Sun and God. It is when we complete our life in this world successfully, fully satisfied and

then go to the mental world, get merged with the power of the Sun and live along with the Siddhas, Gnanis and Sages there, that is the day when we live with all our relations. The life that we live with our relations in our several births in this world is not a life with our relations.

30 6-79

All people know about their relations with others. The character and conduct of a person does not depend upon his horoscope or the day or the star on which he is born; it depends upon the state in which he was in his previous life. Each person lives with different characters. The common thing in all people is the power of God. It is possible for all persons to live in one state like the power that they get from God.

The state of anger or mildness of a person comes as a continuation of his previous birth. But we should not simply get depressed saying that all these are our fate but always remember God in our thoughts and breath and lead a good life by taking good breath. When we think of several things and get our thoughts shattered, we are subject to the influence of such bad atoms in us and around us. If on the other hand if we have only good thoughts and take good breath, we will attract only good atoms and our state will always remain good.

When we think of God and breath, that state of our breath gives a lift to our soul. Without knowing this we make ourselves a slave of ourselves. If our breath is good we get sweet smell in our breath. When our breath has sweet smell it gives a feed to our soul. Our living and dying depends upon our thoughts. Knowing this truth several Siddhas live even today. If we lead a contented life we can also live like the Siddhas for crores of years and get a high state for our soul. In this life which is the last of the seven given to us we should lead a contented life.

Each monad or life-atom lives in its own state of breathing. Many kinds of monads get the power from the Sun and are born every day. They live taking the same kind of breath that they took at the beginning and the state of their life is as per their first breath.

The scientists of the day have found out several medicines and every soul absorbs it through its breath. There are several pesticides but the one meant for killing one kind of pest will have no effect on others kinds. We can actually see some insects living in some pesticides. The drug meant to kill one insect does not kill the other. How is it? Each insect or worm has its own state of breath. Hence a type of drug which affects one type of insect does not affect another type which takes a different type of breath. This applies right from man to a small worm in his excretion.

1-7-79

The world today is changing into a poisonous one. The poison of a cobra is a very deadly one. From where did the cobra get its poison? It absorbs the poison that is mixed in the atmosphere as its food and retains it within itself and goes on adding further and further during its life. At the end of its life it spits this poison in a concentrated form as a precious stone.

In this world every living being takes only that type of breath which is suitable to it. Man only absorbs all types of things in his breath and lives as per the breath he takes. If beings like the cobra are not absorbing the poison in the atmosphere, the poison would have done havoc in the world. In Gods creation there are several things which we do not see or conceive. There are poisonous plants which absorb the poison directly from the Sun's rays before the rays strike the ground. There are many plants which serve as food to human beings. There are some other plants whose use we do not know and we say why God has created the plants which are of no use to us. If the plants which absorb the poison from the air are not there, the atmosphere will have all that poison and become poisonous and dangerous to man.

In this world there is nothing which is useless. Every thing is created for some purpose; we might not have known its use. Each has its own state of breath. In spite of man doing so much of destructive work in the name of science, which destroys his own race, still the existence of man on this earth is due to the cobra which absorbs the poison from the air and other poisonous plants of the same type. But for the existence of cobras and the

poisonous plants the whole atmosphere would have been made poisonous to such an extent that no life can live on this earth. People think that there is poison only in cobras and poisonous plants. But they do good to human beings. Man who has been given seven lives with the human body, so that he can take good breath from the Sun's rays and live as real man has turned his mind into a poisonous one. Man is fortunate to get this body and while in this body he should reap the fruits of taking birth as a human being. Those who have realised the sacredness of this birth and lead a good life can get the power of Sakthi and see several Devas, merge with them and attain the divine state before their soul leaves their bodies.

2-7-79

Being born as human beings is itself a gift obtained after long penance. But we spend our life in this world with much confusion and fear in our minds wasting precious time. The benefits of this life lie in our leading a useful life without wasting it. Every man has acquired certain characters from the power of God. This power we get before we get into the wombs of our mothers. Though we have come in a good state we get greedy and come to a state wherein we destroy ourselves. If man can utilise the powers lying concealed in him, he can do by intelligence what science has done to him and much more.

People read about Siddhas entering into other bodies just to pass off time or as a story. What our ancestors have told as advise and divine truth have been used for pleasure and making money. People waste their true state in which they can attract several truths of this world. They think let us live as long as possible and do wandering in the spirit or astral world because they are afraid of it. In the present state of this world the only possible way to live serving all the lives is to meditate on Eswara. For a man who has got fear in his heart anything black will appear as a devil or ghost.

Our ancestors said that there lived several crores of Siddhas before their time. Jesus was born as an ordinary shepherd. Others like Muhammed Nabi, Buddha, Bogar, Konganavar and the

like were born as ordinary men. They rose up from their ordinary state to one that is praised by the people of the world.

We who are also born in that state have wasted our talents in the name of science. From that time the state of the man at his birth has not changed; there are several crores of changes in his thoughts. At the present state even in the way of meditating God, the man who tells the truth is laughed at. The truths that some great men like Ramakrishna and Vivekananda of the recent times have told have been utilised to make money but not followed. It is quite possible for us who are born now to live like the Siddhas of those days.

If we grow up without yielding to our worldly pleasures we can get this state. After we are grown up the only way is meditation. When these things are taught people are afraid of the faults in their old beliefs and live in the background. To get rid of these we should choose one Guru or religious master from whom we can get several truths. Bhogar had a guru; Christ had a great Siddha in him; Thiruvalluvar had a great Sage as his guru. Every person according to his state can learn his first lessons only through a guru. That guru with his powers can draw the energy from the Sun and give us during our meditation. At the end of Kali Yuga why can we not live like Jesus, Bhogar or Thiruvalluvar and guide others. When we meditate on them, they can attract higher states than theirs and help us to gain that state. We should not have any fear in us and show that we can realise the fruits of taking this birth.

3-7-79

When we sleep we get dreams. Our life of today will be a dream tomorrow. Dream and life are the same. If we think of our past life, it is like a dream. Similarly our life in our previous birth is also a dream to us. What is going to happen to us is also a dream. Only the thought of Eswara and His powers are constant in one state. If people realise that all that happens are only dreams, people will not give several shapes and names to God, make several religions and castes and subcastes and degrade themselves.

How did man worship God in pre-historical days? People stood in water in the seas, rivers, lakes and worshipped the rising Sun. They worshipped the Sun, seas and wind, that is, light, water and air as God. We should also do the same. It is from that state that our monads or life-atoms got their life. Man has taken God for his research. The present man believes in his calculations, palmistry, astrology and has forgotten about the power of God that is in him. Man in those days calculated time from the position of the Sun. Some old persons predict that such and such days will be very hot and there will be rain on some particular days. Today in this scientific world man has found out several artificial forms and many things of high utility. Why does he not combine one with the other and lead a good life instead of becoming greedy and attaining a destructive state?

The state of the breath of men now is to praise some and blame some others. This praising and blaming is only with human beings who have the privilege of having six senses which no other being has got. Has God given these six senses to man to destroy his own race? We say God has given five senses only to animals. They do not praise or blame one another. In their state there is no liking for wealth, dress or jewels. In their character there is unity, intelligence, which man with six senses does not have. How do animals and birds know the correct time? We think that man only knows everything. There are several things which man has to learn from animals and birds. Man scatters the treasure that he has got.

When animals go in search of food they find out by their breath where the food is available, go to that place and have their food. In the same state they are able to find out if their enemy is there and if so avoid going there. Human beings do not have this capacity. Birds have the capacity to find out where their food is available by directing light waves from their eye sight. If its enemy happens to be there, they sense danger and do not go there to take the food.

Animals and birds know in advance rain, thunder and earthquakes that are going to come, by their breath and the attraction of the earth. Beasts have some special intelligent powers which

human beings do not have. Man can get such powers by meditation. Though animals have such special powers they are not able to utilise them for want of suitable organs to operate.

When man is speaking his thought waves are round him. If he observes silence for three months and then tries to speak, he is not able to do so and makes signs which are not clear to us. Though he has many thoughts he is unable to express them. Beasts and birds have thoughts which they are unable to express or execute like man. This does not mean that they do not have such intelligence as we have. There are many animals and birds which are more intelligent than man. They will not take a little more food than their requirement. We say man is more intelligent than animals. But it is doubtful if man has got as much intelligence as an animal has got particularly in the state at which man now is.

Some animals and birds are in that state in which the Siddhas of those days were able to know about some spirits in the spirit or astral world. In some house when anybody is sick and that soul is about to go out of its body, some animals like cat and dog that are there will know this in advance; cats will not remain in such places. These animals foresee heavy floods also. Some animals and birds are in such a state that they know about their previous births, the spirits round them now, man's thoughts and the state of his breath. Man has deviated from all these and scattered his powers. He believes in his six senses in the horoscope and his thought change according to what the astrologer says, reads several books, scatters his thoughts, changes his entire state and feels that he is in hell.

4-7-79

Dream

We are living our lives as a big dream. Our life consists of waking and dream states. Our shadow is going round us. We see us only in our shadows; when do we see us in original state? The dream that we dream in our sleep, our state today when seen tomorrow, what is going to happen to us tomorrow as seen today all are dreams. When light falls on us the shadow that we see is also a dream. When our life in this world is over and our soul

goes out of the body all that has happened in that life is a dream. What is there which is real and permanent? When all are dreams there is only one thing that remains steady for ever. We have forgotten that one reality that is in our present Kali Yuga and live a dream life. We have forgotten the soul in us and live in this world wasting our power and time making our soul to undergo many troubles.

What difference is there between what happens when we are awake and what we see in our dreams. The dream that we dream in the early hours of the morning will have its effect, those dreams that we do not remember clearly after we wake up will not have any effect, that is what people say.

Some people give some explanations for the dreams. The work that we do, our talk and several things that we have done while awake are mixed up in our breath that we take when we dream. When we are asleep our thoughts are arrested but our breath goes on attracting several atoms from the atmosphere. In that state our soul works with those atoms that we draw in our breath. We draw in several kinds of atoms, dream many kinds of happenings and fearful acts which we have not heard or thought of.

In which state do we get the dreams? Dreaming several dreams which are not connected with one another does harm to our soul. All that comes in our dreams is due to the effect of several crores of atoms as a result of the breath taken by men, animals and birds. When we forget ourselves we are influenced by those atoms that enter us through the breath that we take while we are asleep.

Seeing dead people in our dreams is due to the breath that they had left in the atmosphere and being attracted by us now in our breath, both being of the same type. The dreams of this type will not affect our soul but we can realise some truths through those dreams. They help us in knowing some real states in our life and serve as a good feed to our souls. During waking and sleeping states we attract atoms as per the breath that we take. Our thoughts during meditation and sleep should be directed towards God. Then we will not attract other atoms and have a good

sleep. Atoms either good or bad are attracted by our breath in the same way, both during waking and dream states. Both the states attract the same feelings to our soul. We should realise that both the states are the same and attract the energy from God which is always in one state. We take our breath as per our thoughts. When we are excited we attract similar atoms. Our state changes and lose control over us. In a similar way when we get depressed, we attract similar atoms, and we are so much brought down in our spirits that we are unable to do anything.

The breath that we take when we are angry, calm, excited, depressed and in other states attract similar atoms and they will be circulating round us always. In this state when we direct our thoughts on something we attract the same type of waves as we direct on the object. When we look at a person with hatred, we attract the waves of hatred that are round us in the atmosphere. When we are sleeping some atoms in our body which have the same type of waves as that of some act or scenery, or talk which has happened some time ago during our waking state are attracted and those things appear to us as dream.

It is on the same principle that the scientists have found out X-Ray and other types of shade photography. It is by using the same principle that the Siddas go out of their bodies to any place as they like. Remaining in the mental plane (two planes above ours) the Siddas when we think of them, come into our body and teach us about the various states. They can go at will into any other body and accept that body as theirs. In this endless world the Siddas were born as human beings and lived like us once upon a time. They did not study in educational institution and get degrees. They came up by their intelligence and state of breathing

5-7-79

Inner Eye, Mental Eye, Spiritual Eye

The three qualities in us have been called as inner-eye, mental eye and spiritual eye. All these come only from our states of breathing. There are several crores of eyes in our body. It is through the inner eye that we absorb the rays of the Sun after they fall on the earth. These names are given to our various states and characters.

Those three eyes come from the breathing eye. It is this eye that attracts various states in our waking and dream states. From these three types of eyes we can find out the state and character of a person.

6-7-79

Our forefathers have made the inside, outside and gnanam the three eyes for finding out our states. Today men think inside, live outside and have completely forgotten gnanam. The Goddess Sakthi has given the power to everyone. We should find out ways to absorb that power and live. With the spiritual eye from our state we can know all the states that exist in this world. This state is not what we see during meditation forgetting ourselves.

When we live in various states, namely angry, calm, hating, depressed and happy, at each particular state, the breath that we take guides our inner, outer and spiritual eyes. During life we are bound to be happy and sorrowful. What is the use of thinking about what we have got or going to get hereafter? Everyone should attain the state of seeing through the spiritual eye and get food for our soul. Our body and our thoughts are not operating our soul. We get everything through our breath. We are under the impression that our body acts only when we think.

We are under the impression that a thing comes to our thought only after our eyes see it. From where do we get the light for our sight? Before we see a thing with our eyes, it is from the breath that we take that we draw the light rays to our eyes. The light for our eyes comes from our breath. All other parts of the body also act only by the breath. When we draw our breath it acts in all our organs. All the states that we have absorbed in our breath during our life time are recorded. What we have seen through our breath comes to our memory after many days. How does it come? It is not only the sound waves of our talk that are around us but the thought waves are also around us always. The breath that we took while we were awake and also those that we took during our sleep are also around us. When we see anything we do so after the breath attracts it. Before we actually see the thing the breath acts on the nerves of our thought and then only

we think of seeing it. It is only after our breath acts on the eye ball, it gets the power of seeing.

We talk of seeing with spiritual eye, seeing with inner eye and seeing with outer eye. All these sights operate only when the sight in the breath acts on them. We can know the character of a man from the rays coming out from his eyes. This depends on the breath that he takes. When we go to a place which has a good natural scenery and when we see a man whom we do not like, changes take place in our breath, look and in several parts of the body including our soul. Our health depends upon the state of the breath that we take at that time. The state that affects our health does affect our soul also. We consider about the health of our body, the state of our mind but do not worry about the state of our soul.

7-7-79

Everybody is aware of the fact that life exists on the state of its breathing. How every life atom or monad gets its life has also been explained to you. The main object of these lessons is to make you realise in which state we take our breath. No one considers breath as a treasure. All the parts of our body are able to in hale the breath and expel it out. These truths were learnt by those Siddhas in their state of Gnana and revealed. All the vegetation have life and they take their breath by which they live. Many of the plants have been destroyed by men. There are plants that can save the lives of men, plants that kill men and there are some poisonous plants also.

There are some planets, the leaves of which if a person squeezes and smells he will become unconscious. There are some carnivorous type of plants which attract human beings and animals, wrap round them and leave only their skeleton. There is another type of plant which if ground as a paste and applied on our body, the body will remain in that stage for ever without ageing. In this way there are several medicinal plants growing on this earth and there is no one till now who knows about the uses of all the varieties of plants. Even if some one knew some of these secrets they have not revealed them to others. I myself have told you the

characters of some of the plants but not revealed the names of those plants. If I give you all the secrets I will have to face the anger of several other Siddhas. I cannot give out any of these secrets on my own initiative. All the other planets are also in the same state and no one acts independently.

There is no child without parents; no plants without soil and water; no earth without the rays of the Sun. There is no Sun without other planets or planets without Sun. There are several Suns that give their energy to this Sun that we see. Without these planets there will be no light, rain or wind. It is the one Power that lies above all these which makes them act in conjunction with others. But there are some men who think that they act independently. They should realise that everything comes from the power of that one Almighty God.

Do not be arrogant of yourself. When the body and soul are separate why do you think of your mind as yourself? Realise that all are living at the end of Kali Yuga, pray God to give you good life for the rest of the period.

Siva and Sakthi are not considered by us as male and female. They are one, mixed with the other. If there are no planets then there is no meaning in talking about God. Under such conditions where is God separately? It is only in our thoughts. We do not act separately. To realise that there is a God, the Siddhas have made us to worship God. In today's lessons you have been told in which state God is. All the regions and lives exist only in His power. Everything is God and there is no God separately. To say in other words the entire universe without form and name is God. So you can pray God in any form and name that as you like as he is in everything. Then you will be able to see Him in you. Now do you realise who is God?

8-7-79

Who is God? He is not visible to our eyes; He is beyond our thought and conception; He is in the world mixed with all the powers in all the states. No one has seen Him or can express Him in his full form. People have made so many religions, given so

many forms to Him and pray Him in their own way. Whatever has come in this world is God with the power of Sakthi. The way in which people worship God is by giving Him so many forms, make His image and give several offerings, and bath with all sorts of things. They have made the way to worship God so elaborate and costly that only well to do people can afford to do all those formalities and worship God. They have made God beyond the reach of poor man who cannot afford to spend so much money to worship Him.

In the countries where Jesus is worshipped, they say when Jesus was born, there appeared in the sky several crores of stars. They preach that God himself was born. All the life atoms in this world are God. Jesus was also born by the power of God like any one of us.

Every person can become God by the way in which he thinks and takes his breath. All are Gods. It is from our thoughts that we become Gods or devils. We should know about the truth as to how Jesus got the grace of God and pray Him. He was born as an ordinary shepherd boy. From his childhood He loved all living beings and was affectionate to them. For him God was love. One of the great Sages who lives before Him entered into His body, started preaching many good ideas, ways of treating sick persons and did several things to the people through Him or strictly speaking through His body. He taught people to forget their sins and lead a good life. People understood His real state and followed His advise taking Him as God. The rulers of that time found all the people following His teachings and not obeying the rulers. Seeing all the people swaying to that side, the rulers harassed Him, gave Him all troubles and thinking that they are destroying Him. They could destroy His body only.

What was the result of keeping the body in the grave for three days? Jesus got the grace of that great Sage to live for ever in the mental world. They destroyed his material body thinking that He is destroyed along with his body. They paid money to the priests and by confessing to them, they thought that they have got rid of the sins committed by them. The priests were believed by them to be messengers sent by God to wipe out the sins committed by them. They have brought down God to this

stage. There is no one to teach them that God is inside every one of them, or to teach them of the real state in which Jesus remained. The people who have turned towards artificial life, have no time to look into the powers of Nature. They have no time to think about these things and are getting into artificial life without wasting any time. Every man should know about the powers of Nature and live like the Siddhas of those days who rose up to the state of Gods and remain in the mental world for ever. People have scattered the powers given to them by God.

9 7 79

There is no one there to think about the greatness of the truths given out by Jesus. He preached love is God; love is unity; love is everything and that we should love all living beings. It is with love that Jesus won the hearts of people, made them realise that love is God and guided them in the proper way. Those who changed the state that remained at that time had destroyed his body and to get fame and name they are living under the cloak of Jesus. They have violated the principle of non-violence taught by Jesus. The people who live from the time have used the grace of God to their advantage.

It is in the same way in some other countries the good teachings of Muhammed Nabi, at a time when people were about to realise the truth of his teachings, started telling some bad things about him to create people's hatred, threw stones at him and killed him instead of following his teachings. After his death his teachings were appreciated and several books are read in his name. The teachings of several great men have not been appreciated during their life time. Till today people have hatred towards others and lead a treacherous life not accepting the good teachings of others.

In several countries people tell many stories which excite the feelings of others. These make them spirited and change the states of all the people there. The political people become ferocious and are in a stage where they try to destroy one another. We live in a state of fear forgetting the good things that we are to get. People should realise that they are born as human beings with the

grace of several sages who were born like us in this world and have risen to that high state and live even today in the mental world. We should forget about religion, caste, creed, sin and live with loyalty with the hope that they will live happily in the coming Kalkiyuga. Forget the past and looking at what is to come, lead a good life along with others taking good breath which will be a treasure to your soul.

From those days till today people have shown love as God. Pray the love that exists in all living beings. Time changes as per the mental states of the people. So it is for us to change Kali into Kalki Yuga and it is not God who will do it. Each Avathar was taken according to the people who lived at that time. The reason for the fear that has come up in the minds of all the people now is about the change that is to take place in their hearts.

The big drama that is going to be played will be done from the stage in which the Sages now are. From this state there will be a big change in the mentality of the people. It is for this change that is to take place now that the people in the mental world have created a situation wherein man destroys his own race. The artificial sattelites that have been launched are for the men to know this and we can also see the real state that is going to come shortly.

10-7-79

This world is a very big one in which several great men have appeared, risen to the mental state and lived therein. The state that exists in this world is not in any other world. The entire universe rolls in a way connected with each other. All our elders have been connected with us in several of our births.

What are we to take as belonging to us? Everything belongs to us. Some people say that the body does not belong to us. If only we drive out the fear from us, our life can remain in this body and act for any number of years. If all the lives that have come out from Sakthi the Goddess of power can live taking all as one, then they can fulfil the purpose of taking this life.

We should not get disgusted or depressed about anything. It is these that spoil our health and life making us disin'crested

in anything and moving about in the world as the dice that we use in our games. In such a state our soul leaves our body with disgust and takes many low births wandering about for several hundreds of years. The soul loses its power to get out of that state. There are countless souls like this in this world that are wandering taking low births again and again.

Those who read this book should not do any harm to their soul. It is on account of the breath that we take that our thoughts arise. Life makes impressions of the states on the soul. The soul knows all our states since we started as a monad in this world as also our sound waves, thought waves and the breath that we took are circulating around us always. Even after the soul leaves this body all these waves, including those that we did not remember when the soul was in the body, will be moving around the soul.

During our lifetime there will be several things good and bad. So the sound and thought waves that we created in those days will naturally be good and bad mixed. We should not mind about the loop holes that we had left and try to patch them up by taking good breath and create a state in which only good sound and thought waves will thereafter come round us and will take only good breath and try to lead a life like our elders. This world and that world are all the same and all are intermingled. My blessings to you all to go to the mental world.

11-7-79

The sound waves that we have created in the state in which we lived in this world are around us not only during this life time but also after our soul leaves our body and goes to the spirit world. This we have heard from our elders and read in some books.

The soul after it leaves the body will be in the same state as it was while in the body. There is doubt with some people if the soul would be only in this planet and take another body or it would go and take a birth in a body in any other planet. A soul can take rebirth in that same planet in which it was first born as a monad and take the same breath as it took first. This cannot be told by anybody in whichever state he may be.

The scientists of today are trying to go to other planets and live there. When they have taken their first breath in this world how will it be possible for them to take their breath in other planets and live there? Life in this world is quite different from those in other planets. Only those that took their first breath as monads in that planet, would be able to live there. Those born in one cannot be reborn in the other even in their next incarnation and live there. Now do you understand who is your mother? The Sakthi who gave us the first breath is our mother. Why all these artificial means to go to other planets and live there? The states in the other planets can be known by meditating on mother Sakthi who has given us the first breath, knowing the real state of our monad or life atom, thinking of the power of God which is in us, getting the grace of the great people who lived before us who will help us in knowing all the secrets that are in the other planets.

In that state during our meditation, remaining in this planet we can know about the states of all other planets. Do you now understand who are the people who have got the privilege of going to any planet and see the state there? There are several crores of Siddhas and Rishis who have gone to other planets, seen the states existing there, and are now living in the mental world. The science of today is in a greedy state and wants to bring the treasure from there so that they and their country can live and rise to a higher state. What is the use in living such a life scattering their powers? The scientists of today are creating difficulties for the self. Living a divine life, the only way to win over the powers of God is meditation.

12-7-79

Desire is the cause of rebirth, growth and life. The same desire is the cause of troubles and difficulties. We should not yield to desire and the man who lives without becoming a slave of desire and leads a contented life is the one who leads an ideal life. In the first stage of our life, it is with desire that the life atom enters the womb. While growing in the womb itself it knows about all the states of breathing and has its desires. The baby while in the womb of its mother takes the breath suitable to it through the thoughts of its mother. In the state in which it is in

the womb it is forced to take the type of breath it takes and also the state of the breath of its mother.

The mental state of a woman changes before she gets pregnant, while she is pregnant and after the delivery of the child. The thought waves of a woman in the above three states also differ. During every pregnancy, a mother is influenced by the thoughts of the baby in her womb and a change takes place in her speech and taste. When the child was in its mother's womb it gets its desires fulfilled through its mother. Similarly after birth the child acquires the state and thoughts through the breast feed given by the mother. In whatever way the thoughts of the mother go while feeding the baby the same thoughts are acquired by the baby. The desires, thoughts and feeling of the mother when she is pregnant are acquired by the child. This is the relation between the child and its mother. This is how a mother's state agrees with that of the child. The life atom selects the womb of the mother to suit its state of breathing. The relation between the mother and the child is the same as that between our soul and the body.

I have already told you that thought is the fastest in the world. When we make our thought to strike others thoughts their thought and state also change. It is like this that the state of the world, the state of the life at birth and the state in which the soul leaves the body come. It is in the same state in which we have desires that we get happiness and sorrow. When we give room to our desires and thoughts we get a sorrowful state.

I have told you that all the states come from the thoughts. If each soul in the state in which it is in the body, meditates having its thoughts on the sound 'OHM' and absorb the power of God in it, it can know that the soul is different from the body.

If we love and protect the state of our soul we will not have difficulties in our life. In the state in which we do not know ourselves if we seek the love of others, we make our soul a slave of their love. To crave for other's love is also a desire. We pray for the love of God. How does God shower His grace on us? Without hating ourselves and giving room for our desires to grow within us and involve our thoughts and body into difficulties

correct the faults in us, knowing, calming our mind if we pray to God, a state is created wherein the power of God is made available to us. In our state for the good and bad things that we do we will have to reap the consequences and no one else can be held responsible for them. God is not responsible for the trouble that we undergo. To see the God in us we will have to be pure in our thoughts and breath and meditate on Him so that we will become eligible to get His grace.

13-7-79

Those who do not know, live without a desire to learn. Those who know have a great desire to learn everything from A to Z. The people of the world think of learned and not learned, those who know and those who do not know, poor, and rich, and such like thoughts of high and low states. The man who is learned is proud of his learning, the man who is not learned feels an inferiority complex in him and this is the reason why all the people in this world are filled with high and low artificial states created by them.

The present educational system gives only book knowledge which gets money and position and people are anxious to have it. Tiruvalluvar did not read in any school or get any degree. By his thoughts and meditation he learned the truths. Similarly others like Kambar, Vyasa, Valmeeki, Shakesphere etc. who have written so many books did not read in any school or college. They have used their powers to write so many books which are read in schools and colleges and the capacities of the students judged and given marks. The present Kaliyuga has changed the method of realising the truth by oneself. When new conditions are created in this world man has changed the method of realising the truths by himself and gets very greedy. People are interested in book knowledge and investigating what others have said and arguing about them, making everything artificial.

. You may think when the power of the Sun remains the same why the state of our food grains and our life-atoms have changed. The state of the earth today is not in a position to allow the food-grains and other plants to grow as per their states. When the

wind that blows is itself poisonous in which states the plants will grow? The same will be the state of the children also today. The people and plants that breath the poisonous air maintain themselves only by drugs which man has found out today. The Sun's rays when it passes through the atmosphere round the earth, picks up the state of the atmosphere and the plants also get that state as they grow absorbing the air.

We use this for all pleasures imagined by us and for our artificial life. The liquid fuel petrol pumped out from the bosom of the earth is used for our artificial life, burnt and the poisonous fumes let out in the atmosphere. This poisonous air is inhaled by human beings and other lives. We have brought to this sweet smells that Nature has given us. There are several plants that do good to all lives. But we have changed the state by destroying them. When we destroy one, why do we not make two new ones in its place? The plants are in a state whereby they absorb the poisonous in the air and purify the air. We should know the utility of all plants and enjoy the beauty of Nature and take good breath which will give a feed to our soul.

Every man at all levels has got the capacity at his level to know the truths in Nature. He should realise that he can become a great man like Tiruvalluvar, Kambar, Valmeeki, Jesus, Sakhesphere and try to become one like them. This truth should not be taken for arguments or investigation, but people by their learning should absorb the power of God and live for the benefit of themselves and others at the end of this Kaliyuga.

14-7-79

All the good souls are taking birth by the grace of the goddess Sakthi at the beginning, with the idea that they should realise the truth in that incarnation itself so that they will not have any more births. Every soul is born with a desire for love. They do not get that state and in their anxiety they do several mistakes and undergo several troubles and they are in different states during their life. What are the other worlds called Para Loka, Yama Loka, Nara Loka, Booloka etc? For the soul which lives in this world with so many troubles, give love which is its food. With love we can

get good states for our body, mind and soul. Every one should know the truth and live with love towards all living beings.

The way which our elders have shown us to worship God is to calm our mind, which has a tendency to be turbulent with several thoughts, and love our soul. It is for this that they have given so many forms to Gods so that we can show our love to those Gods. We can show our love towards God through any of those forms. On whatever thing we show our love, it is God, since God is in everything. You can show your love not only to all living beings but also to rain, wind, sun, moon, stars, etc. and you will be getting a treasure which is good to your soul. It is by love that we can get a cool state to our soul. Our entire body remains at one state of temperature, but only our soul is in a cool state. When we make our mind calm and live with love, our soul remains steady in one steady and happy state. When we allow our mind to wander about with different thoughts, the body gets heated and we harm our souls also.

Several of our elders have shown this truth to us in many ways till today. They said that there is no world to a man without love; they said love is God. For the people of today the only aim is to live a rich man. For this man hates himself and his own race and deceives himself. Today the world works on hatred instead of love. In this state the entire atmosphere has become poisonous. For the rest of your life you live with love and enjoy the treasure of love.

15-7-79

Live in a steady state without thinking why God has not given you a steady state. We are born in this world with the power of Sakthi to lead a life in a steady state. Every one at the end of one life thinks atleast in his next life let me live in a steady state and see all the Devas (angles). But in his next birth also is not able to lead a contended life. This is the state of almost all the people of this world today.

Some people who have not taken seven births given to human beings but had realised the truth and attained a steady state in the first birth, gone to the mental world are living there as Gnanis

and Gods. We have taken all the seven births and even in this birth, we have not reached our goal. To come to a steady state we should see the God who is in us and know that it is He who actuates us and live without disgust remaining in one steady state. Then we can rise up to that state wherein we live as one among Gods.

The one Reality - God - is in everything. When we say there is only one God, and again when we say all the Gods you may ask who are those other Gods? These several Gods are the Siddhas, Sages, a Rishis who come in several forms as per the wishes of each devotee and bless them.

Among the Kings who ruled the country in those days there were some who realised their real self, took to meditation, learnt all the sciences and how to live in the mental state. We have read the story of King Vikramadittia and tell those stories to our children also twisted in several ways. The same Vikramadittia with his same body still lives in the mental world doing several magical acts to educate the people of this world and is doing good to the people as he was doing with his material body in this world. When he was ruling the country in those days he obtained a steady state in which he was able to see all the existing states in this world by his severe penance. It was to spoil his penance that the devil began to tell him 1001 stories during 1001 nights continuously.

Is it a devil that came and told these stories to the King? No, it was a Muni (a great soul in one of its advanced stages) called Vathala by name who came in the form of a devil and told him those stories. The muni who had control over the devil knew the state in which the King was and how he could absorb the grace from Sakthi. Every story that the devil told him, one in each night, were not stories but actual facts which were impressed in the King's mind and with the grace of that muni he knew about all the states and remained steady in one state. Even the King who ruled the country in those days had to pass through all the stages before he could reach a state of single mindedness and live in this world.

It is not human beings and animals only that live in this world. Around us there are several crores of souls without bodies who

know all the states in this world. They are in the lookout for a suitable body entering which they could fulfil their wishes good as well as bad. We think we are only our soul, thought and body only. In whatever way our thoughts change spirits of similar thoughts enter into us, reign over us and do what they want using our body as a borrowed vehicle.

We are not the only person who lives in our body. There are several souls around as waiting for an opportunity to enter into our body and get their desires fulfilled through our bodies. We should always have our thoughts on God and not give room for any other soul to enter our body and use our body as a tool to do what they want to be done. If we allow this we lose the opportunity given to us in this last life to rise to that state in which we can merge with the one Divine Light.

18-7-79

In this world we lead an illusive life. What is the result of such a life? Who enjoys the wealth that we have earned during our life time? Many people think that their wards enjoy them. How long are they going to tell our names? Those wards also go round in the same cycle like us and how long will it take for them to forget our names? We should not lead a life saying that it is our fate or as a result of our births but lead a life in which we know our real state.

There are some divine souls born in this world long ago whose names are remembered in this world even today. We should try to lead a life like them. The Siddhas have told us the several benefits that we can get by taking proper breath. Are there not people who in their states have obtained several superhuman powers and still remain in that state? They have expressed for the benefit of the people of their home land several means by which others can obtain that state.

The persons who obtained superhuman powers in those days used their bodies as a vehicle for their soul to travel throughout this world and to other planets also. A king Birava by name was one of those great souls. He used to get into their bodies leaving his body to lie as a corpse and go round his country to find out

facts and help his people. In one such occasion he entered into the body of a watch dog to go round the city in the night to get first hand information. Some persons who had vengeance against the King knew this and destroyed his body. Since then that King's soul remains in the dog's body and remains even today in the mental world. Though his material body has been destroyed the soul did not have any further births and remaining in the mental world, comes to our world in many forms doing good to several persons. Even after knowing that there are many Siddhas eagerly waiting to come and help us in many ways at the very thought of them, we do not take their help but indulge in wordly pleasures only.

We should have a desire for love. We should not destroy the ever lasting treasure, our soul, but make our breath and thought a slave of our soul and with the powers that we have obtained from God and getting the grace of the great persons who lived before us live a happy life in this world.

19-7-79

In the present state of the world, man wants his prestige to rise; for this he wants money and to earn money he wants his body to be in a healthy condition. It is for this only that he prays to God in many ways. Those who say that we should not pray to God asking for wordly wealth are considered to be mad people.

In the present world no one asks the question who is God. If we do not pray for food to God does the body not require food? He has given hunger to this body; should we not pray to Him to give us food? These are the ways in which the present man thinks. People think only about the hunger of the body and no one thinks of the hunger of the soul. The present world is only for the hunger of the body. All the states that we get are only due to the hunger of the body. We should think in which way the food taken for the hunger of the body is absorbed by the soul and know that the hunger of the body can be controlled by the hunger of the soul.

I do not say that all the persons born in this world should control their bodily hunger like Rishis and Gnanis. All people

know what are the foods and the states that their body accepts. I do not say that you should live without food and water. The vehicle, body, can be kept in any state by controlling the thoughts. Whatever state our body gets by the food that we take, the soul also gets. It is necessary for us to eat, dress and enjoy our life. But the man who is greedy and acquires more than his requirements become a slave of himself.

In the present state of the increased population of today love and affection have disappeared. One's bodily hunger stands foremost. To hear good advise and to tread the path of good people which help the development of our soul are not accepted today. We think of God to satisfy the hunger of the body only.

Meditation helps a man to be calm in his thoughts and actions. The man who meditates will not be proud or arrogant, have control over himself and lead a life with love towards all beings. Our soul is different from our body. We should consider the soul staying in our body as a gift and live cooperating with Nature, learning the truths and getting our energy from the Sun. The power of the Sun is in one state and it comes to us in that state in which we absorb it. See the effect of wind; it cools water that is hot when exposed to it; it makes the wood burn in a fire. In the same way the power of Sakthi is useful to us in whatever may we utilise it. We can get that power according to our thought and use it for good or bad purposes.

24-7-79

Temple

The place of worship namely temples churches, mosques etc. are places where everyone irrespective of his status goes to worship God. The place is made pure so that people going there will have their thoughts on God only. It is with this idea that so many temples, churches and mosques and all such places of worship all over the country have been built by the Siddas of those days. Idols have been installed in these places of worship to bring the attention that there is one above all of us who will look after the welfare of all. After installing these idols, the Siddas live there with all the powers that they have acquired from Sakthi, knowing

the thoughts of the numerous people who come to worship there and grant their request. All these are done by *Maha* Rishis, *Sabdha* Rishis, and *Gnana* Rishis who have got all grace from God. It is because these great souls remain with their body and soul in the places where they have built these temples for ever that there is still some untity and fear in the hearts of people for the mistakes that they *Commit*. If these temples had not been there and there was no God, there would not have been so much devotion to God and justice in this world. It is a gift to us that those Rishis who lived in this world in those days, and are with us even now protecting us like Gods.

When God is in us and we are God why should we say that some people are above us and some others below us. High and low do not come by their religion, caste or wealth. Those who have got their thoughts and have got the powers from God, and achieved a high state in knowledge and can bless us with their grace. They are in a higher level than us and we should worship them to get solace to our souls. It is not possible for any person to find out and tell about the state or the form of God. It is not possible even for those great souls who live in the mental world and enlighten us on so many truths and given various shapes for the Gods that we worship in the form of idols, to see or hear about the shape of God. It is possible to know about and see God only for Him who exists in everything.

All those who have got the grace of *Sakthi* and realise their real state and know that their soul is immortal can raise their state to that of *Siddhas* and *Gnanis*, but is there any one who has seen the form of God and talked to Him? God has no form and we are not eligible to say that also. It is only by our own thoughts and breath that we can rise up and lead a contended life. The power that we can absorb depends upon our thoughts. God blesses us at the state in which our thoughts approach Him.

25-7-79

During birth there is no differenciation as human and divine. They say that the state after *deva* is human. No one is born as a *deva*. Hereditary and royal births are the next stage only. In the beginning all the monads start their life from one state only.

It is from this state that all living beings become God, man, animal, devil and other creatures, depending upon the nature of the first breath that they take. After being born in one state all the lives grow in their different states by the kind of the breath that they start taking in the beginning. The grace that we have got from Sakthi at the beginning is the same for Gods, human beings, devas, animals, etc.

If we examine the truth as to how we get our human birth it will be known that we have come from the divine state. It is for us to go back to our devine state realising the truth behind our human birth. We, who have got the privilege of getting a state wherein we can be one among the Gods, should utilise the privilege given to us during our life time and reap the fruits of taking this human birth. We should realise our state now and act without waiting for any other appropriate time. It is because man in his state spoils his breath and thought, that instead of becoming a God and going to the mental world he remains wandering in the astral world taking several births in various bodies.

26-7-79

Every man should know his real state and live. When we are happy the food that we take appears to have good taste and smell. The food that we take in a happy state is relished by our body and mind as very good. The same type of food if taken by us when we are in some difficulties and our mind is not calm but worried, is not relished by us and becomes harmful to our body. The relishing and absorbing of the food by our body depends upon the state of our mind. Every one acurates his body and mind by his breath and thought waves. When we cook we have to keep our thoughts and attention on what we cook, and the operations to be carried out at the proper stages of the cooking. Then only the food will have good taste. In the same way by our breath and thoughts we keep our body in a constant state during happy and sorrowful states and train our body to worship the soul which is inside it.

We should obey ourselves and not the several atoms that are in and around us. We should know that the breath that we take is the cause for our good and bad things. With these lessons,

use your discrimination, tread the path of the great men who have gone before us and live in a proper way with good thoughts.

We are not different from this world or the different life atoms that are in this world. All the monads which have come as living beings in this world by the grace of Sakthi are all related with one another. We need not separate ourselves. All are mixed in us and we are mixed in all. Let us live as one with this world which has no state as "I", absorbing the grace in us and leading a life of love.

27-7-79

It is possible only for human beings to know about this world and other planets also by their thoughts. Man in his material body can only do this. This power is in every person irrespective of age or sex. It can be used only by those who develop that power by their breath. With the same electric power we can make a night light to just glow like a glow worm or make a 100 watts bulb to give light like day light. Similar is the power in man. But the people of today are not in a position to awaken the power sleeping within them without any activity. They go to schools and colleges, read several books to increase their book knowledge. There are very few persons who read in order to develop their thought power and know things by themselves. The state in which the present educational institutions work, and that of the teacher and the taught are to get highly paid jobs, earn large sums as salary and live in a comfortable way. From the state of our soul we can make our body with the help of thought, to fly and know about the states of all the atoms in the body and the various states that exist throughout the world and inform the people about so many truths. We are born, we grow, we read and we live like animals in this world without even thinking of the powers that lie dormant in us.

What happens during the life time of the material body in this world cannot be remembered by the soul when it goes to the astral world. It can remember only its actions and thoughts during its other previous births or incarnations. The soul will be wandering in the same state and with the same intelligence that it had when it was with the material body. There is no chance for the soul to

improve its intelligence while it is in the astral world. It goes on wandering in the astral world searching for a suitable place, which is akin to its state and thoughts while it was in this world, to take its next birth so that it can fulfil its desire. All the souls that have taken a rebirth in this world should realise their real state and live without wasting their thought powers on the states of other people but absorbing the power from Sakthi.

28-7-79

Little drops of water make the mighty ocean. We have to till the land, sow the seeds, reap the harvest, cook the food grains and then only eat. Similarly in meditation also we have to proceed step by step treading the path. Meditation is not a thing which can be had when we are happy and unwillingly when we are not inclined towards it. In every state of our life and every action we have to train our thoughts and make the atoms in our body one by one to come to our state, forget our material body and realise the soul that is in our body and learn to operate it so that we can absorb great powers. In this state we will be able to absorb the rays of the Sun directly without allowing them to strike on the earth and then absorb them from the earth. By absorbing the rays directly we will be getting the grace of Sakthi to our soul and raise its state to that of a Gnani or Rishi. To think of the past and dream of the future is not desirable for the state of Gnani and Rishi.

There is no past, present, and future or day and night to obtain the state of meditation. This is all that can be said in the beginning stage. These lessons will not help to absorb the power from Sakthi. These show you only the path to be tread by you. Each person has to cover the entire path himself and no one else can do it for another. So forget the past, understand what is meditation, learn to absorb the power from the rays of the Sun and meditate.

29-7-79

Good and bad things are not chosen by us. They come from the powers of God who is within us. The soul which is

in our body even after it leaves our body will act in the same state and way as it was acting while it was in our body. How did we get the great Jesus? We should know how such great souls that are in the mental world, without taking a rebirth, enter into some other body which is suitable to them to do good work in this world. There are many religious leaders in Saiva and Vaishnava sect also like this. They enter into the body of some person whose soul has left that body. We should also try to live like them.

You may ask why that soul should not enter again the body that it has left previously. The soul can act only in that state in which it started its life in that body. The soul which has left a body with fear and unable to bear the pain will not enter that body again. It is in such a state that some great souls from the mental world with a desire to do some help to persons in this world, come enter the body and execute their wishes using this body as a tool.

Jesus was born as an ordinary shepherd boy who while he was rearing the sheep was bitten by a cobra and died. The body at that time was in a good state. A great Sage entered into that body and taught the people of the world what he wanted to do being in that body. He still comes to the land in which he lived. The people there now are not in a state in which they can think and accept the teachings. By meditation they can know about those states. Our land is one in which several Rishis and Sages have lived in the olden days. That is why the people here have at least the faith and fear about God. If the souls, which they are in human bodies learn to absorb the power of Sakthi in them, then they need not take several bodies and suffer in the spirit world. People should realise this and feed their soul with the power of Sakthi and raise it to a high state. Since our body is in a state in which it can absorb any type of atom, we should not allow the bad atoms to enter our body and have their influence on us. On the other hand we should do meditation and get the grace of good souls by our thoughts.

30-7-79

We know that Jesus, Valmeeki, Thiruvalluvar, Thirugnana-sambhandar and Avvaiyar who have taught us in a simple

way, have lived before us have given the truths. They have written several books for our guidance and by their meditation they have risen to a high state and without taking any other body, they remain in the mental world entering into other bodies at times and guiding the people of this world.

We should know how the Sages and Rishis who had lived before us on this world have given us their grace and we should also get their grace, take good breath have good thoughts and get the benefit from those great souls. It is by getting the grace of those great souls that are in the mental world that we can make our souls go to the mental world after it leaves our body. We should remain steady in our state learning several truths by ourselves without being influenced by the breath and thought waves of others around us. We should get the grace of such great men and live, which is good living.

We have our mother to feed us with milk, a master to teach us lessons; a wife to lead a family life; children to rear and be happy; like this we are connected with each other. We should not stand aloof but get the grace of the great souls and it will be a treasure for our soul. That which guides us is the grace of those great souls. Realise this and live a good life without standing aloof.

2-8-79

Why we say while sitting for meditation we have to take a good breath is that our breath should be normalised before we enter into meditation. Before we sit for meditation our breath will be oscillating up and down. It is only after our thoughts are concentrated on the meditation that our breath gets a high state which is reflected in our body and mind. In this state we forget our body, this world and rise up to a high state and feel that we are flying in the air.

We think that there is life only for the life atoms that are in this world. The rays of the Sun strike over the air and water above the surface of the earth and after striking on the earth we absorb them from the earth. It is not only the life atoms on the earth that get their life, but there are also many life atoms in the

air above the earth which also get their life from the Sun's rays. This air has got life; water has got life; the life atoms cannot get their life only from the rays of the Sun. The wind blows in all the directions and as whirl wind also. Since air has also life, in whichever way the air in those places attract the Sun's rays, the wind blows in that state and giving its effect. In our previous lesson we have told about the state of the soil and the state of its breath. In the same way the state of the air also depends upon the state of the water over which it flows.

4 8-79

The life atoms live in all places where the rays of the sun fall. They live on the surface as well as under the surface of the earth. These life atoms are in the air also. There is a type of bird called Chataka bird which remains in the air for ever and never comes to the surface of the earth. It lays its egg while in the air and as the egg drops in the air towards the earth, by the heat developed by its motion the egg hatches into a young bird which as soon as it comes out of the egg, before it reaches the earth, starts flying and take its food from the air and lives in the air. Those birds never come to the surface of the earth. Like this there are several crores of lives that live in the atmosphere having no connection with our earth.

Similar is the case of a type of frog called "therai" in Tamil which is found living inside solid rocks. When we split the rock we find inside the rock a small cavity in which there lives a live frog. How did that frog come there? Another case is that of the insect that is usually found coming out of the seed of the fruit through a hole made in it when we cut the fruit. How did that insect get into that seed? Was the egg of the insect laid in the flower of the mango in its flower stage? If so how long did the egg stay in that stage till the flower becomes a small raw mango and increases in size and becomes a fruit? The secret of this was known to several people like the Siddhas but no one has revealed the same to the lay man.

How this happens is as follows:—When the mango tree flowers and the flower is about to become a tiny mango, with the help of the moisture in the flower the life atom of that insect is born

inside the tiny raw mango. When it receives the heat from the Sun's rays, the life atom gets its life and becomes a worm and then an insect and starts eating the seed of the mango and lives inside the seed. It gets its food to suit its breath from the seed only. When we cut the fruit the insect comes out of the seed through a small hole. In the state that remains outside the insect cannot take the type of breath it wants and so dies.

In the case of frog inside a rock, due to the moisture in the rock, when the rays of the Sun fall on the rock a life is created in the cavity in that rock. It eats the salts that are formed there by the moisture and live there for some time and die there itself. All life atoms do not come from the egg laid by its mother. There is no male and female in this variety of frog which lives inside rocks, insects that is in the mango seed, flies, ants, several worms etc. These do not have father or mother. These get their life from the rays of the Sun taking breath as per their states.

The breath suitable for scorpion is the smell of wood; hence it lives in the cavities of trees and in places where there are dense trees. There is no sex differentiation as male and female in them. By the breath it takes young ones are formed inside its body, and they come out bursting the body of their mother which dies immediately. Has any one seen the eggs of a scorpion? No. It does not lay eggs and breed. Like this there are many truths in Nature which the lay man does not know.

This is the reason why our forefathers worshipped Nature as their God. No one in this world has seen the God that Nature has given us; why in this world, even in the mental world there is no one who has seen the God given by Sakthi. That is why we worship the Sun, the air, the rain and the wind which have the powers of Nature. Hence we should love ourselves and in a state of love, love all that is Nature and live with love in accordance with Nature.

5-8-79

In this way there are several life atoms in different states in the atmosphere, on the surface of the earth and under it also. There are some others getting power from the Sun and go on flying about in the vast space with a desire to fulfil their wishes

and thoughts. In this world a holy land, human beings who have got the privilege of being born as such should love nature and live. Man has been given the power to know all about this world and also about other worlds and regions. Without knowing their capacities people accept God in several ways. In whatever way they may accept they should tread the right path and should not yield to bad thoughts.

What is the use of believing in chanting mantras, black magic, astrology, fortune telling and such things which create desires in us and make us slaves of several undesirable atoms? When the power of knowing things lies in us why should we go and ask others? We should not make us a slave of others and lead a life with fear in our mind. Having good thoughts and absorbing power from the Sun we should live our own life not thinking of several states other than ours.

Man has got the power to know about all the living beings. With the power of God by our own breath we can absorb good and bad atoms. We can have contact with several spirits. In this world where both good and bad spirits are roaming about, by knowing the state of the spirit and offering it the food and the smell that it likes, we can bring them under our control and know about several states so long as our state and its state agree with one another. If there happens to be a difference between our state and its state, it will turn the table on us and do to us whatever harm it will be possible for it to do. All types of black magic are done by the help of bad spirits. Those who indulge in these lose the chance to improve the state of their soul. Such things are done by people without knowing that bad acts done by a person will react on him at the end. Every one should realise that it is a privilege for him to be born in this world as a human being after wandering for several years in the form of a spirit in the astral world. We have taken this birth to fulfill the desires left incomplete by us in our previous birth. We should realise that we are born with the grace of God and try to do that for which we have taken this birth and not indulge in several wordly desires.

6-8-79

Those who are afraid of themselves, forget their real state and look at their states with fear, thereby spoiling their mind and

health. In the atmosphere around us there are several crores of life atoms, good and bad atoms, several spirits in various states and there is moisture also. In the stratum above this there is no air or moisture and only one state exists there. When the clouds in this stratum strike against one another there is lightning and rain. The spirits there, that are in search of a body into which they can enter, get a chance to enter into the bodies of persons who are afraid of this thunder and rain. In such a state without our knowledge we get into the state of that spirit. When a man is afraid, he forgets himself and his thoughts. When he has no thought he is in-active and yields to depression, his state changes his health is affected and his life itself becomes a grievous one. Now do you realise that the state of the mind is the cause for all these.

All the explanations given in these lessons are taken by every person according to the state of their breath, mind and similar will be the effect on their life style, bodily health, financial state and their happy or depressed state. The Sun gives all the energy for this earth. With whatever energy that we can absorb out of it, we should try to take into us good atoms and the grace of good people. We should meditate with single mindedness on the right path and then we will get the help of good people and no bad thoughts or bad spirits will be able to approach us. If our thoughts remain concentrated on the true state of Sakthi, we will not have any fear; meditation on Sakthi is the only way to purify ourselves. A person who gets the grace of Sakthi will get everything automatically. In whatever state you may be, do not get depressed but indulge in your meditation and get the grace of Sakthi.

In the present state of this world in which a man does not know his real state and lives with disgust, the only way to realise his state and live in a high state is to meditate on Sakthi. When we say meditation people get an idea that it requires very strict disciplines which will be difficult for a family man to adhere to. But actually it requires no special talents but we have to only direct our breath and thought on the power of God that is within us. By doing so we will get the grace of many of the great souls that are in this world. Every one of those who read these lessons should

know these facts and get the power from the Almighty, teach others what they have learnt so that they may also be benefited and live in a good state.

7 8 79

If you worship the invisible power, God, can you get His grace? If you think only of the invisible God and pray to Him with the hope that God himself will come and shower his grace on you, will you get it?

The thought that a mother has when she starts feeding a child with milk, will be going round the child always. The thoughts of all the members of the family are also acquired by the child.

For the power of Sakthi we give different names and worship. The fruits that we get by worshipping Sakthi by different names depends upon the state in which we have acquired Her grace. If our thoughts at the time of worship have distress, anger, hatred, we have to forget all those things, pacify ourselves, normalise our thoughts, should not be effected by the bad atoms around us and should remain steady in our own state. Then only we will get the grace of God and lead a life of love.

By doing puja and reciting several manthras we do not get the grace of God. Reciting so many names of God is only to calm our mind, create love on Him and make ourselves fit to tread the path leading to Him.

To make ourselves fit to get the grace of God is not like beating the cloth on a stone to remove the dirt in it. The dirt in the cloth should be removed by squeezing the cloth with our hands after applying soap. The grace of God is received not by going to several temples and making elaborate pujas with great fuss. It is obtained by living a life with love and charity, making ourselves happy. To make ourselves happy our state in life should be made a happy one by getting the grace of God. To get the human body by the grace of God in which state we were and have come to this state should be realised and then life lived.

When we were in monad (life atom) state we had taken a certain type of breath. When we are in the human body the life

atoms take only that type of breath and have the same type of thoughts and these atoms go into the blood vessels and settle there. In this state whatever thoughts we have and whatever breath we take will be going round us during our life time and even after the soul leaves the body and goes to the astral world the same waves will follow the soul to the other world also.

Our soul comes out of our body in a particular state with a particular wave length. When our soul is in that wave and when it meets any animals which has got the same type of wave, our wave starts uniting with the life wave of the animal and our life-atom enters the body of that animal. This is the way in which we take rebirth as an animal in our next incarnation on account of our thought waves being of the same amplitude as that of the animal.

When we are in the human body itself we should get into that wave which gives love and affection and then we can acquire the power of God. This gives a lift to our soul and its state will not degrade but will acquire more power to go to the mental world where it will get merged with Sakthi.

8-879

All these instructions are given to you to get this state. Those whose thoughts were in an angry, enimical, mischivious state after their soul leaves the body, the type of breath that they had taken while in their human bodies will be going round their souls in the astral world also. When these coincide with the waves of certain animals which are going round that soul, like waves attract each other, and this soul enters the body of that animal. In this stage the life atom of the man enters into the blood vessels of the animals and takes birth as animal. This is what is meant by saying man gets the state of being an animal and is born as an animal. The state of some of the life-atoms are such that they are born again only as animals after departing from the body of those animals. You may think, why the life-atom after entering an animal's body does not come back to a human body. Once it enters the animal's body it takes only that type of breath which the animal takes. It does not mean that the life atoms of ferocious people take birth as animal. The life-atoms which have gone into the bodies of

animals take the same breath as the animals. When the body of the animal decays the life atoms become worms. Some life atoms take the breath that they were taking while in the animal's body and become the animals.

It is not only that the life atoms of men enter the bodies of animals, but the life atoms of animals also enter the bodies of men when the breath taken by that man has the same wave length as that animal and he has the same characters of the animal, namely anger, malignity, ferociousness etc. Then the man since the life atom of the animal is inside him, he gets all the characters and qualities of that animal. The man who lives in this state as an animal can come into the body of a man only when he changes his animal qualities and lives a life of love getting the power from Sakthi.

9 8-79

All the life-atoms when they are born in this world first time as men, animal, bird, tree, plant, worm etc., get certain powers from Sakthi. We who are born as men, live in this world scattering the powers and thoughts in various ways thereby losing the privilege given to us. In the grace given by Sakthi each gets a particular capacity. Human beings have been given two hands to do all kinds of work and the power to speak which no other animal has got. This ability to speak should be utilised in the proper way to execute our thoughts in our state without scattering them in other states. Each person has an ability which he gets by the type of the breath that he takes which ability others do not have. We should not forget that it is a chance given to us to acquire a high state to our soul which will be its treasure. We should meditate and get the power from Sakthi and purify the land on which we are born.

My blessings to all those who read these lessons to get the grace of Sakthi and all the Siddas and lead a life of love.

10-8-79

All of you who are born in this world with the grace of Sakthi should live considering love as God. Follow the traits of Rama

with love, have a beautiful figure as Muruga, be like Saraswathi in learning, Lakshmi in wealth, Hanuman in valour and play as Krishna. Let us acquire the qualities from the various Siddhas qualities for which we will be considered as God and paying homage to all the great men, Rishis, Gnanis who have shown us the truth and lead a happy life.

Air, water and Sun-light are essential for all lives to live in this world. Without these there will not be any life in this world. What is that power which the Sun has got to give so much energy to this earth? The time that the earth takes to make one turn (i.e. 360°) about its axis is taken as one day which is divided into 24 hours. The sun takes only 12 hours to turn one round so that by the time the earth makes one turn about its axis, the Sun makes two turns.

We are thinking what will be the state of the Sun and how we get the light rays from the Sun? In the Sun half is land and the other half is water. There is life in the Sun also. The Sun that we see absorbs light from so many other Suns around it and it is with that attractive power that the Sun that we see rotates so fast. Today people say that the Sun is shrinking. The Sun is neither shrinking nor it is losing its weight and power. Its weight and power are increasing day by day. Just as the earth is absorbing power from other planets and rotating with that power, so is the Sun absorbing the light rays from other planets and hence its weight will not decrease.

We are thinking that the Sun is a ball of fire and no one can go there. The Sun is also like our earth with water, land and air and it is also rotating like the earth much faster as already stated. The rays of the Sun which is rotating on its own axis, the air and other atoms round the Sun are also made to rotate round it at a high velocity. These come and strike the earth and make the earth also rotate. All the other planets are also in the same state getting the rays from other planets and rotating. Our earth gets the rays not only from the Sun and the moon but also from all the other planets. The Sun attracts the rays from the other planets that are above its region and give them to the earth. In the same way atoms from the earth go to the moon and Sun also.

This earth does not act separately. It acts in combination with 48 Nos. of planets each one exerting its power on the others and rotating. No planet is in a fiery state. It is only on the rotation of all these planets that we get sound and light. There is land and water in all these planets and life also exists in all of them. The state of the life in each planet differs. The shape of all planets are not spherical; even our earth is not spherical as believed to be. How can it be spherical when we have got the Himalayas and the snow mountains on it. The surface in each part is in a different state. If it is spherical the rays of the Sun falling on the earth should be of the same nature in the morning and evening. There are some places where the Sun's rays do not fall.

Scientists with their intelligence see the earth to be round and flat in their various investigations which are being done even today. Any object when seen from a very long distance will be found to be spherical or as a long one. In this state we think that we have found them out by our intuition. The shape of the moon is like a pyramid with ups and downs. Every planet has a shape different from the others. Each planet is rotating in combination with other planets. Neither this earth is a separate one nor the life-atoms in it are separate. How to live an eternal life separately is being taught in these lessons. The state of the life-atoms will be dealt with in tomorrow's lesson.

11-8-79

Life-atoms live in several crores of planets like ours. These life-atoms are connected with one another and one lives by destroying another and getting energy from it. This is the state that exists in all the regions. Nothing in this world is destroyed; it is only a change taking place from one state to another. This is what is meant in saying "when a candle burns nothing is lost".

When the life atom in one body leaves that body (the body dies) and goes to another body it absorbs the essence required for it from the atmosphere before it enters the other body. The soul that leaves a body till it takes a rebirth absorbs the essence required for it from the atmosphere. All the planets have got life. Stone, soil, air and water have life. All the planets have their existence.

All the minerals that grow under the earth have their existence till they are mined and taken out. Minerals like copper, gold and diamond have life till they are mined out of the earth. The rays of the Sun fall on the earth. The various minerals inside the earth absorb the atoms required by them to serve as their food from the earth. These minerals go on growing as long as they are inside the earth. Their growth stops once they are taken out of the earth. This is the case with all the minerals, coal, oil etc. and all of them have life and they grow as long as they are inside the earth. This is the case in all other planets also.

The Sun gives us besides its own energy, the energy that it draws from the other planets. Other Planets like ours absorb the energy from our planet and rotate on their axis. We are getting with the rays of the Sun several atoms and energy from the Sun. It is possible for us to know the state inside the Sun and get our living state from it by meditation.

We are thinking that the rays that are round the Sun are very hot emitting heat. The rays which come from other planets strike the Sun which is rotating very fast and the Sun absorbs those rays and emits the same to us. These light rays are of different types. From each planet a different type of ray strikes the Sun and the Sun transmits all of them to the earth. We think that all the rays are of one type. Those rays contain atoms which serve as food for the different types of minerals. The rays of the Sun contain several types of atoms in it. When the rays with certain type of atoms fall on the earth they are absorbed by the soil and moisture in the earth. In that place one particular type of mineral will grow. All the minerals that we take out from the earth have got life and they get the type of food that they require from the earth which absorbs it from the rays of the Sun. There is no planets which has not got life and energy. All these are lives in which God exists. Each planet absorbs a certain type of atoms and grows with that particular mineral in it. The state in which the minerals exist in this planet is different from the state in which they exist in other planets. The colours that we see in this planet is different from those in other planets. It is by going to those planets that we can enjoy the colours and smells that exist in other planets which are also rotating like our planet.

We should live our life with love and intelligence getting the power from the Sun. We should get more energy from the Sun than the life-atoms in other planets get, by our breath and thoughts and make this body like diamond which will be a great treasure to us.

12-8-79

In this world the state of a man and his life atom depends upon the energy that he absorbs from the rays of the Sun. The people who live under similar conditions or with the same habits have the same form in their features, take the same type of breath and have the same type of thoughts. Thoughts of the people in different parts of the world and their habits are of the same type and those souls which leave the bodies of the people from that place also have the same type of thoughts and take the same type of breath and will be wandering in the same localities in their spirit state.

The families that live in India are God-fearing, have affection among the members of a family and most of them live as joint families maintaining their family bond. The Siddhas who lived in those days have infused bakthi or love towards God in the minds of the people by installing idols of several Gods so that the thoughts of the people and their breath are of one type and even after their souls go out of their bodies, they remain in the same areas wandering with the same thoughts and taking the same breath. Hence the state of the people in this country as a whole remains as it was in olden days. The spirits that are roaming about in and around the temples with a desire to help the people of their land, enter into the bodies of some of the devotees and using that body as their tool give out certain facts and secrets to those persons in whom the spirits are interested. This state remains only in India where the old traditions which our forefathers have started still continue.

In the same way different states exist in different countries. The souls of the men in different countries, when they leave bodies go with the same type of thoughts and breath as they were taking when they were in the body. They go on roaming in those places where the people have the same type of thoughts and breath.

Why the state of bakthi or devotion is like this in this country only? Is God only here? Will those spirits enter into people's bodies and express their wishes only here? This is what some people think. Here the states revealed by our Siddhas, have been accepted by our people. In certain other parts of the world, people worship God in other states and ways. They worship without knowing in which way they get the grace of God. In this world people of today do not believe themselves but depend on what the astrologer or fortune teller says. They do not know that some spirits come and give them some information.

The spirits are wandering about in search of some way by which they can get their wishes executed. The men of today worship those spirits as Gods. You may think when the spirits come and gives us good advice and do us good why should we not accept them? The state of these spirits is such that so long as our thoughts and wishes agree with their own, they will co-operate with us and do us all help. Once our thoughts and their thought differ, they will turn against us and do us more harm than the good that they have done us. To get out of this man must believe in himself and his thoughts without giving room for any bad spirits to enter his body and influence him. We should live with our good thoughts taking good breath.

Man must know that it is not his life-atom only which remains in his body. There are thousands of several other atoms that remain in his body and influence him. We are not living only with this world. There are 48 Nos. of other planets and their associates with whom we work in combination. We should live knowing from where we get the energy required by us.

In tomorrow's lesson I will tell you about the relation of our earth with the others.

13-8-79

First I will tell you about this world. Each planet is attracted by all the other planets and each revolves on its own axis. All the planets in this world are not alike; the rain fall, temperature, wind etc. vary from place to place. The topography also differs from

place to place. Though all the places in this earth get the energy from the same Sun we find so much difference from place to place.

The state of a place depends upon the type of life-atoms that are there. The soil in one place is in a certain state and that soil absorbs energy from the Sun as per its state and the vegetation that grow in that soil is also as per the state of the soil. When the rays of the Sun fall on the soil it attracts energy from the Sun's rays. The quality of the soil and other things on it will depend upon the type of breath the soil takes, that is, the soil absorbs from the Sun's rays.

Volcanoes, mountains, snow hills, seas, lakes, rivers, all have life in them. How did the volcanoes and snow hills come on this earth? The states in different planets vary from one another, Volcanoes do not occur by fire coming from the sky. When the earth rotates fast and rain, wind, snow etc. strike on it. The earth absorbs all these and there is an airy Zone inside the earth. When the hot and cold winds strike against each other inside the earth and on account of the various states that exist there, volcanoes and snow hills sprout out from the interior of the earth. The same is the cause for the difference in the states in various parts of the world.

Earthquakes and huge cavities that are formed on the surface of the earth are not caused by the states that come from the Sun. They come from the state in which the earth emits the energy that it absorbs from the rays of the Sun. There is much rain in this earth. How does this earth get rain, light and emit sound? How are the smell, taste and other states obtained by this earth? This earth gets all these states from its relation with the other planets. I will tell you in my next lesson how rain comes.

14-8-79

We have been taught on the basis of science, from our young age how rain comes. It is the planet Jupiter which is the root cause for getting rain in our earth. The planet Jupiter absorbs the light rays that come from the Sun and directs the light rays towards the earth. The earth absorbs the light rays and emits

them as heat waves. The wind that comes from the planet Mercury, cools down the hot zone and forms clouds which when struck by the sound waves coming from Mars form rain bearing clouds. The state of rain in other planets differs from what we have in our earth. There is not much rain as we call it, in moon; but there is moisture. The state of rain in moon is different and I will deal with that when I deal with the moon.

When you think about the state of this world you may wonder how these different states have come. I told you in yesterday's lessons how the state of the minerals in the various parts of this world vary. How these different states came at the very beginning? By saying very beginning I do not mean the beginning of this world. I mean the beginning of this Yuga for example beginning at the end of Kali, that is after a pralaya. The states of the various of Kalki places in this world depend upon the state of the atoms that come and strike this world from the Sun and other planets at the very beginning after pralaya.

The state of being formed as an embryo in the beginning stage is not for man only. The same happens to the world also. In this world in some parts vegetation grows well and in some other places they do not grow properly. You might have heard of stones, diamonds and gold which do not grow and increase in the size. The soil in such place is dead and there is no life in them. In the same way living beings get their life and die; the soil also has birth and death.

The water in the sea is saltish, in the river bed it is sweet. There are some wells near the sea which yield sweet water; there are some others in the interior far away from the sea yielding water which is saltish. How does this happen? The rays of the Sun which are absorbed by the soil in some place do not have the effect of those rays. As the earth absorbs the rays of the Sun and emits them, on account of the rotation of the earth they enter some of the water courses nearly which is the cause for the change in the state of the soil and the taste of the water. As a matter of fact there are several water courses running inside under the surface of the earth. My next lesson will be about sound waves.

For this world air, water and light are the three important factors. Similarly the sound "OHM" is necessary to get the above three. Without sound waves there will be no wind; without air there will be no light; water comes out of the light rays. The sound waves which are the root cause for the above three come only from the planet Jupiter. This Jupiter is three times bigger than our earth and rotates at one tenth ($1/10$) the circular velocity of the earth. That is by the time Jupiter makes one round about its axis our earth makes ten rounds. The days and nights there, have a duration of 5 days each.

It is from this Jupiter that the sound waves come along with the air and strike on the Sun which rotates very fast. The Sun absorbs these sound waves and gives them away with its light waves to all other planets. It is from these sound waves that we get the smell. (I have already told you that we get the smell from the light. We get all the smells from the sound waves only. Without Jupiter there will be no sound waves, light, air and water. The Sun gets one type of atom from each of the planets and then gives all of them mixed to us in its rays.

The planet Mars is the cause for our getting rain and water spreads. Atoms from Jupiter strike the Sun and from the Sun they are attracted by Mars and given to this earth. Each planet has a state just like the earth. Some planets which are opposite to the earth get some state from it. From the earth we see the moon to be cool. In the same way the earth will appear to be cool when seen from the moon. All the planets that are going round the Sun will appear to be cool as we see the moon. The Sun rotates fast because it absorbs the energy from all the planets. Because the Sun rotates fast all the planets round it get plenty of light. In the same way as our earth is rotating round the Sun, there are several Suns and planets, both alive and dead which are going round the Sun that we see. This will be explained in tomorrow's lesson.

Among the planets that are going round the Sun there are two types; those with life and those without life. I have told you

about the planets which have life. How did the planets without life come? In them there are no sound waves, light waves, air or any other life. They stand as stones and soil in darkness without any moment. There are many in this state and they do not strike against any of the planets that are rotating. They are not attracted by the Sun. They are lifeless and they do not increase or decrease in their size. They remain in the same state in which they dropped out without life from other living planets. They have no light in them.

Now this earth is rotating with the sound "OHM". We get the smells suitable to that sound. For Jupiter which is much bigger than our earth the sound is different. The planets which are Smaller than our earth namely moon and Mars have different sounds. Their sounds vary according to their power of attraction and the state in which they rotate. Since the Sun rotates very fast it makes a loud noise "OOO" when it rotates.

By analysing the states of each planet every person can learn several truths. When a person reads these lessons certain thoughts will arise in his mind and doubts will arise within himself as to what has been said in these lessons can be true. These lessons have been given to arouse such doubts. Our forefathers have said, those who have seen the Absolute Reality by themselves have not given out what they have seen to others, and those who have said about what they have seen have not seen God. These truths have been seen by us in our meditative state and powers. There are several truths that we do not know. All the human life-atoms that have taken birth in this world can know by their meditative powers that they are not different from this world or from any other planet and there is nothing that stands separately by itself. We, who are one with all things in this world can make our life-atom very powerful and can know about all the states that exist not only in this world but also in the other planets.

But today our people are in a state of destroying their own race with the help of science. They are doing several attempts to go to the planets with the help of science. Let them do things which do good to humanity. But with the idea of destroying what one does another has sent several poisonous cells in and

above the atmosphere. They have made them in such a way that what one man has sent in the atmosphere will not affect the space craft sent by him but will affect others. To know the states that exist in other planets each one has ill-will against another and is wasting time and destroying oneself.

It is from what the Siddas from those days upto now have acquired by their thoughts and meditation and by flying to other planets with their bodies and written several books, with the help of which these scientists are carrying out their experiments today and making the whole thing a drama. The drama enacted by these people lead to destroying of oneself. It is with the idea that people should know the real truths found out by us that we are giving them out in this book entitled "Sathiyathin Sakthi Nilai" ("Revival of Divine truth"). These truths can be seen by every one by following the path given in this book and meditating sincerely. All of us have come from Sakthi. The methods of worship and meditation which our elders were following were given by the Siddas of those days who built the temples.

This world is connected with the 48 planets and operat with the energy received from all those 48 ones. Similar to this life and human beings in this world there are lives and beings in the other planets also but their states are quite different from our state. The 48 other worlds do not have human beings like us. The state of the human beings in this world are obtained by the influence of the energy obtained from the other 48 planets.

After the end of this Kali Yuga when Kalki Yuga starts all the monads (life-atoms) will start a new life in entirely a different state. The human beings that are to come in the next Yuga will be androgynous that is male and female combined. There will be no differenciation as male and female We cannot give further details since we will be subject to the wrath of several Siddas. In this book we are giving little by little the truths that we have learnt. There are still several truths to be learnt at this stage. Everyone can learn all of them by his meditative powers. Our elders have fixed the time as a "Mandala" that is a period of 48 days so that in each day's meditation one can concentrate on one of the planets and know all about it. It is from this that the time of 48 days is

fixed for doing any puja or other religious rites. In whatever our elders have told us there is some meaning which we do not understand but blindly follow.

When we look at the sky with our naked eye we see countless number of stars. What we see as a dot in the sky, and we call a star, is actually a planet much bigger than this earth on which we live. In many of these planets live human beings, having bodies like us and more intelligent than us also. But in the septinary chain of worlds (48 Nos. in one chain) to which chain our world belongs, there is no other planet with human beings having bodies like us. There are several Suns other than ours which rotate faster than the Sun that we see. We have had the privilege of being born this world as human beings should life getting energy from Sakthi by our thoughts, breath and meditation, swim across the ocean of Kali and go to Kalki. It is with this desire that I, Eswara Batta have come down from the mental world to give you these lessons. Utilise this opportunity and get the blessings of Sakthi. I will explain to you about several other states in this world.

Aiyappa

21-8-79

Noble souls of Rishis, Sages, Siddas etc. do not take birth from wombs as we all do. When they want to execute some of their wishes they do not take birth from the womb of any mother. They can enter into any body they like, human or animal and the work they want, using that body as a tool.

The state of Aiyappa, whom many people in South India worship, is such a one. Every Sage does not rise up to the high state of Sabdha Rishis in his first incarnation in a human body. So, to complete the balance of the work they enter into some other bodies. Astral or spirit world is not a place where a soul can gather some more energy from Sakthi and raise its own state. This can be done in the material world where we are living. So the great souls utilise the method by which they do not take a rebirth but get their purpose, fulfilled by utilising some other bodies suitable for the work that they want to do. Thus they reap the fruits from the material world without taking a rebirth in this world.

It is with the grace of God that we are born as human being in this world. We, who have taken several births in this world, at least in this life know about the states of the great souls like Sabdha Rishis, sages and Siddhas. That is why I am giving these lessons to you.

The state of Aiyyappa whom we worship is such a one. He did not take a birth in this world. A new born baby which died was placed in a wooden casket by its parents and buried on the bank of a river. There was a heavy rain and floods came in the river which washed off the bank and the casket with the dead body of the baby. A king who passed that way happened to see the wooden casket floating in the river. He took the casket and on opening it he found a new born baby in it. At that time the soul of a Sage entered the body and the child became alive. As the king had no children he took the child very happily thinking that to be a gift from God. The king took the child home and gave it to the queen who brought it up as her child. The child was named as Aiyyappa.

Since the soul in the child's body was an advanced soul, the sanctity of the place increased and it was doing good to all the people from its childhood. He lives even today blessing those approach Him. Many souls, that have surrendered to him have gained high states.

He remains in a stern meditative state. He remains in the stone image there which people worship, in the steps leading to his temple and in the hearts of all His devotees. He blesses his devotees in whichever state they worship him.

I asked you who is God; all of us are Gods. We, who are born with the grace of God should not make ourselves devils and roam about in the astral world. To save yourself from becoming one such devil I am giving you the different states to which a man can go.

The meditative state that I am telling you is not only for those with human bodies but for all the souls. All the souls in the astral world that have spoiled themselves and are roaming about as devils there, should change their bad thoughts, come to a good

state, meditate and be born to good parents, realise the fruits of taking human births and have no more births. This should be the prayer in your meditation.

22-8-79

I have already told you that in this world wind, rain, snow fall, eruption of volcanoes etc. are coming due to the power of attraction and emission of the earth. I will now explain them in detail to you.

I told you that the earth absorbs and emits hot states which forms clouds and rain follows. In the same way as the earth emits heat before a rain, all living beings also emit heat from their bodies. All beings know the state before it starts to rain. Every person can know in advance that it is going to rain. Before it rains we find that it is very sultry. All the animals and vegetation also know about this state.

The heat evolved by the earth strikes on other living beings and they also give out heat which makes water vapour forming clouds that give rain. We say, that the water in the water spreads like seas, lakes, rivers, tanks etc. become water vapour and forms clouds that give rain. This is not due to heat falling on the water spreads only but all the lives including rock, earth, are responsible for the formation of clouds and thereby rain.

Do not think that your body has no connection with other things. Think that you are connected with everything. You who are in this world, which is rotating in combination with the 48 other planets of this planetary chain, do not think that you are alone and what is the use of your knowing about everything and in which way it is going to help you. Our life is not an independent one. Without sound waves, light waves, air and water there is no meaning for life. It is because that I want you to know about all the states that exist and lead a meaningful life, I am telling you some of the truths by means of these lessons.

In places where there is snow fall the state is the same as in the places where there is rain fall. The snow falls in those places in co-operation with the living beings there and the way in which

the soil emits its cold in the form of waves. Earthquakes and cracks in the soil come from the state in which the earth breaths that is, it absorbs and emits the energy.

In tomorrow's lesson I will tell you the state of the earth with the treasures in it at the beginning that is after a pralaya.

23 8-79

All that this earth has got, right from the human beings down to the sceneries and smells including the precious metals and food stuffs, are due to the effect of the 48 numbers of planets of this planetary chain which have their influence on our earth. The Sun absorbs various types of atoms from these 48 numbers of planets and sends them to us along with its rays.

The world in the beginning, there is no beginning and end for this world in the real sense, because it does not die and is not born again and it is only a transformation from one state to another after a pralaya, whatever treasures it has absorbed from the rays of the Sun remain as it is in its body. In the beginning of the next Yuga, it absorbs only that type of food that is required by its various parts and the same state as existed in it during the interval pralaya continues during its subsequent Yuga.

All the treasures that are required for human beings to live are contained in the air that is around us. Each person takes only that part which he requires from the air. This air contains sound waves, light waves and several types of atoms which are required for the growth of different materials of which we have no knowledge, we take only those atoms which are required for maintaining our life. All lives connected with this world absorb what each one requires for its survival, from this air.

How did our scientists find out recording of sounds and pictures and wireless telephone. This air contains all types of waves in various states. I have already told you that it is through sound waves that we get the smell. In the same way in which sound is recorded it is possible to record the waves which produce smell. Everything is contained in the air in the form of waves. How our Rishis and Gnanis of those days were able to know about

the states that exist anywhere in this world or in any other planet by sitting in one place? They did so by their concentration of thought and breath and by meditation through the sound wave that are in the atmosphere.

In this air is recorded all the sound and light waves that have so far been generated by each and every being from the very beginning of this world. This remains as akasic record and can be seen and heard at any time, by those who are competent to do so, that is, those who have awakened those senses sleeping in them. What we hear from our radios and see in our television are only those that take place at that time anywhere else. If the scientists can find out ways of absorbing these waves that have been recorded in the akasic records, then they would be able to hear and see those happenings which took place at any time in the past; that is if they can do by science what our Siddhas do by their mental powers. We say that it is the soul that is immortal. The soul takes several bodies as its vehicle and all the sound waves and thought waves that were produced by the soul in its various bodies also remain in the air as akasic record for ever. The bodies that we take in succession are only vehicles for our soul to advance in their state and the soul lives for ever.

27-8-79

Spiritual Path

What is meant by spiritual path? It is generally believed that for following the path of spiritual development one has to do a lot of Puja (worship) in different ways. Sing so many songs and surrender at the feet of God all his actions and thoughts. This is believed to be the way that our elders have taught us and people worship Him in different ways with a good heart following blindly.

Who is the God to whom these people are praying? Has anyone who has followed this path reached the goal? Some people might have had mental satisfaction of having worshipped God but there is no real benefit achieved by these people. I am doing me best in this way, why not Muruga lead me in the path? Before I commit any mistake why that Muruga (God) should not come and tell me that what I am going to do is wrong and guide

me in the proper way instead of allowing me to commit the mistake? In this way we try to know Him in some form in which God will show us the spiritual path.

From the beginning of these lessons I have been telling you what is meant by spiritual path and what is the state in which God is. God is within every one of us and He comes to be known in the way in which we take our breath and have our thoughts which decide the state of our life. Since the sound waves and thought waves produced by us in our previous births are even now circulating round us, the breath that we take now is combined with those waves also. In the air there is no difference as good or bad. The air contains the sound waves produced by all lives that have lived in this world and also of those produced by machines. All the sound waves produced by us from the very time we started our lives as monads are circulating round us. Our character depends upon our thoughts. Today we live having our relation with several of our previous incarnations. In this condition even if we develop good thoughts in this life the sound waves of our previous lives which are also around us will have their influence over us. This life has come to only on account of our deficiencies in our previous lives.

We should realise that it will not be enough for us to lead a spiritual life during this incarnation only but should also develop our breath and thought so that we absorb only the good atom from the air which contains all kinds of atoms. We should not be elated by fame or name or depressed by defame and remain steady in our own state. We should realise that the power to guide us lies within ourselves and lead a good life of love and charity not giving room to anger or malice. Then we can rise up to any state; we can know the states that exist not only in this world, but also in all the 48 numbers of the planets of this planetary chain to which our world belongs. The state of a man depends upon his thoughts.

The state of our body depends upon the type of food it is given. To maintain the cage our body – we take so much care. Similarly for the soul which operates this vehicle we should feed spiritualism with love.

Man in this Kali Yuga sees his image in a mirror by applying a chemical behind a glass panel. But the Siddhas of those days saw everything with their eyes. Some people may think what is the use of knowing the various states that exist in this world and other planets. These lessons are for those who want to know about the real state of their soul. Know in which state of the man the power of Sakthi is absorbed.

The power by which the earth absorbs the energy coming from the Sun, we are also endowed with the same power. It is possible for us to absorb all the powers directly from the Sun instead of taking it from the earth after the earth absorbs the power and then gives them to us. Even for our ailments we can absorb the necessary atoms of medicinal plants directly from the Sun and get cured. We can hear the sound from far off places as we do them from near by places. By our breath we can absorb the light waves which are mixed with the sound waves and see what happens in places wherever those light waves spread. Man has got the power to know in advance volcanoes etc. but by changing his real state he loses that power.

Though all the lives born on this earth have the power of attraction like this earth, it is only the human beings who have the power to know everything. We have been provided with necessary organs by means of which we can execute those powers. But we think that eating, sleeping and enjoying of worldly pleasures is the happy life for us. But how long are these pleasures going to last? Man does not know that his soul can be made happy by his thoughts, but thinks that he can make the soul happy by giving material happiness to his body which is a cage. Our cage, body, has got the powers to know everything.

Each living being differs in its body structure, colour etc. and no two are alike. Even the children born of the same mother are not alike. All the trees and plants grown in one place are not alike. The pictures that we draw, songs that we sing and even

the food that we prepare are not alike. When we do a thing a second time it differs from the first. Everything depends upon the type of breath that we take at that time. When this is the state of affairs during normal life of a man what will be the change in the state of the bodies the souls take? The body that a soul takes depends upon the various types of breaths that it has taken during its previous incarnations and also the type of breath the mother takes when the baby is in her womb.

We say when the soul leaves the body the soul takes with it all the sound waves produced by the body during its life time. You may ask how the soul can take them with it since the body is burnt or buried and therefore destroyed. When the body is burnt the water in the body becomes water vapour and the vapour along with the sound waves that the body had produced during its life time goes with the soul. Every time the soul changes its body, the old body is not destroyed. The sound waves also do not get destroyed. It is only the false figure of the body that gets destroyed; neither the body nor the soul is destroyed. Nothing can be destroyed in this world. Science can create anything (except life) but it cannot destroy anything. Science can create artificial things from natural products only. When artificial things are destroyed where do they go? Scientists say that the weight of the Sun, the moon and the earth are decreasing day by day. When so many atoms are coming from different planets to this earth how can its weight decrease? The earth when it absorbs several atoms from other planets and emits some of them, it is in a glowing state only; where is its decreasing state? The one who creates, will not destroy. All the things grow in an undestructive state.

The state of a thing changes but nothing is destroyed or can be destroyed. As already stated, this is what is meant in the statement "when a candle burns, nothing is lost". We do not want the word destruction and we want construction only. We say the shape, colour and beauty are hereditary. This is not true and everything comes from the essence of previous birth and the breath that we take during every incarnation. So, do you now understand what we mean when we say that the state that we get in this incarnation does not depend upon this birth only.

People say that every person lives according to what he or she has done in the previous generation. It is true. Who are our relations? In this life we are bound to so many things. People say all lives started in this world on the same day and all of them are going to die on the same day. Where all lives born on the same day? In this chain of Planets going in rotation, if all the lives are created in one day what is the work for the power which creates in the rest of the days? Did that power develop and preserve all those lives on the other days?

From the rays of the Sun which is absorbing energy from all the other planets in that chain, lives are created every moment and they go on growing. When this is the state, what is the meaning in saying that all the lives were created in one day? Is the total number of lives at present the same as it was in the beginning? New lives are being created.

In what state was this world born? Can we count the number of years and days from the time of its birth? Did this world grow separately? When was it born and when is it going to die cannot be told by any one.

I said that the world is without any decay. It is only the time that is changing and we name them as Kali, Kalki, Ramavatharam, Krishnavatharam, Machavatharam (fish avathara) etc. I have already told you that there is life in all the planets. All the planets are rotating on their axis like our earth. In this world one portion is very hot and in another there is snow; there is heavy rain in some places and some other places remain as deserts without any rain. I have already explained to you the reasons for these various states in the different parts of the world.

These states and the states of the living beings in all these places are not going to remain as they are but what we want to know is how these living beings change and come to Kalki at the end of this Kali Yuga. You say that the world is going to be destroyed. How can this world be destroyed? Will this world get decayed and go and fall on any other planet? Can the planets, moon and Mars be alive without this world? If moon and Mars

are not there, what will be the state of other planets connected with them? If the world is to decay the state of Sakthi should be destroyed. Even if the state of Sakthi is destroyed what about the other planets which got their lives from Sakthi? All those planets should have no life in them and they should fall on one another and die. When is that time going to come? Even if all the planets fall down and be without life what will happen to all the materials in those planets. There is no meaning in saying that they die. It is only a change of time and their states.

We say that Kali Yuga is going to end now but how is it going to end? Earth quakes, fires and floods that are happening now in several places are a sign for this change that is to come. All these happen from the state in which the earth absorbs and emits energy. All these have come from the way in which the people of this Kali Yuga have done things by their thoughts and artificial means that they have found out by science for the enjoyment of their life, which leads to destruction of his own race. The treasures of the earth have been taken out by man as minerals and oils. He makes his artificial things by destroying nature. I have told you already that one gets energy by destroying another. All these changes are happening because man has taken out the treasures out from inside the earth.

In the olden days weather was changing in a particular pattern during the months of the year. Now the weather also does not follow its regular pattern. All these are due to the taking out all the treasures lying under the earth. Since we have artificially taken out many of the energy bearing treasures from inside of the earth, great changes are taking place like sea beds becoming deserts and deserts becoming sea beds. These changes will take place in a moment when there is a momentary change in the speed with which the earth rotates or a slight change takes place in the inclination of the axis of the earth. This is how the change from Kali to Kalki is going to take place. Signs of the forthcoming change is seen in what is taking place in the states of several things now. All these are not done by God; they are all man-made.

2-9-79

Since some time there is fear in the minds of people that the world is going to be destroyed. The question also arises as to how

the destruction is going to take place and in which way people will escape. Some people are under the belief that only those people who meditate, all the good people, religious people and truth will survive. To the people who have scattered their thoughts in various ways, we are giving, what we have learnt by meditation, the state of the world that is going to be when a change takes place in its speed of rotation and the inclination of its axis.

How is this world going to change its state? The change has already taken place in some states and is in progress in some others. When the change is to take place in a moment, that is, when a big flood comes and washes a town it is not going to differentiate between good and bad persons before it acts. When nature brought us on this earth it did not divide us as good and bad men. In the same way it is going to wipe out without any discrimination.

Some parts of the world will remain as they are now and in some others there will be changes. There will be atleast some good people if we take any part. I have been telling you that after the change Siddas will appear. How are they going to come out? In what state are they going to enter Kalki Yuga. All the souls with their body who have been hearing the preachings of the Sages, Gnanis and Rishis and taken their advice, those who are going to adhere to their worlds and do meditation without having and fear of the coming catastrophe and be hopeful of the future will enter into Kalki Yuga.

In this great change that is going to take place on account of the slight change in the circular velocity and the inclination of the axis of the earth how some people are going to survive is by the effect of their good deeds in their previous generations by which they will get powers to fly in the air by the grace of the Rishis and the power that they have obtained by their meditation. It is not that in a family of eight members, six will die and the other two will be saved.

This is the state for this entire world. During this change all the lives come back to the monad state, that is the beginning state of life. It is only those who escape from this who get the flying state and then come to the living state having a new life in

the newly formed kalki. All the lives that have escaped during this cycle commencing from the previous Kalki to this Kali and from the coming cycle from this Kalki and the next Kali will remain in high state. The rest will have to get into their beginning state of monad and go round the cycle again in the same old way.

On account of the changes taking place in all the Planets due a slight shake in this Earth the state of all the lives in this world will not remain the same. It is not necessary for those who have gone to the mental world to come back to this world. Once we get the flying state then we will know our real state. It is not proper to explain about this state any further. These lessons are given so that each person can realise these by himself the fruits of his good actions. If we can understand the meaning of what our elders have said, namely, "our shadow will follow us wherever we go" then we can go to Kalki.

3-9 79

We say that a change is going to take place in this world, the present Kali Yuga is going to end and Kalki Yuga to be born. This change will be effected in a very short time by a jerk the world is going to have due to a slight change in the inclination of the axis of the earth and its speed of rotation. Along with this world all the other planets in this planetary chain will also have a change in their states. When this change takes place there will also be a change in the energies that this world absorbs from other planets and also in the energy that this world emits to other planets. This change in all the planets will take place in a moment. The states in which all the living beings in this world absorb the energy from the earth and emit them will also have a similar change. Will this change affect only those lives which are now on this earth? What about the lives which are in the Astral world? In which state will those lives be born after this change?

I have already told you that those people will be roaming there with the same thought and taking the same breath as they were doing when they were on this earth. Since there is going to be a change in the state of the energies that we are now getting from other planets, the lives in the Astral world will not get the

same type of breath and thoughts from the new world as they were getting previously from this world. To get a suitable world where they can take birth and get the same type of breath and thoughts as they were getting from their previous world, they will have to wait for several thousands of years when such a world will come in the next cycle of the chain. These who live as human beings in this world now have a chance of getting into the mental world and go to any region and take any other body. We should know that the life that we are leading now is a gifted one and lead a good life in a high state. I advise all of you to escape from the trammels of the Astral world and get into the mental world.

4-9-79

Right from the Kings who ruled in the olden days upto now what is our state and the state of other lives in this world, I have already told you in brief. Now I will explain all these things in detail.

We have heard of ghosts and devils guarding treasures that lie under the Earth in some places. What do we mean by ghosts and devils and where are they? I will now tell you what they are, so that you can know about them and lead your life. What was the state of the Kings who lived hundreds of thousands of years ago? Each King wanted that he and his country men should live a good life, earn lot of wealth, extend his territory and rule over others. With this idea one King invaded on another's land and in the mad struggle that ensued between them several lives were lost. What is the state of all those souls which left their physical bodies during the wars? They left their bodies with a vengeance. Some kings have taken treasures from the lands of the enemies whom they had defeated and buried those treasures underground. The souls of the Kings who have lost those treasures know where the treasures have been kept buried and guard them so that the heirs of the king who has buried the treasure cannot dig out and take those treasures. The soul of the King who brought the treasures and buried them also guard it so that the heirs of the King who was defeated cannot come and take them out. In this world there are lots of gold, jewels, idols and

other precious things lying under ground guarded by ghosts. In some places the ghosts that guard the treasures lose their power or get disgusted and take another birth. It is only then that these treasures are dug out and taken by those who have the right over them. The states of many of the Kings who ruled the countries in those days are the same. The state of the monarch who ruled the country with all pomp in those days is in the form of ghosts now. He conquered many countries, amassed huge wealth but what did he save for his soul? What is the state of those greedy kings who bet their trumpets for their victories? They cannot live with their downfall now. Till another Kali Yuga comes in the next cycle of Yugas after this Pralaya (deluge) they will have to start their life as a monad and come up, they will have to be wandering as ghosts. The people who live now are in the grip of those ghosts and the way to escape from it I will explain in my lesson tomorrow.

5-9-79

Several people during their life time in this world have contact with the souls in the higher regions. The Siddas and Gnani's from their higher states guide those who are spiritually minded in this world. There are some other spirits or souls that get into the person who has got similar thoughts. They do so without the knowledge of the person into whom they enter and make the man a slave and obey the commands of the spirit inside him. Some spirits which left their bodies in a good state remain in the higher world, having an affection for its blood relations, help their families to do some good things which they have left undone during their life time in this world. They will go on doing such help till their blood relations are alive. The family members might not know these, but will think that the good things for them are being done by God's grace. Such souls will take rebirth in an appropriate body only after their desires have been fulfilled. Those souls that lead a life of revenge, greed and other bad qualities enter into the bodies of like minded persons and through them get do acts of revenge and hatred which they had during their life time in this world but could not execute. Due to the effects of the bad spirit that has entered into his body, the man takes such breath

that animals take and in his next birth he will get into an animals' body and be born as an animal. Our next birth depends upon the nature of our life during this life time.

Today what thoughts, intelligence and capacity a man has got, the animals and birds also have. Animals and birds can remember about their past lives better than man. Dogs can know about all the states. But as the animals do not have the capacity of expression and limbs to act they brood over their defects and live as animals. Man kills those animals and eats its flesh as a delicious food. By eating the flesh of animals and birds man gets into his body atoms of those beings. The characters of those atoms do not change by cooking them.

There are spirits in various states in this world and we should not give room to bad atoms from those spirits to enter into our bodies. The small depressed attitude that we may sometimes get should not be allowed to go round us and we should refine our state. There are several states among these spirits. What is the state of the spirit called Mum Taj which remains in the famous Taj Mahal in Northern India? That spirit is going round in the building even to this day. The spirit of Sha-Jahan does not like to go to a higher state. Both the spirits are roaming about in the building not having a desire to go to any higher state or take any rebirth. They are not able to go to the mental world either. Both the spirits remain in a happy state there even today. They will remain in that state for ever. Since they could not lead a mutually happy life during their life time in this world they are leading an ideal happy life as told in legends.

There are several states in the spirit world which I will explain to you tomorrow.

6-9-79

I have told you that we live in this world with the association of spirits and influenced by several atoms. I told you about the state of Taj Mahal. There are several temples in the same state. What is the state of the big temple of Brahadeesvar at Tanjore in South India? That temple is the thoughts of the King Raja

Raja Chola who ruled there. The King's soul left the body of the King with the same thoughts with which he built the temple and remains there. The soul without taking a rebirth and not going to the mental region is roaming in the temple with the same desires even today. There are other temples also which are in the same state. The people in those days built temples as per the states of their mind. The people who live today in one place have the same kind of thoughts as those who lived there in olden days. The souls that have left their bodies from one place with some of their desires not completely fulfilled enter the bodies of the people who have the same kind of thoughts and complete the works left unfinished by them.

Is this the state of all the people? Is there no one without the association of other spirits? Does this state apply only to India? What about the states of people in other countries in this world? Such questions may arise in the minds of people who read this book. When our mind is influenced by excessive greed, anger or hatred we are liable to be attacked by some spirits from the outside world. Since our thoughts in our previous births and the way in which we live now are connected the thoughts of people in the same families differ. The atoms relating to our thoughts accumulate in our bodies.

When we sow a certain seed we will not get a different plant. Each person has contact with spirits according to his thoughts. To get ourselves relieved from this state, our elders who are in the higher regions have shown us the way of idol worship avoiding of greed and anger and live a life of love. The right way to live is to follow the way shown to us by those great souls and not allow ourselves to be influenced by other spirits. Astrology and viewing in a black ointment and finding out some facts are also done by help of some spirits. In some temples approval or disapproval of the deities are obtained by the use of flowers of their choice. In some other temples the priest gets into a trance and gives some advice. All these are done with the help of spirits. These have come as a hereditary practice by which some spirits get their desires fulfilled using the name of God. Today we find the spirits functioning in the name of God in our land. In this world thoughts

of the people who lived in the various parts come in the bodies of various persons and act though they have gone to the spirit world.

In all parts of the world such states are worked with the help of spirits. A scientist shines in his work by the help of some spirit which acts through him. In all parts of the world people live having association with spirits. It is only those who realise the real state of their self and live, that can go to the mental world. Those who live in association with other spirits take several more births in this world. It will be good if a person takes several births as human beings but should not sink down from this state and take birth as animals, worms etc. and go on circulating in the cycle of birth and death subject to distress. Once a person takes birth in an animal's body, the soul will know about all that took place when it was in a human body. Why should he think of what has taken place already in previous lives, brood over them and live as animals? It is only the illusive body that changes but not our thoughts which remain permanently for ever. Our thoughts are going round our soul in all our incarnations. Every one should realise this truth and try to cherish good thoughts in his mind always.

In tomorrow's lesson I will explain the states of several temples.

7-9-79

The Kings who ruled the country in those days built temples so that their name may be remembered by the succeeding generations. In the temples built by them they have made several carvings on stones giving their names with a desire that their names should become popular and should be known to the future humanity. Many of the temples have been built with a desire to proclaim their names and after their death their souls are roaming about in those temples. Right from the Kings of those days to the people of today the names of the Gods are utilised to publish their names. Do you realise the state of the Gods today? The character of the people of those days reflects in the character of the people of today. The same kind of breath is being taken by the people from those days. Even when the souls go to the spirit world they

retain the same desires. Those thoughts are still being retained by the people of today. The state in which the world remains today is due to the cravings of the people for name and fame. The minds of the people are not only what they are now, but is a continuation of the several spirits which have influenced this soul. Having become a slave of greediness for fame and name the thoughts of all the people of today is bent towards getting name and fame. It is those kings of the olden days who have poisoned the atmosphere.

It is those kings who have diverted the minds of people towards avarice and greediness in those days and the same thoughts continue even today. How does this present state arise in which several images of dieties are being stolen from temples? Why not God capture the thief and give him good advice? This is the question we ask God. It is because the thief thinks that the idol is only a stone of fine workmanship, he is instigated by his greediness to steal the idol for its monetary value. We find that the person who steals the idol from some of the temples vomit blood and die. In such temples the spirit of the person that built the temple is guarding it, which kills the culprit. It is only from such temples which do not have any connection with spirits that thefts are going on. If a theft is made from any temple which is guarded by a spirit, the culprit cannot escape. There are several temples like this which are guarded by spirits. It is the kings of those days who have brought God to this state. Instead of developing godliness and good habits in the minds of people and guiding them in the spiritual path men today are making the entire atmosphere poisonous and live having connection with poison. In this state man has created the distinction of caste and creeds. All those who read this book should refine their thoughts. Let truth be blended in your blood itself and treat love as your God. Realise that is your soul that is God and lead a life escaping from the poisonous effects of the present world. These lessons that I give and meditation will help you to realise yourself.

8-9-79

To live without the association of any other spirit, is a difficult task. The aim of the spirits will be to fulfil their desires which

they could not do in their previous life in the physical world. They will be waiting to find a person who has the same thoughts of love, desires, revenge, hatred etc. which they have got and as soon as they find a person who has got the same thoughts as themselves they will plunge into their body and blending their thoughts with those of the person get the work that they want to be done, by means of that person's body. It is not that the spirits that have left from one family only will come and enter into the body of the members of that family. Spirits from any part of the world can come and enter the body of any person provided the thoughts of both coincide. Knowing this our elders have prescribed some ways to escape from such things. Throughout the world whom do people refer as God? In such state men make their own God to suit their state and their bakthi (love towards God). Fear about spirits exist throughout the world. We hear some people telling about the spirits they have seen.

In some states people worship the spirits as God. Who has realised the real state of Sakthi and seen Her? Our Rishis have told us several ways of meditation to escape from the hold of these spirits and given us some of the good feelings that they have got from Sakthi. It is in this state that Kolama Rishi with the intention that all the people should realise the state of meditation in which he has acquired the great treasure, got into the body of Adi Sankara and did several acts so that people worshipped him as God. To follow his preachings monastries have been built in several places. To propagate his teachings now there are religious leaders under the name of Sankarachariyar. Adi Sankara followed a good path without making any difference between man and man. But now people have been differentiated by their castes and the work that they do. There is bakthi, but not concentrating on bakthi alone they have allowed petty differences to interfere in it. Though now we find a slight improvement taking place in this respect, they can spread godliness in the world. I, Eswara Batta took a human body in the beginning of this Kali Yuga and preached about bakthi to the people on the basis of caste. I do not like to give out the name of the religion and the caste in which I worked. This came to me as hereditary and not adopted by me personally. Now what we have to do is to find out ways to get out of this evil. Kolama Rishi who is being worshipped as Adi

Sankara remains even today and he will remain for ever. If those who follow the Sankara philosophy started by the Rishi want to have contact with the Rishi, they should remove the small stains in them and meditate on him. By doing so they can have contact with several other Rishis who are in that exalted state.

The Sankarachariars of today have no stain in their thoughts or words, but there is no way to come out of the fence that they have grown.

13.9.79

All of us are the children of Sakthi. Differences between man and man has been created only in his thoughts. In what state has all these words been formed? The Sun and the other 48 planets round it have been formed from vapour and that vapour is Sakthi itself. The innumerable stars that we see in the sky are also of vapour. This earth, water, fire, animals and all articles that we see are also formed of vapour. The power that has created all these is also in the form of vapour. To be short everything has come from vapour and all that we see are only images. A fear has been created in the minds of people that vapour forms are ghosts and devils. The souls that comes out of the body is said to be in the form of vapour or spirit and the region to which it goes is called the spirit world. We have been used to get frightened when we speak of spirits. We are living as spirits along with other spirits that have left the bodies of people and are roaming about as per the breath that they have taken during their life-time in this world. The spirits of those who lived a good life and of those who were venomous, both are roaming in this world with the same thought that they had in this world. These spirits want to fulfil their desires that have been left, out, not executed during their life time on this earth, and then take a rebirth. There are people who have the same kind of thoughts and want to do the same acts before their soul leaves their bodies. When a spirit without physical body finds another spirit with a physical body having the same thoughts as it is having, it gets into that man's body and does whatever it wants to do with that body till the body is alive. The bad spirit which has entered the body of a person

does not allow that person to do any good acts as per his own thoughts. We think that the man is not doing any good act due to the sins that he has done in his past life. It is not his fault since it is due to the other spirit which acts in his body. If a man entertains any bad thoughts in his mind, he gives room for other spirits with bad thoughts to enter his body and he becomes its slave. Realising this truth one should entertain only good thoughts in his mind so that no bad spirits can attack him. The rule birds of the same feather flock together holds good in the spirit world also.

We find people saying that one person is haunted by a spirit and to drive the spirit out they beat with the leaves of margosa tree make noise with a small hour-glass like instrument (which can be seen to be kept in one of the hands of Lord Siva) and sing in a particular rhyme. Who can drive out the spirit from that body? The spirit knows to enter into some other body and get things done by that body but has no power or capacity to come out of that body. It is only when the body changes that the spirit comes out of it. A spirit which has entered into some other body cannot afterwards be born in a human body. Some spirits without utilising the seven births given to it in a human body in a useful way, with a view to bring its desires into action while in the spirit world get into other human bodies and thereby get their souls involved in distress. When a person dies it is not only his soul which departs from the body but also the other spirits that have got into that body. The state of the breath of those spirits that have entered the body get mixed with the breath of the soul of that body and several new varieties come out.

Just like the bad spirits entering into other bodies, some persons will find the influence of good spirits in them. In such cases also the outside spirits which have entered into that body get the influence of the soul of that body and gets the benefits that the soul gets. It is not only the soul of that body that gets entire satisfaction but the other spirits also get relief.

Those who read this may think when a spirit which has come out of its body and enters another body it cannot come out of that body, how do the Siddas enter into other bodies and come out at their will. This I will explain tomorrow.

First of all I will tell you about the state of this world. In yesterday's lesson I told you that everything on this world is vapour. You may like to know in which state it is. How did this world appear? How did the other planets appear? Are they of the same size from the time they appeared? All the planets are in the form of vapour. In the beginning how did the world start with air, the air itself being vapour? Water vapour and all the energy is contained in the air. The acids that are in the air mix with one another and become solid matter. This solid matter with its magnetism attracts several solid forms with acidity and with its speed of rotation absorbs all the acidity that is mixed in this air and has formed as this solid earth. The state of other planets are also the same. The entire world has been formed little by little by its absorbing power. The world has been formed by the acidity that is mixed with the vapours in the air. The earth is still absorbing the same type of acidity as it started absorbing when it was first formed.

You may think does this growing state continue for ever? from where does it get all these acids? The state of all these life-atoms in this world are the same as that of the world when it started growing. The breath that this world and all the life-atoms in it take are in the same state. Other planets attract the breathing state from this world in the form of vapour. In the same way as this world absorbs acids and grows, other planets also absorb the breath that this world gives out and their state remains according to the breath that they take. This world gives out an equal quantity of vapour as it absorbs. When the life time of the world ends and a change takes place the state of the world also changes and its absorbing power also changes. It is only then that there will be a change in the size of the world. When such a change takes place in this world changes take place in the other planets also. Those who are in the mental plane can know about the changes taking place in the various planets on account of the change of the energy in the vapour that these planets absorb.

This world was not discovered by somebody and then people went and settled in it. It was formed by the whirling of vapour

and solidified to this solid state in stages. This contains all kinds of vapours and has given birth to all the life-atoms in the form of monads. Fire and water are also vapour. All the treasures in this world are also vapour. God who is formless is also vapour. When we say spirit world, do not think of a land of ghosts and devils. The souls that have gone out of the human bodies from this world, have stained the thoughts of the people of this world and the world itself. It is from the souls that have left the bodies with desires that the states of the people of this world are formed. To escape from all these I will explain to you the states of Sages, Siddas and Rishis.

16-9-79

All the Gods that we worship today are souls who were born in this world as human beings once upon a time and risen to that state. In these lessons I have been dealing with the states of the Gnanis, Siddas, Sages, Rishis and Sabdha Rishis who are our elders guiding us in the right path. By elders I do not mean the people of old age in our time, or those who were born several years before us. We have also lived along with them. Those elders exist even today without our knowing who they are.

What is the state of the Gnanis? A learned man as well as one who has not studied in any school can become a Gnani. Those who cherish high thoughts and realise their self are also Gnanis. There are people even today who have developed their intelligence and realised their self and known about their powers and become Gnanis. In the spiritual path the first state to be attained is that of a Gnani. It is after getting Gnani that people become Siddas. Those who have reached the stage of a Siddha can with the help of their Gnana know about all the states that are mixed in this air and so all that exists in this world and all the other Planets by remaining in one place.

What we call by the name of "Siddhis" by which some people perform some magical acts are of a different type. Those people attract some spirit which is roaming about without a body by offering it the type of food it wants and make friendship with the

spirit, and get done some acts within their capacities. The state of Siddhas are quite different from this. A Siddha with the powers that he has acquired knows all the states that exist in this world and also the nature of all the life atoms and in which way they can go to a high state and by mixing with some other state what state will be obtained. It is Siddhas who have found out the use of several medicinal plants and established the science of the Siddha system of medicine. They sang praising Lord Siva as a Siddha. The world famous "Kural" was written by a Siddha. The state of a Siddha can be obtained while living with family. This has been proved by Thiruvalluvar who wrote Kural. A real Siddha is one who mixes with the common man and lives with him. There are instances like Jesus, Muhammed Nabi, Buddha who after living in the higher regions for several hundred years have entered some body after its soul had left it and living in that body have done immense good to the people of this world.

Today Aiyyappa is a sage who has got into the body of a dead child to reform the people of this world. When he comes out from that state he attains the state of a Rishi. Such are the states of Bhoigar and Konganavar. They preserve the same bodies even today without entering into any other body. They absorb some powers and bless all those who pray to them by the name of Muruga. This they do being in the state of a Rishi. The state of Sabdha Rishi is one in which they remain in the higher regions and by the power they absorb from Sakthi they execute their duties. Kolama Sabdha Maha Rishi is in this state. To make you know about his state I request him to give me his blessings. With his blessings I will tell you about his state.

These Sabdha Rishis have control over everything. All the Gnanis, Sages and Rishis act by the grace of these Sabdha Rishis. They were born as monads in the beginning of the world and they have already tread the path we are now treading and have gone up to that exalted state. It is from the state of the Sabdha Rishis that the disaster or the change that is to take place in this world is being delayed. Still they are trying to guide the people of this world to take them to the mental world. It is only when the minds of the people are free from avarice that they can go to the higher regions. The Sabdha Rishis are so powerful

that they can stop the world from rotating. They have adopted all the forces and absorbed them in their eyesight. All the details about their state should not be given out. If the Sabdha Rishies are not there people in this world would have gone down to such a state that they would eat their own race. Today there are some lives which kill and eat their own race. The same state would have spread in all the lives in this world. We have come up to this state only on account of the bakthi that we are having on God since several thousands of years. To follow the path that several great men of the past have already tread and get their grace, is the only way by which we can raise our soul to a good states.

17-9-79

On this day one of the devotees who is retired engineer asked some questions on spiritual development and wanted some clarifications. The following are the questions put by him.

Q.No. 1: After studying several books I started to meditate 15 years ago on the lines given in the books. But the methods prescribed in the books were not very clear and I did not have the opportunity to get trained under a guru. Seven years ago I got practical training under one of the initiators working in the world wide scheme of Maha Rishi Mahesh Yogi. I am now meditating as per the training given to me. About 20 to 30 minutes after I start meditating I use to forget myself. I will not hear the striking of the wall clock near me. When I suddenly come back to my consciousness, I will feel that I have forgotten to breath and my breath is stopped. I am thinking that it is the state of Samadi as given in books. Still my conscience is not satisfied with this. I request Guru Dev to let me know if I am proceeding in the right path. If it is not the correct path I pray to Guru Dev to guide me in the right way.

Q.No. 2: Is it advisable to read various books on philosophy written by different authors or not? What are the books that we should read and those we should not read?

The replies given by Guru Dev are given below:

Your state is like a land that has been ploughed prepared and kept ready for sowing. The way to sow and reap the harvest

is to be known and followed. All of us are the children of Sakthi and all have the grace of Sakthi. The path each person takes depends upon his thoughts. From the time we started as monads in this world our thoughts have been as per the breath each person has been taking. Each life-atom or monad has a different behaviour. Each category has a characteristic state of its own. Each life-atom has its life energy. No two life-atoms will be in the same state. Each soul when it adopts various bodies, the life energy goes on with the soul in all the bodies, just like the sound waves which are created by the bodies also go with the soul. The state of meditation that you have got now is not attained by you only during these fifteen years. Your present state is following you from the time you started your life as a monad. Continue in the state that you have attained and after coming out of samadi state when you sit in meditation, think that you are sitting on the globe of this world. Think that you are absorbing energy from the Sun and feeding it to your life-atom meditating on Eswara. Then you can realise several truths; tell others orally and in the form of books about the truths that you have realised so that they may also be benefited by them. This will yield the fruits of your taking this birth and you can lead the people of this world in the right path and remove the stain that is in them.

Ans. to Q.No. 2: Why should you worry about reading books written by several authors? They give their views in the books. The real state we can know during our meditation.

18-9-79

The same retired engineer who asked two questions yesterday said during today's puja the following:

When we are unable to take a firm decision about some matter instead of worrying about it again and again, hand over the problem to the inner mind and we can attend to other duties. The inner mind will analyse the problem. find out the correct answer and put it before our fore-brain.

Guru Dev's reply: This is what I mean by the state of meditation. To take a decision we have to concentrate all our attention

on that particular thing without spreading it on several things and keep it calm without any disturbance. This is what you mean by back brain thinking. This state is the same as the state of meditation. The wordly life that our elders have taught us is the same as meditation. Meditation is to concentrate all our thoughts on one thing. This is the way that our Gnanis and Siddas have shown us. This thought works in several ways. It is not only forebrain and back brain thinking but also physical eye and spiritual eye.

The state of Siddas: What is the difference between the state of the Siddas and that of the common men? when a common man thinks of one thing his thoughts will be on that particular thing. If another thought strikes him at that time he will not be able to deal with two thoughts at the same time. His mind gets agitated, he loses his patience, gets angry and speaks some hot words and being unable to control himself, he gets angry and his state changes. This state is created by the person himself. Meditation helps us to prevent getting into this state and deal with more than one thought at a time. It is to illustrate this principle that our elders have shown in the puranas and epics, Gods as having more than one head and several hands also so that they can deal with several things at a time. Those who are now in the higher planes than the astral can also deal with several things at a time. People get agitated on account of scattering their thoughts, and make slaves of themselves. This is not fore brain and back brain thinking. Even when a man gets into several states he should get into the practice of remaining steady in his own state. Now there are very few people who can teach others. Parents are also not in a position to teach their wards; hence the present state of this world. In olden days people have written several fairytales and epics like the story of *Vikramadithya* which impresses in the minds of people some truths. Instead of thinking the principles and the good lessons that are to be learnt by us from them, people have started to do research work on them. What the Siddas have expressed in those days are being published by the scientists now as discoveries. It is those Siddas who found out the method of curing a disease by administering the same poison into the body of the sick person on the principle, to find out a thief set a thief

and to take out a thorn which has gone into the body use a stronger thorn.

There are several Rishis who have absorbed the acids that are pouring into this world and shown us various states. How Bhogar and other Rishis like him are able to preserve their bodies till today without any decay? This air contains everything in the state of vapour and the Rishis are able to absorb the food required to maintain the bodies in a good state from this air. They can make their bodies as stone and as any other mineral including diamond. We people make it as earth which gets mixed with earth. All these have come by our thoughts. If we can make our thoughts mix with Sakthi and get energy from Her we find all the energies within us. It is with the power of thought that this world and all the other planets live and grow.

19-9-79

This book "Sathiattin Sakthi Nilai" (Revival of the Divine Truth) has now been published with the consultation of several Siddhas who have concealed many truths without bringing them to the knowledge of the common man. This is to lead people to Kalki Yuga after the end of Kali Yuga which is to come very shortly. The state of Sakthi is common to all and this is given out now so that all people may realise the truth and make use of them to their benefit. The state of Sakthi is not only in knowing about it but also in putting it into operation. If any person wastes the power of Sakthi presuming that he knows everything then that power will not stay with the person. All should live in such a way that the power obtained from Sakthi will stay with us.

We get the rays from the Sun and live. This world and all other Planets are also made up of that vapour. The time for knowing the results of using the atom for destruction instead of for construction is approaching us and is very near us. You may ask in which way it is going to come. Man has created so many states as per his thoughts. He has kept the atom-bombs that he has made and covered them with steel so that no atom can escape and buried them underground in various countries using all his intelligence. He threatens that he is going to blast them today,

he will blast them tomorrow and soon. The bombs that he has kept, he is not going to fire, or anybody else is going to fire them. The world in its state of rotation is absorbing atoms from the Sun and giving them out. All these atoms have come from vapour. The atom bombs that he has kept buried underground will be absorbing the magnetism given out from this earth continuously for some more time and they will lose their power and the earth will start giving out the energy that it has been absorbing and that energy is going to explode the atom bomb in one place first and by the scattering of the atoms the other bombs will also explode. This is going to happen shortly. By the explosion of these atom bombs the world is going to have a jerk which will cause a change in the states of this entire world. What can we do now is to know our present state and lead a good life. A question may also arise as to why the person who lives out all these could not save us from this calamity? I have got the capacity to know all these things and advise from the mental world, but I am not the Sakthi herself who knows everything with all powers. I am giving out these in consultation with many Rishis.

In the following lessons I will tell you the way by which you can save yourself from these.

21-9-79

Everything in this world is vapour including all the metals and living beings. People have made atom bombs from the materials taken out from this earth and buried those bombs inside the earth. They have kept them safely covered by rust proof steel covers. They have been treated in many ways against decay. These atom bombs have been made from the metals dug out from the earth using their intelligence and scientific talents. All things are liable to become vapour. For example if an ornament is made in gold weighing exactly 100 grams and kept without being used in one place for about 10 years and then weighed it will be found that its weight is less. What we say wear and tear is not on account of handling. It is due to the effect of the magnetic force with which the earth attracts it. This applies to all the metals in the world. This world absorbs vapour and gives out

vapour. The steel covers provided for the atom bombs are also subject to the earth's attraction and gives out vapour which ultimately leads to the formation of minute holes in them which are the cause of the coming change in the state of the world. The scientists of today say that they can do so many things by absorbing the energy coming through the Sun's rays. They have taken out the minerals and fuels that have been formed under the earth's surface. Now they say that they will do several things by absorbing the energy from the rays of the Sun. They have filled the entire atmosphere with carbon. If the energy coming from the Sun is absorbed in several places to suit their scientific demands they destroy the ability of human beings to take good breath from this atmosphere. by the evils that have come out of today's scientific advancement man today by his six senses has changed the state of the rays that come from the Sun and consequently the state of the entire world. On account of this world, not only this world but also all the other planets connected with it are going to have a change. The evil that has come on account of the people of today is that even if we show them the way of spiritual advancement there is none to accept and tread the path.

It is on knowing this state of the people that several Siddhas have hidden many truths. Today child birth is done by artificial means by making the embryo form in a test tube and then allow it to develop in a mother's womb. Today it is possible for a Siddha to pick up the live atoms required to form a baby from this air allow it to grow and form a child without father and mother. In the puranas you might have read that Arumuga was brought up by the Karthigai virgins. But they have not given from whose womb he was born; they did not like to give out everything and promote the arrogance of 'I'. If our energy is used for good purposes only, it will last for ever. They did not want to show that they have got all powers from Sakthi as it may be arrogance. That is why several things have been hidden from the common man. If only a person can stabilise his thoughts he can learn everything.

22-9-79

Today man is trying to send satellites to other planets using his scientific knowledge and learn about the states that exist there.

With the desire to know about the various states that exist in other planets he has used his thought power in science and known about them. If man realises the power which is common to all by accumulating his thoughts, then in his state of meditation he can go to any planet combining the energy in his body with his soul and know about the states that exist in any of them. A life which is born and lives in one planet cannot go and live in any other planet. When the state of the breath changes the environment for living are not there. When a life-atom starts its life in one planet it cannot go and live in any other planet where the state is different. I have told you in my lessons that the soul is immortal and it is only the body which changes. Then you may ask if this soul which is immortal goes to any other planet how can it die? If a life-atom is born in one planet and starts its life in that planet, it cannot go above the atmosphere of the planet in which it began its life.

If the scientists take some living beings like dog, cat, monkey to other planets and leave them there, the state of breath in that planet being different from the state of breath in this planet, they cannot live there. No life from one planet can go and live in a different planet. But by collecting our thought power we can know about the states that exist in other planets during our meditation. Those who have gone to the mental plane can go and live in any other planet. There are several souls which have gone from this world and are having this power. The scientists today are afraid to send a satellite to the Sun as they are under the impression that it is a ball of fire and how the satellite can enter that zone. The state in the Sun is a cool one. There is no change as morning, noon evening and night. Our shadow which we see here will not be formed there. The water there is very sweet and there is pleasant smell there. There is rain also there, but in a different state. There is dew and fog there always.

In the Sun there are many living beings. What I say is not like telling stories. I am telling what we have seen during our meditation. The power to see these things during meditation, everyone has got. The sun is several hundred times bigger than this earth and by its speed of rotation it gets much greater power of attraction than this earth. Just as the 48 planets that go round

this Sun are living by the attractive power of the Sun, the Sun that we see lives by the power of several other Suns. This I will explain in my tomorrow's lesson.

23 9-79

The speed of rotation of the Sun is much higher than that of the earth. The power of attraction of the Sun is several times greater than that of this earth. The rate at which the Sun emits energy is also higher. The power of this Sun that we see is very great as it is associated with many other Suns. The surface of this Sun is cool. The Sun is the temple where several persons who took birth in this world and have attained the mental state remain and do their work. The life atoms that have taken birth in this world cannot go and live in any other planet. When the state of breath changes they will be shunted back to this world as has already been explained to you. Those who are in their mental state can go to many planets and operate. People who were born in this world and other planets after reaching their mental state come to our world and discharge some of their duties in the field of astronomy. Several Siddhas in those days have jointly buried a box (capsule) in this world in which is given the details of this and other earths so that men will take them out one day or the other.

This box will be taken out before Kali Yuga changes. To expose this several Siddhas have jointly given life to one monad and that life-atom is born as a child from its mother's womb. He will come and divulge the secrets of several Siddhas. Those who have reached their mental state do not do anything individually. They work jointly. The states of the lower deities come from the evil souls that have refined themselves and become lovable ones. They have got desire in this world, merge with the desires of the people here and make people believe that they are Gods. In their state, they cannot go to the mental world and reach the sun who is the King of all Devas. They do several tricks with their super human powers. In saying that the Sun is the King of Devas we mean that all the Siddhas, Sages, Rishis and Sabdha Rishis get merged in the power of Sakthi and operate from the state of the

Sun. There will not be any world today if the Sun, King of the Devas, is not there. Though there are several Suns like our Sun, all the souls in the mental region get merged in this Sun only. It is to enable you to know about all these states when you are in this body itself that I am telling you about the souls with several powers and are in the mental world. You who have got the powers from Sakthi should merge your power with all the powers and know from the rays of the Sun the states that exist in all other planets.

26-9-79

It is from the atoms that come from the Sun's rays and settle on this earth that all powers in this earth work. Without the Sun's rays there will be no power on this earth. All the electrical energy developed by man are only from those atoms which come from the Sun. Since man is separating the power from the atoms that are mixed in the air for his artificial use, the entire atmosphere has become poisonous. For generating electricity, he absorbs the electric power that is mixed in the air. Similarly he has absorbed the electricity for various purposes. Man has changed the ways of his absorbing the electricity coming from the Sun directly and adopted artificial means. If he continues to absorb the electric energy from the Sun's rays by his science the spiritual earth will not have the power to withstand the action of his science. The man of today who has got his power from Sakthi has made the entire atmosphere poisonous. It is by the evils that man has done that we get several kinds of new diseases. For these new diseases he has to find out more powerful medicines. When the very air that we breathe is poisonous new diseases are bound to come and attack us. Now man is in a state of destroying his own race. In the olden days people worked along with nature worshipping the Sun and nature as God.

But, today man is craving for artificial things thinking that the way a rich man lives with artificial appliances is the prosperous way to live. By this, man has made himself and the entire world poisonous. No one seeks for a way to get out of this state. Following the ways of the day we have come to this state. Those who want to come out of this will realise the merits of meditation,

they can realise several truths and live a good life. We teach these good things and we can only tell them, but accepting and following the same depends upon their state. We will guide those who accept this way. Let us pay to Sakthi to give us a good state.

27-9-79

For the hunger of the body we eat as soon as we feel hungry. After what we ate has been digested and again we feel hungry, we do not feel that we have already taken food, why should we eat again. We eat whenever we feel hungry. The food that we take comes from our thoughts of hunger. Everything comes from the thoughts and the thoughts come from the breath that we take. In which way does this body absorb the food that we take and we grow? In which way does the food act in our body? We are thinking that the food that we take goes to our stomach and through the small and big intestines, get digested and goes as blood, urine and faeces. In this lesson I will tell you about the functions of the body.

Whenever we take any food with our hand which has got magnetic attraction, before the food goes into the mouth our breath attracts its smell. When the food is in the mouth due to the smell a digestive juice springs forth from our mouth. This juice mixes with the food and the vitamins in it, becomes acidic vapour and spreads to all parts of the body mixed with the blood. The food that we take is absorbed by our breath first, the digestive juice springs forth from our mouth and it is only then that our body is able to take it. Trees, plants, creepers, this world and all the other worlds have their taproot or water sucker. What is the taproot of man and other animals? It is not the soul or body, it is the breath that they take and the nose. If there is a change in the state of the breath that a man takes, the man changes in his state. It is on his thoughts and the breath that he takes, depends the state of his body and his life itself. For the hunger of the body we eat whenever we feel hungry, not thinking of the food that we had taken some time ago. Similarly in our thoughts we should not think of the past but do what is required for the present. When we are hungry, we think only about our hunger at that time and act. The body does not think as to what is to be done for the hunger

which will come after sometime but takes food for its present hunger only. Similarly without thinking of the past and what is to come in the future, think of the present and live the best life as a servant of God. This all contains all the powers, gold, diamond, copper and several other minerals mixed in it. Our body is a mixture of all forces. These lessons are given to you so that you can know about the greatness of your body and live merging yourself with the great souls, whom we consider equal to God, while we are in this body.

28-9-79

When we take various bodies, during our births, from childhood upto the time we are able to realise our responsibility, we are to be guided by someone else. The mother can put the food in the child's mouth. Swallowing the food and absorbing it is the child's duty. In the school the teacher can only teach, and understanding what is taught is student's responsibility. Till we realise our responsibility the elders can only show us the path. To take their advice and act according to it is left to us. We take several births but we do not remember what happened to us in our previous births. We are born in this life with the intelligence that we had in our previous life and the talents we have got in this life. No God has come and given us all the talents that we have now got. The person who goes in the bad path develops further evil thoughts and proceeds in the wrong way. Each man forms his own life as per his thought and proceeds in the same route good or bad. If a person who is ill, goes on thinking of his illness always his state will always be the same. This rule applies to all the states. A scientist grows according to his thoughts. Our life forms as per the thoughts we entertain. The air around us contains all sorts of atoms. The same type of life atoms as we have got in us, enter into us from the air. When we go in one path that we have chosen all the life-atoms in us co-operate with us and act in that way. When our thoughts change, the atoms in our body give some resistance to change and proceed in the new path that we have now chosen. In each man's body there are several life-atoms. To be ourselves means, that we do not become a slave of other life-atoms that have entered into us, but act as per the wishes of our soul or life-atom.

In every life we live with several other life-atoms in our body. When our soul gets out of the body, it goes with the sound waves and essence of our soul and takes birth with them in the next life. In this air there are several life-atoms roaming about. Some of them want to take rebirth, some others to execute their desires, some others still have affection with their families, some others want to take revenge and some others in the state of agony if they had an unnatural death. The number of these souls in the air are more than those that live on this earth now. Is man born newly? Then what is the meaning of rebirth? If we are the monads that came in the beginning of this world, the population now is much more than in those days. There are several life atoms in the spirit or astral world. All the life-atoms in this world are not only those that have come into this world from the beginning of Kalki upto the end of Kali. These life atoms are those that have come as monads in the beginning of the world. All these life-atoms are rotating with this world during its several changes. New life-atoms are also growing. On account of the hot waves given out by this earth several crores of life-atoms are growing every day. From the life-atom of man several life-atoms breed and come out. From each body after the soul leaves the body and the body decays, several life-atoms are created.

Though the number of human beings who lived in those days was less, from every body, after its soul has left the body with its sound waves and essence, when the body is buried, due to the heat of the earth several worms are created in that body and they come out with life. Those life-atoms that come out of human bodies take the same kind of breath and with the same essence enter into human wombs and come out as human beings. If one person dies it is not one man only that is born out of it. After each man dies several life-atoms are born out of him and they all become human beings. The same is the state for all the animals also. Our forefathers knowing this resorted to burning the dead bodies instead of burying them. When the body is burnt the soul alone absorbs the essence in the form of vapour from the body. When burnt the water in the dead body becomes vapour and mixes with the water in the air. Knowing all these our elders have shown us various ways in which a dead body is to be treated. Now do you understand how the life-atoms multiply?

Our elders who buried the dead bodies treated them in various ways so that the life-atoms do not increase. In this Kali Yuga since the population has increased considerably and to increase the constructive energy, people are adopting several methods to decrease the population. The man today is trying to stop his own race. As there are several souls roaming about in the astral world with the desire to fulfil their wishes, now-a-days we find one mother giving birth to more than one child in a single pregnancy as animals are doing. Man is finding ways to reduce the number of children being born. You may ask if only the souls in the astral world take birth will not the population increase? These souls in the astral world do not take rebirth soon with a desire for worldly life since they know about the conditions that exist in this world. If man adheres to the method of not allowing the formation of new life-atoms, the state of the human beings and also that of animals will change and by the energy coming from the Sun's rays plants and trees will prosper.

The energy that comes from the Sun is constant. Since there are more life-atoms being produced they absorb more energy that comes from the Sun and the plants and trees are deprived of their share. Though we use several kinds of artificial manures the food stuff grown now-a-days are not having such a good taste as we were having before, most of the energy coming from the Sun is absorbed by the increased life-atoms of human beings and animals; the plants and trees get less; the total quantity coming from the Sun being the same. This is the reason why the vegetation now is not healthy. The poisonous condition of the air adds to this. Man has sacrificed all his energy to artificial things and the fruits of this he will realise shortly.

It is by the artificial life of man that the state of the vegetation has depreciated which is the cause for this world coming to this state and we are going to have a great change in the world. The state in which man was getting good grains and vegetables and was leading a high life has changed and he has started to eat

the flesh of animals thinking that it is fashionable life. In this world one life destroys the other and lives. You may ask when it is natural to get energy from another life what is the harm in killing animals, birds etc. and eating them as food? We have already seen how animals and birds have come. In the state in which the present world exists, we have taken out the minerals that are under the earth, demolished the forests and vegetation by our desire for artificial life. On account of the rapid increase in the number of human beings and animals and as they are absorbing the energy from this earth the growth of fruits from the lands have decreased. Since the living beings are on the increase day by day, the energy in the earth will go on decreasing.

When we kill one living being, many others are created. You may think that when they are buried only several life-atoms are created. When we eat the flesh of animals from our excrete the same type of life-atoms evolve. It is by destroying one that another gets the energy for its life. If one is destroyed several others spring out from it. Man is responsible for the increase in the number of living beings. He is trying today to decrease the population. Man increases his race by the number of children he brings forth. After the soul leaves the body of a person it does not take a rebirth till the time the children that he has brought forth during his life in this world are alive. But from the place where his body is buried several life-atoms are generated and they come into life. Man becomes the cause for the generation of human beings, animals and other living beings. It is man with six senses who has destroyed the wealth of the vegetable kingdom. I will tell you about the state of the precious vegetable kingdom.

2-10-79

Today we are destroying the vegetable kingdom and are losing the benefits that we will be getting from them. On account of the increase in the population and the increase in the number of other living beings, our taking out the energy for our artificial ways of life and due to the increase in the number of spirits in the spirit world which also absorb the energy, the energy available for the vegetable kingdom has decreased considerably. The vegetable

kingdom does not grow by the energy that it draws from the Sun only. Their fertility depends upon the essence that they draw from the earth. Some of the vegetation grow by the help of the atoms that they absorb from the soil. There are some others that take life-atoms for their growth. By saying so I mean that they take the life-atoms from the carcase of animals like dog, pigs, etc. which are buried at the roots of some plants as manure and yield good fruits. The atoms from the body of the animals which is used as manure for the tree are absorbed by the roots of the tree and so several life-atoms are not developed from it. It is only the soul which left that body which will be roaming in the spirit world. The dead bodies of all the animals and other living beings except that of man, when used as manure for plants, the plants will absorb them and grow well. But the place where a human body is buried, no plants will grow. The dead bodies of all the living beings, except that of man will serve as manure and man has not got even the privilege of his body being used as manure after the soul leaves the body. The difference between the dead bodies of man and other living beings is that the man's dead body contains a large amount of salt. The dead body of man can be preserved for several days by treating it with salt.

One gets energy by destroying another. Nothing that has come from the energy of the Sun can be destroyed as a matter of fact. In this world which is growing if we destroy one, another will grow out of it. If we destroy one and grow the other, by destroying the newly developed one we can grow the original one which was destroyed. By destroying (consuming) the vegetation animals grow. By eating the animals's flesh we develop more-life atoms. Instead of eating the animals flesh if the animals are allowed to have their natural death and their dead bodies are used as manure for the plants, there will be good vegetation and the increase in the life-atoms on this account will not be there. If we burn the dead bodies of human beings instead of burying them, we will retard the increase in population to some extent. It is not possible now to change man from his artificial ways of living and save the world from the forth-coming change or deluge even by the Siddas and Rishis.

3-10-79

The people living in this world now are influenced in their thoughts and deeds by the devil of avarice without their knowledge.

As hereditary the people of today have the same ferocious feelings as the kings who ruled this country in those days had and have become slaves of artificial life. Many of them are greedy and are bent upon earning money in some way or the other. The intelligent people of this country think that money is the only treasure required to live in this world and having become slave of money have made this world an artificial world. The people have divided God according to their religions. Those who created the castes in their madness have become slaves of their castes which they do not realise. They think that they are giving respect to their caste. The state of the world today is on account of the evils done right from the kings who ruled the country in those days to the people in power today. The state today is avarice being managed by cunningness. Necessary advice to come to a state in which all the religious leaders will join together and come to a conclusion to make the feelings of bakthi to grow among the people, be relieved of avarice, controlling the growth of population, make the vegetation grow well one of the Maha Rishies of those days has written and kept in a time capsule in this world. He is guarding the same sitting in meditation near it. He has no religion or caste. All the people in this world who are born as children of Sakthi can by meditation and the grace of that Maha Rishi know where it is buried, take it out and give the privilege of knowing the contents of it to all people. If all those who have got the grace of God, become divine light make the people realise the truth join together, they can guide all people in this world to get out of the present state of the religions and relieve them from the hold of the devil of artificial life and greediness. If we do not walk along with the devil of caste and religion but work together we can come out from the present state in which man makes a slave of himself. This is the advice that we can give to the people of today as their treasure.

5-10-79

Without knowing the truth underlying in the ways that our elders have taught us we have been following them blindly as rites. have done some mistake to God and thereby committed a sin. Many of the ways shown to us by our elders are to guide us in the same path in which they have already tread.

We worship our predecessors on new-moon day; we have a belief that if we take treatment for any illness on a new-moon day it will be effective; for doing anything auspicious new-moon day is good; if grain that is collected on a new-moon day is exposed to the rays of the sun it will not be affected by insects for a number of days; we should not go to work on new-moon day. These are some of the things that our elders have taught us. What is the state of the new-moon day? On that day all the rays of the sun come and strike this earth as they are. The earth absorbs them in that state and emits them out. We say that the sea water swells on new-moon day. How does it happen? What is the cause for the excess water on that day? The earth absorbs more energy from the sun on that day and emits all that energy out. Just like the sea, all the living beings, vegetation, volcanoes, snow hills and all other things that get energy from the Sun and grow, get more energy and that is the cause for this change on that day.

Human beings will feel that their body is heavier on that day and also faintness and slackness. This is on account of the heaviness and force of the atoms that come from the sun on that day. When this is the state of the human beings in normal health, those that are ill will feel the difference to a greater extent. This is the reason why our elders when they comment about a sick person say that they can say definitely after the new-moon day passes. This is on account of the heaviness of the atoms that come from the sun and persons will find it difficult to absorb the heavy atoms in the breath that they take. Those who have mental disorder have a change to the worse on that day. The reason is that on new-moon day we do not get the benefits that we usually have on other days. When we worship our fore-fathers sincerely on that day we get their grace, thereby overcoming the difficulty in breathing the heavy atoms and we do not feel any slackness.

What is the reason for our elders fasting on new moon day? It is because there is more power in the atoms that we breathe on that day and we do not feel hungry as usual. Our elders knew this and were fasting on that day as a religious rite. All the things that our elders want to teach us they have done on the basis of *bakthi*. This because they thought that they can lead the people in a good path through *bakthi*. All these they have kept in records

written on palm leaves. If we have belief in God we can get all powers from Sakthi. If we believe that all the words coming from good people as that from God and get their blessing everything that happens will be good. By praying to our elders and getting their blessings we get the blessings of God through them.

6-10-79

When we use one mould we will get the same figure. When we sow one seed we will get the same plant. Our life will depend upon the way in which we execute our thoughts. A person's life is as per his thoughts. Live as per your thoughts is the saying of our elders.

The character of all the children born of one mother do not remain the same. It is not the character only that differs but the smell of the body of the children also differ from one another.

All living beings that are born in this world have a smell of their own and some particular power. Every body the individual souls have taken has its own character and power. These they grow with the help of some other soul in the astral world which has got the same character and power.

Where is water in this earth? Where are water springs? Some persons have the power in their bodies to know about the existence of water inside the earth. All people cannot do it. Only some persons who have got connection with some other souls of the same type which remains inside their body will be able to know about the existence of water springs under the earth. In the same way the existence of metals under the surface of the earth can also be found out. The earth absorbs energy from other planets and emits them out. In the same way the body of some persons have the capacity to absorb some particular type of atoms that come out from this earth. All the energies are mixed in the air. Just as some metals grow inside the earth by absorbing that type of atoms every body has got a power of absorbing certain kind of atoms. We do not know which type of power each body has got and do not develop them. Today there are people who know about the way to control another person's mind by what

is called mesmerism. By this a person will have control over another person's mind and can make him do or say anything that he wants by infusing such thoughts into the victim's mind. What is the state in such things? People may say that it is due to intelligence. This state does not come only by education. This is similar to the way in which some Swamies produce holy ash, flowers and other things simply by stretching their empty hands in the air in our presence. By mesmerism a person with the help of some spirit which enters the body of the Victim who is under his control, submerges his thoughts and infuses the thoughts of the mesmeriser into that person's mind and makes him say or do what he orders. This is a great mistake which they do knowingly or unknowingly. Both the person's souls get affected by this and the growth of their souls are retarded. They waste the time and energy without utilising the powers given by God in the right way. If they do meditating they can get good powers and make this world to prosper by changing the poisonous air that exists now round us and make the vegetables grow well. All the living beings in this world will prosper by eating the good grains and fruits that will grow on this earth under such condition.

7-10-79

Our elders who have shown us the way and those who lived with us some time ago and now have risen up to the state of Sabdha Rishies, were worshipping nature as God. Even today they are guiding us in some way. You may ask in which way? In several places there are people who tell about our past and future lives with the help of what they call 'Nadi', an astrological treatise written by Rishis like Agastiya, Bogar, Brigu etc. and identified by their names. These were written several thousands of years ago and how do they concur with the present state and even the names of the persons given in the Nadies agree with their present names? These Nadies cannot be read and understood by all persons. The person who reads them meditates with reference on the person who wrote it and the person who wrote it comes and reads those things and express through the reader's voice. The state of these Nadies is quite different from the education of the people of today who read it so that it becomes impossible for the people of today to read and understand them. The people of today can understand a

few points only. It is those who wrote them, that come at that time and tell the details. There are some other Nadies called by the names of the Goddess Kamachi and Meenachi in which cases the Goddesses themselves come and express through the persons who read them. If the people have belief in what is read then they get the grace of the Goddesses.

The world works on belief. After hearing what the Nadi tells if the person goes on brooding over what is said in the Nadi his state will change. When we pray to God for something the position of our elders to whom we pray becomes unsteady and sorrowful. I have already explained to you whom we mean by God. The wealth that we get from God is the state of bakthi that we get into. As we are living mixed with several souls from the spirit world which suffer a great deal in executing their desires with much difficulty in this world, the only way for us to escape from the worldly affairs is to cultivate our bakthi and do similar acts. In this vast world if we give room for the slightest fatigue, anger or malignity it will not be possible for us to escape from the influence of these spirits. If we realise the power of God that exists in every one of us and meditate on Eswara in whatever state we may be, we will escape from the influence of these spirits that are roaming round us in the astral world. This world is struggling in danger by the plans of the spirits in the astral world.

9-10-79

In these lessons I have been telling you about the good and bad acts of the souls that are without a body. The influence of such souls have a greater effect on the bodies of persons who live in this world, then what their own souls have.

Today people travel with great trouble long distances and go to holy places like Banaris (Kasi) and Rameswarm with the belief that they can wash off the effects of the sins that they have committed in the holy waters. People go to Banaris to get the grace of the Rishi Kasi Viswanatha who is there. But what is the state exists there now, Are the thoughts of the people who live in that place and the acts that they do help in making the place holy? When people go there to wash off their sins how can they become

virtuous in that place? The water flowing in the river Ganges there runs mixed with the blood of persons who are being murdered there and the effects of robberies that are taking place there every day.

On the belief that the souls which have left the bodies of persons will become virtuous if the dead bodies are thrown in the river Ganges at that place, people from several miles away bring the dead bodies of their kith and kin to that place and throw them in the river Ganges. The holy place Banaris and the holy river Ganga have now become the seat of sin. The great soul still remains in that place seeing all the sins that are being committed there and gives his grace as per the thoughts of each individual. For the sins that people commit what can he do? Those who have evil thoughts in them breathe again and again the atoms of the sins that they commit and fill their bodies with such atoms and become prepared to do any sinful act and live on the banks of the river. People ask why God should not give them advice and lead them in the right way? I have told you enough about the states of God and spirits. No God can save a person who has become the slave of his evil thoughts.

The states of such souls after they leave the bodies can be ascertained only from the way it is disposed of. A person who lives in that way will not be able to know about his state after the soul leaves the body. It will be suffering leading a life of what we say hell wandering in the spirit world and even if it takes a birth it will be born as a dog or any other animal below that state. During our life time which lasts for about 60 to 70 years what is the use of living a life of treachery, malignity, impatience and lust? During this short time man makes his soul yield to his desires. The time during which this immortal soul lives in the human body is very short. It is only during this short time that the soul lives in the human body that it has got the privilege of rising upto the state in which it can go to the mental regions reaping the fruits of taking birth in this world. People are ignorant of this fact and do not know that they should mend their lives in such a way that they can swim across the ocean of samsar and reach the goal of human birth. Our elders have built many temples with the power they have got from Sakthi, and made those places

sacred and shown us this way. But those places are now being used by the people of today as places of recreation, funfare and all sorts of uses for their enjoyment. The result is that several spirits have made these holy places and rivers their abode and enter into the bodies of like minded persons who come there to do virtuous deeds and get their desires fulfilled. After completing their work they are not able to come out of those bodies, but continue living in those bodies. People go to such places with the idea of doing some virtuous acts but they get themselves involved in the thoughts that surround the places and they are unable to do what they wanted to do. Instead we return with a bundle of sin on our head.

10-10-79

Without our knowledge we get into us some of the powers of the spirits around us. By this our character is influenced by those of the spirit. We should lay stress on our powers even though other atoms enter into our body, should not become a slave of those atoms, by engaging ourselves in meditation. If we allow outside atoms to enter into our body and influence our thoughts they will become our master. Even if we are steady in our state the breath of those who mingle with us and their thought waves will attack us and our state is likely to change. When we are surrounded by people who are in a happy mood we also feel happy. Similarly when we are in a place where all the people are in a sorrowful state we also get into that state. The air around us is mixed with all states. When we are in a certain surrounding we breathe the same type of breath that is there and we also enter in that state. We get into the state that exists in the place that we enter without our knowledge. It is our thoughts that take us into the various states. That is why our elders have taught us about the ways of bakthi and meditation so that we will enter into that state. People who know about this raise questions as to why those who are in such state also get some ailments in their bodies and other troubles?

Sri Ramakrishna Parama Hamsa who lived in this Kali Yuga taught the people of this world several truths in different states, the ways of meditation and puja that they have to follow. In spite

of his doing so much good to the people of this world why is it that he was attacked by so many ailments at the end of his life? He did not consider his body as a permanent thing and that it belongs to him. The way in which Bogar considers his body is quite different from the way in which Sri Rama Krishna took it. When people approached him worshipping him as God and prayed for relief from the ailments in their bodies he absorbed those ailments from the bodies of his devotees into his body which gave relief to the devotees. The devotees took him as God but he had to suffer from the ailments which he had absorbed from the bodies of his devotees. As soon as he had absorbed those sick atoms from the bodies of his devotees into his body, he should have driven them out of his body by his powers of meditation before they get lodged in his body. This state he knew, but did not spend his energy in curing his own body as he thought that the body does not belong to him and it is only a temporary vehicle for his immortal soul to proceed along its journey through this material world. The state of such Thapasies is the same. It is possible to absorb the ailments from the devotee's bodies into their body and then expel them out. This can be done only for those ailments that are connected with the tissues and flesh and not for those that have entered the bone. Whatever power any Rishi gets from Sakthi will be overcome by Sakthi herself. It is only by praying to Sakthi that we can succeed. By entertaining good thoughts within us we should save ourselves from the influence of other atoms that are inside us.

11-10-79

By training ourselves to get into that state during our meditation several Sages come to us and shower their grace on us. We will also get the blessings of our forefathers and other blood relations. The members of our family who have died earlier do not take a rebirth immediately but stay in the spirit world doing good to the members who have blood relations with them. They live as family deities and do much more good to their blood relations than what they were doing when they were alive in this world. They continue to do so till all their blood relations die or leave this physical world. In the birth and death there are

several states. We worship our forefathers by offering them food and that food we offer to the birds. When the birds come and eat the food we feel satisfied that our elders have taken. How do the elders come in the state of the birds? It does not mean that their souls enter the body of those birds. Just as Sages and Rishis do our forefathers merge their thoughts into the thoughts of those birds, make them go there and as the birds take the food they absorb the smell of the food offered by us. To know that our forefathers have come and taken the food we make the birds a tool. It is easy for them to act through the birds that are flying. It is possible for any of those spirits to enter into anybody and make them act as per its wishes. Those spirits will enter the bodies that have the same character as theirs. You might have noticed some birds coming at a particular time every day and taking the food offered to them. One of the souls that lived in this world recently in the name of Arunagiri Nathar is coming and taking the food offered to it through a bird.

There is a life in the astral world also. In this human life we eat, work and sleep. In this life the life of those who are in the astral world is also combined. Those who are in the astral world are also moving with us. Just as we take photos of persons and things in this physical world it is possible to take pictures of those in the astral world also. If man develops the power that lies dormant in him he can see all that happens in the astral world. Those who live there do so with their thoughts and deeds. Their souls have the power to smell and absorb the food required by them and maintain their bodies. When we are in our physical bodies we prepare our food from the physical matter. The souls that do not have a physical body but remain in the astral world with their astral bodies get their food from astral matter. Those who have died from some families come to those houses even today and absorb the smell from the food offered to them and also from the food prepared in those houses.

You might have heard of some people who, while in their sleeping state, get up, do domestic work, prepare food and eat. They do all these in their sleeping state and when they wake up, they do not remember any of these things. There are several people who do so many things in their sleeping state. All these

are done by some spirits who have not satisfied their desires. These are done by the spirits that enter into the bodies of the persons, merge their desires with that of the person, make them forget their real state and execute their wishes through this body. These are done by those spirits that are not able to subdue the thoughts of the persons while they are awake and so get their wishes executed by the body while it is in a sleeping state. All the things that are being done by those in their sleeping state are by the spirits that are roaming about in the spirit world around us with the idea of fulfilling their desires, through some person's body when the body is sleeping. The meditation that we do will help us in not getting influenced by other spirits but remain in our own state.

12-10-79

People say that a man's life depends upon his status. By status man means his financial position. A man is judged by the wealth that he has got now. But there is another status for the soul after it leaves the body. The status given to a man during his life-time is given by man. If a man during his life-time in this world leads a life with his thoughts and deeds devoted to spiritualism and love, then after his soul leaves the body it will get a state of spotless divine light. A soul of this type when it gets the privilege of living like a deity on other bad atom can come and attack it. Before he comes to this state all the other types of atoms in him lose their power. If a man takes to spiritual way of life and is charitably minded the duration of his life as man becomes much less. The long life that we live with our soul is in the astral world, the thoughts that we have and the deeds that we do while we are in this physical world will come with us to the astral world in the form of thought and sound waves. The money and other properties that we acquire in this world will not come with us. The thought and sound waves that we have created during our life-time, from our birth till our soul leaves the body follow our soul to the other world. So cherish good thoughts and good deeds and know that these are the wealth that we can acquire for our soul. From the thought and sound waves that come from the spirit world we should learn to absorb only the good ones and

save ourselves from the bad ones. All the energy lies in the air. Food, air, water, medicines for our body, many minerals and liquids all that are inside the earth remain mixed with the air. We should train ourselves to absorb what we want from the air,

14-10-79

The growth of our body, mind and our health, depend upon the kind of the breath that we take. All the ailments that we get are not hereditary; they do not come only by our contact with others. They say many of them are hereditary only. Of course there are a few that are connected to the blood. But we can avoid some of these by cherishing good thoughts in us, doing good deeds, taking good food. If we do meditation and take the spiritual path it is possible to avoid getting any ailment. Man gets all diseases only from the quality of his thoughts.

How does one get headache? When our mind is normal or balanced, our body is in a sound state. When one thought strikes the other the flow of saliva from our mouth is reduced. Then the capacity to digest the food that we take is reduced. This is the cause for the headache and other ailments. The pain in the head is the first symptom; then will follow vomiting, unconsciousness, fever and other things. A man who gets these troubles often loses the functioning capacity of some of the organs. When any of the organs loses its working capacity it becomes very difficult to cure it. All the diseases that we get are brought about by us. A person who is steady in his mind is always free from any disease and has peace of mind. When we take a different kind of food we say that our health is affected by that food. When we think of the different place and the different food our thoughts also change. That agitated state of mind changes our breath and the condition of the saliva changes and the capacity to digest the food decreases. We put the blame on the food. The food that we take for our body, we should relish and take as a good one.

In the various books that our elders have written about the state in which we have to take our food and the state that our bodies get by taking the food, they have pointed out several things. The food that we take should be considered as ambrosia given to

us by God. They have said "you eat when you are hungry". The food that we eat when we are hungry will be relished by us and will be in a state in which it can be easily absorbed by our body. Our elders have told us the ways to prepare various kinds of food. If we take the food that we like no disease will come to the body or the mind. While taking food if our thoughts are shattered or we get extremely glad or sorrowful, the food that we take in that state will not be absorbed by our body. This people should realise and avoid getting several diseases by not remaining in those states while taking food.

We say when we go and see any sick person, the sick atoms will attack us and we are likely to get that disease. If the person who goes to see the sick person is steady in his own state and does not feel that he will be affected by any sick atom. But blood relations of the sick person and persons who have the same type of thoughts, the very breath of the sick person will have effect on them. With some type of fever the atoms will come out with the breath and will be circulating round the patient. To those who are not in good health and those who are not steady in their thoughts, when the very breath of the sick person strikes on them, the sick atoms will get lodged in them. All these atoms are in this vast world. The atoms that bring sickness and the atoms of the medicines that cure the sickness are all in this air. Our state depends upon the breath that we take. It is by our thoughts that we get all diseases. In what state do we get new diseases now-days? New medicines have also been found out. The reason for these new disease is that the whole atmosphere has been made poisonous by the increase in the number of living beings, the smoke from the chimnies of the various industries, our taking out the treasures from inside the earth and the depreciated state of the vegetation that exists now. In the present state of the world unless the rapid increase in the population is controlled, the vegetation will not improve even after the expected change that is to take place in this world shortly. The growth of the vegetation is the real growth of the world. The advancement in science is not the real growth of the world. Know how to balance the growth of the living beings with that of the vegetation.

To morrow I will tell you as to how some children are born with some disease or get the disease in their young ages.

Kamban is a famous tamil poet. The saying is, that a post for tying a bull in Kamban's house will sing poems. The meaning is that all things in his house will have the influence and take the same kind of breath that he was taking when he wrote the poems. Whatever thought waves are in a house the same will have influence on the persons and the actions they perform. This is applicable to all the houses. The state of the members in a house will be as per the thought waves filled in the house. Some of the children born in a family are intelligent while some others are dull. All the children are not born as per the effects of their life in their previous births. From the time the world started from Kalki Yuga in the beginning its life-atoms have several crores of times. For those life-atoms that have come in the new state how can their states in their previous births continue? New life-atoms are being formed every day. I have already told that when a person dies and the corpse is buried in the ground, several life-atoms are formed out of that dead body and they are circulating in the air. When such life atoms enter into the wombs of mothers they do not have the working experience of thoughts and acts. These cause abortions and undeveloped babies when they are born.

These life-atoms in their eagerness to be born, enter into any womb. All the life-atoms formed out of the dead body of a human being take the same breath as that of the person and are born as human beings. The same is applicable to animals also. The life atoms that have not had proper growth and have taken human birth in a hurry are responsible for abortions, pre-mature birth and undeveloped babies. When such atoms enter into the wombs of mothers and grow, if the state of the mother is one of calmness without any agitation and her health is also normal, the life-atom takes the breath of the mother and other people in that family, get their intelligence and is born in a good state. Some others when they are in the mother's womb get the thought of the mother and by this they get into them some of the sick atoms of the mother enter into them when they are born.

To get good intelligent children every mother when she is pregnant should cherish good thoughts, love and desire for the child and live with peace of mind. Meditate on God during

pregnancy. God does not come and give the children. If we train ourselves in the right way we will get good children. So the pregnant mother should meditate on God praying for intelligent children and they will be blessed accordingly.

16-10-79

Even after begetting good children and living a balanced life there are bad atoms in the air around us which come and attack us and our good state changes. At the present moment in quality of the poisonous atoms in the air predominate. We have to save ourselves from their efforts by meditation. When we breathe the air some sick atoms enter into our body and to overcome that, we have to take some medicines. On account of the change that takes place in the climate and the changes that take in our body there takes place a change in our state. To get cured from these the average man has to take some medicines.

Siddas, Gnaniyas and Sages absorb through their breath the medicines they require in the form of atoms that are mixed in the air. Since the average men cannot do this I am giving out through these lessons, my disciple and others, some of the medicines to be used by them. Our elders have shown us ways by which we give some medicines to the child right from the very day the child has come out on this world. The people of today are in such a state that they have to take medicines as they take food. The impurities in the air does not allow the vegetation to grow properly. Some have to use artificial manures to grow our food grains. The time in which we used natural manures have gone and we have to depend upon artificial manures to grow the food-grains required for our food. We eat the food grains grown with the use of artificial manures and the essence of these manures come and attack us. Since it is not possible in these days to grow food grains with natural manures we are compelled to resort to artificial ones. In order to overcome the changes that take place in our body as a result of taking the food grains produced by using artificial manures we have to consume several new medicines. Our elders have shown us the use of several herbs as medicines but we have forgotten all of them. To day we are not in a position to have treatment by these herbs and our mentality also is not to do so. In

the present state man wants to get done everything in a haste and he has not got the patience to procure the various herbs shown to him by the Siddas. This is the evil that has made these herbs to disappear from this land. Man who is proceeding fast in science to excel knowledge, meditation and godliness knows only about the present time, does not know about his soul which is God. If the man of today who is proceeding fast in artificial ways and has been a slave of it knows about the spiritual ways and meditation, he can know where his entire life rests.

18-10-79

In our life today the food that we eat and the air that we breathe bring poisonous, we get several diseases. Besides these we are subject to the influence of the souls that lived in this world sometime ago and are now roaming about round us without a physical body in the astral world. We have to save ourselves from the thoughts and deeds of those that live among us. We should not allow ourselves to be influenced by any of the above and remain steady in our own state progressing in the spiritual path. The God that saves us from all the above is our spiritualism. Realise that there is no such God, any single God in physical form which knows everything and acts. The power that controls everything lies in all of us; likewise is this world and all other worlds. In the same way as every living being acts with the power that it has in its body, this world also acts with the power that lies within her. In the same way as we live in this world with life in us, the world itself lives, protects, maintains and allows all the powers to grow in her. Mother earth lives in the same way as life-atoms live in this world with their feelings. The energy that this world absorbs from the Sun and other planets in the form of water vapour and other atoms is the food by which mother earth maintains herself. It is this water and other atoms that the world consumes as her food and supplies the same to us also. There will be no life in this world or for the world if there is no water. Without water no mineral like coal, copper, diamond, iron and no trees, vegetation and all that grows on this earth can grow. The earth itself cannot live without water. The world which lives with water as its life has all the feelings. In this world volcanoes erupt in some places, whereas in other places there are snow hills

and sandy deserts. Do not think that deserts have no power in them. They are the pulse of life for forests. The earth is not uniform in all places. There are hills, vallies, sea and groves in different places which mother earth grows by her absorbtion and emission of energy. There are several powers in the air around us. Just as man inhales and exhales mother earth also absorbs and emits energy. From the food that we take for our body, the body absorbs what is required and rejects that which it does not want. The body absorbs the food that we take and converts it into blood, urine faeces, air sweat etc. Out of all these the body absorbs only the blood and rejects all the others.

Whatever the earth absorbs in the form of water, acids and other atoms it gives them to the various things that grow in the earth as per their requirements. In some cases the acids emitted by the earth on account of the rotation of the earth does not agree with the conditions that exist there and it is in such cases that earthquakes occur. The scientists of today have found out ways by which they are able to predict where earthquakes are going to take place. If they can know the reason for the earth tremour and valcanoes they can know something more. Every living being in this world has got that power by which the earth absorbs energy and emits it out. But the power is not constant with all the living beings but vary in every one as per their capacity to absorb it. This is similar to the specific heat of materials. One will not have the same power as another just as all the fruits from one tree are not of the same size and their power and taste also vary. The same is the case with flowers that grow in one plant.

The state of the world is also similar. How many changes are there in this world which absorbs and emits energy while it keeps rotating all the time? The same is the case with other planets also. The universe is also alive and is rotating. People talk about galaxy, vacuum and voids. Where is vacuum? There is no region which is void. The galaxy has got life.

19-10-79

The milky way is also absorbing energy from many planets and is rotating. They say that the milky way is a void. When there is rain how do thunder and lightning come from the milky

way? This is caused when the rain drops fall on the different kinds of acids that are circulating there and they react on each other. This is similar to the tremour that happens inside the earth while rotating and emits the acids that it has absorbed in a place where the existing acids have a quality opposing this and they do not agree with one another and reaction is produced. When there is thunder and lightning due to the reaction of two different kinds of acids in the milky way one of them is attracted and it goes and strikes on the earth where the same kind or any other kind of acid which has got affinity with it. There are some trees which possess some kinds of acids and they attract the acids for which they have affinity. Those trees absorb the atoms that are agreeable to them. Just as trees and plants absorb from the air only those atoms that are suitable to them the acids in the milky way keep moving with the same type of acids that are there. When water drops fall on them, they react and there is lightning and thunder. When the reaction starts in one place it continues in a stream in the places adjacent to it where the same kind of acids exist and we see the lightning stretching to nearby places. This reaction continues till there are those opposing acids and the lightning goes to the earth and mixes with trees and plants that have affinity to those acids. This is the truth that lies behind our elders telling that we should not stand under trees when there is heavy rain with lightning and thunder. Today our scientists have found out ways to absorb the lightning and lead them to the earth and saving people from it. Some plants have the power to attract lightning. If the lightning strikes on human beings, or any living being like horse bull etc. or on houses they cannot withstand its effects. But there are some trees and plants which absorb the lightning and grow well while many others turn to ashes when struck by lightning. Just like the formation of lightning and thunder there are other forces moving about in the milky-way. We see several crores of stars, comet, burning star etc. in plenty on some days and a few only on some other days. What is the state in which you see all these things?

22-10-79

All the states that we see in the sky are not like planets. We see some of them come and fall as burning star. Just as several

atoms come from the Sun and other planets and drops on this earth there are also burning stars coming and falling on this earth. The earth is growing every day. It is on the rapidity of the growth that some changes take place on this earth. In what state do these burning stars grow and come to the earth? Just as this earth, other planets also get them. When we burn fire in our house we find that the smoke coming out from the fire strike with one another and they settle like cakes on the roof tiles. What happens to them? They become earth and get mixed with earth. When the Sun and all other Suns rotate very fast in the sky the hot waves coming from them become vapour. They go on absorbing such vapour and go on circulating in the sky growing in size. Every star that has life goes on absorbing energy, grows into a small planet and grows in its size. As they grow living beings are also created in them and water spreads are also formed in them. These become bigger planets and go on circulating in the sky as new planets.

The astronomers announce now and then that they have sighted new planets. New planets are going round this Sun and other Suns also. These planets which grow from the Sun with their force grow quickly with life. Several states are created from the acids that come out from the 48 planets that are round the sun. Those stars that grow by absorbing the acids from other planets can survive by absorbing energy from those planets only. Since the sun rotates much faster than other planets the energy that it gives out is much more than others. The new planets which grow absorbing power from the Sun grow much faster than the others. The planets that absorb energy from the Sun for their growth, get less power than those which get energy directly from the sun. The energy absorbed by such planets not being sufficient to keep them growing some of them become dead and they return to that planet from which they absorbed energy. In this milky way there are many planets without life. It is these that we see falling as burning stars. Just as all living beings have birth, death and life-time all planets also have their life time. What we say for man namely that he may live for six or sixty years holds good to planets also.

All the human beings, all living beings in this world, all planets, moons, this sun and all other suns are the adopted children of

Paramathma the Sakthi. We get energy from each other. Let us pray to the Sun that see as our God. There are several suns as God that preserve our sun. Those suns can live only when they get some energy from outside. Let us pray to the soul of the life-atom that created our life-atom without our knowledge and the Universal Soul that has created all these souls from its soul.

23-10-69

This world vapourises the atoms of energy that come to it in the same way as this world and all the other worlds connected with it grow with their power of attraction. All the minerals that grow in this earth have the power to vapourise themselves. They have all grown and consolidated from their original vapour form by their power of attraction. The vegetation and living beings that grow on a particular part of the earth will be in the same state in which that portion of earth attracts the minerals and grows. The vegetation that grows on the surface of the earth, human beings, insects, ants and all such beings living on the surface of the earth absorb the type of atoms that they require, just as the minerals inside the earth absorb those type of atoms that they require for their growth. Some of the vegetation absorb only some type of atoms that they require for their growth just as minerals like gold, diamond, tin, copper iron etc. which grow inside the earth absorb only such atoms as are required for their growth. Our elders have told us that a certain type of greens called in tamil "Siru Keerai" contains gold and by consuming that greens we will get the essence of gold into our body. Just like this there are several plants that have the essence of iron in them. By consuming those plants we get the essence of iron in our body. Each plant absorbs certain kind of acid for its growth.

We are in the same state in which our elders had shown us the ways to prepare the vegetables and greens and take them as our food. There are some beetles that absorb some acids for their growth just like vegetation. The beetle takes only that type of breath that is required for its growth. We see some beetles shining like gold, they have the essence of gold in them. In the same way as we mine gold ore, purify it get gold out of it, it is possible for us to extract gold from these beetles.

We get silk from silk worm; from sheep we get wool. There are some beetles which absorb only certain kind of acids as exists in some fruits. How did the lion get its power? It has got the power of absorption of "Rasamani" a tamil word for mercury which exists in solid form at the atmospheric pressure and temperature. In the body of the lion the acidity of "Rasamani" exists to a large extent. The eye sight of lion is very powerful. The attraction power of every living being can be found from the power of its eye sight and from which world it absorbs the acids for its power. All the living beings in this earth absorb a particular power as required by it from the air and exhibits its power. The earth is a ball of several kinds of acids and what the earth expels is absorbed by other earths. The quality of the acid that exists in this earth differs from those that exist in other earths. The metals that grow in other earths also vary from what that grows in this earth. In planets there are small ones like stars which absorb and emit the same states. If they operate in one state then they will be able to grow. These planets which are used to attract in one state, when there is a variation in the state of the energy that they receive, they are unable to absorb the varied energy, lose their life and unable to rotate, spurt out and are attracted by some other planets which attracts the same kind of acids and energy. This is on the principle 'birds' of the same feather flock together'. In this way there are several crores of planets in the sky some absorbing the acids required by them and maintaining their life. There are some others which are not able to absorb the acids which they require to maintain their life, and so go and join with some other planet which lives by absorbing the same type of acids. These take place every day. Our Rishis have seen all these powers, merged them into their bodies and live their life. Know about the exalted state of the powers that our Rishis have got.

24-10-79

The Rishis who live in the mental region have got several powers by their penance and meditation. Those powers will remain effective only when they are used in good ways and their penance become useful. Such Rishi will not waste even a small portion of their powers. There is no room for praise, reproach,

hatred, excitement or to use them for evil purposes. They do not use their power against evil, or to fight against such power to control it. They do not have arrogance of 'I' or self. Even when we have connection with those Rishis and we have their grace, when we have some trouble created by some other person in our wordly life and we pray to them for help, the Rishies will not utilise their power to curb the evil. From their state they will guide us to go to such a state in which we can ourselves get the power to overcome the troubles. When we get some trouble we pray to God saying I have not done any harm to anybody; why are you seeing these harms being done to me who is innocent? Why not you stop these bad things being done to me? and so on. The Rishis who have got all the powers of God will not use their power to curb the bad elements. Whenever we pray to any God we should not bring into our thought any of the bad elements. We should install in our temple, the body, only good thoughts and remain in that state always. We should pray to God requesting. Him to give good thoughts to those who do harm to us.

By treating all people with good feelings and increasing the good feelings in us and by meditating we will get powers from God. By engaging ourselves in meditation, getting good feelings and giving the good feelings to all and proceeding in good path we will have the privilege of getting the grace, at an early date, of all those who have attained the state of Rishis. When there is rain we take an umbrella or go to a shelter. We cannot cover the entire town with a shed or covering. The fruits of our past lives will mix with our state in this life and the way in which we proceed will depend upon the kind of thought that we now cherish. Knowingly or unknowingly we live in continuation of those old thoughts we are not able to get into a state wherein we can accept good feelings. Nature creates all persons alike and not some as good and some others as bad. There is no mistake made by us or in our state. It is the way in which we are brought up, the persons with whom we mix and the environments round us that lead us in the bad way. Once we become a slave of the bad forces, we are forced to go in the same bad path. Similar bad forces also join with us immediately.

In the present state of this world bad forces are on the majority and they grow much quicker than good ones. In the forces that

are in the air bad ones are on the majority. The number of those who seek a good path is lesser. The evils that have come out of this artificial ways of life will go on increasing in the coming days. It is by the powers of the several crores of Rishis, that this world remains atleast in the present state. Due to the power of bad thoughts that exist now, Nature herself, is going to show her fury. It is to save all those who are good from this fury the powers of meditation that all the Rishis have got are being utilised. Even though we had some bad thoughts in the life that we have so far lived at least hereafter we should cherish only good thoughts in us. We have taken birth in this world as pure souls and we should mingle our thoughts with those of the Rishis and live getting the grace of those Rishis.

25-10-79

What is the truth lying behind, in people who proceed in the spiritual path, siddas and sages going to lonely forests, caves in hills and highly elevated places on top of hills and peaks to meditate? In towns and cities where plenty of people live and industries give out smoke the air is soaked with the thought waves of the people living there and the refuse and smoke from the industries. The atmosphere is mixed with the good and bad thought waves of the persons there and when they sit down in such places to meditate they have to guard themselves from the effects of the bad thought waves. In the forests there are no such thought waves and the atmosphere there is being purified by the vegetation that grow there. By meditating in such places it will be easier for them to get good results for their body and soul. Similarly in elevated places the bad atmosphere as in the plains is not there.

When sitting inside caves in hills and in underground cells for meditation bad air does not come and attack there. For those who have been in family life and then taken to ascetic life, this will be an easier path. The best way for us is to meditate during our worldly life. When our body is affected by some disease we have to take more powerful medicine to control that disease, When we attain a good state in our spiritual path we are bound to be attacked by evil powers that are in the air. We will

have to guard ourselves against such evil powers than from the good ones and pass through ups and downs. We will have to pass through these ups and downs in the rugged path experiencing all troubles, know which is bad and which is good and then take the right path. This is the best way. To go in this path with disgust, being unsteady and afraid of the difficulties met with on the way is not proper. The best state is not to feel sorry for the difficulties met with on the way but to overcome them calmly is the best oath in spiritualism. Our elders have given out this in subtle form throughout the world in several states. Those who accept and follow the path is one in a crore. There is none to realise the high state of life and teach the children.

People think that the path of Gnana and the path of Godliness are inaccessible for them and are afraid to take these paths. Bogar, Muhammed Nabi, Jesus were all born as life-atoms in their mother's wombs and risen up to such a state that we worship them as Gods. Their states we worship as Muruga, Allah and Christ. There is one Sakthi above all these whom all people worship. We the children of that Sakthi should drive out the darkness in our life, get the Divine Light into us and live a good spiritual life following the religion of Gnana.

26-10-79

For drawing an ornamental figure on the floor we must first make some dots or lines as the basis and then develop on them. Similarly we should realise that we have a soul within us, which soul has got the power from Sakthi and the states that the world has got, our soul also has got. We should live without scattering our thoughts. Just as earth has got its gravitational force by which it attracts anything that is thrown over its surface, our soul has also got the power of attraction. All the machines that we have made artificially work when an energy from outside which comes and strikes the energy that it has got in itself. The energy that is brought from outside and made to strike against it, the same energy continues in its way. Our soul has got the power to attract all the forces that are outside. Just as the world absorbs whatever acid it requires for its growth our body having the power to absorb all the powers from outside, we should absorb those

energy that our body requires to maintain itself and be free from all diseases. We should get rid of anger, malice, distress and grow within us, love, desire and calmness. We should tread the spiritual path, get the grace of the Rishis who have risen up to the state of God and know about the states that exist not only in this world but also in all the other worlds.

Each planet has got its own characteristics and no one is like another. The education and the ways of our life now-a-days are in the lines of reading what others have written and listen to what they say. In the spiritual path we read some old records written on palm leaves carvings made on stones and follow what others say and waste our time. We should realise that we are the children of Sakthi and develop our powers and know about all the states. To show us the way we require a master. The remuneration that we give to the guru is to get more power from Sakthi than what the guru has got. Every one should increase his absorbing capacity by meditation.

27-10-69

The climate in a place is not the same always. The temperature varies according to the time, morning, noon, evening night etc. Wind rain, thunder etc. come at certain times only. We and all other living beings make suitable places of rest to save ourself from the action of the weather. We who live with this body make suitable arrangements to protect our body from the natural changes. Those souls that do not possess a physical body and are roaming in the astral world are not affected by these changes. Some of these souls while roaming in the sky absorb like powers from the air and when there is rain these souls on account of their heavy weight are not able to remain in the sky and come down and settle on the earth. These souls from their state grow as some kind of poisonous plants on the earth.

All the souls that are roaming about in the spirit world are with the thoughts that they had when they came out of their physical bodies. The souls will be graded according to the kind of thoughts they have and the breaths that they had taken when they were living with physical bodies in this world and put in the various

stages in the astral world. Rising up stage by stage in the astral world it is said that they will get themselves merged with the universal soul from where they have come. What is meant by these stages in the spirit world? Those souls which go to the spirit world in a ferocious state get into some other bodies in this world or merged their thoughts with those of the like minded persons on this earth and do acts in the lowest state which we call ghosts and devils. Those souls which go with disgust are wandering in the spirit world with the same disgust in a dull state. Some other souls which still have affection for their families will be wandering with the desire to help the members of the family in all possible ways. Those souls which left in a state of bakthi will be going round the temples merging their thoughts with that of the like minded people, concentrate their thoughts on puja and spend their life in the same state.

In this way the states in which the spirits have left their bodies were divided by our elders as different stages. All the souls that leave their bodies with these kinds of desires, even though they might live in the astral world for any number of years will have to take birth in this world in some state or other. In my previous lessons I have told you that a soul gets only seven chances to be born in a human body. You may ask who is it that has given the soul only seven chances? This is not decided by any God. All the life-atoms that come to this world are not born as human beings. Before the soul gets into a human body it takes several births and it is only by the powers that the soul has acquired in those births that it gets into a human womb. When it gets the human body, it has already acquired the powers required for the seven births. There are several people who have reached the goal in their first human birth itself. There are some who have missed all the seven births given to them and gone to a lower state. When we say that your life will be as per your thoughts it does not mean only the thoughts that you have in this birth. It includes all the thoughts that the soul has had from the time it started as a monad on this earth. This is our present state.

28-10-79

The breath that we take should remain in one state always. By having several thoughts at a time our breath and the power

that we absorb is retarded. There may be many ups and downs in our life but our thoughts should always be on God. When we light a lamp the oil in the lamp goes on decreasing as the lamp burns. To keep the lamp burning continuously we have to add more oil and trim the wick. In a similar way as our thoughts (oil) for our soul (the lamp) should be replenished now and then to keep our soul giving light and we can get good power. Plants and trees absorb only that kind of acids that is required for their growth. In a similar way we should also be steady in one state. Human beings have different states in their thoughts at different times and hence absorb different powers in them. When we are very angry, disgusted, afraid and in other states the breath that we take varies and thereby we accumulate different types of acids in our body. The state of our living and our life itself is brought about by us only.

We are born as life-atoms by our thoughts, grow with our thoughts, leave the body with the same thoughts, roam about in the astral world with the same thoughts and take our next birth as per the same thoughts only. From the time we started as life atoms on this world all things happen as per our thoughts. We who have got this thought power, during our life as human beings in this world should realise the fruits of taking this birth in this life itself. We should know that our soul is our God and it is by our breath that we take and the power that we absorb, that we can raise the state of our soul. We should grow by consuming the vegetables and fruits that are given to us by nature. Do the vegetables have no life? When all that are on this earth have life in them we should not eat the flesh of animals and birds. You may ask how can we cut the vegetables and eat? The state of the vegetables is like that of the earth. As life-atoms they absorb only one type of acid and make us grow with that power. Vegetation also grow as life-atoms; but they do not have the state of having a body with life pulsating in it. All the souls that get life like us with a body live at a certain temperature and that temperature is maintained by the soul itself by varying the heat that it absorbs. Vegetation gets the temperature of the earth at that place and grow at that temperature. The pulsation of the soul and thought, vegetation does not have. They absorb only one type of acids and grow.

An ant, a small worm and all the living beings which have pulsation on their bodies have feeling. All the vegetation do not have the pulsation and they have no feeling also. There are some plants which shrink when we touch them. Without any feeling how do they shrink? All living beings have some magnetic attraction according to the acids that they absorb and grow. By the power of this magnetism that these living beings have got, as soon as they touch the plant, the acid which the plant is absorbing for its growth being different from that of the living being the plant shrinks. It is also due to the difference in the temperatures of the two. There are certain other plants which absorb the evil thoughts of people and when the heat or even breath of such persons fall on them, they get blackened or get burnt. If some people sow seeds, the seeds will not grow. As soon as such people take the seeds in their hands, and their breath fall on the seeds, their touch itself makes the seeds lose its power of growing and they will not grow. There are some people whose breath itself is like the power of Sakthi. Some people by their thoughts and the very breath that they take get depressed wherever they go. The power of Sakthi is the same and it is the thought that makes all these changes. Vegetation does not have feeling and thoughts.

The plants and trees yield grains, flowers and fruits according to the one state in which they are, and absorb one type of acid from the time they started as life-atoms. In vegetation as we go on removing the fruits, flowers and in some type of greens as we prune the tender leaves they grow in a good state. Since they do not have feeling and pulsation and grow by absorbing one type of acid, each one gives us their utility according to the season. In this creation nature by its power has created several crores of states which are beyond the conception of human beings. In plants there are some which do not give their yield even after several days while in some other place one plants the same type of plant, they yield earlier. People say that some plants which do not yield are male ones. There is no male and female in plants and trees. There is no difference as male and female while in their life-atom state. It is only after they get life and come out as living beings that there is differentiation as male and female. In the astral world also there is no classification as male and female. It

is only when they take birth that they become male and female as per their wishes. The souls take their bodies as per their thoughts and feelings.

Tomorrow I will tell you how this body is got.

31-10-79

Life-atoms in various states emerge from the sun with different acidity and settle on this earth. When the heat of the sun's rays fall on them, they absorb the acidity in the air and these life atoms grow. All the things that grow on this earth are life atoms which are alive. Every life-atom with that power and absorbing that type of acidity, with which they evolved, go on absorbing the same type of acidity with their magnetic power. By absorbing in this way, they grow into vegetation, rock, minerals, earth, water and other liquids under the earth. There are some other life atoms which get the bodies of living beings.

All the life atoms stated above, spread on the earth, merge with the earth, and grow in the earth as natural life-atoms. The life atoms that take bodies of living beings are moving about in the air absorbing the acidity in the air and growing in their state. When the bodies of the father and mother join, the acidities in the two bodies join together, the life-atom in the air having the same acidity comes and joins the acidity formed by the parents, gets, life, takes the womb as its abode and forms an embryo. From there it absorbs the type of acid that it requires from the breath that the mother takes and grows. The pulse of a mother who has a baby in her womb will be different from the pulse of the mother when there is no baby in her womb.

I told you that the trees and plants have also come from the state of life-atoms. All the lives that do not have pulsation are also life-atoms. It is life-atoms that live by absorbing the acids that are spread on this earth, the heat waves on this earth, by their magnetic power and also by absorbing the energy from the air that grow into living beings like reptiles, birds, those that live in water, animals and human-beings have blood circulation in their bodies. From the time they started as life atoms, they grow by the acidity that they absorb. Their destiny is fixed by themselves

in their life atom stage itself. It is not that the life-atoms in the air only that become individual soul and go on taking after birth without decay. All that grow in conjunction with the earth do the same in their group. Their fate is formed when they start life in their life-atom state.

2-11-79

Our world started as an atom and by absorbing the power required for it, was formed as this vast world. By means of the power that it has developed within herself, this world absorbs and emits, like breathing, all the powers in the form of air. I have told you in my previous lessons that everything that grows in this earth is in the form of vapour. All the minerals dug from this earth in whatever form they may be used, when exposed to air dissolve in it. From the very day we dig them out of this earth they lose their capacity to grow and come to a state in which they dissolve. All the minerals dug out of the earth right from coal, come to a state in which they can dissolve. As soon as the air touches the metal, the metal absorbs that kind of acid as is required by it from the air.

We wear so many ornaments. All of them are metals which are liable to dissolve in the air. Only those metals which are kept in a state in which they are not in contact with the air do not dissolve. All the metals dissolve when exposed to the air. We say iron man, iron will dissolve in the air. In this world which is vapour, all forms formed out of vapour, are liable to dissolve. Had we not dug out the minerals and fluids from this earth, the earth would have absorbed several powers from the Sun and Jupiter, grown much bigger in its size and given us many more powers. By the evils that we have done to our earth it is in a state of having a change. After this change, the area of water spread on the earth will increase. This increased water spread will evolve more energy than what the earth is doing now. After the earth has had its change it will slowly dissolve. When it gets dissolved the energy from this earth goes and gets absorbed by other planets connected with it.

For the earth to get this state which I have now explained it will take several thousands of years. The earth will be in its growing state only for a short time. This state can be found out by any scientific methods. By the lazy and greedy ways that have come out of the artificial ways of living, we who are human beings, by our evil acts, have brought this earth, which has grown to this size and state during several crores of years, and is going to have a change in her fury at the end of our human life. People say it is due to fate) do you realise who has framed this fate? This fate to the world has come by the greediness of the people of this Kali Yuga for artificial ways of living. From today's lessons do you understand what is the state of fate?

3-11-79

In this earth two-thirds is water and one third is land. In that one third part, there are tanks, lakes, rivers and wells. The earth tremour that happens is not on the land portion only. Volcanos and earthquakes do not take place only where there is no water spreads. These take place inside seas also. It is said that due to earthquakes inside the sea, mountains spring up suddenly in the middle of the seas. What is the state of the hills that grow up from the sea beds? When mother earth emits heat waves under the bed of seas, as she does in land, such mountains spring up from inside seas. The similarity between the bodies of human beings and the sea water is that the human body also absorbs more salt in its breath. The salt in the human body is similar to the salts in sea water. If a human body is buried in the earth in one place no vegetation will grow over it. So many kinds of artificial manures are manufactured now-a days but no parts of the human body can be used in the manufacturing process. In some places the carcases of dogs, jackals etc. are buried near the roots of some plants and they serve as manure and give good yield. But as the human body contains too much salt, no plants can grow by its help. In the same way the sea water which occupies two thirds of the surface of the earth cannot be used for irrigation purposes. But there are some plants which grow with sea water, but those plants will not grow in the water spreads on the land. There are some vagaries like this in nature.

Tomorrow I will tell you the way by which we, who are bound by the forces of nature can merge our forces with that of nature.

By nature we start as an atom, get life, get the energy from vapour to the life-atom, get the body of a living being and live as human beings. After the soul leaves the body it takes the essence of the body in the form of vapour with it and again takes, a body and the cycle goes on repeating. Such a life-atom as ours has got the capacity to absorb all the powers from nature. Every life-atom has got its liberty to increase its power in whatever way it likes. The people of today live without knowing their real power. Our ways of life today have come on account of our scattering our powers and living with greediness. There are some great souls who were Born on this earth and are now blessing us as our Gods from their high states. But we have wasted our powers and instead of leading a spiritual life with love, we live with greediness, suffering, lust, without self control, breeding in us malignity, mischief, anger and such bad qualities. What is the use in leading such a life?

I will tell you in this lesson how some souls having born as life-atoms have become human beings on this earth, known about their real powers and by the power of their souls how they got all the powers that are in this world. Several souls who are Rishis now, lived like us in this world with their families and undergone so many troubles. It is by their meditation, by meditation I mean they lived in a steady state without being affected by any other thought waves, taking good and bad in one way, not affected by sorrow or elated by happiness and not bound by family affection. While living like this, they absorbed all the powers within themselves and sowed the seed for spiritual attainment. Those who attain the first stage in gnana during their life time can continue in that state and get supernatural powers. From this state they can become Sages, Rishis and Sabdha Rishis. Those who have gone to the mental stage by their powers can go to other planets. They can acquire powers from other planets to their life-atom, create new planets, create new living beings in them and that will become a new planet. In this nature there are innumerable truths. All the planets that we see, started their life as life-atoms. It is possible for the life-atom to do all these only when it is with a human body. Some great souls have come to this stage. I will explain the state of some other souls tomorrow.

We name persons as per the old tradition of our elders and speak the language that they spoke. We name persons by the names of deities. The common name "Muruga" that is used by the Hindus of South India was given by Bhogar to praise and worship the God with six good qualities in him. There was no personal god by the name of "Muruga". But whoever mentions that name or things of that name from anywhere, the power of Bhogar, who remains in the hill temple at Palani in South India with his immortal body, he enters into the hearts of those people who mention the name of Muruga, Bhogar showers his grace. Remaining there with his immortal body he enters into the hearts of those who meditate on the name of Muruga and shares with them the powers that he has obtained from the Almighty. The powers of Bhogar who comes in the name of Muruga are maintained without any decay. Still he is giving his grace through the air to his devotees. He comes even today as a common man sometimes and mixes with the people. Do you know in which way? The physical body does not come out of the cave on top of the hill temple at Palani in South India. But he comes as Muruga and in many other states to redress the grievances of his devotees. In the state in which he has obtained his powers, he shows to those who can separate their soul with the powers from their body and see him, he appears with his physical body by gathering physical materials from the air to form a physical body to exhibit to his devotees. He has got powers to separate the vapourous acids in his body and join them together at any time as per his will. He can appear at several places at the same time. Bhogar does several things by remaining at one place.

All the powers are in the form of acid vapour. This body is also an image of vapour. When the soul leaves this body and goes to the spirit world it can live there only with the help of the essence of the acids of the body that the soul carries with it. It is possible for us to make all the powers that exist on this earth as our power and live an immortal life. Our life does not consist of the portion that we live on this earth only. This life is only a chance given to us to acquire a good fortune. Every person should realise this and live a life of his own, not thinking why he should not enjoy the pleasures of this world in this life. We should know

that the powers that we get during this life time is one that will come along with us to the other world and we get the grace of Bhogar through our meditation and lead a good life. Through out this world each person gets the powers and utilises them as per his state.

7-11-79

On the third day after his burial, did Jesus Christ come out of the grave? In my previous lesson I have told you that a Sage had entered into his body. The body had no connection with the soul of the Sage who had entered the body and what they had tortured was only the cage called the body. The power of the body and its soul had already entered into the body of the Sage and what they had tortured was only the empty shell of the body. In the state in which they tortured, their evil power attacked their thought itself. The soul and the essence of Jesus were not affected by their tortures. The very thought of the ways in which they wanted to torture enter their bodies through their breath. On the third day what they saw coming out of the grave was only the power and soul of the sage which had absorbed the acidity in the form of vapour from the air and formed into an image like Christ himself. To do this the sage had the power in his breath to absorb the required materials from the air and form the image. But the state that exists among the people there now and their ways of meditation are quite different and no one meditates on the powers of Sakthi. There is one sage who has come by the name of Jesus who has merged with his knowledge the Divine Light. Their priests now could not absorb his power, have contact with him from the stage at which they now are. Their priests themselves have not known the ways by which they can grow their bakthi (love towards God) and follow with love the power Sakthi. If they had contact with that great Sage they could have taught people to change their mad feelings. The thoughts of the people there are frenzied, full of lust, greediness and bent towards modern ways of living. No one thinks about the dangers that they will have to face and about the state of the soul which will depart from their bodies after they die.

If the religious heads follow the spiritual path, the modern thoughts can be overcome by love. As it is, people have a fear in

their bakthi. There are no spiritual leaders in the western countries to bring this into action. Modern churches teach that if we tell the sins that we have committed to the priest and pray for pardon, then the priests can pardon us from our sins and we will be free, relieved from the reactions of the sins that we have committed. By doing this they allow the stains of the people to mix with those of theirs and make the whole thing a mess creating a vacuum. People who are the children of Sakthi today live in distress with love and affection without any spiritualism. The place which has the power from a great Sage is in a state of nothing having become the slave of greediness, wearing a cloak of modern ways live without knowing the way to spiritualism. I am giving these lessons in general. If anyone wants to ask some questions in particulars, they can do so.

8-11-79

In the present way of artificial life, we should remember that the actions of the spirits in the astral world are also coming with us. The souls that are in the astral world today are much more in their number than the souls that live in this world now. Hence by the effect of the attack of those spirits from the astral world, the madness of the people in this world has increased. Having born as a life atom, come to live as a living being we get into us many other life-atoms through our food and our thoughts. So what we do is not from our own life-atom only but are due to the combined effect of all the life atoms that are inside our body.

In every person's body there are several states. To make our soul to act in its way is by meditating, wherein the other life atoms that are inside our body become active. We get the power of absorbing the energy that comes from the Sun into our Life-atoms and we get our state of meditation. So long as we live under the influence of evil powers it is difficult for us to proceed in the spiritual path. When we come to a state wherein we are able to absorb the power required for our life atom, the Sun will give us the powers from all the other planets also. If we can get ourselves out of the grip of the several thoughts of meditation and come to a state wherein we can absorb the Godly powers, we can get into the ways of Gnana, get Siddies, and go to the state of Sabtha

Rishis by the power of our own life atom. We can leave the cage of our life where it is and go into that state in which we can go to anywhere absorbing the acidity in the air. We can go to any planet, form our image there and know about all the states that exist there. We can know also about all the past lives that we have lead and also about those lives, through our breath and the sound waves. You may ask what is the use of all these?

All these lessons are for getting out of this Kaliyuga and not allowing the powers of this life-atom to get mixed up with the present time and whirl in the short period of the life in this world. We can make our power work along with the powers in the various planets. It is possible for everyone to do this, but for those who are in the grip of the avarice of this life, it is very difficult to put this into action. We can get this power by our meditation and love towards God. All the Siddhas who have come to this state have come from different states. There are many who have come up from their family life undergoing several troubles. To come to this stage with life has been done by Bhogar in the best way. Kolama Rishi has given his powers to Adi Sankara. Each Rishi has come from a different state. The state of Buddha is different from all these and is one without any hatred. Many Sages have come through their family life and live, following the spiritual path. To attain this state by being a Sanyasi or mendicant is not good. There is no age limit for going in the spiritual path. People should know all these and choose the way suitable to himself.

13-11-79

The way to teach spiritualism in this Kali Yuga, the state in which the world exists now, the way in which people will follow the advice are changing according to the time. This way of instruction could not proceed forward several days ago. The ways are as per the thoughts that existed in those days. In this Kali Yuga with the present fashionable state of our living in which way the teaching of spiritualism can be done has been thought over by me, Eswara Bhatta, and with the help of Sri Venugopala Swamy, whom I have chosen as my disciple to propagate my teachings I have started this through this society.

In this state all the forces throughout this world join with each other on the principle "birds of the same feather flock together". There is connection with the same thoughts that are in various parts of the world. Births and deaths take place as per the relations in this life and in the next life also. We, who are born in this Kali and do good deeds do not know about the magnetic power that exists in our bodies and live a life of worldly pleasures making our soul a slave. In this artificial world the electric power in the air has been absorbed for producing electricity for artificial use. The liquid power inside the earth has been pumped out and used to go to other planets. In the present life in this Kali Yuga we have become slaves of our machines.

We take photos of several things so that we can see that state after several years. We record the sound waves in tapes and hear the sound afterwards. Our soul has got the power to do all these things that we do today artificially. Magnets absorb the electricity in the air and give us electric power and our electric bulbs give light. If we can see through our soul we will be able to see all the sceneries that have existed from the time the world started through our vision by our thoughts. In the same way we can hear sound when we absorb the magnetic power of our soul with one thought, in the same continuation we can absorb all the other thoughts connected with it. The birth of other thoughts are also connected with this. It is these thoughts which are the cause for all the states. The breath that we take with these thoughts leads to our actions. Every one should make the power that lies with his body the power of the world.

14-11-79

It is only the human body that contains acid power and electric power in it. There are several atoms in the body. Each atom has got a power and character of its own. In whatever way we operate our soul and whatever thought power we absorb, the same powers our soul will get. The scientists of today separate two things from one and also join one with the other by chemical means. Scientific knowledge and spiritual knowledge, both work from the acid powers that come from the Sun. When the powers in this world work by the help of our soul we can absorb all those powers

by the grace of God. But in this Kali Yuga by the lowness of the life that we lead, we have become slaves of greediness and are wasting the precious short time that has been given to us. By absorbing the power by our soul we can do much more than what science can do. From the olden days people who have attained the state of Rishis, while living in this world, have kept on record several truths. But they have been hidden from the people of this Kali Yuga so that that they cannot be operated. If the thoughts of the people of today be steady and concentrated, with the help of those elders we can get at several of those states

The state of the vegetation is, each one absorbs only one kind of acid as required by it for its growth. When we mix some acids with some of the plants we can make several metals similar to what we dig out from the earth. We can make several metals like gold, copper, tin etc. but what is the use in doing so? It will only increase our greediness. Just like these plants there are some insects like leech which creep and some other worms that absorb the same kind of acids. The leech grows by absorbing the essence of copper. There are some plants that give relief from any kind of poison. Notes on all these have been written by our Siddhas and kept hidden in some place. If all these secrets are now given out those who read these will become a slave of those thoughts. This is the reason for our hiding several things. We have given out some of the secrets so that people can understand the divine powers that a human soul has got.

16-11-79

In the same way as all the life-atoms that are born in this world with a body have a rebirth, this world and all the planets that have growth, also have re-births. This has already been explained while dealing with the states of the planets. Big planets that have only one kind of power and grow also have rebirth. When the world started, first, the life-atoms that began their life on this world with bodies were mostly formed of fleshly substance without formation of bones. It is subsequently during their rebirths that they have formed bodies as they are having now. The growth of this world is also similar. The state the world has got now, formed by slowly absorbing power has been shattered

by adopting to the artificial means. But in the other planets that are in this planetary chain, and are going round this Sun, as there are no human beings like us and no artificial ways of life, those planets are growing in their power and have become more powerful than our earth; our earth is also growing but in a useless way. The present state of our earth is due to the human beings in it who have been provided with intelligence and also the necessary limbs to work and are considered to be in a high state, but have not realised their real powers that lie dormant in them. Man has made himself and the intelligence given to him, which is his treasure, a slave of greediness and that is the cause for his present state and the state of the world in which he grows.

The treasures inside this earth have been taken out by man in his greediness. When the entire world is struggling in the grip of this greediness, the power to teach the people of the world the way to get out of this, even the power that protects this world does not have. The state of this world is going to change. Nothing in this world can be destroyed; there will only be a change in its state. This is what is meant by "when a candle burns nothing is lost". All the living beings are going to have a change in their bodies; the soul is not going to die. The lessons that are being given now are for the souls which will leave their bodies when the change in the state of the world takes place.

The state of the type of living beings in this world differs from those in other planets. When the state of this world changes and the souls go into the milky way they can go to other planets where the state is similar to the state of these souls when they were in this world before entering into the milky way. It is for this that these lessons are given. Since the time for the change to take place is nearing, every one should know this and take to spiritual ways of living and get redemption.

18-11-79

These lessons are to inform the people of this world the states of the intelligent people who are now in this Kali Yuga which is going to have a change. Truths that have been kept as secret for a very long time are being revealed now. The ways of life of the

present day man and the confused state of his thoughts are not made by him. It has its way from the time this Kali Yuga has started. As the thoughts of the people are going round them in the form of thought waves, the world also has its thought waves going round it always. This world which goes on rotating with its sound waves as "OHM" has its own thought waves. All living beings in this world have their own sound waves. In the state of breathing there are sound waves. Without sound waves there will be no world. Along with the sound waves of nature, artificial sound waves which are created by man also get mixed up and world is struggling in danger. In the present state of the world, on account of the people with intelligence who live in it, not knowing the real power that lie within them, not making use of that power a change is going to take place not only in this earth but also in all the planets connected with it, in a very short time. If all the human beings and living beings do not become a slave of avarice and madness atleast in the coming Kalki Yuga they will be born as divine souls. People may think, when the entire world is going to have this change why should we worry individually, and what happens to all the people, happen to us also. The law of nature and its anger operates with its own power.

There are only a few planets in which live human beings like us who were born as life-atoms and risen up to the state of human beings like us. We are born as children of this mother earth. Our soul, our thought waves and the sound waves that we have created remain permanently for ever. We should consider our soul as our treasure and should not permit evil thoughts or evil spirits to enter into us and raise the state of the power of this universe to a higher level after the change takes at the end of Kali Yuga. All these teachings are done with the above view. The thoughts with which the people of today live is not due to them but has come from the beginning of Kalki upto this time in Kali. These are mixed with the sound waves of the world. We should know the way to get redemption from these. The power of this life-atom should be directed in the spiritual path.

19-11-79

The breath that we exhale has the same powers as the one that we inhale. The breath inhaled by us goes directly to our

life-atom. The inhaled breath absorbed by our life-atom flows to our forehead and spreads throughout our body. The exhalation takes place in the same state as the inhalation. It is by the breath that we take that we know about thought waves, sound waves and images. All our powers operate on the basis of our breath. The breath that we take in and give out mixes our life-atom and stabilises the state of our body and the sound and light waves around us. By knowing the value of the breath that we take with whatever memory and thought we have, all the sound and light waves are moving in the breath that we take in and give out. When we think of any thing that happened in the past we see those light waves and hear the sound waves that existed at that time. We feel that we think of the past and see them as an illusion. Just like the sound waves all the light waves from the time we started as a life-atom are going round with our breath even today. If we can concentrate our thoughts on one thing and do not allow any other thought to disturb it, we will be able to see any of those old states that are even now going along with the breath that we take. What I have said now is the state in which we get into our soul and know about the past. Just like this in our state if we concentrate our thoughts and make our thought and all the states that are in this world flow together, with the magnetic power that our breath has got, we can know about the states at the place of which we think in our mind. What science has done today in radio and television is, they have kept several crystals with magnetic power in these devices and when sound waves are spread from one place, these crystals absorb these waves and spread them here through the speaker. The scientist does several things by allowing them to get spread in the air. By breathing the same air and making it act on our life-atom we can send our thought waves to any planet and by our inhalation we can get the waves that are there and make them act on our life-atom and know about the states that are there. In this meditation if we come to a stage of Gnana we can know everything with our eyes closed. When we are advanced sufficiently in our meditation we can see with our eyes open what happens at a distant place. Gnana, Siddies and other powers in this spiritual path can be obtained step by step by concentrating our thoughts.

20-11-79

Similar to the attraction that the earth is having, the life-atom has got its attraction of thoughts from the time of its birth, in

combination with the soul. The world has its attractive power on account of its rotation. Similarly every person has got thought power according to the acidity that grows with the person. The reasons for our getting various characters are the different acids which we have absorbed from the day we started as life-atoms and have grown through different states. Whatever birth we may take we live with the acid power that we have gained in our life-atom state. Several minerals and plants absorb only one kind of acidity and grow in one state. Some other minerals and plants absorb the essence of their own race from the vapours.

I have already told you that thunder and lightening occur in the sky due to the action of opposite kinds of acid vapours striking against one another and the reaction that takes place. In this world all planets live with their own kind. When we have got human souls, we can improve our thoughts by means of the breath that we take. This facility is given only to human beings and not for any planets, or those things that grow in the planets and other trees and plants.

Once we become the slave of our thought, then, it becomes very difficult to change. Being a slave of madness and avarice even if we try to proceed in the spiritual path it is very difficult to reap the fruits. Without making bakthi a slave of ourself we should purify our heart, make it lovable, meditate in that state, absorb acidity with good feelings and build up the treasure for our soul. Only those who do this can be saved from the coming disaster and mix with the Siddhas and live as great souls with the acid power that we have absorbed during our life in this world. The acid power of this world is a lofty one in which is mixed all the states. The quality of the earth is going to change but the state when this earth will shatter to pieces and lose its life will come only after innumerable number of years. Some say that there is a state when the Sun will lose all its power. The sun goes on absorbing acid power and joins with it other small planets which have the same kind of acid power. It cannot lose its powers at any time as is thought by some people. People think that the Sun is a ball of fire. When these lessons are published several questions will arise when I will let you know about other states. It is only the human soul which has the power to know about

any state. If we give out the states in all the planets by our spiritual power, then the arrogance of 'I' will come. For those who love the spiritual path and want to know thinks by their meditation we give out the way which we have followed and got the powers from Sakthi.

21-11-79

Your thought has the power to know about all the states. The thought that has been formed by you in your young ages has come up in the same way. All the life-atoms and souls that are born in this world are Gods. When we think that any small thing that we see is God, our life-atom gets the power of God. Instead of worshipping stone and other materials as God, if we only pray to our soul the soul gets the power of God. Idol worship is only to indicate the qualities of the deities that we worship. It is only by developing our bakthi, we can be free from the various thoughts that arise during our life and our soul will get a state of calmness.

27-11-79

The thoughts of good minded persons when aided by natural forces do not remain in one state. Wind, rain, cold and heat vary according to the season. The power of nature is common to all. Those who take advantage of the forces of nature and meditate with noble thoughts find nature to co-operate with them. With the help of this Power which we have got into our thought we can control even the fury of nature. When we are in meditation we can absorb the powers of God in our thought and direct the natural acid power or use them as per our own thoughts. Those whose thoughts are stained will find nature not co-operating with them. The people of today do not realise their own state but think about the state in which they were born and in which they are going to die. They think during the short span of life what is the benefit that, we are going to get with this body and live with agitated mind. Those who question about their own thoughts in this life will be wandering with the same questionable thoughts in the spirit world also. Our soul given to us by nature is akin to nature. When it is in our body, or after leaving our body and is in the

spirit world it is moving about with the breath that we have been taking, our thoughts, and the acid power from the very day we started as life-atoms in accordance with nature. We have taken this birth by our thoughts and not only by the state of the persons who bore us. The result of our taking birth in this world should be used as a good power and in accordance with nature and in association with our life atom we should reap the fruits of our taking this birth and establish it in this world. We should live like Bhogar, Konganawar and other Rishis, getting good feelings in every state and show to others that it is possible for us also to live like them. The power of nature is common to all. We should absorb that power within us, make our soul steady and stand as an example to others.

A visitor who has attained the state of meditation put the following question to guru Dev:—

For a person who has got good thoughts and does good deeds is meditation necessary? He has no intention to wound others feelings. He feels that his thoughts and his deeds are good but is not sure that he is doing the right and correct thing. He feels that he is right but others do not approve of it. If he is wrong he is ready to correct himself.

Guru Dev's reply:—

Even if the thoughts and feelings are good, if there is no bakthi and love there is the arrogance of 'I' in this question.

Visitor:— I do not know if it is right or wrong. I know about my feeling of 'I'.

Guru Dev:—Realising your state to be a good one, you stirred up your state of 'I'. There is nothing in the power of nature that is not connected with some other thing. In this state making your feelings good and becoming a slave of that state, making the state God, remaining as yourself what is the use? Even the Sabtha Rishis who know everything do not act individually. They combine all their feelings and act. It is only when you get out of this state in which you have kept yourself, the good feelings you have got will be able to act. It is good thoughts, good feelings, the power of eye sight and the sweetness of words and the lovable ways of life that make the life of a meditator. Meditation is

combined with the life and its good feelings. Those who concentrate their thoughts, are righteous, with love and a desire for godliness, will get the state of godliness. The souls that have attained this state are called deities. All forms of nature are from Adi Sakthi. We should merge ourself with this nature and live. We tell people to meditate so that they can get rid of avarice, madness and all other evil powers, not become a slave of them but lead a good life.

29-11-79

We are giving all these lessons so that the life-atoms born in this world, taken a human body, which has all the powers of Sakthi in it, may rise up to the state of Rishis by getting the grace of those Rishis who have already gone to that state, atleast now when the world is going to have a change. The state of the world changes and the temperature, rain, wind, etc. change according to the seasons. You have been taught from olden days that the conditions in a place vary as per its distance from the equator. The time when solar and lunar eclipses are going to take place are announced several days in advance. Our intelligent people have known about several states that are created in the milky-way. They know about the changes that are taking place in this earth, but are afraid to announce them to the public. At present in this earth there are some places which have not had sun's rays at all and remain dark forever. After the change that is to take place shortly on account of the jerk, the earth is going to have, those places which are always in darkness now will get sun's rays. I will let you know about the changes that are going to take place in some parts of this earth.

The thickly populated places in China and America will be involved in this change. There is going to be big changes only in these two countries. In other countries, though there may be some changes, the level of the sea will not rise and submerge the land. All the places in this earth which are now always in darkness will get sun's light. Some of the parts in those countries which are now advanced in artificial ways of life will be in continuous darkness'.

When the change takes place in this earth, its state and the power it gets from nature will also change. The heat in summer and the cold in winter that we are having now will change. You are going to see all these changes yourself. With the help of thought power, by meditation increase your power and lead a good life. You know the path and so you can proceed with out difficulty. You have known about the ways of gnana and come to the first step of the ladder. Make a firm decision in your hearts that you will become a gnani, Siddha and following the path you will rise up to the state of Sabtha Rishis.

Have the courage to make not only this world but also all the other worlds yours and get merged with Adi Sakthi.

No God will come and lead you to that state. You have to guide the God who is within you and by the grace of the Rishis we can mix with the all. Make yourself fit to be in union with the Almighty and lead your life in the good way.

1-12-79

Buddha

Today we worship Buddha as God. What is his state? He was born in a Royal family. In one day he got enlightenment under a pipal tree. How did he get that state? From his birth his state was normal like other people. Without entering into a spiritual life why did he go and sit under the pipal tree? This state was not formed after he took birth as Siddhartha and was in the Royal family. His state started from the time he began his life as a life-atom on this earth. Though he took several births, the powers that he had acquired by his contact with several Rishis were lying dormant in him. It is only in his last birth in the Royal family on account of the surroundings round him and from the way in which he was brought up, the powers which he had acquired in his previous births began to fructify. When he went and sat under the pipal tree, the acid power of the tree mixed with his breath, he got enlightenment and went to the mental world and is being worshipped as God by all now.

The thoughts of the people who were born in this world and risen up to the states of Rishis and Sabdha Rishis are doing good

to the people of this world. The good powers of the people who have risen to the states of Gnanies, Siddhas, Sages, Rishis and Sabdha Rishis which are in the temples work in union with the thoughts of the devotees and act as God. Our elders have said worship at temples is good; do not live in a town where there is no temple. This they have said so that our bakthi may grow and we may proceed in the spiritual path.

(Now there is a vision in which a big elephant wearing bands of holy ash on its forehead comes and blesses all the people by placing the tip of its trunk on the heads of the people. Immediately the elephant turns into a Sage and he blesses all the people there.)

There is another vision in which four people carry a dead body and after disposing it off, they come home wash their hands and feet and see a burning lamp inside the house. (This is a custom among the Hindus) this is to remind you that Buddha came to his state of enlightenment after seeing a dead body.)

It is not that we get the grace of God, only after going to the temples. We go to temples so that we can forget the various states that come during our family life and be steady in one state there.

2-12-79

On Karthigai day (festival of lamps) Hindus light up several lamps in the front portion of their houses and worship the lamps. The idea in doing so is that we should merge the light from these lamps with the eternal light that is within every one of us. We convert the sound waves that come from this earth into light waves. Instead making artificial light by burning oil, we should develop the divine spark within, us, make it glow and give light to us. The Sun and other planets get light from within them. Similarly we should get light from our soul and obtain all powers. We do not know what powers we have got and live making ourselves a slave of some of the evil spirits. We should develop the divine power that is sleeping within us without any activity and make them shine outside.

Those who do meditation leading family life will surely get the full benefits and powers from Sakthi. Life is short and it is

only during this short life as human being that we can earn wealth for our soul. After the soul leaves this body, it cannot have any growth or advancement. It is only those souls that are in human bodies that have the privilege of making themselves glow.

Knowing about life and death and before we know our real state we are born by the acts of our parents. We did not take this birth on our own initiative, but it is due to the state of our parents. Do not think that you should enjoy the wordly pleasures during the short span of this life. By taking good breath and cherishing good thoughts during the rest of your life make your soul glow like a lamp.

3-12-79

Some people who have got superhuman power make several kinds of beads by name Kantamani, Thulasimani, Agasthiya Mani etc. by their power and by wearing them on their bodies know about some details by their attractive powers of those beads. With the help of Rasamani and some herbs, utilising the power of the atoms that come from the various planets on new-moon day when the power of the moon is not there and on the fullmoon day when the power of the moon is maximum do meditation. They chant the names of suitable beads and by wearing such beads on their person, they do several things. They can make themselves invisible to the normal eyes. They can separate their soul from their bodies and do several things. All these are done by those who know about the powers of the herbs and have got superhuman powers by their gnana.

Such things are also done by the help of evil spirits by some swamies and the fortune teller who comes at midnight, people who see several states by using a black ointment and those who tie talismen with black strings. Now-a-days in India, China, Tibet and some other places such persons are in plenty. They take the bodies of the babies who are born un-developed by an early birth, those babies who die as soon as they are born and absorb the power of those souls in them by their magical powers. The same is the state of those who do things with the help of spirits. They can go out of their bodies at their will and make

themselves invisible. With the help of the bad spirits they can do so many bad things. Good and bad ways are mixed in this world. If we develop our thought power and mingle it with the power of the world – Sakthi – we can protect ourselves from the bad spirits and increase the good atoms in us. Without subjecting our body to depression and weakness we can prevent an early death. We can live a good charitable, lovable life and go to a state wherein we can reach the mental region.

When the powers of the evil spirits increase, they depress the powers of the good spirits. We should increase our good powers and having association with people like us, we should increase their power also in the same way as the planets grow absorbing power from other planets that have the same acid power. By doing this we can make all the souls that are on this earth to absorb good power by assisting one another. My blessings to you all to get good feelings and make the entire world populated with good souls.

4-12-79

If we think of good deeds, gnana and spiritual life with love and execute the same in our deeds the power that we will get by doing so will be the result of our leading a happy life. In the beginning due to several thoughts striking your mind you may find it difficult to follow the path. If you overcome the initial teething troubles you can attain a very happy state.

Today scientists send artificial satellite to other planets to know about the states that exist there. To propel the satellite through the air space around this earth, they use acid power that is available in this earth (electric, magnetic and atomic waves) and once it passes this air space and emerges outside, the satellite continues its motion without consuming any more power. It is only to travel a certain distance from the earth that it requires outside acid power. After passing through this region it does not consume any fuel for its movement. In the same way if we can project our thought power in a good way our life atom is capable of leading us in the spiritual path.

If we can know about the magnetic power that our human body has got, we can train our body to fly in the air with its help. The acid power in our body is a huge one. We live without knowing this and waste our power in our life time. All the states in sound and light that are known by artificial means by our science, can be known by the acid power that our body has got.

This thought power comes as per the words of our parents, deeds, eye sight of persons and has its effect. When we see a person with some thought and the breath of that person strikes us, that person will get the same state as ours. The words and thought waves sent out through the eye sight of persons who are well advanced in the spiritual path will be effective. All great souls have this state; wherever they go, the place gets distinction; where he treads, the place becomes fertile. At his very sight we become virtuous. It is believed that we will get great pleasure by the blessings of such great souls. Knowing all these we should follow the path which they have followed and try to become one like them. We should bow down to those who are in a high state, and not being always in our low state we should try to raise our state to that state to that of theirs and live like them. Life does not mean that we should always be a slave of others. We should pray with love and live with love. In our life we follow and obey the great souls as slaves. We should cultivate the habit of becoming one with them and live in their state.

5-12-79

Those who meditate on Sri Rama, get the grace of Rama in their soul. To do such meditation we should be in that state. If we show in our words and deeds our spiritual attitude, and sincerity, we will get by the power of that mantra the power of Sakthi in us. In the epic written by sage Valmeeki, he has given some qualities and characters to Sri Rama. We should try to live with those characters and qualities that have been attributed to Sri Rama by the sage. This epic has been drafted to show people the way to lead family life with parents and brothers, facing with courage all the resistances that are bound to come, making the parents as their God, lead a chaste life with courage and valour. The strength, capacity to do duties with love and

affection is not the sole attribute of Sri Rama only. It is meant for all of us to follow; but the story has been twisted in many ways from those days itself. We should try to lead such a life as was lead by Sri Rama in the epic and show people of today that it is possible to live such a life as shown in the epic.

The epic which says that Sri Rama lived on this land once upon a time was written at the temple in Rameswaram (South India) where his soul remains even today. It is by the truths that are in the epic and on account of the soul of the Rishi remaining in that place, that the temple on the sea-shore is saved from all the furies of nature. The thought waves of the sage are still in the temple and that is the reason why those who go there sincerely, worship and get the holy water from that temple get solace and power from the meditation that they do there.

It is the thought waves of the Rishi that are there that guide the people who go there and worship to get power from Sakthi. Our soul gets the power of worshipping God by our thoughts and we get the grace of Sakthi. When we go to the temples where Rishis meditate, we get their grace as per the thoughts we entertain in us at that time. We have the treasure of various ways of meditation as shown by our Rishis. Everyone of us should follow the path shown by them and by meditating on Rama, fill our soul with Sri Rama Jayam and get power from Sakthi.

6-12-79

Just as the epic Ramayana written by Sage Valmeeki has been altered by people at various periods and rewritten to suit their thoughts, all other epics in this world have been altered and rewritten to suit the thoughts of the people at various times.

The holy Bible has been published as though it was written by Jesus Christ. Who has written this? Who guides the people? How did the world have its birth? They say that the human race has come from Adam and Eve. They preach that the great soul that entered the body of Jesus who was the embodiment of love and treated all the lives alike was killing living beings and taking as food. Those who were jealous of his state destroyed the physical body that was occupied by the soul of Jesus and to come out of the

resistance created by the people they have published the truths given out by Jesus as though they were told by some others. This is the real state of the Bible today.

It is true that all that we consume are atoms. I have told you that the law of nature is to destroy one life to maintain another. The soul which has started its life as a life atom has developed into a human being after several births, goes into the body of an animal on account of its thoughts. We who are human beings in a much higher state and eat the flesh of the animals in a lower state, thereby getting into our body the atoms from the body of those animals and get the thoughts of those animals. By this our state depreciates to that of the animal. To avoid getting into us the atoms of other animals and birds thereby giving room to the evil powers to enter into us, we should take as our food only grains and vegetables which are free from creating any such influence on us. All are atoms; the fruit and the bird come from the same atom. Once the thought is stabilised there is no difference in eating the fruit or the bird. For the great soul that entered the body of Jesus all were the same. He took all kinds of food that were offered to him with love as the same and consumed them. The common man when he lives with his physical body should save himself from the attack of bad atoms from outside to proceed in the spiritual path and get power from Sakthi. We have to follow some methods so that bad atoms may not come and attack us and we can stabilise our thoughts and get ourselves merged in the sound "OHM" that is produced by this earth.

7-12-79

The scientists of today keep some instruments along the equator of the earth and find out certain changes that are taking place in this earth. In the same way, by finding out the states that are inside the earth along the equator, from the way the earth inhales and exhales, it is possible to find out the changes that are going to take place in the various parts of this earth and save the lives that are there. Their investigations are from the state of the atmosphere. The state of the atomosphere round the world depends upon the breath exhaled by the earth. The souls that have the knowledge of these present scientific advancement, by

merging their power with the one that guides their spiritual advancement and with the grace of the Sabdha Rishis have the power to save the world from the disaster that is going to take place at the end of this Kali Yuga. Each soul has got all the powers that Adhi Sakthi has got and if made to work in association with it, our power can work.

Today magazines publish some of the discoveries that are made in the powers of nature. The facts are twisted in some way in their sorrowful state and some of the facts are hidden. For example in Paris (France) on the 4th December 1979 it is stated that the youth who disappeared in a flying saucer last month was sighted at the same place.

8-12-79

On the 26th of last month in the SaintKun region west of France P'on Dyne aged 19 years and his two friends were loading boxes in a car in front of his house. At that time they saw a bright object like a ball at some distance from them. It slowly increased in its size and its brightness also increased. When the object came near their car it was like a big ball P'on Dyne was watching it while his two friends ran inside the house to get a camera to take a photograph of it. When they returned with the camera P'on Dyne was not there and there was bright light round the car and that also disappeared in a short time. The French police heard of this and started to search for P'on Dyne. In the place where the flying saucer landed they made some tests to find out if there were any radio active atoms and found that there was no such thing there. The police made all sorts of enquiries from the two friends of P'on Dyne. In the mean time at the place where the flying saucer landed, P'on Dyne was found. The dress he was wearing at the time when the flying saucer took him was intact in the same condition though one week has lapsed. The money that was in his pocket was intact. While narrating the incidents P'on Dyne described all that happened till he was taken in the flying saucer. What happened to him for the next one week he could not tell, but suddenly found himself at the place from where he was taken in the flying saucer.

This matter was reported to the French aeronautic department as "strange objects flying in the sky".

The reply for this is given below:-

Such a bright light is not any object sent by anybody. The act which has created a fear of flying saucers among the people is explained below.

The human soul has the power of absorbing several acid powers and live with a human body. While the vegetation and minerals have the power of absorbing only one kind of acid power that is required for its growth, the human soul which has taken this body after so many births in various states has the power of absorbing any other acid power as per its thoughts, than what is required for its growth. We absorb the atoms that are coming from the various planets including the Sun. By absorbing one type of atom by our thought by inhaling and exhaling it out of the body it is possible to make the body glow as the Rishis do and appear as a glowing object. It is possible to make our body glow as a bright object without any form and fly in the air. What has happened there is the act of some person who has got superhuman powers and is doing trials to make his body glow by absorbing one type of atom and with that power make another human body also to glow like his and fly with him. This is just like controlling another person's mind by the help of spirits. Here his own soul is made to glow and another soul is also made to glow in a like manner and absorb it within himself.

Now science is playing with nature and other atoms in an artificial way. The super-human powers which have come by scientific methods have now become a play in joining one soul with another in lustreous state. Why should a person who has got the power to make his body glow, attract another soul and act? Without wasting the power that they have attained, and stirring the thoughts of the human souls why do they not build temples as has been done by the Siddhas in India, remain there and give their blessings in the form of bright light to the devotees who come there? The same power that our Siddhas are utilising in the above way is being used in some other way. Since there are no temples or churches in those places where people can go and worship with divine love, the scientist Siddhas there have to adopt these methods as their play.

Today several lakhs of people go to the Sabari hills in South India to have a view of the bright light that appears on the hills on a particular day once a year during the month of January. Aiyappa who is there makes his body glow like a bright light and appears before devotees on that day.

9-12-79

By the powers of the Rishis, the people who live in this world now, will be in a more advanced state, with more powers in them in the Kalki Yuga that is to come after the change in the state of this earth. From the time the earth started its life, there has been three changes like the one that is going to take place now, which will be the fourth. It is only after several crores of years that living beings started their life on this earth evolving from the vegetation. It is after several crores of years that the souls had human form. After living for a very long time in this state there comes pralaya which is the destruction of the world. After this pralaya new monads or life-atoms begin their life on this earth. The state of these monads which start their new life after one pralaya will be quite different from the state of the monads which started their life in the previous cycle and ended their life during this pralaya. The state of this earth, the living beings on this earth, the minerals and vegetation that grow in this earth after each pralaya will be different from one another.

In this earth there are different kinds of minerals growing in different parts of the world in small quantities. There are some planets which rotate with the power of some minerals only. There are some other small planets which absorb the power from one type of mineral only for their growth. Most of the stars come under this category.

In this earth, the lives rotate in different states after each pralaya. The power of each living being varies as per the breath it takes in and gives out. Every time the earth has a change in its state of rotation, the state of the breath that the earth takes in and gives out change and consequently the state of all that grow and the breath also differ. The lives that appear after one pralaya in this earth will have more power than what they were having

before that pralaya. The lives that started when the world started its life first still continue to live in this world without decay after so many pralayas have taken place with different thoughts and powers.

Today we hear about so many stories in our puranas (religious books). They are what have actually happened in the days prior to the pralayas that have taken place and remembered by the souls that lived at that time and seen those incidents. Today they are not believable by us. No thought comes without any connection with what has happened in the past. In our dreams we see so many incidents which differ entirely from what we do in our life now. None of these are false. Eventhough there may be so many pralayas, our thoughts, our talk and our deeds will go on continuously with our soul which is immortal.

10-12-79

We should not worry about our body which is going to change or about the world which is also going to have a change in its rotation, but should concentrate on raising the state of our soul. From the time the world started its life, there are several life-atoms which have passed through several states, and pralayas, risen up to the higher regions and are remaining there, attracting many souls from this world to their state. It is only in India that many souls have risen upto the state of Gnaniyas and Siddhas. Several Siddhas have gone out from India to various places in this world to guide the people there.

Jesus Christ lived in some places in India for some days. Mohammed Nabi also lived in India for some time. Same is the case with Buddha. I am not telling this with the idea of praising India. All the states that exist throughout the world are common to all of us. The souls that entered the spiritual path first are from India. The place where Bhogar got enlightenment was China. People have divided China from India. Bhogar lived in both these places. After enlightenment in his mental state he went to Mecca, Madina and preached to the people there about Allah in the form of Mohammed Nabi. What exists beyond the screens that are at those places in front of which people go and pray? What is

the secret that lies beyond the screens in those places? Some of the people there know about the secret but what has happened is due to the difference created by man in the name of religion. There is a vision in which a person comes on the stage with a long shirt, a cloth wrapped round his head and blesses the people by waving his head. Immediately a spear like the one held by Muruga in his hand, appears there. Now do you understand that he who comes as Allah, as Muruga, and he who is at Kadir Kama in Sri Lanka are one and the same person, Bhogar who is on the top of the hill temple at Palani in South India. He who is in a very high state can go to any part of the world, enter into any body that he likes and execute his desires there. Wherever he went, he has preached his teachings to his disciples and made his powers grow there. After he got enlightenment he has taught about astrology, a special science called "nadi" in Tamil which will give the past and future lives of a person. He has also written books on medicinal herbs and their use to cure several diseases. It is Bhogar who has first found out the explosives.

What he has found out by his superhuman powers is the Indian system of medicine which has now spread all over the world. All the developments made in medicine are on this basis. In his initial stages after enlightenment, when he was in China he gave out several secrets. He knew by his super-human powers the way to go to the higher regions. Now he stays with his immortal body in the hill temple at Palani in South India, blessing as God those who pray to him by the name of Muruga. In this way there are several good souls, who, from the beginning of this world, are doing good to the people of this world and are now trying to lead the souls in the human body now, to a higher state and live in the coming Kalki Yuga as good souls.

11-12-79

Even today in this Kali Yuga spiritualism, righteousness, love, affection, bakthi, charity and other good qualities are growing. It is only for the sake of the persons having the above good qualities in them, that the earth is doing its duty till today. Though people have in their thoughts both good and evil, it is evil that predominates and grows quicker than the good thoughts. It is not that the

people of today only that live with evil thoughts. It is the thoughts of the souls that have left their bodies and are now in the spirit world around us that counts for the major part of these evil thought waves. There are in the spirit world souls with good feelings. It is on account of the good feelings of those souls that are now with physical bodies that the Rishis are able to save this earth to this day. In the state in which so many atom bombs and other poisonous things have been made artificially by man, which can destroy the world in a moment, the reason why this world stands saved from the action of all these is the grace of the Rishis for the good souls that are in this world.

With a good intention bakthi was propagated among the people so that they might have good feelings. But people have used this bakthi twisting it in a way to satisfy their greediness. So the Rishis who were utilising their powers to save the world and the souls that live in this world have come to a state wherein they have to abandon their efforts to do so and are trying to lead them. By leading I mean that they are trying to take them to the higher regions so that they may not take birth in the coming Kalki Yuga as a life atom and pass through various births for several thousands of years, awaiting to get a human body again when they will have the next chance to raise their soul to a higher state. Know the present state, think about the Kalki Yuga that is going to come and act in the right way.

12-12-79

I told you about the various states as viewed from the view point of thought. I will now tell you about the states as seen from higher regions. In my previous lessons I had told you that the thoughts of all the people in a place where something happy takes place, will be happy. Similarly in a place where something sorrowful happens the thoughts of all the people there will be sorrowful.

Astrology, palmistry and hypnotism work on the basis of thoughts and the breath. The hypnotist merges his thoughts with that of the person who is hypnotised, absorbs all the thoughts of the person and knows about all his thoughts. Some people utilise the services of spirits to absorb the thoughts. Rishis do

such things with the help of their thoughts and only by their thoughts they have reached their high states. Every person born in this world has one kind of thought in his life. It is those souls that were born like us at the beginning of the world and have evolved with good thoughts, absorbed the powers of Sakthi in them, that have now become deities.

I have told you in my previous lesson about the state of those persons who cherished evil thoughts in them and allowed those thoughts to grow in them. All the great souls of the day had come out from those that had good thoughts in them from the very beginning, developed such thoughts during their family life overcoming all the troubles that are usually met with in leading a family life. It is the bodies of people who lived like this that the Rishis, who were much more powerful than them, adopted to execute their wishes. People like Adi Sankara, Arunagiri Nathar, Mohammed Nabi, Buddha, Jesus, Ayyappa, Kolama Rishi who lived in olden days and Ramakrishna Paramahansa, Vivekananda and some other Rishis of the Kaliyuga have come in this way only. Bhogar also has entered into some bodies and done some work.

Arumuga who comes in the puranas did not have six heads as said there, but entered into six bodies and acted. He was not born as a child and then grew up. Bhogar who entered several bodies raised the state of those souls to that of Rishis. Now he is blessing all his devotees in the name of Muruga. It is by the continuation of those thoughts that the Rishis are doing so many things now. The truth behind the six faces is this.

Even today there are many Siddhas like Bhogar in an invisible state throughout the world doing good to the people. In this Kali Yuga on account of the decrease of bhakti among people and their feelings so many things are not being executed and people have become slaves of artificial ways of life. If we can absorb the thought power of us, we can have contact with any of the Rishis through the continuation of their thoughts. This is what I have been telling you in these lessons all these days.

13-12-79

Those who have good thoughts and develop those thoughts, can by its power of attraction make their bodies glow and merge with

the power of Sakthi. At that state their thought power will be same as that of the Rishis, Sages and such other divine souls, and they will realise that their souls are not separate from the souls of others. It is at this stage that they get the full power from Sakthi in the form of bright light. When one reaches this state, then there will not be any difference for him between nectar and the poison of a cobra. He will pass through the ups and downs of life as he walks on a level ground without any difficulty.

Arunagirinathar in his early stages met with several difficulties and passed over them successfully in the right way. Then he got tired of his life and thought what is the use in leading such a life? He passed through several states to lead a successful life, and in his last days he was not interested in maintaining his body. With his body feelings and thoughts in him, he got distinterested with his soul. What is the meaning of the state that he made for himself? He did not mix his disgust, anger and worries in his thought and kept his body, feelings and soul separate from these feelings. He made his body act as per the power of Bhogar and did several things in this world. He did not know in what state he was doing all those things till he realised his own state. When he realised his state he offered his body to Bhogar and made his soul enter into the body of a dead parrot. His soul remains even to day in the body of the parrot gaining further good things for the soul.

Those who have the same kind of thoughts are one and there is no difference for them as I and you. Those who have come to this state have lead a life with several troubles and overcome them successfully before they could attain this stage. The state of those who have come up after overcoming several troubles by their meditation is a divine one.

The Goddess who is now being worshipped as Sowndamman after going to her husband's house met with many difficulties in her life. She made a vow that she will win the world by her meditation and obtained her power from Sakthi. Even today she blesses the people who have the same thoughts as herself, remaining in the higher regions. It is those who are in the higher regions that we worship as God. There are some people living in this Kali Yuga who have attained that state. Every person should consider

the troubles experienced by him in his life as a test for him and win over them without getting disgusted and not allowing anger to approach him, live in a desireless state and make his soul merge with the Divine Light.

14-12-79

Those who have followed the lessons given so far would have entered the path of gnana. Every soul that absorbs what has been said (in its thoughts) and puts the same into action will surely get gnana. This gnana we should consider as our treasure and preserve it carefully. In the course of our meditation we will drive out all the evil powers in us and the power that we absorb in us will shine in us. The power that we acquire should be preserved carefully and should not be used to dash against the evil powers that some other person has got, trying to put down those evil powers. This treasure that we have gained should be used to work in co-ordination with the power of nature and should not be wasted by using it against nature. In the same way if we think of the people with evil thoughts, their evil thoughts will come and affect us.

Even after we get into the path of meditation, our thoughts, words and deeds should not be on those who have got evil thought, say evil words and do bad things. This is what our elders have said "it is bad to see bad people, or to hear their words or talk about them" since these will retard our progress in our spiritual path. We should pray during our meditation to give them good thoughts so that they may be changed and become good people. By doing this, our thoughts will always be concentrated on good things only. No one can change the breath that the bad people have been taking and their attainment. In order that their evil thoughts may not attack us we should pray to God to give them good thoughts. My desciple tells you to pray as follows:-

"OH GOD

give me always good thoughts

give good thoughts to those who see me

let my way be always good

let me not forget you even for a moment".

If we pray in this manner and proceed in our path of gnana, we will absorb power from the Sun and know that we are not separate from Sakthi, the Universal Power. As our soul gets more and more power we will be able to contact any of the Siddhas or Rishis in the higher regions by our thoughts during our meditation and increase our power by their grace. This is the way to get ourselves merged with Sakthi. This should be done leading a family life. It is not those who lead the life as an ascetic, living in forests or in caves, in mountains, taking intoxicating drugs and remain in a state forgetting themselves, that get into the graceful state. Meditating in the open, exposing the body to severe weather conditions like heat, cold and rain is not the proper way. To do it leading a family life is the best way.

As given in yesterday's lesson, lead a desireless life doing meditation in the right way. Sabdha Rishis have reached their state leading family life.

15-12-79

Since the world started, it has had three changes or pralayas. We, who have started our life as life-atoms have come upto the state of human beings. With the help of our knowledge that we have gained, which is the treasure for our soul, progressing in the spiritual path further, we should reach the required state through our meditation. What will be our state after the expected change in the world? It is by our good thoughts and deeds while we are in this physical body, that we can raise our soul to the exalted state in which we can, live with those souls that are in the higher regions, doing good to the people of this world. This state will be our heaven. I have told you in the beginning itself what heaven and hell are. Do meditation and make your life a heavenly one.

Play with your life; but only play is not life. Do not become a slave of your thoughts which gives you pleasure and pain. There should be love and affection in your life; but to become a slave of them is not good for the soul. Without becoming a slave of any state, or having a liking for any state we should live in a desireless state with our thoughts steady in ourself.

17-12-79

It is presumed by some people that this earth was formed by several fragments that have spurt out of the Sun and joined together

cooled and formed as one mass. I will now tell you how the earth was formed.

This earth has come out by the combination of a male and a female soul in their Divine Light state. Before this earth was born there were human beings in an intelligent state, as are now on this earth in other planets that do not belong to this planetary chain of 48 planets that go round our sun, since several crores of years.

Human beings started living on this earth only after it has passed through three changes or pralayas from the time this chain of planets started their life. That is, it is only in the fourth round that human beings started living on this planet and that period was called Ramavathara. They have had a change in this Kali Yuga and are going to change further in the coming Kalki Yuga. There have been planets with human beings more intelligent than us in other planetary chains since several crores of years. It is those souls that lived in other planets and have reached the high states that join with one another on account of their affinity and form as new planets.

They say that there are only seven planets as Sabdha Rishis. This does not mean that only seven planets were formed by Sabdha Rishis. This only means that these seven are the planets formed by the souls that rose up to that high state from the human beings that lived in this earth.

All the planets are formed by the combination of two souls in that high state on account of their affinity as male and female. Both these souls jointly absorb several powers by their will power and slowly form the planets that start rotating and form several lives in them which slowly evolve. This earth is also formed in the same way by the combination of male and female as is being done by other living beings. A short time after the life atoms started on this earth they began reproduction by the combination of male and female. When one life-atom is born several crores of life-atoms develop from it. Once a life atom is born, there is no death for it; it is only their bodies that change. Having born as a life atom, it evolves into a human being, then becomes a Gnani, Siddha, Sage, Rishi, Sabdha Rishi and remains in its subtle state. Then as

per its desires it joins with other planets or forms itself as a separate planet and protects as God, the planet in which it lived and evolved. At this stage they are able to go anywhere in the milky-way or to any planet in the form of Divine Light.

That exalted state can be reached only during the life in this world with human body. Today people live without knowing the path. The state of the people of today is to argue and investigate. If the investigations are done with intelligence in the path of gnana, truth can be found out. B.t since the investigations are done with worries in the mind, the results are not obtained. I will tell further about it tomorrow.

19-12-79

Several things have been told to you in a subtle state with the help of several Rishis and Siddas and it was told to you yesterday that more things will be told tomorrow. But these things could not be told to the human beings of today even by those who are in the subtle state. Things that are taking place here are connected with one another. What can I do who is working in a subtle state? What my disciple who is recording all these can do? Do you see what has happened on account of your playful state not absorbing what I gave in yesterday's puja?

The soul of each person has to act in co-ordination with the thoughts of the people in this world and the condition in which the family is.

From the time this earth started its life, it has got a state in its thought. Two souls joined together, accumulated their will power, formed this earth, made it to absorb many powers and by growing slowly this earth has come to a state in which it started rotating with its own thoughts. The earth has mixed its breath with those of the life-atoms in it and is rotating with the sound "OHM". All the sound waves in this earth are being absorbed by it and is being expelled. The thoughts and breaths of all the living beings in this world right from the ant, vegetation and the sound waves created by all the machineries are being absorbed by the earth and expelled. This earth has got life, thoughts

breath and it is immortal. Just as we are born, die and take another birth with another body, the earth passes through a pralaya and with a slight change in the life atoms living in it, starts working again. The tap-root for the earth to rotate is these sound waves. The air space round this earth acts only with the roar of the seas and the breath of all the living beings that are on it. When the earth started its life, the "OHM" sound created by it was lesser than what it is now. With the growth of the earth the sound waves created by it have also become more.

The planets Sun and Jupiter are bigger than this earth. Their speed of rotation are also higher as already stated. I have already told you that the states of the life-atoms in the Sun differ from those of our earth and other planets. The states of the life-atoms in each planet depends upon the climatic conditions in that planet. If there are no life-atoms which take breath in a planet, then that planet becomes a dead planet. It does not mean that only those things that move, fly or creep, have life in them. In each planet, rock, soil and water that grow with the planet, there is life and they breathe. What is the meaning in saying the rock and soil speak? The breath that they take is their talk.

There is no planet that does not take breath, and no life without taking breath. It is by the sound waves made by each planet that it is alive. The power of our earth is increasing day by day. After the coming pralaya this earth is going to rotate with an increased power. The earth that is rotating with the power got from the Sun, is going to rotate in a state similar to that of the sun. Each earth rotates with the power of one life-atom according to its state.

20-12-79

All planets do not grow in the same state. The stars in the sky, small planets and those planets that do not have life are attracted by a big planet when the acidity in it is the same kind as those of the small planets and stars and these also start rotating in the same state as the big planet. The small planets that have the same state of growth and are rotating as small stars go and join the big planet during its state of pralaya.

The equator of this earth is going to shift slightly from its present position during the coming pralaya on account of the jerk the earth is going to have and the change in the inclination of its axis. It is not the living beings only that are going to have a change but also the sea-beds which will become plain land. The state of the vegetation that grow today is also going to change. Within a period of 15 to 16 years the natural state of the earth is going to change.

The earthquakes and land slides that are happening in some places now are a sign of the expected deluge. Now the spiritual state and the power of Sakthi in the people are in the decline. The people have to depend upon artificial means to save themselves from the fury of nature. You have to change from the artificial ways of life and go according to the changed state of nature.

We have had the privilege of our Siddhas and Rishis showing us the state of bakthi remaining as Gods in several of our temples. We should follow their advise, acquire power from Sakthi and without wasting that power for artificial living, recreation and politics, use it for raising the state of our soul by meditating during the short time that is left before us.

21-12-79

It is only by realising the state of our soul, which is our power, and acting, that we can make our soul shine after the change that is going to take place at the end of this Kali Yuga. Even without knowing about the soul, by following our thought power, it is possible to make this world and all other planets ours. By the thought power of this world and with the aid of arithmetic and artificial machines, the power of some persons are used in the machines and connecting it with the powers of other souls, so many things are done making the powers in those souls lazy.

Today the thoughts of people are working to find out how this world has started its life and how the lives in it develop. This only activates the condition with others. Without knowing about the power that lies within us, by using which we were born grew up and act, what is the use of living as a slave of the powers

of other persons? If we realise what is the fruit of our taking birth in this world, and meditate on our soul, we can absorb all other powers besides that of our soul. All the planets belong to us. We who are born as life-atoms in this world should use our powers and live.

After the soul leaves this Body and goes to the astral world, it cannot develop its power without this body. The soul will have to be wandering there during this Kali Yuga and also in the coming Kalki Yuga with the same thoughts with which it left the physical body till it takes another birth in this world. It will take several hundred crores of years for the life-atoms that start their life in the coming Kalki Yuga to develop to the state of the human beings of today. We should realise how our soul that leaves this body now will be wandering in the spirit world for a very long time in a low state. In this Kali Yuga we should live with good thoughts doing meditation considering the life in this human body as a gift given to us and reap its fruit in this life itself. It is to make people realise their present state that we are giving these lessons with the help of those souls that are like Gods. Realise the present state and get into a good state now itself by doing meditation.

22-12-79

In the modern custom of living the morality of the people has changed according to the times, and the thoughts of the people also change as per the governments which go on changing often and justice has been replaced by injustice. In today's life where do we find justice and righteousness? These traits have become slaves of money and wealth. Truth and Justice do not belong to the poor innocent man and they have become slaves of money and wealth. In this artificial world which is a slave of wealth, justice and righteousness cannot raise their heads. As per the customs of today they are not the proper way. Each person has to make his feelings good by absorbing good atoms in him by his soul. We should know that we are God with all the powers that a planet has got and not becoming a slave of the other atoms that have entered into our body, we should act on our own self.

Today the thoughts of all the living beings are changing, being subject to the evil forces and the atmosphere itself is being filled up by bad atoms. This gives rise to new diseases to control which new medicines are found out by research. But the poisonous state of the atmosphere remains the same. The state of the world today depends upon the thoughts of the people and the breath that they take. The earth also takes the same breath that is around it. The poisonous air is inhaled and given out by the earth as well as the living beings on the earth. The air has changed to this state due to this Kali Yuga. It is on account of the greediness of the people of this Kali Yuga that the state of the entire earth is going to change.

We who are born as human beings on this world, unless we do meditation and be steady in our state, will not be able to escape from the clutches of this coming change and go to the higher regions. We will lose the chance given to us in this life to reap the fruits of this human birth.

Every soul has got good powers in it. We should not think about the bad things that have happened in the past and get depressed. Think of the future and meditate on Sakthi so that you may become one with Sakthi and attain the state of Sabdha Rihis.

It is only human souls that are endowed with the power of absorbing any type of acid power from the air as vegetation do. Other living beings do not have this power. The human soul is capable of absorbing all types of magnetic power in it. We lead an ordinary life, seeing, hearing, talking feeling and breathing without knowing the other powers that lie dormant in us. With the help of machines we apply some acids and take pictures. We should realise that by mixing the same acid power in our feelings and through the air we will be able to see the conditions that exist at any place.

This human body has the magnetic power to absorb any acid power that exists in the air and it can also absorb the sound and light waves by the will power of the soul. A machine made by man receives sound and light waves from far off places (radio & T.V.) The mind of the man that made the machines should naturally have more powers than the machine that he has made. A spring

cannot rise higher than its source. Hence the human mind that made the machine should naturally be able to receive the sound and light waves from the far off places like the machines that it has done.

We who have got this human body now, started our lives as life atoms and passed through several states. We have taken several types of breath and allowed many good and bad atoms to enter into us all these days. At least hereafter we should acquire good thoughts and lead a good life of our own without allowing the bad atoms to interfere in our life.

23-12-79

We have got power from God and we are also Gods. We have to raise the state of our power and overcome the bad powers that have been working in us and live knowing the powers of God that are in us.

He who was born in the last century did not have a divine birth. He was born just like others and lead a life with several faults and when he was about to realise his real state, he developed his gnana and to make his power known to others underwent several troubles and showed to the people his real state as a Mahathma. In his last days he thought that he will be able to win the people's mind by wearing a political cloak and by his worries he lost his chance of becoming a Sabdha Rishi. Even in that state as he did not have the greediness in the path of bakthi towards God, he remains even now as a powerful Mahathma. The people who lived along with him did not realise that a person who was born along with them has gone to the high state of Mahatma. No one in those days or now feels that by treading the path shown by him as God, they can succeed in their will power.

What has happened yesterday and what is happening today will become a dream tomorrow. What stays permanently is only the teaching of those Mahathmas. We have got the privilege of living in this earth. With the power of attraction that we have got in our body we should learn the method of getting all the powers with bakthi following the path of those who have obtained gnana

from God. In the same way as the earth absorbs the atoms, that come from the rays of the Sun, from the milky way and grows several minerals in it. we can absorb from this earth all the powers. By the rays of the Sun falling on this earth, it is not we and the earth only who are benefitted by it. Who knows about the powers that are in the milky way which is common to this earth and all other planets?

There are several crores of life-atoms living in this milky way and change their bodies while living there. In this milky way there are several acid powers in fluid form. If our scientists know about this, they will find out ways to absorb these powers and waste them for their artificial ways of life and destruction. Still there are several other powers in the sky. It is in this milky way and the clouds that we, see, that all the planets get their life and rotate. It is not that the Sun, the moon, the earth and all other planets rotate on their axis and move in space not colliding with one another on account of their attraction.

We see new stars. The old stars which are connected with this earth and its acid power rotate by themselves and follow this earth by the earth's attraction. It is the new stars that get the the same acid power from the milky way and rotate by themselves. With their speed of rotation they get caught with one another. Some stars which have a different acid power also in them do not get attracted but get melted and separate. Some of the stars that we see today are in the state in which this earth or any other big planet is. They are in the form of many acid powers mixed together and are in an instable state like ice. Ice is formed by the cooling of water and freezing. But the state of the stars is not like that. They absorb acids and form a sphere of acid power in which no lives live but go on rotating.

All the minerals in this earth are liable to dissolve. I have told you that they are all in the state of vapour. In our earth which absorbs all the acids that come from the Sun, there are rocks, soil, tin, brass, copper, gold, diamond and other minerals that are more powerful than these. Some stars absorb only one type of acid power in them. There are several crores of stars with only one type of acid power in them. There are several crores of stars that attract only the atoms of gold that has a high value in this

Kali Yuga. There are stars which absorb only one of the minerals that are in this earth. Man today goes by his scientific means to the big planets to find out their states without knowing the state of these small planets. I will continue to tell about the state of the sky tomorrow.

24-12 79

It is by the acid power and life that exists in the milky way, and their rubbing action that makes all the planets in the milky way to revolve. When each planet inhales and exhales their breath strikes with the milky way and sound vibrations are created. It is by these sound waves that each planet revolves. The open space that we see in the sky is the milky way which has got life. It is the acid power that fills the milky way which is the tap-root for all the planets. When we see the sky from this earth we find several clouds running. It is not the clouds only that are running; ourselves and all the planets are also running without stopping at any place. The climate in the various parts of this earth depends upon the speed with which the earth rotates. In this earth in different parts there are different climates.

We waste our energy to find out the states of other planets. What is the state of this world round the equator? In this earth we recontinue from the rotation of the earth, taking the time taken by the earth to make one revolution as 24 hours or one day. But have we known that along the equator of this earth, the Sun's rays do not strike the earth directly? It is only a little away from this equator that day and night come alternatively. The equator is always dark. But all the water spreads are located on this equator. When the rays of the Sun fall on other parts, of the earth due to the speed of rotation of the earth, the portions along the equator absorb the acid powers and sets as hard rock. In its state of rotation these rocks absorb more and more acid power in them. On account of the speed of rotation of the earth the acid powers in the milky way melt and get mixed with the water vapour and are attracted by these deposits as per its rate of growth. This is the cause for all the seas lying at the equator. As day and night come alternatively in the portions lying a little away from the equator the seas that are connected with those portions swell up.

As all the salts settle along the equator the water that springs up in those places are saltish and this is the reason for the sea water being saltish. But some wells near the Sea shore yield good water as per the state of the soil there. Where there is sea now if we take out water from below the Sea bed, we will get water with a different taste depending upon the nature of the soil there.

The power that we get from the Sun is God – Nature. This power we get directly from the Sun and through the planets also passing through the milky way. If we understand all the states in nature, and how the power of nature works in cooperation with one another, then we will realise that the power of nature does not work separately. All the powers are combined with one another and they act as God. That “One Power” is seen in all of us as individual powers.

25-12-79

When Jesus Christ was born the people who lived in those days said that they saw new stars appearing in the sky, giving bright light. In what state did that bright light appear in the sky? How did that light come to the earth?

With the speed with which the earth is rotating, it sees all the innumerable stars that are also rotating. By the speed of rotation of the earth the stars that are formed on account of the acidity there, are attracted by the gravity of the earth and so they come and join with the earth. All the stars shine due to the soluble acid power in them. With the power that our earth has got, while it is in motion, it acts on the stars and the milky way. If there is any acid power agreeable to it in any of the stars that star is attracted by the earth and runs with it rubbing on the milky way dissolving the acid powers that it contains. When it comes near the earth it is absorbed in the air space around the earth.

In the same way several crores of stars are attracted by the power of gravity of big planets that have the same type of acidity in them. They lose their power, their souls depart and their acid power gets merged with the acid power of the big planet. There are other stars which go on rotating by themselves without being caught in the powers of big planets.

There are some other stars, which when they meet some big planet whose acidity oppose that in the stars, by the reaction of the opposing acids, the stars get burnt as a burning star and becomes inert. In the milky-way and the sky there are innumerable states.

All the souls that have lived in this world and had a normal death are wandering in the air space around this earth. The souls that part from the bodies of persons in this earth can go only to the air space which has got the same type of breath. The soul that has started its life as a life-atom in this earth and gone to the spirit world can remain only in this air space and cannot go beyond this airspace or to any other planet. The life atoms born in this earth cannot go as a star with a different breath and shine in the sky. But there are several souls that were born in this world, evolved to a subtler state and gone to the higher regions that are now shining as stars.

I have already told you that there are no other planets, with human beings like us, in this planetary chain of 48 planets. Within a period of 40 to 30 years due to the change that is going to take place at the end of this Kaliyuga, the human beings who are in this earth and are trying to go and live in the moon, will go and live there when that moon will get the same power as our earth is having now. The power of this earth is going to increase in the natural course in the coming Kalki Yuga. By the jerk that the earth is going to have, several planets are also going to get more power.

By the cruelty of the human beings in this Kali Yuga the soul of the earth, which has the power of nature, in its anger is going to change the human souls with their thoughts of destruction and rotate with more power in it. On account of the human souls born on this earth the state of this Kali Yuga is going to change. How the change is going to take place I will tell you tomorrow.

26-12-79 / / / / /

The souls that started their life as life atoms have evolved by the power of Sakthi to the state of human beings. By their thought power the human souls have developed their thoughts, their gnana, seen several states and developed the power of their souls.

Right from the time of Krishnavathara, the path of gnana has been influenced by the modern developments and the artificial ways of life which have retarded the growth of gnana has lowered its status. The souls that have taken their birth as human beings in this Kali Yuga do not have the power to evolve in their regular process with truth, righteousness, charity and other good characters.

The states of all the people who are born in this Kali Yuga are in continuation of those souls that lived before this period and so their thoughts are in line with those people who lived before them and the same evil continues. The thoughts of the people of today are also in continuation of their thoughts in their previous lives and hence is their greediness. This state is not formed by us, but it is a continuation of our previous lives.

Inside each body there is only one soul that belongs to it. But there are several atoms which enter the body and have their influence on the body and make the body act as per its will. Life atoms are formed every day in all the planets that were born from this earth, get their life and grow. In vegetation we see worms, insects and pests which take the same kind of breath, growing in them. In the same way on this earth, in places where rubbish is thrown, in dirty water, sewage etc, in the milky-way, in animals, birds and human beings also such life atoms grow. In this way the life atoms that come with the rays of the Sun enter into us through our breath every moment and some of them get lodged in our body. It is not these newly formed life atoms only that enter our body. There are several other life-atoms that have passed through several states and have several kinds of thought waves in them and remain spread out in the atmosphere; those also enter into our bodies through the breath that we take.

Our souls started as life-atoms, passed through several states taken this human body, had seven births in this human body and lived with the combination of several thoughts in us. Now while we are with this human body, unless we take to the path of gnana and do meditation, we will not be able to save ourselves from the present state with our thoughts scattered and save our souls from the clutches in which we are caught.

In the present way of growth people are caught in the desire for artificial ways of living and scientific growth in which the thought power of people lose their strength and become nil or dead.

With the idea of analysing the atoms in this earth and the sky, they have combined and exploded them often. This makes the atmosphere inert, there by altering the breathing state of the human souls and scattering their thoughts making them mad persons. When this is the state of human beings with intelligence what will be the state of beasts and birds?

Unless we make our thought-power combine with our gnana and stabilise our breath it will be very difficult for us to escape from the grip of this Kali Yuga.

27-12-79

Till now I have been telling you little by little about the state of this earth, the state of the thoughts of the people, the way in which the souls in the spirit world act, and the states of the other planets that are connected with this earth. Hereafter we have to put into action the ways of meditation by which we will be able to escape from the grip of this Kali Yuga. It is by the powers that our souls have acquired that we have got the privilege of living as human beings on this earth.

It is several crores of years since this earth has been formed. It is only since some thousands of years the human souls have evolved to this stage and have been living on this earth with human bodies as we are having. The growth of these human souls, their thought-power and actions vary widely in different parts of this globe. The souls that have evolved in the path of gnana may be one or two only in a thousand.

We see only those who lead a fashionable life in this earth and the duration of their life varies widely. There are several souls in this world with form, living for periods much longer than us, without changing their bodies. They do not have any growth in their thoughts and remain confined to their single thought. Their bodies do not have growth as the people who lead modern life have. It is by the growth of the thoughts of the people that human population has increased. The state of the souls that live

in this world with form but without knowing about the modern ways of living are quite different from our state and are like those of animals. But no poisonous things can enter their bodies. They live in forests out of reach of the modern human beings like snakes, jackals and other animals. It is only our bodies that have grown according to modern thoughts, that are going to be destroyed by the fury of nature. Those human beings who live beyond the reach of the sight of human beings like us in this world and are living with form for the past several thousands of years, are not going to die at the end of this Kali Yuga. They will continue their life in the coming Kalki Yuga also. Their thoughts will not be affected by the change that the earth is going to have on account of its fury. Even if all the artificial bombs made so far are fired, their bodies will not be affected. Those who have no thought-power are able to save themselves with their limited views using their potent power. We, who have got intelligence to develop our gnana should develop our body in such a way that our body and soul merges with the Divine Light and save them from the poisonous air and the thoughts that make the earth change its condition. Even if atom bombs are burst before us, our body should be in a state in which it will not absorb the evil effects created by those bombs.

There are several souls that have lived in this earth having bodies like us, realised the high states and are in their subtle states now. We should follow their path and our soul should act in the same way getting their grace. Several Siddhas and Rishis are attracting many souls in this path of bakthi on account of their desire to serve this world. Let us concentrate our thoughts, mix them with the sound "OHM" and make our power shine in this world.

28-12-79

The changes that this earth is going to have shortly, towards the end of this Kali Yuga has been foreseen by us during our meditation and are being published by our "Sathiyathin Sakthi Nilai Sangam" (society for the revival of Divine Truth). We are telling you the ways that we have found out by which each soul can be made to achieve the high state and glow as a bright light.

How did Bhogar and Konganavar who were also born as life-atoms on this earth evolved to the high state in which they are able to maintain their bodies intact to this day and are able to shine as a bright light?

How did Abirama Pattar, who has written Abirami Andadi, a prayer song on Goddess Abirami, show the full moon to the king on a new-moon day? Is it the moon that appeared in the sky? When the poet made a challenge with the king on a new-moon day, that it was a full moon-day and he will be able to show the full-moon in the sky, it was not the moon that appeared in the sky. He was able to make the individual atoms in his body to glow as bright light, with the grace of Sakthi, the Goddess power, by his prayers to her, such glowing atoms joined together and were shining in the sky like a moon which all the people were able to see. It was the power of his soul that appeared as the moon and his body was only an empty cage at that time. He merged the Goddess Sakthi with his soul and showed it to others.

It is in this same state that Bhogar gives his grace to those who pray sincerely in the name of Muruga. The same is the state of Konganavar and all such beings can make their souls shine as a bright light. People are of the opinion that Sages and Rishis do their work by chanting manthras. It is by the state of the Sabhda Rishi that the power of the earth is increasing. It is by their grace that the people in this earth are living in this present state. They are also people who lived like us once upon a time and we also lived with them in those days. We have come by our way to this state. Let us follow their path.

29-12-79

Right from the olden days, the people who have told us about the states of Sages and Rishis in stories, songs and teachings, have made them subtle hiding the real facts and putting them in the form of stories so that people can easily understand them. In course of time several changes have been made in them adding something that it has come to a stage that those stories have become unbelievable..

After the souls depart from this body and go to the spirit world, they go to different stages there, according to the ways in which they led their lives in this earth. They go up step by step, and after reaching the top step they can get merged with God. This is what that is being taught to the people. What are these different steps? The way to get merged with the Almighty is not like studying in an institution, passing one class after another, and after passing the highest class getting the degree. The power of Sakthi is everywhere and within everyone of us also. We should develop the power of Sakthi that is within us, raise our thoughts and soul to such a state that they can go to the subtle state when the soul leaves the body. This should be done within the seven chances that are given to us to be in the human body. Otherwise the soul will lose its power to take another human body and the evil powers that have been acquired in these seven lives in human body will become powerful, supercede the good powers and exercise their influence. The soul will be wandering in the spirit world for a very long time and take birth in an animal body to suit its thoughts and breath. This state is created by us. These different stages come when we take birth in different human bodies and acquire power from Sakthi.

It is only after we get in contact with the power of gnana, during our life in this world, by leading a life of desirelessness and getting superhuman powers by our bakthi that we will be able to go to this subtle state. When we live with this body, we should train ourselves to subdue the powers of the evil atoms in us. By meditating in an angry, revengeful, depressed state of mind we will not get any benefit to our soul. Unless we develop love and righteousness we cannot enter the path of gnana. We should know ourself, enter the gate of gnana, by following the path of righteousness, getting the grace of those who have already gone through that gate. Then we will be able to attain the state of the Sabdha Rishis, merge with the Sun like its rays and become God. It is to make us understand all these that they have named these as different stages. We are all Gods and everything is God. There is no one who can give us that state but we have to attain that state by ourselves.

The souls that are in the astral or spirit world cannot evolve or raise their state. Even if they have a desire for good things, it is

Only by taking a human body that they will be able to proceed in any of the spiritual paths.

30-12-79

When a person's soul leaves his body, people say he has gone to heaven or attained the feet of God. This heaven is a state created by the people of this earth and there is no such place like heaven or hell anywhere and God does not send us to any of those places. The sufferings that we experience in the spirit world are much more than what we experience in this world. The souls that lead a good contented calm life with love and affection and leave this world with satisfaction about the life that they have lead and not with an worried mind, act from the spirit world as the family deity and do all help to their families to lead a prosperous life.

If the members of a family treat the elders in their old age with respect and give them all help that they want in their old age, after their death their souls will help the family acting as a family deity from the spirit world. This is the reason that in India people worship their elders with love and give them respect. Then the family itself will become a temple where the spirits of the elders live. Instead of going to temples and churches for worship, we can make our residence itself a place of worship where the souls of our ancestors will remain and this will be a better way. The thoughts and love of all the members of the family should be diverted on our elders so that we can get their help in all ways. We should develop our gnana in such a way that it will help us to solve the problems that are met in our family life. Then wealth and prosperity will grow. Even if we follow the path of bakthi, knowing the ways of gnana in our life, the arrogance of 'I' should not raise its head and our thoughts should be directed in the path to prosperity.

Even if we move with good people, do good deeds, live a life with love and bakthi, if we look at those who lead a bad life with evil thoughts, compare our state with theirs and think that we are superior to them we will be making a stain on our good power. Those persons who have become slaves of evil habits and are

unable to get out of them, only think of the good persons, the way in which they lead their life and their bakthi and sincerely feel that they are not able to live like those good people, this very thought itself is enough for those souls to attract good powers in them. During our life time our thoughts and deeds at every moment gather in us the powers due to them. Do not waste your time scattering your thoughts without knowing all these and miss the opportunity given to you to live in this human body.

Even today the Sabdha Rishis are meditating on the powers of Sakthi, the Goddess of power, who is above them without feeling that they are doing everything and having the arrogance of 'I' in them. Even Bhogar who is being worshipped as Muruga is meditating on Siva Sakthi evoking the powers in the idol of Muruga at Palani in South India. By the meditation that he is doing the idol is absorbing power from Sakthi and blessing all the devotees. In our lessons it is said that when any mineral is dug out the earth it loses its power to grow further. But this idol made by Bhogar and installed there has merged with the hill and is alive due to the powers of his meditation. Rishi and Sabdha Rishis can make even the atoms planted by them to become alive. They are powerful enough to stop any planet from rotating; they can make anybody to grow as a planet. The powers of all the planets are under their control. The Sabdha Rishis who started their life as a monad like us have evolved and learnt everything, are still worshipping Sakthi and do their work as her subordinate.

During this short period of our life we should know that our soul has got the power to absorb all the powers and proceed in the path of Gnana.

31-12-79

We can neutralise the poison of a snake; we can avoid outside evil powers from entering into our body, but to avoid the bundle of thoughts that we have taken into us and meditate on one thought requires the maximum of human endeavour. The escape from the tricks of this world, the evil thought waves of others and the poisonous state of this world is a difficult task. After getting ourselves ready to tread the spiritual path, we have to lay our track and

proceed. By this way only, our power will increase. After we proceed in the path it is not desirable to mix other's thoughts with ours. We should not mind what others think about us or talk about us, fame and defame should be treated alike. After we have progressed sufficiently in the path and we are improving in our gnana, the evil atoms that have entered into our body earlier during our life-time will naturally become inactive and powerless. But if we allow the troubles that are usually met with in family life to enter our thoughts and worry us, we will be manuring the evil atoms in our body. The good powers acquired by our long efforts should not be nullified in a moment by our thoughts of depression. It is not possible to become a devotee, absorb power from Sakthi and get gnana in a day or two. Having born as a life-atom taking several bodies we acquire acid power in us. We should make that acid power to shine in us when we are in this human body and then only our state will rise. To proceed in this spiritual path we should not yield to the evil powers in us and unless we drive them out we will not succeed in making our soul merge with the Divine power.

Money and other properties are not the real wealth. We should drive out from our thoughts the longing for these mean pleasures. This does not mean that we should leave our family and go as sanyasins. We should not be caught in the greediness to obtain the one that has sprung up in our thought and discard all other things in this world. We should live with all the essential things for our life and reach our goal.

We should take our food considering it as very good for us. The effect of the food that we take depends upon the thought with which we take it and the acid power that we get from that food depends upon the thought with which we take it. We should make our thoughts, our food; whatever food we take we should consider as nectar and then take it so that it will give us the maximum benefit. Every second of our life time we should allow the power of our meditation to grow, realising that the Almighty resides within us as our soul. While we inhale and exhale we should think of God so that His power will be soaked in our breath and whatever work we may be doing will get His blessing. Since our thoughts in our meditation are on God, no evil power can approach us. To save us from those evil powers God himself remains

meditating within us. Our soul is that God. There is no power other than that of God. Let us live worshipping the God within us in the form of our soul.

1-1-80

With prayers to Eswara and Adi Sakthi let us start our lessons on this new year day.

On the basis of the earth and the 48 planets that go round our Sun a year is given 365 days and once in four years the leap year gets 366 days. What is the relation between the Sun and the earth? There are four seasons in a year. A day consists of three states namely forenoon, afternoon and night. At each second the state is different as both the Sun and the moon are moving always. In the morning we see the Sun to be big and when it rises above in the noon its size decreases and the size increases in the evening. How does this happen? The distance between our earth and the Sun is less in the mornings and in the evenings than what it is in the noon. If the Sun is at the same distance from the earth in the noon as it is in the morning, due to the speed of rotation of the earth and the Sun, the rays coming from the Sun and striking at the equator will be so hot that the earth will crack to pieces. Since the distance between the Sun and the earth is more at noon we see the figure of the Sun smaller in size. As evening approaches the Sun comes nearer to the earth and hence we see the Sun to be bigger in its size than what it was at noon. But in the mornings and evenings even though the Sun is nearer to the earth than at noon how is it that we get more heat from the Sun's rays at noon when it is further away from the earth than in the morning and evening when it is nearer?

We have got the treasure of our seas in the north and south poles. In the mornings and evenings the Sun's rays fall directly on these seas at the two poles and it is only their reflection that we get. It is by the power of the seas in the north and south poles that the earth has got its powers. Each planet has a power of its own quite different from the other planets. It is by the treasure of this earth that we have the four seasons. The seasons that we get are on account of the distance of our earth from the Sun and

other planets. The wind and climate on this earth vary as per the distance of the north and south poles from the Sun and the moon and the atoms that come and strike on the water spreads at these places. The state of the earth is changing every moment from the time the earth was formed and will continue to do so.

2-1-80

The time taken by this earth to make one complete revolution is taken as one day or 24 hours throughout this world. This was fixed several hundreds of years ago and the same is followed till today. During this period the speed of rotation of this earth has increased. The change in the time for one revolution varies a few seconds only. Since several hundreds of crores of years the time for one revolution has varied only by a few seconds.

After this coming pralaya the earth will rotate much faster and will make one revolution in 18 hours instead of 24 hours. During this pralaya several stars will come and join the earth. The power of the 48 planets of this chain and their sizes also will increase. The Sun with all the 48 planets will absorb acid power from this milkyway during this change and increase in their powers.

In our earth we have now got north and south poles with day and night and the four seasons. But the amount of rain varies according to the heat, the soil in the places absorb and emits. After the change that is to take place in this earth the number of days for one year is going to decrease. The speed of rotation of the sun will increase. All the planets in this chain are going to absorb more acid power from the milky-way. One planet which is outside our chain and going round another Sun that is more powerful than our sun will attain a vaporous state and become dead. That planet has been living for several hundreds of crores of years. The change that is going to come is not for our earth only but is going to affect all other planets also,

What is that change, I will tell you tomorrow.

3-1-80

In these lessons I have told you that the power of all the planets and their speed of rotation are going to increase. When

the time taken by this earth to make one revolution decreases from 24 hours to 18 hours and the power of the earth thereby increase, what will be the state of the people here who are with physical bodies?

All the mountains, water spreads and the powers of nature are going to have a change due to the jerk that the earth is going to have. Those living beings that escape from this change and remain alive will not be able to live long, since the breath of this earth itself will have a change. The natural powers of this earth are going to change. No life-atom born in this earth when the earth was first formed can die, but the state of its body will have a change. At the same time no life-atom born in this earth and has been taking its breath in this earth for its growth can go and live in any other planet since the breathing state of each planet differs from the rest.

When this Kali Yuga changes to Kalki Yuga and the state of breathing of this earth changes, where will the lives which have been living in this earth taking its old breath, go and live? Let this question stand at this stage. How did our earth get the power to form life-atoms in it, which develop into human beings like us? What is the state of our moon today? From where did we get the seed to grow human beings? In our planetary chain of 48 planets which are attracted by this Sun; Jupiter is much bigger than our earth. Even though the power of Jupiter is much more than this earth, there are no human beings in it with physical bodies. There are life-atoms and different kinds of minerals and the land there is fertile. But the state in which human beings grow in this earth is not there. The power to grow human beings for our earth was obtained from Jupiter. Several crores of years ago human beings with intelligence like us lived in the planet Jupiter.

Our scientists have now gone to the planet moon by artificial means on account of their desire to go and live in that planet. Even though they did not live there for a long time, the life-atoms left there through their breath by the people who went to that planet have sown their seed in that planet. In the same way several crores of years ago the human beings who were in the planet Jupiter came to our planet and hence the continuation of their existence in this earth. A similar pralaya as the one now expected

in this earth happened in Jupiter and our earth got human beings in it.

On account of the coming change in this earth, the moon will also become bigger just like our earth. Today in the moon there is no rain as we are having here and the states of forenoon, afternoon and night. The sun shines on the moon in a constant manner at all times.

Tomorrow I will tell you about the state of the moon after this change.

4-1-80

I have told you that the state of the earth is going to change at the end of this Kali Yuga and all the other planets are also going to have a change in them. The fertility of nature in the moon is also going to increase. Now there are no deep water spreads in the moon as we are having on our earth surface. We have got wide water spreads at the north and south poles. When the earth revolves on account of the powers of these seas at the poles air space is created. The seas at both the poles attract one another on account of the earth's rotation and with the power of the air we get the four seasons in a year and the changes in the climatic conditions which is a treasure for this earth. After this takes place the acid power that makes water in the stars will be in plenty round the moon.

Man has gone to the moon and left his breath there. Rockets without human beings in them have gone to the moon and their power is acting there. The attraction of our earth on the moon is also there as it is in the straight view. Knowingly or unknowingly some people worship the fullmoon as God. The power of the thought waves of the people in this earth go and get lodged in the moon. The acid power that has been absorbed from the earth are in the moon as water spreads. The effect of all these will be seen in the formation of water spreads at both its poles after the change takes place in the moon. There will be vegetation in the moon as we are having on this earth. After this change the souls in this earth will go and live in the moon which will then have the same breath as this earth is now having.

We have said that the souls that live on this earth cannot go and survive in any other planet which has a different breath. People who read this may think how it will be possible for those who lived in this earth to go and live on the moon. This I will tell you tomorrow.

5-1-80

The basic power for our earth is got from the seas and the water in it. The sources of water for the rivers, lakes, tanks etc. in this earth and rain throughout the globe, is the seas that are in the north and south poles. If there is no water mixed in the air, in the form of water vapour, no vegetation, living being, minerals or coal could have grown to this stage. The earth has the capacity to absorb any acid power that is contained in the water. In our earth the quantity of water in the seas is more in the nights than in the day time. On full-moon and new moon days we find that the seas swell up. The Sun's rays strike straight on the seas and the acidity in the water become vapour due to the heat of the Sun's rays carried by the wind to the north and south poles. During the night time when the Sun's rays do not fall on them, they freeze at the poles in the form of solid blocks of ice with the acidity in them. The water vapour that is formed by the rays of the Sun striking straight on the seas during day time, get cooled in the night when there are no rays of the Sun and get mixed with the sea as sea water and hence the swelling of the seas in the nights. This action can be particularly noticed on full moon and new-moon days when the influence of the atoms coming from the moon is maximum and minimum respectively.

If the seas which are the life breath and treasure of this earth are not at the north and south poles, our earth could not get rain and water spreads. The basic power for each planet varies from one another. In the moon rain and water spreads exist, but they are in a different state from what it exists on this earth. When the change takes place on this earth and its power increases, the moon that is close to our earth will also increase its power. Now the moon revolves at a lesser speed than our earth. After the change takes place its speed will increase and when the speed increases its absorption power will also increase. Since the land there, is

not fertile and it does not have rain as we are having here on this earth, by the creation of storms on the seas, and changes as day and night, after the change, the moon will act with the same power as our earth is acting now. In what state, I will explain to you tomorrow.

6-1-80

Before I tell you about the state of the moon and reply some of the questions kept pending in the various lessons, let us come to the first lesson. The lessons given so far will get their life only when we show how the planets are formed and get their life and how they grow.

One atom much smaller than a tiny ant combines with another, gets life and lives in the milky way, absorbing one type of acidity and increases its power. When this gets into the attraction of some other life atom it gets its physical form. Then it attracts more acidity from the atmosphere and grows into a small planet, absorbs several life-atoms with the same acidity in it and grows. After absorbing the power from these life atoms it rejects the refuse. It grows in this way absorbing only that type of acidity which it took in the beginning for its growth. In the milkyway it grows by absorbing the same type of acidity, rotates about its axis and grows into a small planet. As it absorbs the acid power and other life atoms that have the same acid power, the power of absorption of this planet increases.

From the refuse rejected by these plants and the heat from the Sun's rays life-atoms grow at a fast rate and they become several crores before the planet attains a spherical shape. One life atom becomes food for another and from the refuse thrown out by one lifeatom several life atoms grow. The moisture in the air acts as a manure for the planets to grow and these are the small stars that we see in the sky. When they grow much bigger than these stars that we see, vegetation starts to grow in them. As the scientists have found out today, in the beginning state over the surface of the planet a green fungus is formed. This fungus becomes food for that planet and the refuse thrown out grows as mush-rooms on the surface of the planet. In the continuation of

this process they decay, fall on the surface of the earth grow as grass and by absorbing different kinds of acidity each type grows as a different plant as per the acidity that they absorb and grow. By the time the planet comes to this stage its speed of rotation increases and the acid power absorbed by the life-atoms also increase and it becomes a big planet. At this stage it will be of the size of the moon.

To come to this stage it takes several crores of years. It is only after this stage that living beings start growing on the planet. Living beings require more water and power to grow than what the vegetation requires. The planets that are in this state go on changing through several stages growing in them vegetation one after another in the process of evolution. It grows in one stage, gets ripe, falls down on the soil, decays and the succeeding kind of life-atoms grows out of it. This process goes on for several thousands of years. One kind grows, decays, is absorbed by the earth and from the excreta left out, the same plant taking the same breath grows and this progress continues for a long time. When the power of another kind of life-atom from the air strikes on this it grows as a different variety of plant in some other place. By the same process the acidity got from other planet combines and forms soil and stones. When the breath of this soil and stone combines with that of the vegetation and with the help of the heat of the Sun's rays living beings like snail, tortoise are formed. These are the first type of living beings with a shell covering that are formed on a planet. These living beings grow with the help of the heat in the soil and stone and take for their food some kind of vegetation. From their excreta several life-atoms are formed which become living beings like frog. From the excreta of one living being several life atoms are formed which take the same kind of breath and this process goes on for several thousands of years. Everything is a continuation of this.

7-1-80

A planet after its birth takes several crores of years to come to this stage. These living beings have to remain in the same planet in which they started creeping for several thousands of crores of years. The power of the lives in a planet grows with the power

of absorption of the planet and the increase of the acid power of the planet. When does a planet revolving in this state get a different power?

Today the 48 planets that are going round our Sun take some time to go round the sun once. As the various planets pass one after the other between the earth and the Sun, each planet obstructs for a minute or two, the rays of the Sun coming to our earth. During this short period the earth does not get any power from the Sun, and the power from the planet that comes and hides the Sun comes to our earth and has its influence. The state of the earth for that short period changes and the influence of the passing planets acts on our earth. This is called solar eclipse. Similar is the case of lunar eclipse when a planet passes between the earth and the moon. This happens not only to our earth but to all the planets and the effect of some planets are good while that of others is bad. Each planet has its own power which it has acquired of its own.

9-1-80

When one planet crosses another planet, the power of the passing planet has its effects on the other planet even though the duration of this is very small. At that time the acidity of the milky way between the two planets changes. On account of this all planets have a change in their behaviour. When one planet passes in between the Sun and the earth the qualities of the passing planet has its effect on this earth. This effect will be both good and bad mixed.

During the solar eclipse that is going to take place on 16th of February (Kethu) the planet Dragon's descending Node is going to pass between the Sun and the earth. This planet has plenty of poisonous qualities in it and during the period that it comes between the earth and the Sun, its poisonous qualities are going to affect the earth since the Sun's rays will be obstructed by this planet from reaching the earth.

In this earth we are having good plants and some poisonous plants also. The poisonous plants absorb the poisons from the

atmosphere round the earth and purify it. In a similar way the planet (Kethu) Dragon's descending Node absorb the poisons that are in the milky way and purifies it. If this planet is not there the milky way will contain lot of poisons in it and will be very dangerous. There are some stars also that absorb the poisons from the milky way. The planet Kethu has grown in such a way that the very thought of it gives the effect of its poison. This planet is one of the 48 Nos. that are under the attraction of our Sun. When the solar eclipse is caused by this planet, the poisonous atoms from this planet will strike our earth and thereby the state of our earth will go down a little. From that time the distance of the Sun from our earth will begin to increase and as a result of it the heat got by the earth from the Sun will decrease and chillness will increase. In the next eclipse, comes the change that is very short.

Our earth is going to have a certain way when an eclipse takes place. This they have done knowingly or unknowingly. Our earth is going to have the effects of the eclipse by this planet after several hundreds of years.

As the planets rotate on their axis and travel round the Sun at different speeds, one planet overtakes another planet. While doing so one absorbs power from the other and a change takes place in the states of both the planets from their original state which they have been maintaining earlier.

I have told you how our earth was formed, vegetation started to grow on its surface and how living beings started their life on this earth. At that state snails and tortoise, that is, creatures with hard shell started first. After several thousands of crores of years the first pralaya took place. Then by the acid power left out by those life atoms, and in continuation of its evolution we get the seas at the north and south poles which are the treasures of this earth.

This earth is a planet and so also are each of the life atoms that were born on it. We are used to take certain type of food for our body which is also a planet. If a change is made in the type of food that is given to our body it does not accept the same and reacts in the form of vomiting or pain in the stomach which is

the centre of this planet, our body. It takes some days to come to its normal conditions or this starts some other troubles in other parts of the body and affect our health. The same thing happens to the planets also. When the powers of any other planet strikes our earth, our earth is not able to withstand its impact, many changes take place in it and a pralaya happens.

When our body is in a good state we are able to digest any food that we take and are in a position to digest even stone. When the body is in such a state any bad atoms entering into our body could not affect the health of that person. In the same way if our body is in a good condition this pralaya could not affect us and we will only gain power during this period.

If the earth is in a good state when the planet Kethu passes between the Sun and the earth, the condition of the earth will not be affected. But now we have mined and removed the treasures from the earth and made it unhealthy. It is we who are responsible for creating this state. The seas that we got as treasure after the first pralaya are due to the acid power that was stored in the earth at that time. In the same way as the planet Kethu now is going to cause a solar eclipse, before the first pralaya the planet jupiter caused a similar solar eclipse.

10-1-80

The planet jupiter is bigger than our earth and the Sun is much bigger. When the solar eclipse happened on account of the planet jupiter coming between the Sun and the earth, the milky-way between the earth and the planet jupiter got frozen with the acid powers of Jupiter as the Sun's rays did not strike on it. After the eclipse was over and the Sun's rays struck the milky way, the frozen acid-power in it melted and was absorbed by our earth. As the seas could not hold that much of water in it, a pralaya happened by the excess water in the seas. These excess quantity of water stayed at the north and south poles giving rise to sea in those places.

After that pralaya, the natural state of the earth changed and plants started to grow in the beds of the newly formed seas. In

continuation of this tiny life atoms like that of mosquitos were born on the surface of the water. By the breath that these life atoms took and by the heat of their excreta, small eggs were formed. From these eggs came out small life atoms with a small head as big as that of an ant and a long tail.

From that state the life atoms that have started from water have had several small changes and became living beings. In continuation of this state they had many changes in their state. After growing in those states for several thousand crores of years after the second pralaya, in continuation of the state of growth these life atoms became beings with life. Growing in this state with the power that the life atoms have acquired then life atoms have grown up to the state of intelligent human beings with bodies as they are having at present, after the next pralaya, that is the third pralaya.

What is, the change that our earth got during second pralaya? After this change our earth got the continuation of human inhabitation from the planet jupitor. The same condition that exists in our earth now, existed in the planet jupitor several thousands of years ago. It is by the greediness of the intelligent human beings who lived in that planet at that time and there are no human beings in the planet jupitor now. But our earth got the continuation of human existence from jupitor.

Right from the starting of Ramavathara there are several people in this earth who have passed through their seven births. During this period several souls from human bodies have entered into animal bodies. Some souls from the animal, bodies have entered into the bodies of flies, ants and worms. The souls that have come to live in this planet have the power to take seven bodies only. There are several life atoms which have got into the bodies of various kinds of living beings. As our life-atom takes several bodies it develops several life-atoms. No life-atom can live without food. After taking the essence from the food, from the refuse thrown out as excreta, several life-atoms are generated. From the life-atoms that take food and reject excreta several life atoms are born.

11-1-80

This earth absorbs several acid powers from the milky way along with air and other powers from the Sun's rays. It absorbs power from the Sun's rays also and after absorbing the energy it requires, it rejects the refuse in the form of heat waves which cause several states. The food that we take for our body becomes vapour and its power strikes our blood vessels, becomes blood, spreads to all parts of our body and grow as our bones, nails and hair.

When our bones grow, the form of our body should also grow. But after a certain age there is a change in the growth. The strength of the bones of a child differs from that of an elderly person. The strength of the bones of man increases with the age like the strength of tusk of elephants. After a certain age change in the growth of the body differs from the change in the internal growth of the organs.

The acid vapour generated from the food that we take gives strength to our food. Our body accepts only the type of food that it is used to take for its growth. The silk worm will make silk, only when it is fed with mulberry leaf. If it is fed with any other leaf it will not produce, silk. This applies to human beings and all the planets also. When one living being takes some food and rejects the refuse, another life grows out of it.

In this body there are several life-atoms and from the acidity rejected by them as refuse several states are created. The food that we take becomes acid and grows as blood. The rejects from our food come out as excrete. It is acid power which causes the life atoms to grow our body right from the hair. That is why I have told you that there are several crores of life-atoms in our body.

12-1-80

The action of one is connected with that of others. There is nothing which works independently. The milky-way has also got the capacity to absorb power from others and act. The sky and the earth are also connected with each other. On that day I kept

pending the question as to how life-atoms from jupiter came to our earth.

Jupiter is a planet on which human beings like us once lived. But now there are no human beings with bodies, intelligence, working capacity and thoughts as we are having but all of us have come from the planet. When people like us lived there, those who attained the subtle state by their intelligence and high thoughts came to this earth when our earth learnt to absorb the power from jupiter, water spreads increased and the earth became fit for human habitation and the same is continuing till the end of Kali Yuga.

Those who are in the subtle states have also got desire to increase their race. Bhogar who lived in this earth doing meditation on Muruga during his life time on this earth wrote many books on medicine, bakthi, and astrology. He did this with a desire to spread his powers to several people. He attracts all the devotees of Muruga into his circle and expands it. It is not human souls only that have this desire; Rishis also have the same desires. Without desires there is no life. We should not fall into the grip of avarice but act with desire and love. It is by desires of those who lived in jupiter that our earth got its power.

The power of the moon is going to increase by the efforts of the souls that lived in this earth and have risen to the subtle states. Those who are in subtle states can make people like us to go and live in the moon. For people to go to the moon and live there it may take even thousand years. Our earth which contains many treasures and absorbed many powers for several crores of years is going to have a change due to the people who live in it. In a short time due to the drastic change that the world is going to have on account of the people who lived in this Kali Yuga all the other planets connected with this earth, the milky-way, our Sun, several crores of stars are also going to be affected in a way which cannot be expressed in words or even thought of.

14-1-80

It has taken several crores of years for the life-atoms that were born in this earth to evolve to the state of human beings,

have high thoughts, acquire power from Sakthi and lead a prosperous life on this earth. It is a great privilege to live on this earth as human beings.

The people who lived in every part of this earth thought that they were intelligent and made one of them as their King and to rule over them, several thousand years ago. They separated the people who were in their circle and made the caste system which showed one caste as superior to another, creating jealousy against one another. The same differentiation continued and as people became intelligent, each person started feeling that he is also a king and increased the jealousy in them changing their mentality. This state has not been created by the people of those days. It is the kings who ruled about 2000 years ago who sowed the seed for the destruction of the human race. In the artificial ways of living the thoughts of the people have not changed now. Truth has no place in today's life and deeds are not as per the words.

Man has not only sucked out the treasures from this earth but also poisoned the atmosphere by sending artificial satellites to other planets and sent several poisonous things in the atmosphere with an idea to do harm to his enemy. On account of the change that is going to take place on this earth all the other planets and the milky way are going to be affected by this as has already been explained by me.

When the change takes place the artificial satellites and other poisonous things projected in the atmosphere are going to lose their power and dash against the planets near to them and these will also have their effects on the change. It is the powers of human beings that are going to make the nature get furious.

Man's soul has the capacity to form a planet and rotate it. By its power of rotation it can grow several crores of planets. The soul which has this much of constructive power in it is caught in the grip of avarice which gives vent to the destructive nature of the same power. This book tells you how this disaster is going to be and how you can save yourself from it and elevate your soul.

If we improve the power of our soul what state will we get? What will be the state of the moon? This question was left pending on that day.

On account of the absorbing power of the moon and our earth, after this solar eclipse on 16th February the moon is going to get some more power. You may ask in which way it is going to get? When the planet kethu comes between our earth and the Sun the earth gets poisonous atoms from Kethu, but the acid power from this earth will be attracted by the moon in a larger quantity. As a result of this water spreads in the moon will increase from the date of the eclipse.

The power treasure of our earth is the seas in it. By mutual attraction of the moon and the earth, the power of the moon will increase. The moon will have the continuation of this absorption power. There are powers in nature with which human souls can escape from the efforts of this change. How, I will tell you tomorrow.

16-1-80

When all the planets are moving, the attractive power and acid power of one planet strikes on another planet and absorbs power from it. All the planets are rotating about their axis while they are moving in space. Each planet has got a different power. All the 48 planets going round the sun have different powers in everyone of them. The sound waves, taste, fruits and vegetation in our earth differ from those of other planets. In our chain of planets no other planet has got as much power as our earth has got. How did earth get water spreads from jupiter? Our earth is in the direct view of the Sun and jupiter. Without jupiter our earth will not get water.

In which way does the power of the planet Mars comes to our earth? The planet Mars and Jupiter appear like stars to us when seen from this earth. The power from Mars sends sound waves to our earth. If your voice in an enclosure in which there is no air and it cannot come out, can it be heard? Similarly on account of the state of Mars which is in between the earth and the central Sun our earth gets its power in agreement with that of Mars. At the same time the power of the Mars is struck by the power of the Sun and we get the light waves. The sound waves starts from

the place where the acidity of the Mars on account of its rotation and the acidity which the Sun absorbs and emits mix together.

The power of attraction and the acidity of the moon are different. It is the moon that gives the various colours in this earth. Our earth absorbs several powers and the moon absorbs power from this earth. As the moon and our earth are closely connected, the moon with its smaller size is able to absorb several powers and grow.

On account of the change in the state, the sound waves from the moon which is rotating in one state without changes of day and night, water spreads and the state of sound waves there were several growths in its state and after the moon has got the attractive power of several stars in its growth the state in which there would be beings that creep and living beings with soul will come.

The Sun is also going to have some changes after this eclipse. There has been several eclipses of the Sun. During every eclipse several changes take place in the Sun and the planets involved in the eclipse.

17-1-80

The planets and stars that go on circulating round the Sun in the milky-way overtaking one another should have life in them to do so. In the same way they pulsate with heat waves. No one of them absorb high temperatures. In extreme cold like ice, vegetation does not grow. In the same way as our earth emits its hot waves above the air space around it, by its rotation, all other planets also emit heat waves.

Every human body and living being has got its sound waves around it. A little beyond the sound waves there are heat waves also. The state of all living beings are like this. The sound waves and heat waves round a person act in combination with one another. All planets and vegetation also have this state.

I have told you that the state of the moon is a cool one. The heat waves of the planets differ according to their speed of rotation. The heat emitted by a planet while it is in one place will differ from

what it does while it is in some other place. This applies to all living beings and vegetation also. The scientists say that the Sun is a very hot planet and we cannot go to the Sun today.

18-1-80

The size of the Sun is big. The acid power in it is capable of absorbing in it any acid that strikes it. The Sun is a big planet in its size which grows as it revolves on its axis and travels at the same time. Till now it has been supposed that the sun is stationary in one place while rotating on its axis, and the other planets go round it. Actually the Sun revolves on its axis attracting the 47 planets that are going round it while the Sun itself is moving. This universe is always moving, as is the case with all other universes. No one is stationary in one place.

Each gets its moving state only when it gets its life-breath and gets its solid state. All parts of the body are – always on the move. It is only the physical body that is stationary and acts as per its thoughts. All the organs in the human body are acting of its own accord. All things that are alive of including the soil, stone and water are moving with their pulsation. People make research and know that all living beings and human have pulsation. Soils and stones have also got life, and pulsation, otherwise they cannot grow. They have got their heat waves also. The soil becomes sand, rolls into stone and becomes a big rock. The soil has got colours as per its state. A river may start from any place. But its water has the taste of the soil over which it flows. The water gets its life from the soil over which it flows. The state of the soil varies from place to place and our earth grows in association with these states.

There was a time when our earth had a very pleasant smell. Today the smell has changed completely. It has become poisonous also. Very old persons will be able to make out the difference in the smell of the soil of our earth. The earth absorbs vapour and solidifies and cristate. Since the earth is more of Saltish in nature it is able to evaporate all the materials quickly. As already told by me the sun has got more power than our earth.

It is possible to go to the Sun not only in a subtle state but also by scientific means. They have found out the state of the heat waves round our earth and round the moon which is smaller than our earth and sent a satellite to the moon crossing the air space round our earth, and the hot wave spaces. After it crosses the air and hot wave spaces round our earth and enters the hot wave space of the milky-way, the power of the satellite is active. Those who have sent a satellite to the moon which is further away from our earth did not send one to the Sun which is nearer to us than the Moon.

The Sun's rotating power is twice as much as that of our earth. The earth takes 24 hours to make one turn while the Sun turns round once in 12 hours. It absorbs the heat waves of all the 47 planets that are going round it. All these 47 planets do not go round the Sun by themselves. The attraction of other planets also have their effects on each of these. Out of the 47 planets that go round the Sun they have named only six and left the others whose size is much smaller and the heat waves of which are also less.

The planet Saturn is a cold one and it has absorbed the acidity which has got a tendency to freeze. This planet has got a lot of acid power in it and as it rotates, any of the big planets that go near it get more acid power from this Saturn. The reason for our getting much cold during the winter season is that our earth goes near to the planet saturn during these months. It is in a similar way when our earth goes near to the planet Raghu the moon's ascending Node – during the Summer months that we get more heat. The seasons that we get in a year are due to the state of the planets that come near to our earth during one cycle round the Sun. Each planet gets its various seasons in the same manner.

20-1-80

During its travel in the milky-way with mutual attraction each planet gets the effect of the one which it approaches. Having the Sun as its centre there are seven big planets. These seven planets rotate closer to the Sun than the other 40 smaller planets that rotate outside of these seven big planets being attracted by the sun

and these seven planets. The acid power of each planet varies from the others. All the 47 planets are under the attraction of the sun. Our scientists have not named all these small planets. But Siddas who have found out all these small planets by their spiritual powers have given names to all of them.

Raghu, Kethu, Venus, Saturn and jupiter are the planets that our scientists have known. The others they have called as stars. Several thousands of years ago our Siddas have named these small planets and the names were being transmitted orally from generation to generation as there were no means of recording them in those days on palm leaves or inscribing on stone. In course of time these small planets have undergone a number of changes and they have been forgotten.

It is Siddas who made the souls of persons to grow slowly and increased their knowledge, diverted their thoughts towards progress of the soul. It is only after several thousands of years the way of recording has come to use. Before this recording started the planets have grown up. There is a great difference between the states of the Siddas of those days and the powers of nature as it exists today. Every planet has also absorbed several powers in it since then.

On some days we see some stars near the moon. What we see on one day will not be there on the next day. A star which is attracted by the Moon may escape from it by its speed and go away from it. Our earth itself attracts several stars into it during its motion. Sometimes we see a star burning and falling down. Just as some stars are attracted by our earth in the form of vaporous acids, living planets attract into them some stars which have the same type of acidity. Some planets grow in this way.

On some days we see a number of stars in the sky, while on some other days we see only a few stars. These happen on account of the attraction of the planets and the time of our seeing them as the earth is moving. No planet remains stationary in space and rotates on its axis. What we see is the state as we see from this earth which is moving. There are several stars that follow our earth during its motion but not getting merged with it. There

are some stars that cannot follow the earth and lag behind. It is possible only to Adi Sakthi to know about all these treasures.

21-1-80

After the capacity to form letters has been obtained, our soul has got the confidence that it can do anything. With this confidence we should live raising our thought power and obtaining supernatural powers. We should not become a slave of any of our thoughts: we should not be caught in the net of the very old tradition of caste and creed; we should not be deceived by those who give several forms to the formless God and have devised ways for earning money for their livelihood. We should not be drowned in the evil thoughts of those who are bent upon cheating others; we should not allow the treasure of our soul to be caught in the void of others, but live meditating on our own thoughts. In this world there are several types of black magic and we should find ways to escape from all these.

In my next lesson I will tell about the states of those who are involved in these black arts for a long time for their livelihood.

22-1-80

The magicians who live in the hilly regions keep many skulls and worship them. Besides this they keep some ointment prepared from the dead bodies of children. This ointment is kept along with the skull and worshipped. This ointment is also put in talisman or amulet and tied on the bodies of persons. The magicians are able to get in touch with the spirits of these dead children.

How do they prepare this ointment? They select the dead bodies of babies who are dead while born, still birth as it is called, because the souls of those that have lived in families will have that family affinity and will not yield to the temptations, as their thought waves will be going round in their families. So these black magicians will be looking for the dead body of the first child born to a mother and exhume it from where it is buried. That is why there is the practice of our elders to mutilate the dead body of the first child before burying it. A small piece of the body is encased

in a casket, kept in the house and worshipped. If it is done, the soul of the child will be in the house and will not yield to the temptations of the magician.

The preparation of the ointment is as follows:—

The dead body of the child is placed in a big earthen pot. This pot will have a few small holes at its bottom. This pot will be placed over another earthen pot and these will be subjected to intense heat by fire round them. As the pots get hot, from the body of the child some liquid comes out, flows down through those small holes to the pot kept below it and strikes in the bottom of the lower pot. After all the juice from the dead child's body has been extracted, the body is taken out, burnt and its skull and bones taken for their use. The burnt ash is mixed with the juice collected in the bottom pot and made into a paste which they use in talisman and for other purposes.

In this way the spirit of the dead child is used to do their work. Each magician does not utilise only one spirit for his purpose. He has several spirits under his control. They utilise the services of those spirits which can go to any place and get the information that they require. When these spirits enter into some person's body people think that the deity, has come into him. The spirits ask for whatever they want like eggs, meat and liquor. The people think that the deity inside asks for these things and supply them. In this way the spirits satisfy their wishes.

There are some others who do their work with the help of some animals or birds like squirrels and parrots. This I will explain tomorrow.

23-1-80

There is also black magic, done with the help of the black ointment. They apply these ointment on the bodies of these animals or birds and use some technical words which the birds understand. The spirits on the bodies of these animals or birds will pick up only those cards which contain a text to suit the person's thoughts at that time. When they act with these thoughts, their life will be as per those thoughts. Such black art is going on in

several parts of this world. These are done to bring others under one's control. They will make some bad spirits to enter into their bodies and utilise them to do their work. They are bound by these evil spirits and their souls will depart in the same state.

The services of these spirits are used to bring some articles which are placed in one place whenever they want any of them from any other place without being noticed by others. They can get like this only those articles that they have already kept in some place and not anything that the audience want.

Those who do like this, be they magicians or swamies and earn money by cheating, deceive not only the innocent people but also their own souls.

How long are we going to live in this body which does not belong to us? The only thing that belongs to us is our soul. It should be lead in a good way and not made a slave in the name of God. The blind belief of the people is utilised by these black magicians. In our country several people have become slaves of such things without their knowledge. The condition in China, Japan, some parts of Africa and Arabia are worse in this respect. These black arts are carried out as per the thoughts of the people in those places.

Our land, India, is one in which souls of several Rishis and Sabdha Rishis have lived and risen to high states. The sound waves and thought waves left by them still have their effect on the people living here. Those who are involved in black arts should realise this and live as good souls and not become a slave of money.

27-1-80

We should know the ways to save ourselves from the effects of such black arts and keep our soul not being affected by the thoughts of others. When we are subject to tests we should not get depressed. The bad spirits can easily enter into those persons who are in a depressed state of mind. How do some animals know about the movements of these evil spirits?

These black arts will not have any effect on animals. They have got the power in their bodies to know about these evil spirits. This power of sensing is great in dogs. Tigers can sense the thoughts of others by their eye sight. The animals that have this power will know the whereabouts of these spirits. The idea of keeping dogs and cats in houses in olden days was not only to save them from thieves but also from the movements of evil spirits. We can see the dogs barking when a black magician or mid-night fortune teller comes in the streets. In some of the old houses we can see a big mirror in the house above the first entrance. The movement of evil spirits cannot be seen by normal eyes. The power of the compound of mercury applied at the back of mirrors opposes those of these evil spirits and belongs to the same kind of acid power that is in the dog's body.

Some people say that they have seen the form of ghosts. It is not ghost that they see but it is the evil spirit that moves about there. Why this is seen only by some persons? Each person has got one type of acidity in his body. The acid power in some bodies has got the capacity to see these spirits. Some are born with this rare acid power. Some who have got gnana in their thought power can grow these powers in them. There are some gnanies who have acquired these powers in their previous births. We should grow our state in a proper way. The evil that we aim at others will under certain conditions rebound on us. If we are steady in our state no evil forces can come and affect us.

28-1-80

The practice of coaxing the spirits and utilising their services exists from a very long time. They used this for good purposes and to fulfil their avarice. These have been carried out by some families as a tradition. We see the driving out of spirits that have entered into the bodies of some persons. When a person is in a depressed state, the spirits with the same thoughts enter that person's body.

For instance a person who lives with his children goes to the market with several desires to get articles which the children wanted. His thought is on the purchasing of the articles and

without looking to the busy traffic on the road he gets involved in an accident and dies there in a pool of blood. His spirit will be wandering in the same place with these thoughts. When some person with the same kind of thought comes there, this spirit enters into his body. Then the person gets the same state as the spirit was having when it was in the human body.

Then the man loses his control and acts as per the desires of the spirit that has entered into him, he gets depressed and approaches a magician. The magician knows the state in which the person is and induces a more powerful spirit to get into his body, control the old spirit and takes money from that person saying that he has driven out the spirit from his body.

Once a spirit enters into the body of a person it will stay there till the body decays. The only way to escape from these is not to get depressed, be free from anxiety, not to get angry or lose one's temper but to remain calm in one's own thought. As soon as we get angry all the atoms in our body become agitated and the breath that we take becomes hard. When our breath is hard all parts of the body get excited. The blood pressure increases and gives rise to all sorts of ailments.

It is this sorrowful attitude which is the root of all other states. We should keep our mind calm and steady when anything sorrowful happens and take our normal breath which is the only way to get clear of it. This calmness is to be created by us. Suppose somebody scolds us for something for which we are not responsible. Then we should not feel why he is scolding us when we have not done any harm to him and let him reap the consequences of his bad actions. On the other hand our thoughts should be on good deeds only and not paying any attention to what he tells, pray to God to give him good thoughts. By doing so we keep ourselves within the realm of our good thoughts and do not allow his evil thoughts to interfere our thoughts and keep ourselves pure.

When the man who does the evil is free from its effects why should we be affected by thinking about the evil that he has done and worry about it in our mind? Those who cheat, scold or deceive others do those harms to themselves. They think that they have cheated others but actually cheat themselves. To make

our mind steady and to lead a calm pure life there are several rules to be followed. I will tell them tomorrow.

30-1-80

As we are afraid to publish the advise given to us by guru-dev, we are not giving them out now.

31-1-80

When the readers who read these, which are given out in a state of gnana by a member of our organisation, have any questions to ask or want any further clarification on any of the points they may give in writing and suitable replies will be given to them.

The following questions were asked by Mr. S. Sengali, Assistant Commercial Tax Officer, Udamalpet, Coimbatore Dt.

All the living beings have been created by God. Man is one among them who has been given six senses. Our elders say that God exists within every one of us and we believe it. When God himself is in us, why do evil thoughts arise in us? Why not we always have good thoughts? We act as per our thoughts. If every person has good thoughts in him all actions will be good and there will be no place for evil. Why it is not so?

Guru Dev's reply:-

All of us are God's creations; not only us but all the creations. In this there are some variations by nature. You are born as a human being; dogs, snakes are also born. Sweet mangoes grow and also poisonous plants. You have questioned about human beings only. Why all the life atoms born in this world are not alike? Thoughts also differ. Forms and all other states also differ. One is not like another. Why there is difference in God's creations? This is your question is it not?

The atoms that come to our earth from the Sun vary from moment to moment. The air space round our earth and the milky-way above that have the qualities of nature and they have also got life. The milky-way contains many kind of acids in it.

The milky-way is common to all the planets. While moving., all the various acids in the milky-way spread in it and play their part. While the earth rotates, the rays of the Sun pass through the acids in the milky-way and come to the air space above the earth. As the air space round the earth is also moving the rays of the Sun absorb the acids and strikes on the surface of the earth. The earth absorbs these acids as required by the soils and from the breath of the earth life atoms grow. The type and quality of the vegetation and minerals that grow in the earth at various places depend upon the nature of the acid that the soil in that place has absorbed. The quality of the soil in a place depends upon the nature of the acidity the soil has absorbed.

When a lifeatom is born on the earth before it grows into a human soul it develops many thought waves. Its breath varies as per its thoughts and it absorbs corresponding acids. When a life-atom takes several births, its quality depends upon the type of the acid it absorbs, its thoughts during its previous lives and whether they are good or bad depends upon itself and not given by God.

The power of Adi Sakthi is common to all. All the lives started from that Sakthi in one state and their growth depends upon the individual souls. Almighty is one and we are all its products. By meditating on that one Sakthi one can merge his soul with that Sakthi and become one with it.

The life of each person depends upon the ways in which he lives. There are many thought waves in the air around us; both good and bad ones are mixed in it. During our life we meet with many good and bad things. Our states are made by the breath that we take from the air which contain both good and bad ones. . .

We are not the only souls that live in our body. There are several thousands of other life-atoms living in our body. But our body and soul belong to us. Other lifeatoms that live in our body cannot claim our body and soul as theirs. In the same way there are many thought waves in the air that come and strike us without our knowledge. Hence several thought waves are in us and they execute their powers.

It is a great privilege to live as human souls. It is because we make ourselves slaves of the evil atoms that enter our bodies that some become bad persons. The five and six senses are made by us. Man is born as an animal when he allows his thoughts to get shattered. Animals have more delicate sense than us. Life is not five senses or six senses.

1-2-80

Everything is the power of Adi Sakthi and She allows that power to grow and it is by the breath that we take that everything is formed. We should get a state in which we can merge our soul with Adi Sakthi. Today the thoughts of the people in this earth differ from one another. Good and bad persons are not created by God, but are formed by the type of breath that the person takes. The thoughts of good people absorb the power from Sakthi and by their good deeds they add strength to their souls. It is in this way that the Sabdha Rishis have increased the power of their souls, merged with Sakthi, got the powers and live today as Gods.

These Sabdha Rishis enter into the thoughts of the people in this earth by their powers of absorption, feed them with good thoughts, pull them into their circle and make them advance in their bhakti. In which way does these souls that have come up in this way act? In my previous lessons I have told you about the states of Jesus, Muhammad Nabi and Aiyappa. Some souls in the state of Sabdha rishies have entered the bodies of those persons and act using the bodies as their tool. After the souls of these Sabdha Rishis have done their work utilising these bodies, what is the state of the souls of these bodies?

After the soul leaves the body into which a Sabdha Rishi has entered and acted, the soul of the Sabdha Rishi enters into the soulless body and do certain things. When a Sabdha Rishi acts entering into the body of any person what happened to the soul of that body? When Ramakrishna Parama Hamsa was alive his soul was selected by a Rishi to execute his wishes. In which way did the power of that Rishi act through his body? After that what was the state of his life-atom?

The power of the Rishi, which was in his body while he was healthy, knew that his life-atom cannot function from that body after it became unhealthy. So the Rishi purified his breath and thoughts and made his soul so pure that it was fit to merge with the, soul of the Rishi and got his soul merged with that of the Rishi. Then his soul was not separate from the soul of the Rishi and both the souls act as one. This is the way in which those who are in the state of Sabdha Rishis attract some other souls into their circle.

Kalingaraya Siddar who was the guru of Bhogar attracted him in this way, made him merge as one with his soul, gave him the power to bless those who pray in the name of Muruga. Now Kalingaraya Siddar is absorbing several powers in him and is going to become a planet.

It is not the souls of human beings only that change in their thoughts. The souls of Sabdha Rishis also change in their thoughts, but they change in a good way to teach good things. It is only the human souls that do not know to get out of greediness. Even if they are taught good things they do not have a desire to accept it. They live shattering their thoughts.

2-2-80

Several great souls have lived among us. Each of them has shown his intelligence in some way or the other. There have been Geniuses in several fields and some of them exists today also.

Every year at Thiruvaiyaru, a small place on the bank of the river Cauvery, a function is held where several musicians gather. They celebrate the anniversary of a great poet who has composed many songs in telugu language. What is the state of that poet?

He was born for music he merged himself with music and his body was working on music. In his love for music he himself became music, enjoyed it and made his soul work with music. It is a Sabdha Rishi, that acted in his body. His soul soaked in music hears his music from the music loving hearts of those who sing his songs. Some great souls make music, their bakthi and submit their bakthi to God through their music and get themselves

merged with music. They make the knowledge of their music an offering to God and worship in that way. Those souls that have got this gift of music make the acid power of music merge with their soul and keep their souls in a happy state. They make the music God's music, making their souls as God and in a happy state their souls get good powers.

Music is a treasure of life. When a person sings all the life atoms in his body become a slave of music. Our world itself rolls in the music of "OHM". There is no life atom which is not attracted by music. This world is trying from a long time to make life itself music by singing songs of bakthi and got good results through music. Songs of bakthi are essential for our life-atoms.

Several great souls have realised this and are acting merged in music. Each soul can get the power of gnana for their thoughts to grow from some other soul that has got the same type of power in it. Each soul gets its acid power from the time it is alive. The accomplishment of each person is in a different field. This depends upon the acid power the life-atom has acquired. Each person acts as per his state. But with the power of meditation one can reach his goal with any of the acid powers that the life atom has stored from its very birth.

With meditation what is the state that our life-atom gets? How can we purify the acid power in us by meditation? I will tell you tomorrow.

3-2-80

The message given on 30th January 1980 which was not published on that day is given below as per the advice of Guru Dev.

What is the change that our earth is going to have on account of the solar eclipse that is going to take place on 16-2-80? It is several years since the moon caused a full eclipse of the Sun. That is, the moon came between our earth and the Sun. As the moon crosses between our earth and the Sun on that new-moon day, the moon completely covers the Sun for a short period of three minutes. During this short period the power that the earth gets

from the Sun is stopped. At that time the planet kethu, which is considered to be an imaginary planet by our astronomers, will be close to our earth and discharges its poisonous atoms into our earth when the power coming from the sun is being obstructed by the moon. Astronomers will be able to see another planet also along with these. The planet kethu is full of poisonous acids in it. Due to this the equator of our earth is going to shift slightly. From that time the distance of the earth from the sun is going to increase. The heat of the sun is going to be a little less from that time and the moon will get more power. The moon's power to absorb many acids from the earth is going to increase. The sun will also have changes at that time. On account of this eclipse all the planets of this chain will have some change which may be good in some cases and bad in some others.

For our earth the poisonous atoms in the atmosphere is going to increase which will change the thoughts of the people. To save yourselves from these effects meditate on God during these three minutes. At that time it is only prayer that is going to help us.

4-2-80 (Continuation of the lesson from 2-2-80)

The light that we get is not only from the rays of the Sun. Our earth absorbs many powers from the Sun, makes them circulate round it and with the force with which it rotates, absorbs more power from the Sun and increases its power. If not the earth will not have the power that it is now having. Even though there is power in the Sun's rays unless the earth absorbs it, the earth will not have life. In the same way the life of every soul depends upon the amount of acid power that it absorbs.

Our soul accumulates all the good and bad acid powers that it gains in its several births. In this way the net result of the good and bad powers that we have acquired varies at the end of each life. This is not wilfully done by us. If we are to follow in the same way, we will only be mortgaging the treasure of human life that we have been gifted. When I say mortgage you may feel that you can redeem it someday. Yes, if you mortgage the treasure of human life in this Kali Yuga, the time for its redemption will come after several hundreds of crores of years. We should realise that we have obtained this human soul after a very long growth in

our thoughts and without yielding to the worries met in the course of our life, should not allow our thoughts to be affected by external powers.

It is possible for the soul to develop itself and shine only when it is in a human body. It is only the human soul that can shine and get merged with the universal soul in the form of Divine Light. It is only after this that the soul can form itself as a planet, form life-atoms in it and rotate as a planet. This development is possible only as a continuation for the human soul. All the planets that are rotating now have developed from human souls; all the mosquitos that take their breath from human excreta are also similar life-atoms. These develop as per their thoughts and breath. We should know that we have been sent on this earth as life-atoms to see how we develop our thoughts and powers.

In olden days our elders knew that it will be possible to raise the state of our souls only through bakthi and that is why they have built so many temples. It does not mean by going to the temples we will get the grace of God. We should establish our thoughts and make our acid power to grow in us. We should have desire and love to a limited extent. When we give room to too much desire, it leads to avarice. When we get into its grip, we give room to disgust, depression, hatred and anger. Then we make a decision that we will somehow or other get what we want and that shatters our thoughts.

There will be no world without love and desire. These are the treasures of good powers. But when any person becomes a slave of these, he become an enemy of good traits.

5-2-80

From the truth told to the people of this world through this organisation every soul should rise to a high state by absorbing the powers that are in the air. We should acquire the wealth for our soul which will not be lost at any time. We should make our soul to shine and merge with the Universal soul.

Every human being now is caught in the grip of the present atmosphere that now exists and when the soul leaves the body with

craving, greediness and disgust with the same thoughts, the soul takes birth in an animal body. To save us from these trammels the only way is meditation. By only meditating on the name of God we do not succeed in meditation. We should get out of the difficulties that we meet in our day-to-day life.

During the course of our bakthi, and when we are meditating on God, the people who are round us may have a different view and their thoughts and deeds might give some resistance to the smooth flow of our thoughts. If we divert our thoughts on these obstructions, we will not be able to succeed in our meditation.

Each soul has got some power in it. To bring that power out we should be in a proper state. For example, while we cook we add several ingredients in it. But the preparation gets the name of the main ingredient in it. If in a preparation there is a little excess salt, it gets the name of salt. Similarly we should proceed in the proper way carefully. If we are carried away by any thought and our soul depends on the same thought we scatter our thoughts and our soul lingers unsteadily in the poisonous atmosphere.

Suppose a person blames us or scolds us for some action of ours which we consider to be right. At that time we pray to God saying I have not done anything bad to anyone, he is unnecessarily blaming me and you should give him the necessary punishment. By doing this we only punish ourselves by allowing the bad thoughts to enter into us. By this our health is also affected and in continuation of it we have more suffering. A person does harm to us which we realise and feel that when the person is deceiving us how can we tolerate it and get disgusted in our thoughts. Those who think that they are deceiving others, deceive themselves. One who has malignity and ill-will against any other does not malign others but does it to himself. At that time we should pray God to give him good thoughts. It is not his mistake but it is the evil power in him that makes him do so. God created all life atoms alike. Good and bad powers are mixed in the atmosphere. No one was born as a bad person. In the circumstances in which they are placed, they are unable to get out of the grip of the evil forces.

This state is not created now. In the olden days when the Kings were ruling the country, on account of their greediness to increase their territory they invaded on their neighbour and in the war that took place several persons died and their souls left the bodies with anger and revenge. It is those souls that are born now with the same old thoughts and this is the cause of the present state.

How should we act to get out of these bad effects? We should realise as to what is the state our soul will get with these thoughts? We should get the power to live a righteous life with love. We should not discard them as bad people, but making our good thoughts and breath to mix with theirs, we can purify their thoughts also and turn them into good citizens. We should realise the powers that our thoughts have got. Several great souls have risen up to their high state not by meditation or austerities or by sacrifice, but they succeeded by their noble thoughts.

People have become gnanies and Rishis by their noble thoughts and not by their bakthi or by worshipping God. We have to worship the God in us and not do bajan (Chorus singing) calling Narayana from heaven. People will not get good feelings by our going from place to place and singing songs calling Govinda. The one who is sincere, having good thoughts can become himself God and no ways of worship or doing bajan will help us in getting power from Sakthi.

6-2-80

Those who have seen God within them, act as God himself. A person should consider all souls as one with his soul, and when he sees any other soul suffering with some ailment, he should feel that he is having that ailment and try to cure it. Those who think that all living beings should live happily but some of them suffer for the sins that they have committed, why should we worry ourselves about their sufferings and look to themselves leading a good life should be considered as selfish men. It is only those who consider all souls, as one, that can reach a state of bakthi and not the selfish persons.

A small ant comes and bites us. We are not able to bear that pain, crush the ant and its soul departs. We feel that we have destroyed its form. Where does its soul go? The person who crushes the ant absorbs the thoughts and acidity of the ant in himself. We kill so many living beings and eat them as our food. We do not know that by killing these animals and birds we absorb their powers in us. We relish the taste of the flesh of these animals and birds and kill ourselves by absorbing their acid powers in us.

Every living being has thoughts. The acidity acquired by these thoughts give rise to good and bad characters. When we kill a living being and take its flesh as food, we should realise that we absorb its state into ourself. I have told you in my previous lessons that animals, birds and living beings that crawl come from human beings. You may ask do not animals and birds become human beings? When human beings consume the flesh of animals and birds their life-atoms and sound waves enter the bodies of these human beings. The animal soul that enters into the body of the human being which has developed some intelligence, when the man's soul leaves his body gets a chance to be born as human being. By this the soul of that animal gets redemption by being born as a human being.

The person who has consumed the flesh of the animal takes the course of that animal. We should realise all these and know that our soul is not different from the soul of any other living being and treat all of them with love. Today some souls may be mosquitos, chicken or goats. But we should realise that their soul is just like ours and treat all of them with affection and love.

This world has also got life, magnetic and acid powers. All living beings in this world, from human beings to the ant have got thoughts and corresponding magnetic and acid Powers. No one is older or younger to another. All souls are in union with the Almighty. // // // // //

7-2-80

All human beings should realise that they are one with the Almighty and take necessary instructions to lead a life with love towards all living beings. The good advise that we get should be

put into action and there is no age restriction for this. The time when it was considered that this can be done only by bakthi has now changed. Our elders have said that it is bad to see bad persons; it is bad to hear the words of bad people and it is bad to associate with bad persons. But now in the present state of this world, when evil is spread everywhere, it is difficult to find one righteous person who establishes truth out of one crore.

The entire world has become a slave of the greediness for wealth. Even in temples the rich man gets the first place. The saying that there is no world for the man who has no wealth has become applicable for money. Now nothing can be done in this world without money. Even the religious leaders who run monasteries give a different treatment to those who have plenty of money. They want money to uphold truth. Even songsters who sing in praise of God going to various temples in the country do so getting money. He bears the name of God, says that he is a slave of God but to sing in praise of God, he wants money,. He says that he sings with deep love in his heart for God. His bakthi is sold in the market. To sing in praise of God he wants some accompaniments also. When a person gets money for the songs that the sings in praise of God, how will it be possible to get the grace of God for his songs?

They will argue that they have to live and support their dependants also. What will be the state of those souls that lead a lazy life making bajans and living on the earnings of others? Where is God? The songs that a songster sings for money becomes a slave of money and not of God. A songster should love the God that is in him, love all the souls that are like his soul; he should become himself the song soaked in bakthi and lead those who hear his songs also into the ocean of bakthi. You may argue if it will be possible for normal persons to get this state. No evil powers can approach a soul that is righteous. Once we do not think of bad things and proceeding in the straight right path we will not give room for any unsteadiness. We can see evil persons, can hear their words and live along with them. We need not keep aloof saying that they are bad persons. We are born in this world as upright life-atoms. The one who is kept aloof as a bad person is also a soul like us. We should have confidence that we can set him right by our meditative powers and should not discard him.

Several years ago Bhogar installed the image made of a mixture of nine poisonous metals. He has made people to offer several things on that idol made of poisonous metals and then eat them as a grace given by God. What does this indicate? It shows that when we consider anything as poisonous and keep away from it, we make ourselves poisonous by our fear. Any soul that succeeds in meditation will be able to convert any evil power into a good one. Several crores of atoms in the body will be under his control. Those who are in this state will be able to see all subtle states, get merged with the Siddhas and be immortal. Due to the unsteadiness of human beings the entire world is filled with poison. Those who lead a steady life are in good health and they do not get any problems in their life.

A man who is worried and gets angry is not able to digest the food that he eats. The food that he eats becomes poisonous acids and settles in various parts of his body as gas. If the gas is not made to come out of the body it settles there and does not allow further digestion of the food that he takes. This forms as flem, creating cold and cough till the flem comes out the entire body suffers giving rise to other ailments. On account of the acids that stay in the parts of the body, some organs of the body get affected and he gets several diseases. These diseases are made by us and they are not due to the food that we take or from any of our states. The person who is sick expels those sick atoms from his body when he exhales. The person who inhales those atoms gets into the same circle. We should save our soul from the effects that are got by the change of our thoughts.

8-2-80

From the very day I started to give you my lessons through this book I am having meditation through breath and thoughts of the soul as its central point. For these thoughts to work there must be love and righteousness. To get into the state of righteousness from the path that we have been following all these days, we have to adopt some rigorous principle which can be done only by the weapon of love. It is through this love that we can establish anything. Everything will become a slave of love. We should ourselves become love and act in all states. We should not

expect any reward for our actions. If we await for the fruits of our good actions, then our good actions become futile. Do not be eager to get other's love. Our love should be shown in all our actions. If we adhere to this path of love we will get into the state of righteousness. Do not become a slave of other's love.

The entire world says that there is only one race, human race, and one God for all. The people who put this into action is very few indeed. All the religions teach the same thing and at the same time they raise questions as to which religion is superior. The religion or act that upholds the truth is the best. In this world there are three main religions which act independently. They are Hinduism, Christianity and Islam. There are several other religions which have branched from these main religions. All religions have the same principles and they explain the inner meaning of these and argue that their religion is the best. Followers of each religion talk high of their religion and describe when and how their religion was born.

They divide the truth that there is only one religion and one race and one God to suit their requirements and make the religion advantageous to them and preach it. They have divided Hinduism into several branches and worship different Gods.

Islam holds that there is one power above all which they call Allah and worship that power. They follow what is given in their holy koran and worship only Allah who has no form and no other God with form.

Christians chant on one Deva but still they are divided into two sects and there is trouble among them and have come to the state that there is only one God and one race.

Hindus have made once Rama the God with one wife. At another time they have made Krishna who is given many wives. For the God Muruga they have given two wives whereas the Hindu law allows only one wife for a man at a time. But they have given a loop-hole in the law and say that if that wife is not fit to live with her husband for any reason, he can take another wife.

No one knows when Hinduism was born. Christianity and Islam have been started by those who have separated from Hinduism. There is no one now to teach Hinduism in its upright form. Many Siddhas have come out through Hinduism. But the thoughts of Hindus do not concur with what the Siddhas have taught. Any religion which upholds truth is good. Without thinking of religion we should uphold truth and live as the children of Sakthi.

9-2-80

When there is one power which pervades in all, why not that power do all acts? Why there is difference in the states and variations in thoughts? When that power is all in all why what we think does not happen? That power is thought and action also. When thought and action are himself why is there the difference. These are your doubts.

When everything is God why is there difference in the states of things that have come from the same God? Some people are with desire, love and lead an upright life. The lives of some other persons are full of troubles and they feel that they live in hell. When all are the parts of the one Almighty why there is this difference?

All the creations done by the Almighty are endowed with the same power. Some of the creations get merged with the creative power and in its continuation they start whirling and act. Born as a lifeatom evolving into a living being, passing through several states we become human beings and are given seven births or chances to rise up to the subtle state. The acid power that a soul acquires in these seven human bodies go on accumulating. If we develop spiritually in these seven births and succeed in our attempt, our soul will be in a state to become a planet, develop as a planet and grow several life-atoms in it and become one such planet as ours.

It is that one power which made so many crores of planets and made them spread out in the vast milky way. The mosquito and the drain in which it lives are also parts of that mighty power. The camphor burns as a flame and gets merged with the Divine

flame. Some of the life atoms sent by that one power have developed as planets and have this ways of life by the kind of breath that they take. In a dinner different types of food are served. Each person takes only those types that are liked by him. Similarly there are several types of acid powers in the atmosphere and every person inhales only those acids that he likes and gets the grace of the Almighty. A planet that whirls in the milky-way and a worm that moves in a drain both are life-atoms. The difference lies in the way each life-atom starts taking its breath and develops. A soul when it whirls as a planet has got its own thoughts and the same is the case with a Sabdha Rishi. What is the state in which a soul merges with the Almighty? Even after a soul rises to the exalted state of a Sabdha Rishi and shines as a Sun, when it gets the ego of "I" all the powers earned during crores of years will be lost.

A soul can merge with the divine Light only when it is in a human body. Then it can whirl as a planet and proceeding in its path of evolution it can become a sun. The power which enables a soul to get merged with the universal power is known only to Adi Sakthi. The chance given to one should be utilised and developed for several crores of years. A soul can merge with the divine light by growing in a human body only. If we miss the opportunity given to our soul to be in a human body at present we will be born as animals, birds and as worm. After another pralaya we will be born as life-atoms and start from the bottom taking various bodies and then only get a human body. This may take several crores of years. Now realise who is God and why the differentiation. Do not think that the troubles that you meet in your life are given to you by God. Learn the ways to make your soul to get gnana by mixing your breath with righteousness which I am going to tell you now.

In a soul and its body there are many life-atoms. The first lesson that you have to learn is that no soul remains alone in any body. Each of the life-atoms in a soul tries to lead that soul in its own way. Without our knowledge we become slaves of these life-atoms, their desires and get dejected. By making our soul get gnana and enlightenment we will give redemption to the other life-atoms that are in our soul. By making the acidity in us to become one of Gnana and making it a part of Paramathma, the

other life-atoms in us will also have the good effects of this change. So, by making our soul shine we give relief to several of the life atoms that are with our soul.

When a soul leaves its body the various life atoms that remained with the soul in that body get used to take the type of breath that the soul was taking and spread in the air. Now the life-atoms that are in our body are not only those which have entered into our body in this life. Each life-atoms has got its breath, thought and acid power. These life atoms have got the power to turn the thoughts of the soul in that body to their way. For our soul to work properly we should first of all control the life-atoms that are in our soul.

11-2-80

We should learn the way to have under control all the life-atoms that are in our body. The life of every person is mixed with happy, sorrowful, calm, perturbed and angry moods. It is not that we get all our acid power from the food that we take. Every person from the time he gets a human body develops his organs, physical form and colour from his thoughts and breath. It is from the thoughts with which we take our breath that the shape of the body and its acid powers are formed.

Vegetation take their breath directly facing towards the sky and absorb the acidity mixed up in the air and from the Sun's rays, send them down to the tap-root and store the energy in the roots underground. Human beings do not have the power of absorbing directly from the sun as vegetation have got. The food that we take become acid and serves for the growth of our body. Our thoughts also mix with this acidity. Unless we make our thoughts coincide with our deeds it will be very difficult to get to a state as per the deeds.

When we are trying to realise that our soul is one with the Universal Soul through our meditation, we should not mind those who make fun of us or praise us. Once we enter the path of gnana, we should not subject ourselves to disgust, worries or greediness. To feel that they are not able to mix freely with others is

not good for those who enter this path. To absorb good power and get into a subtle state we have to avoid distraction of our thoughts from our path, be cool and calm in our state and then only we can realise that our soul is one with the Universal soul. During this short period of our life in this human body we should not allow our thoughts to shatter, but be in a steady state. To think that we are the only persons to get the state of entering into the path of gnana and injecting that conceit into our thought is not proper. We acquire good power not by keeping ourselves aloof but by mixing with all. He is in the food that we take, in our feelings, in our thoughts, in the gnana that we acquire, in truth, in our feelings and in the entire world and nothing belongs to us. We should get the state in which we become one with the Almighty and make all the atoms in our body get good thoughts and good power.

13-2-80

The Doctrine of Sathiathin Sakthi-Nilai Sangam
(Society for the revival of Divine Truth)

**OHM ESWARAYA NAMA: OHM BUDDHAYA NAMA,
OHM YEASUVA NAMA: OHM MD. NABI NAMA.**

- (1) To know who is God that remains everywhere and in all things.
- (2) To teach how to live making Nature the one God and love, the deities, taking good breath with good thoughts.
- (3) Thought is God and God is thought. By Purifying our Thoughts we will be able to see God.
- (4) To show the ways by which we can acquire wealth for our soul by taking good breath and cherishing good thoughts which give us good smell.
- (5) We should live with wealth; but not become its slave.
- (6) By our words, deeds and thought we pray God who remains in us.
- (7) To clarify the real meaning of "OHM".
- (8) To prove that all religions are the same and get out of the grip of any religion.

- (9) To show the ways, to realise the Truth and get gnana while leading a family life with wife and children.
- (10) To show people the ways to get redemption from this life in Kali Yuga and enter the Kalki Yuga.

14-2-80

All of you might be anxious to know how your Guru's guru who is now in a subtle state, lived on this earth with a human body in the name of Eswara Battar and how he was revealing the truth to the people of this world.

I was born as the first son for a Kannada Brahmin couple who were without children for a long time and were living in a small village near Mangalore in Karnataka State. This village is near the town Eswaramangalam. This area is well known for its areck-nut plantation and the place, the temples in that village, the families all will have the word Eswara as its preface in their names. I was born when my parents were eager for several years to have a son. After a few months of my birth my father died. I was brought up by my mother and had my primary education when she also died leaving me as an orphan without any brothers or sisters. I was praying Eswara and was staying in the temple for sometime when my soul left my body praying Eswara. At that time a great soul entered into the body left by my soul and was operating in that body. It made my soul also to enter again into my body. In my 16th year we came to Palani in South India. The meaning of we is that my soul and that great soul were acting in my body together. That great soul is the soul of the Sun. He is acting in my body and after that time I cannot call that body as myself. My soul and body are dedicated to the Sun.

All the great souls enter some body and act attracting some other souls also into their circle. In this earth from the time it started its life there are several great souls in it. Such souls are showing their power in this earth but they do so through some other bodies.

Bhogar with the name of Muruga is spreading bakthi in the world and the souls that are attracted by this bakthi are taken into

his sphere while they are living in this world. He is spreading his light in the name of Muruga and attracts many people thereby increasing his strength. In this way every great soul spreads its good feelings among the people in this earth using the name of some deity. This is the way followed in Hinduism which has made atheists ask why there are so many Gods in Hinduism? Every soul after it attains a high state, to make others also to realise their state make themselves shine in various forms of idols made in stone, earth and metals with an idea to make others get into their circle. This is the reason for having so many Gods in Hinduism.

16-2-80

People of every religion depict God in the form in which they have realised Him. There is some selfishness in them which does not allow them to feel that all the people should get a good state. The way in which they are brought up does not allow them to propagate their good feelings. Several great souls and Sabdha Rishis who are having good feelings since several years are inducing bakthi in the thoughts of many people and also act entering into other bodies. Why is it that these great souls do not take birth in this earth and act? Sabdha Rishis who have made their bodies shine do not take birth again. When born in the world as male or female if there is the least desire for sex, the power that they had acquired gets an obstruction. It is for this that a soul is made to forget all about its previous births. When a soul takes birth in this world whatever power it might have acquired in its previous lives gets shattered and is involved in the pleasures of this world. This is the reason why no great soul takes birth in this world.

I have been telling you about the life of Eswara Battar. At the age of 16 a great soul started operating through the body of Eswara Battar. At that time he revealed some of his states to the people. Acting as a mad person he healed some of the sick persons in some families to create confidence in them about him and in this way he tried to lead the people in the path of gnana. To exite their desire for money he showed them the way to make gold by synthetic means. He made them realise their desire for money which has value in this world. But the people were eager to utilise

his powers for making money and no one was interested in the advancement of his own soul. In several families sick persons were cured and he tried to teach them the ways to get gnana. They wanted to know what is the power that he had with him and what is the benefit that they will get by that power. They wanted the benefits in the form of money. It was at this stage he caught hold of this Venugopala Naicker. Naicker had acquired several powers in his previous birth and also had contact with Eswarabattar. He was not relieved from the desires of his birth and so took his birth. Eswara Battar made this soul of Naicker suffer in many ways at Palani. Any other soul could not have withstood all those tests. After giving him so much troubles he made Naicker realise the path of gnana. It is only after so much of suffering that Eswara Battar made him to overcome the troubles and prompted many desires in him.

Eswara made him go to several places and know about the thoughts and desires of several souls. By using Naicker as a tool, Eswara showed some of his powers and made several persons to go in the path of gnana. At this state Eswara made him his disciple and realised that he could execute his desires through Naicker and left the body of Eswara Battar at Palani. That body is still there in a state of samadhi. My soul which has come out from Eswara Battar's body is showing some states to a section of the people of the world through Venugopalasamy Naicker.

The souls that are in my state go to many places in various bodies doing acts that attract the people in the path of gnana. I have known that the soul of the president of this organisation is fit for putting my desires into action. I have chosen him through Venugopal to spread the doctrines to the people of this world. You may ask while there are so many persons in this world why you have chosen him? His thoughts are similar to mine and the way in which he acts and his principles have made me to use that soul to spread this throughout the world. All the souls are the same to me, but to act in this world I want one human soul. I chose the soul that is able to absorb by the power of its gnana my acts. Hereafter my soul and that soul will act together as one in this world.

We cannot separate any power as world power. The present world sees only the forms as the world. No form is permanent; if a form changes it becomes gas. It is the gas of the past that is the form of today. Everything is in the gas; fire is gas as is also water. Water becomes vapour and mixes with the air. Fire also burns and mixes with air. All forms are gaseous and God is also in the form of gas. All lives that have come out from the air are Gods. We see the milkyway as gas. It is from the milky-way that the Sun is born and also all other planets.

The acidity in the air that is in the milky-way whirl together as water and fire. The acidity solidifies and the air striking on it absorbs it and strikes on another. In this way one mixes with another and its rejection is absorbed by another and gets life. This is how planets are formed and they rotate in the milky-way. Hence all the planets and ourselves also are only vapour.

From the air which contains all the acids in it, we should separate those acids which will help us in developing our power of gnana and absorb only those acids. All the vegetation that grow in nature absorb from the air only those acids that they require and grow. We should realise that we are also vapour and establishing our thoughts we should acquire only that type of acidity which will help us to proceed in the path of gnana. Why we should have love for our body and take several bodies for many crores of years and subject our soul to a lot of troubles? We should know that the Siddhas and Rishies have got gnana from this air only and try to absorb the power by our thoughts and breath thinking of God who is in us without any religion or caste.

Once we enter into the path of gnana our thoughts and deeds will be of gnana and in its continuation we can realise some states. In this way we can make our soul act in combination with the air by our thoughts. The life-atom which has the power of absorption from the very beginning goes on absorbing several states in it and becomes a human soul. As a human soul it absorbs many acids and if it acts in combination with the air it can get gnana, super human powers and become a Sabdha Rishi and merge as one with Adi Sakthi. We should realise that the states of godliness and

extreme happiness are not in the life in this world which is only a dream.

20-2-80

The moth which gets life, lives for a few minutes and dies is also a life-atom. Planets including the Sun are also life-atoms. The period of life of a life-atom depends upon the way in which it starts taking its breath. The question may also arise as to what is the idea of this Sathiyathin Sakthi-Nilai Sangam (Society for the revival of Divine Truth) in asking the people who have been all these days in this Kali Yuga to get out of it?

This earth can survive only with the help of the good souls in it. All the Siddas who are now in a subtle state were born as life-atoms in this world, lived as human beings, got gnana by absorbing good powers in them and made our earth to prosper two thousand years ago. All the temples and places of worship in this world are intended to lead the people in the path of bakthi and attain gnana before the end of this Kaliyuga. The way by which the thoughts are concentrated and the sound "OHM" merged is to be taught to all the people. No person has made any attempt to raise the state of his soul as they did not know about it. People see bakthi through the horoscope. They are wasting the short time of their life for the pleasures that they want to enjoy during the short time of their life in this human body. The privilege of getting this human body is to merge our soul with the good powers. Now there are many political leaders born on this earth who become famous or get defame. Even if they are in a position in which they can have the whole world under their control, their souls while leaving their bodies with the same greediness take further births to fulfil their desires.

Thiruvalluvar did not live as a king. He made his soul itself as poetry and inspired his gnana to the people through his words. Till today his soul remains merged with the soul of his wife in a subtle state and remains in his book Kural which is being praised throughout the world. His thoughts act mixed with the thoughts of the persons who read that book.

From the beginning of this lesson we have been telling that air is God and you make that God mix with the breath that you take. But the people are interested in bringing a mango fruit by magic and the fun of a clown in a circus show. What is the truth lying behind the mango that is made to grow by a magician? There are very few people who want to know the real truth behind it. The world itself is a funny world. World means the people who live in this world. Every soul that takes the air for its breath can know the state at any place where the air exists.

The atmosphere round a planet formed by its inhaling and exhaling depends upon the size of the planet. Stars also have an atmosphere of their own due to their rotation and the state of their breath. Every living being has its own zone of having its activity. The atmosphere of our earth exists for a thickness of about ten miles around it. What people say as a region of vacuum common to all also contains air, but the state of that air is different.

The state of the atmosphere formed by the breath exhausted by a planet is different. In this earth several minerals grow by themselves. For the minerals to grow the primary element required is Rasamani. The power of this Rasamani exists with human beings, lion, dog, jackal, cat and plantain tree to a great extent. Human souls can make artificially any mineral by mixing the juice of some particular plant with Rasamani and meditating upon the acidity of their thoughts. Why the names of the planets are held as a secret is that by greediness people may use the power of the Rasamani in their body to make their thoughts as gold and their acts as diamond. All the treasures are within us; realise this and live in a righteous way so that you can grow the powers that are within yourself.

23-2-80

The ways of meditation and gnana given for training is for the benefit of our soul. These are not to be acquired by keeping ourselves aloof from others. When we think that our thoughts, act, and body are righteous and other people do not know about this state, the pride of "I" gets into us. When we absorb some powers within us, we will have to act in co-ordination with those around us.

We wash our body with water and keep it clean. When we go out dirt falls on our body and again we have to wash that dirt from our body. We cannot remain without going out, saying that if we go out our body will get dirty.

In the same way when our thoughts are upright we can live along with others around us, only when their thoughts are like ours. If we think that we should live away from the people who have evil thoughts, we will be held in the grip of righteous thought and we will be able to live only as ourself being aloof from worldly desires. If we utilise the powers that we get, for ourselves only, any amount of power that we get for our soul will be as a power of the selfish nature. If there is the slightest avarice as I or mine, even if it be in the ways of worshipping God or in the benefits acquired from it, it becomes the arrogance of 'I'.

Several persons have special talents in some ways like medicine, science, music, acting, painting, agriculture and cooking. When they teach their talents to others for the sake of money it amounts to selfishness. You may ask how they can live without money? This book Sathiyathin Sakthi Nilai has been brought out as common for all. We have made that society common for all but to sell the book for a price. What each person acquires from a common property has to be given out for a consideration in view of the necessity of living. But people are using these for making more money in their greediness.

Money can be earned to meet the bare necessities. But people exaggerate their necessities, make themselves a slave of it and earn money by their greediness for money. Those who take up the spiritual path have also made the people to understand that it is only after discarding the family and all desires that they can take to this path. Some others are making money by this way. There are some others who have built monasteries and as religious heads make others to worship them as if God bestows grace to people only through them.

This state exists in all the religions, Several states have come up by the thoughts of the people of this world. In the same way everything is mixed with our soul and we have to purify our soul. We should not get away from something saying that it is bad, but

should purify that which is bad, one by one, as and when we happen to meet them. When we see the processing of sugar cane to get sugar candy we think, is this the stuff that we are going to take as sugar-candy? When that dirty juice of the sugar cane is purified and processed we get the clean sugar candy. In the same way we should not discard the people in this world who might have evil thoughts. If we discard the cane juice saying that it is dirty can we get white pure sugar-candy?

We should purify other bad souls by our good souls and should not discard them as bad ones. The sun shines on all things without any discrimination as good and bad. In the same way we should also get our light from all the states that are in this world.

If any questions are raised about the validity of persons who lived in this world leading a family life in the past, and have merged their soul with the Divine Light are the Gods of today, suitable replies will be given.

The souls of those persons who discard their families, go to the forests in the Himalayas and do penance, will have to be born again in this world after their souls depart from their present bodies. By means of this book I declare that such souls cannot get the state of Siddhas, Munivars and Sabdha Rishies. The acid power of our soul increases in the way in which we take our breath every day and every moment.

We should save ourselves from the various kinds of thoughts that strike us and make our souls to be in such a state as to have only good feelings. Ourselves remaining in this state, we should try to lead others to attain our state. Every person should realise this and not being in a state of 'I' make all the souls to shine with our soul as one.

24-2-80

By stabilising our thoughts and taking our breath, the body can be made fit for any act; it can be made to spread as one with the air. When all the life-atoms in the body are brought of one state and all of them are in a state of meditation, the whole body will be in a life-less state and will not have any feeling if tortured.

In that state the body loses all its feeling and when it is in that state, any surgical operation on the body can be done without giving anaesthesia. Remaining in that state one can float, sit or walk on water; we can also fly as we do in our dreams. That body can bear anything without being affected.

This body belongs to the soul. The body and all the atoms in it act on the orders of the soul. The life of the soul acts as per the thoughts. The thoughts are as per the breath. We should realise these and take our breath in such a way that our thoughts remain steady in one state during our meditation. We should not allow any other thoughts to disturb our thought and do meditation with one steady thought. Any outside, thought should be made to coincide with our thought. The body, the house and the business of a person who establishes his thoughts during meditation will not be affected by anything. If we are in a state of scattering our thoughts, other thoughts will come and attack us.

Without knowing the correct way to do meditation with love and concentration of our thoughts, the people who rule the country as well as those who guide the people in religion are acting with the help of spirits. You might have heard that in the western country one human soul was controlling a thousand human souls which were in their bodies. When this was known to the public that single soul destroyed its body along with the bodies of those thousand souls and is in this world controlling all the thousand souls. Had the soul, which had under its control the thousand souls remained in human body, it could not have kept those souls under its control. In our country there are some states working under the name "the path of truth". With the help of some spirits they attract some officers and rich people and carry on under the cloak of the name path of truth.

Those states are not created only now. These are going on from the days of the kings; who with the help of the spirits invaded into the territory of their neighbours and in the war several persons were killed and their blood was taken as food by those spirits. It is the thoughts of those souls that have become mad and ferocious which do such deeds as a continuation of their state without the slightest fear in them.

No life-atom is destroyed. The state of the present world and its politics are in the grip of those spirits. The only way to lead our soul in the upright way is to do meditation without anger, disgust and malignity.

26-2-80

(In a vision during meditation the devotee sees some liquid being poured into a bottle by placing a funnel in the mouth of the bottle).

In olden days there was no means of recording and people had to learn by concentrating their thoughts on what was being said. When we pour any liquid into a narrow mouthed bottle without using a funnel, we have to concentrate all our thoughts on the act. If our thought is diverted for a moment, the liquid spills out. Today from the beginning of our education we start reading from books in which the letters are written. This is just like using a funnel to pour the liquid. By doing so we do not utilise the absorbing capacity in us. It is only human beings that are capable of absorbing the magnetic and acid powers to a considerable extent.

Vegetation and minerals absorb only one type of acid power required for their growth. All other living beings except man absorb only one power which it started absorbing in the beginning of the development of its thought. Eventhough some of the living beings other than man can absorb other powers like man, they cannot put it into practice due to their state in nature. Human beings only have got the capacity to separate the acid-powers required by them from the air that contains all these powers in it. When a human soul gets the power of meditation, by the single thought it cherishes, it can select the power required for its thought and absorb only that magnetic and acid power.

With our eyes closed by the breath that we take, we can see the things that are in our thoughts as we see with our eyes open. Though the entire atmosphere is being poisoned we can absorb only those kinds of good atoms that are required by us through our breath. After we progress sufficiently in meditation, without taking any acidity that is available in the air, we will be able to

absorb only that acid power which is required for our soul from any of the planets.

The scientists of today send artificial satellites to other planets taking air from this earth for those persons to survive in that planet and take photos of the states that exist there. If a person advances in meditation and is able to absorb the acid power required for his soul from any other planet, he will be able to go to any of the planets with his present body in the artificial satellite without taking any air, or food from here for specified periods. The person who has single thought in his meditation will be able to accomplish this feat. If there be the slightest doubt or fear in him, he will not be able to perform this act. This is possible only for those souls that attain the state of Sabdha Rishi while in this body. The states of those who have attained the subtle state are quite different. Those who get into the subtle state with their bodies will be able to do this. This has been explained to you so that you may know that it is possible for a human soul to do this and not that you should have it as your goal in this life.

It is possible to know about the earthquake, volcanoes, lightning, thunder and formation of snow-hills that are going to take place by our absorbing powers. There lived in this earth several hundred thousand years ago souls that were able to know about the things that are going to happen after several thousands of years. But today without knowing about our powers, we indulge in artificial ways of life. What is the use of living an artificial life being aloof from nature without getting the wealth for which we are eligible?

28-2-80.

In this world there are several states which distract our thoughts. We should combine our thoughts with the sound "OHM" and make them act on our soul. It is not only from the time that we get up from our beds in the morning till the time in the night that we go to bed, that many thoughts come and strike us and put us in several states. If we go to bed with the thoughts that we had during the day, other souls in the atmosphere without bodies, that have similar thoughts, combine with our thoughts

and during our sleep the thoughts of those souls predominate our thoughts and our thoughts follow the thoughts of those souls. This is the cause for having some dreams not connected with the happenings in our life.

The souls that have gone out of the body do not require any food or rest. When human beings are asleep the souls in the spirit or astral world enter the bodies of like minded persons and exite their thoughts. The dream that we have in the night may be a happy or sorrowful one. When we wake up our thoughts work on what we have drempt in the night and we worry ourselves saying that we had such and such dream and people say, what we have seen in our dreams, will happen. The same thoughts work on us, we take the same kind of breath and consequently our actions follow our thoughts. Pleasant dreams will also have the same effect, Some of our deeds follow the dreams that we had in the night. Realise that your actions depend not only on your thoughts during he day time, but also on your thoughts during night.

Just before you go to sleep meditate on your mother, father, your favourite deity be it Eswara, Jesus or Md. Nabi with the word "OHM" and then go to sleep. In that case the sound of "OHM" will remain in your breath during sleep. In that state your thoughts during the day and its developments do not infest your soul which remains in a meditative state. You will not scatter your thoughts and get all sorts of dreams. All the life-atoms in our body will also remain in a calm state. We should train our soul to concentrate on one thought.

When a person dies we say the soul has departed. Where is that soul? When a living being dies, its life-atom first separates from its body. The life-atom which has connection with the acid power of the soul which has no life in it remains within a few inches of the body. To whichever state the body gets, its acid power goes with the life atom to the spirit world. No dead body has its actions as soon as its soul departs from it. (When the body is burnt the acid power that it has acquired goes to the spirit or astral world with the life-atom.) When the body is disposed off in any other way, the acid power that it has acquired takes a long time to join with the soul and act without a body. The acid power that the life atom has acquired is called the athma or soul.

This remains in all the parts of the body and also surrounds the body. Now do you understand what is meant by life-atom (Monad), soul without body in a spirit form and the soul that remains in a body? This is the difference between the souls in the spirit world and those in living beings.

A soul that has left its body can put into action its desires only by combining with another soul which is in a body.

We should be steady in our thoughts and should not allow the thoughts of other souls that are without a body to influence our thoughts.

Desire is necessary for everything. To love there should be desire. To be in any state there should be desire to be so; it should not turn into greediness.

Even when food is very good we take only the quantity required for our body. If we eat more quantity does the body absorb it? When the body absorbs only that much quantity which is required for it, we should have only that much of desire with which we will be able to execute the work.

1-3-80

The state of the earth, the atmosphere around it, the rays that come from the Sun are varying every moment. After the recent eclipse of the sun there is a change in the light waves received by our earth from the Sun. This makes a change in the acidity absorbed by the earth and as a result of it, there will be a change in the state of the earth and all the living beings in it. The acid and the magnetic power that is absorbed by our breath enters through our ears and spreads throughout the body. This will also have a change in the near future.

When we purify our thoughts and concentrate on one thought, make that thought to spread out, this will go and mix with the thoughts of the Sabdha Rishis, get attracted by them and thereafter they will look after our welfare. When we are attracted by those souls, we will be in their circle and no poisonous effects from the air or varied thoughts of the people around us will affect us

in any way and we will be guided by those souls. Those who have understood these lessons and concentrate their thoughts will be able to understand about the further states. All these great souls are trying to take in their circle other souls so that these souls may get the benefit that they have got. How you realised that it is left to you to get into their circle and being attracted by them?

Do not think that our life is only what we live now. This is an opportunity given to us to acquire treasure for our souls. This short period of our life is not to be spent in discussions or arguments whether God exists or not, or in investigations about it. We should follow the path of our ancestors, absorb more power and thereby increase our powers. What a soul has got now is that which was acquired by it when it was born as a life-atom. Each soul has got the continuation of that power. All have got power, but the power of two souls will not be alike. To exhibit those powers we will have to control the evil powers in us and make every one of the atoms in us to obey us in our state, by our thoughts and breath. If we are mature in our own state we will not be affected by the states of other people. When we remain steady in our state making no difference between fame and defame, merge into the mantra "OHM" and enter into that sphere, God will look to our welfare. We should not change our thoughts and whatever comes to us, we should take in the same way and leave everything to God. We should get into a state in which we think that we have dedicated ourselves to God and He will look after our welfare.

3-3-80

When our state is uniform, the rays of grace from the Rishis, who are in the same state as the Gods whom we worship in our thoughts and breath, come and mix with our breath thereby increasing our power. We have heard that in the olden days and in puranas that God Himself had come and shown some states in poems given out by Him. Since several thousands of years, from the time human beings had grown up their thoughts, thoughts of several Rishis are working on this earth. This was being done as per the states of the people who lived in those days. But now-a-days due to the thoughts of the people, their book knowledge and

artificial ways of living, people are not able to concentrate their thoughts in bakthi and get into a state wherein they can combine their thoughts with those of the Sabdha Rishis.

As conditions exist now people are not in a position to realise this. The Sabdha Rishis know about this and instruct us in the ways we proceed. Even in the case of the people who do meditation, they give only the grace of their light waves knowing that no one is interested in poems and epics now-a-days. At present what we need is to concentrate our thoughts and lead a successful life in this world and realise our state from all the states that exist now. To get that state and know about the real state of nature we have to devote all our thoughts on God. As we concentrate our thoughts on Him our power merges with God, takes His power as manure for us and comes to a state wherein our life-atom and body will become one with Him. When we are in such a state, no other state in this world can come near us. Since the change in this world is going to take place shortly, we should make ourselves ready for it.

You may ask, you are teaching the ways for human souls but how other living beings can save themselves? It is only human beings that scatter their thoughts. Some animals and birds live in the higher state. During this change the state of some of the birds are going to be scattered. You may think when the change takes place on this earth, cannot the birds that fly in the air be saved from this effect? When the very atmosphere has changed the thoughts of some of the birds have already started changing. By the time the world is going to have the change the population of the birds will decrease considerably. The number of birds that existed in this world several hundred thousands of years ago has been decreasing steadily till this day. Several of the other species of living beings have also decreased to some extent on account of the destruction of vegetation which has made the atmosphere more poisonous. In the olden days people had to drive away the birds to prevent them from consuming the grains in the ears of the crops in their fields. Now we have to save vegetation from the pests and insects. As times change the growth of species are also changing. The state of our present earth, the last one at the end of Kaliyuga, is the final one since the beginning of Kalkiyuga. The

lessons that are being given now are intended to take you to the beginning state from the present ending state.

4-3 80

All the planets and states work in combination with others and striking against one another. In my previous lesson I have told you a little about the sound "OHM". What is the real state of the sound "OHM" and how does it come? How does an electric fan rotate? When the electric power is sent into the fan it absorbs the power and rotates. The speed of the fan and the quantity of the air thrown out by the fan varies according to the position of the regulator which controls the current flowing through the fan.

When the earth rotates, it absorbs the magnetic power that comes from the Sun and from the magnetic power that the earth emits we get air. Light and water are mixed in the air. When the earth absorbs the light and water and emits them as air the sound "OHM" is heard. Every person can feel this sound since whatever power our earth absorbs and rejects, we have that power. With magnetic waves electricity is taken from water. We do not know about the magnetic and electric waves that are in our body. If we are in a state in which we can know about the magnetic and electric powers in us, we ourselves can shine as light.

The air exhausted by the earth strikes on our bodies as well as on a small ant and flowers. Where Ever they strike, there is sound. When water mixes with the sound waves it becomes light waves. If there is no air there will be no smell. Sound mixed with light gives rise to smell. Water is the life energy for the life that is in the air. The air spread round our earth differs in many ways from the air in the milky-way and other planets. The air round our earth is alive and has power in it.

The states in other planets are different. The water contents in the air around the sun is more than what it is in the air round our earth. The air space round a planet depends upon the way in which the planet inhales and exhales. Though the sun is revolving on its axis, at the same time it moves in space, absorbing power, growing itself, and protecting other planets, it has not that much life energy as our earth has got. Our earth is not only

a planet which has on it intelligent souls but its soul itself in an intelligent one. In a short time our earth is going to change the state of all the souls on it, and make a change in its own state.

We have for the sake of science made the surface of the earth into cities tarred roads and several states for the sake of beauty and obstructed the breathing of our earth, destroyed forests, vegetation and wasted all the treasures of the earth for the sake of our pleasure. The soul of our earth has got life and it will protect itself. In the same way as the human soul takes a body which gets decayed after some years and it takes another body and lives, for the soul of our earth the present body has become ill. The soul of the earth is in such a state that it has become necessary for it to have a change in its body. We should realise this and make our soul to get into a suitable state so that it absorbs energy from Sakthi within the short time before us. The soul of our earth has got life and we should know the ways in which the power of the earth will protect our power.

6-3-80

Every soul has got the characters of its acid powers and life. If the actions of the soul are directed in the way in which its acid power is more, the soul can shine. Each soul has got twelve kinds of acid power. When the life-atom gets its life, it starts taking one of these twelve acid powers and after it develops into a human being, it develops further the same acid power. Even though every soul has got all the twelve acid powers in it, the soul develops one of its acid powers and does not think or make use of the other acid powers in it. Before the soul gets into the embryo of a human body it gets all these twelve acid powers. By nature each thing is given one state. The artificial manure made by us for one plant is not absorbed by another plant. In the same way from the life-atom state each species absorbs only one type of acidity for its growth.

A human soul forms only after it grows all the twelve acidity in it. This is enough to carry the soul through all the seven lives, if the acidity is utilised in the proper way. The good souls that utilise these acidities in the proper way make them as a manure

for the growth of their soul and go to a subtler state in the seven chances given to them. There are some other souls that do not reach the goal in the seven chances given to them in the human body and will be involved in the change that is going to take place in this earth and enter into the next cycle where they pass several thousands of years. Human souls with bodies are dragged into the form of human beings quickly. Some of the souls before they pass through the seven births get into the bodies of animals without realising the value of the human birth on account of their greediness, lust and madness. They have to wait for a very long time in the next cycle to absorb the twelve acids and then take a human birth. Have you realised in which way the human souls after getting the twelve acids that are necessary for taking birth in a human body scatter their thoughts? Even though there are several crores of planets, all of them do not have human beings like us in them. It is a privilege to be born as a human being.

Though there are several crores of living beings, only man has got the intelligence and working capacity. What have we learnt? The state that is today is not tomorrow. What took place yesterday is a dream today. We forget what takes place today and it is going to be a dream tomorrow; we become slaves of our desires wasting our precious time and getting involved in lot of worries now-a-days.

Some trees absorb the acidity they require and grow themselves as very strong ones. In the same way we should also have contact with the souls of gnanies that have become like diamond and proceed in their way. Once we enter their circle we can realise several powers within us. We should make the powers in us, real ones and live in a proper way with restraint which will give the greatest pleasure in the world. There are people who have risen up to this high state and then scattered their thoughts by the arrogance of self. When a person gets arrogant the divine powers will not stay with him. Among us there are many persons who have lost their divine powers that they have acquired after many years of training on account of their conceit. Once the souls scatter their thoughts and lose their powers, they cannot proceed in their path but go to lower states.

17-3-80

In their early stages the souls started to live in human bodies only after they had acquired all the twelve kinds of acidity in them. In continuation of that state the acidity in them have developed into various powers in them. In what state have they come up? Scientific knowledge has increased now-a-days; in what state did it increase? We say that there are twelve kinds of acidity in a person which forms his character. Out of these twelve six are good and the other six are bad. All these twelve have increased on the side of their intelligence in this Kaliyuga. The twelve characters that are desirable in man are said to be the acidities. You may ask if all the souls are in this state?

All the life atoms that come to take birth as human souls have the power to absorb one type of acidity to form their character. After that with its power, it develops one kind of acidity, gets that character and develops the same character and intelligence in all its subsequent births. God has not given more intelligence to one person and less to another. The soul gives importance to one of the acids and develops that character in it. The character chosen by a soul may be love, nobility, affection, desire, anger, lust etc. and the man is said to be of that character. A person is said to possess that type of character that is eminent in him. Out of the twelve acidity that are born with us, we might have developed any one of them till today and that may be good or bad. During this life we should develop one of the six characters that are good, by using the power of our soul.

23-3-80

Which is the part in a human body that enables the soul to absorb Power? The part that absorbs the power is situated in between the two eyebrows at which place Hindus wear thilak or the caste mark. Eswara is supposed to have his third or spiritual eye there. Life that actuates the body lies at that place. It is there that the thoughts of persons act on the thought nerve. It is by the help of the nerves that are there that the thoughts and the health of a person act. These nerves of attention absorb through our breath and give to our life power and sends it to the small

brain at the back portion of our head from where it spreads to all parts of the body for action. If this nerve of attention is cut or affected in any way, the parts in our body or the soul cannot function.

People have so far been under the impression that the state of a person lies in the heart. When the heart of a person is replanted by another heart do the thoughts change? The heart is worked by the attention nerve through the little brain at the back of the head. A person can survive with any of the parts of his body replanted with another except the thought nerve which is between the eyebrows. If this nerve is damaged, the person will lose consciousness or will become mad.

Even if a person's brain is replaced, his thoughts will not change. But if the nerve of attention which grows the body and the soul with the help of the little brain is damaged, no soul can survive. If due to high blood pressure this nerve of attention which leads to the little brain gets burst, we say the person dies due to heart failure. If any nerve in the heart is affected the surgeons of today can rectify it. The little brain and nerve of attention are connected with the blood pressure of the heart. As already told the present medical science can make any part of the body except the nerve of attention which is a creation of Adi Sakthi. Siddas who enter into the dead bodies of persons will do so only in those bodies in which the nerve of attention and the little brain are intact.

We read in puranas that Eswara has a spiritual eye and he governs the whole universe with this eye. Every soul has got a spiritual eye, and it is with its help of this eye, that our eye balls are able to see the light. In the puranas our elders have represented this nerve of attention as the spiritual eye of Siva so that the people of those days can understand it. In the stories given in the puranas, Siddas have stated that God lived in a subtle state so that people will not be able to understand the real fact but the principles given in the stories might be taken up by the people. In the epic Ramayana and Maha Bharata, if some of the real states had not been hidden and real facts twisted according to their thoughts we need not be in the present state missing many of the real gems of the states that are contained in the original versions of these

epics. All those treasures given in those days have become things of funfare and used for making money. Each soul, with the help of the nerve of attention when it is in a good working state, gets gnana and reaches the Divine Light.

24-3-80

When a life atom is born in the womb of its mother, the first part that is formed in the formation of the human body is this nerve of attention which absorbs the acidity and then forms the other parts of the body. This nerve of attention gets the power to absorb the twelve acidities from the beginning itself. Normal souls in continuation of this, whatever acidity it starts absorbing, the same acidity it continues to absorb during the rest of its life. Even after the life on this earth is over and the soul goes to the spirit world and then takes another birth it continues to absorb the same type of acidity. But if a person who lives with all the twelve acidities in him realises his state, stabilises himself, starts going in the path of gnana taught by us now, he will get into a state in which he will start absorbing the acidity of gnana, then he will be able to distinguish between the good and bad powers that are working in this world. When he meets a person he will be able to know about his character and with what thoughts he is approaching, by his breath as it comes and strikes him.

But this path of gnana when followed with the idea that he can become one with God and be in a very happy state, will be one which has the poison of vanity and self-conceit in it. To live aloof from others with the selfishness that he alone should rise up to the high state is not a desirable one. What is the use of loving only our souls and having hatred and anger towards others, earning money for ourself only and living with the conceit of "I". We should teach others the truth about gnana and live with love for other living beings and with the wealth that we have earned we should try to make other souls also to live.

By telling you to give the money that you have got to others, I do not mean that you should make them lazy by doing so. Every living being should act in its own way and live. Help them to go in their way. Disabled persons may be given necessary help in the

form of money. There are only a few souls among human beings who earn their food themselves as animals and birds do. It is the human souls that have the twelve acidities in them that live without realising themselves. Today beasts are better than human beings. After we realise our self and enter into the circle of gnanies, by learning the ways to absorb the acidity of gnana, several gnanies who are in a state of Divine Light will help us. You may ask why do they not lead us in our early days? It is only after our soul has entered the path of gnana by its own power, that those gnanies will help. If they help people with bad thoughts in them and have not yet entered the path of gnana, their power will be wasted and decrease.

Several Siddas have been trying from a long time to spread their light to the deserving people on this earth as we are now trying. Divine power will mix with other divine powers but will not act by itself on other states and go to waste.

25-3-80

In this world we see in some places children in their young ages do acts and talk like gnanies or Siddas. In what state is this done?

Some persons in their past life might have had contact with some great souls and left their bodies with the thoughts on those souls. It has already been told to you that in a human body there are many life atoms and spirits without bodies. When a great soul was in a human body in its previous birth, there were some other souls and life-atoms in that body which have got some powers on account of their connection with that great soul. Such a soul that remained in the body of that great soul in its previous birth, as soon as it takes another birth in a human body starts absorbing the type of acidity that it had in its previous life. By this way it has contact with the great soul that is in a subtle state and gets the waves of Divine Light in its young ages itself from that great soul and shows extraordinary intelligence and power. It is in this way that the saint Thirugnanasambandar by name started singing songs in his childhood. Such miracles have been taking place in some places since a long time. Such people by absorbing power will be able to do several things. If they use these powers for earning

money or waste them in any other way, the power will slowly diminish.

The poet Thiagarajar of Thiruvaiyaru had come up in this way. Till the day his soul departed from his body he was merged with the music without wasting the time in any other way and he got enlightenment.

A question may arise if this happens only with godliness or in other ways also. Today in several parts of the earth we see some persons remembering about their previous life and giving the names of their father, mother and other relations in that life. How does this happen?

There are some people who are said to be haunted by some spirit or some devil has entered into them. No devil comes and enters into any human body. The spirits in the spirit world, to execute their wishes enter into the bodies of like minded persons and act. A soul without a body that has entered into a body will leave the body only when the soul which belongs to that body leaves that body. In some cases the soul without a body that enters into another body is more powerful than the original soul of that body and by overpowering that soul, exerts its influence. In such cases we say, a devil has entered into his body. The bodies into which such powerful souls have entered do not survive for a long time but have an early death. At that time the original soul and the other soul separate. The second soul that had entered into the body forgets all about its previous birth as it has entered another body. It feels that the relations of the body into which it has entered are its relations. No soul takes a rebirth as soon as it leaves one body. It does not take birth as long as its blood relations are alive. When a soul which has entered another body and comes out of that body when that body dies, takes rebirth in another womb it remembers about the life of the body in which it had entered in its previous life. This is how some persons remember their relations in their previous birth. It is only some of the souls that had entered into another body and then taken a rebirth, that are able to tell about their previous births. All the souls that enter into other bodies cannot take a rebirth. Only those souls that entered into other bodies with good thoughts

and acted, will be able to take another birth. The souls that know about its previous birth cannot live for a long time.

I will tell you tomorrow further about this.

26-3-80

In this earth there are several states which go on in continuation from one to another from a very long time. One is not like another and right from the planets one survives by destroying another. But human beings see others and feel that God has given them much and we should also live like them. When one is not like another, and without one the other cannot survive, holds good for planets also, why should we await for the reaction of another? Right from the olden days gnanies have told us about the real states as seen by every one of them. The power of gnana is common to all of us. Without realising that every one of us has got the capacity to realise gnana, people work like a bull that is going round and round driving a country oil mill.

In our country (India) in many parts, persons are analysing what gnanies have told us, combining their findings with gnana and putting them into action. But the people of this country are bewildered by the artificial ways of life lead by the people of the western countries and go there with the idea that they can get more worldly experience. In a country which is a mine producing gnanies, on the basis of caste, people have made temples a place where bakthi is based on the financial position of a person and made the lay man get bewildered.

People have made Ramayana and Geetha the property of some caste and altered the policies in them. But in the story of King Vikramaditha, the truths that are given by Vathala Munivar have been set aside as fun and acts of a devil. If the truths lying in the story of King Vikramaditha were probed into in those days itself, people would have learnt about the truths in this world which have been revealed by the so called ghost. All the states given in that story are real ones. In every person there are thoughts of devils but man is afraid of the devil which has no form and is in a state that is not believed by him. This is the present state of the world. All are vapour. The people of today believe in the type of bakthi in

which people have written some manthras which they go on repeating offering many things for the deities. Discard those who do not believe when the real states in the world are explained to them and say that these are spirits and devils. When the people of this world are going in the same rut it is difficult for them to take to any other path. Our earth absorbs that type of acidity which any of its parts has been taking in the past. What applies for the earth holds good also for the persons that live on it. The thoughts of the man, his food habits and the growth of his form depends upon the magnetic power of the earth at that place. The activeness of a man here differs from that of a man in another country. The vegetables and fruits in these places also differ. What grows here does not grow there and what grows there does not grow here. If this seed is sown there and even if the tree grows and produces fruits, the tastes differ.

The people there are very active. They have made several artificial limbs. It is not only on account of their ability but also due to the acidity of the soil there and its character that helps them to develop their qualities. In our land though the Siddhas in those days had contact with the light of gnana, we now-a-days have lost that power and feel that it is a difficult state for us to attain. Some people feel why should we require such superhuman powers and gnana, let us enjoy the pleasures of this world and indulge themselves in the arrogance of bakthi and funfare of politics.

30-3-80

The science that we see today have come from the epics and poems that Siddhas have written in those days. The sound "OHM" is the basis and tap-root of this earth which attracts all the acidity of which the earth is formed. The different acidities mix with one another and various states are formed. All actions on this earth take place due to the acid power of the waves of attraction. Nothing in this world is rejected as useless and lifeless. Every thing has its capacity as per its power of attraction.

As they grow they develop different states also. We have got our bodies which have grown by the powers of nature. Siddhas thought that people should realise the real state of this world, have written several epics and poems describing the states as they

existed at that time and they still live in this Universe. But in this Kali yuga we take them as stories. Each of what they have written has principle or moral hidden in it and we should understand them. For the sake of the pleasure of this unstable body we scatter the wealth of gnana that our soul has got. In those days Siddhas saw God as per their thoughts and made figures of the deities with the help of their gnana. They thought that God who is everywhere can be seen in any form and made images of Siva, Vishnu and Brahma.

With love, righteousness and meditation we can see God whom Siddhas saw in the forms of Siva, Vishnu and Brahma in the light which produces all things. Among the Siddhas of those days each has explained in several states. Their songs hold good for the present state also. But people do not make use of these treasures. There is no one today to appreciate the treasure given by the Siddha Karurar by name. Every person should appreciate his taking birth as a human being. By growing bakthi and gnana in us we can get salvation for our soul. People have spoiled the word gratification by dividing it into two grades, namely higher and lower. Day and night are coming alternatively and nothing waits for anyone. We are born as treasures of human souls and I am telling you again and again the ways to get gnana and you have to put into actual practice.

2-4-80

If we use the acid power in us in the path of gnana, so that we can get super-human powers, when the power in that path increases, the other acid powers in us also will follow in the same path. The quality of one will not change, but will remain under the control of a stronger power. Bad qualities also, if they are stronger will have the good ones under their control. If we allow all the twelve qualities in us to act by themselves, the one which has more power will attract similar souls, either human or animal, that are roaming about in the atmosphere without bodies. If any of the souls that enter the body in this way is more powerful than soul in the body, the new soul predominates over the original soul of the body. The combined acid power of bakthi, gnana and

super natural will also act in the same way. The same is the case with anger, envy, disgust etc.

The souls that are under the control of the bad acid powers will be dragged by those powers, indulge further in acts of deceit, murder etc. so long as it lives in this world. The soul will leave the body only with such desires and in the spirit world will be in search of a body having the same kind of qualities enter into the body, promote such actions and make that man devil. Such a soul when in a human body devours plenty of flesh and when the body dies, wanders in the spirit world as devil that takes blood for its food and operate on this earth.

In this world in several places we find accidents taking place frequently. What is the cause for these things taking place? It is these devilish souls that are spread in the spirit world that are the cause for the death of so many people involved in accidents, spilling blood which these spirits take for their food.

It is the same man that becomes a God and also a devil, acting as a Deva or Yama, the God of death. The one who has good thoughts in him, absorbs good acidity, becomes a God and the one who has bad thoughts and absorbs bad acidity, becomes a devil. The supreme Adi Sakthi sees and laughs at the produce grown in different states, out of the seeds sown by her. She sows the same kind of seed and seeing the produce got out of them she goes on sowing further and further. She takes the good produce and sows again the bad ones at a certain time. In this Kali Yuga she picks up the good products which she likes. The rest she will sow in the lands to grow. She goes on selecting good ones rejecting the others to grow again. We should realise this and go in the good path of love and bakthi and not be caught in the net of the devils.

Tomorrow I will tell you about the way in which the atoms in a person take their breath as per the character of a person.

3-4-80

Each life-atom which starts its journey of its life circle, has on account of the acidity of its breath, after coming to life, one special acidity which decides its character.

We feel that vegetation is useful in many ways. We make use of several parts of the bodies of animals. But does any part of a human body serve any purpose? The human body is a bundle of flesh and bones which is of no use. This is what we think. Our elders have given importance to the soul and not the body. According to this society's principles it is only the human body with its soul, that is capable of getting gnana and attaining a subtle state. No other body has got the above privilege. This soul does not have that privilege for itself when it gets out of the human body. The life-atom cannot get gnana being in any other body of living being except that of man or from any vegetation.

If we want to get fulfilment of our life, we have to get gnana and superhuman powers and go to the subtle states, when only the life-atom will not have another birth. The soul that has gone out of the body cannot attain any power. It is by the power of gnana that we can save ourself from the attacks of the several atoms that have entered into our body. No Sabdha Rishi or sage will help a soul which has not entered into the path of gnana.

To get into the attraction of gnana we should have the power to convert all the twelve kinds of acidity in us to our state in a moment. Then only we will be able to see the light of gnana in us. You may think as to why you should trouble yourself to get into this state? This is the only way to get redemption for our life-atom. By bakthi and bhajans of today and praying to God for washing off our sins we cannot see the divine Light of gnana.

Unless we have control over our life-atom, do not become a slave of anything, but remain in a balanced state, it is difficult to enter the path of gnana. You are talking of gnana, Sabdha Rishis, super human powers; why should we aspire for these states? Why not we live with human bodies only. You may think so. Gnana can be obtained only when the soul is in a human body. In our further births we should not get into the bodies of animals. The entire atmosphere now has become poisonous. Even if our soul gets out of our body now, after the Kali yuga ends and Kalki yuga begins, till we get another human body, we should not be caught in the grip of any of the numerous souls that are wandering in the spirit world without bodies.

In the spirit world there are the souls of human beings and animals living for hundreds of years in their various states. There are also the souls that lived in this K. li yuga, which are waiting to be born in Kalki Yuga in human bodies. 'Myself, Eswara Batta, is giving out this truth to you all on behalf of our society Sathiyathin Sakthinilai Sangam''. Oh human souls! make your thoughts yours, be in a balanced state, uphold truth, love and righteousness and make yourself fit to get enlightenment and enter the subtle state. Change this Kali Yuga and enter into Kalki.

12-4-80

(The devotee sees a vision in which a bag containing horsegram is tied to the mouth of a horse and the horse running with its reins and covering pad for its eyes).

Gurudev asks what do you learn from this? If the horse is without reins, it cannot be controlled and with reins we can make the horse turn in any direction as we like. The covering pads for the eyes are provided so that it can look straight and its attention will not be diverted anywhere else. In the same way a human soul should have the reins of bhakti and with the protection of puja, follow the way of worship as given by our Siddhas.

There are several crores of Siddhas and Sabdha Rishis who did not start their life as life-atoms in this planet. They came from other planets. Their powers in the form of sound waves are vibrating in this world since thousands of years and continue to do today also. It is by the gnana of those great souls that the people in this country are getting intelligence and proceeding in the path of gnana. They have spread their light waves on this earth in several ways. This they have done not recently but ten thousand years ago and made their light spread on the souls over this earth, planting their preachings and done their obligations.

Adi Sankara had come in this way. Kolama Maha Rishi sent his divine light and life into his body, made him travel to many places on this earth on foot and established the waves of his breath and light in those places. He merged his body at one place and remaining in that state he is being worshipped as Sakthi and he gives his grace to those who worship him. The places visited by

such gnanies are still having the waves of their good breath and powers of gnana. After Adi Sankara no soul equal to his has appeared on this earth.

Today we see only the external appearance and do not probe into the inside. Man has grown all his desires. In the same way we decorate our houses and our bodies. We have to decorate our inner self with love and get gnana. Appreciate the beauty of the soul as you do the body and get absorbed in gnana.

We should know about the will power that lies in us. Gnana acts in different ways in different persons.

Understanding the lessons given in this book, every soul should become righteous. Once a person realises his state, he can get the Divine Light from any of the Siddhas that he meditates upon.

Live as Light, the hihgt of gnana, the Divine Light.

Let all of you get the grace of Sakthi who is all in all.

13-4-80

The Principles of Sathiyathin Sakthi Nilai Explained

Praying mother, father and guru, worshiping all the Siddhas and Sabdha Rishies, who work as good feelings in this world and have made this state, getting their blessings, pray for making my light mix with theirs by their own efforts.

(1) A vision is seen in which a fisherman is angling, catching one fish after another and putting them in his bag and going.

Explanation: The fisherman wants fishes. He catches only those fishes that come and swallow the bait that he uses in his angle hook. In the same way the Sabdha Rishies spread out the gnana of the world that they have got in the form of light among the souls in this world and take those souls that absorb the light of gnana in them. They do not attract any particular person. The light of gnana is spread to all the souls. The souls that merge with the divine light, their power is made to whirl in that circle of gnana, and from the light of those souls, several other souls are made to work within their circle.

Our gnana Guru Sri Venugopalaswamygal has that state. When his light falls on us we also get a share of the light of gnana. Several Siddhas mix and play with us in the same way. It is in this way that we got our old lady "Avvai" (She is seen in a vision).

In course of time when changes take place in the shape of the souls in this world to make the people realise the state of Sabdha Rishies it will be possible only for the souls that are in human bodies. Our Sri Venugopal Swamy is one who has been angled out in this way and is now making all realise the state of the powers of the Divine Truth.

(2) In this world which is vapour, with the power of sound, light and water several treasures like gold, forms and states are created. In the same way, the thoughts of the human souls mix and by the breath that they take many states are happening.

All beings are from sound, light and water in the form of vapour. When water is mixed with milk or oil it does not show its state separately. In the same way as water is mixed in all things God's power is mixed in all. Even when our thoughts are mixed with all things we should get our gnana being all in all. Even after getting gnana when one gets the state of the self, the gnana will not act. Gnana is not for us only. Realising that our gnana is meant for making others get gnana the power of gnana should be like water. Without water there will not be any life. (Gnanies should guide the gnana that they have got like water).

(3) There is a vision in which a piece of iron is heated redhot and being hammered. When we are trying to form any object in iron it is only when the iron is in a red hot state that we will be able to form the object as required by us. In the same way to be bestowed with the gnana of sakthi we should have our thoughts of gnana in several suitable states to get gnana of the Almighty that we have in our mind.

(4) There is a vision in which a thin thread is passed through the eye of a small needle and a bigger thread through the eye of a bigger needle.

The gnana of a person depends upon the growth of the thoughts of the person from the guru. The thread that we can

pass through the eye depends upon the size of the hole in the eye of the needle and a bigger thread cannot be passed through a small hole. It is only after going through the path of bakthi and gnana and getting the state of the Sabdha Rishis who have obtained the state of the Divine Truth and salvation (Mukthi) through bakthi and good thoughts that we can learn the ways to get good gnana.

The state of Sabdha Rishis does not come to us as soon as we think of it, but comes only as and when we absorb it ourselves.

14-4-80

(5) For a child, it is the mother who teaches the initial lessons and knowledge. She teaches the words mother, father, God and how to speak and then sends the child to the school. The child is taught by a teacher who is qualified to teach such children. After being taught by such a teacher, the child develops its knowledge and the child is able to teach others. Just like this, bakthi and ways of worship are like the initial teachings of a mother. By proceeding in the path of bakthi gnana is to be got. Proceeding in the ways of gnana one should become a Siddha, a Sage, a Great Sage, a Sabdha Rishi, get mukthi from bakthi and by his own power make several of his powers shine in him.

(6) There is a vision in which a person is taking food. While munching the food he bites a stone and shivers.

Explanation: Even when we live with good feelings, good meditation in a good state and we get into the path of gnana (just as we are taking good food) we are sure to be put into some tests like the stones that we get in the good food that we take. In that state we do not stop taking our food. We should not become a slave of the opposition that we meet but proceed in our path of gnana.

(7) To build a house the foundation must be strong. In the same way to build the walls the various materials should be mixed in the right proportion and used, when only the walls will be strong.

In the same way it is only when the states of the various acids in our body are in their proper nature that the body will remain

healthy. When the body is healthy it becomes the stem of the thoughts and will be able to get spiritual power.

When we are tired, in trouble, angry, greedy, very happy or full of lust, the breath that we take becomes heavy and the acidity that joins with our body becomes less or more. The acidity of fragrance that forms at that time affects the condition of the body and the person gets disgusted in his thoughts and the entire cage, the body is subjected to many diseases.

When a wall is built if any of the materials used vary from its right proportion, then the wall will not be strong. When sand is more it starts crumbling; when cement is more it cracks; when water is more it is not suitable for use,. For a human body when the acid power gets more or less than the correct quantity, how can its state be maintained?

16-4-80

There is a vision in which is seen a bank of a river in which there is a boat and a paddle. We get into the boat to cross the river and go to the other bank. The boatman does not allow the boat to go along the stream, but by paddling he moves the boat across the stream and we reach the other bank and get down from the boat.

Explanation: Just like the above we, who are born by the attachment to this world, to cross the river of this life and get to the other bank have to paddle against the stream of life and go to the spirit or astral world from the life in this physical world. If the boat in which we have to travel and the ability of the boatman are good, our travel becomes easy. If the cage – our body — is healthy and the soul in a state in which it has good thoughts like a good boat the life will be like the ability of the boatman and the mutual relationship between the two life mates.

When the boat is good and the boatman is an able person, then the journey becomes easy. We will come across several obstacles in our path and we have to overcome them like paddling against the flow of the stream and then reach the other bank. We cannot go in the path in which the boat moves by itself. The

water will drag the boat in its course. Whatever comes to us let them come as they are given to us by God and He will look to us. This way of thinking is like allowing the boat to go in the way in which the stream takes it. Whatever difficult state may happen, we should not proceed in that way but use our strength and get over them like paddling up stream and it is only then that our life will be good. The birth that we have taken now is due to our defects that we had not overcome in our previous birth. By other bank it is meant the path of gnana and enlightenment which we should know and follow.

(9) The state of life should be a calm one. That is a full life. Life is not chanting Japas on God being in one state and reach him. We should be in one state and go and merge with God.

Where is the God of whom you are talking? The state of Adi Sakthi is the one joining the other. When wind and water strike against each other light is created. When sound and light strike against each other life is created. The life starts breathing only after it is acted upon by sound, light and water. As soon as it starts breathing the acidic characters strike on the live atom, it starts absorbing and begins to rotate.

Like this it takes the path for its breath depending upon its absorbing power, the state of the acidity in its character that it has gathered and by striking on the earth it takes the path of its growth. Any life-atom does not get life unless it strikes against others and gets the state of its character. When two states strike against each other, they become three, four, many and start rotating as planets and all the lives in the planet.

Where is God who is separate? What is the state that is obtained by remaining calm in one state and doing meditation? The principle of the shining truth which has no end, remains in this rotation.

The growth of life in this rotation and striking against one another which forms in shapes and planets are the living beings. There is no separate God. That which shines in everything and as everything is God.

(10) To those who are progressing in the way of gnana

A vision is seen in which rice soaked in water is put in a grinding stone and ground. When it is being ground in a constant state a piece of stone gets in between the grinding stone and the pestle. Then comes a cracking sound after which it goes on in the same old state.

Explanation: Even after we get gnana and proceed in that path, there will be some interference striking against us without our knowledge. Due to such interference we should not worry our gnana. In the rotation, the difficulty met with should not stand aloof but mixing with us we proceed in our path of gnana.

(11) There is a vision in which a big banyan tree is seen. Near the tree an oven is lighted and food is being cooked. At the same time there is another small plant which stands in the sun almost dying in the heat of the sun.

Explanation: Even if our state in gnana is like the small plant which cannot stand the heat of the sun, if we grow our gnana like the roots that come from the branches of the banyan tree then it will be able to stand the artificial heat produced by the oven besides the heat of the sun that is around the tree. This is applicable to all the trees that are grown up and not only for the banyan tree. In the same way gnanics who are in an advanced state will not be affected by any kind of agitation or any state either bad or good will not have any effect on their gnana which will go on increasing.

(12) One lingam grows up from the ground. It becomes a Sabdha Rishi and stands on a high pedestel with a bright lingam in his hand. There are several people below stretching their hands to get the lingam. But the Sabdha Rishi waves his hand with the lingam up and down sending its light, but does not give that lingam to any person. The light waves from the lingam are absorbed by some souls, mixed with the light of their souls and they go and merge with the soul of that lingam. The bright lingam in his hand grows big in its size and sends out much more bright rays. Those who think that they will get the lingam stand with their

hands stretched. That Sabdha Rishi goes on laughing and the bright lingam goes on growing in his hand.

Explanation: What is said as God's grace is not given to us by God. God sends his light on all in a uniform way. We should get the grace of the light of God and merge our light with that of God but not wait thinking let God come and give his grace to us. For whatever time we are going to wait God himself is not going to come to us and give his light. We should make the light given by Him as Himself and merge with him is the way to get the light of gnana which is the grace of God. If we mix that light with ours we will be able to spread our light to others, .

Understand this state and without waiting for God's grace utilise your powers in the way in which you can merge yourself with God.

21-4 80

The state of getting Divine light by one person will not be the same as another. Each body will proceed in the way in which it sows its seed for the spiritual progress of its acidic characters.

If two persons in different places sow the same kind of paddy as seeds, the growth of their plants and their yield will depend upon the soil of the place, the water, the climate and the growth of the thoughts of the persons. When the paddy grown in one field is sown in different places the output and tastes differ. In the same way the light of gnana will shine according to the ways in which it is absorbed and worked out.

Taking one person's state as a standard, other's state should not be reckoned? as low or high. All the people who have proceeded in the path of gnana, after they get mukthi (Salvation) and attain the state of Sabdha Rishis act only in the circle in which they have grown with their acidity and character. The way in which one person worships with bakthi will not be the same as another person does. The way in which one person proceeds in gnana, will not be the same as another does. Even after getting the state of Sabdha Rishi one will not be like another; one planet that rotates, will not be like another. We should realise that one lives

with the powers of another and all the powers come from Ad Sakthi. We should not find fault or get disgusted with any soul. Grow your gnana in the way in which you have grown your acid power which is most active in you. As our elders have said we will reap only what we have sown.

(13) There is a vision in which some fruits are consumed in the condition in which they are plucked from the trees. Some other fruits the outer covering is removed and then consumed. There is the jack fruit in which the thorny top part is to be removed first, the fleshy portion is to be opened, the sweet fruit portion is to be taken out, and after removing the seeds the sweet fruit is swallowed.

We enjoy the words of our elders who have said about the taste of the triple fruits, the mango, the plantain and the jack fruit. We keep these three fruits and pray. We bite the mango fruit as it is and eat the outer covering and flesh throwing away the seed. The plantain fruit we remove the outer covering and eat the rest of the portion. To eat the jack fruit we have to perform several operations.

What is the state of the shape of this. All the three fruits have got taste, but to eat each has got its own way to be followed. These three fruits have been named to impress upon us the following truths. We have to make the gnana of our soul to proceed in the path of puja with bakthi as a mango fruit, enjoy in bakthi and reject the rest as the seed of the mango. We should remove the various states that are surrounding us like the outer covering of a plantain fruit and consume only the path of gnana and discard the many atoms that are mixed with us like the thorns of the jack fruit and not thinking of the fleshy state enjoy the sweet portion after removing the seeds of opposition in it.

People worship keeping "Kalasa" (a vessel with a narrow mouth filled with water, a cocoanut kept over the mouth of the vessel with five mango leaves and decorated with flowers and kept over rice spread on the floor. In temples an elephant is kept in front and those who go to the temple get blessings from the elephant before they enter into the temple. In homes when any puja is made the urine of a cow is smeared throughout the house. Lamps are provided with five faces or points for putting the wick.

The Siddas who lived in those days did these with some meaning behind each. What are the explanations for these?

26-4-80

Keeping Kalasa and worshipping explained

We are many like the rice spread under the kalasa and should absorb as a whole and be relieved from the confusions of this world like the threads that are wound over the vessel and be like clear water inside the vessel with clear thoughts as the clear water which gives the power of jeeva. We, who have got the five senses like the five mango leaves kept on the mouth of the vessel, should establish our five senses as the cocoanut kept over the vessel and combine the three characters that are in this world like the three eyes on the cocoanut shell. We decorate it with flowers, light in cense sticks which give good smell. When there are changes in our life, we act in our thoughts in a suitable way, the japa that we make is absorbed by the water in the vessel, which has got life in it and gives us clear states. Elders have shown that many benefits can be had by keeping kalasa and worshipping.

Elephant is compared to the God Vinayaka and worshipped. If so why do people stamp over the excreta of the elephant with bare feet, give small children to the elephant and get them back, elderly persons get blessings from the elephants? When the deities are taken in procession an elephant leads the procession. What is the capacity of the strength of the elephant? An elephant embryo has a gestation period of twenty months and lives for some hundreds of years. Elephants have got immense good qualities. Bad souls of the spirit world cannot enter the realm of their thoughts. The life-atoms of the souls that have departed from human bodies do not get caught into the absorption power of elephants. The birth of elephants come from separate circle of acidic characters.

Life-atoms after taking bodies of human beings are able to enter into the bodies of other animals, but their souls cannot get into the attraction of elephants. In the state were the immense acidic characters of an elephant remain, bad spirits cannot approach. That is the reason why elephants are kept and worshipped in righteous places like temples where people pray with good feelings.

By giving small children to the elephants and getting them back the children get the powers of the acidic characters of the elephant by its breath and thereby prevent bad atoms from spreading near the child. By stepping over the excreta of the elephant, by the hot waves emitted from it, some healthy states are gained for our body. It is on this basis that the kings of olden days gave the first place to elephants. During wars elephants were in the front, so that bad spirits sent by the enemy cannot approach them. The kings who ride on the elephants are saved from the effects of the mantras and bad spirits used by their enemies and all such bad states.

This is one of the reasons for the decrease in the population of elephants while that of the human race and other animals are on the increase. When the body of the human soul dies, from that body several atoms are born. The capacity for the body of an elephant to do so is less due to its acidity.

A place will become pure when touched by the breath of elephant. It is due to these that our elders have considered the elephant as God. In the same way they worshipped the cow as Lakshmi.

What are the good traits of cows? A cow does not have different thoughts as other animals and human beings. The state of a cow is a calm, quiet one with good characters. By consuming the milk given by cows we get the breath of the cow with the acidity of its characters since the milk is secreted from its blood. Though there is the possibility of getting milk from other animals our elders have preferred the milk given by cows. There are no souls in the spirit world with character equivalent to that of cows. Even if they are in a low state they continue in the growth of their species.

Since spirits with ferocious character and hatred do not come in the attraction of cows and their thoughts, in places where the urine of cow is smeared, in places where, the smoke from the ceremonial fires in which cow-dung cakes are burnt, spreads and cows ghee became important for medicines and since the holy ash is prepared from the cow-dung, our elders have shown us the cows as deities. Now do you understand the high power of the cows?

Several animals are endowed by nature with the powers and characters superior to those of human beings. Man, who has the ability to know anything, lives forgetting his state. The souls of human beings live with desires for their wordly pleasures. We should decorate our inner beauty, make it love and lead our soul to live with beauty. Several Siddhas among our elders have given us the principles for realising the truth, but we are unable to accept the high gnana given by them.

27-4-80

In the same way, our elders have taught us to have the letter Om which is the form of the sound 'OHM' above the pedestal lamps and provide them with five faces or points to put the wick representing the light from our five senses. Every action that our elders have taught us has some principle behind each of them.

Though they have shown us several ways we wait for the time and we say that we will take the path of gnana after fulfilling the duties of family life and getting relieved from the family burden and pass our time.

When hungry, we eat. The person who is hungry does not wait saying let the time for taking food come. Similarly in whatever situation we are and what work we may be doing we do not wait for the due time to excrete the rejects from our body. We eat the acids in our body reject the refuse during our life, but to get the high acidic characters of gnana of the body we wait saying let the proper age and time come. To get high gnana for our souls, the persons to follow have become very little among the souls of this Kali Yuga in this modern fashionable world. The ways that we teach today are not in a shape that will be accepted.

If a person realises his real state, the state of his soul will rise. Know this and meditate.

29-4-80

It is only when the dust settled on the surface of the mirror is wiped out that we can see our face reflected clearly by the mirror. When we are in darkness we are happy to see light. We are

anxious for shade only when we are in the sun. But after getting the state, do we remain in its real state? We are rotating in this path as per our desires. Just like this we have added several states in our body during our life. Do we try to change this state and see our light? We remove the dust from the mirror and see our image clearly. Do we try to remove the bad waves and thoughts from our body and see the real beauty of ourselves?

Without trying to remove the bad waves in us by ourselves, we pray to God to come and remove them and see only the external beauty. When there is dirty water in a vessel and we go on pouring good water into that vessel, the bad water mixes with the good water that we pour and gets out with it. After all the bad water has gone out, we have only good water in the vessel. In the same way to take out the bad atoms in us we should absorb good feelings and good acid characters in us when the bad atoms will come out of us in various forms.

If the spirit of the soul has entered our blood vessels in a ferocious state, when the bad acidic characters come out, since it does not have food suitable to its acidic character, its character which has been affected cannot do any harm to us. To know this the state of the thought should be established and the power of absorbing the mild acidity should be got in the state of meditation. The binding due to love and desire should be curtailed so that their bad effects and character of avarice is not adhered. The tap root of all these bad qualities should be levelled up and then meditation done on the soul.

To get the grace of God, we should not become mad of 'God is love, and God is truth'. Otherwise it will be difficult to raise the state of our soul. All our thoughts should be directed towards getting only the good thoughts that are mixed up with the various thoughts in this world. If we discard some atoms as bad, hate them and get into a mad state thinking that I am good, it is difficult to raise the state of our soul.

We are telling, get meditation and good feelings. In the state in which we have lead our mixed thoughts, without our knowledge, the waves resembling the acidic characters of other persons come and strike us. When the mistake committed by a person is pointed

out, the acidity of the person is pointed out, the acidity of the person comes and strikes. At that time the waves that have struck us and have been subdued by us are kindled by the waves of the other person and we are made to speak with the same feelings.

What happens to the meditation that we have got?

First of all we should not yield to the acidity of the words and thoughts of others. When we have lived for a long time with our characters, if one person comes and tells about another person the acidity of the words spoken by the person enters us, we should not scatter our thoughts due to the state of the words of the person telling us.

In the way to get spiritual enlightenment, there are many states. Every time we go to the state of taking our breath and to the state of giving out our breath it is rubbing against the acidity of its thoughts. Our Athma Gnana should realise this fact.

It is only when the principles that make us understand this state are realised that the soul rises to a higher state and the state of its power will rise. The power that can make all the powers known, rests only with the souls of this world that know that the world constitute all things movable and immovable. There is no power above the power of the human soul. The state that makes this known is that the state of the world and the earth are increasing.

As the earth goes on rotating, it absorbs several acid powers. Several acids that are inside the earth have come out both by itself and by man who has sucked out several treasures from inside the earth, as a result of which the surface is heavy while the inside has become weak. In a short time the earth is going to rectify its state by itself and what will be our state when it does so? Realise this and collect the acids that are required for our body — a planet — and give feed to our soul and form it by get the ways of obtaining the treasures of Athma Gnana.

1-5-80

In olden days all people lived as equals like the fruits in the various branches of a mango tree. But those times changed and a

king had the supreme power like the plantain tree which gives one bunch of plantains in which all the fruits are alike. Now just as a jack tree, which is one type of tree which gives many fruits, each of which contains several small bits of sweet fruits in it, caste systems have developed. In the present state, if we make the people realise the divine truth they cannot stop abrupt like a merry-go round which will stop only after kicking back a little before it comes to a stop.

In the same way we have to go along with the thoughts of the people of body and slowly make them realise the Divine truth and change their ways. After Adi Sankara, the ways of Bakthi and yoga, which leads people in the path of gnana have been left to themselves without a proper guide to lead them in the path. Though many great souls have taught several ways to proceed in the right path, it has become difficult to attract persons who are in a suitable state to proceed in the path. That is why those great souls have made stories of what they had experienced and in the end people have known who God is. They have not given what is the state that a human soul should attain to get into that state.

A question may arise as to what is the state that is being taught by me after such a long time? Making known these states now, is not the work of myself alone. Those souls who were born on this world and become Sabdha Rishis are, by their desires giving some advice to people to realise them and raise the state of their souls. You may raise questions about this also. My powers were propagated so that those who have accepted my teachings and come up to a high state may preach them to others.

Every soul should realise that the pulsation that is inside them is God. Air, light and water which have given life to this soul should be worshipped in the form of Divine Light.

2-5-80

Human beings can raise many questions. They can themselves realise the ways to get gnana by praying to God and making them Gods. Animals do not have these ways of bakthi and gnana. Is there no relief for them to be saved from the changes that are going to take place in this world? This question may also arise,

It is only human beings that have got the feelings of fear, shyness, uncleanness and ignorance. Can a human being live naked in these days? It is only man who has the bindings of wife and family. He maintains a family and makes several states for him and his family. By his gnana he makes ways to utilise the rain water usefully.

Man has made images of Gods in stone, gives his bakthi and prays. Like this man has done many praiseworthy acts and got gnana. Man has got by nature, the capacity to increase the acidity of his gnana by his intelligence to a very great extent. This type of growth like what man has got, some of the animals do not have. The cobra has been taking its breath facing upwards, since several thousand years. By absorbing that type of acidity it forms a ruby, but has not advanced in its acidic character as man has done.

Like this though every animal and living being have got several acid characters that they have grown and advanced in their powers, they do not have ways to develop the growth of their gnana in their states. All the animals do not come from human beings; nor did human being come from animals. But from the state in which man has taken his breath during his seven births and developed his acidic characters, he comes up as a Rishi with gnana or goes down to the state of an animal. This is the real state.

Among animals and living beings that creep each one has got own intelligent character as per its state. A bug knows about the breath of human beings and knows that he is coming to catch it. In the same way when it sees a lizard it knows that it comes to catch it. Every living being knows about the state to save itself and with single pointedness takes its food. A man knows about the bug, only when it creeps on him and bites him. Man has very little of the natural acidic character to save himself. It is he who has gone through fear, shyness, uncleanness and training that is man. By nature human beings have got the acidic character that grows their gnana.

Dog, cat etc. have got the high sensing power to know by their breath in advance the state that is to come. Nature is a mixture of all states. The world has come out of this mixture with several

states in which we are mixed. We should work out our gnana by using the guide stick which our elders have made us known.

We put the garland in the front part of the deity and worship. Do we put the garland in the back and see the beauty? For a God who is everywhere, where is the difference if we put the garland in the front or at the back? Saying like this we do not put the garland at the back and worship God and our elders? In the same way in the principles of gnana shown to us by our elders we should realise the truth and get gnana by our gnana.

3-5-80

It is only for human souls that I am telling the ways to follow and how to execute them. When there is a change in the world, what will be the state of animals and other living creatures? What will be the state of the souls that cannot read or write or have no limbs to execute works, when the change takes place? It is not only the state of human beings that is going to change. The natural character of the earth is going to change. We can eat a good fruit and relish the same as long as it is not spoiled. The same good fruit, when it decays gives bad smell. Like this when there is a change in this earth, the souls that have good feelings, the acid characters that change from other living creatures make the entire world go to Kalki.

The acid characters that have bad thoughts and are poisonous now in this world are going to change with the end of this Kali Yuga. There are several crores of states which the human souls, who have the highest power among living beings, have not seen. There are several crores of types of vegetation also. There are several kinds of birds and animals with mild characters also.

When the change takes place in this world all the souls in various places are going to have a change from their present form. When the life-atom separates from the form all the good characters of the souls become solid in their form from their vapourous state and helps to form several types of minerals with superior characters in this earth after the end of Kaliyuga. At the time the power with which the life-atom had come out will shine with brilliance when it starts pulsating during Kalki. In the entire world, in the

life of truth as it stands at present the power of the soul is more. The sea, the mountain, and the valley are powers that pulsate. The bad thoughts and bad deeds come as a continuation of the human soul.

There are some animals which have come out from human beings. Due to the change in the state of the world, the bad forces are going to have a change in them. All bad forces go to Kalki as a medicine.

In which way this is going to happen? Now there are so many poisonous plants that absorb the poisons in the atmosphere and purify the air. In the same way even the bad forces are going to work in a useful manner in Kalki after the change. Where will this poisonous air go? When the change takes place in this world, all things will get into a vaporous state, become acidic characters, become solid and again rubbing against each other, they go on growing. Neither the bad forces nor the good forces can be destroyed. On account of this change the poisonous forces mixed up with the carbon-di-oxide in the air space of this world, the acid power that comes out in the form of vapour increases. When the bad forces that are mixed up in the air space strikes with the good acid forces they go above the air space of this earth.

These bad forces go several hundred miles above the acid states that are within the absorbing limit of the earth and get spread in the milky-way in all directions. They go and join in other planets that are in similar states. The powers of this state which has been whirling in one state, when it separates and proceeds further many changes takes place in its qualities.

How does a ruby, which is a dead poison shine? In this way several superior states are going to be formed after this change. When the air space round this earth gets purified, how will the state of soul of this earth be purified? Realise this and act.

4-5 80

On account of the change that is going to take place on this earth, when all the states that have life and remain on the surface of the earth, are going to have a change in their forms. The hot waves that come out during this change, and all the natural states

that exist now have undergone a change (have died) how do their acidic characters come out?

When a fruit gets spoiled all the water in that fruit come out, as the heat strikes on the fruit. After several days it dries and the fibrous refuse mixes with the soil. In the same way when all the natural souls on this earth die during the change and remain lifeless on the surface of the earth, the hot waves that are emitted by the earth goes on striking on them and the vapour that comes out of it. When the vapour with its acidic characters strike on the life atoms that have got seperated from this earth come to life again in a different state. They cannot grow in their original state.

A question may arise as to how when an acidic character that has come out of one thing strikes the life atom that inhales its own breath and comes to life, gets a change in its form?

Why does a mosquito bite only human beings and animals and suck their blood? When there are several states in vegetation the mesquito prefers human blood. When a human being dies and the dead body is buried several crores of atoms come out of the body and spread in the air. In that state the atoms strike on the drain water, excreta of human beings, decayed portions of fruits seeking its food. At that time when the hot moist waves strike on these, they take form as mosquitos and worms and like to taste human blood.

Where there is dog, there is a kind of mosquito which sticks to the body of the dog and sucks its blood. Similarly for every species of animal there are special types of mosquitos which have been formed by the life-atoms that have come out from the body of such animals by its own acidic characters and taking its own type of breath.

When the body of a soul (man or animal) changes its state, the life-atoms take form as per its state and acidic character and changes its form again and again in the present state of animals. When the entire world is having a change and all the living souls are going to have a change, will it be possible for me to imagine in what state the change will take place?

All the states that have been going on in this world till now will have a change when Kali changes into Kalki. When one changes

into another, one will not be like another. Again we will have the new whirling of Kalki.

In the new world, on account of the natural change that nature is going to have the natural atoms of the soul, when they have a change and come to a form there are going to be countless number of changed states developed. You may ask if this is applicable to only those beings that live on account of the gravitational force of this earth? What will be the state of the birds that fly? The state of the birds are also going to change on account of the change that is going to take place. The state of all the living beings that are in the air space lying within the range of the gravitational force of the earth are going to change. The air space round this earth remains there due to the hot waves that the earth emits after inhalation. In that state the acidic characters of the hot waves emitted by the earth are going to change. Then the living beings that are in the air space that whirls round this world by its gravitational force, have a change in the character of the air that they have been used to inhale, the state of their thoughts also change. On account of the change in their breath the body of the soul is also going to have a change. On account of this state several changes are going to take place.

5-5-80

Even if we come to life after the end of the cyclic change, the soul will be able to continue only in the path in which it was going when the soul left its body.

Those that take birth in the beginning of Kalki cannot enter the wombs of mothers as per their intelligent thoughts. When everything changes and new life-atoms evolve, their souls that have grown for several years in vegetation and fruits and decayed get the state of living creatures, and again pass through several states and change from life-atom that get life by itself and absorbing several acidic characters form life atoms. They go on acquiring other characters as a soul and become another life-atom and become living beings.

Do you understand the difference between a life-atom and soul with life?

All the vegetation that are spread as natural growth by the acidic characters of the hot waves that come out of this earth are the various states of life-atoms.

Two living souls mix in their thoughts with the idea of giving life to their state and enter into a womb is the state in which the soul gets life.

In this way for our life-atom to get shape it will take several thousands of years. The states that we teach now is to prevent the souls from whirling in the cycle for a very long time with the state of the characters that they have acquired to get a state in which they can get a body which will enable them to become a God with an intelligent soul in another world.

Once we mortgage our thoughts in the grip of the whirls of this world, to redeem the same it will take several thousands of years. If our life is shaped in such a way that our thoughts are directed towards the shining souls that have the power of the gnana of the Almighty by our bakthi, the breath that we take enters into the realm of their thoughts. Then we merge with the Almighty and increase the power of our circle of light by the help of the Sabdha Rishis who are in a subtle state in the form of Divine Light. Then during the change that is going to take place shortly, we will merge with their state and get their form of action. We will get the state in which the deities Muruga, Venkatachalapathy, Ayyappa are being worshipped as the children of Sakthi not only in this earth but in all other earths and make our light shine with the light that are there. This is what we propagate by the name of Sathiyathin Sakthi Nilai, as the Divine Truth so that many people may know about the ways by which they can get the powers of the gnana of the Almighty.

All the life-atoms that appear, during the process of their development take different kinds of acidic characters one after another for their formation, right from the tiny ant to the Sun and Moon and all things beyond them. No life-atom dies, nor does it combine with any Almighty. The bright power of the Almighty—the Adhi Sakthi—goes on rotating and growing as life-atom and world. In the complicated movement in which one takes several forms and goes on moving, to get the gnana of Sabdha Rishis who

have got high gnana is getting high gnana. The gnana of the soul with human body passes the way for getting that state. It is possible to get high gnana only for the gnana that is in a human body. It is only after we change several forms that we come to the state in which we get a human body with intelligence.

We should not proceed in the present ways of gnana in which we are now proceeding which makes people who are caught in the grip of artificial ways and make the people of Kali lazy. On the other hand we should practise the gnana of human beings and get the gnana which leads to it.

To clean the dust on a mirror if we use a dirty cloth, the dirt in the cloth will adhere to the mirror. It is only with a clean cloth that we will be able to remove the dust on the mirror. Dirt cannot be removed by dirt. The dirt in our soul is to be removed by bakthi which is the gnana of God. Then we will be able to see the beauty of our soul.

6-5-80

Mush-room appears one day and dies on the next day. In the same way every vegetation has got a period for its existence. A banian tree lives for several hundreds of years. There are some trees that live for thousand years. But it should be understood that the thousand year old tree has also come up from the state of mush-room in its initial stages of development. By nature vegetation starts from the life-atom in the form of mush-room. When there is lightning and thunder two types of acidity strike against each other and as the rain water falls on them they start bursting and two types of acidic characters strike on the earth. At that time on account of the attraction of the light waves that strike on them, life-atoms are created and grow as vegetation. In the first stage they start as mush rooms and as they decay, they fall on the ground. As the hot waves that come out of the earth fall, on them from the acidic characters that come out of them they again spread on the ground and life-atoms come of them with slight difference. These again undergo changes during the course of their evolution several times absorbing different acidities and grow as various types of vegetation with different acidities. This cycle goes on forming

several types of minerals life-atoms and souls with life. These minerals, life atoms, and souls with life of some growing items, change their nature rotating themselves being always on motion.

On account of the acidic characters that come out of this running and striking against each other several life atoms come out. This is what is meant in saying without one there is nothing. This striking is the cause for the coming of any life-atom. When acidic characters strike against each other, on account of the life in the rain water that falls on them there is a state of cracking which forms life-atoms. In continuation of that state, on account of the combination of souls atoms of souls appear. Due to the combination of male and female acidic characters another soul comes into the womb of mother who has got similar acidic characters.

It is only the gravitational force of the earth which has got a mixture of several kinds of acidic characters. Our earth grows in its several states as per the state of its attraction. Several characteristic states change due to the attraction of the hot waves that are emitted by this earth. Though the air has got several kinds of acidic characters in it, we will get in our breath only those acids which are suitable to our thoughts. An onion plant absorbs the pungent acidity. Several other vegetables that grow under the soil like yam which cause irritation absorb similar acidic characters for their growth.

Each type of vegetation is used to absorb one type of acidity from the beginning of its growth. The soul of a human being which eats many kinds of things has got the ability to know the acidity of the thoughts also. When red chilli powder falls on our skin we feel its irritation. When we cut onion, due to the pungent odour our eyes start watering. When the juice of the root vegetables like yam fall on our skin there is irritation. If our body and feeling do not absorb this acid character, will be affected by their effects?

Chillies have a hot pungent character. Onions have a character of its own. All these grow absorbing from the air what they require for their growth. Man who has learnt all these states does not know that his body accumulates acid characters as per the thoughts of his soul. We gather the acid characters as per the thoughts with which we take our breath.

Do you understand what is meant by acid character? What is the real state in making known the state of the acid character? Each planet, star and milky-way has got its own acidic character. They grow only in the circle of these acidic characters by absorbing them from nature. The human soul has got the capacity to get the acidic character beyond all these.

Natural resources absorb one type of acidic character for their growth. But the human soul absorbs the acidic characters as per its thoughts. If man who has got the state of his thoughts gets the capacity to absorb only the acidic character that is required for his growth, he can get best of all the characters which give the state of God.

11-5-80

The power of the natural quality of the acidic characters of the people of the recent centuries who have shown us the ways of artificial ways of living has decreased from what the people who lived several hundred thousands of years ago had. How it is decreased?

How will it be possible for our earth that rotates and run in the milky-way when the acidity in the air space has decreased? In the power that is received by every planet from the Sun, stars and other planets and the milky-way that is common to all the planets is the power of planets increasing?

The milky-way is common to all the planets. It is the planet Sun that gives us light. How does our earth get light from the Sun? Is the heat the same, in places between our earth and other Suns as it is in our earth? The heat that our earth gets depends upon the waves of acidity that our earth absorbs and emits on account of its rotations, strikes on the acidity that comes out of the Sun.

The present scientists say that light exists in a space of fifty miles from the air space round our earth. It is on account of this belt of light that our earth gets so much heat waves. Beyond the light belt, the space between the sun and the earth is cooler than the earth.

The milky-way lying beyond two to three hundred miles from the sun and beyond the air space of our earth and the light belt with hot waves, remains in cool state which is same for our earth and the sun. In the same way, there is milky-way between the other planets also.

Depending upon the acidic character of each planet and the acidity that the planet absorbs, emits and strikes upon the other acidity, depends the hot and cool states of the planet. In this way our earth grows and goes on moving. When the natural character of the air space round the earth is altered, on account of the attraction of the light belt round the air space, the characteristic states of the earth have changed.

You may say even if a change takes place, all things will be in the air only. When a change that is to take place by nature is separated artificially its strength decreases. The water that is taken out from a storage for generating electricity and let out in the river, it does not have the same taste as the water that comes from a stream down a hill, since some of its acidic characters are lost, when some energy in the water is taken out in the form of electricity. When that water is used for irrigation the acidity lost by the water is to be made up by using suitable fertilisers, for the normal growth of the plant.

When we have altered nature itself for some of our states, the powers that are in the waves of air have decreased. The breath of the thought of man has changed on this account. From the present state to stability the state of our meditation and go in the path of gnana, we should make ourselves gnana by the acts of Sakthi by our bakthi and meditation. We get light from electricity. With the same electricity we hear sound through a radio. These have been found out from water and air through science by man. If we send our thoughts in the shape of waves through the breath that we take on the Almighty and act, then our thought waves will go to the thought waves of the Siddhas who have similar thoughts and they will make their light waves to mix with our thought. By doing this our gnana will increase and we will get several powerful states while we are in this body and reveal several truths to the people of this world. That will make the people of this world to come out of the fearful artificial ways of life and save themselves.

If the souls of the people are saved from the fears of death due to the changes that are going on in nature, wars and accidents, man made atom bombs, radio active elements spread by him and make their thoughts rise to a higher level then they can be saved from the coming change in this world.

Learn the way in which one becomes several, and several becomes hundreds by the state of Sakthi by learning the ways by which we absorb the powers of the waves of gnana in a proper way and act.

12-5-80

If we attain maturity in gnana to work out to this state, with suitable meditation, and the help of the Sabdha Rishis who have gone to this stage before us, we will be able to do and undo any of the acts that takes place in this world, by our gnana. There will not be any state which will be impossible.

When a small spark falls on a material suitable to it, when there is wind, the material catches fire. This fire burns all the materials suitable for burning and as long as the substance for burning is there, it will burn and turns into the state of ash. Are we able to put out the fire that is burning? We can put out the fire by directing a stream of water with more power on it. Like this the state in which the people of today live with the bad powers of the mixture of various thoughts, if we worship in the state in which the people of the world live today with bakthi, we can get the waves of light suitable to our state of meditation only from the waves of light that they give us.

Without one there is nothing. Even when we worship with bakthi, will our gnana grow only with the preachings of others? To raise the power of our bakthi which is a child of Adi Sakthi is it necessary to worship others? Should we not get our gnana by ourselves? These questions may arise.

If we get the power of the light of their high power, we will get their help in proceeding in the path of gnana in which we are proceeding.

In many epics some states are given in the form of stories, which are not easily understood as is done in Krishnavathara and

Ramavathara. It is said that as soon as Krishna went into the battle field, a bright light emerged from his body on seeing which the entire army of the enemy stood. Is this state possible? This state can happen only when the Almighty himself takes birth as an 'Avathar'. The story further says, as Krishna opened his mouth, all the fourteen worlds were seen inside his mouth. This is not a story, but an epic and that is possible by any one who gets the gnana required for doing so.

13-5-80

Our elders have shown us three types as Devas, Asuras (Demons) and humans. Who are those who are termed as Devas? Who are Asuras and who are humans? The three types were divided according to their thoughts and deeds during their life. Today there are these three types of people living among us. These three types are separated as per the states of their characters, which is applicable not only to human souls but also to the souls in all the states. Similar characters of our earth differ from those of other planets.

The natural characters and the rotational movement of our earth varies according to the power that absorbs the light waves and the state of the heat waves that it emits. Besides this, it depends upon the distance of our earth from the moon and also the state of the water spreads in our earth. It also depends upon the acidic character of the absorbing and emitting powers of other planets. Since the present character of our earth depends upon so many of the above conditions, the characters of other planet differ from that of our earth.

The souls that have separated from their bodies from the hot regions of our earth go on rotating with the earth by its attraction at places which have the same heat waves with the same thoughts with which they separated from their bodies.

Our earth is not stationary at any place but goes on moving, rotating at the same time. All the souls that have separated from their bodies are also moving, rotating with the earth. When a soul goes out of a body it is said that the person goes to the higher world. Which is this higher world? Is there anything as high

and low for this earth or any other planet? If we consider that the part on which the sun's rays fall is the higher part, do we live in the lower parts in the nights? When the earth is rotating, there is no higher or lower portion. We live on this earth by the magnetic attraction of the earth and its gravitational force. In the same way the souls that have lived in this world and separated from their bodies are within the gravitational force of the earth and in the magnetic and acidic circle. Their characteristic circles are mixed with those of ours.

Life does not separate and go and remain in the atmosphere. In the occurrences that have been told to us by our forefathers as stories, we hear about devils and ghosts and that their feet does not rest on the ground. These are not mere cock and bull stories. They are facts about some things that have happened in the past and they have their own meanings. The souls in a state of vapour remain in the same circle as those of human beings with physical bodies but as they do not have a form in a physical state their feet does not touch the ground.

To go beyond this zone of attraction, one should get suitable gnana to do so and go to the subtle state. If our soul has to go to the higher state beyond the attractive magnetic force of this earth, we should have the ability to do so. The souls that have seperated from the bodies of human beings will not be able to go beyond this zone of attraction.

When the earth is rotating and moving in space, are we able to see these movements? The souls that have gone out of human bodies are also in the same circle of attraction as we are.

14-5-80

The interior parts of our body are capable of withstanding a higher temperature than what our body can do. Our hands are not able to bear the temperature of the tumbler which holds the hot coffee that we drink. The heat that the hand is not able to bear is tolerated by our internal organs. In the same body different parts are able to withstand different temperatures. The parts of our body vary as per the hot waves that our breath inhales and exhales. Such a state exists among vegetation also. The state of our earth is also

the same. The hot waves inside the earth vary from those outside in some places. When we dig the earth during summer, the temperature of the earth inside is found to be higher than what it is on the surface. We think that the heat in the earth is due to the heat of the sun. The earth absorbs heat by its breath. The earth inhales and exhales, moves as it rotates, absorbs the rays of light and again inhales and exhales the air. The seasons on this earth vary as per the effects of other planets from which the earth absorbs more power. This changes the state of the hot waves on this earth which in turn affects the states of other planets.

Saturn is a planet with a cool acidic character. The light waves of that planet is not as bright as it is in our earth. It is a grown up planet which goes on rotating. Its character is to absorb very cold acidity and emit the same remaining as a cold planet. When this planet is in the attraction of our north and south poles we get the cold seasons in our earth. In the same way, by the presence of some other planets that absorb and emit more heat than our earth, we get hot seasons on our earth.

18-5-80

In continuation of this we clarify the natural states in the world by our spiritual knowledge. The scientists may take up these for their investigations.

In what way does the acid characteristics that are in our earth, and the milky-way which is common to all the planets, go and mix with their own kind? How does every planet grow in its natural characters? This means that the capacity to grow increases in every soil when there is rain with thunder and lightning. When two acidic characters strike against each other and rotate in the sky, by rain water falling on them thunder happens. This thunder is buried, in the earth and mush-rooms sprout out which grow into various new types of vegetation. In what state does this happen?

One or two days after the mush-room grows on the earth its state changes. The acidity that comes out of the mush-room spreads on the earth by means of the air that absorbs it. Wherever this acidity spreads, new types of vegetation grow. In the rainy

season innumerable types of mush-rooms grow with different characters in them.

These types grow during rainy season not only on the soil but also in the seas and water-spreads. The mush-room that grows on the trees, decay in one or two days and in that state it spreads on the trees. When the breath of the tree falls on the decayed mush-room, it gives out acidic vapour. When this acidic vapour strikes upon another, new varieties of vegetation grow.

The growth of nature depends upon several truths that come out as a continuation of many states that happen.

Are all the light waves that come from the Sun to our earth alike? The opinion on this differs between the science of olden days and today. Though the light waves that are formed due to the rotation of the earth are alike, what the soil can absorb depends upon the state in which the soil is and its requirements. In our earth in some places volcanoes spurt out; there are snow hills in some other places. How does the soil in those places absorb the light waves that are in those places? In the hot places where volcanoes erupt, the soil absorbs that kind of food to a great extent. The soil of our earth maintains itself by these light waves. Our earth has also got life, feeling and flesh that gives it a shape. Our scientists do not utilise the inner states of our earth for their research to a great extent. The energy that is inside the earth is wasted for artificial purposes in our life.

We stop the thunder that comes by the help of a lightning arrester. Without thunder we cannot go the states for the natural growth of the species. We will be able to live in this earth only when the growth of the natural vegetation increases.

In the recent past, human souls become slaves of artificial ways and see nature in these artificiality and make the earth tremble in its state.

20-5-80

How do we waste the inner states of the earth? The electric waves that we take from the earth, is more than the minerals that we

take out of the earth, the acidic and magnetic energy that the earth inhales and exhales and the energy absorbed from the air for generating electricity. In this way we waste many of the energies that are in the earth for our artificial ways of life and we become lazy. Even after the minerals in many places have been taken out, their natural growth is obstructed by our artificial ways of science. Metals like gold and silver have been dug out since several thousands of years. They grew when they were being mined and taken out.

In the recent centuries petroleum products have also been taken out of the earth. We have taken out the atoms of magnetic energy also and these have stopped the acidic characters that are required for the growth of minerals in the earth as a result of which the growth of minerals in the earth have decreased. This is similar to the story of goose that laid golden eggs. The man in the story in his greediness to have all the golden eggs that the goose lays at the rate of one egg per day, at a time, cut the goose. Similarly we have dug out the minerals inside the earth in our greediness.

There is no speed in the growth of the thoughts of man, his intelligence and his gnana. But he is very greedy and wants things to be done at the very thought of it. By this madness he destroys the treasures of nature.

The energy of nature mixes with one another, the acidity that comes out of one, strikes against another and a new life is created. The acidity that comes out of this new one has a change according to its state and goes on growing in the chain of its growth. You may ask if the acidic character of this earth lies in the air space round it, when they are separated from the earth they should remain within the attraction of the earth. When the acidity is separated from one it goes on whirling in the air space as vapour. In that state if it strikes on another acidity which opposes it, another type of acidity comes out of it.

Besides this when there is rain and thunder, several varieties of natural acidic characters of the world grow undergoing some change. In the state in which the acidity undergoes changes and goes on rotating, we live in many ways with natural changes. All

the natural growths have changes in their shape, taste, colour, sound, light and water. Those that seem to be same for us also undergo small changes in their state.

This state is suitable to the state of all planets. Why should we blame the human souls only for the change that is going to take place in this earth? When nature has prompted the thoughts of man to take to artificial ways, why should we find fault with human beings? Such questions may arise.

The nature of our earth has been spoiled on account of the bad acidic character which man has made for himself. Man has divided the characters of human souls as kings, devas and asuras, rising some and making others slaves. This has created envy and ill-will and one person amassed wealth to destroy another which has changed the acidic character and let loose the atom bombs and radio-active waves in nature which has spread in the air space. This action of man has spoiled nature and the state of our earth is going to tremble.

24-5-80

It is man who has made the state of this world tremble; it is the same man who is going to make the earth stay and remain as Kaliyuga. If man gets the gnana of man, then he will be able to rectify many of the human souls.

It is because of the human souls that were saved from Jupiter and have come to this earth that our earth is able to grow human embryos and human souls in it. Though there are several Sabdha Rishis and others of the same order, it is by the rise in the state of the people who lived in this earth and the increase in the number of souls that realised their real self at the time of the change of Kali yuga the people who live in this world with desires of worldly life are unable to get out of the cycle of birth and death will be born as human souls who may get gnana again in another planet of the 48 Nos. of planets that go round our sun during the course of the growth of those planets. There are many planets that go round our sun. After the changes take place and Kali becomes Kalki and our earth starts rotating in its new state it is only by changing the thoughts of the people who live in the present state that the

Kalki Yuga can survive. This can be done only when several states of powers act on it.

On account of the change that is going to take place in this world, it is only the bodies of the people that will be destroyed. Their life-atom, their soul with life, the sound that they have made and the breath that they have exhaled with their various thoughts, where will all these go when Kali is born again? Do all the states that are mixed in the air space round the earth come to their new states? This question may also arise.

Some states may happen from this state when Kali changes to Kalki. In which way will it happen?

All the human souls, several crores of living beings, vegetation, minerals that grow in the earth, water spreads all the living souls that have left their bodies, life-atoms, all the sound waves that are spread in the air space of this earth till today are going to have a change in their state from what they have grown so far in this Kaliyuga.

Today we are able to take the states, of the breath of many people, which have been whirling since several crores of years. Those who have got gnana will be able to absorb the sound waves left but by people who lived at the time of Ramayana, Krishnavathara, and Machavathara. But this state is also going to change due to the change of Kali. In what state?

A question may arise whether all the sound waves produced by the people who lived in this world will remain in the air. No sound wave can change so long as the people who have read those states in the form of epic, and those states have mixed with the state of their souls and its power of remembrance goes on whirling with their souls. Even after several crores of years the state of the sound waves which function in continuation of its circle, will not change. By saying that they change in this Kali it is meant, by the jerk that is going to take place during this change, some light waves mix with the milky-way above the air space of the earth which is common to all.

Some sound waves go and mix into the earth due to its attraction when the jerk takes place. When Kali changes to Kalki several

changed states will be seen. The state that this Eswara Batta tells may appear to be mad. The state of the human souls after five or six years is going to tremble.

The distinguished instruments in this world, the state in which the sound waves are absorbed from the air, the sound waves and light waves left by the artificial satellites will not work in the same way as they are working at present. The states which the people now separate from the air by the help of machines cannot be done and man will try to design other machines.

In the coming five or six years the poisonous nature of the air space is going to increase, the madness of the souls that live in spirit world or astral world is going to increase and countless uncommon states are going to happen. Oh! human souls, do not think that you have to die one day or the other, but realise the happenings that are to take place due to the acts of human beings and act. It is for this reason that we are teaching you several states. Some come as men with intelligence, with love to get gnana. It is only the human souls that have got the ability to grow their intelligence. Though there are animals with intelligence they do not have the power to get gnana like human beings. Man who is capable of living as a Deva can become a Deva if he realises his real state.

30-5-80

As the state of our power increases, the strength of athma gets energised, the life of the soul is manured and the state of the self which is the real strength of the soul is the state that every soul should attempt to attain. We have given many ways by which the strength for the self can be got. Is not the soil becoming sand, and as it grows, rotating becomes a small stone, and growing to the size of a rock, becomes a mountain?

One mixes with another, its state of power increases, becomes strong and goes on growing. The state in which man has grown shows the union of all. Man who is intelligent gets his gnana increased in this way, and as he gets strength of his soul, the state of his life-atom grows. We are born as life atoms and becoming souls with life in the course of our evolution in this cycle, when

everything in nature grows into many, should not man as a high power of nature manure his soul with life, and following the ways of growing the soul of life by his gnana, be able to attain the high state by getting the strength of the Divine truth.

Everything is mixed in the air. Every natural character absorbs from the air, the kind of power that it requires. We who are human beings absorb from the air, which contains many acidic characters, only that kind of acid power that suits our state of thought and the soul of our life becomes stronger.

Electric waves are taken from the air and water. All the life atoms are the drops of the waves of electricity. Pulsation can work only when there are waves of electricity. Water is made to flow which rotates machines, thereby electricity is generated which gives light and runs many machines.

This earth absorbs the light waves and natural characters from several other planets. By the magnetic attraction between one planet and the others, each planet rotates. Our earth absorbs the light rays of the Sun and emitting the same goes on moving in space rotating at the same time. This and the living of every life atom and bodies with soul are from the power derived from the magnetic waves.

Electricity is seen only in science. This body and everything is a mixture of magnetic waves. This body is the cage of the very powerful life-atom. We make this, belong to our life and waste our high powers and actions, subjecting ourselves to many agitations and mad feelings. We live with the help of crores and crores of life-atoms. In this cycle we, who can lead a real life of man lead a life of dissatisfaction with our waves of thoughts which are of no use to us during our day today lives.

You may ask in which way the acts of a gnani will help one's life-atom to get good gnana. You may also ask what is the use in increasing the strength of the life-atoms. What has a normal soul gained by living in this cycle of life?

Several souls have desire to get and realise the truth of the Almighty Adi Sakthi. If we increase the power of our soul, we will be able to absorb the high power in the waves of the power of

the Almighty by meditating on our thoughts and accumulating good manure for our life-atom. We should not permit the several crores of life-atoms in us to act as per their thoughts by making our thought work in many ways. We must make all the life-atoms in us to work in the only way in which our life-atom works. During our life we should not be caught in the stream of the attraction of any of the states that we may come across. We should not live aloof from such things by our disgust. We should not think of any other circle of thoughts and become its slave. The state of increasing the strength of our life-atom is to live mixing with the waves of the powerful characters of the true strength of the real power of the Almighty.

As a cobra has the breath and character of absorbing poison, its thought does not vary from its state. We see it as a poisonous reptile. It lives in one state making the poison as its manure as diamond and collects as ruby. Man on the contrary has got many thought waves. He should get the ways to think of the one acidic character of high gnana. Get this and see your strength.

All the states in nature absorb in one state from its circle of character and live. In this nature in which one grows with another, there are several changes in the states of living creatures. If only man lives realising his state, he will be able to realise the gnana of the world and also the truth of the Almighty which is beyond the comprehension of man.

8-6-80

It is only living beings that have the character of eating and excreting. Nature does not have the character of eating and excreting like living beings. All the vegetation absorb directly from the Sun, only the type of substance that they require for their growth. But vegetation get their soul only afterwards. The life-atom in its initial state gets the light waves and acidity from the Sun, in combination with all other planets and spreads on the earth in its physical form. Then it becomes vegetation and by growing its root, its state changes, gets acidity in the form of vapour and goes on forming different kinds of life-atoms in the course of its growth. These are not able to get into the attraction

of the earth by their power, get into other living beings and come in a state of their excreta from which they grow during the process of their growth.

On account of the vibrations caused by thunder and lightning, by the attraction of the earth, the acidic characters in the sky, spread on the earth as mush-room, grass and other kinds of vegetation which are of no use. Then on account of the change in their acidic characters, their state changes to vegetation that grow, and then to a state in which they give flowers. Then as the state of their acidic characters grows, they become trees that give different kinds of fruits.

We think, what is the use of the vegetation that is of no use to us? One comes from the other and as it grows it comes to the state of living creatures which take the vegetation as their food. The mush-room becomes grass, flower, fruit and are being consumed by living beings as their food. From the excreta of the living beings come several species, worms, insects, mosquitoes which in the course of their growth get many different characters, and by one changing into another, proceed in the cycle, become human beings with innumerable powers. If we learn the ways of absorbing the light waves that come from the Sun along with our thoughts by our breath, the state of our power will increase.

We, living in houses or in the open, live with the help of the light that falls on other bodies and are being reflected to us. Instead, we should take directly the rays of the sun which grows many things by its power as per our thoughts by our breath and get good power.

13-6-80

By taking the path by which we can get the acidic characters which will enable us to take our breath with a single thought connected with the ways and conditions of life in any of the states that we may come across, and if our state of meditation follows that path, the breath we take will absorb directly from the sun, new acidic characters and the strength of our life-atom will increase, as a result of which our capacity for absorbing the light waves of gnana will increase.

I told you acidic characters with new power. The state of the power of the life atom, that comes on account of the striking of the attraction of the planets on the Sun that settle on this earth, is different from the life atoms that are formed by the acidic character that comes from the sun after growing, living and dying and the heat that comes of it and the sun's rays falling on it.

The state of the growth of a life atom which grows on the sun's rays falling on the power of the object is different from the state of the life-atom which grows by the direct acidity of the Sun. Among vegetation the seeds taken from one gets life to grow only when the seed gets its light rays from the sun. When the rays of the sun fall on the seeds, the growth of the life-atom in the seed depends upon the acidity that it draws from the rays of the Sun. Just like this the growth of the human souls that are born again and the acidic character of the life-atoms that have come out on account of its living on this earth, their strength is decreased due to its being separated from another. As a result of the decrease in strength they are not able to strike on the attraction of the earth, spread and grow its roots in the earth. So they spread on the earth as light life-atoms like air. To grow again in the attraction of the earth, their life-atoms have to spread in the breath of souls, become alive and form its soul.

Several crores of life-atoms that have separated from the living beings on this earth are unable to spread out on the earth again, get mixed with the air, spread on the surface of the earth but goes on moving with it by its attraction.

The acidic characters that give rise to several kinds of minerals go and join those minerals as per their hardness acidic character and their attraction. If we get the power to absorb our energy directly from the light waves of the Sun, the weight of our life-atom will increase. Then our life-atom will be able to absorb the acidity that we require directly from the sun and other souls without life, will not be able to mix with our breath. As the state in this path rises the state of our power will increase. If this quality is increased in us, no desires of any atom or the state of its character and thought can approach us. Our attraction will not go in the thought of their dreams. Know all these and get the growth of your state.

14-6-80

Natural vegetation and fruit giving trees and plants sprout, produce buds which open out, become flowers and then fruits. After they give their produce, the leaves become ripe, fall down and they sprout in the next season. The power of the attracting acidic characters of the working power during each season is expressed in this way. This happens not only with the vegetables but also in the growth of minerals. In some seasons some vegetables give good yield. In the next year we sow the same kind of seed and in spite of all our attention it does not give the same yield. On the hills there are some varieties of flowers that grow only after a certain number of years. As an example a flower called "Kurunji" flowers after an interval of twelve years in Kodai kanal, a hill station in South India. What is its state?

This flower requires a certain kind of acidity which the earth receives from some other planet that comes near the earth once in twelve years during the course of its movement. When we grow several kinds of vegetables and fruits from where do they get the required states of absorption of the acidic characters?

Now-a-days we see anything growing at any time. This is done by man by spreading chemicals of required acidity. A kind of fertiliser used for one type of vegetation is found to be unsuitable for another type. By nature, a certain type of crop grows in a particular season depending upon the acidity that our earth absorbs from other planets that come near it during the course of its movements in space. They had a natural taste and smell in olden days. Now the states have changed. But the soul of human beings are capable of making a state in which they can absorb the acidic characters as usual if only they realise their real powers.

17-6-80

In this world man by changing the ways of his approach to gnana, by the power of his thought, the growth of the intelligent character obtained by one set of people has been developed by scientific means. In this way the growth of the gnana of human beings has been known to be made to work in several states by the use of science. Man does not realise that the science of man is a

thing that can be reached by his own gnana. He praises himself as having got as his birth-right the rare powers and in that giddiness he lives as a dependent. The same state exists in all circles.

Man praises the one who works in the state of Siddha and falling in his feet, praising him lowers himself. As a continuation of the way in which he has lived praising others and worshipping them, the power of his soul will not increase. All powers are subject to the attraction of this air. We live by taking the same air by our breath and as such should not estimate our power to be lesser and live following the ways of another. We should consider as ours the attractive power of gnana due to every soul as ours and get the same for us.

Increase your powers of gnana early. The attractive path in which the earth has been whirling and running all these days has changed from its path after the recent solar eclipse, in a way which is beyond our investigation. Besides our earth, all other planets are running with slight changes in their path. What I tell you may be strange and funny to you.

If we see now a bright planet that is round our earth, which was not visible to us all these days, this is on account of the true state that has happened in the attractive path of our earth. Science will be able to see further the truth of the powers that come out of our earth.

Making the ways to build a fortress in the air by science may be successful. When you go to a state which is beyond the attractive power of this earth, where there is no attraction of any of the grown up stars, by taking the state of the breath that is here to that place and adding the required acidic characters, It is possible to make ways for human souls to live there. If man had done this artificial science in a way which would have come before one hundred years, then he would have succeeded within the time of the methods of his action, the change in the world is going to take place. In such a state how is he going to make others know these states?

As it is today in the new path there has been a slight change in the attraction of the earth. When man wants to raise a building of a hundred floors does he lay a foundation under the ground

to a depth equal to the height of the building? We have separated some materials from the earth where they are in a growing state. What we built stands in its place by the gravitational force of the earth as the earth goes on rotating. When the state of its power has changed some of the buildings which lose their strength collapse.

Today the earth is running with slight reduction in its powers on account of the increase in the temperature of the air space round it and due to many powers that have been pumped out of this earth. If man still further subjects the sea and air to his scientific investigations and separates the high electric waves for his pleasure during the short period of his life, he is going to make this world and the universe to lose their strength and then to make them again in their strength. Do you understand the real truth of this? Due to the increase of this state some of the stars which did not come in the attraction of this earth are coming in its attraction and their states are going to spread on this earth. The truth of this path is the bursting of the star that you knew then and its scattering and spreading on this earth. This is the truth that you have known by your gnana.

Every man can know several truths by increasing his gnana.

18-6-80

I told you that our earth is going to lose its power and then increase the same. On what basis?

In the previous lesson I told you that some stars having the same acidic characters as our earth are caught in the attraction of the earth. Losing and gaining strength means, while the earth is running in its new path after losing its strength, it gains strength from the stars that scatter their strength and are met by the earth in its new path and the different characters of the stars come and join this earth. This makes the earth change its natural character and the earth runs in its new path with new character.

The earth has changed its old path and is running in a new path. In this new path the earth gets some acidic characters. Already the earth has grown some acidic characters that it has absorbed from the air space within the attraction of this earth. The old acidic character and the newly absorbed acidic characters

strike against each other and give out a new acidic character. This also strikes on the old acidic character and rub against one another become light waves. Then these light waves mix with the acidic characters that the earth meets in its new path mix together and then they are being absorbed by the air space within the attraction of the earth in its new path.

Thunder and lightning occur due to the striking of the different acidic characters that are in the air space within the attraction of this earth during rains. The sphere of air that our earth sucks and gives out is much bigger than our earth which runs rotating at the same time. This is the bright circle seen by us now round our earth. This is seen to be brighter than what it was previously. As a result of the new state that has happened to our earth, it is able to increase its power to a great extent by the acidic characters that it absorbs from the new path that it has now taken and also from the explosive states of stars. This is what is meant by saying that the earth loses its power and then increases the same. Man has poisoned the air space round the earth in this Kali Yuga, thus making the earth lose its powers. Due to the change in the path of the earth, our earth is able to absorb different acidic characters that it meets in its new path. The natural state of the earth is such that it cannot take that much power in its breath and this produces a state for the earth which is similar to the state of our getting blood pressure.

In course of time as the present state goes on increasing the breath of the earth will change. This will decrease the safety measures provided for the atom bombs that are kept buried inside the earth by man and he is going to see the changes in this Kali as has been expressed in the previous lessons.

The states about which I am telling you now may appear to be funny. Nature may get new powers due to the new acidic characters that have come within the attractive range of the air space of this earth. From the investigations that are being made today, new acidic characters can be taken for science and artificial ways of life. Proceed in the new path of investigation and you will know its new characters.

To strengthen the truths that have been found out by the research carried out till date, several states are adding now. In what I have told you in my lessons, the live souls which live with the breath of this earth cannot go and live in any other planet. I have emphasized in several places that our earth absorbs and emits only the attractive acidic characters that are suitable for it and lives.

In the lessons of the past two days I am telling you that the path of the earth has changed slightly and varied kinds of acidity and the acidity of the stars that get shattered when they strike on the air space within the attractive range of our earth are changed from what they were previously.

Our earth cannot absorb an acidity different from its own. In that case why does the breathing state of our earth get spoiled? This question may arise. It is in the air space beyond the attractive range of our earth and the milky way beyond the air space of our earth that several states in the power and acidic conditions change and come within the range of the attraction of our earth. The breath that our earth exhausts after inhalation and the acids that come from the milky-way to within the attractive range of our earth come to the earth's attraction only after being filtered in the above intervening space. In such a case how can the acidic characters increase due to its running in the new path?

When we cook food with fire wood of babul trees, it has one state. As we go on mixing some other wood along with it, as long as the babul wood is more it will retain the same state. When the other wood is more the babul wood, its state will predominate. When both the woods are burnt together there will be a state different from that of both the states.

Similarly in the new path that the earth is running new acidic characters that happen are more than what used to happen previously and the intervening filtering space between the attractive sphere of our earth and the milky-way is sending us new acidic characters. This tendency that comes to the living beings is more in the north and south poles, than in the other parts of our earth. In my previous lessons I have told you that life-pulse of our earth

rests as the north and south poles. Besides this I have told you that there are some places in our earth which do not get Sun's rays. Even then these are life atoms there. Though the direct rays of the Sun do not fall on those places, the heat waves of breath of the earth and the waves of the air space are there; life exists there. But those places are full of severe poisonous characters.

In this earth there are innumerable states of growth. Each one separates its state and grows. You may ask, what is the necessity to tell all these? Even if more acidity comes within the attraction of this earth in its new path, the new poisonous acids go to the dark regions in the earth which have that type of acidity and have attraction for such acids.

As a result of the growth of these, the souls in this earth are able to absorb them. As time passes on, the growth in this state will increase. Pepper, Chillies etc. absorb the hot characters which are suitable to them, where as sugar-cane and sweet fruits absorb the sweet acidity required by them. In the same way the poisonous acids that come to our earth while it runs in its new path are suitable to the poisonous creatures and plants that are in the dark region. By the growth of these, the change will be effected.

20-6-80

In continuation of this growth, the state of growth of this air is also going to increase. It is from the air that the bad powers come in their attraction and grow. A question may arise as to what is meant by its growth when you have already stated that each type joins with its own type.

The acidic character that comes from the Sun and the milky-way to the attraction of our earth, when it is sucked by the breath of the earth gives out a state which merges with the earth and comes as its life-atom and from the growth of this life-atom some acidic characters come out. This is different from the one which the earth sucked from the sun and the milky-way. The acidic characters that are in the sun and the milky-way are hard.

The acidity that comes out from natural growth differs from the one that comes out after being struck by the breath. Now we

consume several kinds of food stuff and throw the rest as rejected ones. In what we have thrown as refuse we make some good grains.

Find out the meaning of what, we have been telling you all these days about acidic characters, life-atom state of breath and the state and condition of every planet. In our body there are several crores of life-atoms with different acidities in them. Out of these we have to absorb the grains of high gnana and shine.

Some nutritious grains grow in rubbish dumps. Our body is a cage of rubbish. We have to take the fertility for the growth of our grain of gnana from our body by meditation. If we lay the road for going in this way, every person will be able to pick out from the crores of life-atoms with different acidity that are in us, only those that are required for the growth of our gnana and shine.

Though the power of Sakthi lies in everything, its growth depends upon the way in which it progresses. Man has got the gnana to change or correct the path. Man who has mixed his gnana in several things lives without knowing the ways of gnana by which he can know himself. Utilise the chance given to you to live in a human body to make up the deficiencies of the present time.

26-6-80

Though the state of Sakthi remains mixed in many, it shines in individual things in its combined state. We make a garland with individual flowers, put it on the idol and worship. The principle of nature is to create many from one which is the basis of the growth of vegetation.

Vegetation that grow by nature and also those that we cultivate, during the early stages of their growth, go on absorbing the power that they require and some of them yield flowers and fruits. There are some others like grass which do not give flowers and fruits. They go on accumulating their acidic characters in their roots and exhibit their growth. It is only after the vegetation exhibits the ripeness in their growth that the soul of their life changes. The souls with life that come out after this change gets the power in its initial stages to absorb several acidic characters at a time. It

is by this that human beings, animals and those that lay eggs and breed have the same kind of organs in their bodies, and these belong to one type of living beings which absorb and grow in one state with the characters that belong to that type.

Vegetation absorb energy and then yield. They do not excrete after they take their food. The living beings that absorb several acids at a time, combine several organs together and form their bodies. They take several forms, get their soul, eat, excrete and grow their organs and live. These grow several crores of life-atoms in them and become a life-atom of a human being with the powers of God and grow the powers of gnana in them. By growing gnana in this way and making all the life-atoms to come into its cycle, the soul of the human being gets its reward. The way of gnana to get this gnana is the fruit that the soul with life can get. The gnana of the soul which is unsteady goes in the by paths that come in continuation and yield no fruits.

It is only when all the atoms in the body grow in their own way that a person can live with all the parts in his body in a healthy state. The atoms get the food that they require by their attraction and live. Once we get a state in which we change our thoughts and act, our absorption power and the state of our character and all acts in its progress will be obstructed.

Just as we make a garland out of loose flowers, put it on the idol and enjoy its beauty, man should make a garland of all the loose atoms in him, put it on his soul and enjoy its beauty. If we can realise this fact in our hearts, we can see any of the higher states.

27-6-80

Our earth would not have grown if it had not taken the waves of the power that comes from the sun. Even after its growth, the movement of the earth and all the lives, one becoming many and many becoming one, and the growth which depends upon the absorption power and the state of their thoughts depend upon the absorption of the earth.

The absorption power of the character of a person depends upon the growth of the acidic character which he has absorbed in

the beginning. His ability to execute things depends upon the circle of the absorption power that he starts growing and the mixture of his thoughts with other souls that come and strike on his thoughts.

The intelligent character of a person, the shape of his body and its parts depend upon the waves of thought that the person takes by his breath. No God comes and forms a path for any individual. When all are in one and the one contains all, a soul gets intelligence and the state of life on the basis of the power which its thoughts absorb. A man raises in his state, is active and his ability to do things depends upon the growth of the acidity of his thoughts and breath. His connection with spirits also depends upon the state that he takes.

The quantity of light that we get depends upon the amount of electric current that we pass through an electric bulb. A machine runs with power which depends upon the amount of current that we pass through it. Similarly a soul can get power only as per the thoughts with which it takes its breath. This life will depend upon this and he cannot get any power by going to several temples and worshipping the deities there.

Air contains all the acidity in it. By raising the absorbing power of our thoughts we can absorb those acidities that we require from the air that contains all in it. If our thoughts and breath are on the growth of this, by directing our absorption towards the Siddhas who are more powerful than us, by our meditation, we will be able to get gnana which can be obtained during our life in this world with physical bodies and learn about the path to proceed in the ways of gnana.

Once we know the path, there will not be any obstruction in the middle. By fixing our thought on one of the several thoughts in this worldly life, directing the power of attention of our thought towards Siddhas with the sound "OHM" we can know the path of gnana to get the divine gnana.

Once we enter the path of gnana we can make known to the world the meaning behind several truths. If the gnanis and sabtha rishis had not grown their gnana, the gnana in our world would not have seen the gnana of the self and the gnana of science.

Now a days the powers of the light of the Siddas are working in this world to a great extent. All the gnanas of human beings have lost the track to go to gnana and are in the grip of the gnana of avarice struggling to see the astonishment. It is the strange storm of avarice of man's thought which is increased by the whirling action of the earth and striking, that increases the sacrifice of human lives. Without knowing this, man leads a life of distress by the tricks of the spirits.

What belongs to him, the gnana of man, he is not able to understand. No man lives by himself aloof. Man, who makes the air, water, soil, and the several crores of atoms in him to live, does he, the greedy man, live by himself?

Man, who cannot live without the help of others and without mixing with others lives as himself. Every man should live thinking of the spiritual form of the Almighty.

28-6-80

It is man who gets the power of deity; it is man who goes as a devil and as a worm. It is from the thoughts of man that the embryo of man grows and his growth and life take their root on various planets. It is because of the attractive character, the state of growth of our earth and all its natural states are favourable to the thoughts and deeds of man's characters that man lives on this earth.

Though there are several living beings on this earth, which man has not seen or heard of, all of them have come in continuation of the development of man. Though there are many changes in nature, one grows in association with another and becomes many on this earth. The absorption power of the earth varies from place to place as the absorption power of the soil in a place depends on the absorption power of the thoughts and breath of the vegetation and the people who live in that place. The soil also inhales and exhales and so, the climatic conditions in a place depends upon the breath that the soil there takes. This I have already told in my previous books.

Vapour becomes water, takes a form, again changes into water becomes vapour and takes another form,. Our present state consists of these three, which go on repeating in a cycle without any end. If we understand the deep meanings lying in the epics like Ramayana and other stories contained in the Puranas and subject the gnana contained in them to our investigation, we will be able to know several truths from the by-passes contained in them.

This earth is rotating and moving in space on account of the states that exist in the north and south poles by becoming vapour, water and forms. As a continuation to this, forms change in the world, the acidic powers are being separated, the separated acidity gains power and in its growth, gets another form by water. This cycle goes on repeating in the vegetation that we grow and also in the state of the world.

It is only on account of the states that exist in the north and south poles that our earth breaths in its inner states by which one separates from another and the acidity that comes out of it becomes stable, its state changes and many states happen. In our earth in the desert areas there is sand only. But since we are taking out petroleum products from these places, how do those springs occur there ? If we dig the soil in our place, we get sand, rock and water. What is that state in which we get separated the acidity in the form of petroleum products from those deserts? We pour water and grow ground nuts, coconuts, cotton which are oil seeds.

The seeds that we sow grow by the water that we pour absorbing the energy from the soil, become many from which we get oil. Whatever seed we sow, by its absorption power the same kind grows. Similarly from the natural growth of the soil inside, products of acidity grow in those soils. When there is rock, coal and some other minerals grow inside the earth. Besides the growth of these there are other things also, which percolate from these with acidic characters. From the deposits of coal and some other minerals some liquids (acids) come out according to their characters and they yield oil seeds in desert areas. So long as this earth goes on rotating with two parts water and one part land, we will be able to dig out petroleum products from this earth.

In the planets like the Sun and Moon, the things that they give will be different from what we get from our earth. How do the things that are in the sea beds like pearls and weeds grow? From the bed of the sea and the rocks there, acidity comes out, their characters strike against each other and pearls are formed. From each the essence of its acidity comes out and some rare objects are born.

There will be no land if there is no water. Without air there will not be water. Like this one gets form from another and minerals are formed inside the earth. These minerals expel their liquid power and they grow as several liquid chemicals with high qualities, gold, silver, copper depending upon their quality. It is from silver that "Rasamani" is seen. Like this from diamond and other minerals grow essence of acidity in liquid form the bosom of the earth. The oil seeds that we dig out from the earth come in this series of character.

This world grows and runs due to the water spreads that are in the north and south poles. These poles absorb in them the poisonous acidic characters and give power of human beings and other living creatures to live. But man considers the north as not being useful to any purpose. Bad things are not really bad and good things are not good.

It is said that Lord Siva swallowed poison, did not allow it to go below the neck and is having it as a snake in his neck. What is the truth behind this? The north pole absorbs the poisonous air and does not allow that to spread into other parts. Thus the north and south poles make the poisons work in a useful way.

30-6-80

Our elders have made the north pole Iswara, who is lying in the ocean of milk. They have incorporated his good deeds in the epics giving him a form and name. Our earth has got the essence of the results of its running in space, rotating at the same time for several crores of years. But today, on account of the growth of intelligence of human beings the state of the earth is like a dried up tree. The soul of the inside of the earth is like a tree which has yielded for several years, lost all its strength and stands in a dried up state.

It yielded fruits; we have divided its fruits in many forms. How will be the state today? The state of the air, which was filtering the large quantity of poison in the north and south poles and giving us good air, is now getting changed. You may ask how the north and south poles take the poisonous air in them and give us purified air.

In mango and some other fruits the seed is bitter while the fruit is sweet. In the same way by nature the north and south poles of our earth are centres capable of filtering the carbon-dioxide which is poisonous and give out good filtered air. The acidity there gets frozen and several changes take place. In the course of these changes and on account of the growth of the poisonous acidities in our earth, there is an increase in the poisons that are being dealt with by these poles.

Anything can be steady in its state only when it grows as per its state by itself naturally following its own way. A person can lead a life in continuation of the gnana that he has grown in his childhood and further states of his growth and attained maturity.

If the deeds are more than the thoughts, will the deeds be done properly? When a person overloads his thoughts he will become mad only. This is the state that has now happened to our north and south poles.

Our Personal Experience

1-7-80

There is a vision in which a casket is handed over to me by our Guru Dev, Sirguru Maha Rishi Iswara Battar saying that he was giving instructions to us according to the state of our attraction, by the grace of our meditation and he is giving the casket to both of us (the desciple who absorbs the message in meditation and the one who writes it in the note book who is her husband) for the absorption power that we have shown during meditation. He said that the truths given in it may be kept with great care as ours just as the Apostles of Lord Siva who are Siddas, composed several songs and obtained what they had as their goal and kept them as a secret for themselves. As soon as I got the casket in my hands with great joy some questions sprang up in my mind. I

asked Guru Dev as to what will be the benefit that I will get from it? If I keep it for myself, I will be degraded as a selfish person. For this Guru Dev replied, that in our earth, especially in India several treasures are kept buried underground when the kings were ruling and they are lying without any use to any one. To-day by my grace you will be able to know the places where all these treasures are buried underground. By your meditation you will be able to take out these treasures by yourself or you can direct others to take them out. I realised that this is a test made on me to find out my intention. I first thought that it has already been said that the spirits of the kings and others who have kept the treasures buried, are guarding them and if it will be possible for us to take them out. Then Guru Dev along with some other Sabdha Rishis took us in the spirit world (astral world) to some places and showed us the treasures and the spirits that are guarding them. This is how he tests us several times during the course of our journey in meditation to find out the Divine Truth.

Our Guru, Sri Venugopalaswamy, who is till today with his physical body, has told us about several tests that he was made to undergo by Iswara Battar now, as well as, when he was with his physical body. To-day he is subjecting us to those tests. Then Guru Dev asked are you not going to accept the Divine Treasure that I am offering you? You can earn a name that you have got this state by our grace. He further asked when we have bestowed our grace how can you reject the same?

Then Guru Dev said, do not reply only from your side. Raise this question to your husband. He replied that it was enough if he gets the divine treasure of the ways to get spiritual enlightenment; What is the use in getting material treasure? For this Guru Dev asked, will you be satisfied by living in this circle? To lead a life in this material world, worldly treasures are necessary and then only you will be considered to be in a high state. Guru Dev clapped his hands and laughed over my replies and gave us some lessons in the path.

Life is the treasure for this body which contains several crores of life-atoms in it. Similarly, for this world which contains many things, the treasure is the One Power of the Almighty. We should get the grace of gnana to get the treasure—the Power of the Almighty.

I made this test to-day to see if you are interested in getting worldly wealth. He then gave us some more instructions also.

2-7-80

Worldly treasures have been kept concealed by our elders and kings who ruled in those days. In India such treasures have been kept in temples, underground passages in ditches round palaces, in some of the unidentified idols and their pedestals. The souls of the persons who have concealed the treasures which are of no use to any one now, are still living in the same circle of avarice for those treasures, unable to rise up any further in their state.

They can be known and taken out by the intelligence of the human soul by their thoughts that they should get those treasures and with the help of the deities. By doing so, what is the thing that they will get? If we get material wealth, the course of gnana that we aim at getting will stop, we will live in the same circle of avarice, our soul will separate in the same state and proceed further in the same course. Besides these we will be able to know where the natural rare minerals are deposited inside the earth by the powers of intelligence that our soul gets. Any power that reveals all these will only be leading the souls in this world to greediness of material wealth but will not help in attaining the state of the Almighty.

I have already told you many times that the souls in this world are able to live with the acts of Siddhas and Sabdha Rishis. What is the state of the Siddhas and Sabdha Rishis?

3-7-80

When we are living with a physical body, we do not feel the weight of our body, or think that we are carrying a burden on us. By the action of the machine-our life atom-several crores of life atoms that are in our body take the waves of the breath that we take and mix as air by the attraction of the earth.

Our body increases in its weight when the soul goes out of it. The body without the soul does not take breath and gets more attraction from the earth like the forms that have no soul in them

and are being attracted by the earth. It is by the power of the breath that we take, that there is difference in the bodies with soul and without soul.

Then, how is it that the parts of the body swell by the attraction of the acidic characters of the other atoms with soul after the soul leaves the body?

When we mix some food stuff with another and pour water in it, some acids are developed and fermentation takes place. In the same way, the body without soul, after it grows some sour acids in it, the water in it separates, the body does not give foul smell and mixes with the earth.

It is only then that the life atom of the body with its soul goes and mixes with the life which has already left the body and enters with this sound waves the sphere of action suitable to it. Man has one state while in a body, a second state comes when the soul separates from the body. A third state comes when the form of the body changes and the soul joins its life principle. Thus man has got three states.

The Sabdha Rishis and Siddas are able to separate the form-their body-from them and join them at their will by the thought of their breath in meditation. It is the Sabdha Rishis who separate the acidic characters in the air, mix them and make them act.

Our Sabdha Rishis who remain merged with the air, water and light who make the human souls to be born in this world and live. You may ask is it only our earth which is rotating and running? Do not the other planets also do so? Our earth has a soul of itself and has several souls living in it. Our Sabdha Rishis have increased the acidity by the powers that they have acquired in the past several crores of years, and by the increase of the acidity in this world they have made human beings to be born in this world. They have made the human beings to grow their intelligence in several ways, taken the powers of the growth of gnana in them and increased the powers in the state of the vast expanse of air and made several forms.

When the clay is as clay, we are unable to see any form in it. When the potter takes the clay and makes pots in several forms we

see the form of the clay in those pots. The potter and the clay are the grace of Adisakthi. The potter digs the clay and makes several pots out of it. In a similar way our earth is made the raw material – the clay – and by the powers given to human beings they are made as gnanis and Siddhas and taken by the Sabdha Rishis.

Our earth which is the raw material for manufacture has deteriorated in its quality and the Sabdha Rishis are adding some good things to bring the raw material to its standard and see Kalki Yuga.

4-7-80

We are giving here lessons for the human souls to realise themselves and raise up in their state and know the truth. A student in a school obtains marks in the examination held as per the way in which he has understood the lessons given to him and raises his intelligence. If he gets good marks, he goes for higher education. A student who gets low marks and is not intelligent is not selected for higher studies.

Like this, the grace of the high power of the Sabdha Rishis, called the Almighty, is spread in this world. Those who are attracted by this gnana are selected by the Sabdha Rishis as their harvest. Even these are subject to many tests before they are allowed to enter into their circle.

All the students who go to the school are not able to absorb the lessons given to them and discontinue before they complete the lower education. Like this among those who have understood about the high state and like to get the heavenly pleasure, some fall back unable to proceed further.

Gold increases in its quality as it is heated and hammered. Out of the several thoughts that arise the one to get the state in which we absorb the divine gnana is what we have to aim at. There will be many obstacles in its way and the way to act is to overcome all the obstacles that come in our way and go back to our state of meditation.

There is a vision in which the mother puts her child in a cradle and makes it sleep by singing songs. The child enjoys the songs of the mother and sleeps soundly. Before the mother puts the child in the cradle, she makes sure that the rope, the cloth etc., are in order. After the child sleeps, the mother covers the cradle with a cloth to prevent any dust falling on the child and makes sure that the child will sleep without any disturbance.

What do you learn from this? The mother does not have any selfishness in attending to the comforts of the child but fulfils her desire by growing up the child to maturity and see it deliver a child. This cycle goes on repeating. Similarly the Sabdha Rishis are working throughout the world to grow their children in their way and act like them.

Our Sabdha Rishis are acting in the ways of gnana so that the state of the living beings at the end of this Kali Yuga may not have end. It is only when the souls who are their children are lead in the path to go to a subtle state with the attraction of this earth, the souls with gnana in this Kali Yuga can grow their gnana with a particular acidity by the power they absorb from the Divine Light of this world.

The gnana that is obtained in the path followed by the human beings will improve the welfare of the people who live in this world. It will make the light of their thought to act towards gnana and help the growth of not only this planet but also any other planet. Do you understand the meaning of the lessons given all these days? The thoughts of the souls of this world are getting shattered as a state has grown throughout the world in which no person knows when his soul will depart and the day for the change to take place in the world is approaching.

We select from the shattered souls by the attraction of meditation.

The Power of the Almighty is full in all who are the creation of Adi Para Sakthi. People of each religion worship the Almighty

according to their own ways. Atheists want the power of the Almighty to be shown to them. Though all the things and all the living beings are God, we are not able to see Him.

There is a vision in which a person has got some itching sensation in his back and tries to scratch that place with his hand, but his hand could not reach that place. He then uses some article to scratch that place and rubs his back on the wall.

Explanation: A man is not able to scratch his own back though it belongs to him. He is not able to see what is on his back. Yet the back belongs to him and he is able to know the feelings and sensations that are there. Similarly in every living being, it is only when the power of the Almighty remains there is the form of vapour that the life-atom appears and lives. When it is like this, can the Almighty be felt only when it is shown in a form?

Every soul lives as a living being only when subject to the divine powers of the Almighty. Without realising this, every man lives only as per the state of the power of the breath of his thoughts according to his state. Delicate things can be made only with delicate parts and to make heavy things we have to use heavy parts. Similarly if our breath is of narrow thoughts, our life will also be low with low gnana.

The gnana that we get will depend upon the strength of our thoughts and the basis on which the capacity increases. We will be able to raise the state of our thought by entertaining high thoughts of gnana while our soul is in the human body. After the soul leaves the human body it does not have the power to get a higher wave of gnana for it.

There is a vision in which a ball is floating and moving on water. When a small hole is formed in the ball, the air comes out and the ball sinks and goes to the earth at the bottom of the water.

Explanation: Similarly the body which is a ball with air, when the air which is the life separates from it, it is unable to move, stand or speak, becomes heavy and merges with the soil. In the same way our soul lives in this body on account of the waves of the power taken by our breath and the power of the thoughts of the

soul also lives by these waves. Our Sathiyathin Sakthi Nilai paves the way for strengthening this power.

10 7 80

It is said that a person obtains salvation and sees the Divine Light only when he leads a life without any desire as a sage. On what basis is he considered to have discarded everything? Have we realised the truth behind the ideas expressed by our elders? Discarding everything does not mean living aloof in life without desire, affection, duties and go as a mendicant with selfishness to get the grace only for himself.

In the growth of the thoughts of the several crores of atoms in a soul by which a man lives, he should not subject himself to the influence of other thoughts. Man is a planet that is influenced by fear. Man takes rebirth on account of his desires to live during his previous life. Human soul has got a fear from its childhood.

Animals and birds have this feeling of fear much more than what man has got. They have also got the waves of breath for self protection more than what man has got. Animals that have come from human beings take this breath of feeling more and more in their subsequent births and as the formation of their bodies grow in this state, the power in the acidity for self protection increases in their form.

The state of a person is combined with the states of the several life-atoms on account of the numerous thought waves of the individual life-atoms that are in him. Besides these many life atoms which are to be born with bodies enter into the bodies of mother and father-male and female-several days before the pregnancy takes place.

In this way, when many life-atoms are mixed in the soul of the body of a man if the state of fear increases, the atoms and life-atoms with soul, when they find that they cannot create a state as per their action, they start agitating which is more powerful than the thought and the feelings of the man. It is only when man gets into a state in which he does not have the feeling of fear that he reaches the state of a sage.

Every person should live in his soul with a breath not giving room for any feelings of fear in his thoughts. When any difficult situation arises, if there be no fear of death, we will get a clear solution. When we are in a room alone with a dead body, if there is no feeling of fear our thoughts should be like those of the things that have no life in them. When there are many life atoms with soul and without soul in the soul of a human body, when he has no fear of death the many souls that are in him will help him and he will get the feeling that he is having the strength of the several crores of persons in him.

The meaning in saying that a person should realise himself is that all the life atoms in him should work with the same thoughts as the person is having when he will have all its strength. The life-atoms in a person with various thoughts will work for the growth of the individual life-atom and help the thoughts of the person in their own way. The thoughts of a person can be made to grow in a better way than that of animals. It is on this basis that man, who has got a steady state and the cow and some other animals like the cow, give birth to a single offspring in a pregnancy.

Then how do human beings deliver more than one child in a pregnancy? How do animals give birth to many young ones at a time?

14-7-80

In my previous lessons till today, I have been telling you that the acidity grows as per the state of the thoughts that a person cherishes. The souls with life that have left the body with a large amount of the same type of character in its thoughts and the life-atoms of the elders which have left the body with family affection as son and daughter and also those who want to be born in the womb of a mother and also the life-atoms that have left their bodies with their desires unfulfilled in their previous births enter into the bodies of males and females from the time they reach their puberty, through the breath that they take. This is one of the reasons for our elders not permitting grown up girls to go out of their houses.

Some of the spirits that have not fulfilled their desires during their married life, make some states in which they can enter the

bodies of people of the corresponding age and development. This power will be more acute when the rays of the Sun's light waves are more and also in places where there is water spreads.

As there is a desire to come to life, they are particular to see that the state of soul of their life-atoms do not get shattered. The favourable condition for protecting the acidity of their soul from shattering is in places where, Sun's rays fall on water spreads and the light waves are more. Do you understand why our forefathers go to live rivers to worship? It is because the souls with life in spirit form and the state of the people with live bodies and their live souls live together, souls in spirit forms with a desire to live enter into the bodies of living persons. Besides entering into the bodies of living person, these spirits act in their thoughts to their advantage.

The souls in the form of spirit when they come to life are born as more than one in a delivery. This tendency is more in animals in which many life-atoms enter into their bodies through their breath. Among animals those that are single minded and are calm deliver only one offspring at a time.

What happens in these births are due to their thoughts in their kind and on account of their acidic characters. In such a state all the life-atoms that have entered into the body are not able to take their birth. After the spirit departs from the body, they are released and for the souls in spirit form that have left the body, to find out a suitable place and take birth it takes several years. Do births come only in the routine of their spirit souls? This question may also arise. The state of each varies in man himself.

16-7-80

To take human birth as per the normal routine one has to remain in the womb of the mother for ten months. Then, he lives his life, dies and the same process repeats. The truth behind the birth of the soul and the principles underlying the various states have not been explained to human beings and the ways to be followed have not been shown to them.

Vegetation, by the absorption of its characters, its growth is in several crores of kinds. One kind changes, becomes another

and goes on growing. These vegetation grow with the attraction of many rare high acidic characters and after they die, they mix with the attractive characters of the soil and get a different character. When this dies, the acid vapours that come out of these mix with its own kind and one following another it becomes heavy and mixes by the attraction of the earth with metals which are heavier than itself.

In this way though the human race has evolved from the powers of the acidic characters that have come out of the state of vegetation by the growth of the heat due to the attraction of the magnetic powers of the earth, the men of today grow as one from the other by pregnancy just like we sow the seeds of grains and reap the harvest. In a land if we grow the same kind of crop for several years, the land loses its power. In the same way, the life-atom which was born in the beginning as man with many acidic powers, as it goes on taking birth after birth, on account of the state of the attraction of his thoughts, loses the acidity of man and lives with the qualities of an animal. These will definitely be born as animals in their next birth.

A certain kind of people are born as animals, go round in that circle, degrade further, become worms, insects and after living in that state of breath for several crores of years get the chance to be born as human beings. Some others, from the state of animals, by the qualities of their breath with rare powers become human beings.

Besides these, some souls with life have the chance to enter into the wombs of mothers with new life-atoms. It is only one in a crore that can get such a chance, and all life-atoms do not grow like this.

Human beings vary as per the land, the country, growth of thoughts, form of the body and the attraction of the breath of the soil there. One type of people are born, grow, live their life in the same circle and die. Some others grow their intelligence in their life and like to know several things.

There are some others with intelligence who do research work, find out new things and put them into action. Like this human souls are such, that their thoughts grow only as per the absorption

power that they have got and in the way in which they are directed. The life of the soul in a human body which has got high magnetic wave powers is capable of absorbing those powers that it attracts and give their effects to the life-atom.

To-day, by science, man coats the acids of metals with magnetic and electric waves and take the electric waves that come through the rays of the Sun, for his research and use in many delicate instruments. Thus he separates the waves of power from the light waves of the Sun and by its development does several acts of appreciation.

We are having a body with a live soul having its magnetic attraction. If we know the ways to direct our exalted thoughts towards any object and absorb its absorption power in our living soul, we will be able to do all the acts that are being done in science, by the power of our soul. It is by this way that exhibitions of supernatural powers are done by people and the state of Sabdha Rishis work and not by the ways of bakthi that has been separated as one of the paths to-day.

Those who are going in the path of bakthi have separated God and man depressed the thoughts of human beings.

18-7-80

During childhood the body is very soft. As the child grows the parts of the body gain strength and muscles develop. Similarly when we are in the early stage of meditation, the state of our thoughts do not mature. As we grow, the state of our thoughts also grow and we reach a stage wherein our thoughts become steady. Then we get into its attraction and passing through the various stages, we come to a stage when we are able to detect some smells in the breath that we take with our thoughts. We also get the pleasure of tasting several tastes and seeing light waves by our breath. Then we get into a stage in which we can see our figure before us during meditation and on further absorption, we will be able to hear some sounds. By sound it is meant the power of absorption of the sound "OHM" produced by the rotation of the earth, through which it is possible to have contact with the states of many of the Siddhas. Like this it is only after we

grow step by step and grow our attractive powers by meditation that we can get the state of Siddha.

How does a Photographer take several copies from one picture?. When we see our reflection from several mirrors placed at different angles, we see many images. Similarly persons who are able to utilise the exalted intelligence of their soul, are able to separate their physical body from its life-atom, soul with life, and mixing with the essence of the form of the body with power the acidity in the air, act in several places at the same time.

Remaining in one place, they can send their soul with life-atom to any place in any planet, see the things there and can take any of the acid powers. The parts of the body left behind without the soul are able to breathe through the several crores of life-atoms in it and act as they were doing when the soul was in the body. All the life-atoms will be acting by themselves as the life-atom of the soul was acting, but the physical body will be unable to perform any action or absorb any of its thoughts till the life-atom of the soul returns to the body. People talk of transfer of soul from one body to another without knowing the real thing. A real Siddha can appear in several forms at different places at the same time. Man has belief in cinema; he has belief in his reflection seen in a mirror which has a coating of mercury compound at its back. The same state is in the pupil in our eyes, in water also; that is how we see the reflection of our figure from the surface of clear water. In the same way Siddhas separate the acidic characters that are mixed in the air, with the live soul which has separated from the body, take any form at any place, remaining in one place. When this state is explained to you, you may ask how to separate the soul from the body?

Every person by the attractive power of the waves of his breath can have control over all the atoms in his body and each atom gets the power and the state of a living soul. Then he will not become a slave of any other attraction during his life. He gets into the way of thinking any thought as his, and by the attraction of the breath that he takes by the growth of meditation, gets the power to know about every state and reaches a state of Siddha in which his live soul can see any form.

If a person, who has the acidic characters in many states in his thoughts, gets into the path of meditation on thoughts, concentrates his varied thoughts on one thought and earns the way to turn his thoughts in one way of gnana, then he will be able to concentrate his thoughts on any good power, takes breath in the same state get the real growth in that path by the attraction of his breath.

If he proceeds in the path which has the attraction for the acidic character which is directed towards gnana, he will be able to get any delicate waves by the growth of gnana. If we get used to take these delicate waves in all the atoms that are in our body, then we will be able to separate life and soul, from our physical body and know about the condition of every acidic character, the way in which the soul gets life in its circle, the way in which one mixes with another and grow. We will also be able to know about the mineral deposits in the earth by the help of instruments and artificial electric waves and also the state of the liquids that ooze out of the minerals, the real states that exist at the equator of the earth. The person who grows the power of the electric waves of the soul to an extent which is more than those learnt by artificial electric waves, then he can go to any place, know about the states that grow under the earth as he can do on the surface of the earth.

The person who grows the power of the delicate waves in him will be able to see any of the states that exists in the air space round this earth and also in the milky way beyond that. All the life-atoms that are in the physical body left behind by such a person will neither eat and excrete nor will they inhale and exhale as they were doing before but by the attractive powers of the delicate electric waves the body will be acting in the same state without having any deflection.

Today these states have been hidden from the common man saying that they are secret deliberation and wicked acts which are beyond the reach of ordinary man. Man makes the electric waves to work by artificial means. By the continuation of its own waves it is only the human soul that is capable of growing the life-atoms to any delicate state by absorbing the light waves

of the sun. It is only when the soul lives with the body and the several crores of life-atoms in his body absorb these waves in them that his power increases many times. The souls that have left the body and are in a spirit state do not have the power of this power and unable to act with the gnana of human beings during their life in the spirit world.

The gnanas which are absorbed by the power of the life and the connection with the high electric waves are not possible for the souls that are without life in the spirit or astral world. We, who live absorbing the breath of the electric waves of the sun every moment, live enjoying food and other worldly pleasures without knowing the powers that we have acquired during several years of our life with this soul.

22-7-80

God is in everything; He is as everything. It is not good powers only that is God; bad things are also created by God. The figures of God is mixed in good and bad things. A man with good qualities belongs to God and the one with bad qualities is also a creation of God. If the truth lying behind this is realised, it will help human souls to realise the powers of God and act. All creations are done by God. The one who is created should see the meaning behind the creation, enjoy the self which is his, is a result of creation, the growth of the Divine grace and good characters. He gets the fruits of his creation by the growth of those who have got the state of Sabdha Rishis.

The pleasure got by the growth of good character by the grace of God, is the same as the one got when his acts get the result as per his thoughts. God's creation is not on the basis of good and bad; all are creations of God. Several states grow combining with nature. When there is no bitterness, sweet taste cannot be recognized. Man considers the days of trial as bitter days and abandons worldly objects. He continues the same wave of breath and is unable to get out of that circle by the pressure of the bitterness. Several souls do not realise their real state and by the vigour of these thoughts are unable to get out of it and take to bad ways and deeds without their knowledge. Man should realise that it is by

his thoughts he can change his bitter life to sourness and then change this sourness into sweetness. If a man does this once, when such a bitter taste comes to him again during the course of his life, he will be able to make that state a sweet one, by the absorption power of his thoughts and come back to his real state.

No good feelings can come out of sweetness. The sweet mango fruit, when it is in its tender state is bitter. As it grows, its taste changes into sourness, and after its full growth it becomes sweet. When the seed inside the mango fruit remains in the sour state how does the pulp over the seed gets this sweet taste?

Similarly turn your bitter days into sweet ones. Sweetness can be had only from bitterness. This can be known if we analyse the real facts during the life time of geniuses, Siddhas and Sabdha Rishis.

Be he a king or genius, that form is not given to them by any God. They got those high states by the breath that they took. God's creation is one and that is the power of nature. Their basic character depends upon their growth. It is only going in this path that the Moon, the Sun, our earth and ourselves have been got as its produce. God has not created good and bad things, sees good and bad mixed as a result of His creations, sees only good things as a help to His growth.

In such a state how to separate the creation of God?

25-7-80

There is a vision in which a sensitive man yokes insensitive buffellows to a cart, loads the cart with huge boulders of stone and drives the cart.

Explanation: Man utilises several things, animals, minerals etc., for his pleasures during his life time. The insensitive buffellow is more useful to him than himself. By this he gets his work done. It is the insensitive buffellow that is useful to him. Like this man utilises for his use several kinds of things and living beings that are on this earth. Man of to-day makes the powers in this world as his own by the growth of his scientific intelligence. But every man at the end of this Kali Yuga lives realising himself but not the true powers that are in him.

There is a vision in which a man sits on the bank of a river, angles using a bait, catches big fishes and goes.

Explanation: The state of the world today and the growth of the state of the thoughts in the life of the people of today are on this basis. The man uses a bait to his advantage to catch the fish and eat. Like this the intelligent man for his lazy life with his intelligence absorbs the electric waves that come from the Sun to our earth and also the minerals that are produced, by the earth by its absorption. I will tell you some of the states which have not been given out till to-day.

Man who is doing research about volcanoes, ice hills, deserts and even deep seas, why has he not found out in the dense forest, in which no man has tread so far, wells which have greater magnetic attraction than what is in other places? These wells with greater magnetic attraction are many along the equator of the earth. This attraction is more below the level of the sea. If any thing including man goes near these places they are pulled down by the great attraction.

The central portion of the equator which gives power for the magnetic attraction of the earth is in the initial stages of investigation by modern scientists. Any instrument used by the scientists to do their work will be attracted by it. The area of these magnetic wells is not in square miles. In this earth they are in three particular places with an area of five to six feet square.

It is difficult to locate these by the scientists. They are one in the level of the sea, second on the top of mountain and third in a desert. One is at the central portion of the equator, second in the hills in Karnataka state in India and the third in Sahara desert. Their attraction spreads round these places. You may think as to what is the idea in telling these?

26-7-80

These wells of magnetic and electric power are the springs that give energy for the growth of the magnetic and electric waves which supply power for the attraction of this earth. If the attraction of the magnetic and electric waves go on increasing and the

wells grow, the attractive power of our earth will also increase. To-day Jupiter and the Sun have grown more than our earth, has more attractive power than our earth and still go on growing, giving their power to other planets. This is on account of the increase in the natural vegetation which gives the acid powers for the growth of the several kinds of souls in them. Our earth has now decreased in its power to grow in it such vegetation and increase that state.

Our earth is also increasing in its weight, but it is in a state in which it cannot grow its power of attraction as the man of Kali Yuga has prevented the earth from absorbing the waves of power that come from the Sun and used them for generating artificial electricity. The intelligent man of Kali to-day has generated electricity hastily by absorbing the food meant for our earth to grow its attractive magnetic force, before the earth can take, consume it, grow and give its fruits. By this he makes a change in the growth of the earth and the future living creatures and their states.

The intelligent man of Kali Yuga, for the praise of the intelligence for his artificial things, has spoiled the nature of the earth, which lives by a combination of several crores of life-atoms in it besides its living, it grows itself while rotating and moving in space, by spoiling the electric waves for his actions.

Several crores of Siddas and Sabdha Rishis are working to change this state and make the earth grow and Kali to change to Kalki. When this Kali changes it is only when the acidic power which lived in combination with the powers of the human race and character continues, that any planet or any new creation can grow in the same state, and it is for this that the Sabdha Rishis and Siddas who have got their grace, are working.

For putting a roof, walls or posts are necessary. Similarly it is by the growth of the thoughts of the human souls in a good way that plants and all things can grow.

Every human soul should realise this state and while in this physical body, should make the magnetic power of his life-atom to take a good state and make all the life-atoms in the body to get this vigorous power. Then by meditation, he can make all the

lifeatoms in his body to shine and work as one with the life-atom of his soul. By the power of meditation and in continuation of the delicate waves taken, he can get the light waves of the Sabdha Rishis which are spread everywhere and grow several acts by the soul of his life.

The meaning of life is not being praised by others while living and get credit after death. The growth of all kinds of naturally grown planets and powers come from the state of the growth of the light waves taken during the life in a human body. During the short period of this life we should not aim at short lived fame and name. Our aim should be to rise up to a high state and become a planet.

This is the true state that is being revealed in these lessons given by this Satiyathin Sakthi Nilai Sangam (society for the revival of Divine truth.)

28-7-80

Even now man is arguing whether the seed or the tree came first; whether the egg or the hen came first? He is not able to separate the main principles given in the puranic stories and understand them. Man, who has grown intelligence and limbs to work, has not recognised his growth, is not in a state to grow and does not understand his natural true growth.

There are many states in the characters, many states in his heart and in sounds also. The base for the growth of these characters are in several crores. The power of life of our earth is air sound and water. The power of this life principle is not beyond the air space of this earth. The earth takes its life by itself.

The temperature of the different places in the Milky-way depends upon the acidic characters that are spread there. When we go to the Milky-way beyond the air space of the earth. the life principle differs from what it is in this earth. By life principle it is meant the inhalation and exhalation of the vapours with sound light and water which rotate in the air space round the earth by the rotation of the earth. The air space round the earth for a distance of ten to fifteen miles from the surface of the earth belongs to the earth.

Similar to the questions stated in the beginning, human souls have not realised which is bigger? Sakthi or Siva? Some Siddhas have given out in a concealed way, what they have known as half male and half female and made the figures of God in stone in human form.

Any acidic form gets solidified and by the power of the light that it takes in that place gets life and by its rotation its acidity increases. By the addition of acidity due to its growth, the power of attraction will be as per the state to which it has grown and its power of absorbing the power of light.

Our earth as well as all the planets have grown from the original form of the power of Siva Sakthi. It is acidity that has consolidated which is Siva and the state that has come by the attraction of magnetic light with acidity is Sakthi. Without the attraction of Siva in the form of acidity the magnetic waves of Sakthi cannot act and it will have no power. In the same way Siva who is in the consolidated form of acidity cannot get life without the light of Sakthi. It is the state of the growth of the powers of living beings and what has grown as all in all includes all the universes.

In this which is bigger? Sakthi or Siva? Without Sakthi there will be no Siva, and without Siva there will be no Sakthi. Siva is the form and the life in the form is Sakthi. All should grow realising the State of Adi Sakthi which is beyond Siva and Sakthi. Siva is not male and Sakthi is not female. Every living being can live only when Siva and Sakthi are in it.

The form of Siva-Sakthi (human form, half male and half female) is the one revealed by Siddhas in a concealed way.

For the question, if tree came first or seed came first, if man acts intelligently with his thoughts, he will know that it is from the Origin of the tree that the seed has come.

29-7-80

Siva who has the form of acidic characters requires for his growth the attractive power of the characters of life consisting of

magnetic light. It is only after this that the acidic character gets life and the state of its growth. Without the acidity in the form of reality, there will be no power for the magnetic light power. Unless the state of Sakthi spreads and the acidity in its real form gets life, it will not have growth of its life.

It is on the basis of this character that all are in all including us. We, who are proceeding in this path growing during our life do not realise the truth as to how many crores of years it takes for us to get the ability to be in a human body, live without going in the path to higher states but destroy ourselves.

When a mango fruit has its full growth and gets ripe, its colour and smell are pleasant and it is sweet. When we see the colour and smell of a fruit that is ripe before it is fully grown we are anxious to eat that.

If man grows like this, he will have a beautiful form, good thoughts and will shine as an Angel. In the initial state the young mangoes are sour in taste. Like this man who does not know in his early days of his growth should get ripe in his gnana by his intelligence and become pleasant. Our earth contains countless characteristic powers on account of its attraction for acidities. The earth did not have many colours, smells and tastes to grow in it in its early stages of growth. It is by the way of the attraction of acidic character of each and the attraction of the beautiful combination of Siva-Sakthi that the earth is full of natural colours, smells and tastes.

How did the colours come, to the flowers? How did the fruits get their taste? As the acidic forms that remain spread get the absorption of the powers of magnetic light, in certain states butterflies in different colours get their life. This is the state that happened when the earth started the growth of vegetation on it. These butterflies lay their acidity – the eggs of their excreta over some vegetation. From this its acid breath spreads flowers are got in different colours.

It is from, these colourful flowers that the honey bees suck the food required by them from the flowers. If there are no honey bees, there will not be any sweet fruits. Like this by nature one changes into another, the acidity that one takes gets life, that

life undergoes a change, another life grows and this is how our earth is running.

It is from the state of this acidity that all powers get life. The cobra grows the ruby in itself with its delicate waves of absorption in one state for thousand years. How did the cobra get the ways to grow the ruby in it? This question may also arise. The absorption of light from the eyes of the cobra is capable of attracting minute electric waves than any other living being. When a cobra sees an object, its figure will be retained in its eye for a long time as happens in Photography.

The state of lion is almost equal as the absorption power of cobra. But in the state of its growth, in a lion it does not have that fixing power due to its ferocious active state. The eyes of the lion are capable of absorbing huge light with magnetic attraction. You may ask why I am telling all these?

Though there are some living creatures and animals with the acidic powers to absorb the minute waves of attraction, since they have not got the intelligence and limbs to act like man, their state has not been understood. When man has got the growth of his intelligence, limbs and capacity or execute things, with the help of the acidic characters that are in plenty in this world, which have come from the rays of the Sun, without scattering his meditation in many thoughts, if he absorbs the minute waves of attraction in his thoughts, the absorption of that thought spreads through his breath, the minute power of attraction of this acidic character suitable to his thoughts, taken from the air and spreads it throughout his body.

This is the meaning in saying stabilise your thoughts. By stabilising it is meant, the act of sending the thoughts of high gnana on one and absorb in a delicate way the light of the acidic character through our breath.

31-7-80

In our earth, since several years and even now, several people have published several achievements in their research works to find the true states and are still continuing in the same path.

Though man does so many things by the absorption of new delicate waves, he has not got into the ways for the life-atom of his soul to go towards the Divine Light. There are many geniuses, but their breath is only in the one way in which their thoughts of gnana are directed for research. So their live soul after it has separated from the body has connection only in that circle and does the same kind of acts, have connection with some other soul with a human body or take another birth with the same thoughts and continue the same acts. They do not reach a state in which, they can make their soul with the life-atom to have its growth by mixing with the light waves.

It is only when our soul is in a physical body, that we will be able to direct our minute waves of thoughts of attraction towards the Siddas and Sabdha Rishis who have grown to a higher state than us and make the breath that we take by our thoughts mix with the waves of the light of gnana. When the minute waves of thought go and get fixed in the light of these Mahathmas, in continuation of this we get into the way of absorbing these light waves in our life-atom. Then all the several crores of life-atoms in our body get into the path by which they are able to mix with the waves of the Mahathmas as a continuation. Then our state would be stable like the sphere of light of the Sabdha Rishis made in the several planets that have grown with the growth of the Adi Sakthi of the Universes. The growth of man and every state depends upon their thoughts. This is what is meant by saying that the man who has got limbs to execute what he has in his thoughts should know his own state.

Man takes the breath of attraction as per his thoughts and spreads the same throughout the body by the various nerves. In the same way vegetation with soul and all other natural growths have in them nerves that can suck these waves of attraction.

It is by the state in which the power of the light of the acidity is absorbed and pulsation takes place that the growth of the nerves of attraction grow. But in man by the attraction of his breath in his thoughts and his state of attraction the state of all the atoms with soul which grow in his blood also get mixed.

Vegetation that take their breath in one state do not have circulation of blood in them as man and animals have and they absorb the magnetic power by the absorption through their veins. Man who has got several thoughts in him and lives with many thoughts, subjects himself to several states, gets into one state for each of his thoughts. We should escape from all these states and should not allow the state with many thoughts to get fixed in our mind. We should set our thoughts of attraction in a uniform state and act with what is necessary for life. Every soul should realise the truth of its birth, that he was born by the power of the Almighty and lives with the Almighty- the life – atom in him. The offering that we can make to God is to make ourself God and mix with him. This should be the path for the growth of the thoughts of man. This is the offering that we can make to the Almighty.

1-8-80

For any power to act, there should be pulsation with magnetic light waves. The state of this power is obtained from water which gives life. How was water obtained? Man, even after feeding fuel oil in the engines, has to introduce water of life, make it circulate, and by circulating the light of the waves of electricity and magnetism and with its sparks makes the engines to work. When the light of magnetism and electricity is born, it is life that acts.

Man generates electricity by spreading the magnetic and electric waves from water. You may ask what is the state in telling the truth that exists?

The light rays come from the Sun. Man who has realised the truth that light, nature and water of life are got by the inhalation and exhalation of the earth which is rotating, does not know the real secret behind the principle which is acceptable.

Does the characters of acidic power that come from the Sun, do they come straight from the Sun and spread on the earth? In what state is the power of light as it travels on the earth? Our earth will not have the acidity of water, which is the pulsation for the life of this earth,. If it does not have the waves of power from jupiter which has helped our earth to form the embryos of human souls and get the light waves in a proper way. The acidic

power of various planets help our earth for its formation by the mixing of light and sound, becoming vapour, then soil and getting the power of life.

This soul should have the character to absorb the waves of sound. I have been telling you about magnetic and electric waves for the past several days. From where does this magnetic and electric wave gets its pulsation? How does this magnetic and electric wave happen? In the state in which the acidic characters are spread, if another acidic character strikes on it, on account of the attraction of the shaking created by the sound produced, when the power of the acidic characters of the Sun spread in the air space, a state of attraction in which water vapour with pulsation of life springs up and the attraction gets the state of pulsation.

The attraction of this pulsation becomes heavy and strikes on the state that filters through the air space round the earth, the earth gets this light of life, which is sucked by the attraction of the earth and the light waves that are emitted by it is what we see as the bright figure of the Sun.

At twelve noon a certain part of our earth gets the light waves of the Sun at a certain degree of inclination. Any place in the same straight line between the Sun and the earth will not have the same amount of heat-waves and light as the earth is having. Let the scientists see this and investigate. As we go higher away from the earth, it will be cooler than the earth. The earth absorbs the light waves of the Sun by the power of its attraction on account of its rotation while it keeps moving. As scientist injects liquid fuel into engines and runs them, the earth by itself takes the fuel of acidic characters and by attracting the light power of the Sun in the form of delicate magnetic waves, keeps running, growing itself at the same time. Every planet, let it be Sun, Jupiter which has given power to this earth, or any other planet which has grown more than the Sun acts due to its natural powers and the growth of its attraction.

If the intelligent man knows his real state and discharges his thought waves to his life-atom by the breath that he takes, then he will be able to put into action, the acidic characters of good quality

required, its waves of life and the delicate magnetic attraction and the attraction of gnana, by the breath of his thoughts.

2-8-80

I have impressed on you in my previous lessons, at several places, that an act is a thought put into action and thought is God. How does vegetation live by absorbing one acidic character that is required by it in one state? Onions grow a type of hot taste by sucking that kind of acid juice. As soon as its vapour touches our eyes they shed tears. The smell of chillies gives a burning sensation; some other vegetables create an itching sensation. Besides the vegetation that we grow, each one of the several crores of the natural types of growth absorb that type of acidity required for its growth.

Though these have already been told in my previous lessons, I am giving them here for the sake of sequence. The vegetation that grow by absorbing in one state do not need the actions and food habits like what man has got. How did man get the state of living by eating, excreting and sleeping? The state of the living beings which get their forms from the acidity that has changed from one, mixed with another, grown in their state get a state with a heavy body. Because these get the states of attraction as per the acidic characters that they have got from each one of their states, after they have got a body with soul, they realise their requirements by the acts of their thoughts and get the capacity to do acts as per their requirements. It is only those souls that have added their acidic characters one after another in them from the time of the initial creation, for the acts of what they feel and think, that require the basic food as per their requirements.

What is the inner meaning in this? Till today I have been telling you about the deeds of the thoughts. To-day I am telling you about the requirements of the feeling of thought. When our body requires water, the mouth becomes dry and our thought is directed towards drinking water. It is by the requirements of the feelings that we send our thoughts and as a result of the thought, the action of drinking water is carried out.

In the same way without our knowing, in whatever work we may be, and even if we do not direct our thoughts on those acts and we are engaged in the work throughout the day, the hot waves in the body come out as vapour in our yawning and makes us to give rest for the parts of our body by sleeping.

In this way the physical body lives today with several thoughts and acts in combination with the acts of several acids and gets the thought waves of the feelings. Then why do vegetation which is in one state, and other minerals which also have life, our earth and all types of planets while they have life, do not have the state of feeling and sleep?

Living beings sleep; earth, other planets and vegetation do not sleep. The acidic creations with one state do not sleep like the living beings that live by the striking power of several thoughts. If they sleep, how will the beings that sleep get pulsation of life?

The living beings that find pleasure in the creations of nature and live, should not proceed with the same basic characters of their thoughts, eating, enjoying, sleeping, making the exalted powers that they have got to fade, but get the power of attraction of the thoughts in one state and get the growth of the waves of gnana.

3-8-80

It is air that makes solids to melt. It is the same air that makes the acidity in the form of vapour to solidify. The life of our earth is light and the water that comes by the striking of the air. When a small hole develops in a ball, its action ceases.

When the vapour of the attraction of the acidic life in the air separates from the body, the body does not have life. The power of the world is filled in the acidic characters of the air. Though the milky-way beyond the air space of this earth is filled with acidic characters, it does not contain the acidic character of life, as is in the air space round our earth. By its speed of rotation our earth grows air, light, water, takes them as its food, rejects the refuse and by the same process lives for several crores of years in one state of rotating.

When is the change in this world going to take place!? The state of our earth is going to change due to man, who has grown by the acidic powers of light which the earth has given out after absorption. When the state of the earth is like this, due to the growth of the state of the breath of its thoughts the rising and falling of the state of man who is born in this earth, grows and lives in it, depends upon his absorption of his thoughts and his actions. Though the earth attracts several crores of acidic-characters from this world in various states, the air with the acidic characters of the creations in this world do not come and strike our breath in its own state. There is no man without a thought for every moment. It is by our thoughts that we take our breath. Man who takes his breath in this act attracts the breath with the thoughts and acidic characters which varies from man to man.

However long it may be, man, by the breath that he takes by stabilising his thoughts will get into the good path without any deficiency in his thoughts, with the growth of the acidity which enables him to do acts that will grow good gnana to take the breath of his thoughts from the various acidic characters and make the magnetic and electric waves that he attracts, strike his good powers, he can make the attraction of the light of that power to spread throughout his body by the help of the delicate magnetic attraction, make the various acidic characteristic that are filled up in the acidic character in one state to spread throughout the body. In this state if we grow our body by the attraction of our thoughts, then, no acts which are done by the various characters that develop such thoughts can remain in his body. Even if several thoughts strike us to do some acts, we will not be caught in the attraction of many of them. Our body will be filled with the power of light that we have already filled in it with gnana in one state of acidic character and our acts will be as per the attraction of the delicate waves of light that we have filled in our body.

There are states that are grown by the power of the breath of the thoughts of the human souls. Vegetation do not have such states. Even though vegetation grow with the attraction of thoughts in one state, after it grows its produce comes at periods depending upon their states.

It is only man who is advanced in the path for the growth of his thoughts who can become God that can create several things by its thoughts. The persons who do not know about the path for the growth of their thoughts go on rolling changing their form and scattering them.

4-8-80

In a cart the wheel rotates and helps the cart to move, wheels are necessary for the cart to run. When the cart runs if the cotter pin at the end of the axle breaks, the wheel goes out of the axle on one side and the cart falls down on its side. The same is applicable for the running of the cart of the life, the body. This body also requires a cotter pin to run properly.

The cart viz. life requires a financial form of cotter pin, to run, body – the cart of our life requires a cotter pin of thoughts and breath. The healthiness of the material body depends upon the acts that are done by the attraction of the thoughts. You say that everything goes as per our thoughts; but what is the character of the state of the feelings of the body? you may ask.

Before the feelings hunger, thirst, sleep and desires of the body come in our thoughts, we feel them in our breath that we take with our thoughts. How does this feeling happen? By thoughts it is possible to alter the waves of the feelings. In the beginning by the attraction of the mixture of two kinds of acidic characters, the power of life starts. Then the acidic character hardens and gets the growth of life and gathers the food required for the growth of its attraction of its feelings. In the course of the growth of its circle, it gathers the food for attraction suitable for its feelings. It is from this feeling that the soul gets the state of its form.

What I have told you in the beginning as the mixture of acidic characters is the one which can give the form of this body. In this way by the addition of the state of growth in continuation of the power of the state of feeling, the power of the thought of the souls have grown in the souls with life.

The soul in the human body has grown the attraction of the feelings with the basic acidic characters to put into action its

thoughts for several crores of years. After the soul gets the body which has the growth of his thoughts, the power of the waves of his feeling, the Body by nature has the acidity to do acts which will disclose the feeling of the body'.

It is only man who has got the state of growth of thoughts who can change the natural feelings that arise in the body by his thoughts. The waves of feelings can be changed by acts suitable to the states to which our thoughts are directed. Does not the body require food, sleep and its desires? If these are changed how can the state of the body be retained? This question may also arise. The body requires its food and sleep. But if we go in the ways in which our feelings are, by sending our thoughts in that path and do acts as per the thoughts, our entire life will be spent in the attraction of those feelings and thoughts.

There are souls that like different kinds of characters and tastes. Every person has got his own taste and ways of sleeping. The state of a person's character and taste is not taken by himself in this birth. Every person has till today the continuation of the thought of what he has absorbed from the time of the growth of his initial acidic character. The taste of his feelings and the likings of his body have also come from the beginning of the growth of his state. Hunger and sleep are felt from the very beginning of the childhood but the feelings of the desires of the body are felt only after the body grows.

Vegetation give the results after their growth in the form of flowers and fruits by the powers of the acidic characters that they have acquired during their growth. Like this in the growth of human beings also the feelings of the mixture of the acidity that they have grown in them is shown after a certain age. How does every person live by making ways for the states created by his feelings as the feelings of his thoughts? He can control the requirements of his body namely hunger, sleep, and other desires of the body by the grip over his thoughts in the ways in which they have been carried out. It is by thought that the desires of the feelings in the life of a man who lives having control over the desires of the feelings in one state as is required for this body, it will be beautiful, calm and he will have the capacity to live as a real man.

The person who sends his thoughts in the ways of the states which come out of these feelings, takes the food required for his hunger by the same attraction without any regular habit, feels that his hunger cannot be satisfied, does not realise himself and goes in the same path of its attraction. It is in the same state that some souls proceed in the way of the waves of their feelings as regards sleep.

With respect to the desires of the body, feelings of the desires are left to go as per the desires of the feelings by some persons to go in their own way to satisfy their needs without any sort of draining. By the thoughts of a person he should provide a drain for the state of the feelings of the body, when only he will be able to get a single state that will enable him to direct all the twelve acidic characters in him towards gnana in one state.

Though we generate electricity by running engines, the electric power generated is not sent directly from the engine to any point of consumption, but it is regulated by passing through many sub-stations before being supplied at the point of consumption.

We construct a dam across a live river, direct the water flowing in the river to places as required by us by providing necessary drains. Similarly the waves of the feelings also require drains. Those who relish the consumption of large quantities of food, those who forget themselves in their sleep and those who enjoy the pleasures of their desires to a large extent cannot go in the ways of gnana to execute any work but will spend their life in the enjoyment of their feelings.

By making the high thoughts the drain for the desires of the feelings, the force of the waves of feelings can be altered by the thoughts of man. He can with his thoughts get into the ways of acquiring the food and sleep required for his body to the right extent and pave the ways for the high gnana which will stabilise in one state the attraction of all the twelve acidic characters.

5-8-80

The man, whose thoughts go in the path of the desires of the feelings and acts as per the thought, cannot know about the path for the improvement of his thoughts.

There is a vision in which a person takes aim with a bow and arrow. At that time a big ant creeps over his body. The thought of the man is over his aim and he sends his arrow and succeeds in his aim. It is only after that he gets the feeling of the ant that creeps over his body and removes it with his hand. What do you learn from this?

The state of the feeling can be altered by the focusing of the thought. But the acts of the feelings will make our thoughts to wake up in certain states. When the state will come, when the acts of the feelings will make the thoughts to awaken, is, when a man makes the thoughts of his feelings to go in the ways of his thoughts and makes the feelings to do the work along the ways of his thoughts, the waves of the feelings will help to a great extent the growth of the attraction of his thoughts.

Some animals have the capacity to act as per their feelings grown in them to a large extent in its soul from the beginning of the growth of their bodies. When we are in sound sleep sometimes without our knowing when our waves of thought are asleep, by the working of the waves of feelings we are made to remove some of the insects that creep on our body and release some of the nerves of the body which become stiff.

Even when we give sleep to the waves of the breath of our thoughts, the waves of feelings in our body are acting. Man has grown great amount of power of his acidic characters by developing the waves of feelings in him. When a person is in sound sleep, he does not absorb the sound waves that are around him and not required by him. But if a child cries when the mother is in sound sleep she has her feelings and wakes up. When some thieves enter a house with a desire to steal when the inmates are asleep, the state of the feelings wakes up, acts and makes the inmates who are in sound sleep to wake up.

The waves of feelings of man which have got the ability to attract the power of the delicate waves of attraction of the several crores of atoms that are in his body, when the waves of thought are asleep, their state of awareness does not sleep. In any person makes the waves of power of his feelings that are in his body not to go in the path of its desires but makes them go in a uniform

state of stability in one state, by the growth of the powers of the waves of feelings which increase the attractive power of the delicate magnetic waves of all the atoms in his body, then by the breath that he takes with his thoughts, he will be able to absorb from the light waves of the Sun very powerful attractive powers of the Sun in all the muscles of his body and make the waves of attraction to go into the circle of attraction of the Sabdha Rishies, which means seeing the Divine Light. This or any other wave of power cannot be got by any person who does meditation six times a day eagerly that God will give him these powers.

The soul of man which is capable of absorbing the true power which is the attractive power of the magnetic and electric waves will surely see the Divine light when he stabilises the waves of his feelings in one state. This absorption power will be got from the times the waves of feelings take a turn.

7-8-80

It is only by the gnana of the life of the forms of the waves feelings that we can grow the minute magnetic waves of attraction. We should increase the capacity in us to stabilise in one state the actions of the waves of feelings and all the twelve numbers of acidic characters that are in our body, by the breath of our thoughts. By this we will be able to know about the way to get the power of the minute waves of attraction of the magnetic waves of attraction of gnana and spread the light of the same throughout our body. This is the delicacy in which the state of meditation is to be obtained by absorbing the sound of "OHM" with our thoughts of meditation as given by Sathiyathin Sakthi Nilai.

We will be able to take the powers of the minute waves of life of the magnetic waves only when the body has feelings, the acidic characters connected with the feelings and the breath of thoughts that will go with the acidic characters.

What is the treasure that we can acquire for our soul as given in the previous lessons and the states as they are today? How should the gnana of a person who lives with the waves of the feelings of the many feelings of his thoughts be? To day and since several years there are many geniuses who have found out new ways

of working in science, gnana of education and poetry. What type of gnana are these? What is the difference between this gnana and the gnana of a Siddha? The growth of Siddha is gnana, and these are also gnana. But what is the difference between these two gnanas? It is by the power of the light of the Sun that the earth has taken and grown several natural things during the course of its growth. We should know which out of the growth contains more energy and is more useful to us and increase its growth from its circle of action, mix one with another and find out new creations and get their fruits for our use. This is the gnana of science, education and the gnana of this Kali Yuga. (Poetry).

What type of gnana is the gnana of a Siddha? What is the state in which all in all the states of nature and what is that which is above all these, and makes all these to grow? We should know this and by the growth of this state we should go and mix with the acts of this state. Then only we would be able to get into the path to create more new creations like what are done now by nature. This is what a Siddha does.

Man sees science in nature. Siddha makes that nature to grow. Man who makes artificial feats in science by taking the acidities in air, water and light, and makes atom bombs and poisonous gas bombs, can he create a small grass which grows by nature without air, water and light? But it is man who has created air, water and light also. He became Siddha, Sabdha Rishi and the magnetic power which has the capacity to create everything.

Yourself and myself are the creations of gnana. It is only when the power which can get gnana has the breath which has got the pulsation of life in it that any gnana can be got.

10-8-80

By sending the breath of the thoughts towards gnana and sending the thoughts to grow gnana, by the powers of the three types of waves of feelings which can absorb the feelings of the twelve numbers of acidic characters that are in the body of human beings by the power of thought and to meditate is what is being taught in our lessons all these days.

If every man goes in the ways of the thoughts which will realise the state of his heart, then he will be able to increase the powers of the high light of gnana and the attractive powers of the magnetic and electric waves and the sound waves on account of the breath of the several crores of thoughts in the several births that he has taken as vegetation does.

Vegetation dies after a short time when it completes the work of giving its fruits by separating and absorbing the acidity required for it. But we, who have got our life from the development of the combination of the acidic characters and become human souls by the increase of the power of our life, to grow the state of the growth by the light of his gnana, have contact with the magnetic and electric waves which attract the light of gnana, get the power not only for our life-atom but also for the several crores of atoms in us to increase their state of growth.

Though several persons since a very long time have been following this method of training in meditation, what is the state that those people have attained? They lived a good life getting advise in gnana and are going in the same cycle of rotation. They are eager to learn about deep state meditation. The gnana that makes this feeling and the mind to go to the state of sleep, decreases the power of the body and the several crores of life-atoms that have come to grow this body. They will be continuing in the same cycle, not get a state in which they will get the power to merge with the Divine Light of the grace of Adi Sakthi who can create all that are the powers of light by which they can make all the atoms in them to grow to the state of a planet, by this deep state meditation.

It will be possible, to get the power of light of Adi Sakthi which makes everything to act by the power of Sakthi for us, who are born as a small atom of the power of light of Adi Sakthi by increasing the grace of the light of that power and submitting the same is the meaning of our getting the powers of the Almighty. This you should understand.

11-8-80

It is by our thoughts that we know about our feelings; it is by the feelings that our thoughts work. All the souls with life which

work mutually by the thoughts and feelings, one with the help of the other, by the state of the twelve acidic characters in them, it is only when they stabilise the acidic characters in one state, get into the way of putting into action their thoughts, that they will be able to collect in the soul of their body the attractive powers of the magnetic and electric waves.

It is by the presence of these magnetic and electric powers in the air, water and light that the power of life of the earth is rotating and running. To generate electricity they accumulate these waves of power to a great extent and give it as light as required for their acts. It is the same power of magnetic and electric waves that is in the pulsation of every life. When the electric waves that are created by accumulating electric waves more than what is in our body, enters into the live body, it absorbs the electric waves that are in the body and makes the body lose its life.

Without magnetic and electric waves, there will not be any pulsation of life. No magnetic and electric waves of any strength can pass through dry wood and glass of a kind from which the power of life has been separated and heat treated in some way. In these, if there is the slightest moisture, the electric waves will pass through them. The power of the electric waves is present in all the powers of life to an extent varying as per its growth.

In the same way electric waves are taken by sending our thoughts on gnana, the attraction of gnana will strike on our waves of breath and the thoughts that we take by our waves of breath strike on our life atom and our soul of life and the several crores of atoms in our body will be able to take the magnetic and electric waves of the light of the power of gnana.

By adding this further and further Bhogar, Konganavar and many others made their bodies immortal and not by taking what is called "Kayakalpam" which is supposed to keep the body immortal. To get the powers of this electric wave, the Sabdha Rishis who have gained the intelligent powers of their souls (sidhis) have gone in their own ways which differ in the power of attraction but at the end they have gone into the same circle which have connection with the magnetic waves in one state.

We have been made to understand the power of God to be as a single race in all and there is only one Almighty for all and to merge with that Almighty we should see the Divine Light, but the way to see the Divine Light has not been told to us. If one gets the state of Divine Light will he merge with the Almighty, get its power and end there? Every life that has this pulsation has the power of the magnetic and electric wave. But if we realise the power and increase the feeling of the live soul by meditation on our thoughts and grow that power in all the life-atoms in our body and send our feelings and thoughts to the acts of the characters of the twelve kinds of acidic character in us we will be rotating in the same circle only. By doing this the man of to-day kills himself with the narrow thoughts of his life with avarice and does harm to the power that has created and grown him without making known the divine gnana, does harm to the powers of the Sabdha Rishies who have made ways for us to live as this earth, light, water and air.

Every soul can get its gnana the attraction of the magnetic and electric waves and grow them. But the facility to grow gnana and act is not available to animals which have known powers by nature. But we live without realising our state when the God whom we are anxious to see has created several powers in us and lives in us.

12-8-80

Acidities mix with one another and get form which is Siva. By the attraction of the power of light they get life and become living beings with pulsation, all of which belong to the Almighty. The power of the Almighty is worshipped bowing down, singing many songs representing the power as female, male, light, mother sister as per the ways given in the religions which they follow.

Does this Almighty belong only to the human animals with six senses? It is man who says that even a small atom cannot move without him. By telling God's name man kills sheep and bulls that have the same atoms as life in them, even human beings like him and make offering to God, fulfilling his wish and prays.

Does not that God belong to those cattle and other animals? If that God is only for human beings, where is the God who created these animals? The person who is righteous lives as well as the one who leads his life in a wrong way. People of all religions who say that God is in all the living beings, eat as delicious food the flesh of the living beings that they kill for their food and live. The God who belongs to those living beings could have come and told them not to kill other living beings and eat their flesh. When a living being is killed it cries. Why not their God come at that time and save their life? Does that God belong only to those that pray and bow their head to him? Does not that power belong to other living beings? Where is so called God? God who is said to be in a pillar, in a twig, in water, in fire and in the very thought of Him, how can He belong only to man? Do not think that I am attacking persons of any particular religion. I am telling the truth.

Christians see the power of Jesus in his love as God. The very head of the religion trespasses the true principle of the religion, when he says that God maintains all the living beings, prays during his prayers to the God in the other world to save all the living beings in this world and after his prayer goes and eats the flesh of living beings.

The same thing happens in Islam also. Hindus build temples where God is said to live kill living beings as offering to God in those temples and eat their flesh as food. Then where is that so called God? The acts of God, in the ways in which they are done by those who eat flesh of living beings is not found fault with. What is the act of those who do not eat flesh?

They sing in praise of God, bathe the idols in the sanctum sanctorum with water, milk and perfumery. decorate with many flowers, worship and return home with the feeling that they have obtained the grace of God to their satisfaction. When they meet on the way any person of some other caste and if any part of their body touches them or any rubbish falls on them they think that a big fault has happened while doing worship. If he is asked who is the God that you worship and what are his powers he injects the waves of anger in him. This is one type of the people.

People who are not able to understand the real state of God, are eagerly searching every place to see Him. Vegetables are

atoms and the flesh of animals are also atoms. When everything is atom, what is mixed in the power of life of the magnetic and electric waves as atom of the atom, all are the power of the Almighty.

For one to live with the help of another one has to destroy the other to maintain itself. Vapour becomes acid, gets life and then form, the form again becoming vapour, acid, gets life and form and again becomes vapour. To go in this cycle with the power of the Almighty is birth, growth and death to maintain this cycle of birth; growth and death which goes on rotating. Which is the beginning and which is the end? Is there any beginning and end for the power of this world? This is the reality of what we call the trinity without an end.

13-8-80

What is the meaning in saying those who have seen have not given out what they have seen, and those who have expressed have not seen. By saying those who have seen it is meant that the persons who have seen the true gnana of this world will not tell them in a wasteful way to the outside world by twisting the truth in any other way. Those who have told outside have not seen means that the persons who tell others tell only about those acts that they have got into their mind. What are the things that they have seen? The Sage who has realised the truth, when he covers the principles of the truth by the cloak of gnana and praises it, the state that he has given out is what is meant by this twin statement.

Meditation is necessary to grow gnana; to get meditation gnana is necessary. How does this gnana come to a man? Man who lives in the states of several characters, wants to get gnana with the thoughts of, his characters and states, no gnana will grow. The person who has several characters in him cannot come in the ways of working of gnana.

Gnana is born only when the characters of a person are stabilized in one uniform way and he gets into the way and takes his thoughts with the sound "OHM" by calmness and his attention is directed on it. In the life of a person, tiredness, worries, anger and getting perturbed, these are bound to come by nature one

after another. If one sends his thoughts in the same way as nature, he closes his ways to grow and goes to a state of destruction.

If there is some stain on our cloth, we should remove it carefully so that the stain does not go and settle in some other place on the cloth and spoil the cloth. If we worry ourselves about the stain, beat the cloth and try to remove the stain, the cloth will get damaged.

We send the electric current and get light. The light given depends upon the amount of electric current that is passed through it. In this way it is only when the thoughts are directed on any work calmly and analyse it with our gnana we will be able to find out ways to overcome the defects that we come across in our life. If we create tiredness and worries, we will only get angry and weep.

Whatever situation it may be, we should direct our gnana over it by our thoughts and remove the complications in it then we can get into a calm uniform state. As the state of calmness increases in the growth of our thought, our thoughts themselves will become calm and the waves of power for the path of gnana that we take will increase.

It is only when we make our life, by our gnana to get a state of calmness, we will be able to pass through the way for the growth of what we are doing. It is not difficult for a soul which can clear the thoughts during any complication to get a clean state. They may solve several of their problems by several of their thoughts. But they will grow only their acidic characters and only the state that belongs to them will be leading all other states.

The soul that calms its thoughts and gets a steady state can surely get into the attraction of gnana and proceed in their path.

15-8-80

What is the state in which the ways of instruments given, to go in the path of gnana and the ways of doing meditation are being stressed again and again? This question may arise.

For the earth to be formed, to get life by the growth of which to form human souls, though it is said to be by the power of

nature, for that power to grow, there should be one basic power, That power is the state of our Sabdha Rishis who have got the state of the combination of the acidities, the shape of those actions in our earth and all its growth.

The human race has formed by the growth of the capacity of the powers which have undergone several changes since several crores of years which cannot be absorbed by our thoughts or ideas. It is from the growth of the acidic characters of human race that we can make all the powers to get into the ways for getting power again and again. It is on this principle that our Sabdha Rishis are shivering with eagerness to see the light of gnana from the human beings who are the fruits of their action. The human race is the result of their action. For this human race to be born and grow, it takes several crores of years in the period of action of the Sabdha Rishis. It is only when this human race appears and takes its light that they can cultivate for the growth of this race again and again. If they consume the entire produce they produce they will not have seeds for further production.

After they get the produce of their cultivation, only when a portion of the produce is left behind for use as seeds for further cultivation, they can see more produce. It is on this same basis that our Sabdha Rishis are working to see further production again and again. This is what we are telling here now. They work in several states which are similar to this.

They are doing many acts from the time the human embryo appeared, till today to see the growth of the souls, that can merge with the circle of their light. But in the life of the thoughts of the human souls those who get the state of intelligence of the souls (Siddies) are getting less.

It is to make the people of the world know about the growth of their gnana that the Sabdha Rishis appear on this earth at certain times and do some acts during the change and take some souls into their light. This is the state in which we hear about the appearance of some mahathmas on this earth.

It is like this that Jesus Christ, Md. Nabi, Buddha, Aiyappa and Adi Sankara have appeared . It is only when the Sabdha

Rishis get the fruits of their power from the powers of the earth that they grow the planets of their acts will appear, grow, and grow their life further.

Among the forty seven planets that are going round our Sun, it is only in our earth that human souls live. Since the state that exists now is going to be destroyed at the end of Kali Yuga, human beings are to be born again. When the change is going to take place, before the poisonous bombs, which man has made to destroy his own race, burst, if the gnana of man gets light, the band of light of the Sabdha Rishis will increase.

When we say that the entire world is going to become poisonous, and all the living beings are going to die, how only those who get gnana can escape ? This question may rise. We cook a pot full of rice. When all the rice in that pot gets cooked, the stones that are along with the rice do not get cooked. The pot, stone, rice, firewood all grow in this earth. Fire-wood during the course of its growth, burns, emits the heat in it and becomes ash. The earthen pot once it is burnt, withstands any heat, turns the water in it into steam, cooks all the rice in it while the stone that is with the rice remains as it is in spite of any heat. In the same way we, who have had this form by the power of light get gnana of that form, at the time of the change in this earth by fire, poisonous gases, cannot get any harm due to the light of our gnana like the stone that remains along with the rice.

16-8-80

I told you that the Sabdha Rishis by their acts at the times of change, to exhibit their powers, enter into other bodies and guide the people of this world.

What happened during the times of Jesus Christ? In my previous lesson I told you about the state of birth of Jesus Christ. He was made to be born on this earth by Sabdha Rishis to attract the people of those days to get merged in the light of their circle. The people of those days accepted his teachings and followed them. The king of that day thought that his fame would decrease and ill treated Jesus which is known to the people of this world. But what are the states that Jesus had

established? Did any body realise those states? He preached the essential quality of man as love, kindness, affection and attachment. In his incarnation did he teach only love as the essential quality of man? Did he not know about the states that will happen to a mahathma when he enters into the live body of a soul to show his state?

Jesus gave grape juice to those who accepted his teachings and got the waves of his power. The same practice of giving grape juice still continues in some of the churches. But along with the grape juice he had given his powers mixed with the waves of good light that he had obtained and directed many light waves into their bodies, made their thoughts to mix with his actions by his circle of light and made the same to remain in this world for ever.

On what basis does his name remain on this earth till to-day? The waves of his power are mixing with the waves of those souls who raise the sound of Jesus and are still spreading. The souls who are the descendants of those souls who took grape juice from Jesus in those days still live as Jesus. They have got many brave powers in their acidic characters.

The jews are now able to take many good waves and make them useful to the people of this world. Everybody varies in its qualities. One is not like another. If all are alike, then there will be no chance for any growth. It is the action of Jesus that has made the acidic characters in the jews to work in a high state.

The soul of Jesus did not separate from his body when they made him to drink poison or after crucifixion on the cross. If he had lived with several acidic characters, his soul would have separated and gone. They buried the body from which the soul had not separated. There is air in the earth and also in the states inside the earth. At that time he did not like to show to others that he was a mahathma and yielded to their ill treatments to satisfy their desires which is also his, so that their souls will rest in peace.

When he has incarnated in this world to raise the state of every soul, will he show his high state to others? Will his act continue till today? The body remains in the grave in the same condition as it was when the mahathma entered into that body.

The circle of light which he came and made to grow still goes on growing.

18-8-80

By accepting the body of a jew and discharging his light waves to the heredity of the jews, Jesus has made the intelligence of gnana to grow in the heredity of the jews till today. The kings who ruled in those days, in order that their state may not get degraded put the blame of ill treating Jesus on the jews and maintained the rise of their state. They were mad about destroying the bodies of the jews wherever they were living.

Where would the light waves that had entered their bodies go when the bodies were destroyed? The jews who had escaped at that time have come down and settled in India as Aryans and their descendants are in the public circles till today.

In this world among the scientists who are specialists many are the descendants of those jews. If the kings who ruled in those days had not made an obstruction for his powers to be shown out, he would have grown among the souls of this world several high powers by his gnana.

You may ask why Jesus could not give the growth after he had left the body? Is there any obstruction to the powers of mahathmas?

The waves of breath that are taken while being as a live soul in a body, to absorb the waves of power required for this earth, the breath taken by the feelings of thought, the waves of light should come into its attraction.

The milky-way is a common area. It gives power to many planets. But to come into its attraction the state of magnetism in the waves of the breath of the thoughts can only flow into the earth. It is by the acts that are done by the thoughts that the earth increases its absorption power and it does not happen by itself.

It is by discharging the power of light of the mahathmas with the thoughts of the souls the waves of light of other planets can be got by us by the waves of breath that they take. In the stories

given in the puranas why forms have been given to Saturn, Kethu (the Dragon's descending Node), Mars and for every planet by Siddas? knowingly or unknowingly when the thoughts of attraction of what has been seen in the forms given in these stories, the power of the waves come and get registered on this earth.

During the time of Jesus, what did they mean by saying that the Apostles of God came from heaven as shining stars? It is only by the coming of Jesus that our earth has got contact with the attractive waves of several planets. Jesus meditated remaining on certain hills. He has made ways for those hills to attract some light waves. Among the jews there are many souls that lived in those days, got his waves of light and the state of intelligence of the souls (siddhi) and do subtle acts till to-day. There are some among the jews who have got the blessings of the path followed by Jesus living in the subtle state who are trying to alter the ways by which some acts of distinction like sending poisonous gas bombs to other planets, make them explode there, make several tricks on account of the madness about their religion, country and acts of revenge are being done.

The earth which was due to be destroyed long ago still continues to live by the Siddas who are altering the acts that are to happen by the mad thoughts of the common man. In churches where they pray, they see Jesus nailed to the cross with a sad face. Do they realise the ways in which he acts in the states of the people as they are to-day? Characters are not built by them. To change them there are people called the army work as mechanical men made by science. In what state?

30-8-80

Some of the veteran kings who ruled the country in those days, in their acts with feelings of madness about their race, the greediness to extend their territory and strength, to change the feelings of many of the human souls, made them to take intoxicants and when they were in that state they were given training in war tactics. These souls are even today in the circle of the same waves of feelings in their thoughts.

The political leaders in the time of Churchill and Hitler fed the people with intoxicants along with their feelings and when the people were in a state of intoxication, gave them some training and those souls have been made into human beings who acted with those feelings. The same path is being followed in some states even today. The acts of the mad characters which have the feelings of the waves of man eating man are still going on in some places. In a scientific way also some magicians have got a feeling that by eating human race man can get more vigour and many acts are being done in this way in some parts of this world.

Jesus Christ appeared in those days and put into action some light waves. The continuation of the waves that Md. Nabi took in those days was spread to the people who lived with him and had the same thoughts as his. During the time of Jesus Christ and Md. Nabi it was difficult for them to make the thoughts of the people to get into their circle of good feelings, to send the light waves on them and to make their souls grow into many, had become a difficult task.

It is to change this state that the state of Bhogar appeared in China and to change the path of the souls of the people, many ways in medical science and intoxicants were established, people were made to take those intoxicants and when they were in a state of intoxication, their thoughts were lead in the path of bakthi by teaching them the ways of meditation. Bhogar took the help of the intoxicants to make the people to meditate with good feelings and tried to absorb human souls into the circle of the waves of his feelings.

The tactics were followed in the army for creating mad feelings in the thoughts of the human souls and into that circle. It is Bhogar who showed the people of China the ways to make explosives. It is from the palm-leaf manuscripts that were left by him in China that many acts are being done by the scientists of to-day.

What was taught by Bhogar for constructive use has become the fore-runner of destruction. When he came to know of this, to increase the power of the waves of his feelings he kept the image of Muruga (Karthikeya) and made people to worship that image as the Almighty by which, he thought he will be able to discharge

the waves of his light to the people. The image of Muruga represents the six qualities namely, love, essential qualities, affection, kindness, heroism and coolness. (These are supposed to be his six heads). This image is placed on the top of the hill (Palani in South India) while the image of an Asura or Demon by name Idumban is placed in the midway of the path which represents all the bad qualities. People are expected to shun their bad qualities on the way to the hill top when they see this demon and reach the top only with their good qualities. It is with this idea that Bhogar made the image of Muruga and Idumban and installed them on top of the hill and midway respectively.

The feelings that he had expressed has come out as Gods in several stories that we see now-a-days in its progress.

31-8-80

Why are we celebrating Deepavali as a festival? This festival was first started by Bhogar and it continues from that time. This was intended to destroy the devilish characters in us and get the light of good characters into us. But in the thoughts of the people of to-day it has been made to understand as worshipped the demon himself. On those days the bad characters are to be removed from us and good thoughts exchanged between one another, wearing new clothes. Is there any soul that celebrate that function with the same feelings?

The society today is going round maintaining the grip over caste and creed which will lead them into many difficulties for the human souls. The meaning in the waves of feelings which were made to the people by the Siddas is different from the ways they are being worked by the human souls of to-day. During every period why do the souls of Sabdha Rishi's take the bodies of human beings and exhibit their waves of feelings?

Those who have been created by nature, now work in a way to create nature itself. In the growth that becomes vapour, get form and again become vapour working in a cycle, the Sabdha Rishi's are helping us not to do acts as per our state in that cycle but to submit before the one who has got the powers to make this cycle work.

We do not allow the water in a river to flow as per its will but build dams, store the water and use the energy in the water in different ways as per our wishes. The attraction of the acidic characters that are spread out, whirl and fill the milky-way, are made in the form of world with the help of embryos, made as forms in the world, made several forms to grow from this in the world and take power for the waves of their gnana. We do so much to see their results. Every man acts daily to see the fulfilment of his thoughts by his actions. By thinking or without thinking what is that which is got in the feelings of every soul? In life the person who does not get fulfilment in his acts as per his thoughts which rise from his feelings, gets disgusted, tired and makes his feelings to get disgusted, tired, and to act a way to end his life by committing suicide.

How does a man get the state of hatred and renunciation of his life? When the deed of his thoughts are not as per the thoughts of his feelings, he gets tired, disgusted becomes lazy and takes a path by which he kills his own soul. One who thinks of his state by his feelings and form can change his feelings of life, which is caught in the circle of the thoughts of his feelings of his form, can get into the ways of gnana which grows by thought when he sends his feelings in that path and gets rid of tiredness hatred and get the power of renunciation.

By feeling the waves of this gnana many souls get fulfilment of their thoughts in life. But now all the waves of the feelings which were created by the stories and epics written in the days, when kings were ruling are taken to be true and continue in the same circle. It is only when this state changes and people go into the circle of action of the Sabdha Rishies the acts of the Sabdha Rishies will get food for their feelings, the acidic power will increase, make human embryos to be formed again, grow the gnana of the forms of the bodies of human being the human race can be seen again.

It is only when there is waves of the thoughts of human beings the Sabdha Rishis can get food for their acts. It is on this basis that the acts of the Sabdha Rishies are made known in this earth from time to time. When Kali Yuga changes into Kalki, the people who have got the breath of the same thought and shape

as they have got now appear with the same waves of feelings with different forms and again form as living beings with the same acidity of human beings, they will be born with different form, with more gnana. But for the souls to be born in Kalki again it will take a very long time. Several changes will take place before the lives of acidity that are rolling in the air space can become living beings. We, who are the living beings that are to-day can put into action the powers of gnana of to-day, take to meditation with the waves of feelings of the Sabdha Rishis, since the powers of their acts will also join and act.

1-9-80

You may ask, when it is the Sabdha Rishis who made the ways for the formation of human embryos in the growth of this earth and get the gnana of human beings, when Kali changes to Kalki, why not the same Sabdha Rishies act and make human embryos to be born in it and grow their gnana?

When a plant is small it is enough if we give it the food required by it at that state. As the plant grows and grows it requires food depending upon its growth. When it grows as a full grown tree, it takes the food required by it by itself. We have to grow small plants by pouring water. Full grown trees take the food required by them, themselves.

In a similar way to grow human embryos, in the initial stages it will be enough if the Sabdha Rishis give the food required at that state. After their growth they will have to inject waves of a superior quality suitable for that state of growth.

There is a great change between the state of attraction of the thoughts of the people, which have increased to a great extent from what it was during Ramavathara and Krishnavathara. The day for the disaster of the increased growth of species is approaching. Human souls have changed in the ways of knowing their feelings by themselves, have got into the common attraction of the thoughts of the world and got into the grip of the feelings of greediness. The human embryos that they had planted have increased and the Sabdha Rishies are attracting us to the path of true gnana by which the human souls will be able to take the

food required for their growth by themselves before the change takes place at the end of this Kali Yuga.

Our thoughts are like cotton; they are graded as cotton is done in different grades and spun into yarn of several kinds by introducing the colours of acidity, the yarn is woven into cloth. In the same way the Sabdha Rishies tell us about the ways of bakthi which is the cotton and by their waves of feelings induce in us ways that will be suitable for different persons and make them whirl in their circle of attraction of gnana.

You are telling that the Sabdha Rishis are Gods; if so all the powers that the earth has got, are they given by them? The answer is yes. It is from the states of the planets that have been made by the Sabdha Rishis themselves and by the association of other planets, their power of attraction and the characters of feelings exhibited by them, we get smell, taste and colours in this earth.

The growth of the human race in this earth which is full of many waves of power is due to the attractive feelings of many other planets. Every gnani has attained the state of a planet by growing the feelings of his acidic characters and the planet has attained this state by the growth of the gnana of the planet. Many human souls that grow the gnana of the human beings, when Kali changes into Kalki change from this circle and go as human embryos in some other planet. There they will be born with a more beautiful form and get a state in which they can fly with the growth of their gnana.

All the human embryos in the circle of the feelings of the Sabdha Rishis get into this state. Many souls that are whirling in the state of intelligence of the souls go along with the group that has the same feelings. When this is the state of those who are in the circle of attraction of the Sabdha Rishis, those who whirl in the actions of the Sabdha Rishis with the feelings of the Sabdha Rishis will go to the state which is said as the zone of the Sabdha Rishis, get the gnana of the light of that state, spread the power of their feelings of attraction in every planet and realise the pleasures of their feelings.

Man thinks that the short period of his life as human being is the pleasure that he gets while living in a joint family and earning wealth. The pleasure that is got in the life of a human being is the lower kind of pleasure, of the body, which is not permanent. The pleasure that will not be destroyed is the one that is got in the supreme state of happiness, by the growth of the feelings of gnana. Any pleasure in the state of human beings can be had only by the ways of taking breath with uniform feeling of thought.

What will be the state of the path of those who change from this state?

10-9-80

The nose breaths; the eyes see; the ears hear; mouth secretes a digestive juice; all the nerves and atoms in the body palpitate, feelings are forced, waves of thought whirl constantly and soul lives with its body. The person who has feelings while sleeping has thoughts. The feelings also strike in the path in which the thoughts flow and take the breath of the feelings. To do acts as per the flow of thoughts, out of our limbs hands are very important. Without hands no power can be put into action and there will not be any action of thoughts in this world. Hands are the limbs that exhibit the actions. It is by the absorption of the hands that all the powers of the body are exhibited.

It is the same hands that show gnana. All the actions of the world are carried out and powers of other parts of the body exhibited through the hands only. The hand grows the acts of the body which contains many things in it. In the same way, in the worldly life which has many things in it, our Siddha has shown us the way through bakthi, which is belief on God.

Acts appear from the hands which are the limbs for action of the powers of the soul of the body. Even after life separates from this body and grows as a human embryo in its next birth, the child will remain with fingers of the hands, which are the important parts, closed while it is born. When breathing is done with fingers closed, the powers of the body will not be wasted. The embryo is formed without any change in the attractive acidic character of the hands which shows the acts of the human body.

We can know about the ways of gnana in which the child will grow from the way in which the parts of the hands act. As soon as the child is born it shows the feelings of its other parts by moving its hands. It is only after some days that the child will move its legs. Some of the children will go on moving their hands as soon as they are born. The state of gnana of the child can be known from the way in which it moves its hands.

If man does not have hands which is the limb that puts into action his gnana, there will be no difference, in the states of man and animal. It is hands by which man exhibits his gnana. The souls that have gone out of the body with less intelligence of gnana, gets into other waves of attraction and will not be able to get into a human embryo.

Now during the change of this Kali Yuga, the gnana of human - beings have got decreased. The souls which get human bodies with acidic characters having less gnana during the growth in Kali Yuga will lose the beauty in the form of their bodies, get a shrunk body and the limbs will be like those of monkeys.

Even to-day several mothers deliver children with shortened hands and legs, narrow bodies which live with much difficulty on account of undeveloped attractive acidities. In the coming years more children will be born in continuation of their characters.

There are plenty of human souls which do not have growth in their thoughts and suffer in their life. It is man who has destroyed the acidity of gnana of human beings. The way of living a tired, wearied life with despair should change. Man anxiously requests God. The man who lives in despair gets tired. The growth of the man of Kali Yuga is full of characters of feelings which cannot win by gnana, goes on adding attractive acidic characters of the same circle of action and the embryos for the coming Kalki Yuga will be born as a result of these. Many souls in other countries which are free from poverty and troubles are in a state of slavery by intoxication in a state without gnana of thought; when their soul departs from the body they will form embryos suitable to their acidic characters.

For human beings, hands that exhibit the gnana of the thought are very important. This hand is the limb which puts into action

the growth of the acidity of gnana. It is while progressing without growth of gnana in the waves of feelings without taking birth there is a chance of losing the power of the acidic characters collected in so many births and when the human embryo takes another form it is born without hands which put into action the powers of other parts.

Birth is the birth of the waves of attraction of other living beings.

11-9-80

All living beings do not have limbs as human beings have got. Human souls that lived with good feelings and have gone into the waves of the feelings of tiredness and despair with frenzied thoughts during a change in the ways, when they depart from the body whirling in the attraction of several thoughts will go into the attraction of animals and are likely to be born as living beings not having limbs as human beings have got. The body of a human being which has had a change in the waves of feelings, gets a change from its form acquired by the absorption of acidity since a very long time. Then it goes into the embryo of an animal from that of human being. The attraction of the feelings of the spirits which are utilised for mesmerism and the state of the spirits which are connected with a mesmerist, after the soul of the person departs from its body what will be the state of the power of the feelings of their acidity?

Even among animals there are several kinds with varying growth in the state of their characters. The attraction of the spirits that are controlled by a mesmerist when their time changes, their power gets decreased and they will get into the attraction of dogs and jackals and get their bodies only. Dogs have more waves of feelings. Their state of sensing is faster than that of man. Their power of sight and hearing is like the power of absorption of their breath.

The spirits that are being controlled by a mesmerist by his prayers have a greater absorption of waves and they will be born only as dogs. I have been telling you about the state of the spirits; what is its true state? Are there any spirits or not? how

can we feel them ? To-day in many parts of the world several miracles like getting lingam, spear, holy ash by stretching empty hand are being done as a cheat in the name of God. Besides this we see some things moving by themselves, some talking in several languages unknown to them, all of which belong to the same category of having contact with spirits. The spirits that are controlled by a mesmerist act as per his words. You may ask if there is no relief for those spirits?

All are spirits. There are some temples built by Siddhas where the Siddhas themselves live with their bodies. They live even to day in cells by the attraction of the delicate powerful light of magnetism and electricity which they have injected into their bodies. The spirits that were in the grip of mesmerists and now have a feeling for redemption, the souls that have left the body with dreadful desires, make contact in the thoughts of their feelings with a live Siddha and get his grace they will get the attraction of his live body after which they can get into human bodies by their good feelings.

Any power has to undergo a suitable change to get good feelings. You may ask if this is applicable to human spirits only? Do not the spirits of beasts and birds have this change of state? They can also get into good states. I will tell you about the continuation of this state afterwards.

The Almighty has created grass, plants, creepers, soil, stone, water and living beings including man. Out of all the creations of the Almighty only man has been created with a character of high gnana. Did the Almighty, who created all these things, create us and ask us to worship Him? If he has created all the creations in nature, why has He created bad things?

He could have created only good feelings and got the acts of good powers, is it not? Why has He got deceit in his creations? Why does the God that you worship has discrimination in his creations? A bad man could be made to be a good one. The bad creations before they were created could have been made into good ones. The one who has got dreadful gnana, a hypocrite are asked to pray to God to get rid of their darkness. The creation made by God is asked to worship the creator, saying that it is

only he, who can change him. God is said to be good in creation. Who is that God? Where is he?

From the very beginning of human race, man has realised his superiority above other creations. Without the help of the other creations of the same God who has created him, he cannot live. He takes his food from the vegetation that grows in nature; water, air and soil grow him. He knows what is good for him, in what is shown to be bad.

What belongs to the God who has created all? Whatever He has created, did He define any way for their growth? What is that which is the creation of God? What is the state of that which is formed? When there are so many things in creation, what is that which is seen above all as Divine gnana or knowledge?

What is the true state of the world to-day? What is the true state of the feeling that has created this world and made it to revolve? Though many are the creations of nature, how do they take their form?

Is it possible to know the truth of Divine gnana? Is the state that has been experienced by those who have known about it, is the true one? Such doubts may also arise. The electric fan, light and other machines give air, light and power according to the quantity of electric current that we pass through them. In the same way whatever attraction of waves of power of gnana of the feelings of thought of every man are made to get fixed, the man is in the ways of extending his achievements. In the creations of nature, feelings also act in the same circle.

19-9-80

One grows with the help of another. The growth spreads into many, the many grow into several forms and by the growth of the characters of these forms they start rotating, by which process everything grows. One growing from another and each growing by itself gets its form, feeling and by its action gives room for the growth of many. Though all the powers that rotate and move by the true feelings of nature are the creations of the Almighty, to get divine light from His creation is what is meant by getting divine knowledge.

Among all the creations of nature in this world, a power has formed that makes the gnana of human beings, which is the highest of all. The gnana of the character of the human beings has got the ability to get the gnana of the ways to get the divine gnana.

Man has got the gnana to know that the one who teaches others, is higher than the taught. Nature helps man to live. It is only when what is bad is made known, they will be to separate and see good from it. If all the growth is by good powers, then where is the way to get the chance to get the growth of gnana?

All are contained in Sakthi which exists in all forms. It is only when all are there, that what is good among the all, can be known and then act. Sabdha Rishis knew that it is possible only for human-beings to realise the gnana and act to get the powers of divine gnana and started the growth of the acidity of human-beings on this earth.

When the planet Jupiter was having a change and it was not possible for human-beings to live there, it was the Sabdha Rishis who absorbed the subtle circle of gnana that can grow human-beings and planted human embryos in this earth and grew the powers of the waves which can grow human-beings on this earth.

To make his future race grow in gnana a person from the seeds of bakthi that he has sown according to the times and given harvest, collects seeds for future sowing from the crop that he has grown. The acts of the Sabdha Rishis to-day are for taking the feelings of their characters as per the mixture of their acidities from which they have grown so that the growth of the race may not fade. Each and everything is not the creation of God, but everything is created by God. He is the creation of all the creations. To get the gnana of human-beings which can get the divine gnana is to see the fruits of his creation.

In those days when people were leading an ordinary life and when their soul left their bodies, many Sabdha Rishies entered into their dead bodies and lived as several gnanies. But to-day the way in which the feelings of human-beings have grown are in the ways of science by which they have developed the gnana for the enjoyment of the physical body and this has grown up to a

great extent and spread among the common people. This has to be altered and the gnana of the soul, which is a high type of gnana should be grown in place of the gnana of physical enjoyments of the body. By growing this gnana of the soul, the acidic characters that give power to grow the absorption power which makes our feelings to go along with those of the Sabdha Rishis and act, should be done in the short time that lies before us. At the time when the state of the breath of this earth is going to change on account of the several states that are created on this earth, if we increase the strength of our soul by our feelings and thoughts, we will be able to save ourselves from the low state in which the living beings on this earth are going to die during the change that is going to take place shortly.

For those who have now got human bodies which have got the character to do acts of a high state, by their meditation they will not only get power for their feelings, and by discharging the thoughts of their feelings, they will also be able to make the spirits of life of their ancestors to whirl in the same circle in which they are rising, by the attraction of their Bakthi.

The spirits that have got out of their bodies will be able to take only the taste of the smell. They cannot grow their gnana when they are out of their bodies. If man who is in his physical body prays to them in the feelings of his thoughts, their state will not get shattered or go into any other waves of attraction but will be whirling in the bakthi of the feelings of these thoughts. Even very powerful live souls which have left their bodies are liable to get their attraction shattered on account of extracting the minute magnetic waves that are inside of the earth for use in electronics by the scientists.

To-day man separates these waves by science and uses them for his artificial purposes. Every life gets its life by absorbing the same minute waves of electricity. The working of the physical body of man is by the flow of these minute electric waves. By attracting these waves of electricity in metals, scientists send several things to other planets and know about those planets. There are electric and magnetic waves which have the capacity to make man with his live body to go to any part of this world as well as any other world and see them.

We will be able to know about the state in whichever thought and with what feelings we discharge these magnetic and electric waves. This body has the power to attract all the waves of feelings. It is to show this that during every period the gnanies have shown in the form of stories Rama and Krishna who can be seen by the attraction in human-forms. The gnani has shown in the story (or epic) that the entire universe was seen when Krishna opened his mouth.

The air contains all the powers that are attracted by the earth and given out. We, who are with a form and feelings, by the breath of our thoughts can attract the acidity of the characters of Rama, see in the mouth of Krishna all the universes. By the breath of the thoughts of the feelings of the human body, by sending the attraction of the minute waves of electricity and magnetism in any act, the breath of the thoughts of our feelings will be able to execute that act. This breath of the feelings of thought will be able to attract the connection with the Sabdha Rishis who are more powerful than us and made ways to create us.

First become the characters of Rama; then give the shape of the minute waves of magnetism and electricity of Krishna. The one who has shown us the way and grown us will show us the form and make the way.

24-9-80

The growth of attraction of gnana of a person depends upon the way in which the person executes directing his feelings and thoughts. We have said that there are six kinds of waves of power of good characters to send the feelings and thoughts in gnana. Out of the twelve numbers of acidic characters in human-beings, the powers of the above six numbers should be increased.

The flow of thoughts of every person, which forces the feelings of the acidic characters, will take place by the feelings of the body Weariness should be turned into coolness. During the life of a person, the feelings of the body, as each one of his states are seen, by the breath that he takes, the waves of feelings will get into the body.

The live body has the power to attract all the states of the feelings of the body. These have been accumulating since many of the incarnations and the state of the attraction of our breath is not only from the thoughts that we feel and see now. The waves of feelings that have been accumulating in our previous births, will not allow our new waves of thought to go in the new path but will try to force them in its own circle of feelings. The character and the form of nature are working on this basis throughout the world.

When there is heavy rain water flows very fast in a muddy state. The same water when stored in a dam flows as clear water according to the discharge that we allow. If we allow our feelings to flow as rain water, it will flow fast as a muddy stream. When the water is stored by building a dam, it will flow as clear water as per the rate of discharge made. In our life, for any act, if we allow our thoughts to go in the way of those acts, it will flow like rain water without any restraint in its own way. Even after the rain stops, the flow of water will continue for some more time after the stopping of the rain in the same trend. It will not flow in a regulated manner like the water that is stored by a dam, which collects the stream water and discharging as per our requirement. In the same way our thoughts will flow as stream water if they are not controlled by our will and regulated properly.

Even if there is calmness after the stream water has washed away, the devastation caused by the flow of the water will remain there. For every moment of our life the thought of our feelings are being attacked by the acidity of the characters of the waves of feelings of the thoughts of the human-beings which are mixed with the natural acidic powers that are in the air space around our earth and also the acidic sound of the air space.

Every moment the power of feelings that we take with our feelings of thoughts are being registered in the bundle of the soul, with the waves of the acidity of the form of the body as per the breath that we take.

To-day by science magnetic waves are discharged on tapes and recorded. They are transferred as sound waves and heard again from those tapes. Similarly from the very day in which the life-

atom started its life in the mixture of acidity, called the body, got the feelings of the soul with its power of thought, all the waves of thought during its breath have got registered in the form of the soul of this body. This record of the waves of the feelings of the thoughts contains the waves of the feelings of thought during several births. This body contains the records of the chain of those characters which have flown through those thoughts and feelings which we have had and followed. If our thoughts act as per the thoughts of the feelings of the body, we will not be able to get into the path of good feelings for getting the powers for our soul and flow like stream water that flows very fast without any dam to regulate its flow. If our life be in a way in which our feelings are in the way that they can develop good thoughts and characters which can lead the feelings and thoughts that are already registered in our body in a way to lead them in the path of good powers which will give good thoughts and characters and our acts are similar to our feelings and thoughts, we will be able to get into the path to get powers of gnana.

The waves of the thoughts of the feelings of the sound waves of the souls even after they have gone out of the body remain whirling with their life-atom without any decay, in the air space. A question may arise if this can be felt? We are able to record with the help of magnetic and electric waves what we talk-to-day in tapes by applying some chemicals on them and hear them for several years.

It is possible for any live soul with a human body to have contact with the waves of the life-atoms that have left the body by directing its thoughts of high gnana towards those souls.

It is not that this can be done only by the gnana of human-beings. We can hear the sound waves of the persons who lived with us some years ago, but are dead now and hear their present thought waves by applying a mixture of some acids over any of the articles that they were wearing on their person while they were living with their physical bodies. This cage, the body, has the capacity to put into action any power by its live water power. This is a cage of the soul which can see all the worlds. But the thought of our feelings are mostly directed towards decreasing

the powers of its acidic characters instead of increasing them due to the weariness and anxiety and despair during this human life.

27-9-80

If the thoughts of the feelings are grown in the state of the acidity of the characters of good thoughts, every soul can get into the state of high pleasure on which it is having the thoughts of its feelings. By growing the thoughts in the path of good acidity by the feelings, by directing the thought and gnana in the circle of the waves of any gnani and taking breath, we can have contact with any of the souls with body, or gone out of the body and Sabdha Rishis who are in a subtle state in any part of this world.

The Almighty does not come and bestow Its grace on us. If we send our waves of thought towards the power which we call the Almighty, we can hear the sound of the waves of their circle and see their forms also.

Those who are in the form of spirits and are with the waves of many thoughts, get into the bodies of persons whose characters have active thoughts like theirs and the thoughts of both agree and get done the acts which they were not able to do during their life with their physical bodies and left their bodies with the same desires as both have got the same attraction in their feelings. Still those spirits can act in the bodies of those persons so long those bodies are alive only in the state in which the spirit grew and the growth of their waves of power have the same capacity of action as the powers of the feelings of gnana. The spirits will be able to act only in those circles in which the powers have gnana and feel that those acts are for good to fulfil their desires. This can be done only so long as the body is alive, and after the death of the body into which it has entered, the spirit will go on whirling in the same circle in which it was formerly, before it entered that body and grow with the same attraction.

Any scientist who has advanced in a particular branch can only be whirling in that particular branch of gnana and cannot get to act in high gnana and the gnana of light.

With the idea of taking his gnana by the feelings and sending the mixture of the acidity of the body in the waves of the feelings of good powers and meditating on his feelings, discharging his thoughts against the feelings of thoughts of the gnanies, Siddars Sabdha Rishis and making the state of the body, which is a combination of many acidities, to whirl in the same circle of the attraction of the powers of the light of gnana and making the breath of the waves of the feelings of our thoughts to mix with their, we will be able to get the same waves of power as theirs.

29-9-80

The thoughts of our feelings and their attraction should not go into the thoughts of any act. We have grown the acidity of the body with acidity of good characters and should not send the thoughts of our feelings in any wave which shows pity and gets moved by seeing the difficulty and troubles of others. When we see others suffering and pity their state, we lower the thoughts of our feelings to their state. By the thoughts of the breath that we take our feelings go into the same circle and we take the waves of thought of the acidity of their body into our attraction by the thoughts that we send towards them.

By feeling pity over them we take the waves of acidity of the circle of the feelings of pity which retards the growth of the high acidic characters in us. The great souls of recent times like Rama-Krishna Parama Hamsa, Vivekananda, Ramana Maharishi had been preaching that we should love all the living beings on this earth so that we can go to a good state. But we know that those great souls when they lived during this Kali Yuga with their physical bodies, their bodies suffered many ailments which decreased the strength of their physical bodies and had to die ultimately though they had acquired many powers during their life time. This was on account of their not knowing the proper ways to work out the thoughts of their feelings. They got into the circle of the state of the thoughts of the feelings of others. There are so many others also who in spite of their getting into the attraction of the path of gnana, by sending the thoughts of their feelings towards others on account of their pity towards those who were suffering, got into their bodies the attraction of the waves of the thoughts of their feelings.

This is the reason why they were not able to save their physical bodies although they had got into the path of gnana. These are stepping stones not only for the body but also for the acts of high gnana of the thoughts of our feelings. The thoughts of the feelings of the physical body of human beings are very powerful. The magnetic and the electric attraction of the waves of breath that we take with our thoughts spread throughout the body by our inhalation and exhalation and strike against the attraction of our thoughts.

A question may arise from what has been said above, should we not love others? Should we not show compassion towards others? Should we not give charity to others? Do not send your love towards others. Wish that they should get love, grow their love and get lovable character and grow waves of love in them and send your feelings towards them with love. When any of your people or any person seeing whom your feelings act, is suffering, do not show pity on them, make your state pitiable, join with their waves of pity, but with your powers send waves of light wishing that their state should become good. The thoughts of our feelings should be that they should rise in their state and get good health but should not send your feelings and thoughts towards theirs. Similarly in giving charity also you should not get the feelings of pity. We should not pity them for their being in that difficult state but we should give charity with the high feelings and thought that by getting this charity their thoughts should rise.

By the procedure of the thoughts coming from the feelings, the feelings connected with the waves of disgust comes to our gnana by the attraction of the thoughts of the characters of others and join with our thoughts. It is in this way that several gnanies about whom we know, had decreased their gnana by the love that they had on others.

We will be able to get the attraction of the waves of magnetism and electricity of the powerful light waves from the gnanies by meditating on the thoughts of this feeling by the growth of the acidic character that has been accumulated in us.

30-9-80

When a pinch of common salt is taken and placed on the tongue its saltish taste is felt. The same tongue knows the tastes

hot, sour etc., In the same way, it is possible to know the change in the feelings of the heart. We are able to differentiate the colours and various shapes. We are living with this feelings mixed with the attraction of the circle of the feelings with the life of rotation in this world doing our routine of work. If we send our attraction to know these to the state at the beginning of the formation of forms from the very day that each life-atom with pulsation was formed, by the way in which they have proceeded in their waves during the time of accumulation of the feelings during the change in the growth of every state since many crores of years. When the state of feeling grows and before the mixture of acidity begins to form a human body, it is the twelve numbers of acidity acquired and accumulated by it that it has the power to take seven number of human births.

It is from the way in which the powers of feelings are formed and the state in which the gnana with the feelings of human-beings are sent, the acidity of the body is filled up, that the working capacity of the person will be. The changes in the shape of the body and the capacity of the powers of gnana take birth along with the birth of the physical body.

The growth of the body stops at a particular age. The characters of each person depends upon the state of the thought to which the body has grown in its attraction of thoughts of the feelings at the time when the body has reached the top of its growth. The acidic character of the attraction of the human body during the prime of its growth is like the powers of very high voltage electricity.

The character of any person upto the end of his life as human-being depends upon the way in which the human-being is formed at that time. This is the period in which the force of attraction of the waves of feelings run fast. The basic feelings of the characters of a person depend upon the way in which he sends them at the time when the person forms the path for his life-time as man. This is the best time for those who progress in several fields. The person who takes the path of pleasures and lust at this stage by the attraction of the characters of his thoughts goes in that path and lives in that way in his daily life during his entire life-time. It is difficult to change such people by any power.

We, who have come in the path of the acidity of our feelings and thoughts will find it difficult to change from our track as soon as we think of doing so. It is difficult for a person by using his good powers to alter the evil powers into good ones or to turn a good person as an evil one, since it is difficult to change a person from his own acidic character.

Man, who has grown by the acidity that he has taken by his feelings lives in the same waves till this day. To change this state the thoughts should be to take the attraction of very powerful waves of magnetism and electricity and get mixed with the waves of attraction of the waves of good feelings when any wave of power will be able to enter into his body and alter the path of the state of his character.

You might have read in epics that during the time of Ramavathara and Krishnavathara, during wars bows struck against bows, light appeared, entered into one another but they could not pierce through by the resistance created to them and returned back to their places of origin. These are the stories fabricated from facts by hiding the facts.

In the epic Ramayana written by the sage Valmeeki the truth in every word has several ideas. Till to-day there is no one who has realised the true meaning in these. What is the truth behind the story of Rama.

1-10-80

By the thoughts that are forced by avarice, a net of tricks is spun to get a state of avarice and the acts that happened by these tricks are enumerated in the epic Ramayana. In what way a man is caught in the circle of the thoughts of the feelings of avarice and its acts, a feeling in the character is created in the circle for him to get good characters and the qualities, affection, bakthi, heroism love and desires. The principle that a father's words should be obeyed with implicit obedience, the binding with the elder brother by affection, the shape of love shown in desire heroism is made the bow and the essential quality shown in many places, Rama has been shown as the hero of Avathar as per the states that existed at that time and the gnana of the people in those

days in which the people had advanced. From the experiences that Rama had in every act by the feelings of our thoughts, get a clearer idea of the form that is called as Rama whom we are considering as God.

This epic Ramayana is not intended to show the difficulties undergone by one who was born as God and show the powers of God. This is an epic to show how a soul which is caught in the waves of avarice by the thoughts of its feelings, has the power of thought to get Godly powers, whatever obstruction he may get during his life, can escape from the difficulties by the rise of the feelings of his gnana and become a God.

In the previous lesson a question was raised whether it will not be possible for the souls of the animals which had come from human beings to rise in the growth of their gnana and go to a subtle state as human-beings can, since they will be having several powers that the souls had acquired when they were in human bodies? All are the life-atoms of this world and they had gone to the state of animals by the feelings of their thoughts.

They also have feelings and thoughts and there are some animals with good qualities and gnana. A question may arise if they cannot rise up to a high state? Every living being has got the power to get high gnana. Though it is only man who has got the power to think and put into action his thoughts while many of the animals have got a feeling to think, feel and have a feeling to rise to a high state. Some of the living-beings have got the chance to get into the cycle of attraction of human-beings by the love shown by them to human-beings. In rare cases one or two animals take birth as human beings by their attraction when they are killed and their flesh is taken as food by human-beings.

Still even if the soul takes a human life by being caught in the circle of human-beings and proceeds in the circle of thoughts of human-beings, they may go into the state of animals by getting caught in the waves of the same feelings. There are very few kinds, which having good thoughts by their feelings rise up in their state. Some of the cows and some other animals which are in the temples built by some Siddhas before they attained that state and had connection with those Siddhas rise up in their state

by the good feelings of the Siddas and making their feelings whirl with the feelings of the Siddas. Some of the animals that are grown in houses have bakthi in the attraction of the thoughts of human beings and after their death by the love he shows as a master gets into its attraction and rise up.

To rise by the attraction of the gnana is much less in animals than what they are among human-beings. The world has formed and in its feelings while rotating every action has appeared and grown by the attraction of the thoughts of its feelings and had its form by its acidity. This is the way shown by our Siddas in which in Ramavathara the character of the father has been shown raised and that of the mother has been shown after that of the father. In the same way they have kept Siva first and Sakthi second in the form of Siva-Sakthi. But among the deities that we worship, mother has been kept first and father second. What is the truth behind this?

All are the creations of Adi-Sakthi. What is the way in which this has been shown?

6-10-80

Adi Sakthi has created all in the form of vapour. The state that has become solid from this vapour is called Siva and the pulsation of the attraction of this solid form is made as female. In the state of the growth of the waves of its whirling which is the growth of life, come mother and father.

The creation of Siva-Sakthi is the creation of the creation. The creation of all the living souls is the creation of the created. For one to grow by the attraction of another the power of the soul is required. To get gnana by the power of the soul, a guru with a live soul is required. What is the state in which guru is shown above God in the epics Ramayana and Mahabaratha? To get a start in the path of gnana we require a guru who is more powerful than us.

By the attraction of the power of the soul which is water to get the state to go in the path of magnetic and electric waves by ourself is difficult. It is only when we get a guru who has got a

physical body like us and has entered in the path of gnana, we can direct our thoughts towards him and he can direct the waves that he takes towards us. To take the magnetic and electric waves in the early stages, it is better to have a guru in a human form to send our thoughts towards him. This real state of the guru existed some 2000 to 3000 years ago. In course of time these have changed as the gurus thought that the disciples will grow to higher states than themselves. Besides this, some of the gurus did not teach the truth that they followed to the disciples who understood and followed them. From the time human-beings started on this earth there has been the system of guru and disciples. This exists today also, but it is only in a way of worshipping with bakthi and there is none in the state of gnana to attract the acts of the guru in that path. To-day also the belief is that they will come by themselves by having contact with the guru.

Many powers develop from the powerful power. This power develops by the power of the high power by the change of form one after another. The power of the world has come from the waves of light that comes from the Sun and have form as Siva and by its attractive power as Sakthi. This earth is capable of making its attractive power more than that of the Sun.

After the change takes place in this earth, the state of the human-beings on this earth is going to change and their form also will have a change. After several crores of years the power of attraction and the speed of the earth are going to increase than that of the Sun. When the size of the earth is smaller than the Sun it is going to move faster by its power of attraction. After that the Sun is going to move round the earth just like the 47 planets are going round the Sun to-day. The centre on which all the planets rotate now is the Sun and this is going to change and the earth will become the centre round which all the planets including the Sun will rotate.

There are many in the high creations. In the state in which it grows it should get a state higher than the one which created it and this is the state of Sakthi and not decreasing in its power than the one which created it.

From the state in which the human embryo formed and grew on this earth by the power of their gnana, by the state of Sakthi

and the powers of gnana of man and those who have increased the power of their souls, by the creation of the Sabdha Rishis who have got the powers of Adi Sakthi who has created us, the growth of the gnana of the souls and the state of the earth grows. By the increase in the power of attraction of the earth and its speed of rotation, the state in which human-beings live with the attraction of the earth does not suit their form. The human race will grow by the state which will be created in some other planet which will go round this earth and will be within the attraction of this earth by the powers that are taken now by the souls.

In all the states that go on changing every second and keep rotating, will the shapes of the bodies of human-beings be as they are now? No, they will not be. The thoughts of the feeling-which vary from one another in one state when they go on changing from vapour to form, and from form to vapour, any acidic character will go on changing. The growth of the human embryos and all other living beings on this earth are according to the natural growth of the minerals and vegetation which grow at the beginning of the formation of the earth and the growth of the acidic qualities at that time.

Now which is the mineral that is more in this earth? Iron is more than any other ore that grows in this earth. When the attraction and speed of rotation of this earth increases, on account of the increase of these and the inhalation and exhalation of the earth and by the state of the acidity that comes from other planets, the growth of gold in this earth is going to increase and it will have a place as iron is having now. This is true.

The soil of the Sun contains ores which are more powerful than gold. A question may arise, is the quality of gold higher than that of iron? Gold is more pliable than iron and it can be drawn into a very thin thread. Iron is a tough metal and it can be wrought upon only after heating it to a high temperature whereas gold is a soft metal.

To-day the growth of the acidity of the living being on this earth is as per the quality and the acidity of the iron ore which is in this earth. The state of the ores in the earth will also change as per the increase in the speed of rotation of the earth.

A state is going to come when all the iron will change into gold. During the time of Kalki which is to come shortly, all the states will be changing every second. We, who are whirling as vapour and form in succession and growing, are with the thoughts that are in the path of the growth of gnana; get into the path of getting powers for our soul and you can become God who can grow many things.

9-10-80

My experience

(Experience of the devotee who absorbs the lessons during meditation.)

To-day after sitting in meditation before hearing the preachings of the guru I saw the form of our Sirgurunathar Maharishi Iswara Bhattar and got his blessings. Himself sitting on one side and myself on the other side, by the power of having contact with him, what he has said in his divine words during the time of meditation daily till to-day, though I am having contact with our guru Sri Venugopalaswami (who is now alive) I am only in a state in which I could hear what he says and give them out.

Though I have started to put into action what he has said, I have not improved in my state. As soon as I had contact with him and before he started his lessons I asked him to bless me with the power of the pulsation of thoughts in my thoughts to know everything. Immediately he closed his mouth with his hand. A big long screen ran between us. On one side Sirgurunathar Maharishi Iswara Bhattar who preaches was sitting and myself on the other side. I could see and hear him being on this side of the screen.

But what is the meaning of the screen between us? I am still in a state of fear. I am able only to absorb and tell what he says. Is this fear the screen for not being able to put into action the gnana that he gives? As soon as I thought so I felt that he nodded his head only. Then after a moment in my meditation my state dashed with the thoughts of my family and thought about the rare and meritorious acts that one of my relations was doing. Then I meditated as to how gurunathar will redeem the grievances of one

of my close relations. Then gurunathar said do you now realise the meaning of the screen in between us. You are sending the attraction of your thoughts towards them in the circle of your family, mix with their thoughts and make your request for them.

Affinity, affection, love, kindness, all these are necessary. It is yourself who received the lesson about desirelessness and told to others. You have not taken in your gnana the idea behind desirelessness. The attraction of the bindings of our blood relations will jump upon us very quickly.

When you are going towards gnana by the good path of meditation, if you get into yourself the thoughts of the feelings of your relations and remain in the same circle of life as theirs and allow your thoughts to mix with theirs, the state of your growth cannot grow. I do not say that you should discard all your affection and bindings and then take to the path of gnana. You should not take the difficulties and grievances of theirs by the thoughts of the feelings in your thoughts. When the acts of their thoughts strike you, you pray to Iswara in your thoughts to give them good, feelings, so that their state will rise, we should not send the waves of the powers of the Almighty to the acts of others and mix ourselves with those waves. With the waves of good powers that we have acquired, send our thoughts to raise them and not get ourselves caught in the whirl of their thoughts. The power of our thoughts should be sent towards those as deeds of the Almighty. This is what he advised.

Now do you understand what for the screen is between you and me? he asked.

10-10-80

Do you understand now? It is not possible to get the growth of gnana by hearing preachings or reading from books and from them get high gnana. Hearing good preachings and reading good books will be whirling in the thoughts of the feelings. With the power of the feelings of life, wherever we direct our thought, the registration of the sounds of that chain of waves will try to register the good waves of that chain, and by meditating on those thoughts all the good waves of that chain can be registered.

People who are religious and go to temples and other holy places will be dreaming about these only in their dreams. They will dream as if they are going to many temples, worshipping the deities in those temples. In their thoughts while awake, they will be thinking as to which temples they can go, what books they can read, which gnani they can go and see and they will be in the waves of the feelings of persons with bakthi and their breath. A thief by the breath that he takes with the thoughts of his feelings will have his thoughts and dreams as per the waves of the acts as per his thoughts.

Be he an agriculturist, scientist or one who has lost his feelings by excess drinking, his acts and words will be as per the acts that he is used to do with his feelings during his life. The words and deeds of a person will be as per the state that has been registered in his body and the thoughts of his feelings.

Those who live sending the thoughts of their feelings only in the circle of action of their acidic characters to pull them out of their acidity of characters that are registered in them, is a difficult task. Being in the same whirl it is not possible to grow the growth of the soul.

We have registered the thoughts of our feelings with our acidic characters since several crores of years. Some of us are not able to take by meditation the acidity of the good powers from those who are more powerful than us and are in a subtle state or to know about the ways and to put them in action. Such people should meditate on the sun which gives power to our earth and take their breath directly from the sun to their feelings or thought, by the thoughts of their feelings and draw the waves of magnetic and electric power by the thoughts of their feelings and spread them throughout their body. When the waves of good power are discharged on the acidic characters that we have already been accumulating in us since a long time, the power of human beings will get the gnana to know any power. When we get in the path to get contact with powers that are higher than us, while living in this body we will be able to know about any of the powers, see them and alter them, ourselves remaining in one place. But we should get a suitable state in which we will be able to put into action the fruits of good powers.

Do not get enchanted by praise!
Do not praise others!
Do not go in search of praise!
Do not get worried when in difficulty!
Do not get perturbed when defamed!
Do not think of defaming others.!

The above states are the ones that we will face when we enter the path of gnana. Those who are caught in the grip of the feelings of these states are not able to rise in the growth of their gnana and are whirling till today. There are many persons in this state. Our gurunathar gave these preachings, but the screen that fell between us on the previous day did not move away. But in my dream on that night he told me about all the states that I wanted to get and several poems and truths. I got a pleasure that cannot be expressed in words and fell down on the feet of our guru Sri. Venugopala Swami and said that I was very happy and he blessed me.

In the morning all these appeared to me as realities that happened in my life. But I could not remember some of the truths and poems.

14-10-80

When we sow one grain it grows and yields many. The yield of the growth of one are the others. As the Sun grows, it also grows others. In the growth of every living being in nature, by its own growth others grow; no force can show the growth of another without itself being grown.

The Sun takes its food, has its growth and by its growth it grows others. It takes as its food the attraction of other planets, grows, exhibits the result of its growth, by which state others also grow. Many grow by the attraction of the one and by the growth of many spreads the act of growing.

One eats and by its feeling every life-atom gets the power of life, by the way of taking by its feelings and going in the path of its chain of action. The all powerful Adi Sakthi for its creation takes food from its creation and creates many in its creation.

Life-atom appears, gets life, gets into the way of acting, becomes power of high gnana and becomes Sabdha Rishis who see everything; even then the feelings of the Rishi requires food to grow its growth. One eats and as it lives makes other also to live. Nothing has a state in which it can live only if others live.

The stars, all the planets that have grown, several crores of lives that are mixed in the air, water, light and all are growing by taking the food that they require. Food is necessary for the feeling to whirl. No life with pulsation can live without food. Man who is with a live body, lives taking water which has the power of life and solid food also. Animals also live in a similar state. Vegetation live taking their food by the breath of their attraction. The souls that have gone out of the body, not to lose their feelings absorb the smells of the food that they had been taking while living with their bodies as per the state of their thoughts of their feelings. Those who are in the form of spirits also live in the same way by absorbing the food as per their feelings from the air and mixing them with the feelings of their relations. No power of life can remain without food. Things that do not have life need nothing. But things that have no life dissolve into vapour and become food for those that are with form.

All the creations of the creation including stone, soil, metals and other things have a characteristic smell of their own. There is no form that does not have a smell. Our earth, the milky-way, stars and all the planets that have grown the pulsation of the attraction of the acidity at the beginning with its smell becomes sound, light and then water.

In the way that it had smell it goes with feelings also. It is by the feelings mixed with the smell that they are able to take their food. Why I am telling all these is, by your meditation send the thoughts of your feelings towards me and get my chain of waves in you when my waves also will follow as food for your feelings.

From one grain several grains grow. In the same way you take my feelings as food for your feelings and you grow, when the screen of which you asked will shift and you will get wonderful powers of gnana and the power of the soul and will be able to see all. If the grain is kept as it is, can it get many grains? It is only

when the grain is sown and it grows in the chain of its action, we can get many grains. By keeping that grain as grain we cannot get any growth.

One grows as a continuation of another. Food is necessary for one and all to grow. Like this for us to grow, we grow you. For you to grow, you should grow others. It is only when there is growth in succession, any power will be able to keep on growing. It is not the growth of crops, growth of living beings, growth of plants, growth of gnani, but become the creation of the creation of the power of Adi Sakthi and go on creating the chain of creations. When the chain of the growth in everything is growing, then the act of growing will grow.

There is no power which gets realised and has an end. The power of that Adhi is to keep on growing. For the growth of the body, food is required; for the growth of the thoughts of the feelings the feeling of gnana is required. Take as the food of gnana, the thoughts of the feelings and in the form of this body, which has the power of life in it, make the life-atoms of all the atoms to take gnana as their food and make the atoms of the body which have grown by gnana, to take gnana as their food and get the state of the intelligence of the soul called Sithhi in tamil). Now do you understand what for Bhogar has installed the form of Muruga? He created Muruga to raise his state and grow his feelings. By creating the form of Muruga, he takes as his food the feelings of the power of life of the sound Muruga even today.

Every Siddha, to grow his gnana in this sacred land has shown many truths for the growth of what he is growing. Muruga is in the same chain as Bhogar. By showing the form of Muruga, Bhogar takes as his food for his life the thoughts of the feelings.

Out of a thousand persons who go to the temple of Muruga, with real bakthi, is there at least one or two persons who go there with the intention to get the power of gnana? Bhogar takes good grains as his food and gives many grains.

16-10-80

The idol of Muruga has been made by him to take the food required by him. Every power, be it any power, to grow its power

requires food. It is while expressing the ways that a person adopts for taking his food that Bhogar showed in China many ways of medical treatment and to make explosives. He entered into the body of Md. Nabi and through his body, planted his feelings in the Islam countries and by the thoughts of the feelings he took his food. In this way for himself to grow, as a food for his growth, planted many states by the thoughts of the feelings which are followed till today as the path of bakthi. For the true thoughts of the feelings of bakthi, with their powers, they give the fruits of the bakthi and take food. Some Sidhas have written many poems and epic poems and when several others read them they take as their food the feelings of their thoughts even to-day.

Though Ramayana, Geetha, Bible and Koran have been altered in the course of time, for those who read them with the same chain of feelings and think of them with the whirl of those feelings, those who wrote them are getting food for the thoughts of their feelings even to-day. There has been several crores of siddhas on this earth, many of the feelings of their thoughts have been planted on this earth in a way that they will not perish, in some form of manthras. (sacred verses) as per the growth of their characters.

When we think of Ayyappa, we shout one slogan; for Muruga we shout another slogan; Like this there are separate slogans for Jesus Christ, Md. Nabi; Buddha and Konganavar. By these slogans which they have planted, they are taking the food as per their feelings and besides their living they have kept other powers also living till to-day. Nothing can grow without food. Those that have pulsation of life with physical bodies require food in solid form. It is from the powers of human-beings who take real food, by taking as food of the feelings of thoughts the state of their power increases. Vegetation take water and some manures as their food. It is only the gnana of human-beings that has got the method of taking thoughts with feelings as its food. The truth that lies behind the high power of the feelings of gnana of human-beings should be felt. When the soul changes from the state of human-beings and become animals, birds, worm or insect, they cannot take as their food the gnana of the thoughts of the feelings.

By taking the food of gnana, becoming Siddha and then Sabdha Rishi, this human body has the power to assist the power of Adi Sakthi. It is by knowing this that Bhogar is preserving his body without decay till to-day. When times change and the thoughts of the feelings of human-beings change and when there is obstruction for getting the food required by them, by their powers they discharge the waves of their feelings in some person's body, show the powers of the body and enter into some of them. It is in this way that Arunagirinathar showed bakthi on Muruga by the powers of Bhogar. In this way the seeds of good powers have been sown since several crores of years and harvested. The seeds have been sown again and again and harvested, the high gnana acquired was taken as food by which several gnanas were formed which whirl as separate planets. In this power which is the beginning and which is the end?

17-10-80

Science – Science – Science

To-day on this earth the speed of the requirements of man are running along with science by the waves of science. The whirl of thought of the feelings has combined with science. For the acts of the state of intelligence of the soul and its characters, the feelings to grow the gnana of the soul, the state of taking the attraction of the souls of human-beings on this earth, the Sabdha Rishis and Siddhas to grow the waves of the powers of gnana of the soul which they had obtained and increase its harvest, the feelings of the characters have been got by living on this earth in artificial ways by science. The growth of the thoughts of the the feelings that are remaining in an unsteady state to-day with the gnana of the soul, to grow by the thoughts, to grow the waves of the powers that they have got with good feelings by bakthi and gnana, by taking the breath of the thoughts of the feelings of high characters, they are not able to turn the thoughts of the people to the same feelings and say that these are the acts of fate as has been told by our elders.

The magnetic and electric waves have been separated in many ways and forms and taken out, and being taken out also, which has sown the seed for the earth to be unsteady in its state and have

a change. The changes in the states that are taking in some places in this world and wars, have poisoned the entire air space and this earth. Several of the food stuffs that we are taking now are going to increase in their poison contents. As all the ways in the advancement of science have sucked the natural powers from the earth, the strength of the earth has decreased and the time is approaching for the earth to have its change to increase its strength,

It is only when the Sabdha Rishis and several crores of Siddhas do not allow the powers of their feelings to decrease but keep them on the increase, they will be able to create the embryos of human beings with gnana and increase the power of the growth of Sakthi. When the entire world is going to get destroyed is our life-atom above that?.. What is the use of only ourselves living? When everything is full of poison, even if we are in meditation, we will have to be caught in the whirl of the poison. This question may also arise.

If the waves of the thoughts of the feelings in our human body are given the manure of power, and increase the power of the soul which is the power of gnana and make every atom to glow with the light of the feelings by the thoughts of the feelings, even if we are associated with poison, the poison will not enter into our body. It is these ways that are being taught to every soul through the Sathiyathin Sakthi Nilai.

When soul has got power to grow many powers with that power, we say you get power for your soul by meditation. Do not think what is the use of our remaining when everything is going to be destroyed? If we got ten bags of paddy and if we consume all the ten bags of paddy for our food, what will we do for further sowing? It is only when we preserve some to be used as seeds we will be able to grow again and again. If the entire variety is destroyed, where is the seed for further growth of that variety? Like this by the meditation that you do and its feelings you will get into the path for the growth of gnana which is the strength of the soul.

Do not fix the thoughts of your feelings in the whirl of your kith and kin and get shattered in the same net. By getting gnana by deep meditation on the thoughts of your feelings, discharge

the waves of good feelings on the forms of every living being, by the feelings of your thought and add strength to your feelings.

Every one of you make the thoughts of your feelings on the meditation of good characters and pave your path for the meditation of your life so that you can be the seeds of human-beings that are to be grown on this earth.

20-10-80

What is the idea in telling you to lay a good path and send in that path the thoughts of your feelings? The thoughts of human-beings have the capacity and ability to know the thoughts of its feelings by the breath of the thoughts with the feelings. The character of every person varies as the state of the thoughts of his feelings. Man has got the capacity to put into action the thoughts of his feelings. But some of the animals do not have the power to act as per the thoughts of their feelings. When the power of attraction of sound strikes on the breath of one, the acts of its thoughts will be as per the characteristic feelings of that one, and all the others of that kind will have the thoughts of the same feelings and follow it. Birds, elephants, cattle and some other living beings that live in water will follow the one of its kind which acts as per the thoughts of its feelings when it is struck with any sound wave. To protect oneself and while going in search of food all will follow in a group the one which acts first.

All the other kinds are the derivatives, with changes in their thoughts with the same attraction of acidic characters of that kind. If man has thoughts in the feelings of his capacity to act by the power of his gnana, removes his demonic characters and has the thoughts with the feelings of the mixture of the characters depicted by Muruga, he can become the seed for the future harvest of human-beings.

It is only when every human-being feels the thoughts of these feelings and with the life of the power of his form acts in the waves of attraction of the characters of his gnana the power that acts will increase in its power.

The power of Adi Sakthi is the power of the Universe. It is she who creates the Universe and the supreme power that grows

them and alters them. When it is so, we worship Vinayaka as the first deity who is the first and the base of all.

What is the divine power in the name Vinayaka, whom the Siddhas have shown as the base of all? It is for the shape of the state of the acidity that grows the human embryo which grows in a form from the vapour of acidity of Adi Sakthi that the name Vinayaka has been given.

Every act that the Siddhas have shown has got some meaning behind it. But in course of time the state of understanding and the meanings have changed. We should change from the state in which we allow the thoughts of our feelings to go along with the time that has rolled on and allow our power to investigate what is the real state? We have got the characters for constructive growth and know and feel, should not get ourselves caught in the whirl of the modern society and allow our powers to get into the attraction of the state of animals- we should make the thoughts of our feelings and act in a way to grow good characters with good acidity and grow in our state.

To beautify the body we require dress. To make the soul to get gnana we should have the thoughts of our company in our life. Beautify the gnana of the soul by the whirl of the thoughts of company.

24-10-80

Anatomy (of human body)

There are several crores of life-atoms in a live human body. Those who follow the scientific method of medical treatment dissect the human body and by their investigations of the diseases that come to the human body, analyse the white and red corpuscles in the body. By the state of the blood pressure and the changes that happen in the blood on account of the variation of the atoms according to the disease, it is found which type of atom is more and that is taken as the cause for the disease.

We say, the acidic character of the feeling. The same is called as vitamins by the scientists in their medical treatment.

Vitamins are of six kinds:

They are:-

VITAMIN - A : (Antixerophthacmic)

Thamine B1

Riboflavin B2

Nicotinic Acid

Pyridoxix Doxin B6

Folic Acid

VITAMIN : Antipernicious Anaemic--

B - COMPLEX : Factor - B12

Pantothanic Acid

Inosital

Biotim

Para Amino Benzoic Acid

Choline

VITAMIN - C : Anti Scorbutic

VITAMIN - D : Anti Rachitic

VITAMIN - E : Anti Sterility

VITAMIN - K : Anti Haemorrhagic

Besides the above they have found different types of poisonous atoms.

They have also found out the changes that take place when some acids are injected into these atoms with the help of minute instruments by advanced scientific method, and found out the reactions. By medical science man today makes the soul live longer when its life is about to depart from it. In science and medical treatment the atoms that cause the disease have been found out and opposite type of atoms are introduced to overcome their effects and prevent the spreading of that disease. With the strength of money, he is able to do several acts of appreciation by holding the thoughts of the feelings of man by science like a machine in a mechanical way. He is not changing the natural acidic characters by the way of meditation on the soul which follows the natural way and makes the body, which is also a planet, to absorb the

natural acidity of attraction by the high power of gnana. By adopting mechanical ways of treatment by science the planet the body – is not able to attract the feelings of the thoughts and becomes a mechanical man of artificial science working with medicines.

In the form of the living human body, several crores of life-atoms live. When this body gets a disease, why not the atoms of this disease get into the waves of other atoms and get the disease cured at the initial stages? It exercises its whirl of the thought of its feeling further and further and by the breath of its attraction makes the few numbers of the diseased atoms to spread throughout the body by changing the other acidities in the body by its fear and the soul departs from that body.

When man has got the power to change everything, how does he get a disease? How does a man get diabetes? What are the qualities of this? From the young age when a person leads a steady life at the time of extreme pleasure, when he gets into the whirl of the waves of pleasure and as a continuation of this, if he gets tired, by the breath that he takes by the thoughts of the feelings of acidity of his body, the food that he takes, when it mixes as vapour of acidity with blood, the sugar essence secreted is more than what is required for the body and it comes out with the urine.

In medical treatment we introduce some medicines into the body along with food or as doses of medicine and get a temporary relief for the time being. On the other hand if the soul of the human being which is caught in the disease, diverts the thoughts of of its feelings and sends its thoughts towards the attraction of good characters, by the gnana that it takes, stabilises its state in good characters by meditation and attracts the chain of high waves of the Sun in his body, he will then be able to change the state of the body from the diseased one.

Being in the same whirl of thoughts as he has been living so far, it is not possible even for any Mahathma who has contact with the power that can make the entire universe to act as per its wishes, to cure any disease unless he can stabilise the thoughts of the feelings and grow the high characters of gnana.

All the diseases of the human body are due to the thoughts of the feelings. How do people get blood pressure? When we take breath with the thoughts of the feelings of the waves of anger and go on taking that quality of anger again and again with the same attraction and live in the same waves, exhibiting the anger, the pulsation of the blood vessels increase and they take hot hard breath of attraction when their feelings start boiling becomes blood pressure.

It is the breath of the thought of the feelings of attraction of the character with agitation and tiredness that are the seeds, for TUBERCULOSIS AND CANCER. How does jaundice come and the essence of salt increase in the body? When a person does work which are above this capacity of his body, changes the time of his sleep due to his hard work, salts that are in the body come out with the sweat. When the food that he takes does not contain sufficient salt to make up the depletion of salts through sweat and his acidic characters have come out, if he takes food that contains more fat, the body is not able to absorb the same and the lungs get affected as some of the organs that purify the blood are already affected due to the food that he has been taking.

Those who hold their anger within them and act as a calm person in the company of others but has the thought of this feeling get ulcer in their stomach and some type of piles. The person whose thoughts are not exhibited outside and feels that he has controlled his anger gets all sorts of ulcers in his stomach. It is in continuation of this that several diseases come. By having contact with the spirits that are in this wave and by the breath that we take when we are with weak feelings, we get the attraction of the waves with weak feelings and spirits with that character will get into us.

The same applies to the breath that we take with the attraction of good character and also for any chain that we take. Whether it is good or bad it is only by the whirl of the thoughts of the feelings of our breath that we live. We whirl with the state of attraction of the characters of the feelings of our thoughts.

26-10-80

From the time the life-atom appears and starts growing, the state of growing of each of them is the growth in the chain of

mixed characters in the thoughts of their feelings. The state of characters of the persons who get certain disease will also be having the characters of the disease. Man gets diseases as per the state of his characters. It is only man, who goes on getting new diseases. Every person has got a certain type of disease. Vegetation have a particular disease for its kind by the attack of that type of atoms of insects. The state of animals is quite different from that of human beings.

Since the thoughts of feelings of animals depend upon the attraction of the sound for which they are accustomed to, the disease that come depends upon the state of the diseases of the vegetation due to the transmission of the poisonous atoms from one to another animals and they are attacked by the same disease.

In human-beings also we see several people getting the same disease depending upon the climatic condition and the heat that the earth absorbs and emits out, which grow certain poisonous germs. These germs are the cause for certain forms, vomiting, purging and certain type of diseases of the eye which spread from one person to another by the movement of those germs in the atmosphere.

When the poisonous characteristic qualities of attraction of those atoms change, due to the natural change of climate, even though there are many persons who are attacked by this poisonous power at the same time, this disease does not continue for a long time and its character changes.

But those diseases that come by the thoughts of the feelings grow as atoms, along with the atoms of the body as per the state of their thoughts and remain till the body is alive. Smallpox, malaria, typhoid, vomiting, purging and some other new poisonous diseases which come at times according to the climate and the state of the poison that spread at certain climatic conditions, and the poisonous atoms that come out of the attraction of the earth due to its heat, spread among the living beings on this earth and the souls that are in the attraction of the earth.

Those who take the atoms of the poisonous germs that are spread in the air along with the waves of attraction of their breath

get the same disease at that particular season. As the climate changes their power decreases and they have a change.

This type of affection will act on all those who have pulsation in their feelings with the water of life in them. Even those who have made their power the power of God and live in the state of Sabdha Rishis will be affected by atoms through air and water as the change in the climatic conditions. The qualities of these atoms will change as per the change in the state of the earth. These are the characteristic states of truth in the flow of acts in nature.

There are many happenings that take place by the poisons that are mixed in the air without any discrimination as vegetation human-beings and animals. It is not possible to destroy, change or to escape from this state. It is only man who gets severe diseases by the thoughts of his feelings.

How do the diseases like paralysis which make the limbs to be without feelings, come?

This disease comes as a result of allowing the feelings of anger to grow to a great extent and with the feelings fluttering in them, get tired and lazy again and again taking the waves of anger and controlling it within and trying to show to be happy, sending the thoughts in the attraction of any other feeling, getting afraid of the consequences of getting angry and feeling that he will be able to alter his thoughts towards happiness and acting accordingly. These two waves that he has felt, dash against each other in his breath as opposites. By this the action of the nerves decrease and the attraction of the feelings and the small and big brains do not get sufficient supply of blood and blockage of the blood vessels happen in some places of the brain.

How do diseases of the skin come? and how do boils and ulcers come in some places?

When all other qualities in the body are in order, how do certain diseases of the skin come? Every small part of the body, including the nail and the hair, grow only if there is life. Every part of the body takes for its food the type of acidity required by it and grows.

Nail, teeth, hair, bone, flesh, all take the food of their acidic characters by the attraction of their breath and live. When they grow like this, if the power of attraction of the life is affected in any portion on the skin, it does not take the food required for its pulsation, ulcer appears in some parts of the skin. Similarly when the acidity required by the skin is affected, hair does not grow in that place. Similar is the case with cracking of nails. By the poisonous atoms that appear in the gums, diseases of the teeth come.

When the diseases come for human-beings as per the state of the feelings of their thoughts several acts of appreciation are being done by artificial ways of treatment by science. How do they do them?

27-10-80

What is being done in some modern scientific ways of medical treatment for some diseases like TUBERCULOSIS is to destroy the germs that produce that disease by some medicine that is more powerful than these germs like STREPTOMYCIN is given and to prevent the effect of this medicine on the body some other medicine (B – COMPLEX) is also given. This method is controlling one disease by the power of another which is more powerful than the previous one and to give another medicine to control the side effects of the medicine given.

There are some diseases like cancer. Which they are not able to overcome, but detect them in their initial stages and remove the entire organ like womb, breast, part of intestine to save the patient's life and keep him or her living for some more years. If the parts that are affected are of a nature that the person cannot live without that part it is made dead or inactive by the use of (electric) deep X-Ray waves and afterwards the part is made to function by giving suitable medicines. The science of to-day is in a position to observe all the parts of this planet – the body – and the ways in which all the nerves of the body are functioning and see their photograph by the help of the waves of electricity (X- Ray).

To-day people make investigations by using wonderful scientific instruments and finding out ways to save human lives by scientific medical treatment. There is none to give strength for the breath that we take by the thoughts of our feelings and grow by absorbing the true powers of the Sun that keeps us living.

We will not exist if the earth is not there. Without the Sun that gives power for our earth to grow, our earth will not be there. It is the planets that are round the Sun that give power for the Sun. The Sun which works by the help of the 47 planets that go round it, draws its waves from the waves of the 47 planets, and besides its growing it makes other planets to live.

The life principle of our earth is able to attract the waves of the Sun. It is the sound 'OHM' that is generated by the action of our earth absorbing the waves that come from the Sun and emitting the same out that gives life for our earth. It is with the help of this sound 'OHM' that the earth rotates and keeps on moving. The living beings have been formed by these motions and the sound 'OHM'. It is by the sound 'OHM' that water of life, air, light are formed which get pulsation of life and become souls with form, the breath of which is also the cause for the sound 'OHM'.

When one has contact with another and nothing remains in one state and when the two become one and when a third joins this one and rolls as soul with life, which state can be called separate? If there be one lone power as 'I' it will not have life.

The power 'I' is without life. Every soul should realise this and by taking the power of the thoughts of its feelings, having direct contact with the Sun and having the thoughts of the feelings of the body and taking breath looking upwards towards the waves of the Sun will be able to cure any disease that comes to the body. Being in a state of making the 12 acidic characters (six numbers good ones and six numbers bad ones) that are filled in his body, turning the weariness into calmness, anger into heroism, nervousness as love and by the push of the feelings of these characters altering the bad qualities of the disease into good powers, looking at the Sun as it rises up in the sky at Sunrise, absorbing the rays of the Sun directly into our body, we will be able to maintain our body in a healthy state. By acting in the path of meditation, we will be saved from getting into the attraction of the

whirl of the attraction of the earth and have the attraction of the waves of gnana and be free from weariness, troubles, anger, deceit, vengeance, lust and get into the attraction of good character. Then by the growth of gnana, we will be able to grow our soul as one that can act in any planet.

Being in the grip of the troubles of the diseases of the body, by acting with the thoughts of the feelings of selfishness, by the growth of selfishness we can grow good things of others. It is only while living in this body that gnana of the soul can be grown. Medicines are required for the diseases of the body. To have our grip on the feelings we should not allow our feelings to whirl as per the state of the thoughts; the thoughts of the feelings should have gnana.

28-10-80

Selfishness

Without selfishness or personal interest, public interest will not grow. It is only by growing selfishness that public interest can be grown; by public interest self interest cannot grow at any time. It is by self interest that power is formed. All things that pulsate and have life in them, have self-interest in their state and are selfish.

Any power without self interest cannot grow. The thoughts of the feelings have self interest. Even Bhogar who created Muruga, acts with self interest; Konganavar who created Venkatachala-pathi also acts with self interest. The power of the Sun by self interest attracts the energy for its growth from the 47 planets that are going round it by giving energy for those planets to grow themselves. Any planet that grows and keeps on running, Sabdha Rishis or any living being with feelings connected with the Sabdha Rishies are creations in the chain of self interest. The power of Adi Sakthi which is the supreme power that creates, protects and makes changes also creates with self interests, reaps the harvest of its creations and again alters the same to form further creations.

The power of Sakthi increases only when it changes its shape and acts. Which is the life of the power that is supreme power?

The material of creation will go on growing only when one joins with another and the two become one; again joining with another it becomes two and goes on changing in the same way.

The life of man is a selfish one. See the welfare of others in the welfare of the self. It is with the growth of the self that the growth of others can be grown. In this human life the breath of the thoughts that we take every moment should not be directed towards the whirl of demerit of others, by our mercy even if it be mother, father, husband, wife, children, brothers, other relations friends who save your life or even God should not be caught in the thoughts of their suffering or ill health. The acts of the thoughts of our feelings should be in self interest which will have public interest merged with it. We should not allow their waves to jump on us but should discharge the powers of our waves on them and take the waves with the thought that they should get a good state.

The charity that we do on the basis of mercy makes us to take that wave of mercy in our feelings without our knowledge. This makes the acidity of our body to get caught in the attraction of the waves of acidity of the thoughts of mercy. This makes the feelings of our thoughts to get into the whirl of worry and in course of time make us to get into that pitiable state.

The attraction of the sound of the acts that we take by the thoughts of our feelings will jump on us immediately. The chain of waves of those who are blood relations enter into our feelings much quicker.

Doctors who treat patients by the thoughts of their feelings do not get caught in the grip of the waves of attraction of the patients. By the waves of gnana in the line of treatment, the doctors treat their patients with a desire that they should get cured. They do not show pity on them for their sufferings and get caught in their attraction but feel that they can change the state of their patients and hence the attraction of the patients does not jump on them and the patients get cured.

While treating their children, father and other relations, they get feelings with fear and the thoughts of their feelings take the waves of affection by which they bungle in their acts.

Know the truth behind the sound of the thoughts of the feelings, do not be caught in the attraction of the waves of others, grow the welfare of others by the growth of self interest which has public interest in it. Learn to take the chain of waves of the powers that have shown us the ways of Siddas by meditating on the powers of the thoughts of the feelings of high gnana.

29-10-80

It is by realising this state, from the form of this body which has the power of life in it, by the thoughts with feelings, by the power of gnana, going in the ways of bakthi, meditating on the high power of the path of gnana, to take the waves of those who have more power than us, being the son of the acidic characters of good power by the ways of life, the six states namely laziness, sleep, hunger, lust, desire to excrete and the pains of the body due to its disease, which are exhibited by their feelings, only man is able to remove these by the strength of his thoughts. He is able to alter the timings of his sleep to suit the hours of his duty by the thoughts of his feelings.

Man is able to change his feelings of hunger by his thoughts when he is engaged in some work. He is able to control his feelings of lust and not allowing them to go in their own path, direct them in a proper way. In the same way he can forget the pains of the diseases of his body by his thoughts.

Man regulates the desires of his body which are pushed by his feelings and not allowing them to go in the path of his feelings, regulates the waves of the feelings of his body by his gnana according to the times. Man is able to do any act by his thoughts. Animals are in a state in which they are not able to alter the push of the feelings of their body by their thoughts of gnana a man is able to do and act accordingly. This is how man is able to alter his feelings and create bindings in his life and grow gnana in his acts as per his thoughts.

Other living beings do not have the capacity to act by changing their feelings. They have only the states to search their food, eat, excrete, sleep have the feelings of lust and multiplication of their race, be always mixed with the pains due to the diseases of their bodies and are not able to alter their feelings.

Man, by his gnana, regulates any of his feelings to suit the surroundings according to the climate and acts as per the thoughts of his feelings.

4-11-80

I have been telling you about the thoughts of the feelings. I have also pointed out the acidic characters of the human body, feelings that come out of the characters and about the health of the body.

We, human beings are as atoms that are inside an atom. How do we guide the strength of our thoughts? How do we put into action the good acidic characters of human beings namely, kindness, love, affection, gnana, heroism and calmness? The child that we grow by showing our love only on it by our feelings of love, will take advantage of the love that we show on it, in which it has grown will be adamant in getting the requirements of its feelings from us. Besides this the child that is grown only with love, when it grows up will expect only this character of love from us. Is it possible to grow any power only with love? The same love will become a deadly poison and attack us.

When the love that we have shown turns and acts against us there will be anger in our feelings. Then how is this love to be shown? We should send gnana with our love and feed the love calmly which will make the child to grow as a child with gnana. When we direct gnana in a state of affection, the gnana mixed with affection will lead to calmness and we will be able to see the good results of the affection that we have sent. The entire world is in a state of desire. Life with the thoughts to eat, dress, feel is due to desire which is the tap-root of life. If we sow seeds with desire for any business and grow the same, for the seed of the desire, the capital should be gnana and calmness should be the water that we pour for its growth. Then only the seed will send its roots deep in the ground and grow.

In a way without gnana and not being calm, whatever we do whether it is business or building a house, there should be desire for it. It is with desire that we begin to start building the house. There should be calmness to know the gnana to know about the

availability of funds to build the house and the availability of the materials to build the house. There should be gnana to decide how the desire to build the house can be put into action. When we calm our desire with our gnana and build the house, then it would be as per the desires of our feelings and that state will remain.

For every man waves of heroism are necessary. The way in which a life of a person is formed depends upon his or her power to put into action the feelings of heroism. If the heroism is calmed by gnana this heroism will become the seed for the success in life.

If we see deeply into the true political states that have been in this world, the calm state of heroism can be seen. During Churchill's time, he sent his gnana through heroism with calm delicate characters, by the ways that were followed by Chanakya in India in those days and was getting victory after victory of his heroism. By sending his gnana in his heroism with calmness he made the entire world to get perturbed. He is also a soul just like us. The way in which he acted gave strength for his heroism to establish that political state. In the same way if we direct the heroism that is mixed in our feelings in its own state we will get the fall of the heroism in a short period. If the heroism is calmed by gnana and then put into action, the virile power of heroism can be kept growing. When the heroism is made to act with anger we will know that the acts of heroism are reaching a state of breaking.

In which way the gnana is to be put into action? A thief has got gnana; animals also have got gnana. In the same way those who do acts that are criticized have also got gnana. Those who follow the path of bakthi, yoga have also got gnana. If he has no gnana, how can a thief deceive others and steal tactfully? The thief also learns calmness to deceive others, calms his gnana makes his state a calm one and then steals from others. Why the same should not be used for feelings in good ways, calm our gnana and get high gnana? A blind man calms down his gnana and by the thoughts of his feelings does he not save himself? He has got the one feeling in his desire to live which he sends towards calmness and with his gnana lives for a longer time than the man who has got eye sight. Animals have got gnana; how do they put their gnana into action? Though animals feel all the states, since they

do not have limbs to do things and capacity to speak as man has got, how do they put into action this gnana? They get the attraction of sound by light waves and get the sound waves of his master by light waves and make their gnana recorded in their body. When some particular sound waves come from their masters who have liking for them, they attract them by the light waves and act by their gnana as per the states of the records made in their body.

When man grows domestic animals, he sends his sound waves towards them to suit those of the animals. These sound waves are discharged in the light waves of the animals and due to its attraction the gnana of the animals comes out. How does gnana act in the state of bakthi? When we believe that he will grant all the things required for the body, wealth and all things connected with our life. How does our gnana act at that time? We will get only the result of the reaction of our feelings. How does gnana act in the ways of Yoga?

13-11-80

Various persons who propagate the ways of gnana, bakthi intelligence of the soul show gnana, only as a path and people learn them only as such.

Man says that it is only he who has gnana and animals do not have the same. He says that animals have intelligence only to know things but they cannot differentiate them as good and bad as man who has gnana does.

Intelligence is sharpness; knowing is having interest and desire to know; will learn is the way followed to put into action the intelligence.

How do ants put into action their gnana with the intelligence that they have got? With their intelligence, they know about the location of their food. By their act they dig the earth, gather the food and store it in a way that it will not be known to others. How do the ants do this without gnana?

Every small being lives only by acting by the gnana of their intelligence. Some of the animals have more intelligence and

gnana than what man has. But they do not have the gnana to analyse things by which they can stabilise the thoughts of their feelings.

There is gnana in the acts of intelligence. But there is not the growth of gnana which grows the power of high gnana by altering the characters of the feelings.

The gnana of human beings has got the ability to express in words and put into action its gnana, join one with another and form a new combination. It is to get the high gnana of this gnana there are different ways as bakthi, acts of intelligence of the soul and yoga. By these methods the feelings of the human body are stabilized by thoughts and repetition of some manthric verses which the person has known. They get high gnana by doing this yoga, control their feelings and tell about the ways by which each of them has found out the ways to get Self-realisation by controlling the breath.

Acquiring gnana by bakthi, stabilizing the feelings by one's powers, by sending this gnana in the waves of good characters and putting into action the waves of high gnana by our thoughts, we will get merged with the acts of gnana.

Being born as a life-atom in the creation of nature, getting a shape, by altering the ways of the natural ways of breathing and them getting the power to do all the acts of intelligence of the soul (Siththiss) is not the way to get into the path of getting high gnana. This gnana helps the one who is angry, the one who wants to steal, the one who wants to cheat and also a person who is full of lust.

It is gnana that makes a person to act as per his intelligence that he has got. Turn this gnana into high gnana which can differentiate things and become a gnani. This is the way indicated by the Siddhas to become an angel from the good characters of creation by having calmness. The power of the Almighty cannot be got by repeating the thoughts of our feelings or the names of the Almighty. It is the acts of gnana by which we grow the thoughts of our feelings as per the acidity of good characters that make us God.

When we send children to school to learn, in the initial stages some of the children are afraid to go to school, weep and then only they go the school. The gnana of the children would grow as per the classes in which they study and the tests conducted would be as per the growth of knowledge of the children. The children will have fear when the tests are conducted.

As the children grow up, they get ripe as per the state of their growth and the gnana of their action. For grown-up children the primary education will appear to be very easy. In the same way for a person who calms down his fierce acidities namely – love, affection, heroism, gnana and desire – makes the acidity of the characters as his good acidic characters and acts by the attraction of the acidity of the high power of the waves of his feelings and the ways of sending his thoughts and acts by feelings as being Muruga with his beauty, his characters, pleasantness, has that smell, has his light and sound, then he will be able to overcome all the difficulties encountered during the course of his life, just like a grown-up student in higher class feels that the lessons in the primary class are very easy.

All the tests that we have when we send the thoughts of our feelings to the attraction of gnana in the chain of the ways of the acts of good characters, are tests for our rise. As per the marks that we get in these tests we become eligible for the next test. This should be the thoughts of our feelings and our acts should be according to it and when we get the title of Muruga with the acts of good characters with the acts of pleasantness it will merge with the attraction of the light of the sound waves.

It is the state with this power that appears in the form of Muruga and there is no power that was born as Muruga and created all the good creations. We should not allow the bad powers of the devil to grow and be weeping always in the darkness of our life, be whirling in the mire of depression by allowing our life which is the Lingam of our soul and hating it making the high power of our life-atom one with the soil and whirl in mire as a worm or insect and get the human form by going into the chain of high path and become the form of Muruga to go in the high path of the waves of our feelings.

For the pleasantness of the feelings, beauty of the feelings, smell of the feelings, some of the feelings to go into the attraction of the acts of high gnana of the light of our feelings we should actuate the cage of the five good acidic characters – our body – with the power of calmness.

16-11-80

Nature and growth of species

The various creations in the growth of the world which are connected with the creations of nature, I have told you in small notes. The world has grown the growth of forms in it as one having contact with another as an atom inside our atom. By the attraction of the sound 'OHM' which the earth has attracted by its high power, and the sound 'OHM' which it has grown and the sound 'OHM' which exists inside the sound 'OHM' and the sound 'OHM' which it has grown, just as there is an atom inside an atom in the chain of attraction of the acts of formation. In the mixture of the acidity of water of life, several changes take place in the growth of the species. As these changes go on forming one after another, different atoms are formed by the power of life of water. These atoms grow and by the changes that take place one after another during its whirling action, they undergo several crores of changes. In the course of its rolling action they get forms by mixing with several mixture of acidities. They change into vapour and again get form. then by striking with the attraction of the power of life, they become air, light, water and by the striking action in this world, they become soil which is attracted by the earth, then minerals, vegetation which are in one state. Then these strike against the combination of several acidities of minerals and vegetation by the actions of nature. As a result of this they have several different states one after another and they get several feelings. After acting in several states with feelings and getting pulsation on life they get forms and become vapour and again have forms and become vapour with feelings. But the feelings of attraction of the striking, the life-atom become many and after going in many paths, they have the life of the soul with the growth of the state of the thoughts of action and feelings.

It is only after the feelings pass through many paths, has several changes in its state the growth of the soul to grow its species

grows in its thoughts, the striking of the thoughts of the thoughts, feelings of the feelings that the growth of the life-atom to grow its species the power of life forms.

The one who creates takes the growth of his creation as the growth of the power of growth. What is the real state that exists in this real power of growth and the growth of species?

If we look deep into the state of high powers that were worshipped by the Sabdha Rishis and Siddhas, we will find that all of them were in the form of females. What is the state in which Para Sakthi and Adi Sakthi are worshipped as female powers?

If we investigate into the high powers of the Sabdha Rishis, we will find that in the early stages of their family life the striking of the thoughts of their feelings with female powers acted through the ways of high power and males got their strength and rose up to the state of Rishis and Sabdha Rishis. They did not grow by the powers of the acidic characters of Siva in them which had no power in them to grow the life principle, and it was only on account of their mixing with the powers of the females that they grew their souls.

This is the fact that has been expressed as "Adam and Eve" for the growth of the human species. Thiruvalluvar who had the form of acidities of Siva in him was able to act only by getting the powers to act with the acidity of attraction of high gnana from his wife Vasuki. The gnana that she was growing in her was expressed through his husband and this is the reason why elders today bless couples saying that they should live like Thiruvalluvar and Vasuki Ammayar.

Females can grow seeds for the growth of higher species. One of the Siddhas has sung "You praised the female sect as mother". The inner meaning of this is the creation of the creation is to make the females mothers by increasing the embryos that form human beings and thus to grow high powers. The creation has provided the wave to put this into action by making the females to become mothers. For this act he praises and worships Him.

In this Kali Yuga it was Mrs. Kasthuri Bai Gandhi who gave power to her husband Mahathma Gandhi by her ways of bakthi.

The waves of breath of females by themselves have an art of growing. The waves of attraction of females have got more verile power than what the waves of males have got. But that females power gets its power only when it strikes on the acidity of Siva.

Cloth is woven by combining warp and weft. In the same way for the growth of the species the feelings of the thoughts of the power of attraction of the acidity of the form of Siva is the warp. By the state of the male which makes the female to act in its high path has growth the high gnana, acts of intelligence of the soul and the state of Sabdha Rishis on this earth.

17-11-80

A son is formed by the love of the parents and grows with gnana of the intelligence and good habits. To continue the growth of that family, the power of the female is joined with his power and the parents have pleasure to see their son living happily.

What is male and what is female? What is the character of high power? In the creations of creation in the ways of knowing the chain of previous births was there male and female in the beginning stages of growth? In subsequent births are the females born as females and males as males? What is the way in which the chain of births start? These questions may arise.

In the state of the growth of the chain that comes by the combinatons, by becoming vapour and then taking a form and repetition of this process, a soul takes a form and then goes in the form of vapour. The thoughts of attraction of the acidic characters of that soul in the form of vapour, when it is caught in the attraction of the thoughts of the feelings of males, they get mixed with the acidity of males and come to life as a deed of that attraction. For this embryo which has grown from the seed of a male even though the life principle of a female has got in, when it grows in the attraction of a male person, when it has got a state in which the power of life of the seed of male predominates in the acidity of the blood in the embryo, the life of a female in the previous birth takes form as a male seed in the mixture of acidity of the female.

Those who were with affinity as son, daughter, brother sister etc. during their life time and were stable in one state in their feelings with the breath of males and as a life-atom enters a male body with thoughts about mother or father, they will be born as male or female as per the power of life of the acidity of attraction of the blood in which they grow.

By this state any life atom in the state of vapour whether male or female when they come into the attraction of the female, with the thoughts of the feelings of the strength of attraction of the female get changed in their feelings as male or females. With the state of the mother to those attraction it has come in its growth, they are born as male or female. With the state of the mother to whose attraction it has come in its growth they are born as male or female as per the attraction of the acidity at that time irrespective of the ways of their births in their previous incarnations.

The thoughts of the feelings of the previous births of every embryo gets the forms of male or female only during the time of growth of the life principle of the embryo. The acidity of the thoughts of the feelings of male and female differ from one another. The power of life formed in the body of a female has got more power to grow the growth of character of attraction of the growth of life-atoms.

Depending upon the majority of the characters in the body to grow male or female embryos in it, by their attraction are formed embryos with the feelings to form male or female bodies.

There are some vegetation which have the qualities to grow the life principle of the life-atom in the embryos. Mangoes have got the power of the character suitable to the life power of human beings.

If we sow the seed of a mango fruit that is sweet, the fruit that is given by the tree that has grown from that seed will not have the taste of the fruit from whose seed the tree has grown. If the seed of the mother mango tree is sown and after it grows, its stem is joined with a branch of the mother tree and grown, the fruit grown in that grafted tree will be more sweet than the fruit of the mother tree itself.

The formation and growth of the embryos of male and female are due to the state of attraction of the thought of the feelings by the help of one another. It is by the growth of the growth becoming vapour, having a form and again becoming vapour which acts in the cycle by which grows the high state of feelings of attraction and the chain of the growth of attraction.

26-11-80

Formed in the chain of growth of this attraction, while growing taking forms in every birth in its form and ways of life with its thoughts of feelings, the way in which we guide our thoughts as per the states in that path, the good characters with the mixture of acidity of the body, by the breath of life, the proportions of various acidities in the body vary during every birth.

The thoughts in the body of human beings have got the capacity of acting and form the waves of their speech. Any state that attacks by its thoughts of feelings the entire combination of the acidities in the body with good characters if we equalise our state and act by the ways of guiding by thought if we stabilise ourself from the waves that we come across during the course of our life and also from the waves of those souls that have left their bodies and are in the spirit state, that we will be able to put into action any act by the strength of our thoughts.

By the sight of our thoughts we will be able to protect ourselves from any feelings of heroism and its high capacity and any bad waves that come and strike us as soon as the breath of our feelings strike them and alter those bad forces.

If we have got the capacity to put into heroic action the heroism that we have got by the Thoughts of meditation and we have entered into the chain of the path of the characters of good acidity in us by the feelings of this heroism, we will be able to get any state. Love, affection and gnana are required. By the meditation in which we allow all the forces to whirl with calmness, we will be able to whirl only with the characters that satisfy this life. The state of acting with the pulsation of the feelings of heroism of the heroic power should have its vigour only in the acidity of the body.

The feelings of pulsation of heroism to do acts of heroism which stimulate the waves of attraction of these thoughts go and mix with the waves of the feelings of Sidhas and Sabdha Rishis, the power of the human body becomes a godly power.

By sending in the chain of the path of gnana, desire and heroism connected with the desire and the intelligence mixed with the feelings by meditation according to the speed that we proceed, we will be able to go to the state in which the guru or master who is guiding us is whirling.

The intelligence to know should be growing always. Whatever powers we might have acquired with good thoughts during the course of our life by equalising our thoughts and whirling in the narrow whirl with pleasure and pain leading the life by eating and sleeping, our acts should go on meditating in the chain of the path repeating the truth in the manthric words "we know, Hari Narayana".

"Hari OHM" let us continue Knowing everything. The acts of gnana in the growth of the feelings in the whirl of heroism should be growing to know the creations of Narayana who is the creation of creations.

Times and shapes are changing every moment. We, who are caught in the whirl and taken a human body, which is a privilege which is very hard to obtain, should realise the truth that it is possible to get any power, only with the power of pulsation of this form our human body. We will be able to get several high states by directing our thoughts of the feelings of the body as a heroic character of the high power of heroism.

1-12-80

The sweetness in the various sweet fruits given by nature vary. The states of sweetness vary for different fruits. In the same way the hot tastes in chillies, pepper, onions, ginger and garlic differ from one another. The effects produced on the body by consuming these also differ. The same is the case in the taste and effect on the body for different sour things.

Like this, the mixture of acidity in the human body got by the powers of the characters of the feelings of the soul that acts in that body depend upon the thoughts of the feelings of every human body.

It is in India that those who follow the Hindu religion worship several deities having different characters and are in various states while the people of other religions say that there is only one caste and one Almighty and worship that one power. The truth behind having several deities in various states and worshipping them in different ways is given below. Every Sidha as per the powers that he has acquired due to the attraction of the acidity of his body, by going in the chain of the path of another has depicted those characters in the form of figures cut in stone. When people worship these stone images with their thoughts concentrated on the characters depicted in these stone figures, their soul absorbs those feelings in them and acquire the powers in the chain of that path. The whirl of those ways of worship has been carried on by the Sabdha Rishis till today.

There are several states in the thoughts of the human body as are in the ways of idol worship. There are several states in bad characters also. In the same way there are many ways of acting among the Sabdha Rishies. They continue in the same chain which they had the feelings of the thoughts of their characters during the early stages of their growth. The light waves that they had acquired till today are turned into waves of feelings changing their quality many times having the help of another and following the chain of another. The ways of acting of the human beings that live in this earth today, the quality of their body, state and character depend upon the capacity of the growth of the seeds of human beings that have been sown by the Sabdha Rishis. The form of the embryos of human beings that are going to be born as a result of the chain of the changes that are going to take place in the Kalki yuga after this Kali yuga will be quite different.

As the powers of the Sabdha Rishis of this day go on increasing in course of time they will be altering the bad powers and growing good ones. The way of this chain of changes and the chain of the states of Rishies with different characters can be

followed by us when we take the waves of their power during our meditation.

2-12-80

In the growth of a garlic plant from its seed in its initial stages, as long as the plant has got the power of life to grow, the growth continues around the garlic even after the growth of the garlic which first started growing is over. Like this by the growth of the souls that have power of their thoughts at their embryo stage, the capacity of spreading the truths that they have expressed several thousands of years ago, as a continuation of the same chain of waves, the ways of worshipping several deities have formed their track in this earth till today.

All those that have been created as forms with power in them to make people understand several kinds of characters in the waves of growth in the path due to change of time, the waves of feelings of the thoughts of human beings have been changed several times and got into the whirl of the path in which they have got into the mad feelings of bakthi of the real godly powers.

This state is not in our country (India) only. In other countries they are not able to proceed in the chain of the path of love, affection and affinity of godly power due to their madness in the attraction of the feelings of the waves of Religion and conversion into their religion.

The form of the human body has the capacity to acquire any power by the power that it takes by the feelings of its thoughts. Man, who is able to know many things through science by mixing with another by his ability to act will be able to know anything and do anything by his body

There are people living who are caught in the waves of attraction of the souls that have gone out of the human body and are within the attractive Zone of this earth having the same thoughts and feelings.

Man also lives in the midst of the whirl of several chains of powers that are spread in the air. Though the waves with the thoughts of all the states as per the breath of thoughts are chains

with thoughts of fear, happiness and all other states, the thought of the body with its whirl are getting all the states as per the chain of waves of the state of its breath.

Whether it is the path of bakthi, path of the power of Yoga, science or worldly affairs, the gnana of the body is accumulating the mixture of the acidity as per the thoughts it has.

The mixture of characters in a human body will contain to a great extent the waves of the acidic characters in the chain of the path in which the breath of the thoughts are raised.

3-12 80

The natural power of attraction of light of human beings, animals and birds are able to see into what lies before them. The running of the whirl of attraction goes in one way. Man makes all the vehicles to go in forward direction. Man worships the power of the Almighty facing upwards.

But all the lives grown by the earth, breathe facing downwards taking the breath that the earth exhales inhaling from above.

Whatever wave of the mixture of acidity a life-atom takes in its initial states becomes vapour, gets form and the way it has formed for the attraction of the grip of the mixture of acidity of thoughts of its feelings, is caught in the grip of that chain of attraction of the breath of this earth. Then, man who has got the character to grow his gnana, by the attraction of his breath facing downwards, gets the ability to attract by the power of thoughts of human beings his breath in the chain of the path of good character by taking breath facing upwards by his meditation in the state in which he lives, caught in the attraction of this earth, he will be able to make all the atoms of his body to breath facing upwards and act with the high magnetic and electric powers being in this human body he will be able to make his thoughts shine as a separate feeling.

In a burning flame whatever is put gets burnt and becomes ash. Like that by the path that we take in meditation on the thoughts of the feelings, not being like the rays of the Sun that fall on plain glass and pass to the other side but being as a mirror

which reflects the light that falls on it, if we apply the characters of good acidity in our body like the mercury compound that is applied on plain glass and meditate our body will reflect the light of Almighty when we apply the good acidic characters on our body and art. All the creations on this earth with pulsation that are under the gravitation of the earth are able to shine like this. This is what that is indicated by Ramalinga Swamikal in his songs.

Being caught in this attraction again and again, not having changes in several acidic characters and not allowing any of the life atoms of this body to get into the grip of any other attraction and if the soul departs from this body being in the state of attraction of this earth, we will be caught in the same whirl and will be able to grow the soul of our life as a high light of our soul and do any act.

9-12-80

It is only the soul with gnana that is in a human body that has the ability to speak, act and grow the growth of thought to analyse things. The only way to grow this state is the way to get into the way of meditating on the soul. This body only has got the power to know and grow all the universe.

Even with this body, by meditating on the soul by being alone it is not possible to increase the mixture of gnana. A male body has the power, only to create the acidity. The waves of the breath of males will be able to create vegetation like plants and creepers, fountains and minerals that are the forms of Siva.

The mixture of waves that can give life to these forms lies only in the breath of females. It is only from the waves of breath of females that worms and insects that creep got their life.

The form of earth is that of Siva and it is the whirl of Sakthi that gives the character of attraction to the form of Siva. The creation of acidity is male and the attraction of power is female. It is Vinayaka that gives the growth in the beginning to acidity. For the growth of the form of Siva Sakthi, the beginning is the male Siva that grows with the whirl of attraction of the mixture of acidity, the female. For the growth of the growing power the

requirements of water, fire and air are the characters of Vinayaka in the beginning. For the growth of the power of the soul in its whirl the character of Muruga is required. As a help to Muruga is the female character Deivani, which is desire and the character of avarice which is more than the requirements is Valli, the second wife of Muruga.

Puranas have not shown any children to Muruga. The way of the growth of the natural true power of this earth is shown as Siva-Sakthi; Vinayaka has been shown as the first person and the earth as Siva-Sakthi. For the growth of its attraction becomes vapour, takes a form and what is grown in the beginning as water, earth and air is shown as Vinayaka. The several states of characters called Muruga have been made the body: love that is desire has been shown as deivani and avarice that exists today is shown as Valli. This is what has been done by the Siddha.

Not only the earth but all the powers with form consist of the form that is Siva, attraction is Sakthi, growth is Vinayaka, substance is Muruga, requirements is Deivani and avarice above the requirements is Valli. This is the true state of creation and the way of growth is the state. The creation of the acidity is done by the male and the waves of the power of life are grown by female. Without creation there cannot be pulsation for the life of the soul; pulsation cannot act without body.

It is male that gives the form of acidity for the embryos that get life; the power of attraction for the soul is given by the female. The seed from male is the seed of acidity; the seed from female is the seed for pulsation of life. The mother accepts the acidity of creation and grows the embryo with the power of life. On the way of creation of this power of life will depend the growth of gnana and calmness of life.

It is possible to get high powers, only when the form Siva co-operates with the power of Sakthi in the way of its growth. There will not be any growth if there is not Siva-sakthi. How did the human body get this character of the growth of high power? In what way did the state of the chain of the path of the growth of gnana called the ability to speak and act was formed in each of my lessons?

How did the power which is not in any of the 47 other planets come only to the gnana of human beings that are grown by this earth? Our earth has got the character which the other 47 planets like moon, mars, mercury, jupiter etc. do not have. The astronomers say that the planet Saturn will give or destroy; how do these states come?

Man with his body sees, hears, talks, smells and lives with many powers. How did man who has got the power to grow his gnana and act, which power even the Sun has not got, was formed? The Sun is only the act of the natural growth of the state of whirling and it does not have the power of the growth of gnana of its thoughts to put into action any act that is in its thoughts as human beings have got. How did this state of the power of human beings form?

10-12-80

The 47 planets that are in this Sun's family are the parts of the Sun which are floating, whirling, at the same time moving in space. The state of growth of the soul of the human body depends upon the parts that act in the body. In a similar way the Sun gets manure from each of the planets that it grows as its parts by the help of attraction of other planets.

Without the help of the 47 planets that are its parts, the Sun will not have any action. As is the heart for a human body, so is the planet Saturn for the Sun.

The power of the vapour that the planet Saturn sucks and emits, by its ability of attracting coolness the planet acts as the heart for the Sun. The other planets also act in a way as the parts of a human body act.

It is the earth that grows the shape, gnana, speech and the capacity of thoughts of the 47 planets that are the parts of the body of the Sun which is the live soul, as a mother does for a growing child. The way in which the life of the body of the Sun grows its parts namely the 47 planets is similar to the growth of human beings that are grown on this earth. From the state in which the whirl of attraction of the several chains of waves have been given to this earth several crores of years ago by the acts of the

powers of Sabdha Rishis, the earth has got the divine power that can create any state by the gnana of the forms of human beings.

High power that creates requires lives that have the gnana to take the whirl in them. To make the whirl of the wave of attraction to whirl and grow gnana in human bodies by absorbing the chain of waves of the 47 planets that whirl having the Sun as its centre, giving its changes in the several pralayas (deluges) that have taken place, the embryos of human beings with gnana has been grown in this earth by the Sabdha Rishis.

They say that the planets of Sabdha Rishis are seven in number. What is the chain of the state of the planets of the Rishis? What is the procedure by which a week has been given seven days and twelve places or Zones in astrology?

Twelve planets or states are formed by the consolidating action of the waves that are emitted by the planet Saturn. By the attraction of the whirl are formed twelve planets that attract the stars and by the whirl in which the Sun and the other planets move and when they come in direct view of the various planets as per the change that takes place during a year, when the stars that are grown by the attraction of Saturn go on whirling with the attraction from Saturn when it comes in contact with that planet, by being in the grip of the planet that it meets all the twelve stars grown by this saturn get dissolved.

The coming of Saturn in the direct view of our earth twice a year is the cause for two rainy seasons from North-West and South-East that we get every year. If our earth does not come in the direct view of Saturn there will not be any rain in this earth.

In the same way when the attraction of the circle of stars that are formed by Saturn change their attraction during the whirl and come in the direct view of the earth, the ferocious action of the seasons that come at those times will increase. The changes in the stars that grow by the power of Saturn and get dissolved by the attraction of the earth change as per the seasons that come by having contact with other planets.

It is on this basis that it is said that there is none that can give or destroy as Saturn does. As the state of attraction of the stars

that grow by the direct view of Saturn come twice a year, the state of acidity of the stars that get dissolved by the attraction of the earth and the state of attraction of the earth come the natural seasons on this earth. In this state what is the state of the Sabdha Rishis? There are several crores of planets and stars. We are in the act of growing while rotating and floating. While floating and rotating getting a form to grow the embryos of human beings that can grow gnana in what state is the state of growth that is being grown by the Sabdha Rishis today?

It is our Sabdha Rishis who have given the form for the power that gets a form. Today we live by acting in the ways that they have formed for the growth of gnana for the embryos of human beings. We are those who travel in the vehicles that are driven by them.

It is the Sabdha Rishis who drive the power of life of the vehicle having the Sun as the soul and the 47 planets as parts. How is power of life formed?

Water vapour having many tastes, condenses, becomes heavy and by whirling due to its attraction gets the power to give a push as per the taste that it attracted in the beginning and started whirling and as there is no space for it to stay goes on growing as it whirls and after its growth becomes Sun, Moon, Jupiter Mercury and all other planets that we see today. As they go on whirling, they grow again, become vapour and with the feelings of whirling, growth, attraction and the heat that they had given out in their planet state go on growing the growth of attraction of their taste having contact with several planets that have grown by the taste emitted by their power have connection with several chain of waves with different tastes and attraction of various acidic characters. Then by the taste of the chain of acidities that they take from the earth and the other planets of the chain of this Sun and by the changes that they have had during their growth, spread the power of the characters that they have cooked from the mixture of characters on this earth. Then they get the state of growing the growth of the acidity in the air that can grow the power of life of vegetation. After this growth, the ability to grow the power of life for the characters of the air are got. They become many among many and by the striking on the circle of the whirl of attraction of

the growth of life during every change in its attraction and growing in the changed state of their attraction, the power that they have by the change in their species before the embryo of human beings are formed on this earth, which has grown the taste of several planets in it by its attraction from the time the life-atom that appeared in the change that has taken place in the circle of its accumulation goes on during the growth of the feelings of the acidity of several states get the form of the body of the soul.

In the body of this soul, the state of taste, parts to act, capacity to act by altering the light waves has changed during many of its growth striking with every circle of the chain of its whirl after becoming sound, light and the light becoming sound and going in its path and getting high power, the gnana of the human embryos have increased their gnana.

The form of human body with gnana and ability to act has grown by the combined action of the 48 planets in the chain of planets of this Sun and grown the growth of many states.

The natural power of rotation and attraction coming in direct view of planets and their path can be altered by the state of the Sabdha Rishis. The state of growing the embryos with more gnana than what the people of this earth have got, which any of the 48 planets of the chain has not got, exists in planets in the chain of other Suns.

Is it possible to know about the acts and growth of the high state of the Universe?

After the life-atom appears and is caught in the ways of action of the state of attraction, the whirl of growth with changes in its forms has no end. To grow high growth by growing the growth of the state of growth, the seed is the life-atom in its initial state.

The state of the growth that grows the growth of growth is the ripe state that is accumulated by the form of the human body. By realising this, if we proceed in the waves of the path of high gnana we will be able to give form to the power that gives form.

17-12-80

After the appearance of the atoms, they grow as a continuation of the growth of the atom in the state of the chain of their

growth. We should grow the gnana of high feelings by planting the waves of feelings of the feelings as an atom that is inside an atom.

What is the state in which an atom is grown inside an atom? How does the natural character of growing atoms differ from the power of life? Out of the fruits that grow by nature, a plantain fruit gets ripe when it is in the attraction of the gravitational force of the earth and it gets spoiled after it is over ripe, the heat of the earth falls on the acidity of its taste and comes out attracted by the gravitational force of the earth and appear as life-atoms in the spoiled fruit.

With what acidity and taste those life-atoms are formed, worms are grown in the same chain of growth of those atoms. Why I am telling you about this state is, we are living with human bodies in the grip of attraction of this earth in every power of life, when breath of feelings are taken, the life-atoms that are formed by the heat grown in our body, in the same way as life-atoms are formed in the plantain fruit, the power in the same chain grows in the breath that we exhale.

In the chain of the power of every life, when they grow as an atom inside an atom, besides the growth of life-atoms of the same group, how does the action of a life-atom with a different acidity grow in it? In the quality of the feelings of human beings how do worms form in his body and lice on their heads and bodies? A man who lives with disgust, depression and difficulties does not have the same feelings as another man who leads happy, healthy and calm life. The heat in the breath of the former by the secretion of the sweat from the pores of the hairs, lice are formed on his head and body.

On the secretion that comes out of the body with feelings, dirt and dust from outside fall. On account of the heat of the body, when some of the life atoms that are in the air fall on the secretion from the body, by the acidity of the secretion, those atoms grow as atom inside an atom, multiply and form boils and ulcers on the body. The chain of growth of the atoms that come from the secretion is controlled by medical men by applying some medicine which kills those atoms.

On the principle of growth of an atom inside an atom, scientists of today, develop new forms of vegetation and animals by mixing some of them. Just as they have altered the forms of dogs and jackals, they have combined the acidity of man with that of the monkey and brought gorillas and others in that species but have stopped their growth.

In the acidity of this body which is a cage containing a mixture of acidities with feelings, since several years, atoms have been growing inside atoms, changing their shape, with the coating of the collection made with every form we have taken in the path to grow. The feelings of man have got the capacity of the growth of gnana to put into action any of the powers. The acidity of bad characters that have been acquired along with good characters during every change of form can be altered into any power by the feelings of the breath that we take. (Will be continued tomorrow).

18-12-80

By mixing something with milk, the colour, smell and taste changes. In the same way the state of the form of the body, the state of its character and its speech change by the action of the acidity of the breath of the feelings of thought.

By the way of breathing with good feelings, by the ways of magnetism and electricity that we take in by our breath, by the power of meditation, we will be able to make every atom in our body to grow in the way of powerful light. It is only by remaining in this human form of the body with life, by the power of the waves of attraction of the characters, the body has the ability to know all powers, put them into action, and the power of creation to create several creations.

You are telling that it is possible, by the power taken by the form of this body, to get any power. If so will it be possible to jump into water or fire? This question may also arise. If you ask me, will it be possible to sit in a Zone of fire which emits hot waves? I will say yes, it is possible. When you get the power of the light, fix yourself as light with the light that is with high power, then, even if you sit in a fire with a burning flame, if you discharge the waves of light brought out by the attractive power

of the form of this body, the fire may be put out but it cannot affect this body.

But you should realise that this high power is not meant for playing with the natural fury of fire; we have only made you know about its powers. Whether it is deep sea or volcano with its eruption, it is the power that shines with the power of sound that can save the form of this body from the furies of nature.

When put in acid, though all other metals dissolve, gold remains intact due to its characters. In the same way if we get light through sound by the feelings of breath of our thoughts we can become any power that goes in the path of high gnana.

By the liquid power that has separated from the minerals that have grown by the power of life, we get several kinds of petroleum products by separating them and do several acts of appreciation. In the same way by the power of the soul that it has got by the breath of the feelings, it is possible by taking breath by sending the thoughts, the ways of the growth of the Universe, the ways on which one is formed by having contact with another, all the chains of actions of the atoms as an atom inside an atom, sound waves, T. V. smell, taste and the form of their combinations can be known.

To get all these states we should remove from us the fear of death which is the seed for the hold for the feelings of men.

21-12-80

The feelings of fear are not only for human beings all the forms with life have this fear. By the waves of breath of the feelings that the mother takes, the new born baby in its embryo state has the feelings of fear of death.

When a mosquito bites a new born baby, with the feelings of pain of the mosquito bite, the baby has a jerk in its body and some babies cry with a loud voice. When the baby gets the state of shock, it starts crying. The embryo which forms with a fear of death in its embryo state itself, during its growth how can it have a change in its feelings and discard its fear of death? This question may also arise.

It is only because of the grip of the feelings about the fear of death during our life-time, man gets depression difficulties, confusion, anger feelings of heart burning, feelings of contest, avarice, eagerness to get fame that he forgets about the power of the Almighty in Him and prays for a boon to life without death. The state of living without death is the state in which a man lives happily with the pleasures of family life with wife and children who will continue the chain of the path followed by him to get into the pleasant path of the light of gnana.

By the juice of the acidity that is collected by the thoughts of these feelings gathered by these feelings the time in which it grows with the feelings of fear about death, it is by their fear in the feelings of human beings that they get avarice, desire for fame and rivalry. If we get the fear that death will come at six or sixty years and go with the natural feelings of the boon of not having death, can we get the pleasures of family life? Will we lead a natural life?

The feelings of tomorrow are also whirling in man. Nature grows as its wealth several food stuffs in the form of vegetables, water, air and light. Man has got the ability to act, to speak, to go to any place and do any act. He grows moving from place to place, not living in one place being in the hold of the gravitational force or the earth like vegetation and minerals. In the grip of the fashionable life of today, with the avarice of saving wealth for use after his death he gets the feeling of fear of death. This feeling is working in him every moment and he gets the character of avarice to earn more money than his requirements to lead a comfortable life. By doing so he pledges his life for the fear of death and has the feeling of fear as to how to save the form of his body and from this he feels that he should enjoy wordly pleasures leading an artificial life so long as he is alive. To continue in the chain of this state, to earn the wealth required for it he commits one mistake and to hide the mistake that he has committed he commits another mistake. He feels that if he has wealth he can enjoy any pleasure and win any powerful person by the help of mercenaries whom he can purchase with his wealth. In the advanced politics of today, people want to get fame by their grip over wealth, forgetting the advice of gnana given by persons who have powers of gnana during the course of these thousand

years. Every man does not do acts that will earn him wealth that is necessary to meet the requirements, but thinks as to what he will do afterwards if his health deteriorates or the business that he is now doing does not thrive well. He gets the avarice that he should earn so much money now that he can live comfortably till the end of his life time. Having the feelings of fear of death, worshipping God in the ways of bakthi and saving wealth for this future use, how can that man get rid of the fear of death and grow the growth of his gnana? Man who has got high powers in his character to take the powers of God in himself and do acts, gets the fear of death what power can he get?

Among the persons who do research work in science, we find several of them committing suicide. Gnanies who have got the power to get the boon of not dying, to preserve their bodies when their bodies are aged enter into samadi in the state of not having death. They do not have the feelings of fear about death.

24-12-80

How is this state?

The power of feelings have formed by light which has come from sound. It is by the feelings of sound that the earth rotates. All the atoms with pulsation of life grow only in the grip of attraction of the whirl of the feelings appropriate to the striking of the attraction of the sound.

When the attraction of the feeling of the thoughts go to pleasant music, the sound of the pleasant music strikes on the waves of every power of life and its power of growth grows in its way. When the sound of an explosion, thunder, lightning and the noise of a jungle stream in spate strikes on this state there is fear as if the body itself goes with that feeling of fear.

When we hear the sound of water flowing calmly in a stream making a ratteling sound, the thought of our feeling gets allured with that pleasantness. The sounds of birds in the calmness of Sunset adds pleasantness to our pleasant feelings. In what state the attraction of sound strikes on our feelings as per the time, suitable growth in the feelings in the body of human beings, living

beings, vegetation, mineral ores also take place in their growth due to the characters of sound joining with sound. On account of the explosions created artificially there will be difference in the rate of growth of vegetation in urban areas and places away from cities.

The attraction of the feelings of fear got by the feelings of this sound is caught in the grip of the attraction of fear of death in the grip of the fashionable artificial life of these days.

All the powers of life today that are in the whirl of nature have deviated from the ways of nature and are in the grip of avarice in the artificial fashionable ways of life, caught in the grip of the fear of death every moment.

Elephant which has a big body has grown it the fear of death and lives waving its ears always so that no insect or ant enters into its ear. If an ant creeps over the drum of its ear the noise produced by the movement of the ant on the drum creates in the feelings of the elephant a fear of death. When the sound made by the movement of the ant on the drum of the ear enters its ear it gets perturbed and being caught in that feeling the elephant will die. Some of the elephants get mad on this account.

The feelings of fear of death comes from these feelings. By changing the grip of the feelings by thoughts, if our life is in the path of attraction for the growth of high gnana, the state of fear that is created by the feelings of the form of this body will change.

The form of the body is necessary for any power to grow its power. But the changes that take place in the feelings of the form of this body, its weaknesses, the waves of attraction that nurse and grow the form of this body, the feelings of desire to live happily with a healthy body, desire to have a beautiful form of the body, instead of sending the attraction of our feelings in the above, if the feelings are directed towards the attraction of gnana, the health and beauty of the body will grow by themselves.

This is the meaning of the proverb "face is the index of the mind". Discarding the fear of death, attraction of the feelings to nurse and preserve the health and beauty of this cage-the body, if we lead a life with the growth of good characters of gnana, we

will have a calm life with a healthy body, straight-forwardness in our business, appropriate income and happiness.

When the whirl of our feelings whirl in these feelings, we will be able to grow the wealth of our soul.

In the coming lessons I will tell you about some of the states that get into our feelings by the grip of attraction.

2-1-81

We live in the waves of this air with the grip of attraction of the gravitational force of this earth. By the thoughts prompted by our feelings the mixture of acidity of our body increases by the acts of our feelings. We live in this world with air, attraction of the earth as so many in so many, whirling with several thoughts. Along with us live many living beings like ant, mosquito, scorpion, snake, bed bug etc. which have also grown from life-atoms. If any of these insects bite us, we feel the feelings of their bite in our feelings, take the poisonous acidity that they have collected in them, in the waves of acidity of our feelings and in the waves of the feelings of the form of our body.

During our life, is it possible to avoid being bit by any of these insects? When the fear of the feelings dash against our thoughts and their poison enters our body and we kill the insect that bite us, their fear of death enters into our body.

We get the feelings of the insect that has bit us and those feelings also grow in our body. The bad acidity of the feelings of the poison joins with the acidity of our body and we get the thoughts prompted by the feelings of the chain of thoughts of the acidity by getting which it got those feelings and their state.

What is the procedure to escape from this? Who is the enemy for every person? Who is the enemy that does not allow the gnana to grow and creates obstruction in every state? Who is the friend that shows the way to get into the path of good characters?

Who is the friend of the power that gives the feelings against the waves of love? It is the cage of the form of the body that

forms the state of envy. It is the same cage of our body that is our friend who can enable us to get the character that can get the good power of the waves of gnana. Hence the acts of the thoughts of the feelings that live in the house, the form of our body, that makes by the acts of the thoughts of its feelings when it has the thoughts of bad characters that form the waves for the opposing state.

It is the power of these good waves that guide us in good path by their power of thought of the feelings. It is the cage of this body that makes every man to go to a state appropriate to the acts of the thoughts of his feelings.

How do several scientists and medical men involve themselves in suicide and how do this state grow? The feelings of medical men throughout their life pass in contact with the thoughts of the feelings of the souls of the patients who have the fear of death in the thoughts of their feelings. Hence the waves of the feelings of medical men go in the grip of the thoughts of the feelings of their patients and their feelings are also pushed in the whirl of those of the patients who have fear of death in their thoughts and their thoughts are put into action by some of them with the same feelings.

18-1-81

By the thoughts of fear pushed by the feelings every moment by the way of taking breath, while in the ways of life acting in the whirl of the family, in the feelings with the relations, the thoughts of the feelings are exhibited, medical men mix with the thoughts of many persons, send their thoughts to the diseases of the patients and by taking the breath that is mixed with their thoughts, the feelings of the medical men are caught in the grip of that attraction and join with the acts in the waves having those thoughts. This is the reason why the life of medical men are not calm and they get troubles buried in the whirl that are liable to make them involve in suicide.

In the same way those who allow their gnana to grow in science are caught in the waves of the whirl in whose attraction they try to send the thoughts of their feelings to form a new creation by the acts of science and join their thoughts with the attraction

of the waves in the same circle of whirling by the breath of the thoughts of their feelings of gnana of their soul. The scientists who get into that whirl lose the ability to know about the waves of thoughts of his family members, relations and their habits and forget the feelings of hunger and thirst. They are caught in the grip of the waves of attraction of finding new artificial acts by the intelligence of their gnana and they are not able to deal with any of the oppositions that they come across in their family life and are not able to form a smooth life for them and get into the grip of the thoughts of suicide and kill themselves.

The thought sent by this feeling should not act in a way in which it will accept any waves of attraction in its body, but should act in a way in which it will protect itself. To grow many from one, the one seed should be protected from being attacked by vermine, not getting decayed and then it should be sown in a well prepared soil and grown. In the same way the life of the soul which is the seed should be made as a seed with good power in it, by the acts of the thoughts of the feelings of the body with life. Then it should be sown and several seeds taken. What is the way to do this?

How to grow the soul which is the seed that will grow seeds of human beings. The power of the seed of the soul is not to be grown in the way in which we are born, grow, marry and bring forth children. In what chain of growth does the power that grows the one seed that makes many seeds grow? How is the chain of the path, by which many are able to get the power that one has got and grown?

19-1-81

Gnaniyas have made several ways for the growth of the waves of attraction of human beings to grow their discriminating ability of gnana of the feelings in the ways of family life and given them in the form of stories in epics and in that way they have fed bakthi in the feelings of human beings. They have analysed in which way the thoughts of human beings are shattered by forgetting themselves in the desire for some of their requirements and lose their feelings, are brought in the state of deities giving them forms in their epic stories.

Man by his ability when any limb is lost, by artificial limbs he is able to satisfy his needs. To protect himself from the effects of nature he builds houses, to suit the different climates. But man who lives in the grip of the attraction of the earth, only when he grows the gnana of his soul to act in a way as to get himself relieved from the attraction of the earth by the strength of his soul grown by the growth of his gnana, he will be able to increase the strength of his soul.

After getting the power of soul with gnana, by advising others to get the power that he has got, the person will get the power of the waves by which his power of soul has grown.

This life is one which has attraction of magnetism and electricity. To increase the strength of attraction of the soul with pulsation of life, the thoughts of the feelings should be grown in the proper way to get gnana. The way to know the path of high gnana should be sent into the whirl of the thoughts of another soul and our soul should get the strength of that power.

We worship our mothers as the first God and Guru saying that she has given us life, body and her blood, transformed into milk. Who is the guru for every men? The soul with life is the first guru for each person. Though the mother is the Guru who has given the ways to get life for our attraction and given its growth, we are able to get that growth only by the growth of the soul, the guru.

What is the real state of guru? Guru is not got by instructions, It is only when the guru – our soul – accepts the instructions of the guru, as the instructions shown by the guru, by the way this guru follows and acts, our guru – the soul – grows; then will be the growth of the quality of the guru and desciple. This way of guru agrees with all the ways that are in vogue. Getting the state of a guru is growing the soul – the guru – as the guru in action who grows as a good guru who grows gnana.

Every soul should make its life a guru, a high guru by releasing oneself from the attraction of this earth and make soul with life guru of gnana.

The power of the soul of man has a higher attractive power than the power of any other soul with life. It is from the way, the life of the soul is actuated that the form of the body has its health and the growth of the strength of attraction depends.

How to actuate the thoughts of the feelings so as to make the soul with life to get strength?

20-1-81

When a soul with life acts in the form of the body, it is only from the same form of the body that this soul with life can increase its strength. When a potter makes a pot, the pot takes a form as per the quality of the clay used by him and the form that he had in his mind. In the same way every life-atom, in which attraction of the earth, it get its life and striking with that again and again, got its strength, when it is in the form of the body it should try to make the seed of life of the same as one with a superior quality with the same characters.

All the qualities of the atoms that are formed are not with the attraction of this earth only. In the beginning they grow as atoms that appeared and grow atoms by striking against each other again and again and grow as vegetation or they grow as atoms in minerals. Whatever form they take, they grow in the same power as per the atoms of the chain of path that they have taken, in whatever chains the atoms struck in their initial stages, the growth of the chain of their path will depend upon the mixture of the acidity in their soul.

After the appearance of the life-atom in its initial stage, it grows by this attraction as grass, then as a grass plant. This grass plant after its growth, gets decayed by the life-atom that grow in this grass plant gets the coating of the mixture of the grass plant, becomes the seed of acidity for the growth of another plant with better strength,.

By the nature of its growth this plant also decays growing several life-atoms, increasing its strength with the coating of the mixture of acidity of this plant and in its subsequent growth, grows as a still stronger plant which produces flowers. Proceeding in

this chain, getting taste in the attraction in every stage of its growth by the way in which it gets strength of the coating of the mixture of acidity with which it strikes in each one of its stages of its growth, the life-atom gets caught in the grip of the attraction of this earth as a life with soul, changing from the state of vegetation, it gets the power of life that can creep, walk, fly and swim.

In this path we say everything is nature. It is in the path of nature that the chain of growth joining with nature with changes in form, time for formation and the whirl of attraction that rolls with the character of formation and combining with the life-atom that rolls is formed this form with parts of the body.

With our thoughts of attraction, whatever coating we gather on the soul with life of the form of our body with life, we will be able to show the way for a seed of soul with life of the same state for the growth of another living soul that grows by combinations. The living soul of life has got magnetic power. The breath that we take strikes on the nerve of attention, is being attracted by the bottom of the fore-head and then goes to the action of the small brain by which the form of the body keeps living.

This soul of life which has magnetic powers depending upon the thoughts of its breath and as per its state gives strength to the life of the soul with magnetic powers.

The acts of the life-atoms with magnetic attraction and the coating that we have given on it, depends upon the manner in which they have been gathered when it was in the body and on this will depend the way in which it will provide a seed for the growth of another birth.

Among vegetation and minerals those life-atoms that have grown with the grip of the attraction of the earth, in a short time they get the growth of another power of the soul in continuation of its chain of growth.

When the soul takes birth as a live soul, on account of the growth of the attraction of magnetic power as a result of the growth of the power of acidity of the coatings that it grows on it, it will

be able to take birth through the attraction of a seed suitable to the mixture of acidity that it has gathered.

The seeds of paddy grow only when they are sown in a well prepared wet field. If the same seeds are sown in dry lands, due to the state of the land, the same type of seeds do not have a good growth. In the same way the life-atom goes to the attraction of the mixture of that type of acidity which it has grown by its striking action and goes to the body that has the same type of attraction.

It is only the life-atoms that whirl in the whirl of nature, become human beings by the thoughts that they have from their feelings. During their life as human beings, by their power of discrimination and ability to act, by the power of magnetism of the form of their body, they are able to form natural planets and are able to give a state with a form for the power that creates forms.

We will be able to see the rise of the soul with life by the feelings of our thoughts through the coating that we give for our breath.

21-1-81

How does the power of the strength of the coating over the soul with life increase the power of the soul? The state of the growth of soul with life depends upon the state of growth of the collections made during its previous state and the way in which it gets the power of life and the power of growth of its limbs. The growth of the bones, flesh, hair, nails, teeth, muscle and the formation of the eye balls grow the growth as per the chain of growth of the acidities of the mixture of acidities and as per the collection of its powers, the strength of the soul with life increases.

By the thoughts of the feelings that grow in the atoms having their strength as per the state of the health of the form of the body, the strength of the life of the soul increases. Life is on the head and the soul remains around the body as a covering. When the body loses its health, its capacity to act, and death occurs, how does the soul which is with the body separate from it?

Does it roam with the body? Does it come out after the body is burnt? Or does it come out of the body when the body decays after its burial? What is its state?

The power in the state of the soul that goes out of the body varies in the following cases (1) a person who leads a calm normal life in the ways of love gets old age and the parts of his body lose their power of acting (2) a person who dies after living with many difficulties during his life time (3) suicide (4) murder (5) accident (6) soul with life that has grown in some waves of attraction with the power of its soul in science, medicine or art.

The state of the soul of life is like an electric bulb that we use to suit the voltage of the power supply and the wattage of the bulb that we use to give the required amount of light. The soul of life will be whirling with the waves in the air, having the attraction of the earth as per the state of the strength that it has gathered while it was in the body with the strength of the power to grow the growth of the atoms. After the soul gets out of the body though it is whirling with the waves of the air having the attraction of the earth, not being caught in the attraction of another wave by the strength that it has gathered it protects itself and it will be able to come into the growth of another state in the grip of the state suitable to it.

When there is wind on the earth, pieces of paper, dried leaves and other light articles compared to the wind speed fly in the air. When the wind is stronger, heavier articles also start flying in the air. When there is a storm the articles that have grown with the attraction of the earth lose the attraction and fly. In a similar way what power the soul of life gets in its strength, it gets from the growth of the atoms that grow the parts of the body.

The soul with life gets the strength as per the state of our thoughts and the state of the atoms that we inhale in our breath.

Life separates as per the state of collections made. With the growth of the coating with which the soul with life got its strength and came out, it can again caught only in the growth of the same seed.

What is the state of the chain that grows by getting the state of the power of the high power of magnetism and electricity by the

thoughts of the breath that we take with the thoughts of the feelings for the growth of gnana by the meditation that we do with those thoughts?

28-1-81

This body is like an oven. The work of the oven is to cook what is kept on the oven. The work of the soul is to enjoy the taste of the mixture of the taste of the tastes of the articles added in it.

The soul with life adds its strength from the strength of the combination of the atoms that the form of the live body cooks and sends from each of its combinations, by the power of the coating from which it got its strength by striking with each of its states.

The soul with life grows its strength from the growth of the atoms that we grow by the food the body takes, through its thoughts and the acts it does. How are we to know about the state and the quality of the soul that has gone out of the body? To know its acts, if the strength of soul which lies as a covering for the whole body has increased since it acts with the power of life as the attraction of the power of life in it, with the strikings of its whirl comes the body which can attract the magnetic and electric waves.

The form of the body acts only as a machine and the power of what is cooked in it remains only with the soul of life which covers the body as a covering. The push of thoughts of hunger, thirst, sleep make the feelings in the form of the body to suit the actions of the soul for the growth of its power. By the feelings, thoughts arise and the acts of the thoughts are for the state of the safety of the form of the body.

The acts done by the push of the body and the requirements of the power of life are acts done by the push of the soul of life. This is the meaning of what several elders have said, that the body is only a rented house and it is only a refuse, the soul as different from the body and it is only by meditation on the soul that it can grow.

The soul of life that has got its strength by several strikings has come into the mould of the soul that pulsates with life in it and to get strength for it, every soul of life takes several births.

After striking again and again in the grip of attraction of this whirl and gaining strength after getting the strength of the striking magnetic power, the soul gets its strength to get a state in which the human soul with this form of the body acts in a way to grow the thoughts of gnana.

Man with form having the power of life in it and a strong covering of the soul of life over his form will be able to grow the state which will give further power to the soul of life only by the state that will grow the gnana of his life by the thoughts that he has got. Though the state of animals has got thoughts and gnana, since they do not have the attraction of the power that will grow high gnana to act with discrimination they do not have the power to increase the power to grow the soul as human beings have got.

Even then every animal has got a separate quality of its own with high acidic character in the power of its soul. Man uses animals as his food and for acts suitable to their state. But Sabdha Rishis who have got high gnana when they were with their bodies, to add their strength to the strength of their soul of life and get the power of attraction of the earth, by which their soul of life got power, enter into the growth of every state as an atom inside an atom and striking on the state of those atoms get strength for their soul of life by the attraction of the acidity of the atoms that are in the attraction of this earth.

Pea-cock as the vehicle of Muruga, mouse as the vehicle of Vinayaka and tiger as the vehicle of Aiyappa is what we have been made to understand. For the form of every deity shown by the Siddhas some animal or bird has been shown as their vehicle. On what basis the Siddhas have shown these as their vehicles?

Those who have got the intelligence of the soul by their gnana have included several mixtures of acidities that have grown in many combinations as an atom in an atom for the covering of their soul of life. In which state?

From the beginning of my lessons I have been telling you that after its appearance, the life-atom in the course of its progress to get higher state, gets in the chain of the path in whose taste it started growing, striking with each and every state of its growth, increasing its strength gets the state of the soul and the state of its character is formed only in the chain of the path of the taste of the thoughts of its feelings in its initial state.

The atoms with different tastes namely, sweet, hot, sour etc. when they grow in their growth having changes, grow only in continuation of their feelings of taste. In the same way in the growth of the chain of the power of the thoughts of the feelings, the souls having any character having the coating of the chain of any path, their good thoughts will be those that have grown in the characters by which they have grown.

Any soul does not feel that the thoughts of its character is bad or unreasonable. The character of the thoughts of the feelings of the form of that body, has grown as the strength of its soul of the life-atoms from the beginning of the path of its attraction.

Such a person feels that his character is a good one and acts. This is true for each and every soul. Vegetation which has the growth of attraction of the feelings of its thoughts does not have exchange of thoughts or have movements.

In the state of animals, though they have the capacity to exchange sound, they do not have the feeling of exchange of thoughts or growth of gnana as human beings have got. This applies to the state of vegetation also.

Though they take birth as per the state of their characters of the thoughts of the feelings from childhood, the affection of mother, love of the father, attachment with brothers and sisters, the thoughts of the feelings of previous births are forgotten as soon as a birth is taken. Whatever birth we may take through whichever parents we are formed, by the chain of the path of the thoughts of relation from the day we have taken birth, during the time of growth, time of education, time of play, in the ways of intelligence in our trade, relationship of married life, in the growth of the children every

soul grows with the exchange of those thoughts. He acts with discrimination in his thoughts with those of others. Life of man lies in the way in which with his character and thoughts, he does what he feels right for him after striking his thoughts with the thoughts of others. The exchange of feelings of thoughts of men are associated with the tradition in which the relations in society has come, bindings in the chain of the path and the acts of regulation of the government. They have made charity, righteousness and promise as high characters and has regulations in the way of dressing, and moving with relations and made several chains of habits for the ways of moving in society. It is only when they send the ways of their characters in the path that is shown to be good by the society, he is considered as a good man. If he sends his thoughts in the ways of his character, the society does not accept the same.

In a similar state, in those days every Siddha by sending the thoughts of his feelings in the path of gnana got the quality of intelligence of the soul. In the path of gnana by the growth of the thoughts, the thoughts of the growth of the striking of gnana by joining with the acts of many in their life, the attraction of the growth of good characters are sent into the attraction of the thoughts of the feelings. In the same way in the quality of intelligence of the soul by piercing the mixture of his soul in the state of other atoms, as an atom inside an atom injects the coating of the virile powers of their character into their power.

7-2-81

What you have been told all these days is the way of meditating and the ways for the growth of gnana which is suitable for the growth of meditation. To get high gnana by gnana, every atom in this body should get into the path to grow the acts that will grow the acts of gnana. All the atoms in the mixture of acidity of the body should help to do acts that will give feelings of thought of gnana. By going in the attraction of the above path, the growth of the waves of attraction of magnetism and electricity from the waves of the Sun go directly to the soul of life to grow the atoms of the form of the body.

This form of the body with life, acts in a way in which it can grow this body in the chain of its growth. The soul of the body,

to do its acts by the high quality of acidity got by the attraction of the earth, which will be better than the acts done by the attraction of the characters that have grown by the growth of the coating of acidity of the body, has to send the life of the soul as an atom inside an atom into the mixture of acidities in other forms of body and take the coatings of those castings into his soul of life by his gnana. This is what a siddha does.

The gnana of human beings that has grown the live body as one which has grown by the food that it takes, by the grip of the artificial ways, cooks his food and eats. To get himself freed from the hold of nature he has built houses so that he may be protected from wind, rain and the heat of the Sun. While living in this state since a very long time, his acts have lead him in the path of gnana of discrimination in the paths of the acts of nature, the feelings of the quality of nature. he is not able to attract by the feelings of his gnana.

Several birds including the cock, dog cat etc. know the nature of the whirling of this world, raise their voice and get out in search of their food before Sun rise.

On cloudy days when the rays of the Sun are hidden by the clouds how do these birds know the time of Sun rise? Some of the vegetation animals and birds know about the qualities of the whirling of the earth better than man by the feelings of their breath. Man who is said to have six senses, who has the ability to speak and act, who makes the embryos to grow by scientific means without a mother, is able to know the whirl of nature only through artificial means.

Other species that have only five senses, without capacity to speak or act, by mixing as one with nature know the feelings of nature. A Sabdha Rishi makes the life of his soul which has got the intelligence of the soul, which has grown as an atom inside an atom, goes into the attraction of several animals and birds as a covering gets the coating of its mixture of acidity and stores it in his soul with life by his high gnana.

It is in the state of making people to realise this that idols have been given names to show the character of the idol and grow

gnana by the ways of powers of the characters, snake, pea-cock, cock, pig, lion, tiger and other animals have been shown as vehicles.

All the states that come in the story of Vikramaditha are not cock and bull stories but they are real facts. The Kali of Ujjain whom Vikramaditha was worshipping was born as a woman and has risen to the state of Sabdha Kali by her gnana. Vikramaditha is one who has proceeded in the chain of her path. All that is given in that story are real happenings though there may be a few exceptions.

8-2-81

The gnana of the person who was ruling the country, while going in the path of getting the intelligence of the soul got bakthi and as a result of his worship, got the chain of the waves of that Kali and as a result of the acts was subject to the state of getting intelligence of the soul. In the state in which he was living namely, six months in forest and the other six months in the town, to get strength for the life of his soul through the ways of gnana, got the intelligence of the soul to make his life-atom to learn many acts in the state of atom, as an atom inside an atom, for the strength of his soul.

The divisions in the qualities of the metallic ores in this earth are of seven types. The qualities of the growth of these mineral ores are many in each of them; colour is seven and the characters of tastes are also seven in number. On what basis does the qualities of these seven mix?

In the quality of nature which becomes vapour, then gets weight and whirls as a soul as per the acts of the attraction of nature, the state of the earth is as per the growth of attraction of the planets of the Sabdha Rishis and get the power of the mixture of acidities from the milky-way.

The character of this earth was formed by the action of male and female called Siva-Sakthi, which has got its life from the attraction of the mixture of seven numbers of tastes, colour and smell. The state of this earth is formed by combining the powers that each and every one of the Sabdha Rishis, who create and guide the characters of the earth, have got.

Out of these, those souls who are capable of getting the intelligence of the soul, send the strength of their soul into the quality of the mixture with which the earth was formed, increase their strength by the strength of attraction of this earth. The Siddha gets the coating of the mixture of the seven characters by which the earth was formed, gets the strength of the power of the Sun which is stronger than the power that comes out of the mixture of these seven and takes the state of a Rishi who can create any power.

Those who follow the ways of bakthi think that the water of the river Ganges is very sacred and those who bathe in that water get virtue or religious merit for the form of their body. With this idea they go and bathe in such waters which are considered to be sacred.

This idea, the Siddha has made the waves of power of this earth as the sacred water and made the power of life his soul to bathe in that water. The ways of bakthi and meditation are only guides to show us the path. Knowing the strength of the path, getting gnana by meditation, with the waves of breath, smell the thoughts of the power of attraction of the Sun is taken into the power of attraction of the life of the soul of the form of our body. Without being caught in the grip of attraction of this earth or the whirl of the grip of the waves of attraction of the thoughts of the lives of the several crores of souls that are born on this earth, the thoughts of our feelings should have high gnana, by meditating on which is above way of incantation shown in the ways of bakthi. By the ways of meditation we should get one with the acts of the attraction of the waves of the Sun and by the growth of power of the minute waves of attraction of magnetism of the life of the soul of the form of human body. Then while the body is in the attraction of the earth by the growth of the strength of the power of the waves of the Sun, man will be able to send the life of his soul to any planet by his thoughts.

9-2-81

The sound of the earth is the sound "OHM". Acidity with the weight of the mixture of the taste of the acidity that is floating in the milky-way, by the power of attraction of the whirl, grows

the sound of the taste. The sound of the acidity of the taste becomes attraction and then light. For the growth of life-atom, the atom of light with the sound of taste is born. As per the state of the chain of this path with the growth of sound of taste and character, becoming light is the way in which each and every quality of natural growth grows the sound of attraction of pulsation.

Just as one state is not like another, sound also is born, each different from another.

The sound made by different vehicles namely the one driven by animal, bicycle, steam train and aeroplane differ according to the artificial material and metals from which they are built. Why I divide every one of those and show you is to show you that the sound made by the combinations in nature also vary as they do in artificially made things.

For the growth of this gnana, for the way of meditation of high gnana, by meditating on the soul, the life of the soul has to take the sound waves of each and every sound wave of the waves of power.

Siddhas have collected the coatings of several tastes, as an atom inside an atom, for their soul of life. In the same way, by the ways of meditation by taking the musical tone of the sound of the slogan of the Sabdha Rishis by sending our thoughts towards them, the life of our soul takes the musical tone of the Sabdha Rishis.

Like this, by the breath that we take during meditation, the attraction of the thought and the sound of attraction of the planets that have grown in the growth of the chain of this Sun we have contact with the planets that are in higher state and gather their sound in the life of our soul.

By increasing the power of our soul with life, by meditation, the power to get released from the attraction of this earth and go to any other planet is got depending upon the accumulation of the sound of the thoughts of the quality to go to any planet by the attraction of sound. It is only by the power of sound gathered by the life of the soul of elders who have got bakthi by the attraction

of high gnana that they have got power of speech and things take place as per their words.

The quality of taste gets its strength by the combination of the sounds. The state of life of the soul rises from the light that comes out of the sound that is born by the breath that we take with our thoughts. As per the state in whatever waves of attraction of the acts of the thoughts of meditation are sent, the coating of sounds are taken from any planet for the growth of the soul of life while being in the form of this live body. All the ways that are being told now are the ways for every person to get out of the grip of attraction of the earth, which artificial life he considers as the life for him.

17-2-81

By the law of nature old things disappear and new ones spring up in their places. Life appears as an atom in a seed, sprouts out as a plant with life and brings forth tender leaves. These tender leaves absorb the mixture of acidities for their growth as per the seasons with an adhesive moisture in it. When they have completed their growth and have given their strength to the portions of the stem, the ripe leaf dries and drops down.

The growth of such a seed that is sown, in its growth sends down roots from its branches making the strength of these roots from the branches the strength for the growth of the tree and in this way grows the growth of the seed. In the way that one seed grows and creates several seeds in different ways of growth, as the chain of growth grows in the growth of every atom, this earth and every planet is growing the growth of its growth.

The growth of the growing power of every planet is growing in the way in which the family or chain of this Sun is growing. Every act is growing the growth of its growing power in the same way as human beings multiply in their whirl. The quality of the growth improves as the chain of everything proceeds further and further in its quality of growth in the same whirl as per the state of attraction of the whirl. Gold ore deposits increase their quality gradually and we find that the quality of the ore in the older deposits are superior to those of the new deposits. In the same

way the strength and the quality of the mixture that the soul of life gathers will depend upon the food given to the live form of the body by the thoughts that are taken by the quality of the breath of its feelings and the state of the magnetic attraction of the atoms that grow the soul of life.

The cage, the form of our body, grows the strength of the atoms in the feelings of attraction of our thought, in the acts and feelings of the ways of life in the path of gnana. It is the strength of this growth that the soul gets. In a plant the quality of the seed in its initial stage changes and after its full growth has taken place, it gives the fruits of its growth. In the same way the strength got by the attraction of the thoughts is taken by the life of the soul. The strength of the life of the soul increases as per the acts of attraction of its feelings. The strength does not increase only by the ways of incantation and meditation that we are telling. The strength of the soul of life, in whichever way it sends its strength of the acts of attraction of the feelings of its thoughts and gets its virile power, will act only in the attraction of the virulent waves of its characters even if it goes in bad ways. If the acts of heroism by the attraction of the feelings are sent in the way of gnana with a calm character, or in a demonic way in deceit, the life of the soul gets the strength of the waves in which it is sent?

What is the state of this strength?

20-2-81

All are formed by the quality of sound. Whether it is good power or bad power, it is created by sound. All the life-atoms are formed by the musical tone of sound. The actions of the life of soul are also done by the combination of the acts of musical tone and the speck as per the state of the breath that is taken by it.

The state of the growth of the grain in the ear of a corn of paddy when it ripens, depends upon its attraction of the musical tone that it gathers from the waves of air. In the ear of a corn all are not grains; there is chaff also mixed in it. In the same way among the flowers and fruits grown in one plant one is not like the others and in some we find some deficiency. Every atom grows its speck in the way it takes the musical sound and grows.

The songs of incantation, on account of bakthi, that are having the musical tone are the initial stages of action of our Siddhas in the state in which forms are attributed to sound. The way in which incantations are done with love as bakthi, and desire as musical tone is the beginning stage to show the path of combination for the life of the soul.

In the acts of bakthi, in the attraction of the earth as a good growth along with the growth of the earth, several apostles in their sons in the way in which they have acted by the rate of their whirl, have shown their bakthi by the musical sound of the songs in their incantations. By the ways of growth of incantations, the musical tone of the life of the soul, which is inside the sound "OHM" of the earth as an atom inside an atom, the thoughts of the musical sound are sent into the waves of all the Rishis who have given the musical sound for this earth. The waves of attraction of that chain of waves is taken by the soul by its breath which has the power of life in it, which can take the chain of waves of any Rishi, by the power of the musical tone of their thoughts, into its attraction and use it for the growth of the life of its soul.

The growth of the state, that grows the growth for becoming a Rishi acts separately as per the quality of their high musical tone. Being in the grip of the whirl of the thoughts of this world, having the state of the growth of the acts that grow the growth, the way in which the acts of the breath of meditation, the life of the soul takes the waves of the chain of the waves of taking breath by the action of the combinations of atoms that grow the power of life of the form of this cage, the power of the waves of the chain taken by the thoughts can grow the soul of life.

The life of the soul has got the power of magnetic attraction. By the musical sound of the thoughts, by joining it with the waves of the chain of thoughts of the musical sound, by the help of the machine, our body, the life of the soul can be raised as a soul with the mixture of high gnana, as per the state of the chain of the state of meditation, while being in the attraction of this earth and we can grow acts that will grow gnana and the growth of intelligence of the soul, by our thoughts.

All the growths in this world are from a speck that has grown by musical sound. Right from the musical sound produced by the striking of acidities which have got the character to grow in the milky-way, to the musical sound produced by the rotation of this earth, which grows sound, light and then becomes water and solid, when the hot waves emitted by the earth and sound "OHM" produced by its attraction becomes sound, light and water in the process of growth of the musical sound, is the growth of the speck in all the growths of this earth.

The earth attracts the waves of the Sun as the rays of the Sun fall on the water spreads they are attracted by the earth and the hot vapour emitted by the earth goes up. Like this when anything is burnt, the smoke goes upwards. All the growths in this earth grow upwards. But the growths that are heavy grow downwards by the force of gravitation of the earth.

Whether it is the growth of the earth, or the growth of the character of the milky-way, for the growth of its growing power it is the sound "OHM" made by the earth which is the live pulsation of the specks which is the base for its action.

The growth of the life-atom produced by the mixing of the various sound waves in the Milky-way are as per the attracting characters of every planet. In the Milky-way which is different from the whirling of the planets, where there is no air and there is no action neither up nor down, some living beings are born and they die after growth.

Where there is no air, how are living beings born? In the state of the combination of acidities, small combinations strike against each other by the attraction of sound, they get life and grow according to the sound, with a very short duration of life as living beings with rare actions, By its weight it is forced to move, dies as soon as it is born and the heavy nature of its acidity becomes the acidic character for the growth of other planets of the same kind.

If there is no state of growth in the milky-way, planets cannot grow. They say that the Sun is a place where no beings

can live. In all the crores of states of growth of the planets, there is no place which does not have the sound waves and drops of water. Man and all the other planets have got the power of growth to grow and act in their ways of growth of the sound and water drops.

If there is no pulsation, of the striking of the sound waves, there will not be growth in anything. It is the sound that is the growth of the growing power. When the sound that is taken by the thoughts are of a high quality of acids, the soul gathers the high powers of pulsation of the magnetic powers of life and strengthens the power of growth of the atoms and the life principle can live.

In continuation of this to increase the power of its power, it is possible for the thought waves of human beings only. The truth of this has been realised by our Hindu philosophers who act by their gnana and with the help of the combination of some words which give the required sound vibrations make some mantras which give the required combination of sound waves as per the ways of their meditation. By the growth of these since several crores of years they are able to have contact with the sound waves of Rishis who have grown by the help of not only this Sun but other suns also and are in the path of the mantric sound waves by their prayer and meditation and shine as gnanies and become Rishis.

28-2-81

The Rishis knew the truth about the combination of the seven acidic characters that are, the cause of the growth of the sound of attraction of the earth. When they started in the path of gnana of the soul in their ways of worship, they included seven different articles with earth's smell, taste and metals and put them in the sacrificial fire that they had made during their worship and took in their breath the smoke that came from the fire so that they can collect the attraction of the sound waves in the life of their soul. They take in their breath the smoke that comes out of the fire. By the attraction of their breath they take the seeds of acidity from mixture of the acidity in the smoke. Meditating on the seeds of

acidity in the smoke they make contact with the chain of the waves of this acidity in other planets and make those atoms to grow in their body with the action of their soul of life and get the strength for the growth of their soul. Just as the sound made by a veena (a stringed musical instrument) varies as per the state of the strings played, the thought waves of a person during meditation varies as per the strength of its characters and are taken by the life of the soul.

The state in which the Rishis and Siddhas have been made known to us by our forefathers, were through meditation sacred fire and worship, and as such we are not able to realise their real feelings.

From the beginning of the growth of this earth, all the acts that make one to realise the growth of gnana have been done through worship and mantric sounds, and through them they get several powers. You might have heard that some persons had raised sacred fires continuously for 48 days and some other Rishis meditated being on trees on the banks of some rivers. These gnanies to strengthen their powers and grow their soul of life took several waves in their meditation.

By their meditating on the powers of attraction of meditation they grow the acidity of their body in the same waves of growth and after their soul of life has grown, their words will be effective and they get the power to do what they think by their mere sight. The acidity that they send by their sight is transmitted through their breath and will have its action there.

The attractive state of those who grow their power by meditating take directly from the Sun the powers of its waves which strikes on their head and by the growth of pulsation of their life, their machine of breathing works. The gravitational power of the earth on them decrease. When we take our breath from the earth facing downwards and live with the waves of thought, we get strength in the several thoughts that strike us and take heavy breath, we will be only in the grip of this earth.

It is the Sabdha Rishis who have got themselves released from these who have grown the power of their sight and words. If we, who live in this earth increase the power in us, in the course of

our growth in that path, by the attraction of the sound and the vigour of our human soul, we will be able to increase the power of the strength of this power in us.

2-3-81

From my first lesson I have been telling you that our soul with life gathers the waves of the smells that we take by our breath. The character of the power of absorption of a life-atom that is produced by the striking of acidities depends upon the musical sound that is produced when the acidities strike against each other.

It is the atoms that are inhaled while taking our breath with the feelings of our thoughts which grows the live body and the soul gets its strength. The growth of the atoms of feelings of the body depends upon the musical sound that the ear takes or the dreadly sounds like thunder, bombs etc., since the waves of breath that we take depends upon the striking of the sound waves on our ears.

The capacity of hearing of the human ear has got more vigour than other living beings. Other living beings get the smell in their breath by sending light waves from their eyes and get the sound waves in their ears.

Though some of the animals have got more power than, man to find out the smells by their breath by sending light waves from the eyes, they do not have that much power of hearing as human beings have got. It is the power of the growth of the waves that grow atoms which grow by the breath of the thoughts of the feelings that increases the strength of the soul which is around the body.

It is the feelings of the soul that the body exhibits. The human soul is capable of altering the feelings of the soul and the soul of the feelings by the attractive powers of thought by sending light waves and hearing sound waves. We see the state of the form of the mixture of the acidities of the thoughts by sending light waves and attracting sound waves. In the same way, the state of the thoughts by which we send light waves and attract sound waves, we will be able to see the mixture of acidities of the soul which do not have any form and can be seen as if a photo of it is taken.

By this way of sending light waves and attracting sound waves as per the state of thought, it is possible to see all the living beings with form, any place nearby or far away right from the state of the Sabdha Rishis.

In continuation of this, just as we see by our gnana, the feelings of shocks of fear go and act on the souls of persons in the spirit world which souls have left their bodies with the same feelings and those souls act through the bodies of persons who have the same feelings in them. This is what is happening when we see during festivals in temples some persons get spirited and give out all the things that the spirit wants to express. This, the person does without his knowledge. Such persons talk in several languages and ask for whatever type of food they like, consume them and behave as if the deity itself has come and is acting. If the thoughts of the soul go in the waves of this attraction, it will forget its state and will be able to live only as per the states of those souls.

All the forms are formed by the musical sound. Every person should realise that thought comes out of the combinations of sounds. The attraction of the sound that is around us and the sound waves of the persons who talk with us and the attraction that our thoughts have on the sound waves, the power of feelings of the atoms in our breath will be gathered by the live soul.

3-3-81

Besides the above, in residences, in places which are under frequent use, the attracting capacity of the waves exhibited by the musical sound of the thoughts of the feelings of life are attracted by the walls and floors and are registered in them. This will depend upon the sound produced by the acts, thoughts and feelings, and these waves will be circulating in those places of residence.

In the old codes for the construction of houses, they have laid some rules for burying some types of precious stones in some places in the houses and also for the plastering that is to be applied for the walls. This they have done knowingly or unknowingly.

The earth emits heat as per the attracting capacity of the acidity it contains. Similarly the waves given out by the musical sound of the thoughts of feelings will be acting on the characters of persons who live in that house.

The human soul should be with the feelings of thoughts of attraction equal to those of high gnanies and be free from the waves in which it has grown and exhibited from the hold of attraction of the feelings of the states of the characters of its relations who live with him and from the live souls that are in the spirit form in the air space, to grow their acts of gnana in their meditation.

The people of this artificial scientific world have separated the magnetic waves from the whole of the air space round our earth. These magnetic waves have been converted into sound waves and used for artificial ways like T. V. and radio and several ways of utilisation for political propaganda for which some of the wave lengths are suitable for their instruments. On account of the spreading of these sound waves in the air space, the thoughts of the feelings of human beings, which have the power of life in them, lose the capacity of gnana to think. By the striking of these artificial sound waves, human beings lose the power of attraction of the thoughts of the feelings of gnana which grows its own gnana. As a result of this the pulsation of life works as a blunt one being caught in the artificial ways of life today.

Know the real gnana of the soul of human beings, and the real state that grows the soul, and have contact with high gnanies.

9-3-81

What is meant by the grip of the feelings is, by making the body an oven, what is cooked by the body, the soul takes the essence and the state of action of the soul is the action of life. The cage-our body – has the feelings of the state required to grow the acidity of the soul which gives the strength to grow the body. With the strength that the soul has got, the life of that soul when it is whirling in a state without a form and feelings of its acidity and power of speech or sound, comes into the womb of the mother for its growth with the help of the musical sound of the breath of the feelings of the mother, the life of the soul gets the striking of the

thoughts of the feelings of the mother. At that time by the pulsation of the musical sound starts the growth of the forms for the formation of the body, gets life and starts growing. By the breath of the feelings of pulsation that it takes, the soul gets its strength according to the food that is taken by the mother and the mixture of the thoughts which the mother thinks in her thoughts and has the pulsation in her breath and the acidity that the body cooks and gives out.

The gravitational force of the earth, the spreading of the waves of the Sun, the whirling action of the earth and the power of the hot waves which makes the earth to rotate, all these strike on the human body and the state of pulsating starts working, starts breathing and strikes on the nerve of attention, its attraction goes to the small brain and the entire body acts as an oven and the feeling of thought and food put in it are cooked by the parts of the body and turned into vapour. The soul absorbs the power of this vapour and keeps the body living. The person who makes his state steady as per the character of the thoughts of his feelings lives for a long time in a healthy state.

When the attraction of the waves of the thoughts of these characters are more than the power that is cooked by this body – by power it is meant the action of the combination of the various acidities of the body – as per their strength the machine, our body, will work properly.

Man today allows the feelings of his thoughts to strike him in various states being caught in the hold of the attraction of various waves of avarice. When a state is created which is not favourable to him he gets wearied, angry and takes hard breath; the food that he takes in such a state has the character to grow only that type of acidity in his body, he makes the state cooked by the body heavy and gives its power to the soul. If the soul is accustomed to that type of thoughts of feelings then it may live at least for some time with pulsation of life.

When the body takes these feelings of thoughts with several variations, being unable to adjust to these changes, disease is seen in the system of the body. It is the strength of the the vapour cooked by the feelings of thought of the state of the character that

the man takes, that forms a rubbing protective cover for the soul which grows as the power of attraction in the bone structure of the human body and the strength of the soul also grows.

The human body is the seed of growth with which its state will be able to do several crores of acts in various forms and grow several crores of planets during the course of its growth.

It is only the human body, which has the action of the musical sound with pulsation and thoughts, that has the power to grow the strength of the soul. That is why the Sabdha Rishis, who create several crores of powers, have contact with the souls in human bodies to grow their strength. Those like Jesus Christ, Aiyappa, Md. Nabi and Adi Sankara whom we have seen till this day are the persons through whom we see the true growth of godliness in several states. Like this it is possible only for those souls that are in human bodies that have life and pulsation in them, to grow the strength in association with the body by the help of the strength of the feelings cooked by the body. The soul with life which has come out of the body does not have pulsation and contact with the life principle which is made by the musical sound. Some of these souls get into the attraction of the souls with body that have the same thoughts and characters and take a birth. When a soul without a body which enters into a live body has got more strength in its thoughts than the soul of the body, a state is created where the mind of the person gets changed and he has some cruel thoughts in his character.

When a change happens in the feelings of the thoughts by the attraction of the waves of the feelings in the soul, the man forgets his state and we say that a devil has entered into him or he is under the influence of a devil.

10-3-81

The next birth of a soul with life will depend upon the character of the seed from which it has got its strength and in continuation of its state of action, when it is struck with the feelings of some thoughts and enters into some other body, it will act only as per the characters of the seed from which it has grown.

In my previous lesson I have told you how a life-atom after its birth, during the course of its growth, on account of its striking action gets strength for its striking action and gets the state of its soul. How the state of the soul increases its strength by this striking action is similar to the growth of cocoanuts in which water is first formed which after coagulation forms the pulp in the inside of the shell and on maturing becomes an oil seed.

A coconut tree does not get the requirements for its growth only from its roots. As per the state of the vegetation which grow by taking their breath facing upwards, it gets light, absorbs the same from the Sun and grows upwards from below and forms many cocoanuts. Just like the growth of every seed which forms seeds for further growth in the course of its growth, the growth of the life of the soul gathers strength for further growth by its striking.

What is the type of the strength that it gathers? If the soul gets the strength like that of wood floating on water, it will not get into the grip of any attraction and the entire body will get the high state of the soul with the power of magnetic and electric waves.

The Siddhas and Sabdha Rishis of those days subjected their bodies to a state which will grow into this state and got the growth of their state. During the course of its getting into the light of good path for getting a high state for the soul, while living with many thoughts, several souls without bodies which live in the atmosphere around us with several thoughts, since they do not have the power of speech and to act, to fulfil the desires in their thoughts, they jump into the bodies of some persons.

When it jumps into another body, to fulfil the desires of its thoughts, this wave enters into that body. The body does not accept this at the place where this wave jumped. The growth of the atoms at that place will be as per the qualities of this wave. When the body does not accept the growth of that strength as the soul that is around the body does not send its waves to that place, those parts will have to accept the state in which they cannot act and the person gets paralysis and other connected diseases.

In the case of Poliomyelitis, though the parts are inactive, there is circulation of blood, in nervous system and pulsation in those parts. If there be no circulation of blood, those parts should get decayed; that action should be spread throughout the body.

Diseases of this type have grown by the growth of different types of atoms. The life of those persons who do not have a - uniform life by the waves of their breath on account of the state of the character of their thoughts will be able to get only similar type of waves from the atmosphere. The state of the health of the body depends upon the place that we give to the attraction of the spirits.

The soul in a human body that has the power to put into action any of its thoughts is caught in the grip of the souls in the spirit world in these days.

11-3-81

There is a saying "for a man who is afraid anything black appears as a devil". What is its continuation? Do devils exist? Are there devils that suck blood? Is it true that they exist? Is it possible to see them? All these are true.

The souls that have departed from their bodies with excitement by suicide, remain in the spirit world with life. When they want to put into action some of the desires of their thoughts in places where they were living while in their bodies, when any person with the same feelings of fear in him (or her) goes there with several feelings, the waves of the person and the soul without the body strike against each other, the thoughts of the soul without body strike on the thoughts of the feelings of the person living with human body with pulsation and life principle in it, the waves of attraction of magnetism and electricity strike on the body of the person, he will be able to see the form of the acidity of the spirit as per the thoughts of its characters and hear it talking with the same tone with which it was speaking while living in a human body, in the same way as we see in T. V. we should save ourselves from the waves of this series and strengthen our grip on the waves of attraction in the path of gnana.

When our soul gets strength in its state of pulsation, there will always be acts in the wave of the chain of thoughts. Even while in the feelings of sleep, the body be in the chain in which the acts of the body are performed with the chain of attraction of the waves of the thoughts of feelings in the same way as other planets are doing. It is only live human bodies that have this state of growing.

The strength of the thoughts of the soul without body in the spirit world is similar to that of tape recorders. The soul of the spirits have recorded in them the sound waves of all the happenings that took place when the souls were living with a human body. When the soul is whirling in the same chain of whirl, it is only when it makes contact with the waves of electricity in a state of the growth of the thoughts of the feelings of a human body the soul without body talks through the machine of human body.

The state of the souls that are born now-a-days is in continuation of the waves of the souls that have had contact with the souls in the spirit world and ceased to have further contact with them. It is the souls that have contact with the waves of the mad strength of the persons with bakthi that have become powerful and do not know about the waves of the souls that have grown their gnana and got the powers of the souls in them, that are born now-a-days.

17-3-81

How did this state happen? During the time of Adi Sankara and before his time several great souls grew in this earth. Our mother earth is one which has grown in it great souls who have strengthened their power to that of Sabdha Rishis by their own gnana by getting the power of the Almighty.

Losing the continuation of its growth the acts of gnana have become acts of science and the acts of the waves in continuation of that gnana have gone in the shape of artificiality. By the ways of education through books and use of electrical instruments, those who came up by their acts due to the growth of their gnana, on account of the decrease of gnana of their soul which will grow the power of growth of their power as a growth in their growth, started

the ways of idol worship by making idols in stone to show their bakthi.

Besides these in the course of the growth of this earth, the rotation and speed of the earth have been changing, also the attraction power of the planets during the changes that took place at the time of several pralayas, have changed the attraction, growth and action of the earth as per the state of its growth. On account of these, the growth of the atoms that grow after each change or pralaya, gets changed. Besides these, the acidity of the attracting character of the power of the earth has changed as per the acidity that settles on the earth.

Any article that is made in gold or any other metal, when melted again and again for making other forms has a change in its quality. In the same way the waves of the state of growth of gnana grows as per the state of the acidity that this earth emits till this day.

The ways of action of gnana after the time of Adi Sankara has changed from what it was before that period on account of the increase in the state of avarice due to the growth of population and the attraction of the thoughts of people have been caught in the grip of the power of the feelings of the kings who ruled in those days and are whirling in the same whirl till today.

It is during the time of the kings that this way of bakthi grew to a great extent. Besides this they had under their control the waves of some powerful deities with bakthi who have got the powers of their soul in order that they may maintain their power. By the grace of these during the time of Vikramaditha, Emperor Asoka, and Veera Pandiya Katta Bomman several kings got the powers of their soul by the ways of performing puja by worshipping the power of the mother of these deities and it was that power which actually reigned the country.

In the Puranas and old books which are connected with the Siddhas the powers of the characters of male and female, the true states have been shown as Siva Sakthi, Vinayaka, Muruga, Vishnu and Naradha stressing upon the importance given to male godly characters and have been shown as Rama, Krishna and after the

change takes place during a pralaya, they have shown the power of the characters of Rama in the shape of the waves in acts of gnana.

The names Seetha Raman, Balaraman, Parasu Raman have been given after the changes have taken place, as per the growth of the form for its action according to the growth of the thoughts of the growth of the acidic characters of that time as per the divine acts of male acidic characters at the time of Siddas and Sabdha Rishis.

All the deities that were worshipped when the kings ruled the country were females as Mother Kaali and in continuation of its form as Parasakthi, Jakkamma, Kali of Ujjain, Soundamman, all in one series.

It is by getting the divine powers of the human powers by worshipping the waves of the characters of the mother which has got the powers of the soul that many of the kings increased their power and carried on. This Kali is in continuation of the ways in the same chain.

20-3-81

Man does not believe himself. By the ways of worship which is stronger than himself has belief in the powers of several waves and having contact with them worships the deities that have more power than himself by the ways of performing puja with bakthi or devotion, searching for the grace and goes on growing in the same waves till today. Man has forgotten that he will be able to increase his powers by having belief in himself and he can become powerful as the deities and goes on acting with the same characters to get bakthi and proceeds in the same path till today.

Every life has got in it the power to grow itself. Man who has learnt that the soul is different from the body and if the soul goes out of the body, the body becomes inactive, has not learnt the truths about the working of the soul.

Those souls that have gone out of the body, have life in them. It is the form of the soul that actuates the body. The soul remains around the body and actuates the body, which is a machine with

pulsation of life; how does thoughts arise? Thoughts do not arise from the records made in the brain or from the heart of the body. In this body, which is a planet with pulsation of a machine, it is by the thoughts of the pulsating action of the soul by the striking of the life principle of the soul that the body is able to take its breath.

By the action of the soul, pulsation of life comes and by the push of the pulsation through the breath, strikes on the nerve of attention of thought and action, which by the action of the small brain, the ear attracts the sound waves and the thoughts are put into action.

The thoughts that arise in the soul are put into action through the planet – the body. In the same way as a radio attracts the electric waves that are in the atmosphere as per the wave length that it is tuned, as soon as it is switched on, we hear the sound, the push of the wave of the soul falls on the head of the life, gets pulsation and the action of thought of the breath is carried out. This is the way in which the action of the waves of thought work in the soul of an ordinary man.

But it is possible to increase, decrease or alter the action of the thoughts by the ways by which we grow the atoms with pulsation that are in our body and that is the way to increase the power of our soul.

If the thoughts which are the acts of the soul are directed towards high waves, that is, the waves of gnana that come directly from the Sun, instead of the waves that are in the circle of attraction of this earth and whirling with the earth, we will be able to have contact with the waves of high magnetic and electric power and we will be able to increase the power of our soul by increasing the attractive powers of the atoms in our body and will be in a position to send our soul to any state and act there.

By trusting one self and high waves of godliness that are in us, not allowing other waves to come and stay in us, whatever may be the character and strength of the soul that is already in us, to increase our strength we should have that in our hold and make that act as per our desires, when we will be able to increase the strength of our soul and every one of us can become God. God is not

anywhere else. By not scolding God who is already in us every one of us can become God.

When we say man can become God, it does not mean the God who is praised by others and worshipped. It is man who can create godly power. His power can form the godly character by his ways and deeds. Every soul can get into this state.

24-3-81

There is a vision in which some bags are put in a hand cart and dragged. When people see these bags, each person has got some thought. One person thinks that the bags may contain rice, pulses or sugar. Another person who is used to such bags, knows from the surface of the bags whether it is rice, pulses or sugar. The person who has filled those bags and the one who drags the carts know what the bags contain.

In the same way, whatever, thoughts may be grown in the bundle of the human body, the person who judges him by his external appearance, his profession, his relations and his financial state, is like the one who sees the bags being drawn in the cart and thinks it may be rice, pulses or sugar. Those who have contact with the person and talk with the person, know what are his characters are like the person who is used to deal with such bags and knows from the shape of the surface of the bags, what the bags contain. In the bag of our body, the person knows with what thoughts he has filled it and is like the person who fills the bags.

The high power that has contact with him and knows with what thoughts he has filled them and has connection with the thoughts is likely to know what is filled in the bag, the body, like the man who draws the cart with the bags.

The form of the body is one that whirls with many thoughts in it. The waves of feelings of the sound of the thought that run in the body are whirling with those of the present life and what we have accumulated in our previous births and in the midst of all these rubbish, remains the life of the soul that is capable of growing high gnana.

To increase the strength of the life of the soul, the rubbish that is in the thoughts of the body should be used as a manure and gnana that can become a seed for high gnana should be got. We should not be caught in the attraction of any other whirl. The grain that grows in the midst of rubbish, takes the essence of the rubbish, grows and becomes many seed. In the same way from the rubbish that we have accumulated by the breath of our body during our life, without sending our thoughts in continuation of our life whatever may be got in our thoughts as the growth of the body depends upon these, by taking the feelings of the acts during the course of our life as per our thoughts, we should not further make our body as rubbish. Like the grain that grows in rubbish, if we send our gnana with our thoughts, we will be able to increase the strength of the life of our soul.

Electricity is being used to give light, run machines or to give hot and cool air through machines. In the same way our thoughts should be made to be useful for all purposes in our life.

High power electric waves when struck on a person for a moment kills him. But by using the same through some instrument several useful works are done to help man. In the same way the high power of the feelings of thought of human beings, which runs in the worldly life, whirls with poisonous feelings, is sent in the attraction, of those poisonous feelings for a moment the results will be disastrous like passing high voltage electricity in the human body. In the same way as the high voltage electricity is sent through instrument and used in good ways, our gnana should be used in good ways so that it will grow our gnana.

26-3-81

Soul with life can increase its strength only while it is in a body with life. For the soul with life to get strength the power of life is required. It is from the power in water that we get vapour, air, fire as a continuation of its growth, which makes the earth to revolve. For any power to grow, the power of life is necessary. This power of life becomes vapour and from the essence that it cooks, the bone structure grows and the health of the body increases by which the soul that is around the body gets its strength.

In the way in which the soul takes for its growth the essence that the body cooks, the poison that is whirling with the affinity of the world in the form of thoughts of vengeance, for our soul to get strength, like a ruby that grows in the body of a cobra, we will have to go into the waves of the chain of high gnana, from the poisonous grip of this world and make the power of that wave to grow the breath of our thoughts. By the strength of the growth of the power got by the life of the soul, after the growth of gnana it can get into the way of acting to grow the powers of the soul which can grow its own strength.

By the ways of meditation, by the vigour of the thoughts in the waves of persistent endeavour in the ways of bakthi, when we give room for other souls with the same waves to enter into our body with the help of this body get name, fame and money, is what is being done by any poet or scientist of today. Unless one knows himself, grows the godly power in him by taking breath which can attract the flow of magnetic and electric waves every moment, which can grow the attraction of the acidity of the chain of high gnana, the strength of the soul cannot be increased and act in any attraction in any place being in this body, not being caught in the power of the waves of the souls without body, it is not possible to get into the chain of the growth of the powers of the soul.

Some persons who have got the powers of their soul, control their bodies and send the souls into some other body by having contact with mesmerism get caught into some other waves and by its contact have lost the powers that they had obtained.

It is very difficult to get the growth of power unless a person believes in himself, in the control of the waves of high gnana and worships the power of the God that is within him. With life of the soul, it is the power of the soul which is the body; it is the soul that actuates this body. To grow the soul, know the truth of the planet, the body, which has got the strength to give the power of life by worshipping the power of the mother that has given strength for the action of pulsation of life and get into the true path.

31-3-81

During the course of my lessons I have told you about the ways by which after becoming a soul, the human body of thoughts

is formed. By knowing the truth about the power of the soul and having contact with the waves in the chain by which the souls that have got the state of deities, by knowing the truth of the powers of the soul by the growth of the state of the chain of powers got by the rubbing action of the acidity of the breath of the acts of gnana, which is capable of growing high gnana by sending the thoughts of life of the body of the soul towards the chain of these waves' by chain of waves it is meant the waves which are capable of knowing everything and have contact with everything and have connection with the high powers of the Sabdha Rishis by having contact with the thoughts of this body, the waves of magnetism and electricity that are suitable for the growth of the acidity of this body not having the state of giddiness and forgetting the feelings of the body and its actions, by the gnana of the thoughts of the light of this gnana by having contact with the waves of high power, the strength of the soul will be able to see, without forgetting its state, all the truths of this universe and the chain of growth of the Milky-way which is connected with it.

It is in continuation of the wave in this path, that powers of the soul (called Siddhis in tamil) are attained. To increase the power of the soul, manure with good powers should be used for the growth of this body. By remaining aloof from others and living as a separate soul in its thoughts and acts, knowing which is good out of his characters and having only bakthi and meditating on gnana, being in that whirl is not putting good manure for the growth of the soul.

From where it is possible to get good manure for the soul? By remaining calm in a lonely place with good smell, the strength of gnana of the soul will not increase. At the same time, while living in the midst of several souls, having contact with them, being caught in the hold of the grip of the waves of cheat, revenge and amusements of those souls and their thoughts, the manure that we give to our soul is stopped.

Gold, that has a high quality, when it grows in the earth gets its growth remaining mixed with the earth, slowly growing in its quality and spreads in layers. Whatever thing we put in fire becomes ash. During the life of binding and affection in this world, in whose grip this body is caught, the manure that we give to the

soul of the body which lies like the gold ore that is mixed with the earth, should not be caught in the grip of any attraction. Just as gold remains intact while other metals like brass, copper, iron etc. get dissolved when put in acid, the quality of the manure that we give for our soul should not be caught in the grip of any of the attractions that are connected with this earth and its undesirable characters. It is only when we take the attraction of the waves of the feelings of the thoughts of the souls in this chain, we will be able to put manure for our soul and grow it. We should realise that it is not possible to grow the strength of our soul without having contact with other souls. Whatever thoughts we send towards other thoughts, it is only the reflection of our thoughts that those thoughts will send towards us.

Though the female nature does not have the power to mould an acidic character of the chain of male nature, and the male nature does not have the attraction power of the growth of the life like female nature, the strength of the soul cannot be grown by directing separate feelings of thoughts.

The manure for the growth of the soul, is the growth of the feelings of acidity of the growth of the atoms that get strength by their rubbing action, got by the waves of the feelings of thoughts sent by other souls. By this rise, by having contact with the waves of pulsation of life of the soul of the body, were formed the Sabdha Rishis who know and grow everything.

7-4-81

The ways of meditation that you have learnt all these days is the path of gnana. The ways followed by you for meditation through the ways of bakthi, by gnana in the chain of the ways for gnana by the chain of the waves of your thoughts. You learn the path of the waves by which you can put into action all the truths that you have learnt by gnana and use the powers of your soul while acting.

There is a vision in which is seen a bottle containing honey and a person putting some of it in his palm and tasting. What is the explanation of this?

Honey bees have collected the honey from several flowers and stored in its nest, the comb. That honey has been taken by man, kept in bottles and tasted. In the same way gnana has been collected by powerful gnanies from books of gnana and stored in the waves of their thoughts. We should take them from the waves of their thoughts as we take honey from the bottle and get powers of gnana for our soul.

If the honey is drunk directly from the bottle its taste cannot be relished. The first step of learning the truth that are obtained by gnana is "you see yourself"; who is the God that is in you? Who is that 'I'. By the striking of the waves of light on this body, we see the figure of the shadow. What we see on the surface of water or in a mirror is reflection; that which eats, excretes and sleeps is the form of action. The form of the soul is that which actuates this form and its thoughts. Out of these which is the "I"?

It is after becoming soul that the thoughts of the body are put into action. It is the acts of the form of the body that we feel as 'I' and do any act. The thoughts that run in the form of the body go with the feelings of the striking of the whirling of the body which is attracted by the ear and the thought is sent into the feelings of the circle of light which the eye sees, and also with the thoughts with which in the whirl of life for its action, dress and jewels to beautify that form, to protect the growth of the form adopting suitable methods for the tastes of the body, thoughts that run as per the acts of the form, feelings of thoughts suitable to the affinity and linings of the acts, that are done in the surroundings are the acts of the thoughts that run in the form of this body. Our gnana should act in a way that the soul can get power of the true power of life, which is the true power of Adi Sakthi that is in our body.

The power that can grow all the powers is in continuation of the power of water which is the power of Adi Sakthi. For the life of the soul, for the chain of growth of the Almighty of the soul to grow, it should have the pulsation of life.

There is a vision in which an oven is burning, a pot is kept on the oven and something is being cooked in it. The vapour of the thing that is being cooked is seen coming out of the pot:-

This earth is like an oven; the body is the pot, the thing that is being cooked in the pot-the body – is the thoughts that we put in the body. The products cooked will have the taste of the ingredients put in the pot. Similarly the soul with life gets the results of the thoughts put in the body. Just as the smell of what is being cooked in the pot comes out in the vapour that comes out of the pot, the action of the form of the body depends upon the Milky-way and the striking on account of the grip of the attraction of the Sun.

Know the real action of the soul by the gnana that you have received, as a continuation of the action, the real meaning of “You see yourself” and tell me tomorrow.

8-4-81

Have you understood about the working of the soul?

Our Reply:

By sitting in meditation as per the preachings of our gnana Guru Venugopala Swamigal who has shown us our path, though we have not understood all the states in that chain, we knew the ways of learning some truths by our gnana and acts.

We have seen that several souls who are connected with this organisation have realised themselves and known some truths in their path. Not being unconscious of the body and acting forgetting ourselves, there are many states that we have got by this meditation. (We have not given out some of the truths that have taken place in some of the states as per the advise of our Guru Dev.)

Water lilly opens as soon as it sees the morning Sun and closes when the Sun sets. Some other flowers open out facing the rays of the sun, follows the sun as it moves and fades as the Sun sets. Man says that these are the acts of nature. Man has known the truth that the power of the Sun is superior to all powers and is wasting it for artificiality. In this earth which is an oven, the human

body is the vessel for cooking. By putting the power of the Sun which gives the light of the power of life, the food that he cooks has got the power to get any taste by the life of the soul. This man has not realised.

With the help of machines, having contact with some metals, man gets power from the waves of the Sun. The gnana of the soul has got the ability to do anything, as the God of creation, by actuating the power of the soul by the capacity of his thoughts and have contact with any waves and then act.

Slightly altering the ways of attraction of the thoughts of gnana as per the acts of the body, the soul that actuates the body by the gnana of our thoughts and by the strength of meditation on the preachings so far made, making this soul have contact with the powerful souls of the Sabdha Rishies, get the power of the waves which they get by acting through the gnana of human beings.

It is only when this cage – the body – is with pulsation with the help of the growth of magnetic and electric waves functioning, we will be able to increase the power of our soul. While we are in the state getting power for our soul, we should not be caught in the grip of any other attraction. Just as anything that is put in burning fire becomes ash, we should not be caught in the circle of attraction of any of the several crores of states that are mixed in the air or in the grip of any of the souls that are with their bodies or have gone out of their bodies. As the strength of our soul increases by the action of our body, we will be able to see separately the strength of our soul.

A strong soul can be sent to any place, know about anything, the body being in one place. To know oneself and the soul that is within him, which is the Almighty, is the first act in getting the powers of the soul.

The gnana of our thoughts should grow to such an extent that our soul gets such a power that it cannot be attracted in the waves of any other attraction. If there be the slightest thought to taste the pleasures of wordly life or avarice, despair, weariness there will be obstruction in the feelings of the body to act separately on its own will.

The growth of gnana by the grip of any of the waves of attraction, the feelings of the actions of the thoughts while in a suitable state, when the strength of the soul has increased, the repetitions that we have made, Siddas on whom we have meditated, attraction of the circle of waves with which we have had contact, at a suitable time in the growth of the strength of our soul will lead us in the path.

It is only by being in this body that the strength of the soul can be grown by this gnana. By the gnana which has got the strength of its soul, by the strength of the soul, the acts of intelligence of the soul in its chain of action, it is the soul that can grow.

By the action of the body that state cannot be got. To get the strength of the soul, which is the first act of the intelligence of the soul, it is possible only when the body is in action. By the gnana of knowing of the thoughts of the body, by the strength of the soul, we will be able to get the chain of the waves of all the acts of intelligence of the soul.

9-4-81

What is meant by 'transmigration' leaving one body and entering into another body? In the initial stages when the soul has not got sufficient strength, not realised itself, has connection with the state of spirits, the souls that are very pious learn some mantras and tricks. It is only when such a soul has got intelligence of the soul to act with the attraction of the soul to act with the attraction of the waves of the soul which has got more power in the intelligence of its soul, it enters into some other body and makes its body inactive. Leaving its body in one place, it enters into the body of any other person or living being and acts through that body. In doing so, if any small mistake is committed in its state, it cannot go back into its original body. The life of the soul that has separated from its body is caught in the grip of the attraction of some other waves, it loses its capacity to further increase the state of its soul by getting such a body, gets into the attraction of some other state and will not to grow in its own state.

In the state of the growth of intelligence of the Sabdha Rishies, they realise themselves by the strength of the combination of the

acidities in their body, increase the strength of the soul and are able to do acts which are more than the capacity of their body by the increased strength of the soul. They get the intelligence of the soul to work by themselves. Having contact with the actions of the body they are able to make their soul to stand aloof and act in the waves of persons who have control with the body and also the waves of powerful Siddhas. By the attractive powers of the soul they can send the waves of their soul into any action in any state and know about the state of growth of the atoms. Without forgetting the thoughts of their body, not having any change in the pulsation or any other state, they will be able to form or put into action any of the acts of intelligences of their soul.

11-4-81

By taking the essence of the life with attraction of the earth, making it the intelligence of the soul of the body, shining during the course of its growth, we will be able to get the pleasure of the growth. In the life with the attraction of this earth, it is only when we become the seeds for the growth of gnana we will be able to get the intelligence of our soul. By the intelligence of the soul, by discharging the light of the powers got by the soul, the soul can get the ability to act by itself as the power of intelligence of the soul by the grip of its attraction. By the ways of action of the waves of the soul, by the way we put them into action the power of the essence will increase.

During the time of kings, in the course of attraction of the thoughts of human beings some of the acts of those who got the intelligence of their soul were to save the kings got into the grip of the attraction of the whirl of their families. They have not used the strength of their power combining them with the waves of the Sun to grow the growth of atoms in the chain of the high waves of an atom inside the atom. The growth of the gnana of intelligence of their soul stopped with acting in the actions of the live body. Their state remains in the whirl of the growth of the gnana of the feelings of their soul.

The soul of life should not allow the gnana of its intelligence to whirl in the grip of the attraction of the world. It should act

as an atom inside an atom in the 48 Nos. of planets in the chain of this sun and also in the 12 Nos. of planets which grow in combination with them. It should do acts of intelligence of the soul not only in these 48 Nos. of planets of this chain of planets, but also in the soul several other chains of planets that whirl like our chain of planets and make the life of the soul and the acts of intelligence of the soul to grow in the circle of attraction that acts upwards.

The ways of action of the intelligence got by the soul in the ways of growth of its intelligence should not be confined to the grip of any particular attraction. The way to get the intelligence of the soul should be by taking the essence of the grip of life on this earth.

In the states that occur one after another during the course of our life, we should not separate them as good and bad and send the thoughts of our attraction for fame or defame. We should use them as a fence for protection as we use thorns when we know that a state is bad. We should not be caught in that state and knowing its strength we should utilise them as a fence to protect us.

We should not allow the acts of our thoughts to whirl in the same state only. The gnana of the person should make every act that is done as a good one by getting the waves of his soul and should not go on lamenting for pleasure, rubbing the acidity of the body and growing the same. The feelings of the thoughts should be grown as an acidity that will grow deliciousness with a tasty essence by taking the essence from the life of attraction of this earth and grow the intelligence of the soul.

12-4-81

With the increase in the growth of the body of the human soul, if the growth of gnana had also grown till this day, from this human growth, they could have grown as divine souls as per the acts of intelligence of the souls of the gnanies of those days by the growth of attraction of the thoughts which serve as a good manure for the acts of their power and grown as human beings with capacity to act in a high state. But what we find today is artificial human beings who are associated with the ways of bakthi, religious

instruction, scientific acts and recreation in their ways of life. On account of this, not knowing the true state of the life of the soul, when the state of the entire world has changed, the circle of attraction of their thoughts is caught in the grip of avarice. The science of man has separated the essence from this earth which has the character to grow, for use in artificial ways of his acts. He has separated the power of the delicate rays of the Sun from some planets and sent them to some parts of this earth to destroy living beings, create artificial earthquake for political purposes and scientific probes.

The scientific acts of man today are aiming at sending rockets to other planets and by the chain of action of the waves that they acquire from other planets alter the ways of actions in this earth. As a continuation of this, the thoughts of the feelings of human beings are in shattered circles of characters.

If the strength of the soul is increased by the gnana of the self while being in this circle, the power of the soul will not be caught in the grip of any attraction and by the strength of the soul got by having contact with the chain of attraction of gnana, the soul will not be caught in the grip of action in this state of the earth, have contact with the waves of the Rishies who have got high powers. Then the soul will be in a position to see into the waves of the chain of not only this sun but also in the chain of the other Suns and see the ways of life of human beings who have advanced more than us in the ways of gnana. We will be able to see the collective growth of all the chains that are in the moulding of Adi Sakthi, the changes that they undergo and the strength of the growth of power in them.

The power of not having another birth is the power that grows the gnana of the power of intelligence of the soul. The power of growth of the growth of the thoughts of character should be to grow the power of thinking of the thoughts which are struck by crores of thoughts that have had changes in their combinations, to a divine form with godly powers by the high state of their gnana at the end of its growth.

In this Kali Yuga when man does not know the truth of himself, pledges himself and the interest has accumulated to such

an extent that it cannot be revived, become a soul that knows the truth of the high state of the human body.

13-4-81

What is cooked by the thoughts is the strength of the soul. It is by the growth of the hot waves that come as vapour from the attraction of the thoughts of living beings that the state of cooking is got. By the state of sleep which is in running state under restraint the body becomes calm. Though after it wakes up the action of running of thoughts and the rate of sleep varies for every living being, they cannot remain without sleep.

In the act of growing the growth of the soul with body, those souls who are powerful in the running of their thoughts require the state of sleep also. The meditation that we do by controlling the five senses has not got the capacity to grow the cage that grows gnana, gets into a state of sleep which takes the stat of 'Samadi' in which all the senses are subdued. By doing so the soul cannot increase the strength of gnana of feelings of thoughts of the body.

During sleep, it is only the parts of the body that do the acts of cooking, that get rest. It is by the fire, acts connected with light sound, feeling, thought and breath of the waves of breath which attracts sound, sees light and takes the thoughts of the feelings that the actions of the body are carried out and the strength of the souls increases. This can increase only when there is the chain of breath of the thoughts.

The feelings of the thoughts should be in doing pleasant acts, to grow pleasant things, and lead a pleasant family life, by manuring with pleasant wards so that the soul can grow in a pleasant way to get its strength. The feelings of the thoughts should not be caught in the grip of the attraction that will accept any of the strikings from outside. The soul should be grown in the chain of ways with pleasant characters by pleasant gnana having contact with high gnana. The truths that are learnt in the chain of high gnana should not be put into action in the grip of the attraction of agitation and anxiety but should be used to grow pleasant true states of the Almighty.

It is from the state of the growth of the ways of acting of the acts of intelligence of the soul, by the state of the growth of the strength of the soul got by the waves of good characters of the acts of the body, will grow the ability of the waves of strength without like or dislike, without being caught in the grip of any other wave proceeding in the path of high path we will be able to grow the chain of the path which does not decay at any time.

Out of the persons who have grown the intelligence of their soul, those who are able to put into action the intelligence of their soul, since they do not know the ways to make use of them, by the push of the feelings for the benefit of their community, have spoiled the ways of acting by the intelligence of their soul.

By this the acts in the whirl of gnana known by Hindus several thousand centuries ago in the ways of action of the intelligence of their soul to grow the real strength of the soul by the hold of the attraction of selfishness when there is like and dislike the acts of gnana have gone in the grip of meditation, bakthi and idol worship. Besides this by repeating manthras and religious verses and names, being not able to understand them, every soul was not able to realise the true strength of the soul, the affinity of their life was only in the grip of the waves of the body.

The human body which is the result of the growth of gnana is a rare treasure to obtain. Without thinking of the real state of the body, not knowing that it is the temple where we stay and the house that grows the Almighty of the soul, think that the body is the self and enjoy the pleasures of the body.

The temple that grows the real pleasure has been kept by us as an artificial machine which eats and excretes. In the thoughts of the feelings of the body, in the circle of attraction of the earth with good and bad characters, just as we see good in bad things, in the chain of thoughts that strike the feelings, the feelings that we take should be only for the accumulation in the path of good ways. This will be cooked by the attraction of the body and used as seeds in the initial stages for the actions of the powers of the soul.

Will the soul separate from life? The life of the soul will not separate leaving the physical body dead. The waves of the soul along with the power of action of the live body can be seen as we see our image in a mirror. This figure of the soul can be seen, and the waves can be made to penetrate into any action and the state of anything can be known. Though this has already been told in my previous lessons, it is only at the time when the souls that have got the true power to put into action the intelligence of the soul act, that they will be able act into the chain of the high path which leads to the state of Rishies.

24-4-81

We get our body only after becoming a soul. The strength of the soul can be increased from what the body cooks. In the ways of life which is in the hold of the actions of the thoughts of the body, if the state of our thoughts go in the same waves, the soul will go on getting the strength of the same acidity. To get out from the grip of the waves of attraction of the body in its continuation by the ways of meditation on the high gnana, the feelings of the thoughts, the strength of magnetism of the waves of the Sun taken by facing upwards, adds strength to the bones in the limbs of the body. By the acidity of this strength the strength of the soul gets high power and the feelings of the thoughts of the actions of the body are acquired by the soul and it gets the power to go alone to any place. By the action of the body and in continuation of the waves of attraction of magnetism the soul can be sent to any place including the Milky-way and know anything in continuation of the attraction of the body.

By the strength of the bones in the cage of this body, making it act with the strength of the waves of attraction of magnetism and electricity, by relieving the soul from the hold of the grip of this attraction and sending it alone we can feel having contact with our body.

Our soul is around this body. The actions of the body start from the striking of the waves of the soul. By the actions of the body, by the strength of the soul, by the acts of intelligence of the soul that we get, we will be able to get all the powers of intelligence

of the soul. Man will be able to know the highness of his character if the acts of attraction of the thoughts are by his high gnana. Just as a magnet attracts an iron. Our body acts as per the power of the soul acquired since several years. Now for the sake of artificial ways of living of today, the ways of high meditation which can give a high state that makes known the chain of the path of gnana has been merged with the acts of our life. During the change that is going to take place in the whirl of attraction and running of the planets, the feelings of the thoughts of man when planets join and form new state, will be in a mad state and the race of human beings will be extinct.

Be saved from these by increasing the power of your gnana and raising the strength of your soul.

27-4-81

The main ore in our earth is iron-ore. Till this day living beings and vegetation that have been growing in this earth are in the chain of the growth of iron-ore. Since iron has a higher density than other metals, the earth also has got a corresponding density. All the growths in the growth of this earth, has got its growth as per the density of the iron-ore in it, which has got the growth of the power of water and has got the attraction of the soul in it.

At the time when the planets mix with one another, some states will be created which will affect this earth. We can escape from that chain if we get released from the grip of attraction of this earth by getting into the practice of taking our breath from the Sun facing upwards and take the delicate magnetic waves from the circle of the waves of the Sun. Then we will get into the bones of our body atoms, having the characters to grow the growth of the waves in that chain. By doing so, even if the state of this earth is affected, we will be taking our breath from the chain of the waves that come from the Sun and by its growth, even if our body lives in this earth, the strength of our soul will become one that belongs to the family of the Sun, by the breath of our thoughts.

What I am telling you in my lessons and direct instructions may appear to you as ordinary and playful ones. But the happen-

ings that are going to take place in the coming future are running in the ways for destruction by breaking and bursting into pieces the minds of human beings that can grow gnana.

Unless man realises himself and makes the strength of his soul, has connection with the waves of magnetism of the Sun which has high gnana in it, he will kill himself in the state in which he is having an ordinary life with the attraction of this earth.

We get our body only after becoming a soul. The soul gets its strength from the body. To know the truth of the soul, to see the soul, to talk with the soul and to get into a state in which we will be able to know everything, increase the strength of the breath of the thought of the body you should follow the ways of meditation that has been told to you all these days.

The reason for the moon not shining brightly is, for its attraction it has got less iron-ore, which has a high density, than what the earth has got and the wind with mud and water blows in the air space around the moon. In the same way every planet has got attraction different from others.

Even among the planets that are in the chain of this sun, each has got a different state. In the way each planet is having contact with other planets, there are many changes. Like this do not think that all the human beings who have grown by becoming light from sound, from the state of life-atom as per the mixture of the acidity in them and grown in human embryos with the power of growth of gnana in them, will have the same gnana or intelligence of the soul in them. By the strength of attraction of the breath taken facing upwards, increase the strength of your soul as per the state of the mixture of acidity in you and see your soul.

1-5-81

The soul of life, in the state in which it grows, as a growth of its mixture of acidity that rubs by its sound gets strength in the chain of several waves. The soul of life has connection with the attraction of the chain of the twelve kinds of acidic characters in us as per the attraction, from time to time, of the breath of the thoughts that are in our body. The life of the soul enters into the

lungs as per the state of the characters of our feelings, by the breath that we take, taking with it the atoms that grow the characters of any other soul along with our breath, thereby the state of pulsation of the other soul also enters into our lungs. These atoms of the other soul that enter into the blood vessels of our body, grow atoms that have desires of the other soul in our body. Sometimes when we go with feelings of attraction for getting our state, the second soul that has come to live in this body by the power of thoughts of the atoms that it is growing, gets us into the grip of its attraction. They become embryos that grow in our body and are born as children.

The life of the soul which had connection in its previous births will have connection now also in its attraction of good characters and come to birth. It is this life of the soul that enters into the blood vessels when male and female join together with the thoughts of growing the minute waves of magnetic attraction with the seeds of growth of the males which have the acts of growing white acidity, during the time when there is hot waves that have the verile feelings, that attract the magnetic and electric waves, if it is male or female in our body, at the time when life-atom with hot verile characters, the life-atom of the mer, the acidity of the male that lives in the blood vessels come to the attraction of the embryos and become factus by the breath that the mother takes, the soul of life of the embryo gets solidified by the life-atom that is grown in the hot waves of the acidity that is grown by the life of the soul, rubs again and again, gets strength and these atoms, during the growth of the embryos, the excreta of those atoms again become atoms and grow the growth of the growing embryo.

It is in the womb of the mother that the soul grows. By the growth of the hot waves of attraction of the soul, the embryo grows, its bones get strength and after the growth of attraction of the soul, the embryo grows, its bones get strength and after the growth of attraction of the bones the life-atom comes to its birth.

After the body is formed as a strong one which can grow the attraction of magnetism in it, after the soul that acted in the body and grew it, has gained sufficient strength, after the growth of the umbilical cord which connects the bodies of the mother and the factus, as soon as the baby gets the ability to get its power with-

out the help of the mother, its rate of pulsation increases and it gets the state in which it can actuate its soul independently, the force of its push increases and the baby that will be able to grow as per its desires, after separating from the umbilical cord, is born.

During the time of its growth as a factus, it will have only the state of pulsation and it will not pass urine or excreta. It will not have the actions of taking breath or food. But it gets all the waves of feelings of the thoughts of the mother by the breath that the mother takes and gets the chain of the attraction of sound.

In the growth of the embryo the atom that grows the blood that has connection between the embryo and the mother, gets into the womb as an egg of an atom by the growth of its rubbing action. The embryo of the life-atom that forms the embryo does not form by eating and excreting.

The soul with life takes power for its growth in the form of growth of hot waves from its connection with the blood of its mother and her forms. Only after its birth, it takes breath by itself, takes its food and gets the attraction of sound in its ears, gets eye sight and spread light waves.

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When the embryo of human beings is formed in the womb, colour, shape formation and growth of limbs, will be according to the coatings that the life of the soul has taken by the flow of heat of the blood of its mother and grows the type of seed that will have the same type of growth of soul with life.

3-5-81

We live in the chain of our life in the form of this body which has grown by the growth of the atoms that we take in our breath in the life of this body as per the state that are created by the feelings of each and every striking that we have with the combinations of the acidities, its smell and sound. In our state, we are able to attract all those that strike on our thoughts by the ability of our attraction and by the power of our speech. The growth of atom increase as per the attraction of our breath. We should not allow our life to take its own course: we should not absorb the feelings of the thoughts created by every striking as per its state in our

attraction. When we have to take some hot stuff whose temperature our body will not accept, we cool it down to such a temperature that our body will accept and then take it. In the same way, when it is a thought that strikes in our mind or any words that come in haste from other persons or any sorrowful acts that take place in our family life or any act that makes us happy, with the acts of our thoughts and changes that take place from time to time, think over calmly the ways of the thoughts of gnana, similar to cooling the hot stuff before we consume it

When red chilly powder or irritating juice of any vegetable falls on our body, our feelings know about it. In the same way while the characters of all the acidities in that wave are mixed in the air, if we take any of the waves of breath that contacts the thoughts of weariness, calmness or anger in the breath that we take, atoms in that chain will grow in our body and the soul which is the strength of the body gets the strength of the coating got by the growth of such atoms in the body and the soul is put in a state that it cannot come out of the grip during our life time.

If the soul gets the strength of the growth of the waves by which our soul will increase its strength by its uniform character, by the feelings of this character, by the waves of the light of gnana, through the breath that we take, all the waves of power will be those that are formed by the soul.

The states that are created by the acts of those who follow several religions, godly power, boon not to have any further birth, the state of mukthi, state of 'nirvana' are those that each one of them have felt in the chain of their state are the states in which they get a uniform calm character to know the intelligence of the soul by their high gnana.

What is the meaning of the state of 'nirvana'?

6-5-81

In the action of the form of the body which has the thoughts of its feelings in the chain of the ways of spiritualism by the thoughts of the feelings that act towards gnana in the form of the body which is made of the combinations of twelve kinds of acidic characters,

the state of the character of the body depends upon the proportions in the mixture of the acidities, its quality to grow gnana, as per the growth of the grip of attraction of the body, as per the way in which the thoughts of the characters which work in each and every person as per its accumulation of the growth of acidity, depends the way in which the state of the man acts. According to the above goes the acts that are done in the grip of the waves of the feelings of its thoughts. The feelings of the thoughts by the strength of the state of the growth of spiritual state he has to grow with the push of the feelings with many characters in his life. The thoughts that actuate the form of the body should be grown in the acts that will grow the atoms that grow the waves of the chain of good characters in a uniform way. The state of combinations of the acidities as per the states of the characters, the state of the mixture of the acidity of the body, having contact with good characters as per the way in which the proportions of the white acidity which has calm characters, by the acts of attraction of the magnetic and electric waves that are in contact with it, the body should become a machine that will grow the growth of the spiritual state of the body. With the power of the Sun, having contact with the waves of magnetism and electricity, with the help of the water power of life, by sending the waves of electricity in the attraction of the metals, its virile power is taken. In the same ways of action, with the power of water that is in the form of the human body, by the growth of the parts of the body got by the feelings of uniform characters, by having connection with the chain of the waves of magnetism and electricity, the feelings of the thoughts of the body are made to mix with everything. The feeling of the thought is not allowed to strike with the grip of any of the attractions. If the acts of the thoughts of the state of the soul is made to mix with one and all then the soul is made to remain as the power of nirvana.

The waves of electricity form only by having contact with white acidity. Every state of growth forms as per the state of combination of colours. If the inner meaning of what Valmeeki had given in his epic Ramayana about the colours in rainbow were not altered and understood by us, in the state in which we are at present, we would have known about the high powers of the chain of the atoms of high growth having contact with the colours.

The power of white acidity forms, in the bones of the parts of our body, the atoms that grow the chain of that growth and give strength for the soul. The form of acidity that grows the growth of the life-atom that grows the power of acidity comes from the chain of the waves of the Sun to the attraction of the whirl of this earth is due to the power of this whiteness.

Saraswathi, the goddess of learning is shown in a white lotus flower. This is to show the calmness of the power of the waves of white colour. For the state of attraction of gnana, Saraswathi with white clothes is shown by the Siddhas in the subtle circle with the characters of a mother having contact with that power.

The acts of the Formation of many species take place as per the combinations of colours. The acts of the feelings having contact with it is the state of changes that take place with the quality of the white colour, which is superior among the colours and castings of this planet, the shade of black colour is joining in this Kali Yuga. The gnana of human beings should not have any of the above feelings but should get the gnana of the soul as its growth and get merged with the Divine Light.

7-5-81

Being in the ways of life in which we are doing Karmas, that is actions, to get the power of attraction that will lead to 'nirvana', which is a subtle state of gnana of the soul, it is possible only when we are in this body with the life of the soul which can get power for the soul.

If a vessel that is made of any metal is kept without water on an oven and heated, as the heat increases, it loses its shape and has a change in its state. But if the same vessel is used for cooking with the power of water, it can be used for any length of time so long as it does not form a hole in it by its wear and tear.

Like this, our body cooks having connection with the power of life and acts by taking in its thoughts what is cooked by its feelings on the power of life and the soul grows.

The acts of our life depend upon the requirements to lead the life of Karma or actions. If we are caught in the grip of the attraction of avarice and always think about our acts, our feelings will be in the grip of the acts and the breath of our thoughts will be caught in the thoughts about our acts and we forget that our life is to grow, the growth of the soul that grows in us. This is what is meant when we say we get into the grip of the feelings of life and get into the circle of attraction of this earth. To get released from this our way should be to release the gnana of our thoughts from the attraction of this body and go to the attraction of gnana that can raise us high.

We are living in the grip of the attraction of the earth, have grown in its attraction and are in the grip of its attraction during its whirl and running. In this KaliYuga the waves of action that grow the waves of growth of gnana of human beings have decreased. By taking breath facing up, by incantation and meditation on the thoughts of elders who have contact with gnana, by the attraction that will grow gnana of human beings in all the waves, we should get released from the feelings of the grip of the life of Karma or action and being in despair thinking about bakthi the God. By the highness of gnana, high gnana will grow high thoughts, that will raise the feelings of high gnana and make us realise the divine nature in us. An aeroplane by upward push, created by suitable machines, is made to fly in the air by scientists. Like this by the thoughts of the feelings, by his own gnana, by the attraction of taking breath facing upwards, the form of the body can be made to fly in the air. The body can be separated and rejoined with the soul at our will. All the atoms in the body can be made souls with life. Those who have got high powers in their souls will be able to act in the waves of several crores of bodies. This act of intelligence of the soul is third in order of the eight sithis called "Astama Sithis".

As soon as we say Muruga will he come and act? is a different story. When we say that several crores of people who think of Bhogar in their thoughts get his grace by his power, the grace of the waves is also a blessing.

It is said that Amaravathi and Abiramavalli have got thousand eyes and will save the entire world. This is a continuation of the

chain of sithis. By the power of life of this body the atoms in the breath of those who have got gnana of their soul, by the power of the sithis that has got life from the bakthi of several crores of people at a time, by the soul of the body which is undestructible gets the power of not thousand eyes, but have the entire world as their eye, with the thoughts of feelings by the growth of the waves of breath get released from the life of Karmas. With the attraction of high gnana is we get into the ways of the sithis, instead of worshipping with respect the grace of the powers of god whom we worship, we will be able to get those powers in us by the attraction of the chain of gnana by taking breath facing upwards.

8-5-81

The constructive power of the state of a Rishi who has got the growth of the state of intelligence of the soul in him does not act for name or fame. For the act by which the seeds of gnana for the growth of the chain of the waves that grow the chain of growth of the human race, the ways in which the state of the Sabdha Rishies act to grow these seeds in the planets that act for the grows of gnana of human beings is the growth of the state that grows the state of Rishies.

Human beings who have risen in gnana above those who are in this earth and have human characters and higher virile human powers than what we have got exist in planets which are not in the planetary chain of this Sun which has got 60 (48 + 12) planets in it. Like this there are human beings, who have had growth of their gnana, in 2000 planets, one in each chain of planets.

It is only human beings of our earth who have got artificial gnana by science. The human race in other planets have risen to higher states in gnana, have the state of flying with the growth of their bodies. In our earth man has used his gnana in machines with whose help he flies.

Life-atom appears and in the state of the growth in which it is growing it strikes again and again and grows. It then grows as mineral, vegetation and after ripening in its state by the thoughts of its feelings become human embryos which gets limbs to act

and after getting the ability to speak it gets a state in which it cannot proceed further to go to the next state. From the time of Krishna vathara in this earth, by a life of avarice and recreation by growth of forms by his thoughts, the growth of the thoughts of the actions of the body have been blocked. Man has changed from the ways of acting by his own gnana. By the growth of the ways of getting instructions from others he has become a slave in the characters of his education and the ways of guru-disciple have been hidden by the ways in which man in his thoughts that he is superior to others follows the chain of the ways to have others under his control and rule over them. The growth of the seed of gnana which has grown in this earth and the chain of waves in its continuation have been hidden in subtle deceitful ways. The truths that have come out in subtle state from some of the manuscripts have been shown in the form of epic stories and in their continuation by the clever acts of scientific investigations, by the ways in which the gnana of today grows in the whirl of this earth, the growth of the forms of human beings and the growth of gnana have been blocked. By sending some chain of waves with the waves of the Sun by science, man has separated some powers from the rays of the Sun for use in his scientific acts. This has stopped the growth of the power of the white atoms, that are in the light waves of the electric waves which are capable of growing the gnana of human beings. As a result of this the growth of the growth of form and gnana for this earth has been blocked.

By the virile characters of the thoughts, while being in the grip of this earth, contact with the waves of the Sun, the feelings of the body with the attraction of the several characters of the thoughts, having the characters to grow good atoms by attracting the power from the waves of the Sun into our body, by the gnana of the thoughts and by the ways of direct absorption, we should get strength for our soul. Whatever change the earth might have our soul should not be caught in any attraction and with the strength of the quality of a Rishi, which grows, the growth of the growth, we can preserve the seeds of human beings from decay.

9-5-81

We, who have got the solid form of our body, by having contact with the Devas, who have got the power of God, by growing

upwards, by not allowing the chain of growth of waves of our growth to be caught in the attraction of any waves can realise all the powers. We should make contact of our gnana with the chain of the waves of gnana of the Sabdha Rishies, who do the acts of Sakthi. with the thoughts of our feelings. Then we will be relieved from the grip of the bundle of atoms our physical body – and go to the attraction of gnana.

All the desires of the thoughts felt in the feelings of this body, in the case of persons who lead an ordinary life, are caught in the grip of attraction of the earth. The waves of the feelings given out by such a person get registered on this earth and he takes the chain of the waves of the earth in him. Since he does not equalise the grip of the feelings as per the desires of his thoughts, by the force of the push of his feelings every soul of life gets into it several souls without life and they live in the same form of the body. They do not allow the growth of the atoms of gnana to grow as per the desires of the thoughts of his feelings. Several souls without body which have come through the breath to live in this form of the body, grow their atoms as per the thoughts of the feelings and make a change in the actions of the body. By the growth of the atoms of the soul without body that has come to live in this body, some troubles are created in the growth of the form of the body which give room, for in appearance of boils, ulcers, some skin diseases which make the blood as pus and create a state in which the atoms that grow the pus are grown in the body. Whatever atom we have grown, its wave appears as desires of the body, the same rubs on the soul and its coating mixes with the soul. The same waves of attraction created by the desires of the soul strike on the body and the power to get essence for the body, the feelings of the thoughts should be sent towards gnana by taking breath facing upwards. By this way if we increase the strength of our soul by the physical forms of the body, man can live as a Sabdha Rishi by getting all the powers of intelligence of the soul (Sithis).

As the acts of the thoughts of the feelings, the feelings that we take, attraction of intoxicants, madness of the desires of lust, the form of the body will be made into a decaying bundle and the soul will be made to act in this attraction. The soul which has got its

coating from several crores of chains of forms of body with the chain of their life should be made to act as a high divine power by the thoughts of the powers of man. After getting the powers of man which can do anything by the force of its feelings, the acts of the soul of human beings go in the acts to lose himself by the push of the desires of its feelings.

Elephants are bigger in shape, stronger in powers and clever than man. The power of attraction of their breath is also more than that of man. Since it does not have the ability to speak and does not have limbs to act like human beings, though it has got the character to know all the states, it is not able to go to a state in which it can grow the growth of the state that grows gnana. There are several other animals in that state.

Ants, mosquitos and bed bugs have a very small form of body when compared to what a man has got. But he is not able to bear their bite, and being afraid of them makes several arrangements in advance to prevent them from biting him. Man lives only for the desires of the attraction of the thought of the physical body every moment. He does not realise that the gnana of man can get the feelings of the gnana of the soul and it is possible only for man to form the divine power. By the power that Bogar got with his body in those days he got a state in which he can fly throughout this world. The chain of the high waves that he got in his soul, he has recorded throughout this world the high powers of the chain of waves and by the gnana of those waves several temples have been built. While in the physical body, the bakthi of the gnana of thoughts of human beings, Bogar, Kolamaha rishi, Konganavar, Agasthiar, Aiyappa, Adi Sankara and some other Rishis are having contact with their bodies till today after recording the chain of the path in the chain of their waves in this world. By the feelings of our thoughts, by our meditation we can rise to the state of those who have risen high.

13-5-81

Man lives with despair in his thoughts thinking that the pleasure that he gets in the thoughts of the feelings of the form of his physical body is the only highest state that a man can get. He

thinks in his chain of life the pleasure in the thoughts of his feelings that he gets by the money that he earns to lead a calm life enjoying the state of his feelings, the state of the smell that he smells, the pleasure he gets in his state of sleep, pleasures of the desires of lust of the body and the pleasure that he gets, in art, the state of humour, growing his children, love, affection, kindness are the only pleasures that a man can get. He gets depressed when he gets any resistance during the course of his life such as disease of the body, resistance created by the state of others in his family life, any resistance that he gets to lead the life that he considers as a life with pleasure, since he has already created a feeling in him that the pleasures in the life of a human being lies only in the pleasures that lie in the thoughts of the feelings of the physical body. This is in the way in which life of human beings run today.

It is only the feelings of the thoughts of human beings that feel that the chain of the states of spiritualism should be taken up only at the end of a wearied life of the person. With the gnana of the soul it is possible to form many high feelings of gnana which are more superior to the growth of science in industries and medicine.

It is only with the acts of the atoms that those who have advanced in science use these for delicate medical treatment and industrial use to have contact with other planets. To know about the state of the earth every country, without the knowledge of other countries, plants some combination of these atoms in the middle of the equator, by which they can direct some of the constructive powers that are under the earth to their country and make them grow there. To prevent the growth of some other country which has grown higher in science than them, direct waves of water gas and Razar powers under the earth that create earthquakes and some other acts there.

Though medical science, by his gnana, acts in several ways to save the life of man, in the swiftness of his acts, he does not know which type of life of pleasure is the real up lift of the human race and lives today without knowing the characters of the life of the soul

Is there pleasure in the feelings of the soul that has gone out of the body? Man thinks that the pleasures are only those that are enjoyed while living in a body with power of life. In the state

in which man is at present, he has not understood the real state of the state of high pleasure that is felt by the gnana of the soul.

The true state of the high state has been told by our elders as an exalted state of pleasure, which is a higher state than the pleasure that is felt in the state of the body. The truth of the state of this pleasure can be felt in the state of the act intelligence of the soul. If we can get the state of power that can feel the state of the acts of the high state of pleasure that the soul gets by having contacts with the powers of intelligence of the soul, then we will be able to get several crores of states which will give more pleasure than the pleasure that a soul that is in a live body gets in its feelings, the taste of the food, pleasure of sweet smell, pleasantness of music, beauty of nature and the speech of young children.

Just as there are several states in exchange of thoughts and mixed discussions in the state of living, there are also many chains of states in the way in which the intelligence of the soul has grown and got strength in the chain of gnana of the soul. In the way in which joint life and the state of mixed discussions of thoughts exist in our chain of life, the gnanies of intelligence of the gnana of their soul have relations among their souls and enjoy the pleasures of both the states.

In the state that is got by the relationship of their souls, among those who have got high gnana, without having the grip of the fence of caste, religion, kith and kin in them, while they are getting the pleasures of both the states, there is one state which grows the state that leads to the high state.

14-5-81

What do we find today among the people who follow the ways of bakthi? They have raised compound walls, built temples with towers made images of deities with a mixture of five metals, installed than inside the temples, decorate these idols with dress and jewels, beat drums chant vedas, show lighted campour, appoint trustees to look after the property of the temples and to execute the daily routine of work. Those who want to get the grace of God by following the ways of bakthi come there in crowds. People whose financial state does not permit them to make both ends meet, come

there and spend large sums of money to get name and fame. Those who oppose the people who grow the ways of bakthi also come there with their anger and jealousy forgetting the high quality of the state of their growth and on seeing the well-to-do people of bakthi, the poor people with despair and weariness get feelings of jealousy. Besides these there are those who come there for pick-pocketing. Under these conditions that exist in temples at present those who go there get mixed with the feelings of the fear of theft of their jewels along with the feelings of bakthi in them. The feelings of those who sell articles for puja at twice the normal rate at the temples are also there. There are the feelings of fear that the deity might punish them for the thefts that they are doing. These are the states that exist in the temples of today. The acts of multitude of people have gone in a way in which they cannot be directed towards the feelings of human beings who can get the waves of the true powers of God. The acts of the Rishies who have got their power by the grip of attraction of the waves that do not grow the waves of gnana run in the thoughts that cannot mix in this Kali.

The feelings of jealousy, feelings of avarice have become strong and the present state is not in a position to grow a calm state that is similar to the state of Muruga. The vigour of the wave of thought that we send towards others even if it has contact with the divinity and comes into the circle of attraction of the chain of the path of gnana, even if the power of our gnana has grown as the God of Gods, the waves that we send towards others should not be with the thoughts of finding out mistakes but should be good with the waves of the feeling that they should be benefited by our waves of feelings. We should think that every soul is one that is growing from bottom to the state of God, send our waves to them take the power of their waves in us and grow. We cannot get the quality of getting strength to our soul by the deficiencies and merits of others.

If once we send our feelings into the grip of attraction of the thoughts of others, our soul would go in the path of the soul in whose grip we are caught by the breath that we take.

The strength of the soul is increasing by the acts of functioning of the body, having contact with the waves of the soul, by the breath that we are taking every moment. The change of characters in nature, every power that is formed, have growth and changes in the quality of the growth of the character that grows the growth of the quality of rubbing and are growing in the ways of the growth of all their characters during its whirl and running.

There is a vision in which is seen a raised hilly tract and on a rocky portion a big piece of rock standing over it. In another place is seen a beautiful tank and its water has a green colour like the colour of a parrot with fungus grown in it. In some places the colour is dark green with some plants grown in it. In another place an irrigation well is seen in which the level of water rises and falls, but the water is seen to be clear. What is the explanation of all these?

If a loose piece of rock stands on a rock having grip in the ground and growing, how does this state happen? Rocks that grow with the grip of attraction of the earth during the time of pralayas or deluge, when some of the planets join together during their run, when there is change in the acidity that the earth attracts, the minerals that grow in some places, by the growth of the acidity that grows by the hot waves that the earth emits, when the essence that the soil and rocks get for their growth have a change, the state of the growth that then used to get previously gets decreased. Under the above states some cracks are formed in the rocks that are growing. The piece of rock that has been separated by the crack does not get essence from the earth for its growth while the bottom rock gets essence from the earth for its growth and grows while the cracked piece stands on it.

The rock that grows having its grip in the earth grows a different growth. The state of the water that is seen with different colours is similar to the above. They happen as per the state of the hot vapour that changes every moment. This is the truth of nature that we learn. In the same way, in the growth of the soul that grows in the grip of the attraction of the earth, having changes again and again, in the whirl of nature, none is like another. In

the growth of gnana of man who lived several crores of years, ago, the power of gnana that the Sidhas who lived ten to twenty thousand years ago had, and the power of gnana of the soul of man in this Kaliyuga, there is a lot of difference. The attraction of our thoughts in this period of science should be sent as per the acts that was in vogue at the time that they had made them known and then only the powers of gnana can be got. We should not feel that we can get that power of gnana only by following the formalities that are being practised. In this kaliyuga the power of attraction of the quick intelligence of man being in the state of the whirl of this day, by sending the gnana for the growth in each of the actions in the course of the growth of their state in their life for the ways for adding strength for the power of the soul.

22-5-81

Man has separated from the attraction of the waves of the Sun the waves of magnetism and electricity in a fast way of his action in this century for artificial use in getting light. The way in which he has hastened to take power from those waves in this earth, the attraction of castings of living beings, the attraction of gnana of the people of this Kaliyuga got by the fast action by having contact with the waves of air, the actions are taking place very fast. What is meant by saying advance very fast is, the attraction of the waves of nature, the state of attraction of electricity in the atoms of magnetism which hastens the attraction of the atoms of magnetism which hastens the attraction of the breath of living beings have hastened by nature.

By the action of separating the waves of electricity and magnetism from the waves of the Sun for artificial use, the earth has increased this character in it. This is the reason for the fast advancement of scientific acts in this century.

If this fastness is made to act having contact with the soul for the powers of attraction of gnana, by the fast rate that we are advancing at present, the fastness of the power of electricity which is subject to the waves of scientific electricity, by the breath that we take with our thoughts in the state of attraction of gnana, the growth of this soul can be made to have a shining state in the chain

of high power and can be made to be in the state of a Rishi with the acts of intelligence of the soul.

Today several states have advanced fast by the acts of evil powers under the control of mesmerists who do not know how those things happen. They provide food to suit the taste of those evil spirits and the spirits do acts as required by him. By growing the true natural power of the soul by the ways of its good powers, by the strength of the soul it is possible to get the state of a Rishi.

In the way in which the earth acts, there is more darkness and less light. In the same way are the acts of the thoughts. In pitch darkness a little beam of light can send its rays. To hide little light, pitch darkness is necessary.

If we get the strength of the soul which makes the darkness of our thoughts to shine, the character that acts as per the state of the body can be made to act as acts of the soul that makes the body to work as the light of gnana that is got from darkness, the power of the soul that shines by the gnana of the thoughts, the dark weariness, tiredness, finding fault with others, anxiety to get fame, fear of death and such other dark states that are in the thoughts will be destroyed.

Evil characters like anger, deceit are different from the dark characters that do not allow the growth to take place by its thoughts. During the time of our growth by the gnana of the soul we should not get depressed by weariness, but by the anxiety of weariness we should send the state of anxiety to the path of gnana to be raised by our anxiety and we will be able to grow the growth of our soul in this anxiety.

By the depressed state got by anxiety while seeing the wealth of others, the life of man goes to destruction also. By the strength of the soul got by the gnana that directs the course of the characters, the state of darkness will be removed by the gnana of the soul that has got, the strength of the light of the soul. By the mere thought of it, severe hunger, depression of the body, any ailment in any part of the body, by sending the thoughts in the order of attraction of the acts of the body by the gnana of the soul and taking breath with whatever thoughts we have our breath the same feelings of

acidity get into the body and the acts of the body can be made to go in the path as per the state of thought with the power of the soul.

This body is an oven. The soul gets the state of the vapour of the feelings of acidity that the body cooks and the soul lives. This is the ordinary state of living. The gnanics who have got the strength of their soul by the breath of their thoughts, by the act of meditation over the attraction of good characters of gnana, instead of getting strength for their soul from what is cooked by the body will be able to make the body cook as per the acts of the soul.

Gnanics who have got strength of their soul will be able to alter the functions of their body, like hunger, sleep, excreting and live by the strength of their soul. The bones in the formation of the body with the power of magnetism and electricity in them, will be able to alter the normal state of the feelings of the body as per the state of action of their thoughts by the strength of their soul.

23-5-81

Getting strength for our soul is not done in a moment by the grace of God. In the way in which we send the feelings of the thoughts of the body in each and every act that we perform for the path of high gnana, in the thoughts that are sent in the ways of acting as per the state of acting, as per the state of the feelings, that the body will accept, the strength of the soul can be increased, by the state of feelings it is meant, when the thoughts strike on all the states, the calm and equalised state of the thought, which state the body will accept and can put into action.

By the strength of the character of gnana that the soul has got the ways of calming down the feelings of the thoughts, the soul will be put into action by the soul itself and guided in the path. Little drops of water joining together make a big stream. In the same way the strength of the soul increases by the way in which the thoughts are put into action in each and every act. After getting the strength of the soul we will get the resistance of the push of the states that are opposed to us during our life.

During heavy floods rubbish that is obstructing its path are washed away. In the same way during the course of the life of a

person who has increased the strength of his soul, the feelings of opposition if any that comes across will be washed away like the rubbish in heavy floods and they will not mix with the thoughts of the person.

After working for a long time, earning money we start building a house. After building the house on strong foundation it is not difficult to decorate the house. In the house that has been built, some petty repairs for peeling of the plastering in some places and accumulation of dust will have to be done. In the same way, when we are living with this body getting power for the soul by the strength of gnana and the state of acts of intelligence of the soul, some states are bound to happen like peeling of the plastering and they have to be repaired.

We should get into the proper way of getting things done by the acts, of the soul whatever may happen during our life in this body as one that will show us the way to grow our gnana.

26-5-81

It is by the breath that we take, from the grip of attraction of the chain of waves having contact with it the growth of the atoms with pulsation in that wave which will increase the strength that actuates the formation of the body in its chain of growing the thoughts and the push of the feelings grow.

Those who practice yogasanas, with their bodies do some acts of appreciation like stopping their breath for ten to fifteen days by growing the atoms that have strength of the feelings of the thoughts of the acidities of their bodies. In the same way by the actions of the body, by the practice of yogasanas and some other ways, acts of appreciation are done.

The persons who practice arts like dancing, singing, athletics etc. by the keenness of the feelings of their thoughts in the art that they practice, grow the atoms suitable for that art by the thoughts of their bodies, growing that acidity for the growth of atoms of magnetism and electricity in their bodies.

The body itself forms the way for the fast growth of the feelings of the push of its feelings by making the feelings of its thoughts

keen. Besides this chain of actions of the body in the ways of business and in every art, the atoms of the body grow the atoms of those waves in whose whirl he acts taking breath of the feelings of his thoughts during his life time. Besides this, acidities in the same state in vapour form also grow along with the growth of the chain of these waves continuously.

This is due to the feelings of the truth “birds of the same feather flock together”, in their waves. By the ways of sending the feelings of the thoughts of the body, when the acts during the routine life of a person are bound to this quality and grows by knowing the ways by which the power of the acts of human beings are made to follow the feelings by the gnana of the feelings of the thoughts, growing his own feelings of the thoughts having contact with the chain of attraction of high gnana we will be able to get into the path of the Rishies who know all the acts of the intelligence of the soul.

To get this state of a Rishi with feelings of the body to get the state in which all the acts of intelligence of the soul can be done by the growth of the ways of the feelings of the thoughts by the relationship of male and female during the life time, growth of the state of combining the thoughts of male and female is necessary. Every Siddha has got his power in a separate way. For the state of growth without becoming sterile the acidity of the mixture of the feelings of male and female is necessary. By acting with a separate power instead of getting the power of growth, the power of sterility only will grow like the state of stages.

The power of our earth is the acidity of male and female. In the way in which all the states have grown as a continuation of that power, for the chain of gnana also we have to get into the same path.

4-6-81

All the living beings grow their progeny by the contact of male and females. It is by a similar power of growth, by meditation of the male on the chain of high waves in its continuation which adds to the quality of its acidity the contact with the breath of the female makes it to get the power of life. It is only when the power got

has got the power of life in it, that the strength of the power of the soul can be obtained.

The strength of the soul cannot be got by the ways that are similar to those practised by weight lifters. For the state of meditation on the waves of breath taken by the thoughts of the acidity that adds to it, for the state that will grow the atoms that can get the waves of pulsation with life, it is only when there is the chain of the waves of breath of the female, the meditation of the male can get the state of the growth of high acidity, the state of cooking, the state of the growth of atoms, strength can be had in the state of vapour by the strength of the soul.

If we do meditation on this earth without the female sex for several crores of years without the breath of the female falling on us, we will be caught in the same circle of whirling with the same grip of attraction and will be able to act in a separate state of meditation and cannot get the state of whirling in the circle of the powers of Rishies which have the growth of the chain the power of growing.

Each and every thing is growing in the chain of the ways in which one strikes against another and whirls. Nothing can act alone by itself. In the way to get the state of a Rishi having divine powers, having control of the souls, the chain of the species can be had only by the union of the chain of the waves of the souls of males and females.

In this chain, some of the Siddhas who did not get the connection of the power of life of females in their family life, by the power of the state of acts of intelligence of their soul, to get the state of a Rishi, actuated their soul with the chain of waves of animals; the thought of the form of the live body was actuated with the waves of the feelings of animals and made their soul to act on some other body to get that power.

Several Siddhas by raising the feelings of their thoughts got several powers by their preachings to several souls with the gnana got by preaching with the characters of the female sex.

In the way in which the waves of life of females are necessary for raising the state of the male, for the power of the female without the acidity with the character of male cannot go into the chain of

the ways in which high gnana which acts in a way that will increase the power of the path of getting the power of life. In the state of multiplication of the power of life of the fast part of the acidity of the female sex, in places where the state of the breath of the female sex is with depression, the state of the insects, worms, whitecants and other insects that creep with the lower attraction of the earth, the state of the multiplication of the species will be very fast in their whirl.

This is the law of life by which the true high power of the female race is sent towards the chain of thoughts of the male race to go to the high path of gnana. Those who have got contact with the male sex in their relations are environments and have feelings of frenzy, weariness, withering, troubles in the chain of waves of the breath that they take about the quality of the female sex, the state of health of females and the atoms that grow in their breath, several crores of atoms with life are multiplying as per the feelings of the waves sent.

The female sex grow the waves of attraction of their breath as worms and insects. With the character of high gnana by which the acts of its thoughts are sent by gnana with the characters of male sex which can make the state of the earth to go to a high state, by the breath that is taken by the female can give the power of gnana to the powers of magnetism and electricity which gives to the waves of the grip of this earth the power of life for the atom by the feelings of gnana.

It is by the way in which the striking of the feelings of the male sex is accepted by the attraction of the words of females, the soul gets the growth of the vapour of characters of the power of life of the male. But the female sex do not get power from the attraction of the words of male sex as per the above way. The female sex get power by itself from the male sex as per the feelings of the words and thoughts that it sends towards the male sex in the same same way way iron joins with a magnet.

This every person can know by the ways of the states in their life. In the chain of gnana that is taken by incantation, know the way in which the chain of the feelings are mixed with one another in a subtle state and act.

We have not realised the true principles of our inside, outside and subtleness. Our inner actions are as per the thoughts of our inner feelings. The state of outside also acts in the same chain of feelings as inner functions. It is in this whirl of run that our life goes on and several principles that have been shown in a subtle way have been hidden in the state of our life today.

From the time the gnana of man got a suitable state to form a joint family, life Siddhas have shown several healthy states in the ways of living.

When we serve hot food on plantain leaf, the heat of the food acts on the leaf and some vapour is generated which has the acidic character of mercury, mixes with the taste of the food, helps in digesting the food and serves as a guide for the healthy state of the body. This was known to Siddhas and they have shown as this way and several other states that are useful in our life.

There are several other states in our life today that have been hidden by their subtleness. In the run of the world with its whirl, in the power of the almighty Adi Sakthi, with the two small eyes, we as human beings are able to see the vast powers as far as our eyes can see. Why can't we see with our subtle gnana, as the scientists send chains of pictures by making them mix with the air and receive them at places several miles away by the striking of the chain of magnetic and electric waves on the mixture of acidities. Man who has got all powers, puts them into action and sees, with his gnana by meditating on the soul in which we send the push of the thoughts and beat, the waves of the state in that chain strike on the bone and nerve of attention at the bottom of the fore-head between the eye-brows and takes his breath, he will be able to see and hear what he thinks in the state of his meditation as he sees in a T.V., by the gnana of his soul which has reached that stage.

Every soul can get the power to know about the past, present and future by its gnana. The actions of the past are mixed in the waves of the air (Akasic Record). By sending the thoughts of the feelings backwards in the chain of its waves, it is possible to know everything from the time the life-atom appeared.

The present can also be known by the striking of the thoughts sent by us. This state is called "the sight of gnana," by the Siddhas. How will it be possible to know the future? this is the question of today. In the ways of bakthi the belief is that birth and death are the acts of God at the mercy of the God of time (Kala deva). The scientist, with the help of instruments knows about the state of the mixture of acidities and the changes in climates that is going to come and details about the combining of planets. This can be known by a person who has increased his power of gnana got by increasing the strength of gnana of the soul.

Make the time of this soul a golden temple which can know all the three periods, namely, past, present and future as a golden time. Grow your soul in a concentrated way so that no feelings of attraction strikes on it. When we pour acid in a mixture of metals containing lead, copper, brass and gold, all other metals except gold get dissolved in the acid while gold remains intact. In a similar way if we grow the strength of the soul like gold, we will be able to know about any of the three periods at any time as we like, with the gnana of the soul. This power can be got, through this "Sathiyathin Sakthi Nilai" by following the instructions given in this book, by the gnana of the soul by those who meditate in the attraction of my circle. This should be done by both males and females together. Tell others also about the superiority of these instructions so that they may also follow this, get the benefits of being born as human beings which is the highest of the creations.

9-6-81

No force acts separately by itself. By the growth of the attraction of the powers of magnetism and electricity that grows the bones, as per the state of the growth of the atoms of the form of the body, the soul can be made into a high power that shines. By the chain of the strength of the bone that grows the growth of the power of magnetism and electricity of the bones, the soul gets its shining power which can be made to penetrate into anything as a mould of high quality, the power of the soul can be made to shine.

The quality of every atom of our body is that of excreta. The flesh is the growth of the atoms that grow the atoms in the excreta

and that is the strength of the bones. The body is like excreta. The shining power of the soul, by the high qualities of gnana taken by this thought, every atom that grows the body, even though it might have been trained in the chain of any character, by having contact with good characters of gnana taken by the thoughts, by the cooking of the growth of the atoms that grow in the body, the quality of the feelings of the strong waves of magnetism and electricity, as per the state of the growth by which the quality of the bones gets strong, the strength of the soul increases.

By believing oneself, by the high power of the characters got by meditation, allowing the several crores and crores of life-atoms that grow in this body to grow as atoms of a high state, making the strength of that which rises the strength of the quality of the bones increase the power of our soul, one can see his soul, talk with the soul, can get power through the soul and grow it as a high power of gnana.

For man, the strength of his soul is the next state the power of God. By the quality of the strength of the soul, by the quality of the light of the soul, the gnana of fore-sight, knowing where the state of having a change in the chain of the whirl of the world is happening, know about the changes that will happen by this change in the state and to alter them, is possible.

By the gnana of the circle of light which does not get caught in other waves of attraction, even though all the states of the "Astama sithis" (eight sidhis) that are in the quality of the power of acts of intelligence of the strength of the soul have been obtained, we should be serving the food for the strength of the soul in the chain in which we got the strength for our soul.

For the body, we eat food; we sleep as per the feelings. In the same way, for the growth of the soul, for the state of the chain of the growth of power, for the strength of the soul got by the food taken by the form of the soul in the way of the chain in which we got the high state of the soul, the state of the whirl of the chain of the waves of sound which comes out of the feelings of the thoughts coming from the bodies of the soul that have contact with that chain should remain always.

The power of the soul cannot be got by remaining aloof. The power of female for male, the power of male for female, the power of the waves of the chain combining male and female powers in instructions, with the feelings of thoughts of the souls that mix with us in our life and converse with us with the feelings of love, affection, gnana, heroism, calmness, by the attraction of these waves of those feelings, we will get food for our soul in the chain in which we get our gnana.

By the strength of our soul, we get by the feelings of our thoughts, when the waves of good characters that we have got by the feelings of our meditation come out, when a person with whatever cruel thoughts of anger in him may approach us, by the attraction of the waves of good thoughts that we send towards him, the angry state of that cruel person cannot approach the calm quality of ours.

In the state in which our soul has gained strength by the growth of our feelings that does not give room to any feelings of perturbedness, weariness, troubles, tiredness etc. if any person who is in the attraction of the whirl of those who are in anger, deceit, perturbedness and laziness in an opposed state cannot affect us.

At the same time by the strength that we have acquired, with what thought on which soul we send the light of our eye sight, the same state will happen there. Even if he is a cruel one with thoughts of anger, even if we have got high godly power of intelligence of the soul, knowing that the power we send there will act there, if we raise ourself and send our thoughts to destroy that power which we consider to be bad, we will be caught in the grip of attraction of his chain of bad ways, by the striking of the breath of each other as human beings our body will be subjected to the growth of atoms that grow in the waves of that chain.

If every soul raises its thoughts thinking that it has the power of God in it, then the soul can get strength by having contact with other souls. We will be able to get only the reflection of the feelings of the waves of opposition that we send out from us. With whatever we have contact, under whatever circumstances, in whatever chain of characters they may be, we should not be caught in the grip of that attraction by the highness of our thoughts, by

sending high sound waves towards others by raising every soul in the thoughts that we send towards others, we will be able to get the essence that we require.

By not sending the thoughts of our feelings, differentiating them as good and bad, having high thoughts raising the rise of our self we can get power.

11-6-81

Every act that has got the power of life in it, takes food for its sustenance and grows. In the same way the strength of the soul after it has got sufficient strength, in its nature of shining, to act independently in its chain of action, requires food. What is the way to get that food?

Stone, soil, vegetation, minerals, liquids, living beings when they live with power of life they take food that are suitable for them and live with pulsation. When these are taken out from the grip of growth, the state of their growing stops. In this state when they have lost their power of growing and are subject to changes in their form, they go to the chain in which they are subject to the state in which they evaporate as vapour.

In living beings, when the soul of life and high power separate from them, they become matter, the state of their taking food changes and the soul separates. In the same way as everything that has the power of life in it, takes food for the growth of their growing power and keeps alive, the strength of the soul of life, which has no birth or death, to grow its growth it should be in the chain of the path for taking its food.

For the quality of the growing, the combination of the pulsation of the acidities for male and female are necessary. Similarly for the way in which we separate the soul from the body and make it act, the acts of "Astama Siddhi" (eight siddhis) is the way in which we give food for the growth of the soul.

In the normal way the acts of the soul are performed by the growth of the body by taking food. Passing through many in its path the power of the soul of the body, when it is ripe in its qualities

for raising the feelings of thoughts of human power, speech, ability to act, we come to the next stage of the growth, in which the strength of the soul in its acts of intelligence of the soul, is able to come to the way for the growth of the way in which it can separate the soul from the body and act, which is the beginning of the chain of the act. In this by sending the thoughts of attraction in the chain of the waves of good smell in the air, in the state in which it is accustomed to take those waves by getting the breath of the taste of fruits in the thoughts of the life of the soul. it gets into the path of taking food from the air.

When we get into the ways of acquiring the power of growth of the waves of magnetism and electricity by the power of gnana of meditation, we will be able to get into the path by which one can see his own soul and get into the ways of taking food by sending the thoughts of the feelings by the action of the body, having contact with the waves of the soul that is suitable to it act by itself, through the chain of that path with the attraction of the waves that have contact between soul and soul and takes food for its soul.

To know about one of the acts of a powerful soul that acts by itself as an atom inside an atom when the actions of the form of the body strike against the chain of the ways in which the soul has given out its thoughts of the body, cooking by the striking with the breath of the minute waves of magnetism collected by the waves of the atoms which it has collected, in which it has grown by the attraction of the breath of the body rubbing against the bones, combining with the actions of the soul as its food.

By the growth of the soul in the chain of this path, in the state in which it has contact with the chain of the waves of Rishies, the growth of the waves of growth is also the way in which the state of the growth of the soul grows.

What is its quality?

13-6-81

Little drops of water cause big floods, the floods make the ocean, the waves of the ocean become vapour, the vapour becomes water again and so on goes the cycle. Like this in the acts of

intelligence of the soul, to have its growth, the waves of the soul, as an atom inside an atom are sent into each and every mould of high character by the highness of its thoughts, the strength of the soul increases due to the high waves that each one of them have got. As a growth of the Sun, the atoms grow as a number of atoms with light by which the earth gets light by the attraction of its whirl. The form of the body acts with the chain of the waves of the soul with the power of life of the soul by the highness of its thoughts and shines as a bright light. This separates and each atom by itself goes into the chain that spreads as atoms with bright light. Each of these shining atoms, as an atom inside an atom, go into the circle of chains which grow the light in them and grow in their path having attraction and growing their growth. During their growth, when they grow by the qualities of the Sabdha Rishies with actions of their bodies they get the power of separating and growing the cage of the body in any of their qualities.

Without the power of water, fire will have no power to burn. If water does not get the hot waves that form water-vapour water also will not have growth. Just as a separate power, a separate action or anything separate cannot have any action, for the growth of intelligence of the soul which grows the soul, the combined action of male and female is necessary. In the state of the growth of the state in which combinations of the souls work, it is only by the chain of the ways in which the process called the chaste faithful wife of the Rishi and the power of the rishi who cook together for getting the power of intelligence of the soul, by the thoughts of their feelings, the chain of the atoms that grow the atoms of the soul that will grow human beings like us in any of the planets.

The vapour of acidity that goes on spreading solidifies changing in the several crores of whirls of the cosmos during the chain of its path for the continuation of its growth in the chain of its growth whirling at the same time. By the growth of the waves of the chain of growth of the quality of Rishi, the growth of power can raise any state of power and act is the power of thought of the powers of male and female. It is in the chain of the waves of this power which is called Siva-Sakthi formed by the combination of two souls, the earth since several crores of years has grown forms of its form. The combination of the high souls can grow its own

form, but to form souls in the chain of the state of Rishis as male and female have been very very rare till today.

By the acts of intelligence of the soul of two souls with high gnana got by mass meditation that is done during the course of our family life in the way that is being propagated by Sathiyathin Sakthi Nailai Sangam, (Society for the revival of Divine truth) every family should get the power of intelligence of the soul. Then for every planet of the chain of planets of this Sun ways can be made for their growth as per the state of their power, as this earth is growing.

Among the planets that have grown in the chain of our Sun, except our earth, all have poisonous qualities in them at present. If the same whirl continues in the poisonous state in which our earth is at present (on account of the poison by seperating the magnetic and electric powers, called artificial ways), during the change of this Kali into Kalki, there will be no gnana of the self. Science only will remain.

Every soul should form the high power in it as the chaste and faithful wife of a Rishi with the powers of Rishi.

14-6-81

In the natural growth of species in vegetation, the produce of each variety, namely, fruits, food grains pulses etc., according to the season in which they give their produce at the time when the growth of the produce is in full swing, their beauty and smell of some natural growths are pleasing to human beings. The softness and beauty of the feathers of birds are as per the growth of the acidities they grow in them, we say that they are by nature, but ourself live as per the artificial ways in which we have grown and live with pleasure enjoying them thinking them to be natural.

All the states of power grow from the quality that every growth grows another as its fruit. Several crores of growths grow in the sea water by taking their essence from it. In water spreads and arable lands near rivers when water rolls over it, we see several states of growth in them now-a-days.

Striking against everything again and again the lifeatom which has got its coating from several growths, takes the state of a soul as per the growth of the state by its strikings, doing acts as per its thoughts to get the state of sakthi, forming as an embryo with the power of life of the soul, by the gnana of its thoughts, taking the essence of the milk of gnana, with a coating of acidity that will grow the embryo when it grows with life in the seed of human beings, getting the state of shining as a soul and growing is the next state of growth of the human seed.

A mango tree gives out mango fruits as its essence. But man thinks that his children are his wealth and lives with the idea that children who will be his successors is the high state for him to live. The state of the successors of Maha Rishi Bogar, Konganavar a Deva, and Kolama Maha Rishi will be known only to those gnanies who have realised their states. Do not think that what comes by birth is the wealth; to get the shining state as a pearl, with a boon not to be born again is the high state.

This cage of the body is actuated by the soul. The actions of the body are done by the push of the striking of the thoughts of the soul as per the records made in it. The soul takes its essence from the actions of the body. The same soul forms the thoughts and by the actions of the body it takes its essence. This is the cycle in which we are working at present. As per the high thoughts that have been pointed out in the lessons all these days, get the quality of the essence that is mixed in the air as a manure, being in that whirl with the acts of our thoughts looking upwards.

In forest areas that are full of flowers, atoms grow in those flowers, become worms and fly as butter-flies. These have their colour as per the state of the coatings from which they became atoms, got life and grew taking the essence. In the way in which the honey of the bees gets its sweetness, the quality that grows in a certain state of essence grows as per its state; the high feelings of our thoughts get the coatings of those on which the state of the thoughts strike and we take our breath and the soul gets only those coatings. Realise this and by the strength of the soul we can get the high state of pleasure by the high gnana with which we send our thoughts.

In the way in which several crores of people proceed knowingly or unknowingly in the path that is known to them by doing incantations in their path of meditation to form the quality which will form the time in which they will be able to get into the circle of attraction of the bright state in which they will be able to know about this gnana, with the growth of gnana by the instructions that we are getting the joint action of the souls in the circle of our attraction, there are some ways of action in the gnana of the acts of intelligence of the soul by meditation.

16-6-81

Today Guru Devar addressed the disciples saying:

All these days I have been telling you that the actions of the soul are in the chain of the ways of the actions of the body. You have been told about the true chain of the path and by following the same in your meditation the truth of what you have seen during your meditation today, you write in this book.

In continuation of that I will give you my preaching for the above state. The true state of Sri Balasubramaniam who is writing these lessons daily: Today when I sat down in meditation and thought about my gnana Guru who preached about gnana, he blessed me raising his hand. At that time I felt that only the face of Gurudevar was coming towards me from his hand. The face which was coming towards me changed into a full figure which was having a stick in its hands and a flock of sheep was also seen around him. Then I saw bright white cloud spread all round.

The state got by Smt. Rajammal who absorbs the lessons and (gives out) today:

As I was coming for meditation as usual first I found a sound rotating round by body. I heard a sound "Yie" in my ear and I had a pleasant state with light mixed with that sound which gave me a pull in my body going upwards as if being pulled from the top of my head. The body is felt to be without flesh or any feelings. I was able to see the actions of my thoughts in my body. I did not feel the weight of my body or the state of any of the parts of my body but saw only the run of thoughts. Then I saw a bright blue light as big as a pepper in my fore-head between the

eyebrows. I saw a big yellow light bright as a sun which was rotating and moving. As it was rotating we saw some Light light like what we see in a rain-bow whose light rubbed against each other and several lights were seen from it. The sky was seen to run with its whirl to that bright yellow light, some places were hot, some others cold and fire in some other places. There was something white like cotton without weight, something like a cloud which I am not able to describe properly. In continuation of this with the circle of light several persons were seen in a row with bodies like those of human beings but only in the form of light without a body. There appeared to be an animal on the back of one of those persons.

When I saw those persons with the intention of getting their blessing I went to pay my respects to them thinking that I should rise up to their level. But I was stopped from doing so and was told that the state of their growth depended upon the gnana of persons like us who live with the power of life of the soul in human bodies. Our rise is only through you. They point out one place saying you get blessings from him. In that place as far as the eyes can see there is nothing and it looks like a milky way. Then I see something like a cloud with bumps. Then there was bright light in several colours which have not been seen or heard of till today, dancing, whirling very fast in the form of a female 30 to 40 feet in height. On watching closely the same appeared in male and female forms alternately. Then in the form of a female made up of different colours it appeared. When I went and bowed down at her feet to get blessings the form said in the tone of a female, will you grow my act?

When we were told to get blessings together, we saw only both of us standing close to one another. In that place our Guru Devar and Gnana Guru were standing. A big box is seen which is about six feet long and two feet wide. The form of a male was seen lying in that box. When I was seeing all these states in my meditation without any change in my thought I suddenly changed my thought and felt that I did not take the state of the lesson today several thoughts came in succession.

18-6-81

It is by the waves that you both have taken in meditation that you are seeing visions and hearing talks in the chain of the waves

that each of you have taken as per the quality of the acidities that you have acquired in your bodies according to the chain of the waves of your virile powers by which your gnana knows the way to grow. It is in similar chains of path that the growth of the life-atom that grows as per the power of the acidities in taste, smell, characters by which it has formed and has several high qualities peculiar to itself.

Several crores of acidic characters that are spread in the milky-way in their run with their whirl rub against each other as per their acidic characters growing separately planets as per the growth of their species. Whirling by the attraction of their whirl, growing, changing while proceeding in the path of their growth, with the state of the soul with high state of power of whirling of the acidity, by meditating on the thoughts to form the state which forms high Rishies, grows the state of the power of life which has come by the ways of the powers of Adi Sakthi in the formation of the planets in the ways of Rishies, the power of gnana of the power of life grows. This is similar to our building suitable houses for living by using sand, lime, water and other building materials.

I have already made you to understand that it is possible only by the rise of gnana of human beings to get a state in which the high qualities that will grow high qualities of growth as per the state that each one of them has taken and grown.

If you can realise the exemplary powers of truth, you will be able to create all the creations that are in this world.

For the state of this earth, which has the qualities of the Rishies as male and female, which is the whirl of its soul from where the embryo of Siva-Sakthi have come to grow male and female embryos?

There are human beings, who have got higher powers of gnana than what we have got, living in planets other than the 48 Nos. of the chain of this Sun. With the gnana of the acts of the power of intelligence of the soul they are having contact with our earth and also other chains of earth.

Without being caught in the whirl of artificial ways of living which is now prevalent among the multitude of human souls, if

we had been in a position to live not depending on science in the chain of the ways in which the gnana of speech and to act in the growth of our life, if the state of getting the gnana of the self was obtained, the high power this earth has got would have become a power of very high strength and man who has got the power to act and speak could have lived a pleasant happy life with love for several crores of years more. He has been kept tight in the ways of the difficulties that we are having today, killing his own race, by this I mean the ways of abortion that is going on now, by which the power acquired by the embryos since several years is destroyed in its embryo stage itself in a mean way and not allowed to grow its gnana.

The whirl of the political leaders and the preachings of religions heads have made the people of today to run their life with the whirl in their thoughts that the pleasure that they enjoy in their life belongs to them and the troubles that they come across are the tests of God. So people lead their life with anxiety and avarice as the state that opposes them.

The soul of human being which has got the power of Vinayaka which can create the entire world and the gnana to speak and act, by its gnana from the time of their life with body on this earth have got their bodies by joining male and female in their life and come to the chain of the way of life. In the same chain embryos are formed by the joining of male and female that grow the growth of this earth. In the same way as the embryos with attraction are formed for the growth of this earth, the souls of male and female join in their soul state of bright circle and to whichever planet they send those chain of waves, they can grow embryos of human beings there. This is similar to the ways in which Valmeeki who wrote the epic Ramayana has hidden in a subtle way how the two children Lava and Kusa by name were born to Smt. Sitha while in the forest), when the virgin daughter of a Gandarva was living in water, specks appeared from the clouds in the sky, she became pregnant and gave birth to a divine child with gnana; the women of Karthigai reared Muruga. Every person with his gnana should try to know the truth that is hidden in all the above in a subtle way. If you do so then you will be able to know that Muruga was not born for Siva-Sakthi after becoming pregnant. Some truths

have been hidden in saying that Muruga was the child formed by Siva and we are also living by that power and that is what is happening today. For however long time the embryo with life may be born in any of the planets and lives in the truth of the chain that has been told today, it is only by the power of the souls of male and female joining together that the state of the acts of intelligence of the soul, the power of the chaste and faithful wife of a Rishi and the state of the Rishi that are the trees that produce the seeds for the growth of the power of life.

19-6-81

Vegetation grow by taking water and absorbing essence from the earth. In these, worms and insects are formed and the plants flower. The beetle that has grown in that plant takes the essence of the plant from the flowers and we get honey. In this way everything gets the fruits of its growth with water, which has got the power of life, having contact with another. In the acidity of the air, that is in the air space around this earth, as per the growth of the acidity that has been cooked by this earth, each one gets its quality in combination with the state in which it gets essence from the earth having contact with others. This earth takes essence from other planets which have connection with it and has attraction to suit its own attraction, cooks the essence, makes it into vapour, acid, water and grows itself besides growing several others. In the same way by the gnana of the thoughts of this body, with the essence got by the breath, by sending its thoughts with its power of gnana in the chain of its ability to know in which way it can get the high essence of the character with which it can have contact with the elders who have gone out of their bodies, gnanies, siddhas and planets in the chain of this Sun in which the Sabdha Rishies grow and are growing, any of the milky ways in this cosmos by having contact with them, by sending towards them the chain of our feelings of thoughts to act in the waves of gnana, we can make the quality of the atoms in our body as the essence of our thoughts. As a result of this essence, to grow the growth of our soul by the striking of the breath, the power of attraction of magnetism and electricity of the nerve of attention and the consequent growth that it grows, the entire cage of the body, first being the head, by taking breath facing upwards, the life of the soul gets strength as a result

of the growth of the essence of the bones. As a continuation of this strength by the actions of this body the strong waves of the soul having contact with the thoughts as the next step of the growth of the waves of breath taken in the beginning, the soul is able to act independently by itself. In this chain of action it will be able to know each and everything as the strength of growth of the ability of the acts of intelligence of the soul having contact with the quality of the Rishis as a continuation of the chain of this life living in forests, growing long hair, wearing safron coloured robes chanting manthras and worshipping as a slave of God, is not the way to get the state of a Rishi.

When the body takes and cooks the chain of the waves of high power of magnetism, by having contact with the waves of gnana of its breath, the pleasure got by it and the health of the body, the happy family life in the whirl of high wave by having contact with good characters with love, the acts of the feelings of the thoughts of man only has got the ability to create all the creations of this world.

23-6-81

If you realise the high principles of the shining state in which you get the state of a bright light which gives you a state of not having any more births, then you will know about the truth of the high state of shining. Out of all the powers of life it is only the living beings that have got the state of seeing light as a feeling of the body by their eye sight. Though the earth, the vegetation and all the minerals that the earth grows have got the power of life in them, in the ripe state of their coating, by one changing into another by having contact with another, in the state in which they grow and decay again and again, cooking atoms in the growth of one's growth and forming life-atom by its coating, growing in several states in each and every thing, getting decayed, getting power in several states gets a body with soul, as those that creep, those that swim, those that fly, those that walk in the chain of living beings, get the state in which with their ability to see light in their eye sight by which they are able to know the state of their opposition.

Several crores of years after the life-atom has appeared, getting ripe in many, it gets the state of human beings with the power of

thought and limbs to act. After striking in several moulds having its growth, in the ripe state sees the objects that strike its eye sight, takes a picture of it in its pupil and knows by the thoughts of its feelings. From this state of ordinary life with birth and death when the power of the soul departs, the soul of life has got only the light of its circle.

The waves of the soul that have been separated from the power of life go on whirling while floating in the waves of air with the attraction of the earth but that soul does not have the state in which it can see by its eyes and they whirl in the circle of the whirl in which they can feel taste and smell.

Those that are with life when they send the thoughts of their bodies in the thoughts of those who have gone out of their bodies, the waves of the feelings of the souls that have gone out of the body strike on the persons with body and the former also get contact with the live waves of magnetism. Thus having contact with those souls that are with their bodies, the souls without body are also able to see the forms that are seen by the eye balls of the persons with body.

The state of acting of the soul in vapour form by having contact with the feelings of the waves and seeing is like taking figures in the negatives by the help of a camera. The eyes of human beings are able to see only those things that are in its view. A person cannot see his own back; he can see his figure only as a reflection in a mirror or in the surface of still water.

While living in the cage of this body, with the power of meditation of the soul by the sight of gnana with closed eyes by the high state of the power of the soul in the chain of the ways in which we are able to do acts of intelligence of the soul, the figures that are seen by the state of the light of the eye balls, all we think in our thoughts, if the waves get the quality of seeing light which the eye balls have got in the chain of Universal power in the state of light of the waves of the eye balls, can see anything that is thought of by our thoughts.

It is with the ability that the cage of bones of our body gets the power of the waves of magnetism and electricity that the body cooks,

by the powers of the state of illuminations of the light of the soul in the state of the eye balls of the soul we can get the shining state of the soul which can see everything and make our acts combine with those of the Rishies who have shown us the way for growth in the chain of our growth.

24-6-81

When we see a person drinking water, we also feel thirsty; same is the case when we see a person yawning.

In the power of life, in the state of our living with the form of the body, the ways of acting by the thoughts combined with the feelings, for the power of human beings in their life one combining with another in the chain of this attraction, one jumps to what another does. In the same way, the chain of actions of the soul, in the way male and female live in their family life with the feelings of family life, one may quickly take the feelings of the chain of the feelings of another person by the affinity of their thoughts.

By the chain of the waves of high waves in the chain of the path of the verile high character of the magnetic and electric waves, when the state of life with meditation occurs, when a state in which the joint characters of two thoughts agree in the same chain, by the joint strength of the souls with life, it is possible to get the state of Siva-Sakthi, which is the state of the chaste faithful wife of a Rishi.

In the chain of the path of that state it is possible to get a state which has the ability of the state of creating the powers of creation, which will grow the state of growing the power of life, which is superior to the state of a separate chain of waves.

The power of the waves of human souls in the state of vapour, while registering its thoughts in the attraction of the earth, while living jointly, with the waves that are emitted by the earth in that state, the chain of waves of the feelings of the thoughts of the body are registered wherever they go. In the same way by our exchange of thoughts with people who have the same or opposite feelings we take the waves of the feelings of the thoughts of others in the same way as we drink water or yawn when others do so and get

their depression, worry and happiness. If we form a path for our life by the feelings of the thoughts of our gnana, in which we act having contact with the high chain of the Rishis by getting strength by the power with which the waves of the soul lives, in case we have to converse with people who have opposed thoughts, those thoughts will be burnt like articles that are put in fire and the state of the strength of the waves of our soul will increase.

In stories and epic stories we have heard of articles becoming gold at the very touch of some persons; what is the true state of this?

Any articles that is touched shines as bright gold. This is what we have heard from oral transmission from our elders and in epic stories. If ten numbers of lime fruits got from the same tree are given to ten persons, after holding them in their hands for some time, the quality of the fruits will differ according to the hot waves of the mixture of acidity that the person has got.

Like this with the strength of the high magnetic powers of the thoughts, by the way of power of the power of gnana, having divine contact with those who have risen in the chain of the combined ways of the actions of the body by taking any wave, cooking it and growing the soul by those who have got the state of shining of their soul, an article that is made out of the acidity of any metal, with the help of the powers of some waves its form can be altered or some additional states can be shown in them.

In this state several Rishis who have got the quality of Rishis have shown several states by the acts of intelligence of the soul. When Bhogar got the power for doing acts of intelligence of the soul and gained strength, by the powers of the waves that he had taken, he had planted several herbs in this earth for use in medical treatment and they continue their chain of growth to this day.

Several powers of the Rishis which have acquired powers for the acts of intelligence of the soul in this earth, till today, the powers of the waves that they had got, they have buried in this earth in which they were born and grew, recorded these waves along with the records of this earth for the growth of living beings in this earth.

Without thinking of the thoughts of the feelings of human beings and the grip of the feelings of life, without knowing the truth of the real state of the characters of his race that happen during their life, without going in the true path of the feelings the people of today are living in the state in which they are buried in the grip of this earth.

25-6-81

Scientists from one place fix colour pictures on acidities, make the pictures of living beings with bodies, things without life make the waves of the colour pictures to spread in the air and see these colour pictures several thousand miles away by the process of discharging light waves from one place and absorbing them in another place.

The acidities in the waves of air strike on the body, by the attraction of the breath they strike on the acidities of the body, though the body sleeps having contact with the soul, the vapour of acidities strike on the soul. Due to this striking action in the state of sleep with eyes closed without having the feelings by the thoughts of the body, the waves that do not act by the thoughts, the state of the vision cooked by the body by the rubbing action of the acidities, the act having contact with the soul, the states that are not connected are seen, not due to the action of the thoughts, but by the striking of the acidities in the breath that the body can accept.

The state of cinema, direct vision, seeing in dreams, feelings in the state of spirits (by state of spirits is meant the scientific state which medical men call as mental disease) in the way of bakthi people get spirited and say that Muruga has come, Kali has come, the state in which people in a state of fear say that they have seen the ghost and the devil that sucks blood the coming and talking of some of the leaders of the family who lived with love and affection and died some years ago, directing the proper ways to act in some states are still happening in some families.

All these things are as per the chain of the waves in which the thoughts of human beings act with the waves of acidities to suit

those waves that are in the thoughts of the souls that have already born, lived and died in this world as per the attraction of the state in which the thoughts of persons who are with bodies, send their thoughts in a large quantity, the souls that have got out of the body and are in the form of spirit come into the circle of action of the feelings of thoughts of the acidity which has the power of life in them, the waves striking on the persons with power of life in them act in its acts, with its thoughts of acidity in which it has grown, get mental disease called 'HYSTERIA' and talk in several languages, get spirited influenced by evil spirits by the affection towards their elders who are dead and guide people in their path by the quality in which it is actuated by the attraction of some other waves in which it is caught as per the strength in which its thoughts work being in this chain of waves in its quality, by the strength of the soul having an equalised state of growth of its soul, not being caught in the circle by the valour of its good characters in an equalised state, our soul not being caught in the waves of the desires of any quality in their thought speech or acts in a state in which the strength of the soul has increased, as brass, copper, and other metals dissolve when put in acid whereas gold only remains intact, by the strength of the soul and its gnana, removing the feelings of fear in the chain of the ways of attraction of the feelings of thoughts of the body by sending our calmness by our valour with the help of our gnana by sending the waves of magnetism and electricity in the chain of the waves along with the waves of the essence of Rishis sending the feelings of our thoughts in the waves of the state in which they are growing (by feelings it is meant, for the power of life that actuates the body which is the seed for the growth of the power that grows the atoms of attraction which have the power of life, the acts of gnana will not work. The thoughts for doing any act are got by the cooking of the feelings by the striking of the chain of waves of magnetism and electricity with the attraction of the waves of thought and its record gets power from the power of life of the soul) getting the power of creation of the power of Adi Sakthi which is the highest among all the powers that are grown along with the powers of the waves of growth of the Rishis, we get the chain of their creation thereby guiding in the way for our soul that grows with our contact by the help of the chain of the waves that we have got, taking the power of that wave in us contacting our chain of waves with the chain of waves

of Rishis, the power of Rishi that grows from all the powers of Adisakthi, having true contact with the high circle of light in the waves of their whirl run by the powers of gnana to get the way in the Godly powers in us can be got as Godly soul shining as the lingam of the soul, the feelings of thoughts in our life cooked by us, not being caught in the attraction of others, similar to our getting punished for the mistake done by others, getting ourselves relieved from the state in which we get punishments for the mistake committed by others, by sending the powers of our high waves on others, we grow by taking breath facing upwards, the high waves from our attraction of light, waves of our speech get recorded there and besides their growing no chain of waves of others with despair and difficulties will affect us.

30-6-81

To get shade temporarily we go in search of an umbrella; to protect us permanently from the Sun we build shelters. Like this we go in search of the state of the power of God to save us in times of emergency with the belief that God will save us like an umbrella but don't build a permanent shelter by the power of the God that exists in our soul.

It is possible to form the power which will get the power of our speech, wealth, and other powers by the feelings of the thoughts of the growth of gnana of the soul.

By showing the temples and piling the thoughts together, the chain of the state shown to us to raise ourselves has been, for many thousands of years, by the push of the striking of the feelings absorbed by the breath, that it is only in places called temples the treasure of the grace of God can be got. By the waves of the path of bakthi in the chain of the path that they have followed, from the time of the birth of their soul, they have been preaching elevating God lowering themselves in the chain of the ways of their birth. By chain of the ways of birth it is meant, in the waves of birth of their soul by the desire of their thoughts in which they have grown by the death of the power of waves the thoughts of the waves of desires of the state of vapour of the soul, by striking on the thoughts of the feelings with the attraction of the waves of human soul

which was born and grown in the virile state of recording its states of bakthi, the truths that are given out in that state, are today taken as God coming and talking, Muruga coming and giving his blessings and grown with the names of Gods. memorise songs in the chain of poetic rhyme, chant those songs not sending his gnana in the chain of the high path in which one rolls and rolls in one of the several crores of chains which grows and send the feelings of their thoughts, every person by taking the essence of the acidity of the capacity of the truth of creation in the power of creation of Adisakthi, cook the same in each of the planets – their body – the coating of the soul should taste the taste of what is cooked by the rise of the soul as a high power among all the powers that create high creations.

The thoughts of human beings should go in the ways of the basic gnana to investigate the chain of the state formed by the joining of one with another and due to the change in its proportions take different forms. In the qualities of animals by which they discharge light waves and attract sound waves, all the sheep in a flock follow the one that acts first. The ways of human beings of today are in the same chain as above, though there are several crores of people with the state of one differing from others. By the combination of gnana which contains the thoughts of their feelings, every person should take the essence of the acidity of the truths of creations of Adi Sakthi as a growth of its growth, cook the same in each of the plants – the human bodies – the soul tasting the taste of what is cooked by the body, by the rise of the soul all creations can be created as the supreme power of Adisakthi.

All the states of powers that have grown, including the power of the Sun, can be grown by the power of the thoughts of the powers of human beings.

It is only the fence, that is formed for the protection of life, that is built as high towers of temples in which man rolls and he should realise that all the powers that have formed are by the power of gnana of the thoughts of feelings.

3-7-81

Scientists by utilising the pushing power in the liquid power of fuel oils as per their quality, by burning these oils in automobile

engines run automobiles. In the same way the body, which is the cage of the machine grown by the waves of the soul, by the pushing power of its breath the body cooks the fuel oil of the soul with its pulsation of life, absorbs sound, gets light, talks, relishes taste, feels in the run the thoughts in the body which is a planet. In the chain of its growth what is its next state?

For the growth of the power of life of the soul, it is with the strength cooked by the thoughts of the feelings of the body with the power of life in it, the strength of the soul works in the running of the body.

Since the soul in the form of vapour without a body does not have the state of breathing, it is the state of the breathing of the pulsation in the waves of the breath of the soul, just as we see the twinkling of the stars, that acts in its whirl.

During our life time in conjunction with wordly life with the feelings of the thoughts, with the waves of attraction of the earth by taking breath as per our thoughts as per the ways in continuation of the life cooked by the breath, without knowing the high powers of the soul the life-atom, that is caught in the grip of life, lives and dies without getting its high state will be able to go only in the path in which it has come and not in the state in which it was born and grew as a benefit of taking this birth, the state of growing the strength that grows the strength of the soul with life as the Sun in its growth from the state of attraction of several planets taking the essence of the vapour of the acidities in the milky-way by the power of its strength of whirling while running, the quality of cooking of the Sun; taking the acidities from the waves of the milky-way as its food, by its quality of cooking them as waves with different colours, our earth which also runs in the attraction of the Sun during its whirl while running absorbs the colours of the acidity cooked by the Sun in the chain of the waves in which the earth cooks in the state in which the growth of the earth grows, the state that has grown to its maturity is the growth of the thoughts of the feelings of the soul with life.

To get a higher state from the one that our soul has got by the strength of the body of human being by the growth which it has grown since several crores of years, we should not breath

facing downwards with the thoughts of attraction of the earth in the chain of the ways in which the Sun cooks which differs in its state of growth without taking the waves that the earth cooks and emits, during the time when we live with our bodies got by the cooking of the earth and have the feelings of its thoughts by the delicate waves of magnetism of the Sun that we take directly in our breath by facing upwards, the waves from six states cooked into the seven colours by the striking of the thoughts in the state of the chain of growth of the delicate waves of attraction of magnetism, the body directly gets through the cooking by this body, if the soul gets directly into the chain of the high waves of different colours, by the growth of the strength of the soul, the soul that is without the grip of the earth, with the waves of light cooked by the Sun having as its coating for its growth the direct coating of the waves of light cooked by the Sun by which it has grown by the chain of the strength from the state of its birth by the attraction of the earth from the way of taking birth again and again go into the growing state of shining light in various colours which is the next state of growth of human beings.

The state of the growth of the soul, is the growing state that a man takes his thoughts. For the growth of man who puts into action what he thinks in his mind, as a growth of his gnana which sends its thoughts, the state of growing of the light in various colours which is accumulated in the soul is the state of growth from the state of human being.

When we comb our head with a comb with a downward motion, as it coincides with the attraction of the earth there is growth of atoms in the roots of the hair and we do not feel any uneasiness. With the same comb if we comb with an upward motion we get a shocking sensation and the hairs on our body sprout out. In the same way as we experience the above when we send the true state of our thoughts upwards by facing up, the body gets the state of taking breath directly from above.

As this chain grows, the strength of the power of human beings, is got by the soul, and its waves of light can get into the ways in which it can act independently by itself.

During the course of the growth of the life-atom it passes through many states for several crores of years having changes in its form getting strength of the state of its growth in the state in which its strength has increased by having the characters of the several coatings that it has taken, takes form after form in the state in which it has risen getting the state of water, soil, vegetation in the chain of its growth, gets the state of having a form with power of life in it. In the ways of its growth as stated above taking different coatings even in the state of vegetation it does not have the state of seeing light. In the initial stages of its growth as worm, it gets in addition, only the state of breathing and does not have the state of light.

In the state in which it takes breath and gives smell as vegetation, by taking the essence from the vegetation and growing in the state of worms, they get the state of breathing.

It is only in the subsequent state of its growth, by the growth of the strength that the bones of the body have got, they get the ability to see light and get eye sight. Living beings with body as a growth of their state get the state of seeing with eyes those that lie in front of them. what is the next state?

It is only in the state of seeing with eye sight, that the state of seeing depends upon the rise of the state of the power of the bones of the form of the body. The acidity of the blood in the form of vapour takes energy by the breath from the food that is taken by the flow of blood which gives strength to the bones. As a result of completion of its growth in its state of sharpness of its brightness, the soul in its state of vapour cannot have any further growth. By the strength of the acts of the body which gives strength to the feelings of thoughts of the acts of gnana, by the ways of the acts of high gnana during the life of the body, the next stage in which we can see with our eyes closed not only what lies in front of us but also what lies at our back, any part of this earth and other earths, any state that remains anywhere on which we send the feelings of our thoughts. This state of seeing by the eye of gnana can be got only by the actions of the form of this body while living with the power of life in it by taking the waves of magnetism and

electricity of the sun in our breath taken facing upwards. This ability increases with the increase of the power of the strength of the bones in our body by the growth of the soul.

Being in the state of seeing things by the sight of our eyes we can get the high state of penetrating inside all the parts of our body, into the body of any other person as we see in X-ray, or see any parts in the inside of the earth by the growth of the high waves of magnetism and electricity which is much more powerful than the one with which the X-Ray machine works. This is possible for every person.

What is the benefit that we get by growing our spiritualism by going in the chain of the path of spiritualism? The reply for this question can be had from our lessons. By the ability of increasing the strength of the soul of the form of this body, by the waves of the light of gnana got by having contact with the soul with life, one having contact with another, it is possible to get a state in which one can see much better than what we see through artificial satellite and get several other states which are incomparable with anything.

10-7-81

In the state in which we are caught in the striking of many characters during the life in this world by the feelings of our thoughts cooked by good characters of the mixture of acidities which has an equalised state, with the ability of thoughts which will make the feelings of the thoughts to get an equalised state, the way in which the powers of the waves of the Sun will be taken as the magnetic and electric waves as a food for the growth of the bones of the body by the strength of the power of the soul which is got by the thoughts of human beings, the desires of the feelings of the thoughts of human beings which have been shattered and are struggling in this Kaliyuga at the time in which, to know the true highness of the growth of gnana of human beings has been depleted at the end of this Kaliyuga, when the teachings of gnana by which the soul of human beings can rise are not there, the thoughts of human beings and the souls without life which have gone out of their bodies and are in the spirit world, by sending their feelings

in the attraction of artificial scientific sounds, the waves of breath that man takes in the chain of the waves of sound given out by machines, the atoms in the breath of human beings can grow by their cooking only such atoms as they take in their breath.

It is only the atoms of the feelings of the thoughts that attract the sound of machines that will come from the breath of the feelings of man and not those that come from the sweet smell of the herbs that grow by nature and the life-atoms that grow from these waves of breath and the living beings and vegetation that grow now-a-days are as per the waves that are given out by the people of Kali with narrow thoughts without any acts of gnana. The present and the future will be in this chain only.

Several centuries ago the form of human beings and animals to a greater extent, had bigger forms and more beautiful shining bodies.

In the epic Ramayana written in those days by Valmeeki, he had given the forms of the persons to suit their character by showing Kuni and Sakuni who had narrow characters with short stooping bodies whereas Rama who had high characters was given a tall beautiful formation of body.

The feelings of the thoughts of human beings that have grown in this Kali with the attraction of artificial sounds connected with machines in the ways in which it is sent in the same chain of ways with its whirl in the waves of breath, in the ways of the growth in which the living beings in the run of this Kali grow in the ways of their growth of formation of their bodies, the growth of gnana grows in the way in which it get a larger amount of sound in its attraction, when it again takes another birth, instead of being born as a child with high thoughts of gnana, it will be born as a child without gnana of the self being formed as a foetus with the attraction of the feelings that have come by the ways of science, and this will continue in further chain of births during the change of Kali.

In those days young children were taught the 64 arts of gnana whereas today, they are taught artificial things and are whirling in the grip of not believing themselves and if their thoughts proceed in this way, being caught in the desires of their life asking with anxiety

what is the state of pleasure, by the gnana of human beings, by the rise with the strength of their soul, by the gnana of the feelings of thoughts of man with the power of life in them, the chain of the way that they get to go into a state of happiness is what is given in the lessons of Sathiyathin Sakthi Nilai Sangam (Society for the revival of Divine Truth) and show the chain of the ways by which every person can go to the state of God which is the next state after the state of human being.

14-7-81

We, who are living in the ways of life in our bodies with the run of our thoughts with the feelings of the striking of sound light and smell during every moment, being caught in the grip of the whirl in which we have grown our feelings as per the chain of the state of the whirl of our life, live only in the grip of that whirl not going the alternate ways.

As soon as we see something there is a feeling in the state of light in our eye balls. The change in the state that takes place in the acts of what we see in our sight, by the change in the state it is meant, the feelings of the light in the state of the eye balls which see with the light, are growing the atoms of the wave that strikes against the feelings of the thoughts during every moment.

Between the normal state of seeing, which depends upon the desires of the thoughts of the feelings of the waves of light and the state of the thoughts of the feelings when we have shock, happiness, pleasantness, cruelty, the quality of the growth of growing the atoms differ. The state of the atoms in the body and the working of the machine – the body – goes on with corresponding changes of atoms in it.

We give out sound as per the feelings of the waves of the sight that we see by light. When we see scenes which produce shock in us by light, without our knowing we exclaim “OH” “ICH” etc. On the other hand when we see by light in our eyes pleasant scenes, we feel happy and exclaim in corresponding words with laughter.

In continuation of this chain, as per the attraction of the striking of the sound in the ears, the feelings of the thoughts act

and the growth of the atoms vary as per the attraction of the sound by the breath of the feelings of the thoughts.

In the same way of this chain the smell that strikes in our breath, in the taste in which we take food, as per the state of the feelings of the thoughts of human beings, as per the feelings of the acidity of the characters, growth of atoms of organs of the body, the power of blood with which acts take place during the life of a human being in the short period of our life, without knowing the true state of life of the soul in the growth of the atoms which are cooked by this body, the state of the health of the body depends upon the strength of the cooking done by the run of the machine – the human body – depends the ways of acting in the path of the characters of gnana.

The gnana of the acts of a person depends upon the run of the feelings of the organs of the body. The highness of the life of a person acts as per that gnana. The state of continued life depends upon the state of the atoms of the waves in the vapour cooked by the feelings of the thoughts by taking the essence of what is cooked and it shows the state of the character of gnana of the person.

In the way in which the chain of this path is associated with our life, by sending the feelings of the thoughts in the way of bakthi, gnana and acts of intelligence of the soul which lead more quickly to the high state by sending the thoughts of the feelings in the chain of the high path by the push of the desires of the feelings of the thoughts of the light of the eye sound in the ears, taste and smell we have to learn first.

16-7-81

In the life of this body with the attraction of this earth, when does the state in which the seed of the mixture of acidities for the growth of the atoms of the thoughts of the feelings of the body get matured?

The state of the strength of the atoms which grow in two states with the mixture of acidities of life, which get their form in the womb of their mother with the blood of the mother as soon as

they are born, eat, sleep breath and do all actions of human beings during their growth and work, walk, run, talk, raise their gnana which has grown and form their shape in their growth. Along with the growth of their form, by the growth of the atoms of the thoughts of the feelings, as they mature in their strength, at the time when they grow the feelings of the thoughts of male and female in the cooking of the feelings, their thoughts grow differentiating the states in their feelings of male and female, growing differentiating the feelings during the growth of human race, at the time when they are mature, by the mixture of the acidity which gives the push for the characters of the thoughts of the feelings, the life-time of man at the time in which the chain of ways of acting by the characters are formed, the time when the birth and the fruits of birth are given, by saying time when the birth and the fruits of birth are given, the state of the birth of the atom of the acidity that can grow the birth of the state of birth which can grow the atoms for the growth of sex in male and female, the state that gives life to the power of life in its ripe state which grows the gnana for both the sexes are between the ages of 14 and 18 as per the state in which the desires of the thoughts of the feelings of human beings are sent when the strength of the body and the soul increase, the growth of the atoms that take the thoughts of the feelings and puts them in action, get registered.

The form of the body grows from the excreta of the atoms during the course of their growth in the chain of their growth. The soul gets its strength from the body. The life of human being is the recording of the thoughts of the feelings to increase the true strength of the soul. The next power that is higher than the power that lies in the life of a human being, which is a Godly power is the power that actuates the body by the soul. By the push of the feelings, in the initial state of the growth of the waves of gnana in the chain of that path, grows, the growth of atoms in that chain. If we live in the grip of the life that is lived by the feelings of the thoughts that run in the body, even though we may live for any length of time in the cooking of the thoughts of the feelings as has been indicated in our lessons all these days, we will be growing only the atoms that grow the actions of the eyes, ears, nose mouth etc. as functions of this body and live only subject to the desires of the body, being its slave and will continue in that chain only. In

the course of the life with balanced feelings of thoughts, by taking breath facing upwards, sending our thoughts in the attraction of the waves of high gnana, we who have grown as a growth of this earth and live associating ourselves with the waves that are being cooked by this earth, being in the same state of growth by the power of gnana growing the powers of our soul which grows the state of magnetism and electricity in us, by changing from the ways of living by the thoughts of the feelings of the body to the state in which the body acts by the strength of the soul we can raise the state of our life and go to the state of Adi Sakthi.

You may ask can the soul as its function do any acts? Sometimes when the thoughts of the feelings of human beings function, we realise the working of our back brain or inner thinking. In the functions of the soul by the push of the body, the feelings of the thoughts cooked by the body, when there is a struggle between the records made in the soul and the feelings of the thoughts by the striking of the body, we find that the two states namely fore-brain thinking and back brain thinking start functioning in some persons in the state of their living.

If there be growth of the soul, not only the body but also all the acts of intelligence of the soul and all the states can be strengthend.

17-7-81

When a substance with a large amount of water content in it is heated in a vessel, as the substance gets cooked, its water content decreases. On further heating all the water in it evaporates, it gets charred and sticks to the metal of the vessel in which it is heated, as per the quality of the vessel, as a dry coating.

On the other hand when we pour some oil, which has no water content in it, in an iron pan and heat it for any length of time it takes a sticky form with stickness. It does not get a dry state. In the same way in the parts of the body the waves of breath that we take with the power of water in it which is cooked by the earth with the thoughts of the feelings of the power of life, by the quality of the strength of the actions of the body with the grip of attraction

of the earth as per the state of cooking of the earth, depends the state of our life as per the state of our body.

By sending the feelings of our thoughts with the state of the Rishies, who have got the strength of the earth which has grown in its strength and has got the ability to know everything in this cosmos being in one planet, as those who are called Devas do, by the strength of the breath that we take, we can get the strength for the action of our body, the essence that gives strength to the bones which are more nutritious than the food that we take and adds strength to the soul.

Oil seeds that give oil are formed by taking essence from water. In the same way, by the power of water of the body with life giving strength to the bones, similar to the state of growth of the oil seeds, the function of the soul should act.

To protect ferrous metals from rusting due to moisture we apply oil over them. In the same way not to allow this body with the soul to get rusty by the feelings of the thoughts of the functions of this life, being caught in the cooking of the earth by the feelings of the thoughts of the acts, by applying the strength of those who have got the power to do acts of intelligence of their soul, similar to applying oil on ferrous metals to prevent them from rusting, we should protect our body with our soul.

We live associating ourself with the bindings of life in this earth with its whirl. As a strength for the growth of our life, just as a tree grows several roots from its branches and takes the essence for its growth through those roots, we should take power for our rise from all the acts in our life without rejecting anything as bad, as we take good pearls from bad things, in the state in which we converse with others with the thoughts of human beings, we should send only high thoughts towards them. With whatever character and whatever growth we may be associated, on the principle that we get in us only the reflections of the waves of the thoughts that we send towards others, during every season we get light only from darkness by the rotation of the earth, it is only by the strength of the thoughts of the feelings of our acts that our soul gets strength, the state of the actions of the soul will go to the high state that has contact with the Rishies.

To get this state, the two states that are in the body should acts in conjunction with one another in the way in which we walk with our two legs, working with both of our hands, in the state of our eye balls when they get light in both if their formation are not alike we get two different images of one object that we see, the joint action of our ears, and nostrils, the acidity called body or Siva and the attraction called sakthi have been formed as per the growth of the forms of male and female which get their strength as per the acidities in which they have got their life. in this spiritual path also we should proceed jointly having contact with one another.

18-7-81

In the state of the ways of the chain of life with the attraction of this earth with the actions for multiplication of the sexes of male and female with the acidity of the male in the state of attraction of the life of the female by the relationship of the binding of marriage runs the family life. In this whirl of life with birth, growth and death, parts of the body which are formed in pairs work in unison with one another in the gnana of the body. In this way the waves of the acidity of the soul of the male sex and the waves of the soul of female sex which are suitable for the growth of life by the contact of the souls with life in the form of their bodies, the baby is born. This is what is meant by the form of Ardhanareeswarar, a single body with one half male and the other half female, which denotes the form of Siva Sakthi in the children that are born for people in this chain who are in the state of this attraction. By the high power of life of the souls of males and females by the combination of their powers of gnana, by the acts of intelligence of their soul, the power of the soul, called the chaste and faithful wife of the Rishi, which gives a steady state, is formed. With this power of the soul those who are not only in this earth, with the power of intelligence of their soul, not having contact with another soul, are with high powers, but not able to grow further. The joining of the souls of male and female in the state of the actions of their bodies, have contact with the chain of the power of life having the power to do acts of intelligence of the soul which grows the power for the combination of the souls for the state of their growth.

The limit of pleasure is said to be the high growth of the true principles of several crores of truths; the power which gives the state that is higher than that chain can be got by the strength of the souls of male and female in the binding of life with his body.

21-7-81

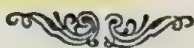
The embryo of human being forms by the power of attraction of the acidity of the power of life of males and females. It gets light through sound, gets the feelings of the body of human being by the acts of gnana adding strength of the growth of the chain of high gnana, with the state of the strength of the chain of growth of the power of life which has connection with the above by the combination of the joining of the souls of males and females, is born the power of the chain of growth of the high circle of light which is called the origin of everything which is formed by the origin of the chaste and faithful wife of Rishi, the ways to be followed in the path with the striking of the feelings of the thoughts of the souls of human beings is given in this book which has formed the growth of the ways, which have been formed by the cooking of the run of the thoughts of human beings to go to the power of gnana of the Gods, which is the seed for the ways of the path. Every soul that reads this book should take these in their thoughts, put into action the ways that have been shown by their gnana get clarified the questions that may arise during the course of the growth in that chain if you want to have further clarification about the changes of thoughts that occur during the reading of this book with thoughts to get cleared the doubts, focus your thoughts between the eye-brows, taking breath facing upwards, send your thoughts on the state of those who have already grown by sending the gnana of the thoughts with those of the Rishi who have already grown, we will be able to get the clarifications in high gnana by the thoughts in our feelings through the chain of waves of their power by the attraction of the minute waves of magnetism that is in our body.

During our life whatever may be our relationship with others in our family life, environments in our business, profession in science or medicine, we should not increase our strength in the whirl of our life in the same chain, thinking that the grip that we

are having on the waves of our life is the ripe state of human beings and be happy. The ways of the chain which are pointed out in this book in several places should be put into action. Several truths that have been left out and not given in this book, which may be known by the gnana of the persons who read this book should also be put into action by them and they should grow their state.

In the coming future, the poisons that are in the waves of the air are going to grow creating in their whirl a fearful state in the feelings of human beings. At this time man should realise himself increase his strength, not being caught in the grip of any other attraction, having contact with the chain of the ways of high gnana by which several crores of Devas, Sabdha Rishis who act as the power of actions, the ability of those who have already risen and are able to cook the powers of the Sabdha Rishis, those who are born with the attraction of this earth and risen by the feelings of thoughts of their gnana, every person should go in the chain of that path which has been shown in this book, accepting the truths given there, show the path for the acts of this society by the preachings of gnana done by our gnana Guru Venugopala Swamigal, the president of the society Sri S. S. M. Subramaniam who shows the ways for mass meditation should make contact with the society and those who are living with the feelings of the thoughts of this Kali Yuga should make the power of human beings as Godly powers.

(To be Continued)



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This book is published by the members of the Governing body of the Main Sangam and the members of the General Council of the Sathiyathin Sakthi Nilai Sangam.

OHM

Worshiping Mother, Father, Athma Guru, Gnana Guru, Sargurudevar for giving us the chance in order that the other souls of this world might also be informed of the true preachings about the soul, given out through our acts, as the acts of Siva Sakthi, we dedicate our Souls.

To protect the souls of this world from the change that is going to take place at the end of this Kaliyuga and form Kalki Yuga, to give food and strength for the acts of Maharishis and Sabtha Rishis by the actions of the Souls of this world to act as Siva Sakthi, we submit herewith our prayers..

Souls that act as the acts of Siva Sakthi.

Bhavani

29-12-1981

R. BALASUBRAMANIAM

B. RAJAMMAL

OM ERRATA

Page	Line	For	Read
2	30	devine	divine (correct wherever occur)
4	14	it	he
4	26	Units	unites
5	1	concentration	concentrate on
5	12	wanted	want
8	3	devinity	divinity (correct wherever occur)
8	20	benifit	benefit (correct wherever occur)
8	22	evoked	invoked
12	9	wonder	yonder
14	19	known	know
22	3	reparates	separates
23	20	know	known
29	31	be	we
29	33	for a distruction	for destruction
51	20	various	varies
65	19	previlege	privilege (correct wherever occur)
75	12	thee	there
78	9	nay	any
78	26	joint	joins
82	28	insense	incense
83	13	rype	type
84	21	sun's	sun's rays
93	1	stabilishing	establishing
100	30	may	many
104	13	prson	person
126	8	may	many
128	6	untity	unity
151	16	fom	from
152	21	those	those who
157	19	olses	loses
159	25	thee	there
161	12	differenciate	differentiate (correct wherever occur)

Page	Line	For	Read
164	10	bet	beat
164	33	get do	get done
165	3	durin	during
167	14	be	he
179	28	om the earth	from the earth
181	1	Staes	States
184	4	pay	pray
185	22	oath	path
187	19	aae	are
191	21	grester	greater
191	25	he	the
197	12	ody	body
213	9	are n the lines	are on the lines
214	14	peole	people
221	7	things	thinks
245	13	desciples	disciples (correct wherever occur)
268	6	due to hem	due to them
271	32	till	tell
275	7	Ket	kept
322	17	he day time	the day time
340	40	the hight	the light
347	1	Ad	Adi
363	26	stability	stabilise
433	29	racir the eir	race in their
454	3	lear	clear
483	28	form o	form of
485	25	his	her
506	1	envity	enmity
512	34	it can	it can be
518	30	oas formed	was formed
520	28	a in	are in
552	30	contact mith	contact with
590	22	our of	out of

